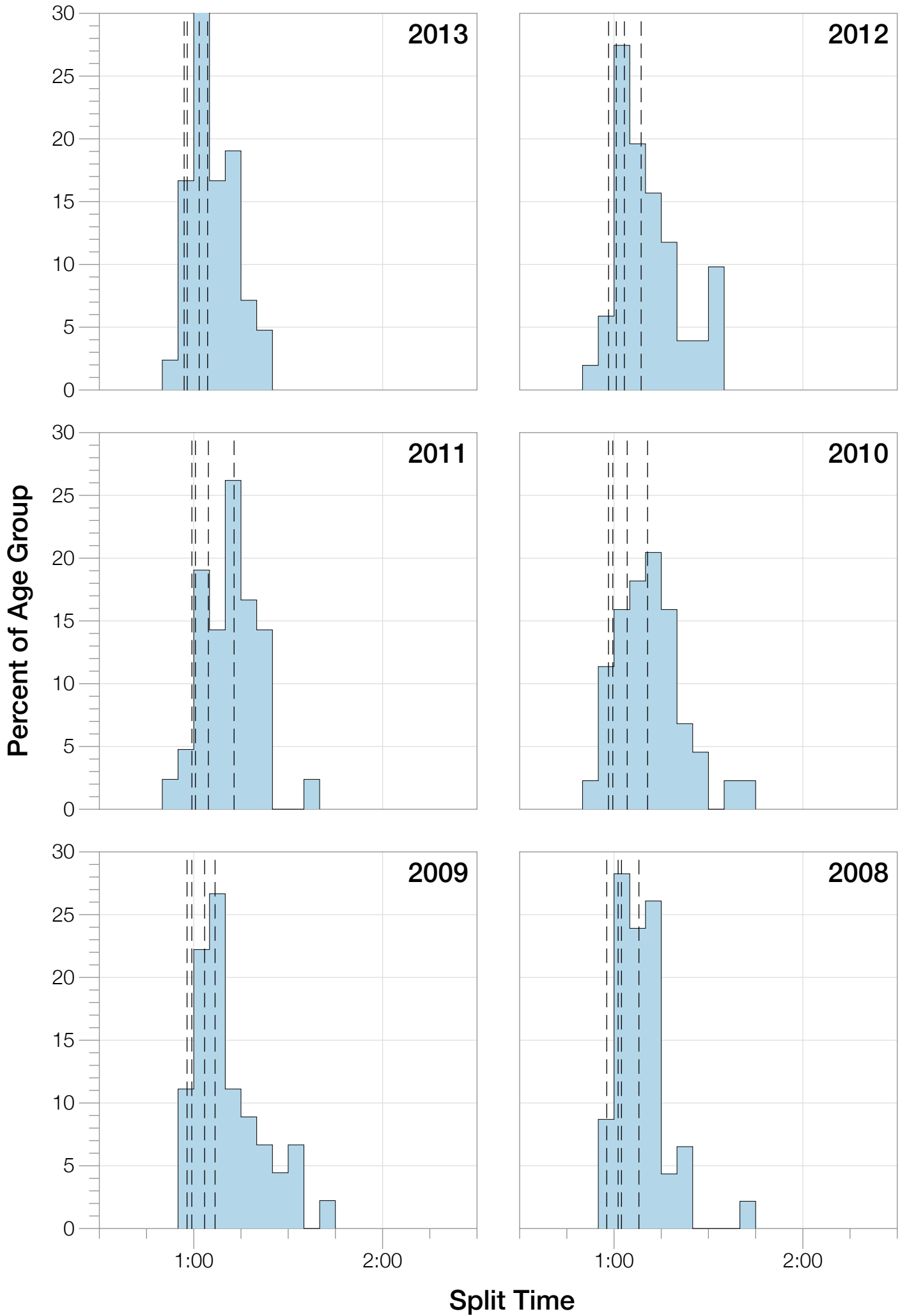


Ironman World Championship F25-29 Stats

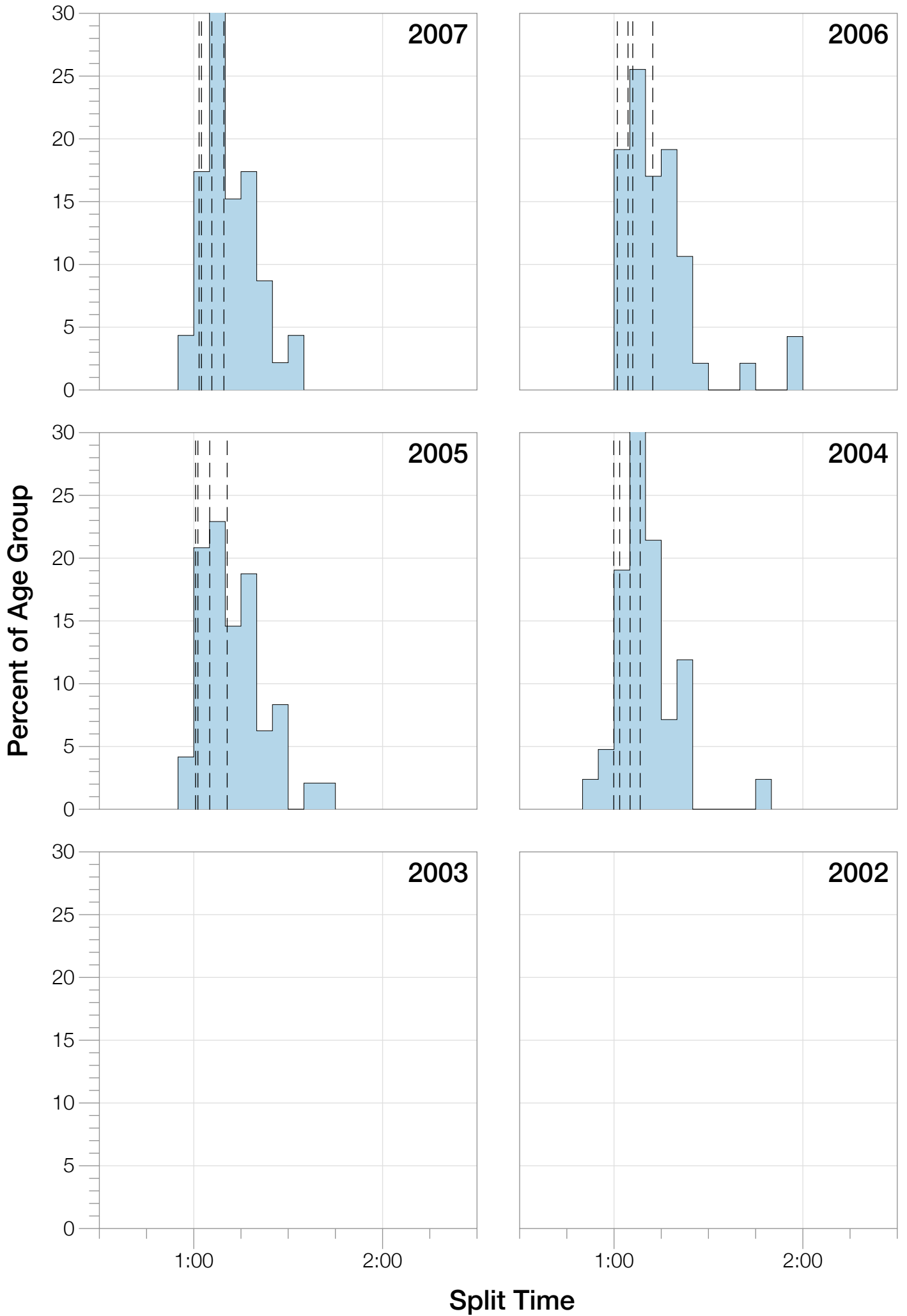
F25-29 Summary Statistics

Year	Finishers	F25-29 Finishers	Male Winner's Time	Female Winner's Time	F25-29 Winner's Time
2004	1578	42	8:33:29	9:50:04	10:51:46
2005	1688	48	8:14:17	9:09:30	9:54:32
2006	1624	47	8:11:56	9:18:31	9:53:41
2007	1684	46	8:15:34	9:08:45	9:47:40
2008	1637	46	8:17:45	9:06:23	10:28:53
2009	1652	45	8:20:21	8:54:02	10:01:48
2010	1770	44	8:10:37	8:58:36	10:07:16
2011	1774	42	8:03:56	8:55:08	9:55:51
2012	1887	51	8:18:37	9:15:54	9:51:07
2013	1976	42	8:12:29	8:52:14	9:15:16
Average	1727	45	8:15:54	9:08:54	10:00:47

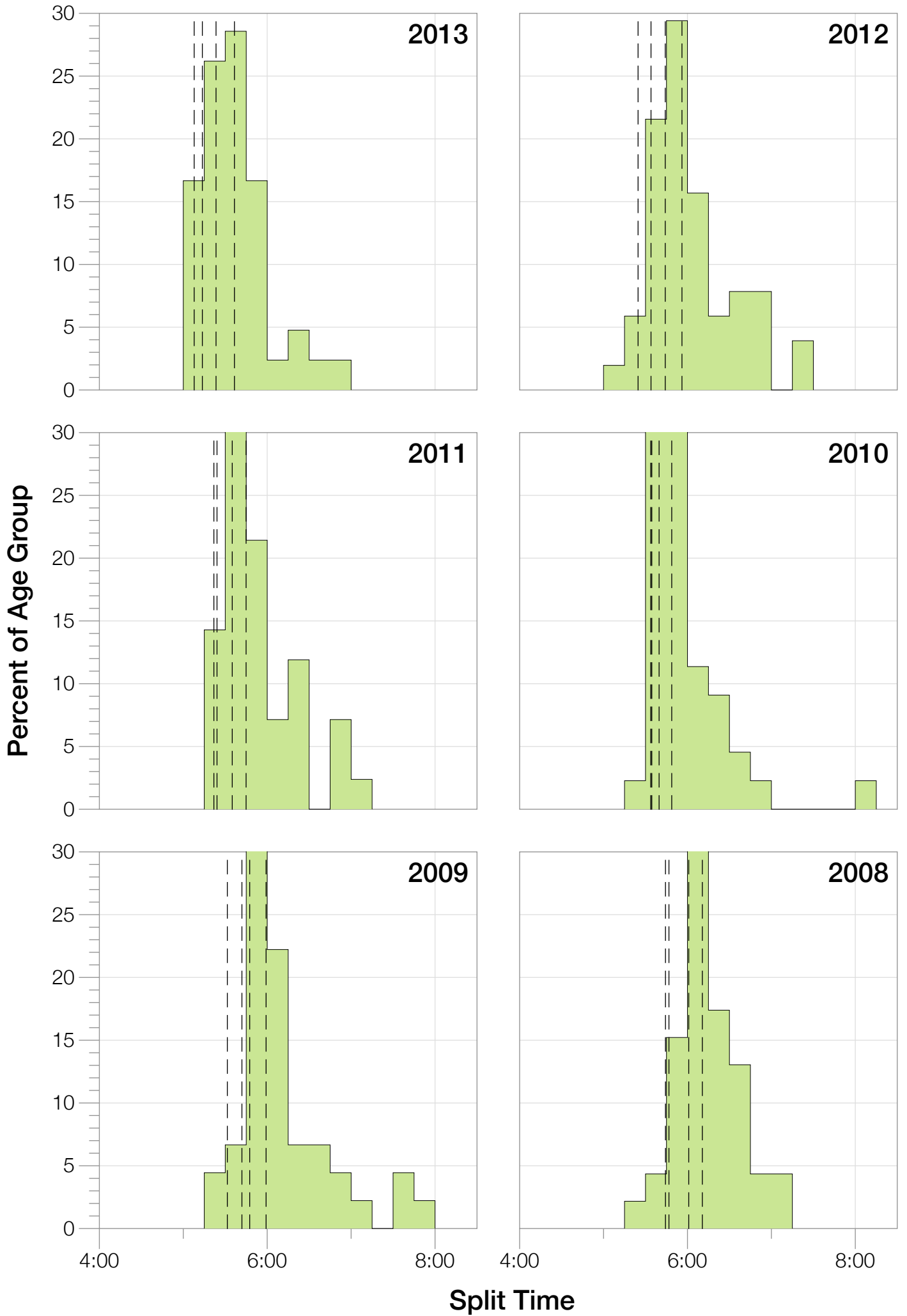
F25-29 Swim



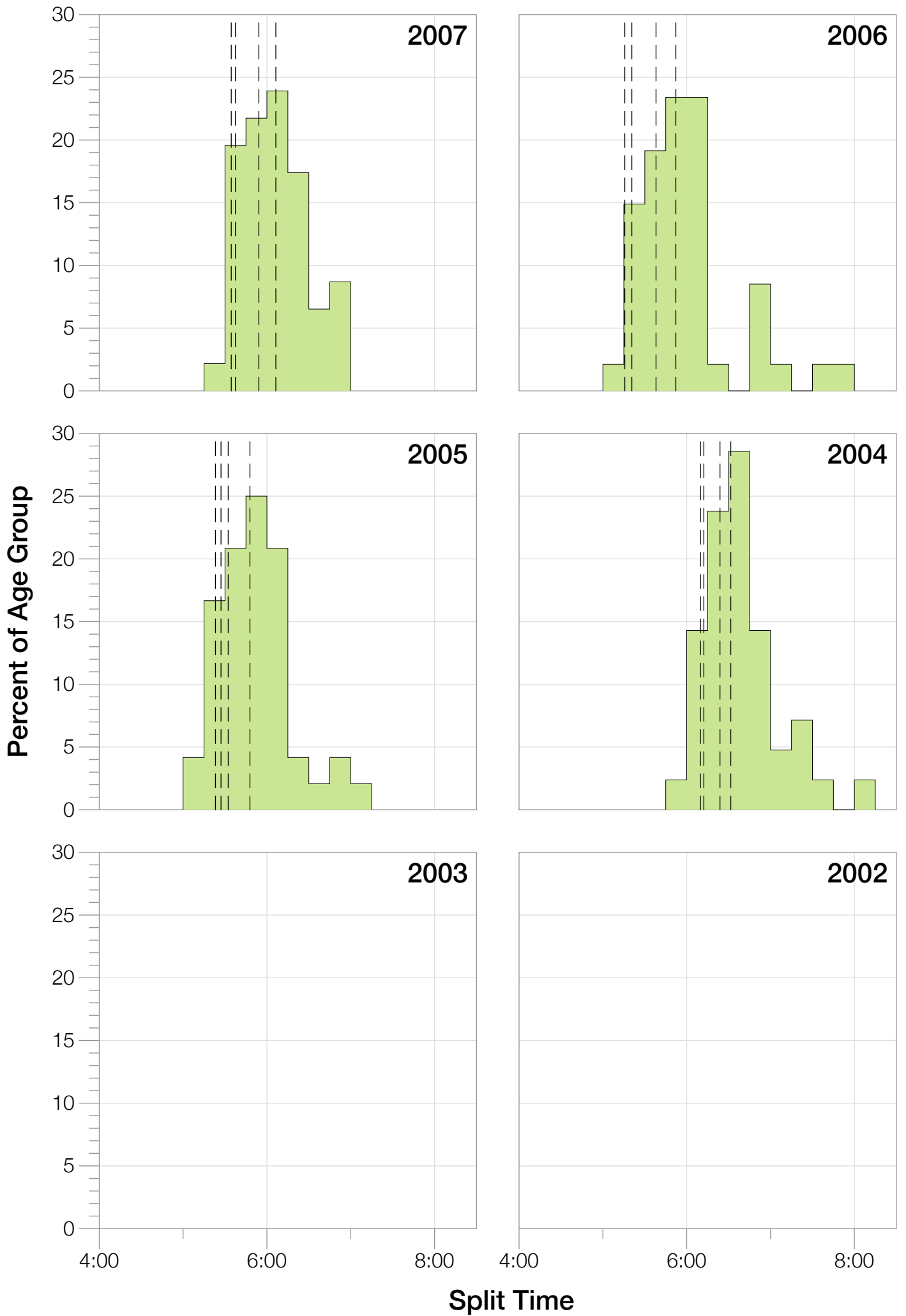
F25-29 Swim



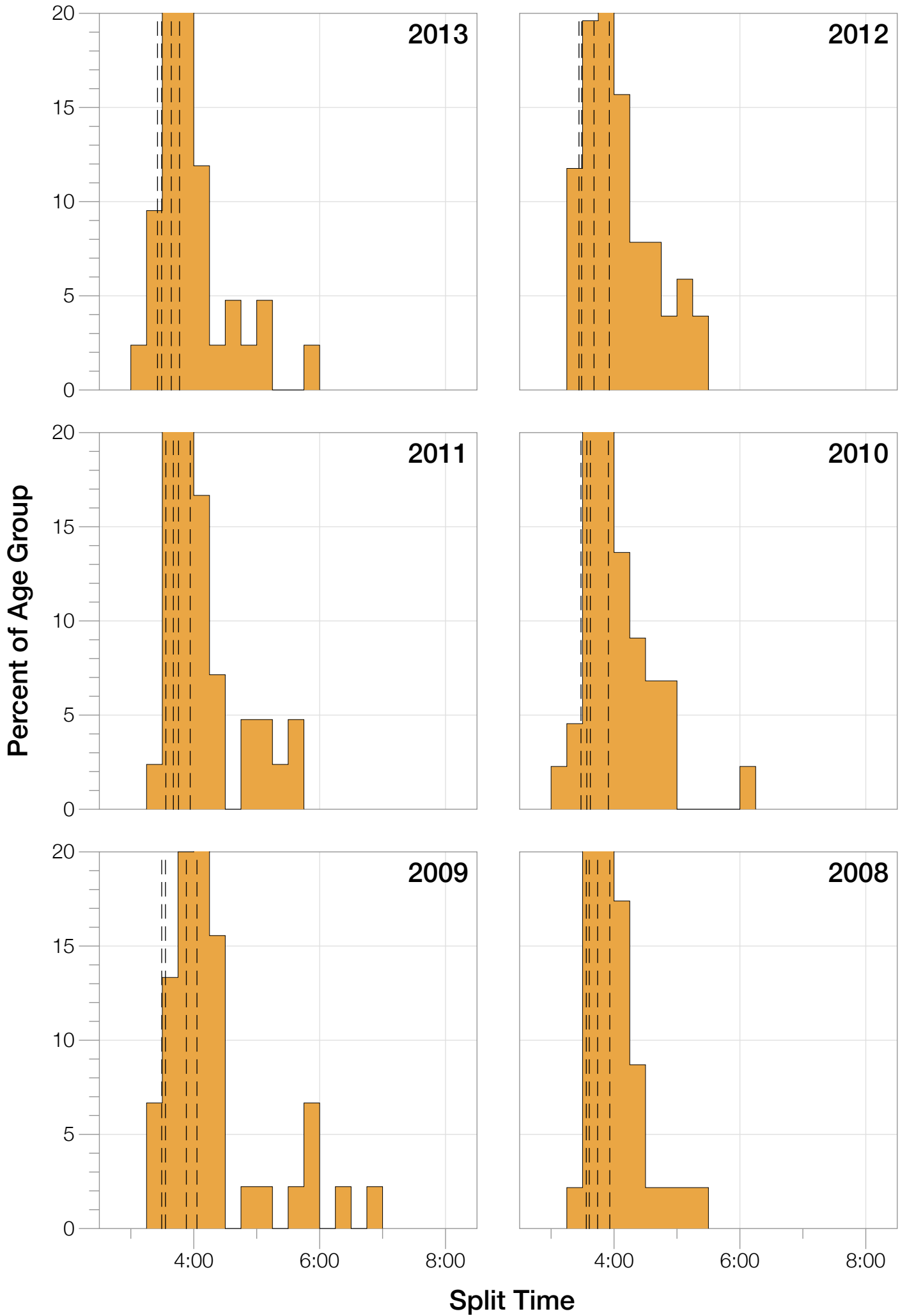
F25-29 Bike



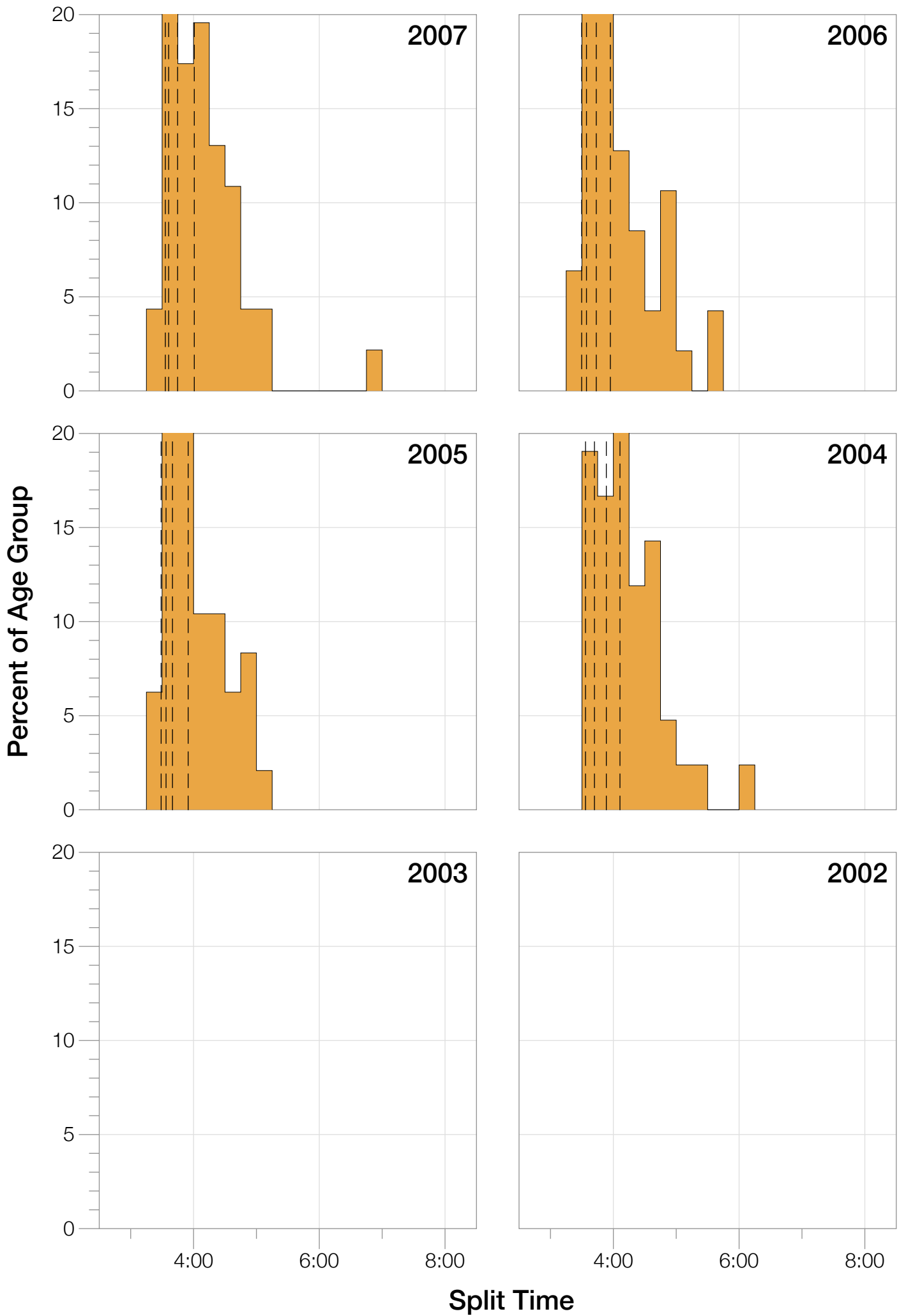
F25-29 Bike



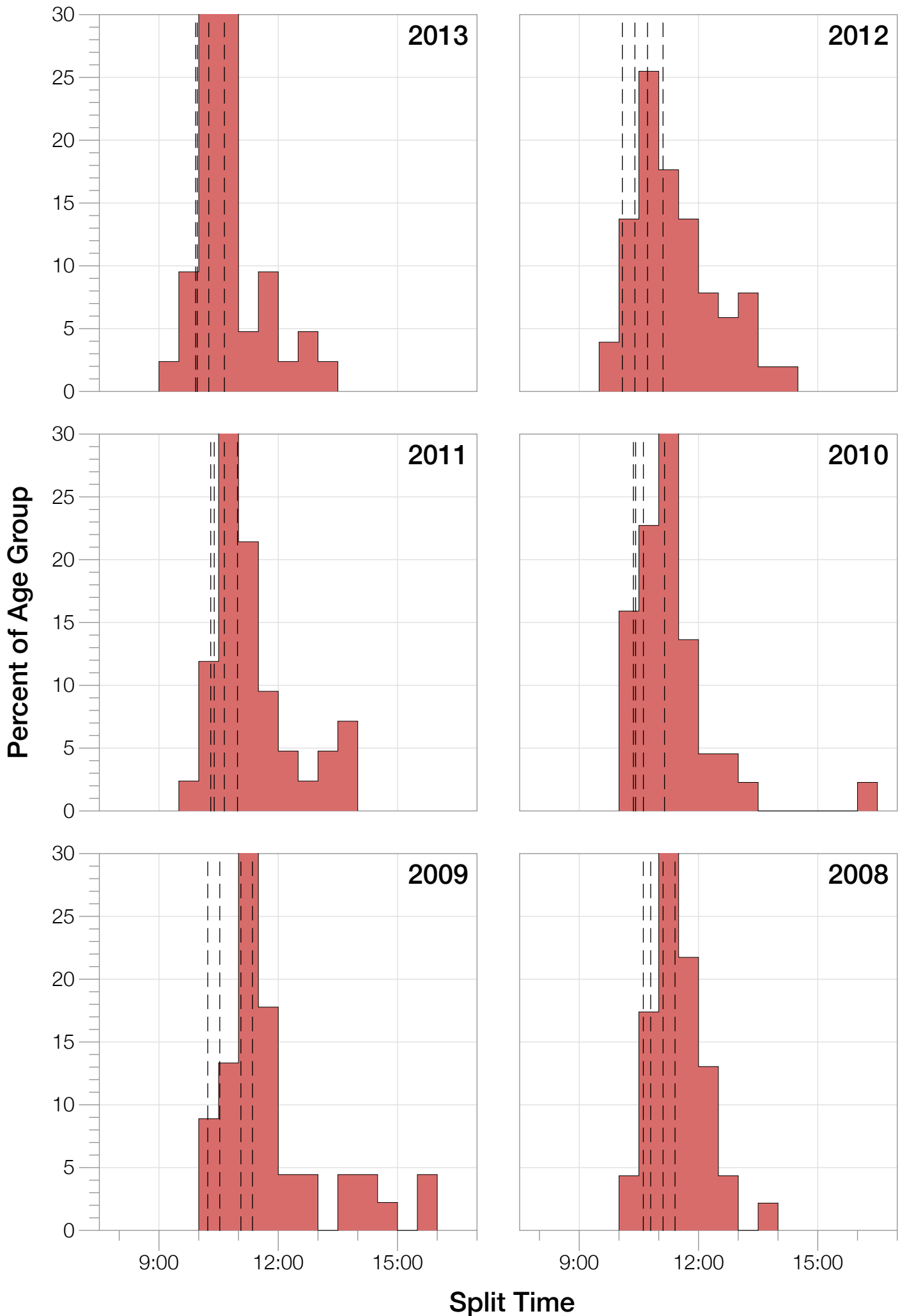
F25-29 Run



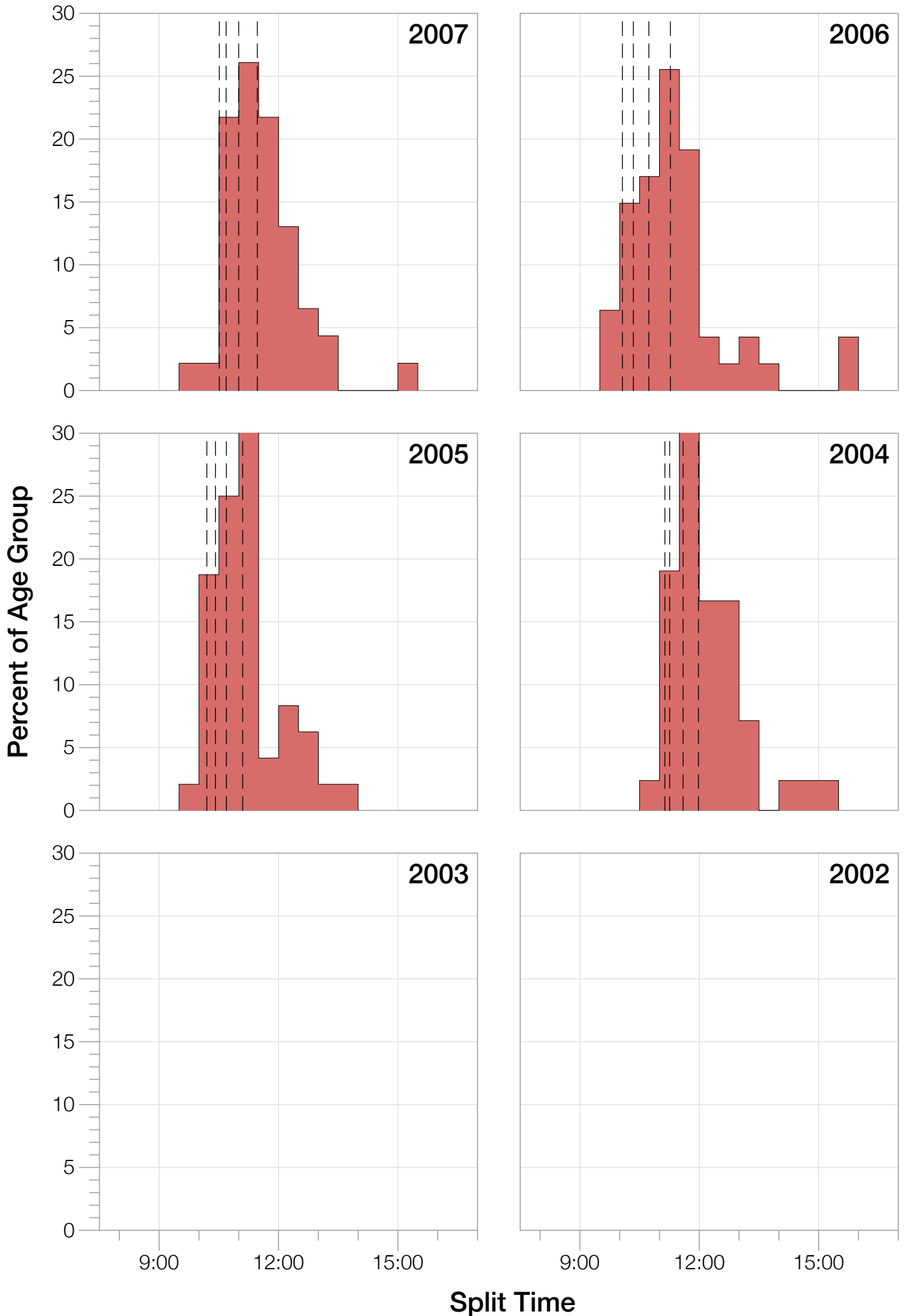
F25-29 Run



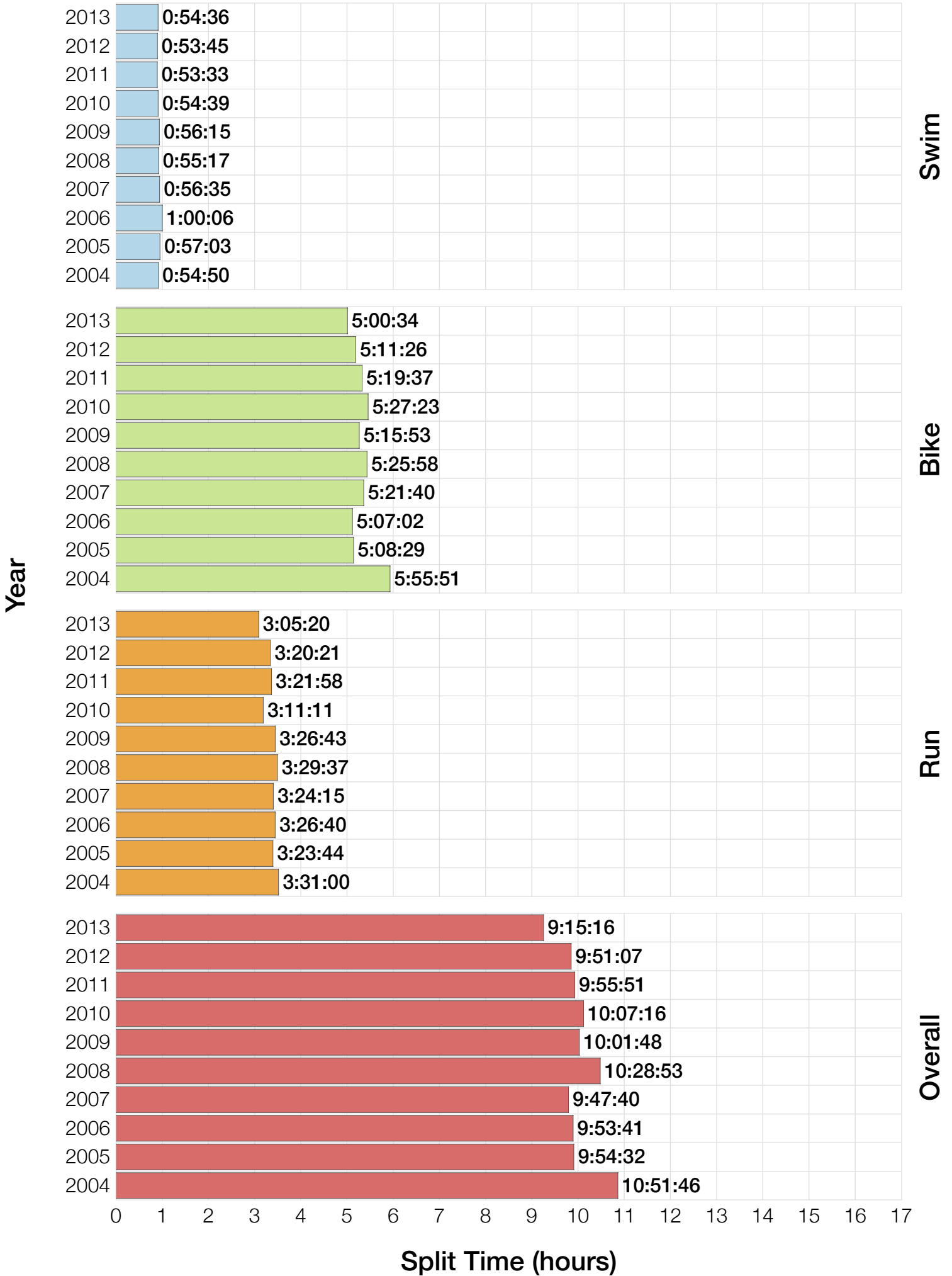
F25-29 Overall



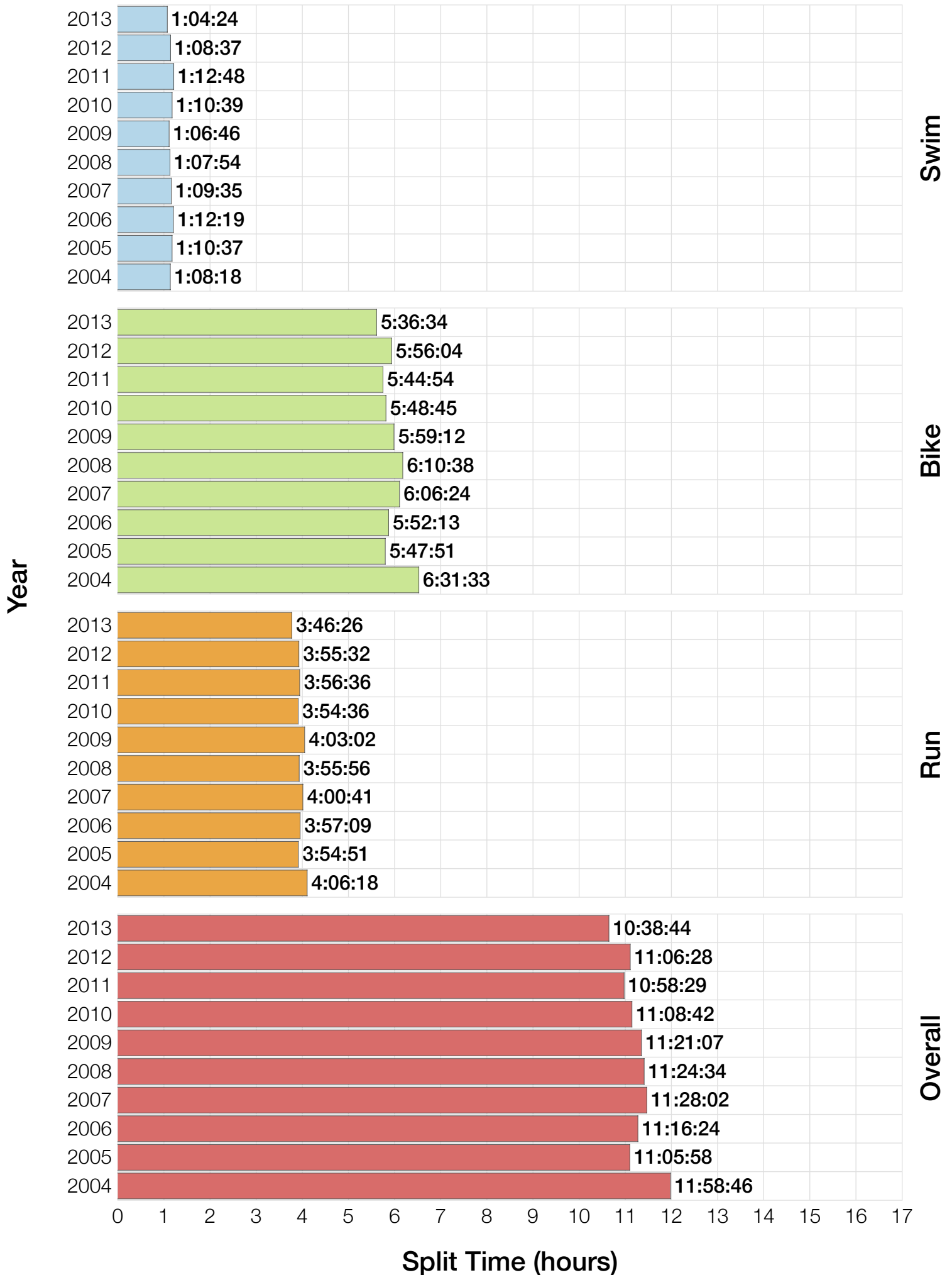
F25-29 Overall



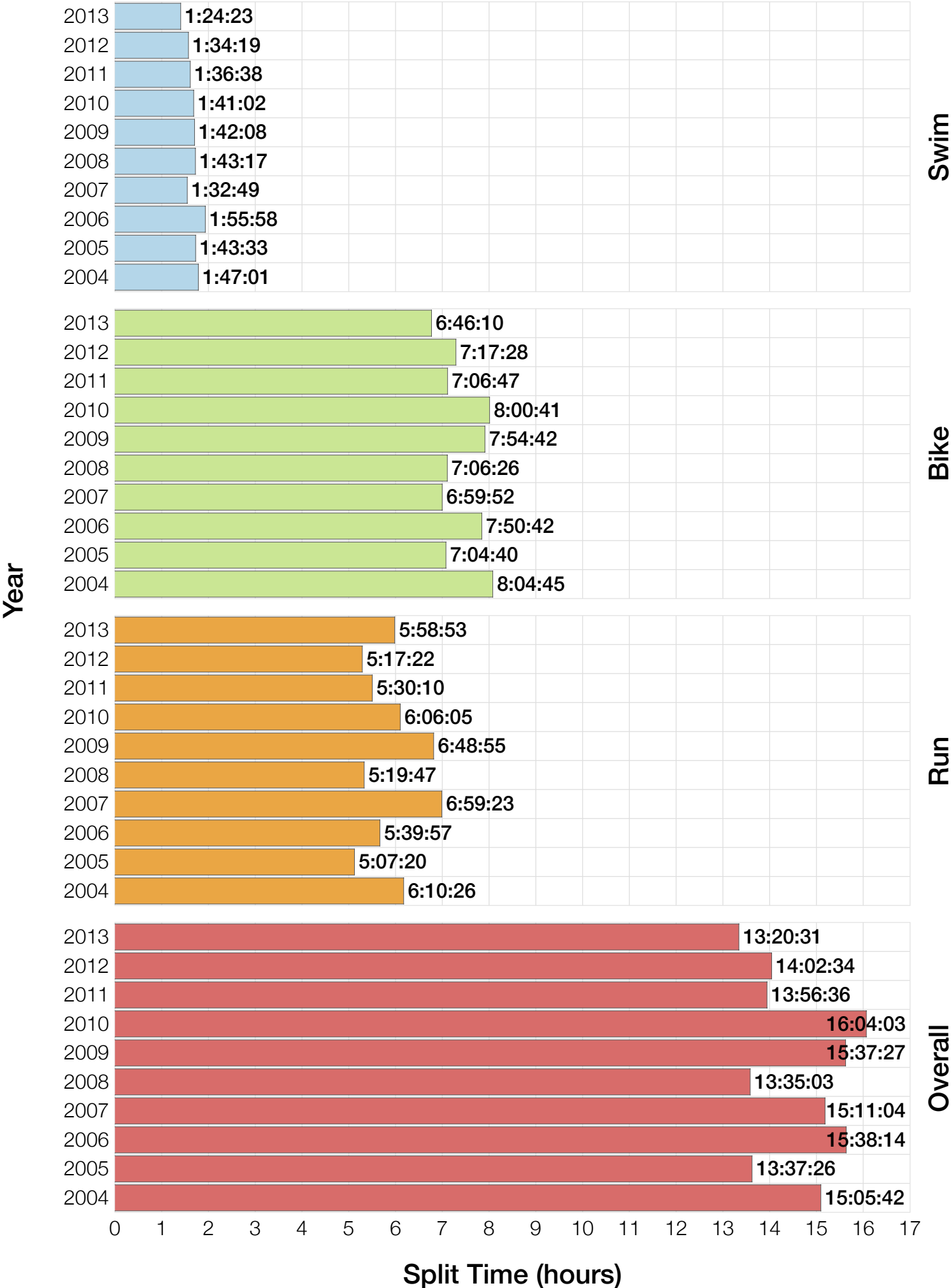
F25-29 Fastest Splits



F25-29 Median Splits



F25-29 Slowest Splits



F25-29 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:53	4:31:05	2:48:58	8:15:54
Average Female Winner	0:57:56	5:04:51	3:01:12	9:08:54
Average 1st Age Grouper	1:06:53	5:21:50	3:26:29	10:00:47
Average 2nd Age Grouper	1:00:22	5:34:10	3:33:08	10:13:58
Average 3rd Age Grouper	1:05:45	5:30:49	3:35:55	10:19:01
Average 4th Age Grouper	1:03:37	5:38:55	3:35:45	10:24:45
Average 5th Age Grouper	1:04:34	5:38:40	3:39:45	10:30:16
Average 6th Age Grouper	1:08:16	5:38:53	3:39:11	10:33:19
Average 7th Age Grouper	1:05:30	5:39:26	3:45:38	10:37:20
Average 8th Age Grouper	1:06:41	5:42:22	3:43:33	10:39:25
Average 9th Age Grouper	1:04:55	5:42:15	3:46:18	10:40:52
Average 10th Age Grouper	1:04:41	5:45:34	3:46:38	10:43:44
Kona Qualifier Average	1:06:53	5:21:50	3:26:29	10:00:47
Top 10 Age Grouper Average	1:05:07	5:37:17	3:39:14	10:28:21

World Championship 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:02	4:25:35	2:51:18	8:12:29
Female Winner	0:58:50	4:58:20	2:50:38	8:52:14
1st Age Grouper	0:59:19	5:04:01	3:05:20	9:15:16
2nd Age Grouper	1:03:32	5:13:34	3:26:08	9:48:55
3rd Age Grouper	0:58:00	5:07:35	3:43:47	9:55:19
4th Age Grouper	1:02:02	5:14:34	3:34:00	9:56:07
5th Age Grouper	0:56:05	5:11:43	3:44:19	9:57:20
6th Age Grouper	1:02:13	5:14:18	3:39:14	10:01:47
7th Age Grouper	1:00:53	5:23:22	3:37:19	10:07:00
8th Age Grouper	1:07:27	5:00:34	3:56:10	10:09:42
9th Age Grouper	1:02:59	5:24:31	3:38:45	10:13:28
10th Age Grouper	1:04:09	5:24:22	3:38:45	10:14:07
Kona Qualifier Average	0:59:19	5:04:01	3:05:20	9:15:16
Top 10 Age Grouper Average	1:01:39	5:13:51	3:36:22	9:57:54

World Championship 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:28	4:35:15	2:48:05	8:18:37
Female Winner	0:56:03	5:12:06	3:03:13	9:15:54
1st Age Grouper	1:07:30	5:11:26	3:27:32	9:51:07
2nd Age Grouper	1:00:43	5:21:34	3:25:38	9:53:53
3rd Age Grouper	0:53:45	5:34:53	3:29:07	10:02:40
4th Age Grouper	1:04:31	5:36:52	3:20:21	10:07:25
5th Age Grouper	0:58:24	5:33:56	3:42:41	10:22:38
6th Age Grouper	1:03:12	5:35:54	3:38:31	10:24:01
7th Age Grouper	1:03:08	5:35:56	3:39:10	10:24:18
8th Age Grouper	0:57:54	5:24:18	3:57:08	10:25:28
9th Age Grouper	1:17:43	5:31:39	3:32:21	10:26:56
10th Age Grouper	1:07:52	5:25:04	3:51:42	10:31:13
Kona Qualifier Average	1:07:30	5:11:26	3:27:32	9:51:07
Top 10 Age Grouper Average	1:03:28	5:29:09	3:36:25	10:14:57

World Championship 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:56	4:24:05	2:44:02	8:03:56
Female Winner	1:01:03	4:56:53	2:52:41	8:55:08
1st Age Grouper	1:07:02	5:21:51	3:21:58	9:55:51
2nd Age Grouper	0:53:33	5:22:17	3:56:21	10:17:26
3rd Age Grouper	1:14:30	5:24:02	3:31:04	10:17:55
4th Age Grouper	1:02:35	5:39:16	3:33:10	10:21:24
5th Age Grouper	1:13:52	5:20:52	3:40:29	10:22:47
6th Age Grouper	1:12:40	5:31:28	3:37:27	10:28:47
7th Age Grouper	1:10:22	5:33:24	3:41:31	10:33:16
8th Age Grouper	0:57:31	5:19:37	4:09:14	10:33:18
9th Age Grouper	1:04:01	5:24:48	3:56:51	10:33:26
10th Age Grouper	1:02:40	5:45:01	3:43:19	10:37:18
Kona Qualifier Average	1:07:02	5:21:51	3:21:58	9:55:51
Top 10 Age Grouper Average	1:05:52	5:28:15	3:43:08	10:24:08

World Championship 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:36	4:31:50	2:43:31	8:10:37
Female Winner	0:55:53	5:04:59	2:53:32	8:58:36
1st Age Grouper	1:03:53	5:46:09	3:11:11	10:07:16
2nd Age Grouper	1:00:12	5:34:27	3:34:44	10:16:47
3rd Age Grouper	1:12:06	5:27:23	3:33:45	10:21:38
4th Age Grouper	1:03:04	5:37:25	3:34:41	10:22:23
5th Age Grouper	1:15:40	5:33:41	3:27:54	10:24:31
6th Age Grouper	1:12:15	5:35:47	3:31:52	10:26:31
7th Age Grouper	0:58:11	5:34:36	3:49:44	10:28:25
8th Age Grouper	1:09:24	5:47:26	3:27:43	10:30:56
9th Age Grouper	1:01:43	5:33:54	3:48:24	10:31:24
10th Age Grouper	0:59:29	5:39:55	3:47:13	10:35:15
Kona Qualifier Average	1:03:53	5:46:09	3:11:11	10:07:16
Top 10 Age Grouper Average	1:05:35	5:37:04	3:34:43	10:24:30

World Championship 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:57	4:37:33	2:48:05	8:20:21
Female Winner	0:54:31	4:52:06	3:03:05	8:54:02
1st Age Grouper	1:10:54	5:15:53	3:28:38	10:01:48
2nd Age Grouper	0:56:15	5:37:15	3:32:03	10:10:54
3rd Age Grouper	1:13:30	5:19:11	3:32:49	10:12:29
4th Age Grouper	1:01:18	5:39:41	3:28:47	10:17:58
5th Age Grouper	1:01:58	5:46:35	3:33:19	10:30:43
6th Age Grouper	1:03:28	5:47:29	3:36:21	10:33:17
7th Age Grouper	1:14:12	5:45:42	3:43:35	10:50:40
8th Age Grouper	1:03:27	5:47:00	3:52:55	10:51:04
9th Age Grouper	1:02:10	5:45:17	3:58:17	10:52:12
10th Age Grouper	0:58:55	5:49:11	4:03:36	10:57:34
Kona Qualifier Average	1:10:54	5:15:53	3:28:38	10:01:48
Top 10 Age Grouper Average	1:04:36	5:39:19	3:41:02	10:31:51

World Championship 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:43	4:37:19	2:45:00	8:17:45
Female Winner	0:56:20	5:08:15	2:57:44	9:06:23
1st Age Grouper	1:08:15	5:25:58	3:50:05	10:28:53
2nd Age Grouper	1:01:40	5:47:15	3:33:32	10:29:40
3rd Age Grouper	1:06:18	5:49:38	3:31:54	10:34:46
4th Age Grouper	1:11:23	5:37:15	3:46:35	10:42:26
5th Age Grouper	0:55:17	6:04:44	3:39:45	10:47:19
6th Age Grouper	1:06:09	5:57:57	3:36:56	10:48:20
7th Age Grouper	1:01:39	6:00:42	3:43:19	10:54:18
8th Age Grouper	1:11:16	5:59:06	3:38:14	10:55:57
9th Age Grouper	1:09:36	6:04:53	3:33:37	10:56:33
10th Age Grouper	1:02:22	6:11:11	3:38:38	10:58:30
Kona Qualifier Average	1:08:15	5:25:58	3:50:05	10:28:53
Top 10 Age Grouper Average	1:05:23	5:53:51	3:39:15	10:45:40

World Championship 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:48	4:37:31	2:42:02	8:15:34
Female Winner	0:58:09	5:06:15	2:59:57	9:08:45
1st Age Grouper	0:56:35	5:21:40	3:24:15	9:47:40
2nd Age Grouper	1:01:41	5:32:45	3:35:44	10:15:56
3rd Age Grouper	1:08:38	5:34:33	3:42:28	10:30:35
4th Age Grouper	1:04:33	5:34:27	3:45:23	10:30:54
5th Age Grouper	1:06:46	5:40:13	3:45:32	10:38:15
6th Age Grouper	1:10:16	5:43:37	3:44:51	10:43:43
7th Age Grouper	1:02:54	5:59:51	3:35:35	10:45:05
8th Age Grouper	1:12:00	5:57:04	3:27:32	10:47:33
9th Age Grouper	1:04:07	5:40:51	3:57:26	10:50:58
10th Age Grouper	1:12:10	5:38:36	3:59:28	10:56:07
Kona Qualifier Average	0:56:35	5:21:40	3:24:15	9:47:40
Top 10 Age Grouper Average	1:05:58	5:40:21	3:41:49	10:34:40

World Championship 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:05	4:18:23	2:55:02	8:11:56
Female Winner	0:54:29	5:06:09	3:13:08	9:18:31
1st Age Grouper	1:12:19	5:07:02	3:28:56	9:53:41
2nd Age Grouper	1:08:56	5:15:15	3:26:40	9:57:28
3rd Age Grouper	1:00:13	5:15:40	3:37:07	9:59:22
4th Age Grouper	1:04:43	5:37:12	3:27:20	10:15:00
5th Age Grouper	1:08:19	5:28:06	3:35:12	10:19:35
6th Age Grouper	1:06:07	5:18:23	3:50:10	10:21:16
7th Age Grouper	1:16:18	5:15:44	3:43:33	10:21:36
8th Age Grouper	1:06:19	5:40:56	3:31:40	10:24:02
9th Age Grouper	1:00:06	5:22:17	3:57:09	10:26:48
10th Age Grouper	1:14:10	5:32:19	3:33:04	10:27:22
Kona Qualifier Average	1:12:19	5:07:02	3:28:56	9:53:41
Top 10 Age Grouper Average	1:07:45	5:23:17	3:37:05	10:14:37

World Championship 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:54	4:25:22	2:54:51	8:14:17
Female Winner	1:02:30	4:51:58	3:06:24	9:09:30
1st Age Grouper	1:16:05	5:08:29	3:23:44	9:54:32
2nd Age Grouper	1:02:25	5:31:07	3:27:19	10:07:27
3rd Age Grouper	1:01:46	5:26:17	3:32:17	10:07:42
4th Age Grouper	1:00:15	5:27:31	3:45:27	10:19:42
5th Age Grouper	0:57:03	5:22:41	3:57:19	10:24:47
6th Age Grouper	1:03:21	5:29:55	3:39:48	10:24:51
7th Age Grouper	1:05:30	5:14:23	3:58:06	10:25:38
8th Age Grouper	1:01:20	5:37:03	3:42:43	10:27:19
9th Age Grouper	1:09:38	5:43:52	3:26:59	10:27:48
10th Age Grouper	1:05:17	5:39:45	3:37:22	10:28:31
Kona Qualifier Average	1:16:05	5:08:29	3:23:44	9:54:32
Top 10 Age Grouper Average	1:04:16	5:28:06	3:39:06	10:18:49

World Championship 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:27	4:37:58	2:57:52	8:33:29
Female Winner	1:01:36	5:31:37	3:11:45	9:50:04
1st Age Grouper	1:07:04	5:55:51	3:43:18	10:51:46
2nd Age Grouper	0:54:50	6:26:15	3:33:16	11:01:22
3rd Age Grouper	1:08:49	6:08:59	3:44:52	11:07:52
4th Age Grouper	1:01:48	6:25:03	3:41:49	11:14:15
5th Age Grouper	1:12:20	6:24:10	3:31:00	11:14:46
6th Age Grouper	1:23:05	6:14:05	3:36:49	11:20:42
7th Age Grouper	1:01:59	6:10:44	4:04:36	11:23:07
8th Age Grouper	1:20:20	6:30:36	3:32:13	11:28:57
9th Age Grouper	0:57:10	6:30:31	3:53:18	11:29:08
10th Age Grouper	0:59:54	6:30:16	3:53:17	11:31:27
Kona Qualifier Average	1:07:04	5:55:51	3:43:18	10:51:46
Top 10 Age Grouper Average	1:06:43	6:19:39	3:43:26	11:16:20