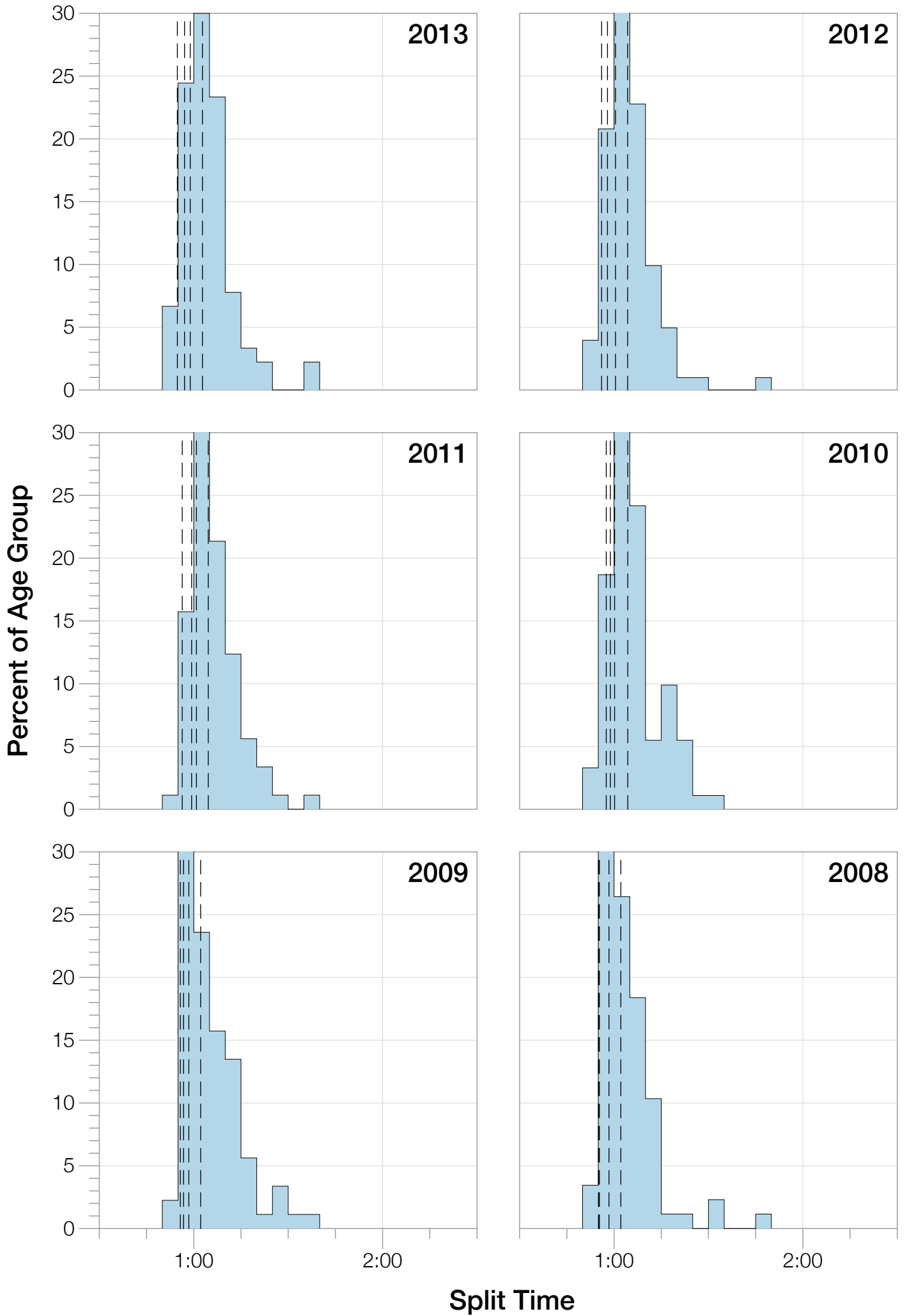


# Ironman World Championship M25-29 Stats

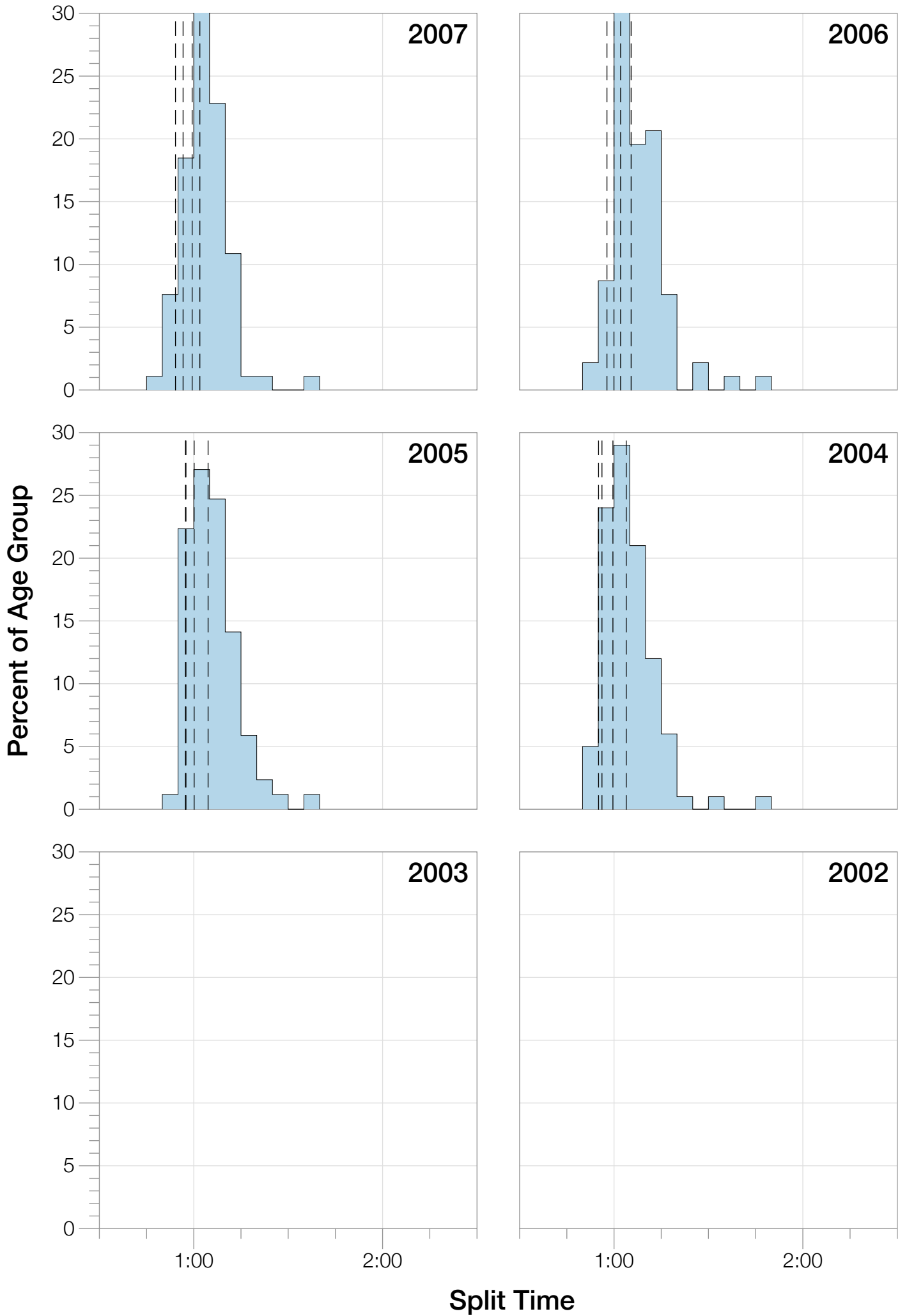
## M25-29 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>M25-29 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>M25-29 Winner's Time</b>
2004	1578	100	8:33:29	9:50:04	9:29:25
2005	1688	85	8:14:17	9:09:30	8:49:22
2006	1624	92	8:11:56	9:18:31	8:41:02
2007	1684	92	8:15:34	9:08:45	9:00:09
2008	1637	87	8:17:45	9:06:23	9:09:36
2009	1652	89	8:20:21	8:54:02	9:07:41
2010	1770	91	8:10:37	8:58:36	8:40:43
2011	1774	89	8:03:56	8:55:08	8:59:16
2012	1887	101	8:18:37	9:15:54	9:08:43
2013	1976	90	8:12:29	8:52:14	8:47:36
<b>Average</b>	<b>1727</b>	<b>92</b>	<b>8:15:54</b>	<b>9:08:54</b>	<b>8:59:21</b>

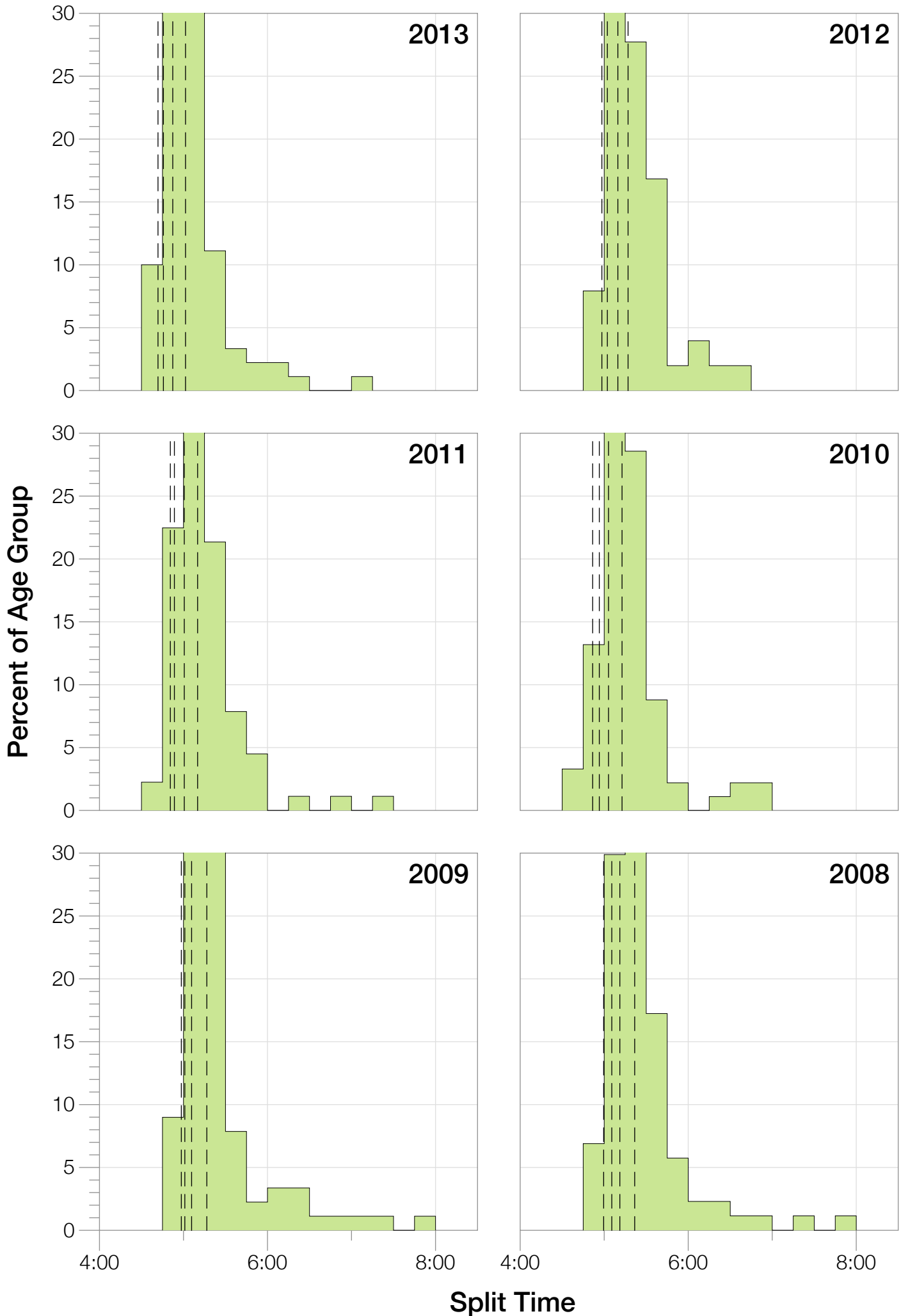
# M25-29 Swim



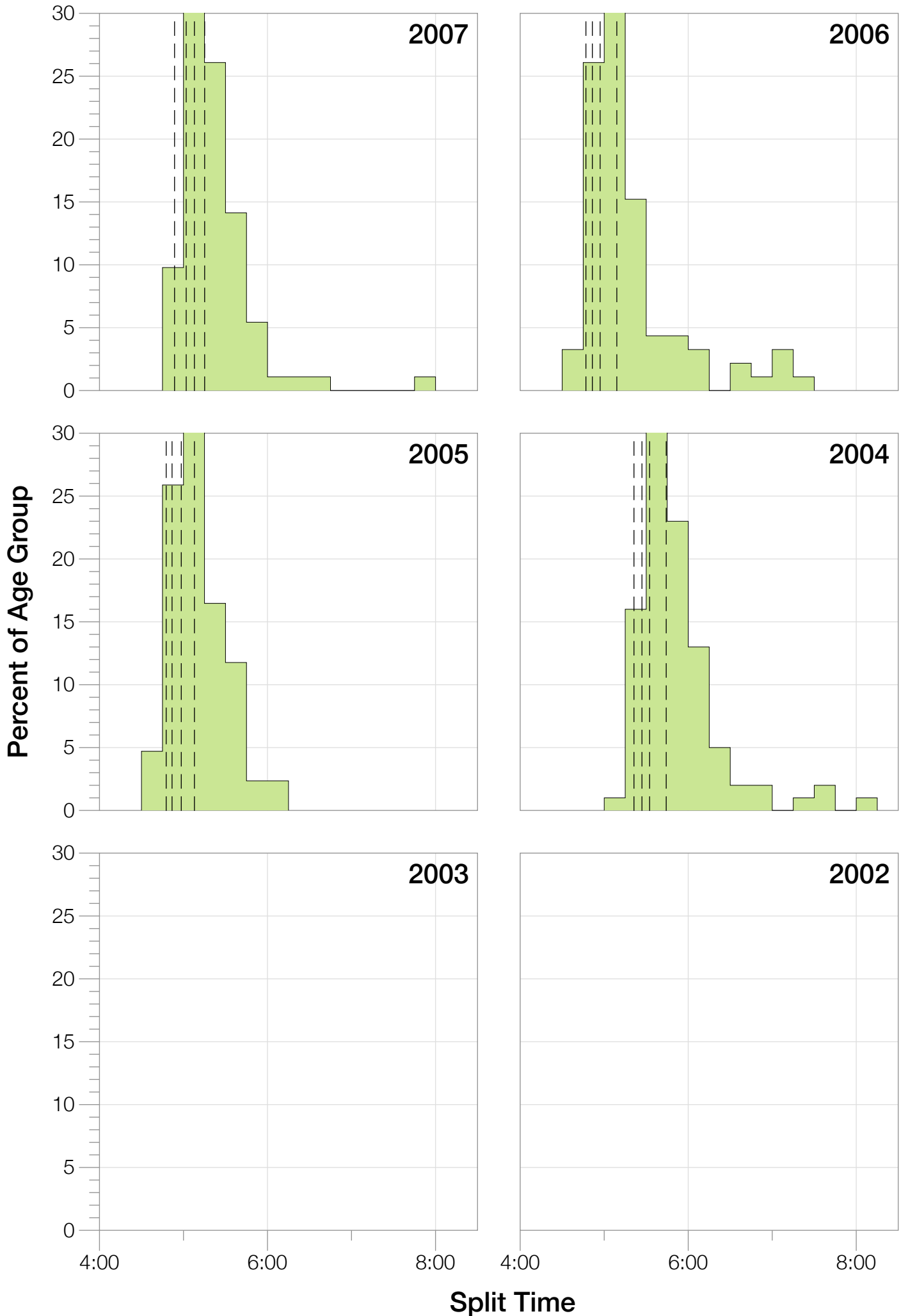
# M25-29 Swim



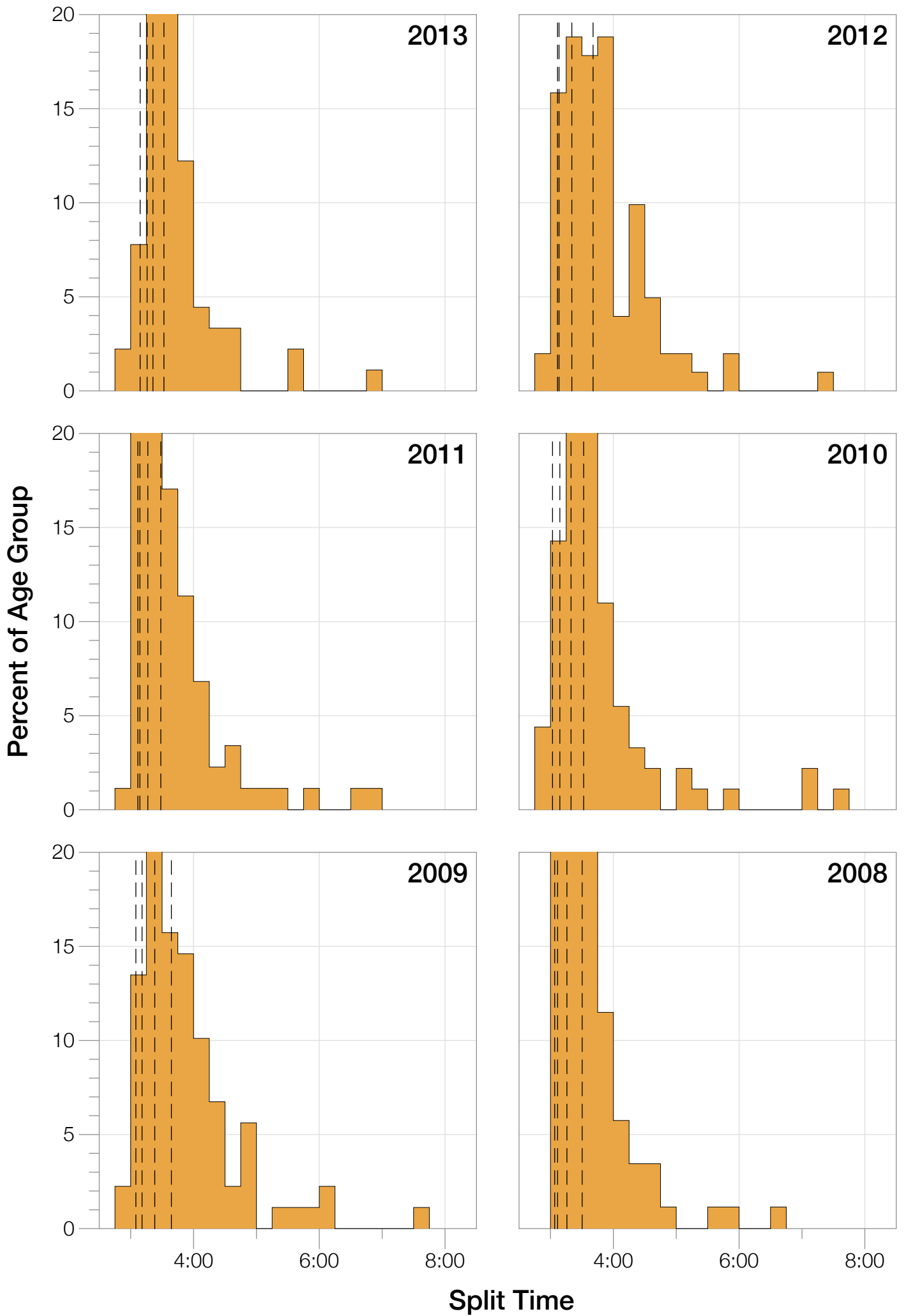
# M25-29 Bike



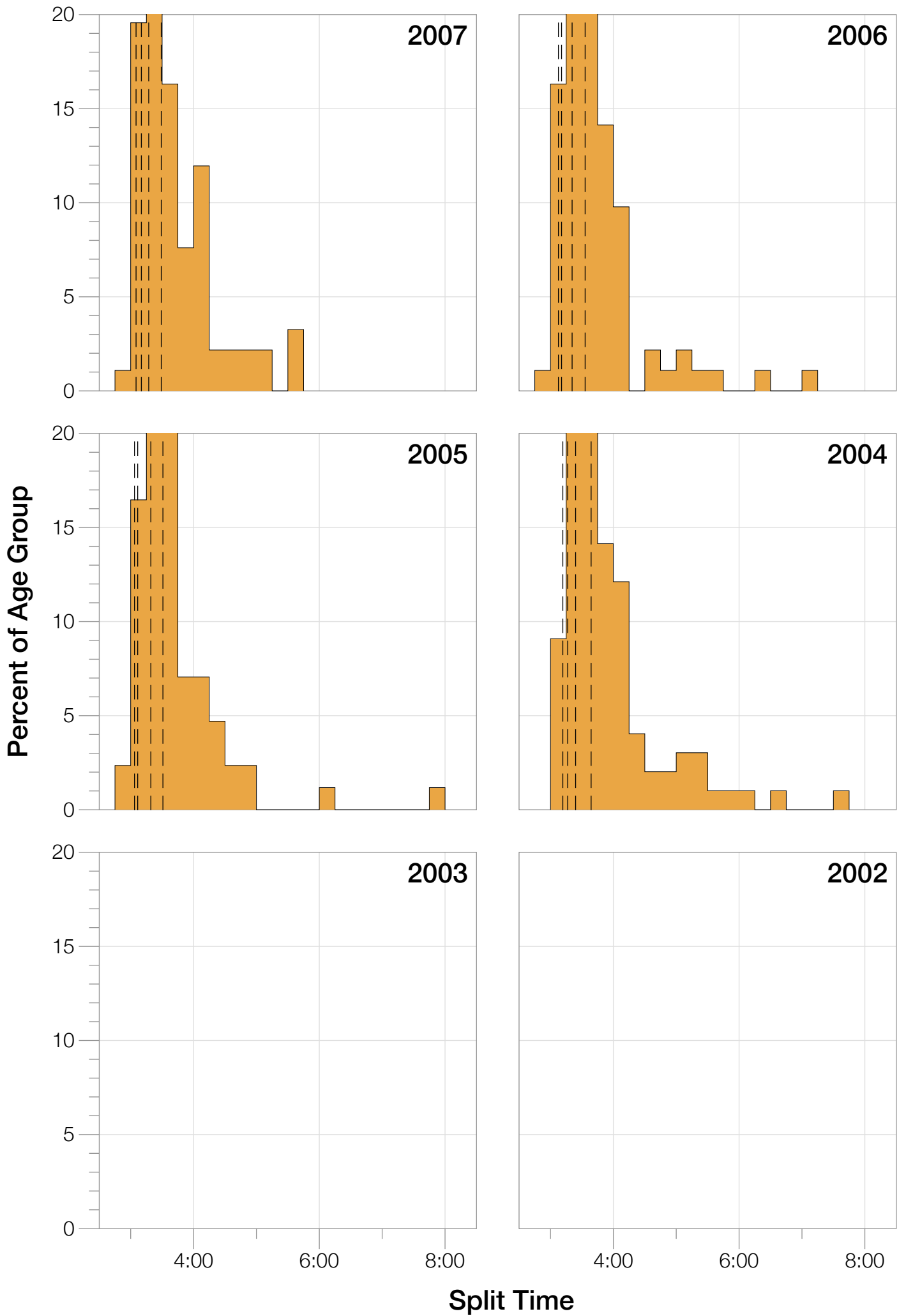
# M25-29 Bike



# M25-29 Run

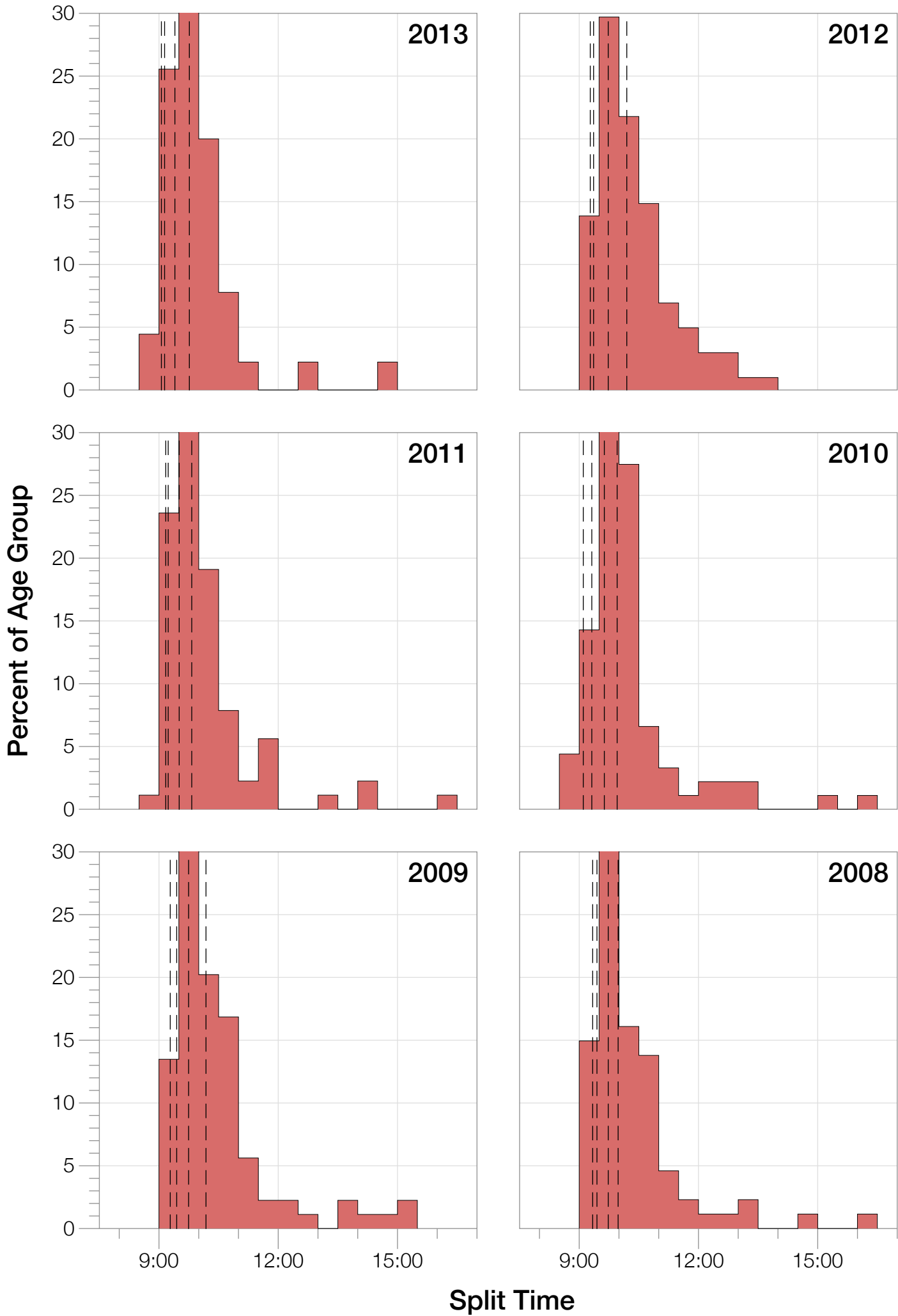


# M25-29 Run

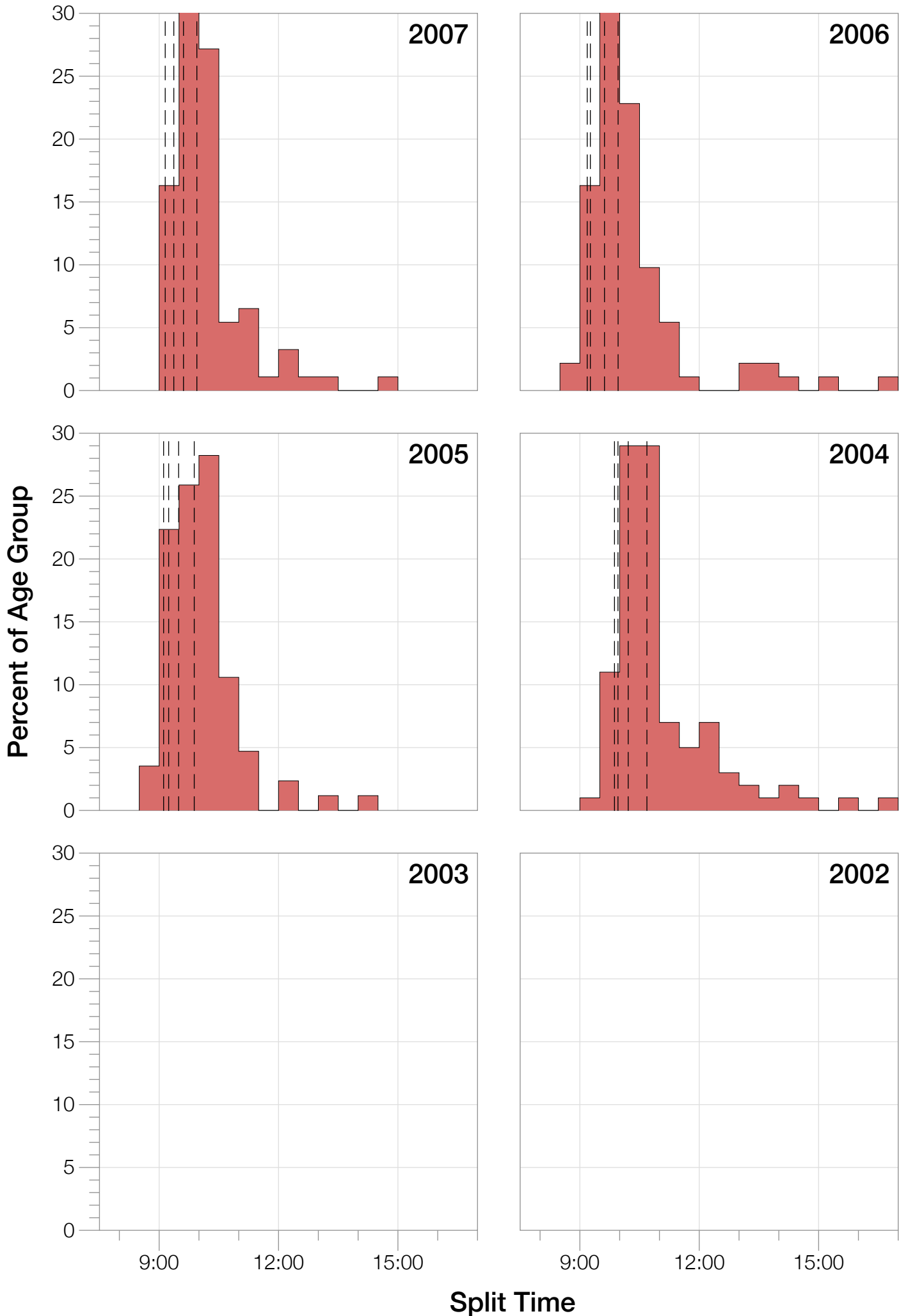




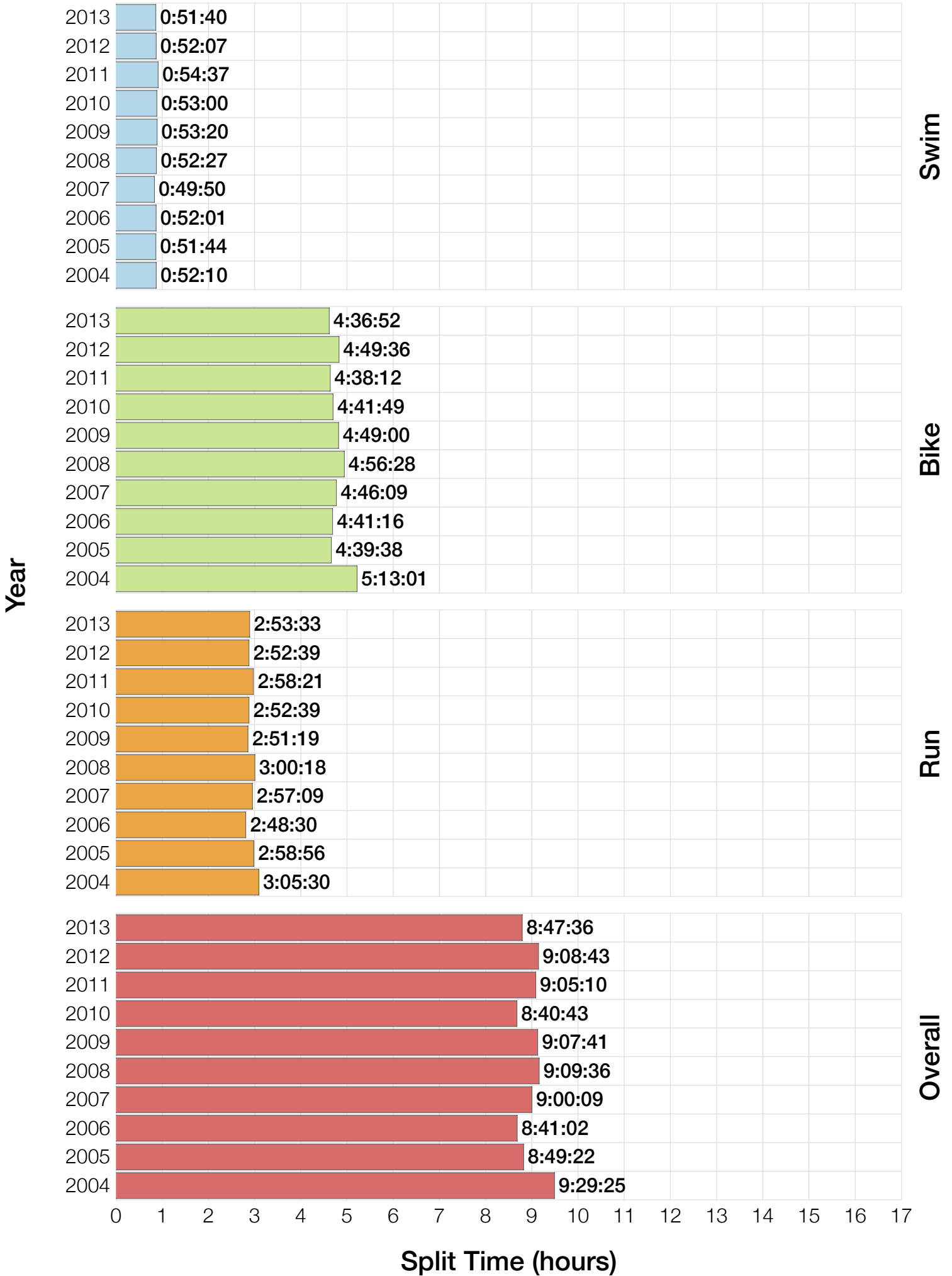
# M25-29 Overall



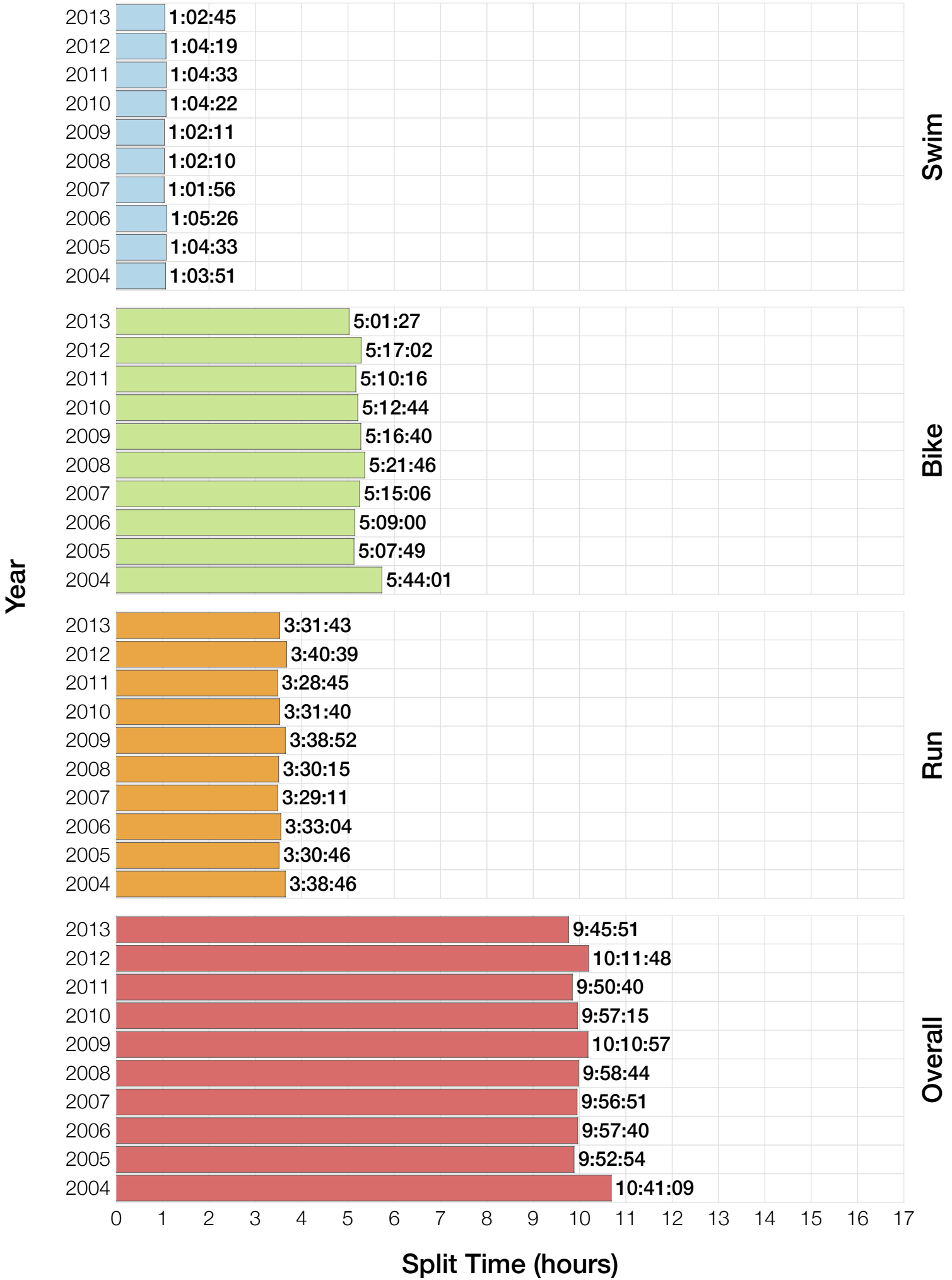
# M25-29 Overall



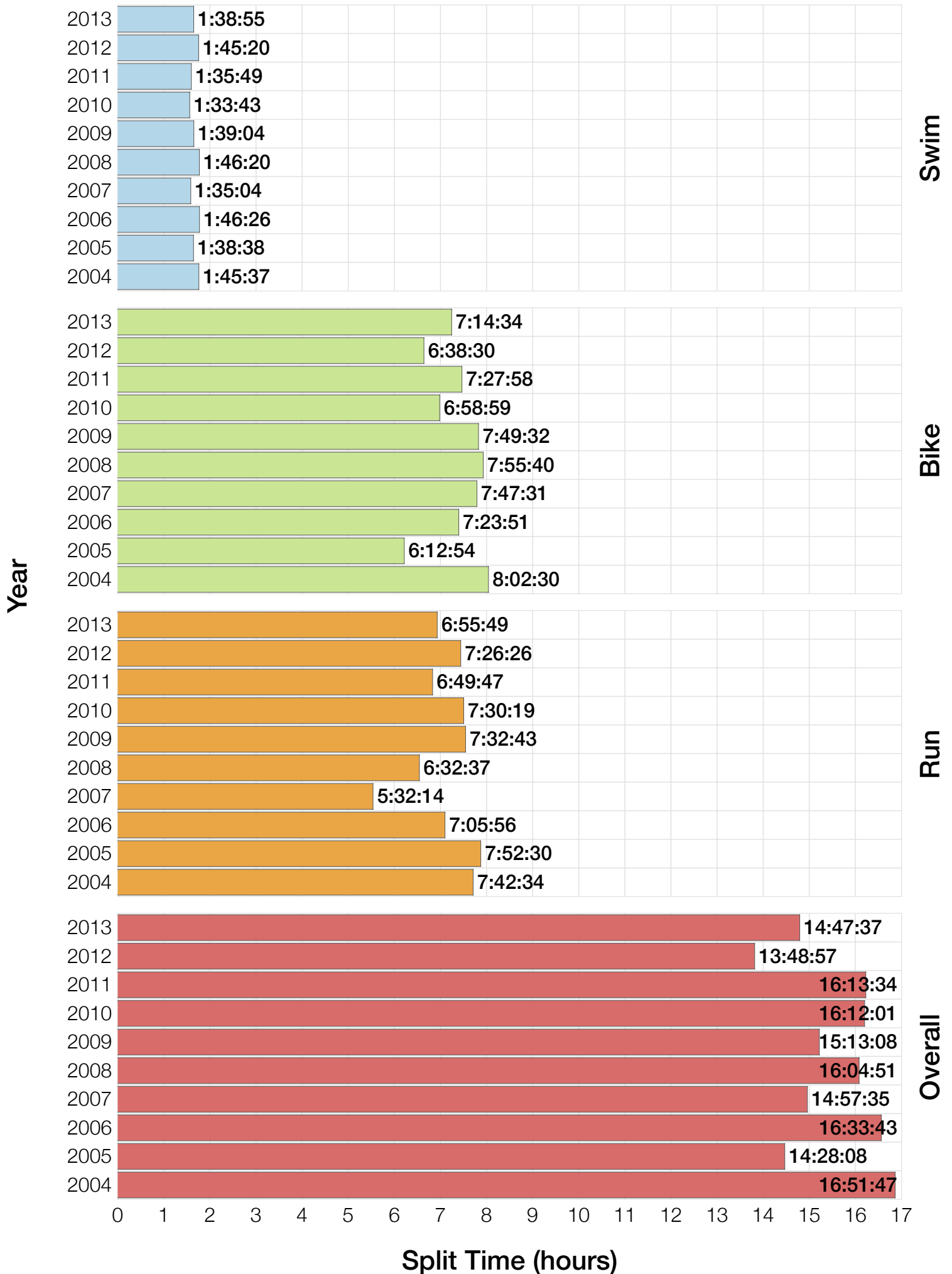
# M25-29 Fastest Splits



# M25-29 Median Splits

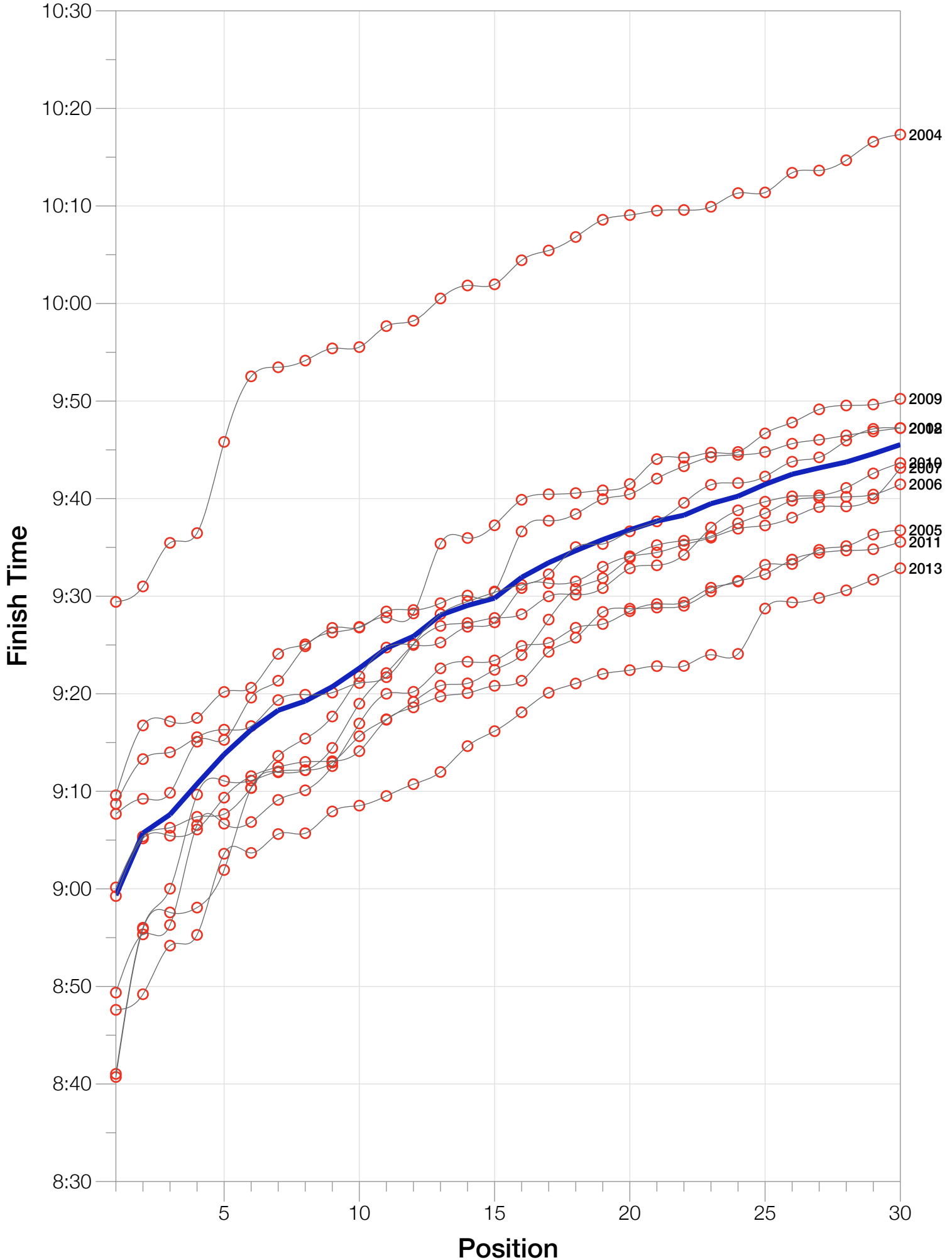


# M25-29 Slowest Splits



# M25-29 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



## M25-29 Top 10 and Kona Times and Splits

### Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:51:53</b>	<b>4:31:05</b>	<b>2:48:58</b>	<b>8:15:54</b>
<b>Average Female Winner</b>	<b>0:57:56</b>	<b>5:04:51</b>	<b>3:01:12</b>	<b>9:08:54</b>
<b>Average 1st Age Grouper</b>	<b>0:58:37</b>	<b>4:56:32</b>	<b>3:00:32</b>	<b>8:59:21</b>
Average 2nd Age Grouper	0:59:43	4:56:16	3:04:52	9:05:43
Average 3rd Age Grouper	0:58:28	4:56:14	3:07:44	9:07:37
Average 4th Age Grouper	1:03:28	4:55:11	3:05:48	9:10:45
Average 5th Age Grouper	1:01:37	4:57:27	3:08:54	9:13:47
Average 6th Age Grouper	0:59:57	4:59:09	3:11:29	9:16:19
Average 7th Age Grouper	1:01:03	4:58:21	3:13:20	9:18:18
Average 8th Age Grouper	1:02:22	5:00:11	3:10:47	9:19:15
Average 9th Age Grouper	1:03:31	5:05:34	3:05:53	9:20:43
Average 10th Age Grouper	0:59:42	5:00:04	3:16:27	9:22:37
<b>Kona Qualifier Average</b>	<b>0:58:37</b>	<b>4:56:32</b>	<b>3:00:32</b>	<b>8:59:21</b>
<b>Top 10 Age Grouper Average</b>	<b>1:00:51</b>	<b>4:58:30</b>	<b>3:08:39</b>	<b>9:13:27</b>

### World Championship 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:51:02</b>	<b>4:25:35</b>	<b>2:51:18</b>	<b>8:12:29</b>
<b>Female Winner</b>	<b>0:58:50</b>	<b>4:58:20</b>	<b>2:50:38</b>	<b>8:52:14</b>
<b>1st Age Grouper</b>	<b>0:58:11</b>	<b>4:43:01</b>	<b>3:00:33</b>	<b>8:47:36</b>
2nd Age Grouper	0:54:48	4:41:33	3:08:42	8:49:12
3rd Age Grouper	0:58:02	4:36:52	3:13:16	8:54:11
4th Age Grouper	1:01:22	4:45:56	2:58:46	8:55:17
5th Age Grouper	0:57:22	4:39:04	3:21:55	9:03:36
6th Age Grouper	1:01:40	4:41:43	3:14:26	9:03:41
7th Age Grouper	1:00:32	4:43:11	3:17:02	9:05:37
8th Age Grouper	0:59:43	4:49:51	3:05:39	9:05:42
9th Age Grouper	1:00:28	5:07:33	2:53:33	9:07:56
10th Age Grouper	1:01:03	4:43:08	3:19:13	9:08:32
<b>Kona Qualifier Average</b>	<b>0:58:11</b>	<b>4:43:01</b>	<b>3:00:33</b>	<b>8:47:36</b>
<b>Top 10 Age Grouper Average</b>	<b>0:59:19</b>	<b>4:45:11</b>	<b>3:09:18</b>	<b>9:00:08</b>

### World Championship 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:51:28</b>	<b>4:35:15</b>	<b>2:48:05</b>	<b>8:18:37</b>
<b>Female Winner</b>	<b>0:56:03</b>	<b>5:12:06</b>	<b>3:03:13</b>	<b>9:15:54</b>
<b>1st Age Grouper</b>	<b>1:01:04</b>	<b>4:57:32</b>	<b>3:04:49</b>	<b>9:08:43</b>
2nd Age Grouper	0:58:34	5:03:42	3:06:43	9:13:18
3rd Age Grouper	0:58:05	5:03:06	3:06:40	9:14:00
4th Age Grouper	1:03:05	4:56:00	3:07:59	9:15:33
5th Age Grouper	1:03:49	5:11:21	2:56:31	9:16:19
6th Age Grouper	1:03:08	4:49:36	3:18:38	9:16:41
7th Age Grouper	0:56:03	5:08:48	3:09:25	9:19:21
8th Age Grouper	1:04:19	4:59:23	3:11:22	9:19:54
9th Age Grouper	1:01:10	5:21:12	2:52:39	9:20:07
10th Age Grouper	1:02:24	5:04:06	3:08:19	9:21:06
<b>Kona Qualifier Average</b>	<b>1:01:04</b>	<b>4:57:32</b>	<b>3:04:49</b>	<b>9:08:43</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:10</b>	<b>5:03:28</b>	<b>3:06:18</b>	<b>9:16:30</b>

### World Championship 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:56	4:24:05	2:44:02	8:03:56
Female Winner	1:01:03	4:56:53	2:52:41	8:55:08
1st Age Grouper	1:04:36	5:05:22		8:59:16
2nd Age Grouper	1:00:28	4:59:11	2:58:21	9:05:10
3rd Age Grouper	0:59:50	4:52:20	3:08:35	9:05:27
4th Age Grouper	1:02:36	4:48:07	3:08:40	9:06:05
5th Age Grouper	1:00:08	4:38:12	3:22:12	9:09:21
6th Age Grouper	1:05:20	4:54:03	3:06:42	9:11:33
7th Age Grouper	1:06:43	4:51:08	3:08:49	9:12:29
8th Age Grouper	1:04:07	5:02:37	3:00:43	9:13:01
9th Age Grouper	1:00:15	4:51:45	3:14:23	9:13:05
10th Age Grouper	1:00:53	4:40:33	3:27:46	9:14:07
Kona Qualifier Average	1:04:36	5:05:22		8:59:16
Top 10 Age Grouper Average	1:02:29	4:52:19	3:10:41	9:08:57

### World Championship 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:36	4:31:50	2:43:31	8:10:37
Female Winner	0:55:53	5:04:59	2:53:32	8:58:36
1st Age Grouper	0:59:22	4:44:12	2:52:39	8:40:43
2nd Age Grouper	1:03:05	4:51:43	2:56:18	8:55:53
3rd Age Grouper	0:59:20	4:55:39	2:58:08	8:57:35
4th Age Grouper	1:03:08	4:48:54	3:00:22	8:58:05
5th Age Grouper	1:04:24	4:54:36	2:56:53	9:01:56
6th Age Grouper	0:59:27	4:42:56	3:20:50	9:10:20
7th Age Grouper	0:59:24	5:01:06	3:06:43	9:11:57
8th Age Grouper	0:57:30	4:58:00	3:11:12	9:12:10
9th Age Grouper	0:59:24	5:00:53	3:09:12	9:14:27
10th Age Grouper	0:53:00	4:56:30	3:23:07	9:18:59
Kona Qualifier Average	0:59:22	4:44:12	2:52:39	8:40:43
Top 10 Age Grouper Average	0:59:48	4:53:26	3:05:32	9:04:12

### World Championship 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:57	4:37:33	2:48:05	8:20:21
Female Winner	0:54:31	4:52:06	3:03:05	8:54:02
1st Age Grouper	0:55:21	5:08:00	2:55:23	9:07:41
2nd Age Grouper	0:56:44	5:01:03	3:06:27	9:09:14
3rd Age Grouper	0:58:12	4:55:20	3:12:20	9:09:51
4th Age Grouper	1:02:25	4:58:20	3:09:19	9:15:05
5th Age Grouper	1:00:53	5:00:34	3:07:23	9:15:16
6th Age Grouper	0:59:50	5:05:32	3:09:47	9:19:36
7th Age Grouper	0:56:19	5:05:48	3:13:35	9:21:20
8th Age Grouper	0:53:24	5:14:14	3:11:32	9:24:52
9th Age Grouper	1:03:06	5:17:12	3:01:01	9:26:17
10th Age Grouper	0:55:49	5:03:24	3:22:51	9:26:51
Kona Qualifier Average	0:55:21	5:08:00	2:55:23	9:07:41
Top 10 Age Grouper Average	0:58:12	5:04:56	3:08:57	9:17:36



### World Championship 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:43	4:37:19	2:45:00	8:17:45
Female Winner	0:56:20	5:08:15	2:57:44	9:06:23
1st Age Grouper	0:52:34	5:08:57	3:03:04	9:09:36
2nd Age Grouper	0:57:04	5:06:11	3:08:39	9:16:45
3rd Age Grouper	0:57:05	5:09:37	3:03:36	9:17:10
4th Age Grouper	0:58:30	4:59:35	3:15:00	9:17:31
5th Age Grouper	1:00:30	5:06:57	3:07:11	9:20:11
6th Age Grouper	0:58:45	5:03:23	3:12:18	9:20:37
7th Age Grouper	0:52:27	4:56:28	3:28:37	9:24:05
8th Age Grouper	1:03:58	4:57:23	3:18:20	9:25:04
9th Age Grouper	0:57:59	5:16:30	3:06:12	9:26:45
10th Age Grouper	1:02:10	5:14:50	3:03:12	9:26:47
Kona Qualifier Average	0:52:34	5:08:57	3:03:04	9:09:36
Top 10 Age Grouper Average	0:58:06	5:05:59	3:10:36	9:20:27

### World Championship 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:48	4:37:31	2:42:02	8:15:34
Female Winner	0:58:09	5:06:15	2:59:57	9:08:45
1st Age Grouper	0:59:29	4:56:26	3:00:27	9:00:09
2nd Age Grouper	1:08:54	4:46:09	3:05:51	9:05:22
3rd Age Grouper	1:01:06	4:46:33	3:14:02	9:06:16
4th Age Grouper	1:08:29	4:48:59	3:04:11	9:07:23
5th Age Grouper	1:01:42	5:02:02	2:57:09	9:07:40
6th Age Grouper	0:52:47	5:08:19	3:04:15	9:10:21
7th Age Grouper	0:58:10	4:59:53	3:10:12	9:13:38
8th Age Grouper	1:01:01	4:50:04	3:18:16	9:15:24
9th Age Grouper	1:00:49	5:03:54	3:06:47	9:17:40
10th Age Grouper	1:01:45	5:05:21	3:06:22	9:21:47
Kona Qualifier Average	0:59:29	4:56:26	3:00:27	9:00:09
Top 10 Age Grouper Average	1:01:25	4:56:46	3:06:45	9:10:34

### World Championship 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:05	4:18:23	2:55:02	8:11:56
Female Winner	0:54:29	5:06:09	3:13:08	9:18:31
1st Age Grouper	1:02:14	4:44:30	2:48:30	8:41:02
2nd Age Grouper	1:03:03	4:41:16	3:05:56	8:56:01
3rd Age Grouper	0:55:05	4:52:30	3:06:52	9:00:01
4th Age Grouper	1:09:21	4:51:22	3:02:44	9:09:40
5th Age Grouper	1:06:29	4:51:27	3:08:11	9:11:04
6th Age Grouper	0:55:21	4:55:36	3:15:00	9:11:06
7th Age Grouper	1:05:36	4:47:28	3:12:57	9:12:02
8th Age Grouper	1:00:04	4:56:22	3:10:28	9:12:10
9th Age Grouper	1:11:45	4:45:29	3:10:24	9:12:57
10th Age Grouper	1:02:19	4:54:06	3:12:24	9:15:39
Kona Qualifier Average	1:02:14	4:44:30	2:48:30	8:41:02
Top 10 Age Grouper Average	1:03:07	4:50:00	3:07:20	9:06:10

## World Championship 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:54	4:25:22	2:54:51	8:14:17
Female Winner	1:02:30	4:51:58	3:06:24	9:09:30
1st Age Grouper	0:57:31	4:42:14	3:05:37	8:49:22
2nd Age Grouper	0:59:44	4:44:53	3:06:20	8:55:20
3rd Age Grouper	0:59:53	4:49:55	3:02:01	8:56:18
4th Age Grouper	1:05:34	4:53:28	3:00:44	9:06:32
5th Age Grouper	1:07:19	4:54:43	2:59:51	9:06:41
6th Age Grouper	1:01:20	4:56:18	3:03:15	9:06:51
7th Age Grouper	1:14:50	4:39:38	3:09:56	9:09:07
8th Age Grouper	1:05:29	5:00:56	2:58:56	9:10:06
9th Age Grouper	1:09:18	4:50:19	3:07:13	9:12:35
10th Age Grouper	0:51:44	4:56:00	3:19:55	9:16:57
<b>Kona Qualifier Average</b>	<b>0:57:31</b>	<b>4:42:14</b>	<b>3:05:37</b>	<b>8:49:22</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:16</b>	<b>4:50:50</b>	<b>3:05:22</b>	<b>9:04:58</b>

## World Championship 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:27	4:37:58	2:57:52	8:33:29
Female Winner	1:01:36	5:31:37	3:11:45	9:50:04
1st Age Grouper	0:55:56	5:15:12	3:13:46	9:29:25
2nd Age Grouper	0:54:53	5:27:05	3:05:30	9:31:00
3rd Age Grouper	0:58:03	5:20:34	3:11:56	9:35:28
4th Age Grouper	1:00:13	5:21:16	3:10:15	9:36:28
5th Age Grouper	0:53:35	5:15:36	3:31:46	9:45:49
6th Age Grouper	1:01:55	5:34:05	3:09:48	9:52:32
7th Age Grouper	1:00:26	5:30:05	3:16:13	9:53:28
8th Age Grouper	1:14:12	5:13:01	3:21:22	9:54:09
9th Age Grouper	1:10:56	5:20:56	3:17:31	9:55:24
10th Age Grouper	1:05:53	5:22:49	3:21:25	9:55:32
<b>Kona Qualifier Average</b>	<b>0:55:56</b>	<b>5:15:12</b>	<b>3:13:46</b>	<b>9:29:25</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:36</b>	<b>5:22:03</b>	<b>3:15:57</b>	<b>9:44:55</b>