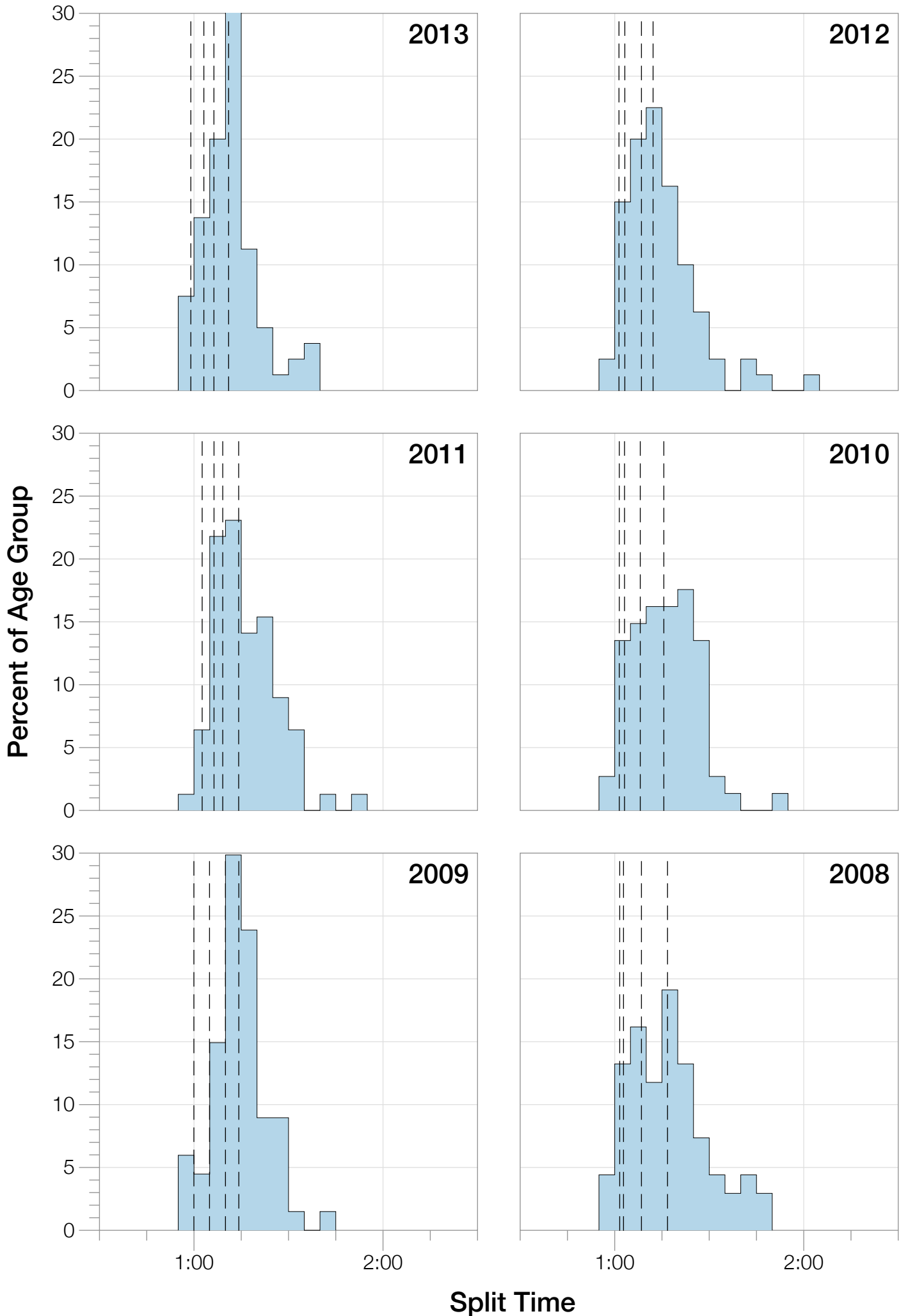


Ironman World Championship F35-39 Stats

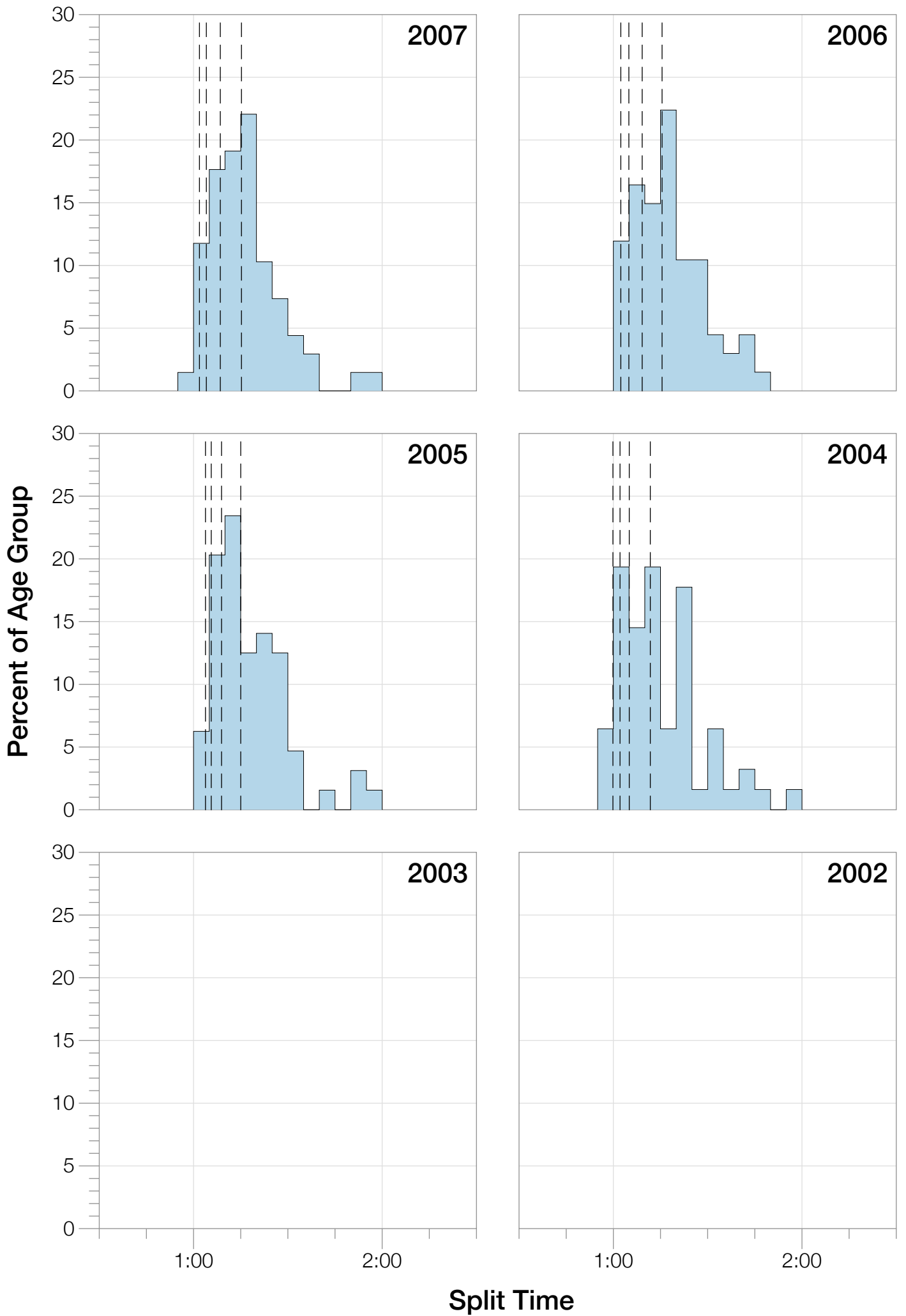
F35-39 Summary Statistics

Year	Finishers	F35-39 Finishers	Male Winner's Time	Female Winner's Time	F35-39 Winner's Time
2004	1578	62	8:33:29	9:50:04	10:58:44
2005	1688	64	8:14:17	9:09:30	10:02:34
2006	1624	67	8:11:56	9:18:31	10:00:58
2007	1684	68	8:15:34	9:08:45	10:11:57
2008	1637	68	8:17:45	9:06:23	9:53:51
2009	1652	67	8:20:21	8:54:02	10:26:36
2010	1770	74	8:10:37	8:58:36	9:44:19
2011	1774	78	8:03:56	8:55:08	9:51:26
2012	1887	80	8:18:37	9:15:54	9:50:03
2013	1976	80	8:12:29	8:52:14	9:33:29
Average	1727	71	8:15:54	9:08:54	10:03:23

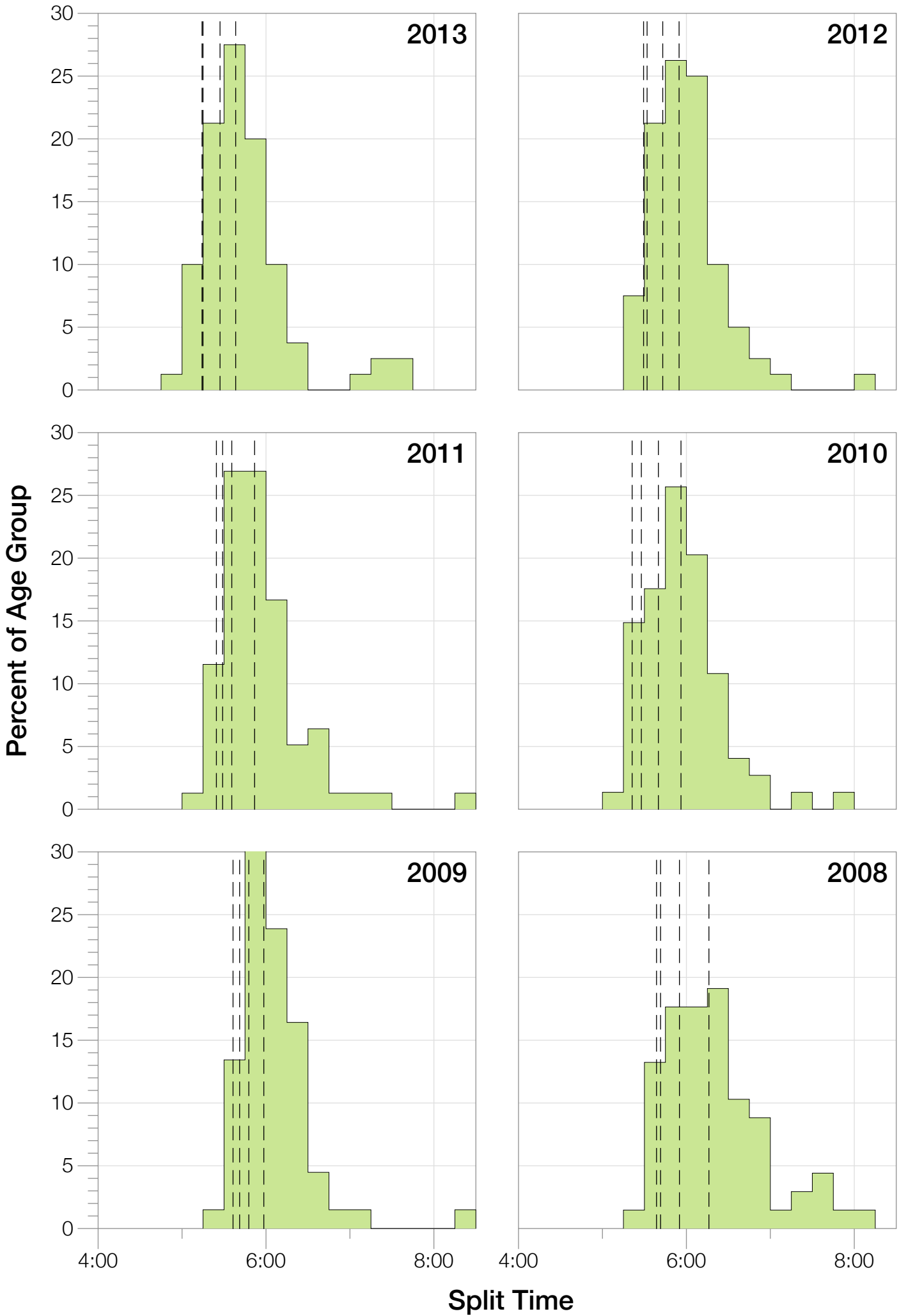
F35-39 Swim



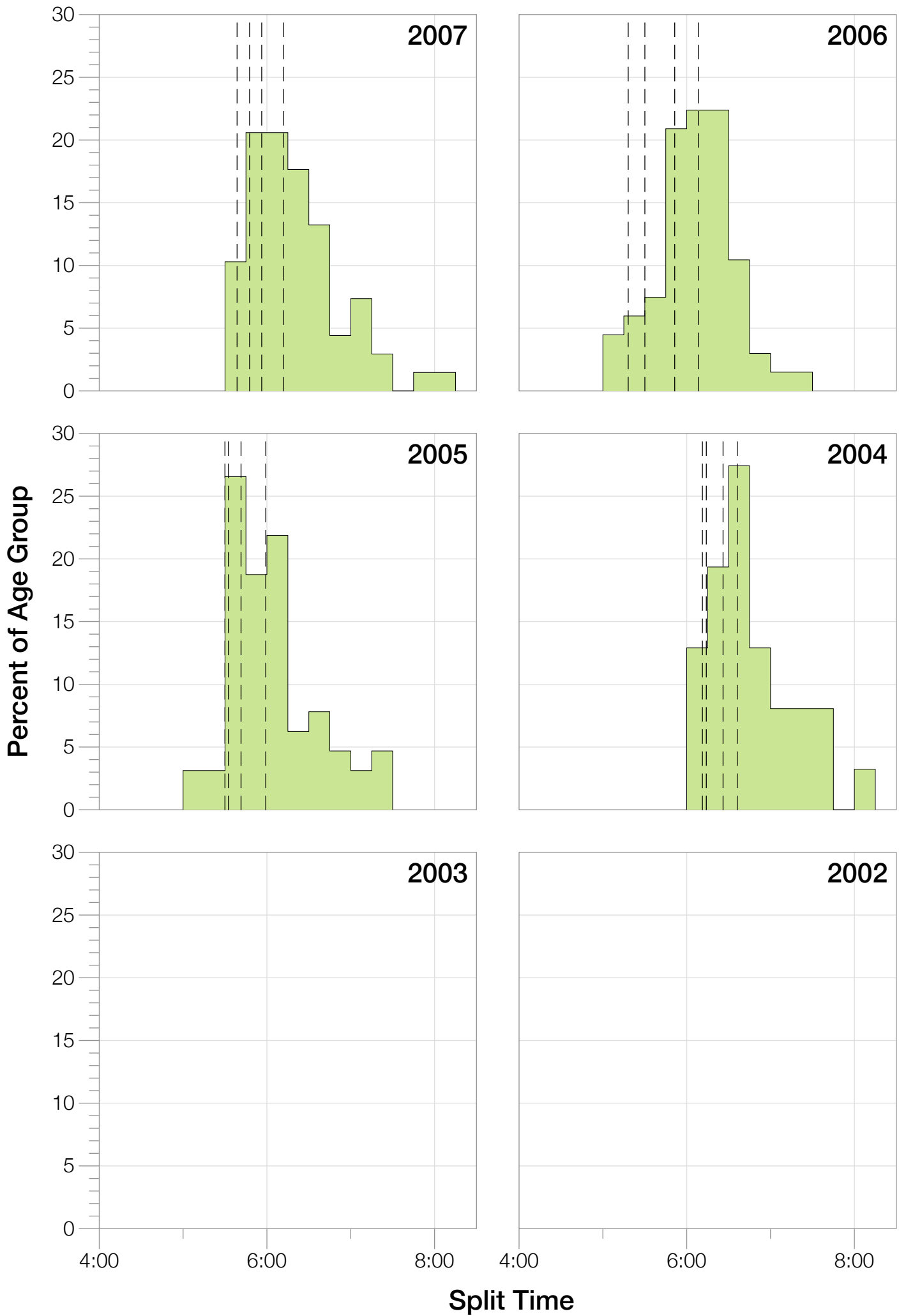
F35-39 Swim



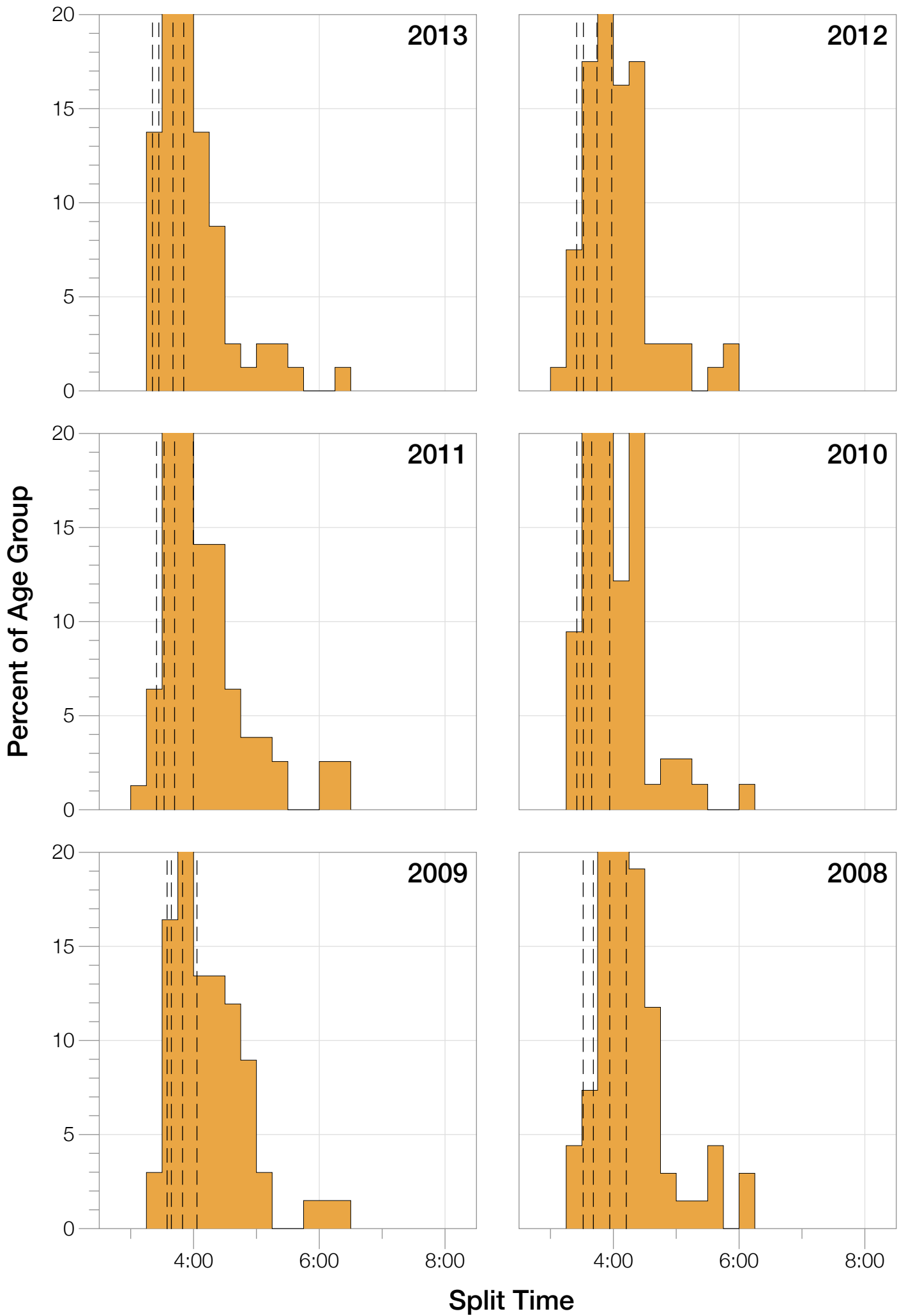
F35-39 Bike



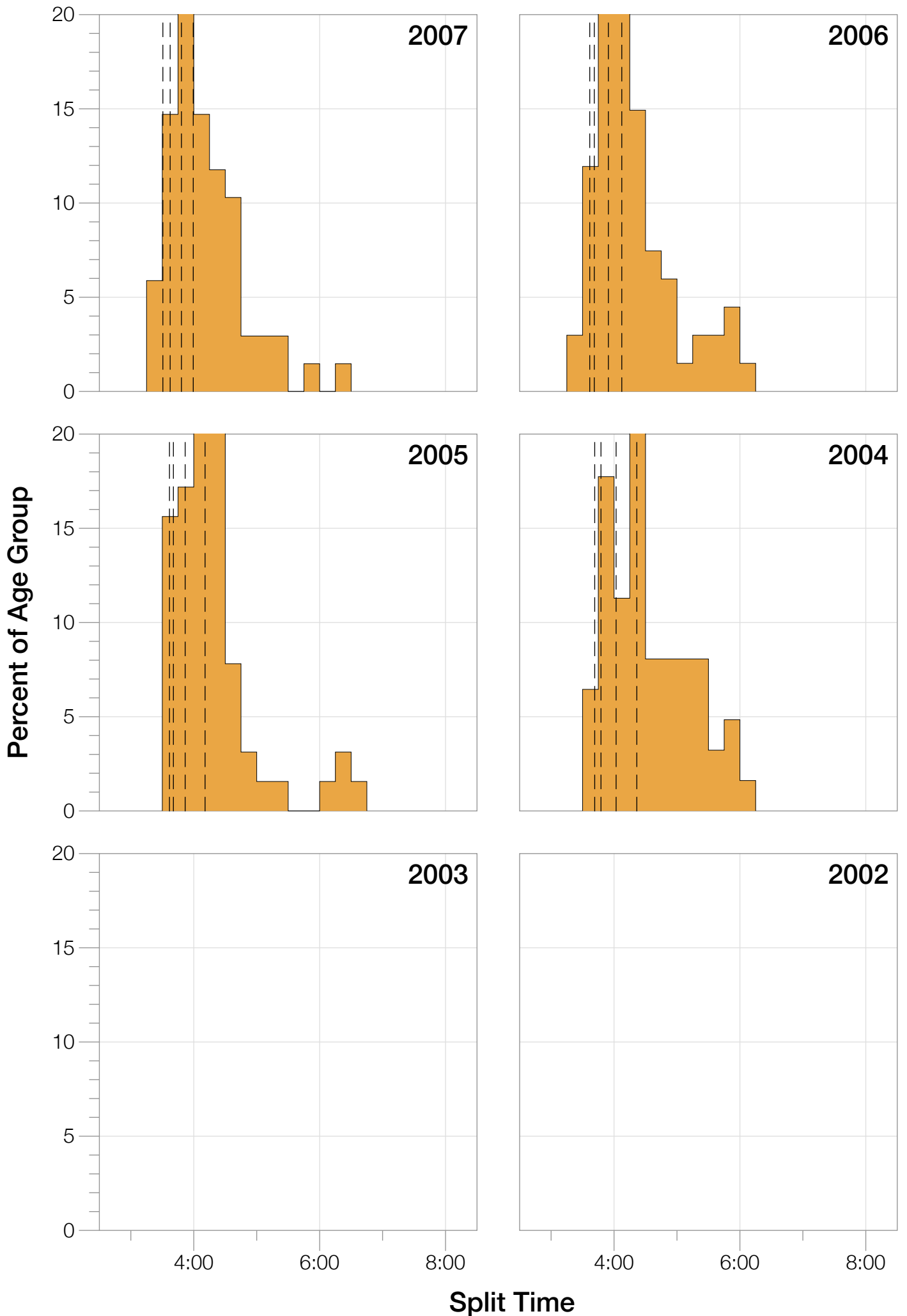
F35-39 Bike



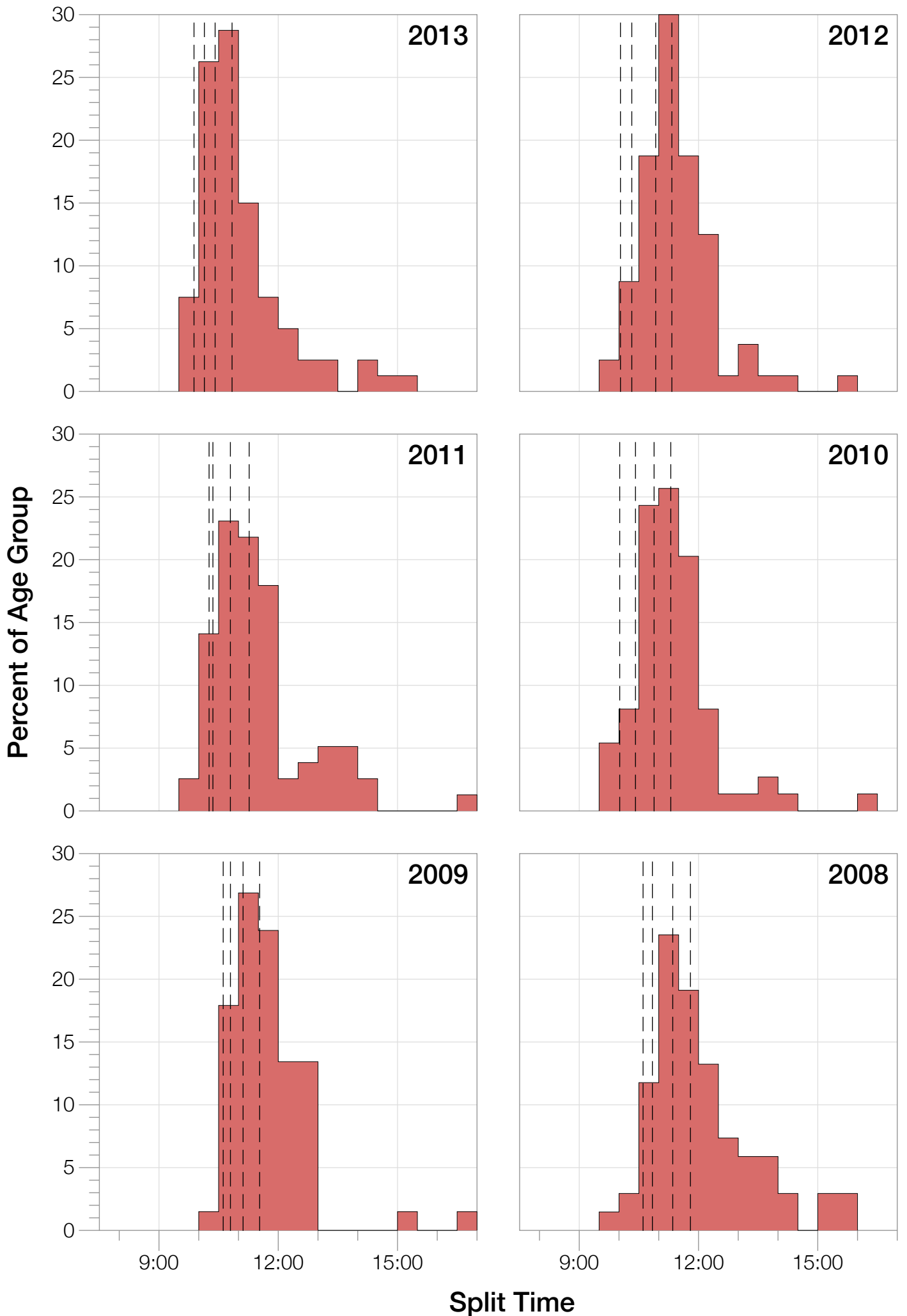
F35-39 Run



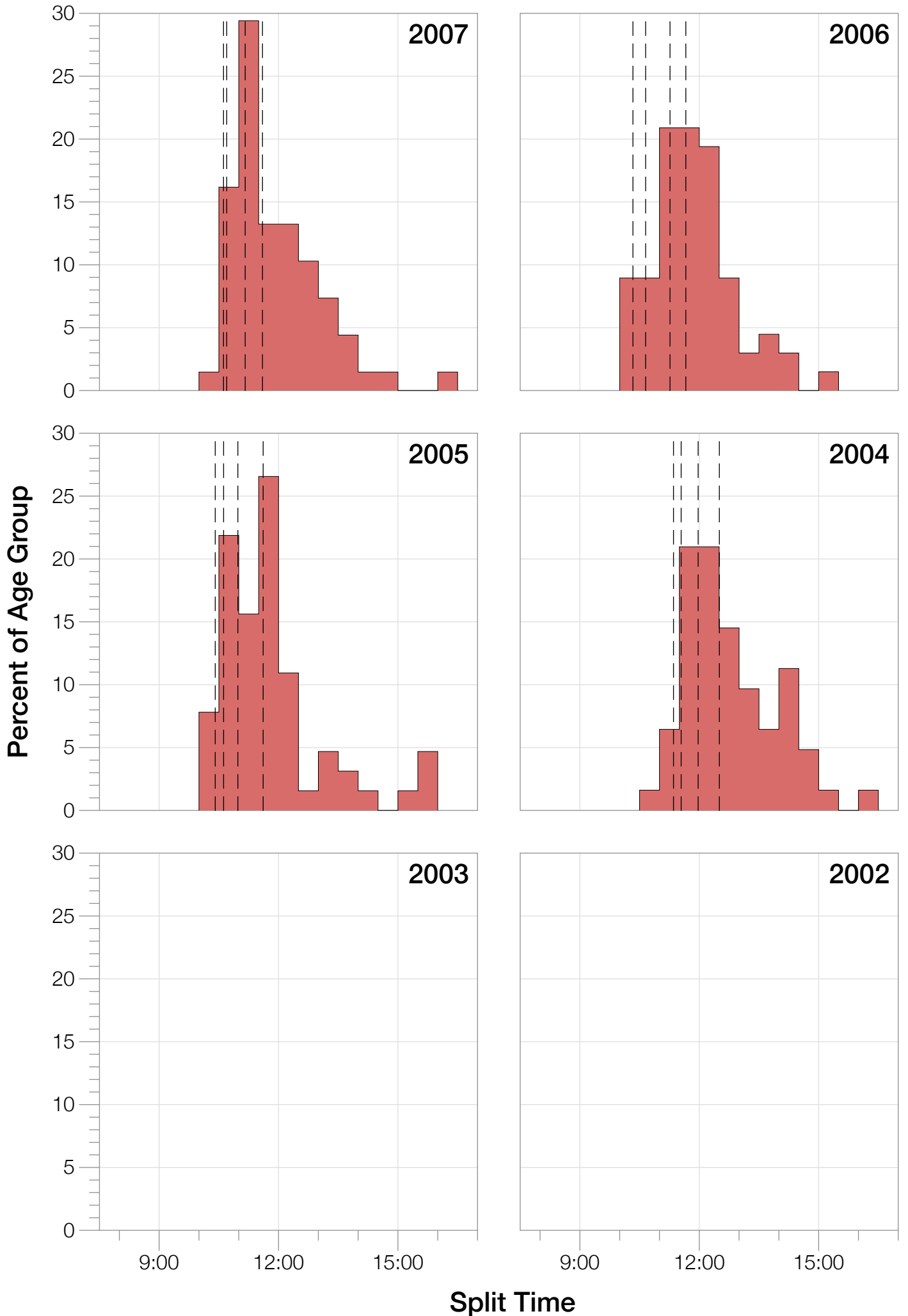
F35-39 Run



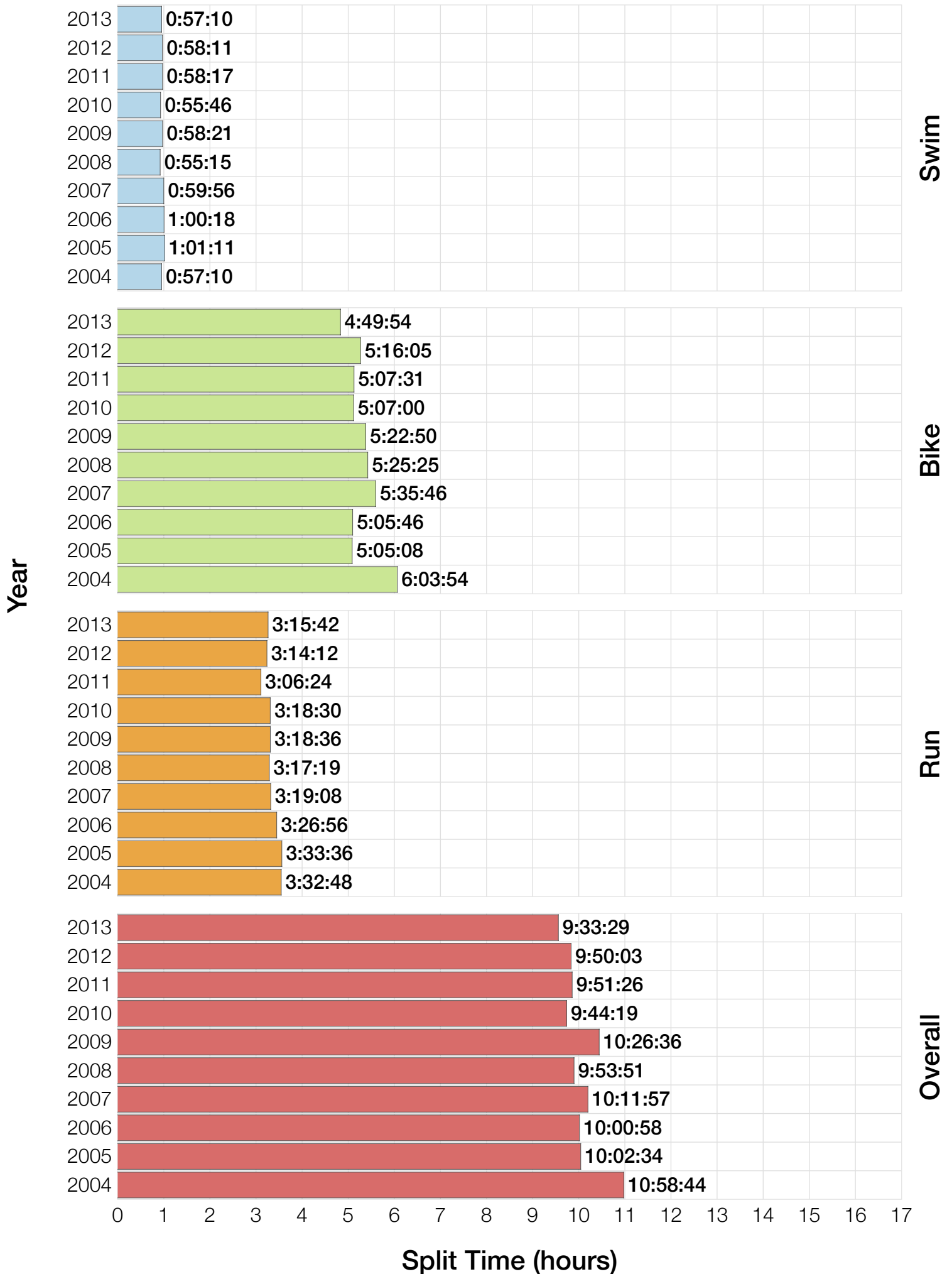
F35-39 Overall



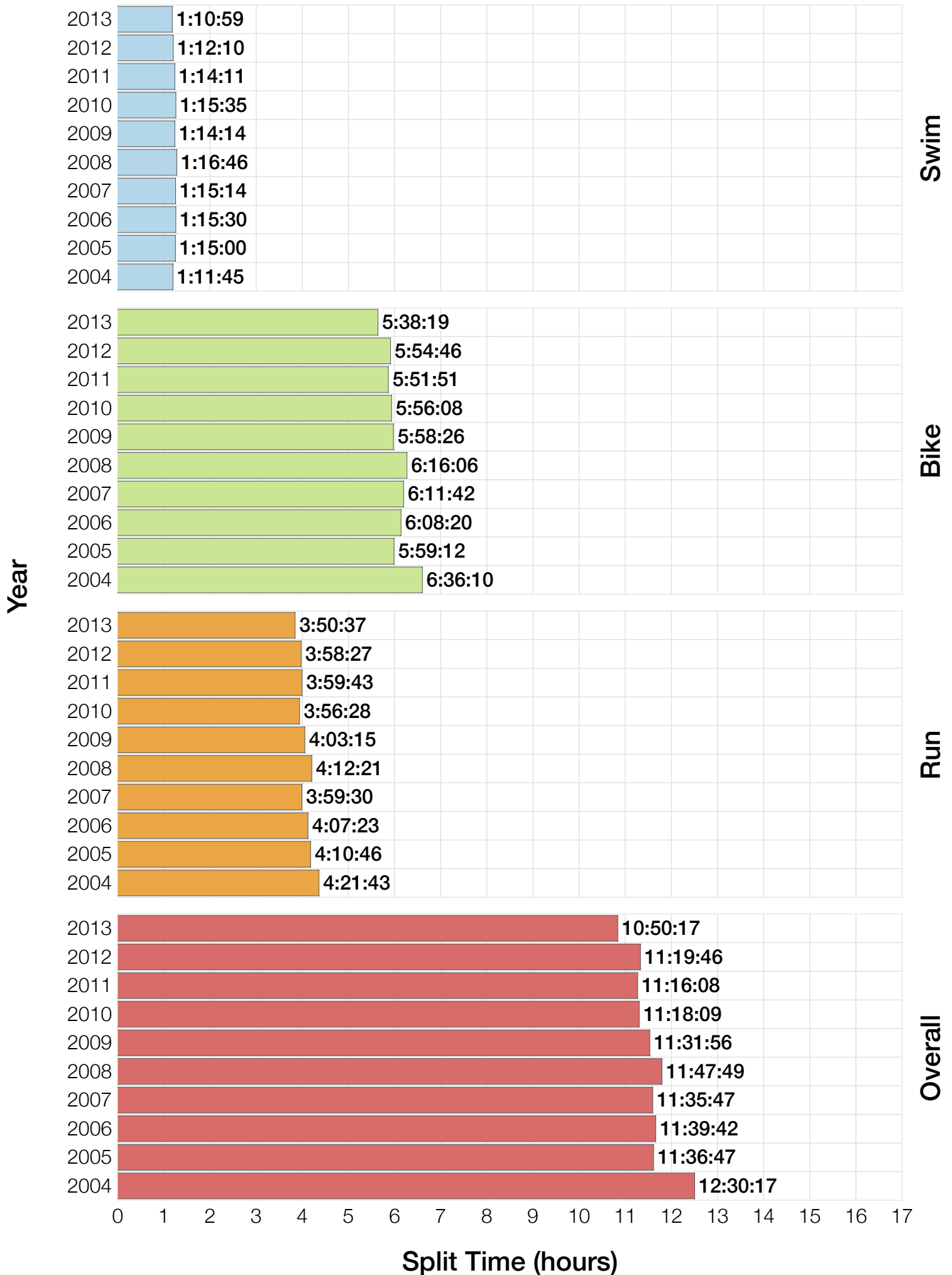
F35-39 Overall



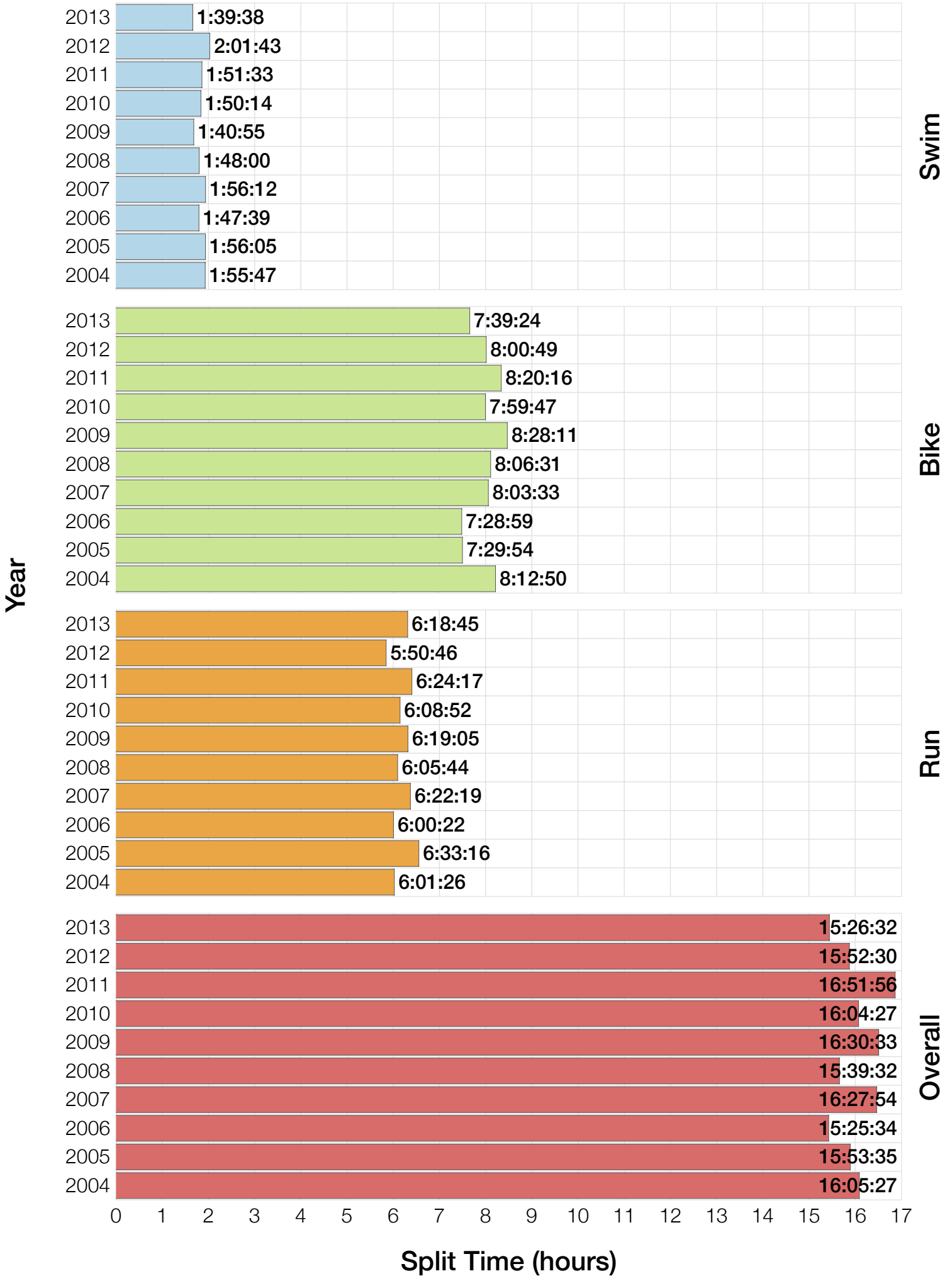
F35-39 Fastest Splits



F35-39 Median Splits

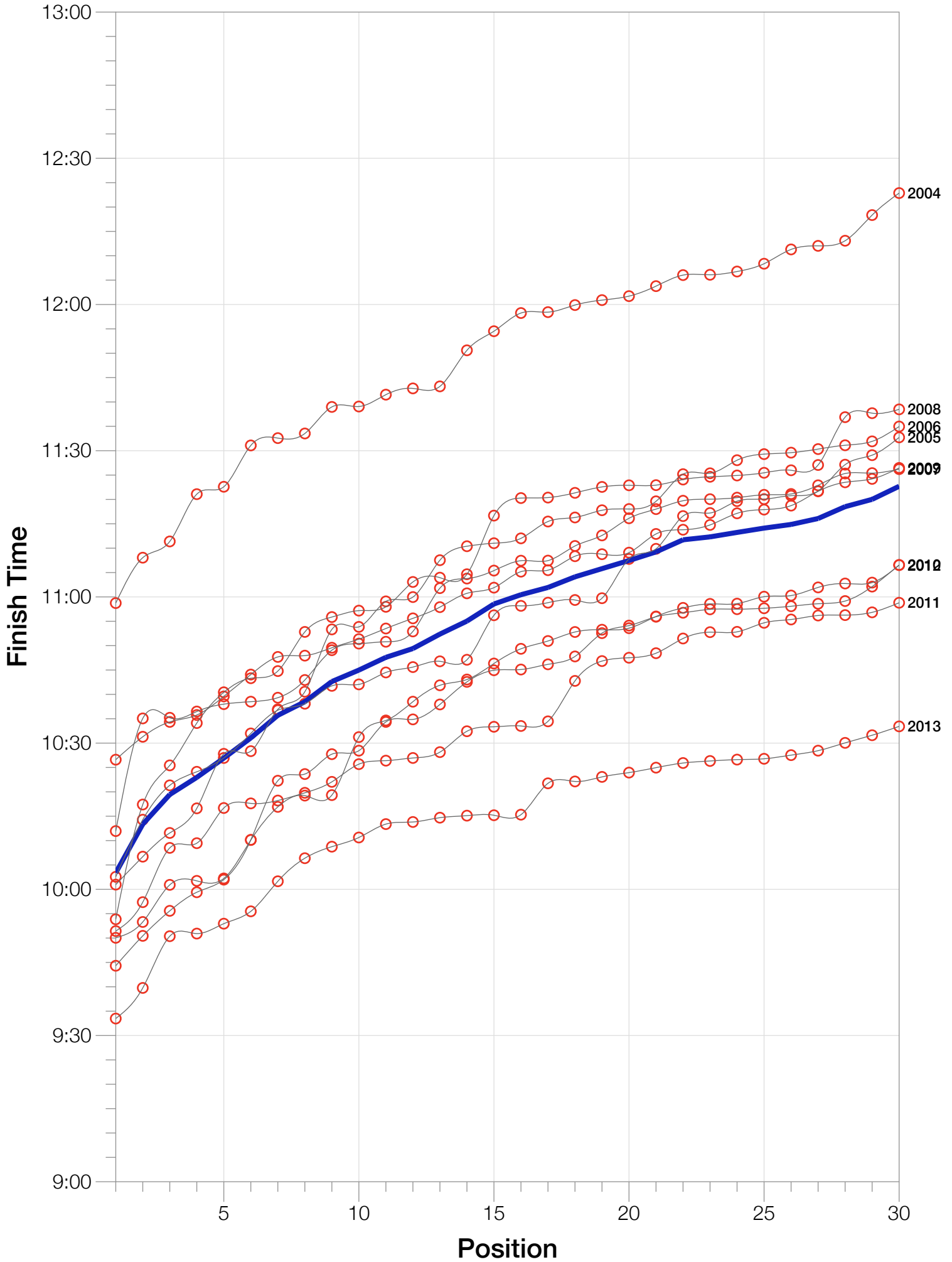


F35-39 Slowest Splits



F35-39 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F35-39 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:53	4:31:05	2:48:58	8:15:54
Average Female Winner	0:57:56	5:04:51	3:01:12	9:08:54
Average 1st Age Grouper	1:01:27	5:25:49	3:30:03	10:03:23
Average 2nd Age Grouper	1:05:24	5:27:55	3:32:56	10:13:22
Average 3rd Age Grouper	1:09:13	5:33:19	3:30:24	10:19:27
Average 4th Age Grouper	1:08:10	5:35:17	3:33:08	10:22:58
Average 5th Age Grouper	1:07:31	5:36:40	3:34:58	10:26:55
Average 6th Age Grouper	1:11:12	5:38:25	3:34:21	10:31:04
Average 7th Age Grouper	1:08:46	5:36:40	3:43:04	10:35:42
Average 8th Age Grouper	1:06:47	5:36:30	3:48:53	10:38:29
Average 9th Age Grouper	1:10:24	5:41:07	3:42:47	10:42:38
Average 10th Age Grouper	1:07:25	5:44:48	3:46:04	10:44:59
Kona Qualifier Average	1:01:27	5:25:49	3:30:03	10:03:23
Top 10 Age Grouper Average	1:07:38	5:35:39	3:37:40	10:27:54

World Championship 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:02	4:25:35	2:51:18	8:12:29
Female Winner	0:58:50	4:58:20	2:50:38	8:52:14
1st Age Grouper	0:58:32	4:49:54	3:39:07	9:33:29
2nd Age Grouper	1:04:37	5:00:13	3:29:35	9:39:46
3rd Age Grouper	1:09:06	5:14:29	3:20:53	9:50:23
4th Age Grouper	1:06:19	5:14:27	3:24:07	9:50:55
5th Age Grouper	0:59:03	5:04:00	3:43:15	9:52:57
6th Age Grouper	1:13:44	5:11:00	3:21:42	9:55:29
7th Age Grouper	1:05:31	5:16:39	3:32:45	10:01:39
8th Age Grouper	1:09:57	5:24:50	3:24:54	10:06:23
9th Age Grouper	1:13:52	5:29:22	3:15:42	10:08:45
10th Age Grouper	0:58:57	5:14:54	3:51:08	10:10:38
Kona Qualifier Average	0:58:32	4:49:54	3:39:07	9:33:29
Top 10 Age Grouper Average	1:05:57	5:11:58	3:30:18	9:55:02

World Championship 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:28	4:35:15	2:48:05	8:18:37
Female Winner	0:56:03	5:12:06	3:03:13	9:15:54
1st Age Grouper	1:02:41	5:16:05	3:25:15	9:50:03
2nd Age Grouper	0:58:11	5:31:42	3:18:04	9:53:18
3rd Age Grouper	1:10:46	5:29:30	3:14:12	10:00:55
4th Age Grouper	1:09:19	5:29:31	3:16:24	10:01:44
5th Age Grouper	1:09:35	5:19:39	3:26:58	10:02:14
6th Age Grouper	1:04:22	5:30:44	3:29:54	10:10:07
7th Age Grouper	1:05:52	5:31:56	3:33:10	10:16:55
8th Age Grouper	1:07:41	5:27:25	3:38:58	10:19:14
9th Age Grouper	1:12:18	5:39:34	3:20:26	10:19:20
10th Age Grouper	1:07:12	5:24:38	3:52:33	10:31:14
Kona Qualifier Average	1:02:41	5:16:05	3:25:15	9:50:03
Top 10 Age Grouper Average	1:06:47	5:28:04	3:27:35	10:08:30

World Championship 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:56	4:24:05	2:44:02	8:03:56
Female Winner	1:01:03	4:56:53	2:52:41	8:55:08
1st Age Grouper	1:11:56	5:26:42	3:06:24	9:51:26
2nd Age Grouper	1:11:23	5:07:31	3:32:12	9:57:22
3rd Age Grouper	1:08:23	5:22:45	3:31:59	10:08:30
4th Age Grouper	1:06:43	5:34:06	3:22:38	10:09:28
5th Age Grouper	1:09:44	5:34:51	3:20:59	10:16:41
6th Age Grouper	1:17:04	5:28:02	3:24:52	10:17:38
7th Age Grouper	1:06:13	5:19:32	3:45:48	10:18:13
8th Age Grouper	1:07:07	5:29:35	3:35:15	10:19:48
9th Age Grouper	1:07:07	5:36:56	3:31:37	10:22:03
10th Age Grouper	1:12:13	5:42:03	3:23:34	10:25:41
Kona Qualifier Average	1:11:56	5:26:42	3:06:24	9:51:26
Top 10 Age Grouper Average	1:09:47	5:28:12	3:27:31	10:12:41

World Championship 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:36	4:31:50	2:43:31	8:10:37
Female Winner	0:55:53	5:04:59	2:53:32	8:58:36
1st Age Grouper	0:55:46	5:15:20	3:26:34	9:44:19
2nd Age Grouper	1:00:05	5:25:48	3:18:30	9:50:27
3rd Age Grouper	1:07:18	5:18:11	3:24:35	9:55:35
4th Age Grouper	1:03:09	5:07:00	3:43:03	9:59:24
5th Age Grouper	1:04:59	5:17:37	3:34:05	10:01:59
6th Age Grouper	1:11:17	5:29:42	3:21:58	10:10:09
7th Age Grouper	1:13:24	5:27:17	3:35:37	10:22:17
8th Age Grouper	1:03:06	5:22:52	3:51:56	10:23:39
9th Age Grouper	1:05:19	5:29:15	3:47:09	10:27:44
10th Age Grouper	1:08:08	5:35:30	3:38:02	10:28:27
Kona Qualifier Average	0:55:46	5:15:20	3:26:34	9:44:19
Top 10 Age Grouper Average	1:05:15	5:22:51	3:34:08	10:08:24

World Championship 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:57	4:37:33	2:48:05	8:20:21
Female Winner	0:54:31	4:52:06	3:03:05	8:54:02
1st Age Grouper	0:59:53	5:47:15	3:33:31	10:26:36
2nd Age Grouper	1:09:48	5:22:50	3:48:59	10:31:18
3rd Age Grouper	0:58:50	5:45:20	3:41:46	10:34:21
4th Age Grouper	1:12:47	5:36:47	3:40:29	10:35:46
5th Age Grouper	1:05:41	5:57:22	3:28:18	10:39:35
6th Age Grouper	1:12:14	5:47:37	3:38:09	10:44:04
7th Age Grouper	1:19:13	5:36:17	3:44:08	10:47:41
8th Age Grouper	1:13:37	5:48:31	3:37:34	10:47:57
9th Age Grouper	1:18:58	5:31:15	3:51:24	10:49:34
10th Age Grouper	1:13:02	5:57:19	3:32:42	10:51:20
Kona Qualifier Average	0:59:53	5:47:15	3:33:31	10:26:36
Top 10 Age Grouper Average	1:10:24	5:43:03	3:39:42	10:40:49

World Championship 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:43	4:37:19	2:45:00	8:17:45
Female Winner	0:56:20	5:08:15	2:57:44	9:06:23
1st Age Grouper	0:55:15	5:36:16	3:17:19	9:53:51
2nd Age Grouper	1:03:46	5:40:11	3:27:23	10:17:24
3rd Age Grouper	1:18:45	5:39:12	3:21:17	10:25:26
4th Age Grouper	1:17:06	5:40:03	3:30:44	10:34:07
5th Age Grouper	1:04:03	5:48:51	3:38:32	10:40:26
6th Age Grouper	1:08:20	5:57:33	3:32:05	10:43:19
7th Age Grouper	1:04:59	5:47:06	3:46:39	10:44:47
8th Age Grouper	1:06:50	5:42:25	3:56:45	10:52:49
9th Age Grouper	1:09:43	5:38:21	3:57:27	10:55:52
10th Age Grouper	1:09:07	6:02:53	3:36:45	10:57:11
Kona Qualifier Average	0:55:15	5:36:16	3:17:19	9:53:51
Top 10 Age Grouper Average	1:07:47	5:45:17	3:36:29	10:36:31

World Championship 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:48	4:37:31	2:42:02	8:15:34
Female Winner	0:58:09	5:06:15	2:59:57	9:08:45
1st Age Grouper	1:04:06	5:41:37	3:19:08	10:11:57
2nd Age Grouper	1:05:23	5:49:07	3:32:50	10:35:04
3rd Age Grouper	1:13:48	5:44:09	3:29:23	10:35:12
4th Age Grouper	1:09:59	5:58:33	3:21:23	10:36:29
5th Age Grouper	1:15:53	5:39:59	3:36:24	10:38:00
6th Age Grouper	1:05:45	5:36:22	3:49:17	10:38:30
7th Age Grouper	1:03:08	5:37:56	3:48:09	10:39:19
8th Age Grouper	1:05:15	5:36:23	3:53:55	10:42:57
9th Age Grouper	1:08:20	5:56:20	3:32:41	10:49:04
10th Age Grouper	1:11:18	5:53:03	3:40:31	10:50:25
Kona Qualifier Average	1:04:06	5:41:37	3:19:08	10:11:57
Top 10 Age Grouper Average	1:08:17	5:45:20	3:36:22	10:37:41

World Championship 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:05	4:18:23	2:55:02	8:11:56
Female Winner	0:54:29	5:06:09	3:13:08	9:18:31
1st Age Grouper	1:04:46	5:05:46	3:44:44	10:00:58
2nd Age Grouper	1:06:29	5:14:35	3:38:49	10:06:42
3rd Age Grouper	1:06:21	5:16:15	3:42:52	10:11:34
4th Age Grouper	1:02:26	5:29:32	3:38:47	10:16:37
5th Age Grouper	1:00:18	5:34:45	3:42:44	10:27:48
6th Age Grouper	1:14:35	5:30:24	3:35:04	10:28:21
7th Age Grouper	1:10:08	5:28:01	3:53:06	10:36:56
8th Age Grouper	1:09:06	5:22:29	4:04:04	10:40:33
9th Age Grouper	1:01:53	5:44:45	3:59:06	10:53:20
10th Age Grouper	1:04:57	5:50:09	3:52:58	10:53:51
Kona Qualifier Average	1:04:46	5:05:46	3:44:44	10:00:58
Top 10 Age Grouper Average	1:06:05	5:27:40	3:47:13	10:27:40

World Championship 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:54	4:25:22	2:54:51	8:14:17
Female Winner	1:02:30	4:51:58	3:06:24	9:09:30
1st Age Grouper	1:01:33	5:05:08	3:49:49	10:02:34
2nd Age Grouper	1:06:12	5:10:39	3:50:13	10:14:17
3rd Age Grouper	1:07:50	5:30:28	3:35:41	10:21:20
4th Age Grouper	1:10:41	5:30:34	3:36:47	10:24:07
5th Age Grouper	1:01:11	5:40:59	3:38:57	10:26:57
6th Age Grouper	1:14:13	5:33:31	3:35:58	10:31:59
7th Age Grouper	1:08:00	5:34:08	3:46:13	10:36:45
8th Age Grouper	1:05:34	5:41:34	3:46:38	10:38:05
9th Age Grouper	1:13:45	5:41:29	3:37:07	10:41:45
10th Age Grouper	1:05:04	5:29:52	4:00:50	10:42:03
Kona Qualifier Average	1:01:33	5:05:08	3:49:49	10:02:34
Top 10 Age Grouper Average	1:07:24	5:29:50	3:43:49	10:27:59

World Championship 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:27	4:37:58	2:57:52	8:33:29
Female Winner	1:01:36	5:31:37	3:11:45	9:50:04
1st Age Grouper	1:00:07	6:14:08	3:38:40	10:58:44
2nd Age Grouper	1:08:14	6:16:38	3:32:48	11:08:03
3rd Age Grouper	1:11:05	6:12:56	3:41:24	11:11:23
4th Age Grouper	1:03:14	6:12:18	3:57:05	11:21:05
5th Age Grouper	1:24:52	6:08:44	3:39:32	11:22:36
6th Age Grouper	1:10:34	6:19:21	3:54:36	11:31:05
7th Age Grouper	1:11:18	6:27:52	3:45:06	11:32:35
8th Age Grouper	0:59:39	6:09:01	4:18:51	11:33:32
9th Age Grouper	1:12:49	6:03:54	4:15:15	11:38:59
10th Age Grouper	1:04:12	6:17:40	4:11:45	11:39:04
Kona Qualifier Average	1:00:07	6:14:08	3:38:40	10:58:44
Top 10 Age Grouper Average	1:08:36	6:14:15	3:53:30	11:23:42