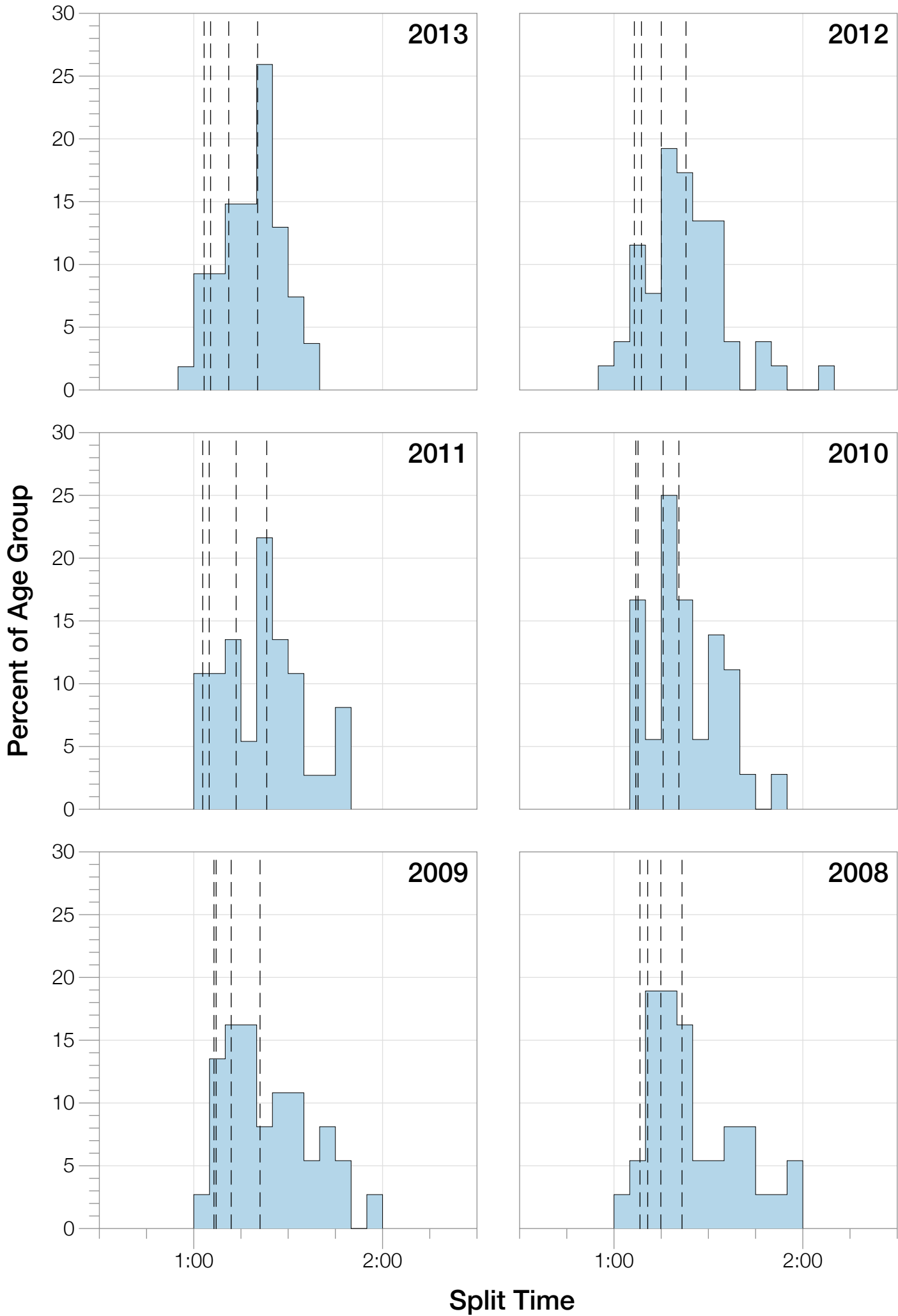


Ironman World Championship F50-54 Stats

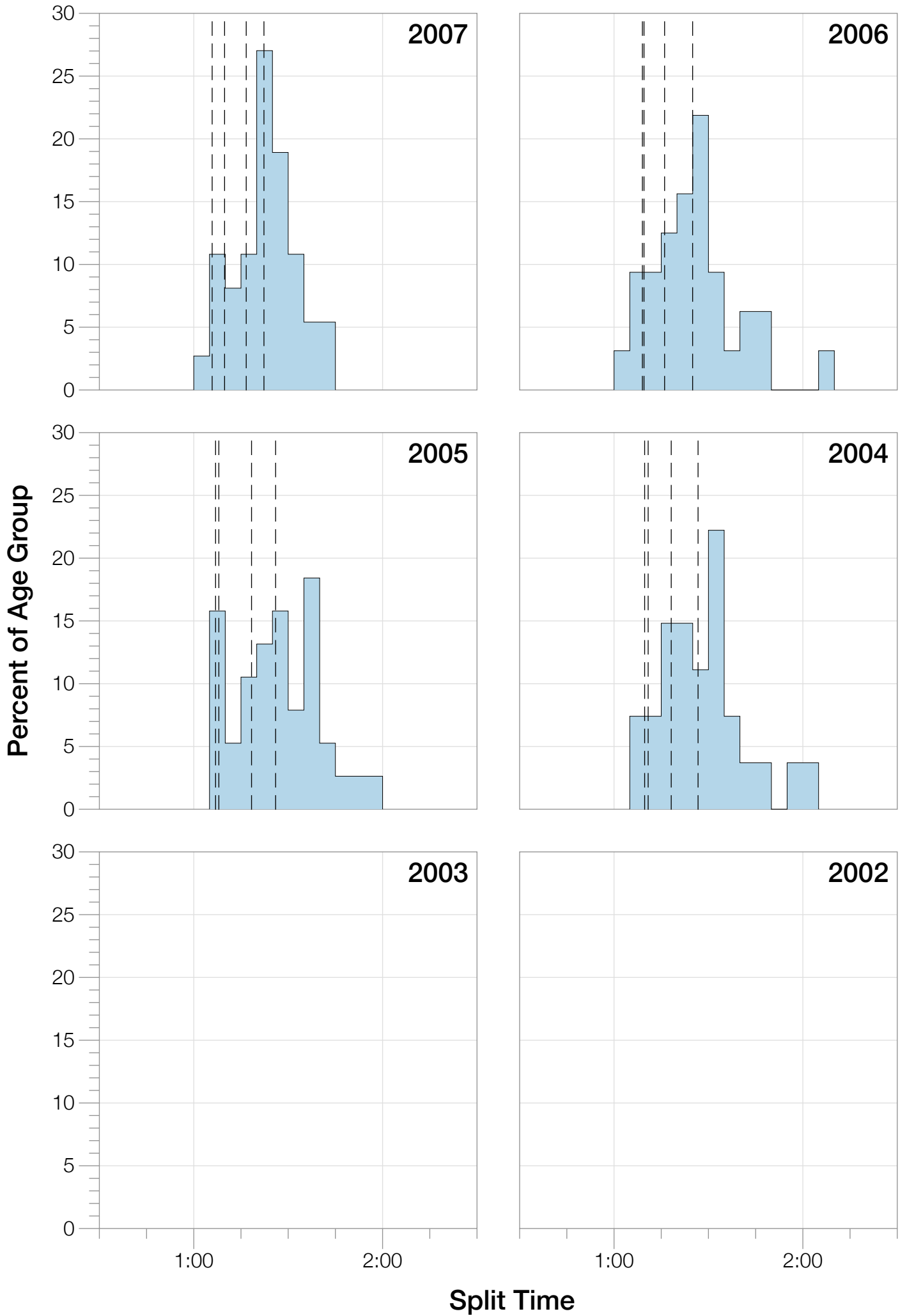
F50-54 Summary Statistics

Year	Finishers	F50-54 Finishers	Male Winner's Time	Female Winner's Time	F50-54 Winner's Time
2004	1578	27	8:33:29	9:50:04	11:44:26
2005	1688	39	8:14:17	9:09:30	10:35:59
2006	1624	32	8:11:56	9:18:31	10:48:51
2007	1684	37	8:15:34	9:08:45	10:59:32
2008	1637	37	8:17:45	9:06:23	10:38:46
2009	1652	37	8:20:21	8:54:02	10:51:28
2010	1770	36	8:10:37	8:58:36	10:36:19
2011	1774	37	8:03:56	8:55:08	10:44:01
2012	1887	52	8:18:37	9:15:54	10:58:40
2013	1976	55	8:12:29	8:52:14	10:19:37
Average	1727	39	8:15:54	9:08:54	10:49:45

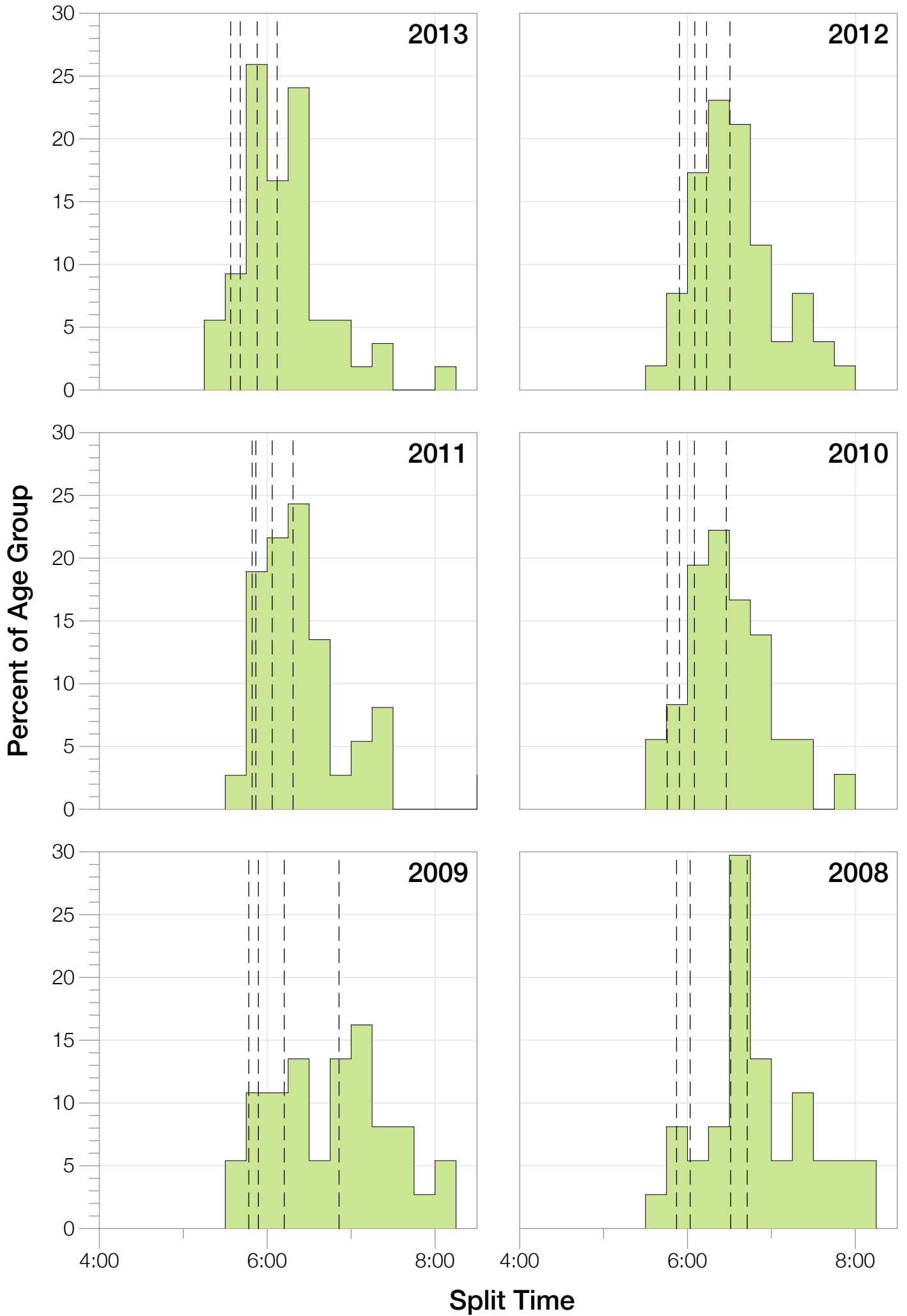
F50-54 Swim



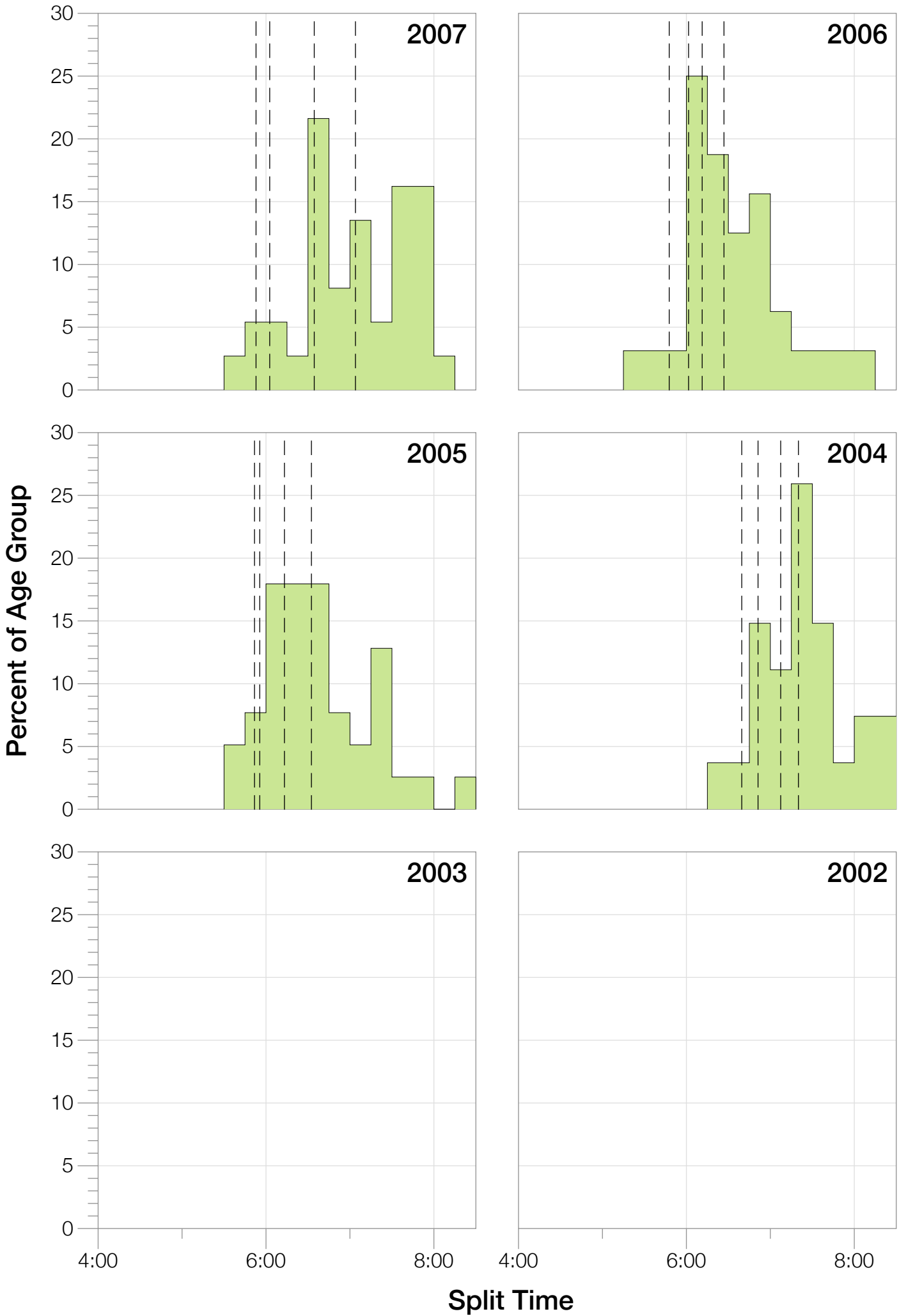
F50-54 Swim



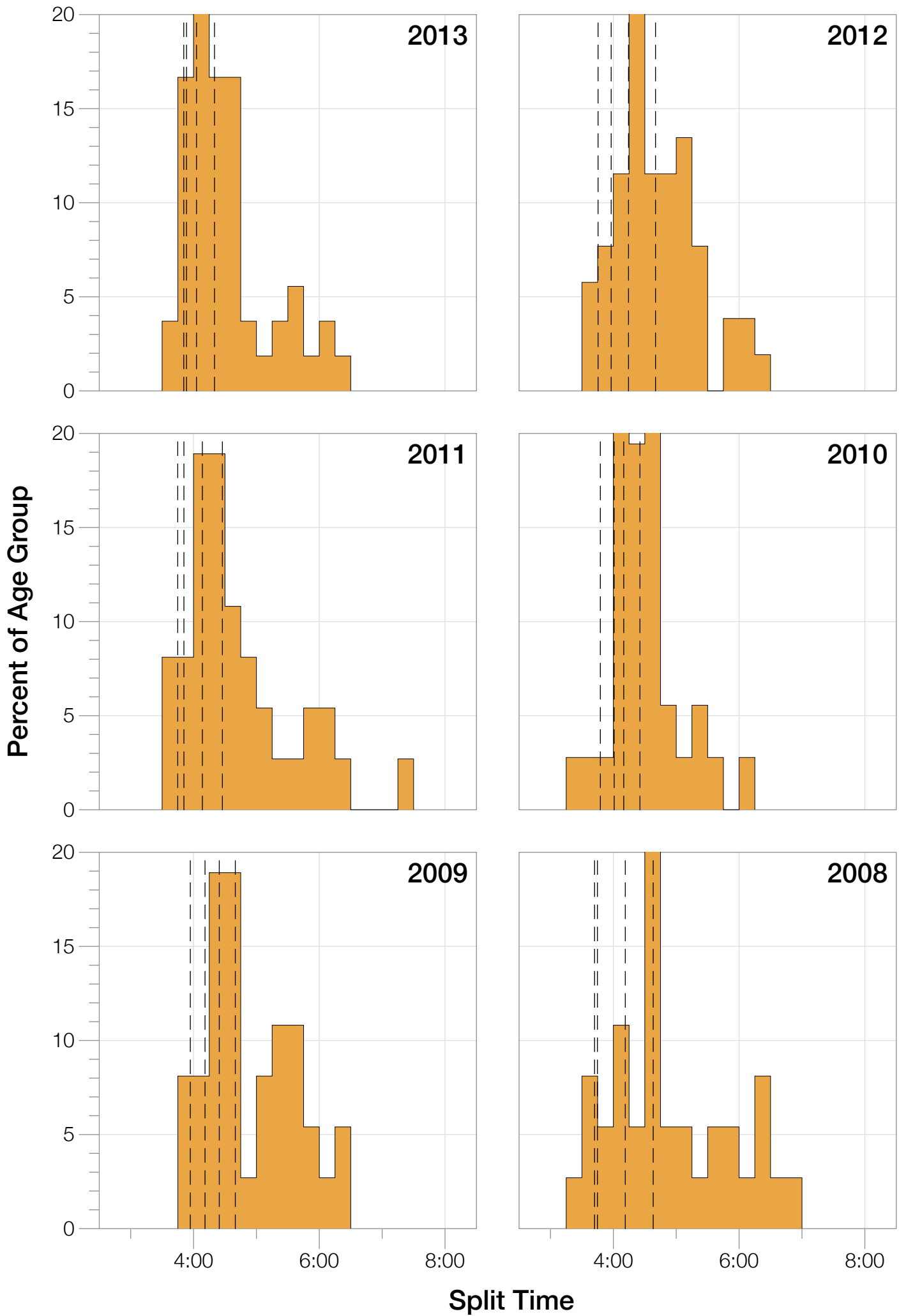
F50-54 Bike



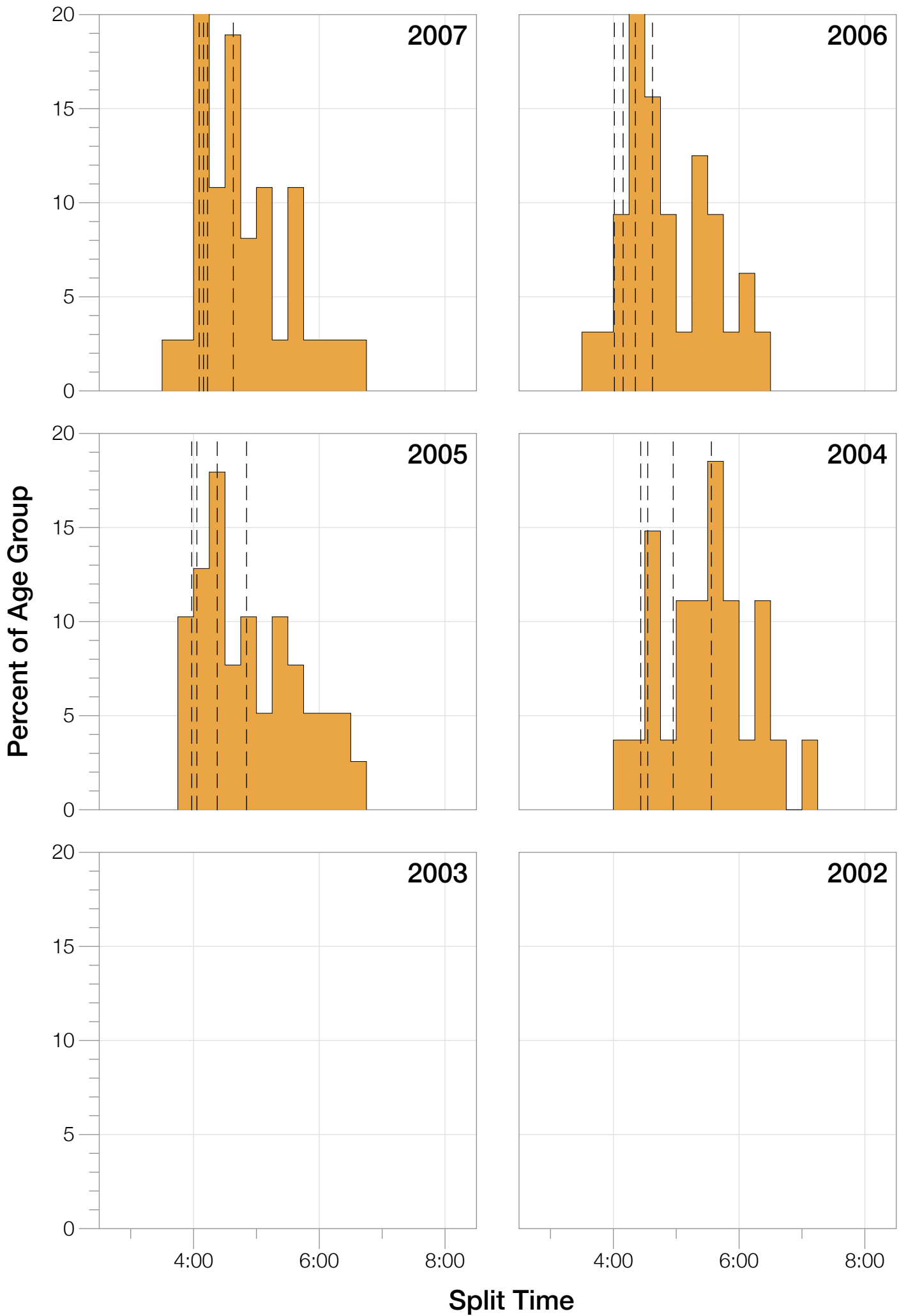
F50-54 Bike



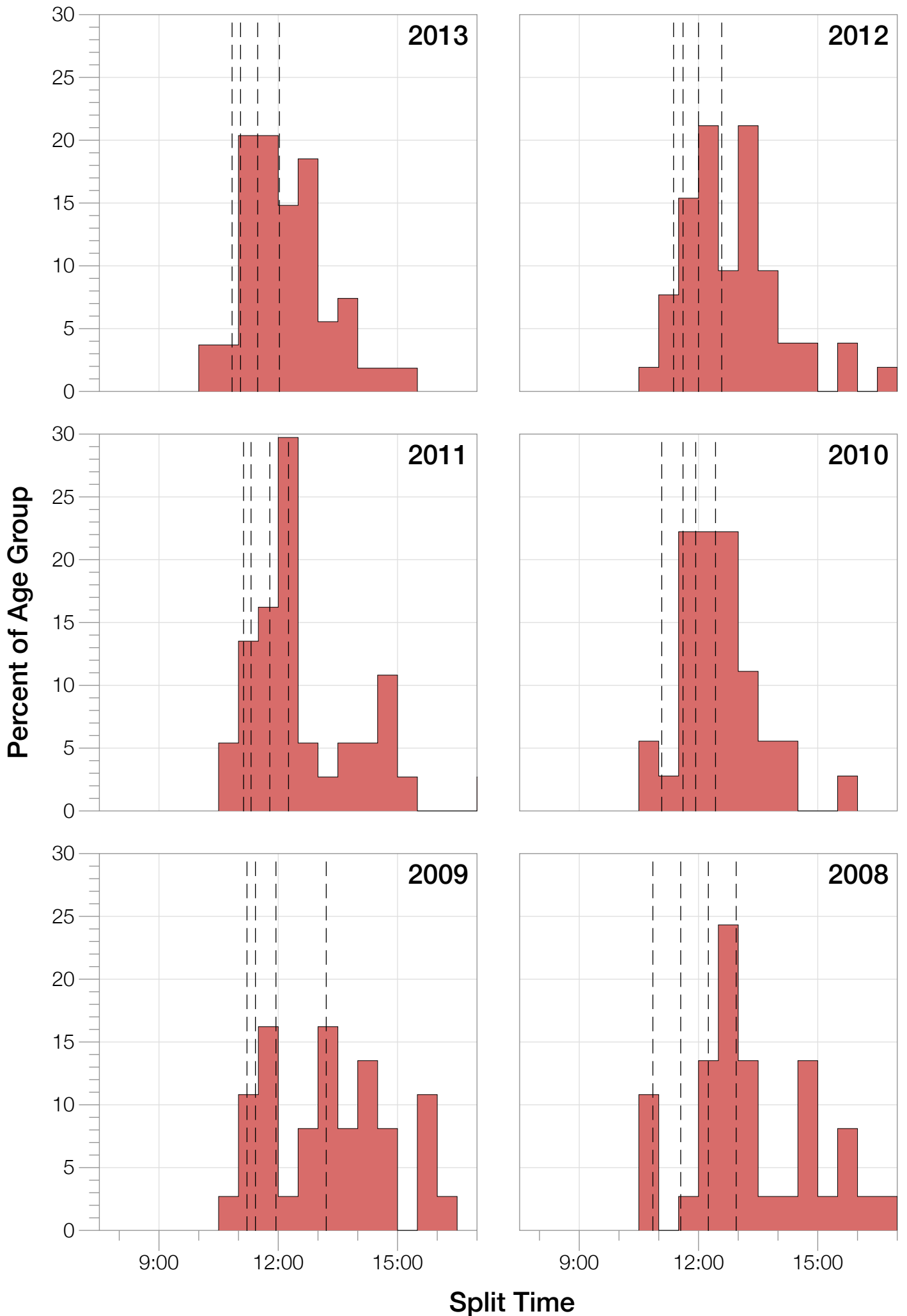
F50-54 Run



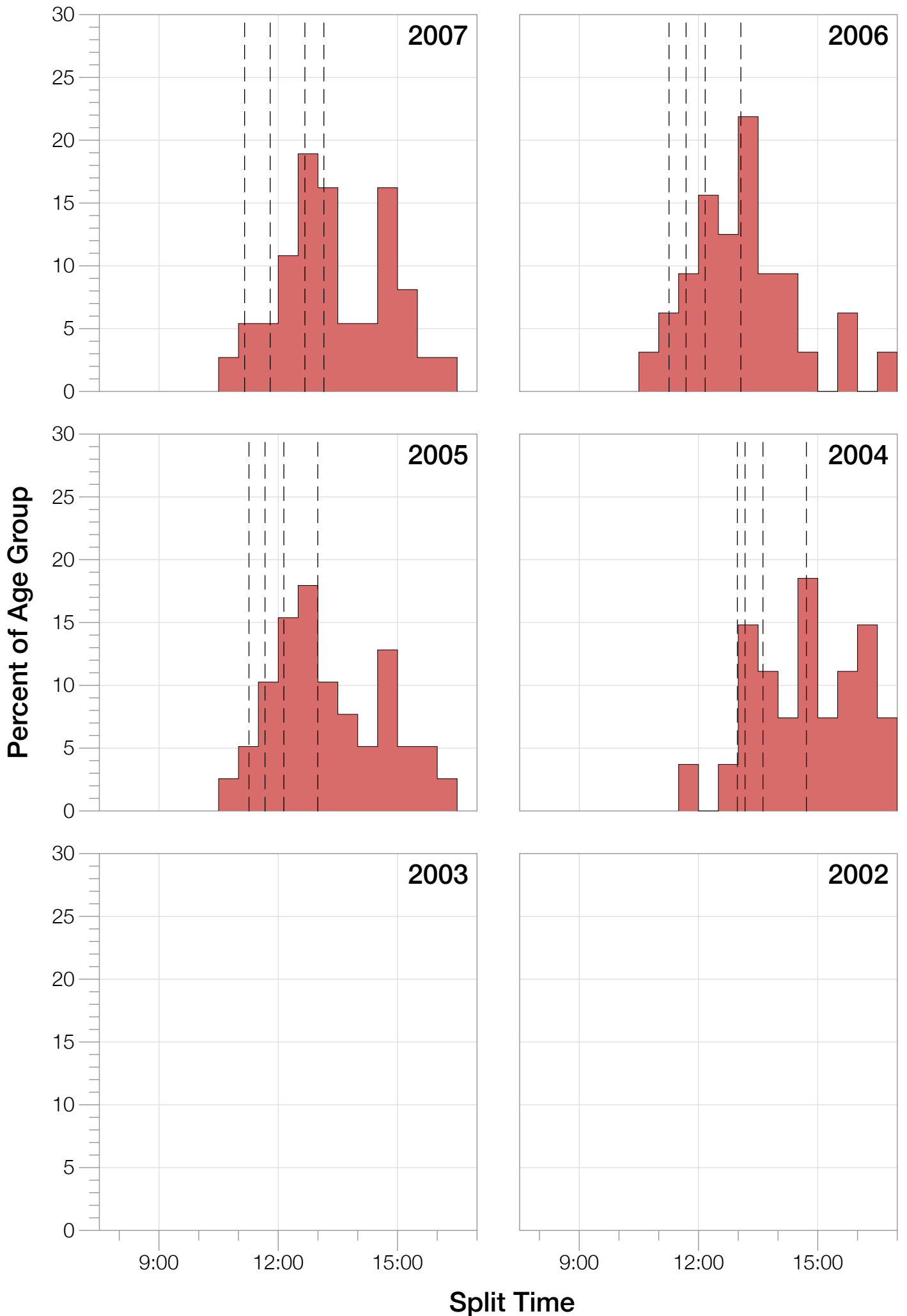
F50-54 Run



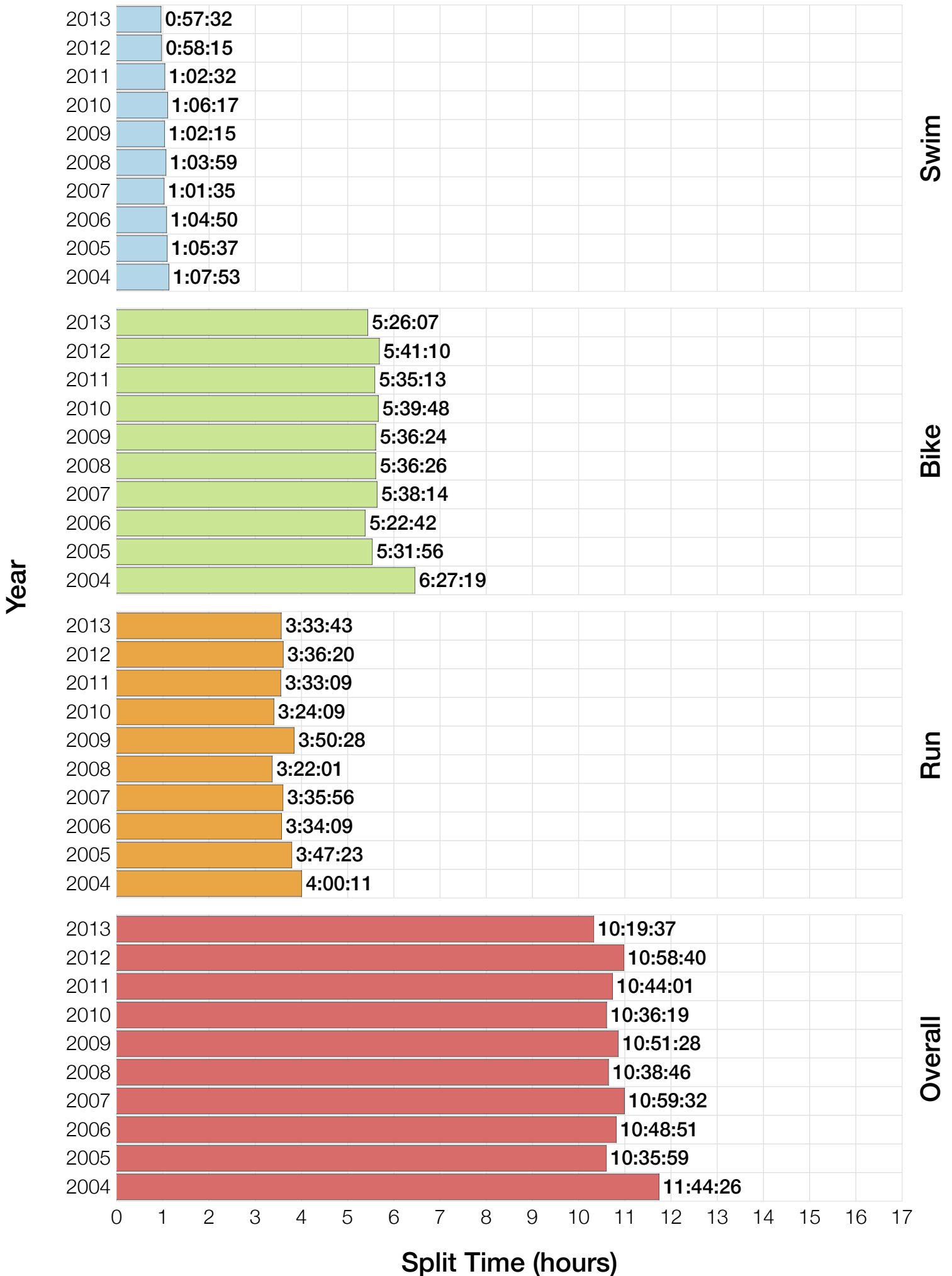
F50-54 Overall



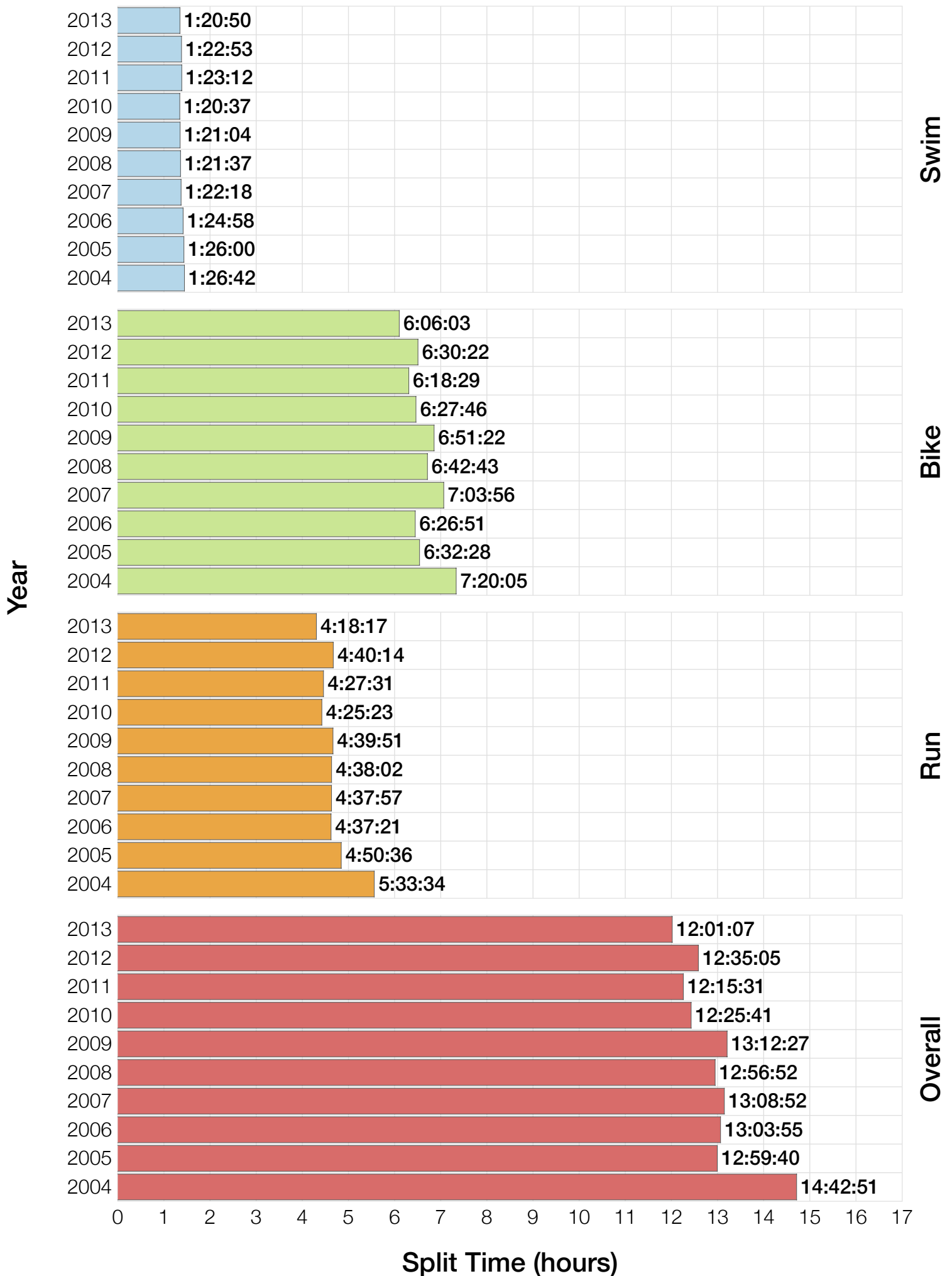
F50-54 Overall



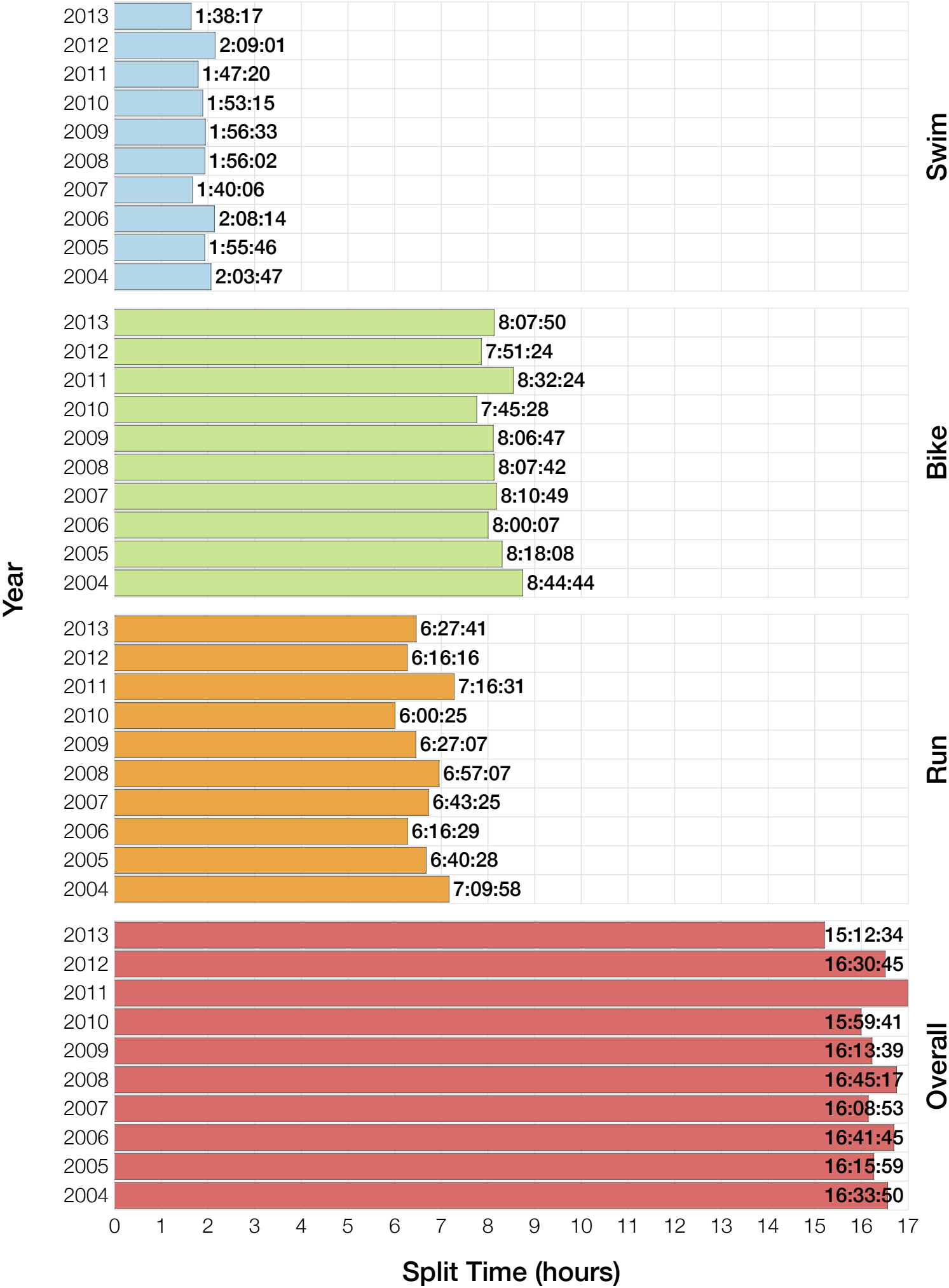
F50-54 Fastest Splits



F50-54 Median Splits

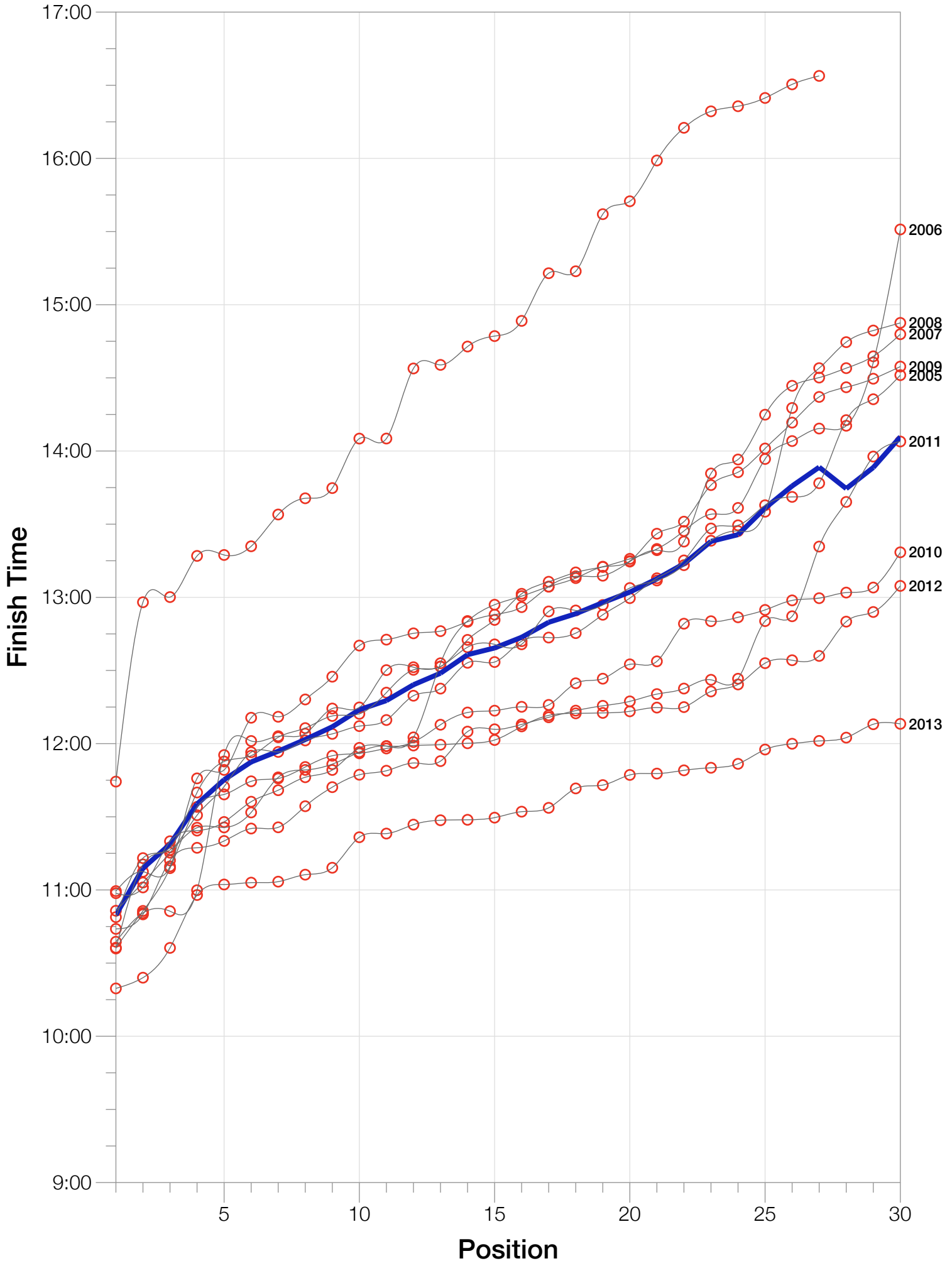


F50-54 Slowest Splits



F50-54 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F50-54 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:53	4:31:05	2:48:58	8:15:54
Average Female Winner	0:57:56	5:04:51	3:01:12	9:08:54
Average 1st Age Grouper	1:10:34	5:42:09	3:49:05	10:49:45
Average 2nd Age Grouper	1:14:20	5:52:11	3:53:43	11:08:54
Average 3rd Age Grouper	1:11:19	5:59:24	3:59:05	11:18:44
Average 4th Age Grouper	1:15:04	6:04:59	4:05:22	11:35:14
Average 5th Age Grouper	1:15:49	6:08:10	4:12:01	11:45:11
Average 6th Age Grouper	1:12:22	6:12:31	4:17:12	11:52:29
Average 7th Age Grouper	1:15:49	6:14:14	4:15:18	11:56:54
Average 8th Age Grouper	1:17:53	6:14:41	4:18:04	12:01:41
Average 9th Age Grouper	1:21:41	6:12:42	4:20:54	12:06:54
Average 10th Age Grouper	1:19:09	6:26:46	4:17:11	12:12:58
Kona Qualifier Average	1:10:34	5:42:09	3:49:05	10:49:45
Top 10 Age Grouper Average	1:15:24	6:06:47	4:08:48	11:40:52

World Championship 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:02	4:25:35	2:51:18	8:12:29
Female Winner	0:58:50	4:58:20	2:50:38	8:52:14
1st Age Grouper	1:07:15	5:29:46	3:36:23	10:19:37
2nd Age Grouper	1:13:21	5:29:40	3:33:43	10:24:01
3rd Age Grouper	1:04:35	5:26:07	3:59:07	10:36:14
4th Age Grouper	1:09:53	5:44:22	3:51:44	10:57:55
5th Age Grouper	1:09:18	5:36:14	4:08:26	11:02:14
6th Age Grouper	1:11:11	5:36:04	4:07:44	11:03:00
7th Age Grouper	1:11:05	5:47:32	3:58:02	11:03:24
8th Age Grouper	1:10:06	5:47:32	3:57:29	11:06:16
9th Age Grouper	1:16:57	5:52:15	3:52:55	11:09:06
10th Age Grouper	1:21:10	5:50:19	3:52:45	11:12:05
Kona Qualifier Average	1:07:15	5:29:46	3:36:23	10:19:37
Top 10 Age Grouper Average	1:11:29	5:39:59	3:53:49	10:53:23

World Championship 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:28	4:35:15	2:48:05	8:18:37
Female Winner	0:56:03	5:12:06	3:03:13	9:15:54
1st Age Grouper	1:13:05	5:53:39	3:44:07	10:58:40
2nd Age Grouper	1:18:50	5:58:43	3:36:20	11:01:02
3rd Age Grouper	1:11:04	6:12:43	3:47:19	11:19:58
4th Age Grouper	1:08:07	6:09:04	3:58:12	11:24:20
5th Age Grouper	0:58:15	6:10:17	4:09:45	11:27:52
6th Age Grouper	1:01:13	5:41:10	4:42:48	11:36:11
7th Age Grouper	1:09:38	5:54:51	4:23:56	11:40:54
8th Age Grouper	1:08:42	5:50:32	4:35:55	11:46:13
9th Age Grouper	1:19:38	6:20:59	4:00:31	11:49:12
10th Age Grouper	1:25:15	6:13:48	4:09:00	11:58:16
Kona Qualifier Average	1:13:05	5:53:39	3:44:07	10:58:40
Top 10 Age Grouper Average	1:11:22	6:02:34	4:06:47	11:30:15

World Championship 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:56	4:24:05	2:44:02	8:03:56
Female Winner	1:01:03	4:56:53	2:52:41	8:55:08
1st Age Grouper	1:16:36	5:35:13	3:44:55	10:44:01
2nd Age Grouper	1:23:12	5:46:09	3:33:09	10:49:59
3rd Age Grouper	1:02:44	6:12:37	3:49:24	11:12:07
4th Age Grouper	1:05:37	5:54:42	4:08:24	11:17:17
5th Age Grouper	1:13:28	6:10:23	3:44:49	11:20:05
6th Age Grouper	1:02:32	6:03:36	4:10:10	11:25:11
7th Age Grouper	1:09:33	6:15:35	3:54:00	11:25:41
8th Age Grouper	1:07:51	5:49:59	4:27:31	11:34:20
9th Age Grouper	1:25:11	5:50:01	4:17:54	11:42:09
10th Age Grouper	1:23:22	6:10:16	4:06:24	11:47:15
Kona Qualifier Average	1:16:36	5:35:13	3:44:55	10:44:01
Top 10 Age Grouper Average	1:13:00	5:58:51	3:59:40	11:19:48

World Championship 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:36	4:31:50	2:43:31	8:10:37
Female Winner	0:55:53	5:04:59	2:53:32	8:58:36
1st Age Grouper	1:19:21	5:45:50	3:24:09	10:36:19
2nd Age Grouper	1:21:06	5:44:30	3:37:03	10:51:24
3rd Age Grouper	1:06:17	5:39:48	4:12:19	11:08:56
4th Age Grouper	1:20:55	6:00:50	4:04:06	11:34:03
5th Age Grouper	1:34:56	6:04:36	3:51:07	11:39:10
6th Age Grouper	1:07:32	5:50:58	4:30:27	11:44:33
7th Age Grouper	1:20:20	6:05:05	4:11:07	11:45:43
8th Age Grouper	1:19:53	5:57:36	4:21:26	11:50:25
9th Age Grouper	1:07:45	6:02:04	4:35:09	11:55:02
10th Age Grouper	1:15:35	6:26:15	4:00:04	11:56:01
Kona Qualifier Average	1:19:21	5:45:50	3:24:09	10:36:19
Top 10 Age Grouper Average	1:17:22	5:57:45	4:04:41	11:30:09

World Championship 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:57	4:37:33	2:48:05	8:20:21
Female Winner	0:54:31	4:52:06	3:03:05	8:54:02
1st Age Grouper	1:11:58	5:40:25	3:50:28	10:51:28
2nd Age Grouper	1:08:15	5:50:31	3:57:07	11:03:02
3rd Age Grouper	1:06:47	5:48:28	4:06:19	11:15:16
4th Age Grouper	1:14:33	5:36:24	4:25:03	11:25:31
5th Age Grouper	1:19:33	6:01:34	3:56:04	11:25:38
6th Age Grouper	1:02:15	5:55:50	4:25:07	11:31:47
7th Age Grouper	1:06:02	6:16:15	4:14:01	11:46:10
8th Age Grouper	1:19:46	6:05:15	4:16:44	11:49:13
9th Age Grouper	1:07:20	5:58:35	4:35:16	11:51:36
10th Age Grouper	1:11:40	6:12:10	4:24:33	11:56:32
Kona Qualifier Average	1:11:58	5:40:25	3:50:28	10:51:28
Top 10 Age Grouper Average	1:10:48	5:56:32	4:13:04	11:29:37

World Championship 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:43	4:37:19	2:45:00	8:17:45
Female Winner	0:56:20	5:08:15	2:57:44	9:06:23
1st Age Grouper	1:06:17	5:36:26	3:45:10	10:38:46
2nd Age Grouper	1:10:04	5:49:34	3:43:32	10:50:35
3rd Age Grouper	1:17:16	6:03:46	3:22:01	10:51:17
4th Age Grouper	1:22:45	5:52:51	3:36:13	10:59:53
5th Age Grouper	1:17:28	6:25:14	4:05:26	11:55:19
6th Age Grouper	1:18:58	6:49:57	3:44:16	12:01:05
7th Age Grouper	1:13:54	5:59:11	4:37:43	12:03:03
8th Age Grouper	1:32:39	6:30:54	3:49:41	12:04:06
9th Age Grouper	1:08:45	6:10:58	4:40:20	12:14:24
10th Age Grouper	1:14:53	6:39:18	4:11:23	12:14:51
Kona Qualifier Average	1:06:17	5:36:26	3:45:10	10:38:46
Top 10 Age Grouper Average	1:16:17	6:11:48	3:57:34	11:35:19

World Championship 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:48	4:37:31	2:42:02	8:15:34
Female Winner	0:58:09	5:06:15	2:59:57	9:08:45
1st Age Grouper	1:05:13	5:38:14	4:08:57	10:59:32
2nd Age Grouper	1:01:35	5:48:24	4:08:11	11:07:28
3rd Age Grouper	1:22:33	6:03:20	3:35:56	11:09:40
4th Age Grouper	1:27:04	5:53:59	4:15:08	11:45:45
5th Age Grouper	1:06:00	6:01:37	4:32:51	11:49:13
6th Age Grouper	1:13:11	6:17:18	4:29:18	12:10:37
7th Age Grouper	1:16:40	6:33:13	4:13:24	12:11:01
8th Age Grouper	1:20:53	6:34:29	4:11:27	12:18:07
9th Age Grouper	1:40:06	6:39:46	3:54:03	12:27:27
10th Age Grouper	1:12:03	7:07:09	4:11:27	12:40:13
Kona Qualifier Average	1:05:13	5:38:14	4:08:57	10:59:32
Top 10 Age Grouper Average	1:16:31	6:15:44	4:10:04	11:51:54

World Championship 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:05	4:18:23	2:55:02	8:11:56
Female Winner	0:54:29	5:06:09	3:13:08	9:18:31
1st Age Grouper	1:08:35	5:22:42	4:09:09	10:48:51
2nd Age Grouper	1:27:20	6:01:10	3:34:09	11:13:03
3rd Age Grouper	1:09:22	5:40:33	4:20:40	11:17:27
4th Age Grouper	1:10:31	6:12:11	4:07:04	11:39:58
5th Age Grouper	1:13:30	5:53:35	4:35:53	11:52:41
6th Age Grouper	1:18:40	6:34:17	3:53:34	11:55:04
7th Age Grouper	1:21:17	6:13:09	4:15:36	12:02:36
8th Age Grouper	1:21:37	6:10:46	4:21:08	12:06:22
9th Age Grouper	1:32:48	6:11:27	4:15:55	12:11:21
10th Age Grouper	1:31:47	6:05:00	4:25:47	12:12:13
Kona Qualifier Average	1:08:35	5:22:42	4:09:09	10:48:51
Top 10 Age Grouper Average	1:19:32	6:02:29	4:11:53	11:43:57

World Championship 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:54	4:25:22	2:54:51	8:14:17
Female Winner	1:02:30	4:51:58	3:06:24	9:09:30
1st Age Grouper	1:08:08	5:31:56	3:47:23	10:35:59
2nd Age Grouper	1:11:49	5:37:14	4:10:36	11:10:28
3rd Age Grouper	1:09:26	5:53:24	4:05:27	11:16:25
4th Age Grouper	1:05:37	6:21:06	3:54:46	11:30:39
5th Age Grouper	1:23:07	6:01:47	4:04:05	11:42:23
6th Age Grouper	1:21:33	6:16:45	4:06:16	11:56:29
7th Age Grouper	1:19:23	5:56:01	4:21:47	11:56:36
8th Age Grouper	1:06:30	6:20:05	4:25:39	12:01:18
9th Age Grouper	1:37:43	6:12:55	3:59:52	12:04:00
10th Age Grouper	1:18:01	6:09:00	4:28:08	12:07:11
Kona Qualifier Average	1:08:08	5:31:56	3:47:23	10:35:59
Top 10 Age Grouper Average	1:16:07	6:02:01	4:08:23	11:38:08

World Championship 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:27	4:37:58	2:57:52	8:33:29
Female Winner	1:01:36	5:31:37	3:11:45	9:50:04
1st Age Grouper	1:09:19	6:27:19	4:00:11	11:44:26
2nd Age Grouper	1:07:53	6:35:55	5:03:25	12:57:59
3rd Age Grouper	1:23:11	6:53:17	4:32:23	13:00:06
4th Age Grouper	1:25:44	7:04:30	4:33:07	13:16:59
5th Age Grouper	1:22:43	6:56:24	4:51:52	13:17:22
6th Age Grouper	1:26:42	6:59:16	4:42:27	13:20:56
7th Age Grouper	1:30:27	7:21:36	4:23:26	13:33:58
8th Age Grouper	1:31:00	7:19:47	4:33:44	13:40:37
9th Age Grouper	1:20:44	6:48:05	5:17:13	13:44:48
10th Age Grouper	1:17:45	7:34:31	5:02:23	14:05:06
Kona Qualifier Average	1:09:19	6:27:19	4:00:11	11:44:26
Top 10 Age Grouper Average	1:21:32	7:00:04	4:42:01	13:16:13