

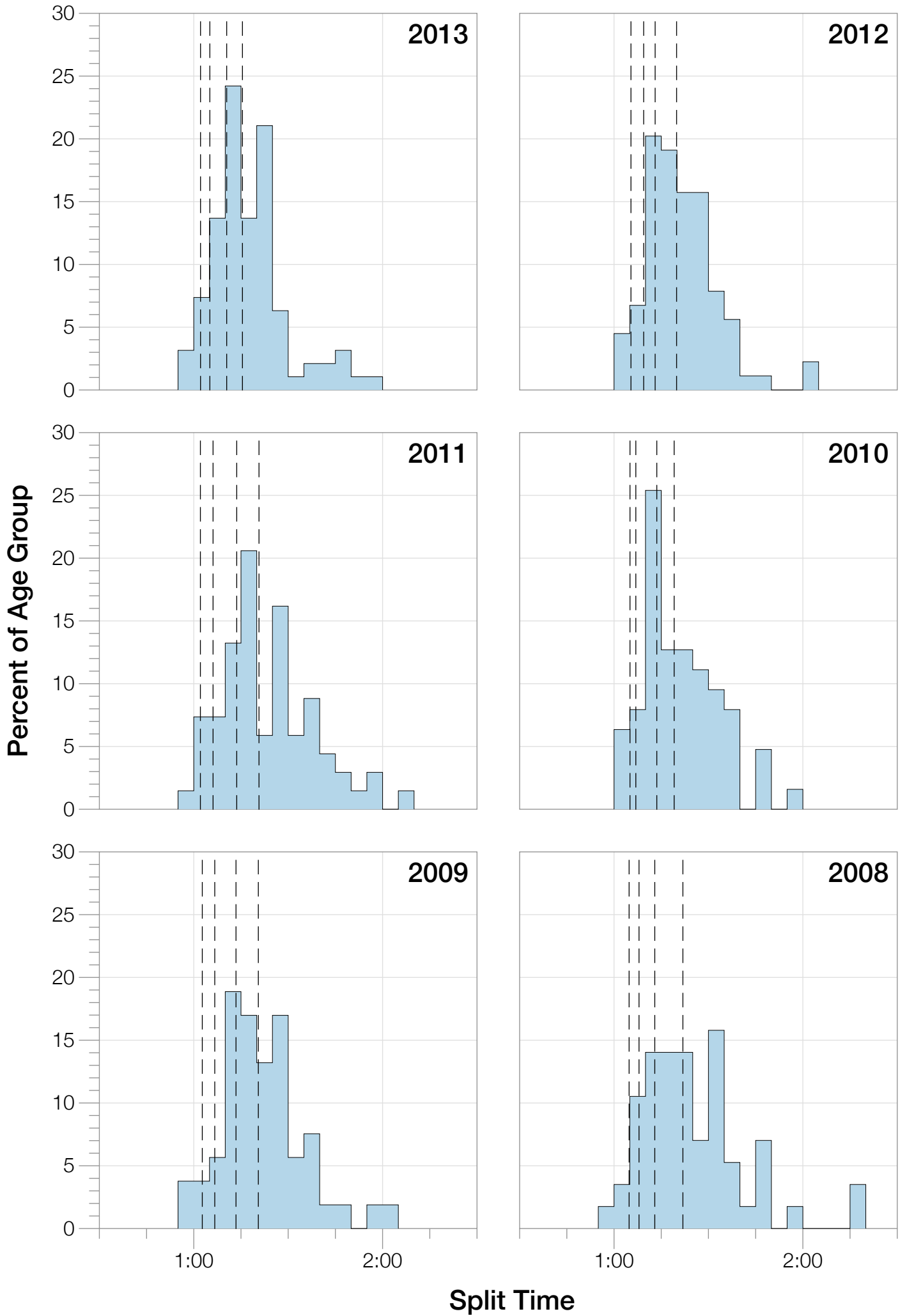
# Ironman Louisville

## M55-59 Stats

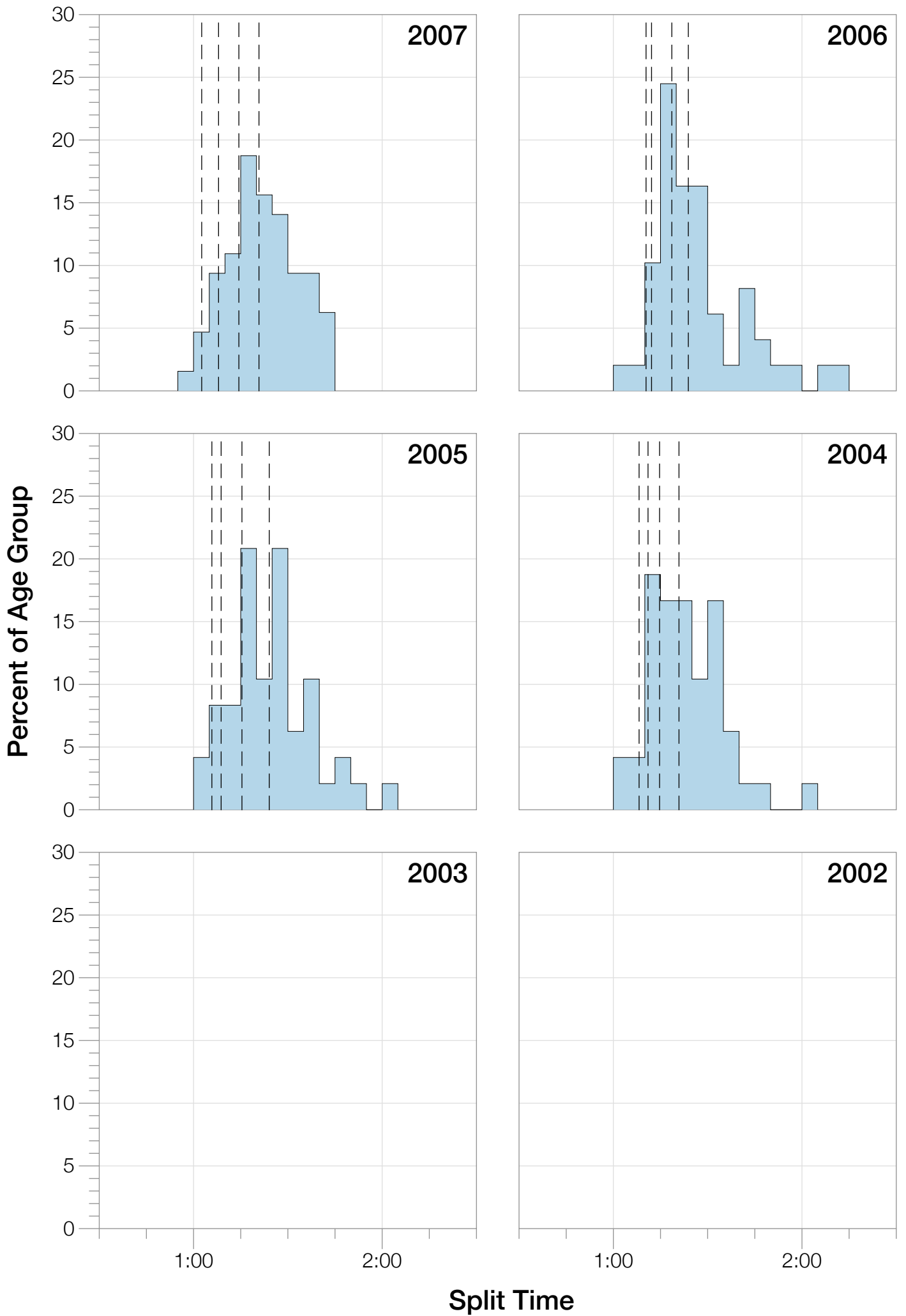
## M55-59 Summary Statistics

| <b>Year</b>    | <b>Finishers</b> | <b>M55-59 Finishers</b> | <b>Male Winner's Time</b> | <b>Female Winner's Time</b> | <b>M55-59 Winner's Time</b> |
|----------------|------------------|-------------------------|---------------------------|-----------------------------|-----------------------------|
| 2004           | 1578             | 48                      | 8:33:29                   | 9:50:04                     | 9:53:14                     |
| 2005           | 1688             | 48                      | 8:14:17                   | 9:09:30                     | 9:47:29                     |
| 2006           | 1624             | 49                      | 8:11:56                   | 9:18:31                     | 10:05:39                    |
| 2007           | 1684             | 64                      | 8:15:34                   | 9:08:45                     | 10:05:34                    |
| 2008           | 1637             | 57                      | 8:17:45                   | 9:06:23                     | 10:16:38                    |
| 2009           | 1652             | 53                      | 8:20:21                   | 8:54:02                     | 10:33:03                    |
| 2010           | 1770             | 63                      | 8:10:37                   | 8:58:36                     | 9:53:38                     |
| 2011           | 1774             | 68                      | 8:03:56                   | 8:55:08                     | 10:03:43                    |
| 2012           | 1887             | 89                      | 8:18:37                   | 9:15:54                     | 10:05:48                    |
| 2013           | 1976             | 95                      | 8:12:29                   | 8:52:14                     | 9:18:18                     |
| <b>Average</b> | <b>1727</b>      | <b>63</b>               | <b>8:15:54</b>            | <b>9:08:54</b>              | <b>10:00:18</b>             |

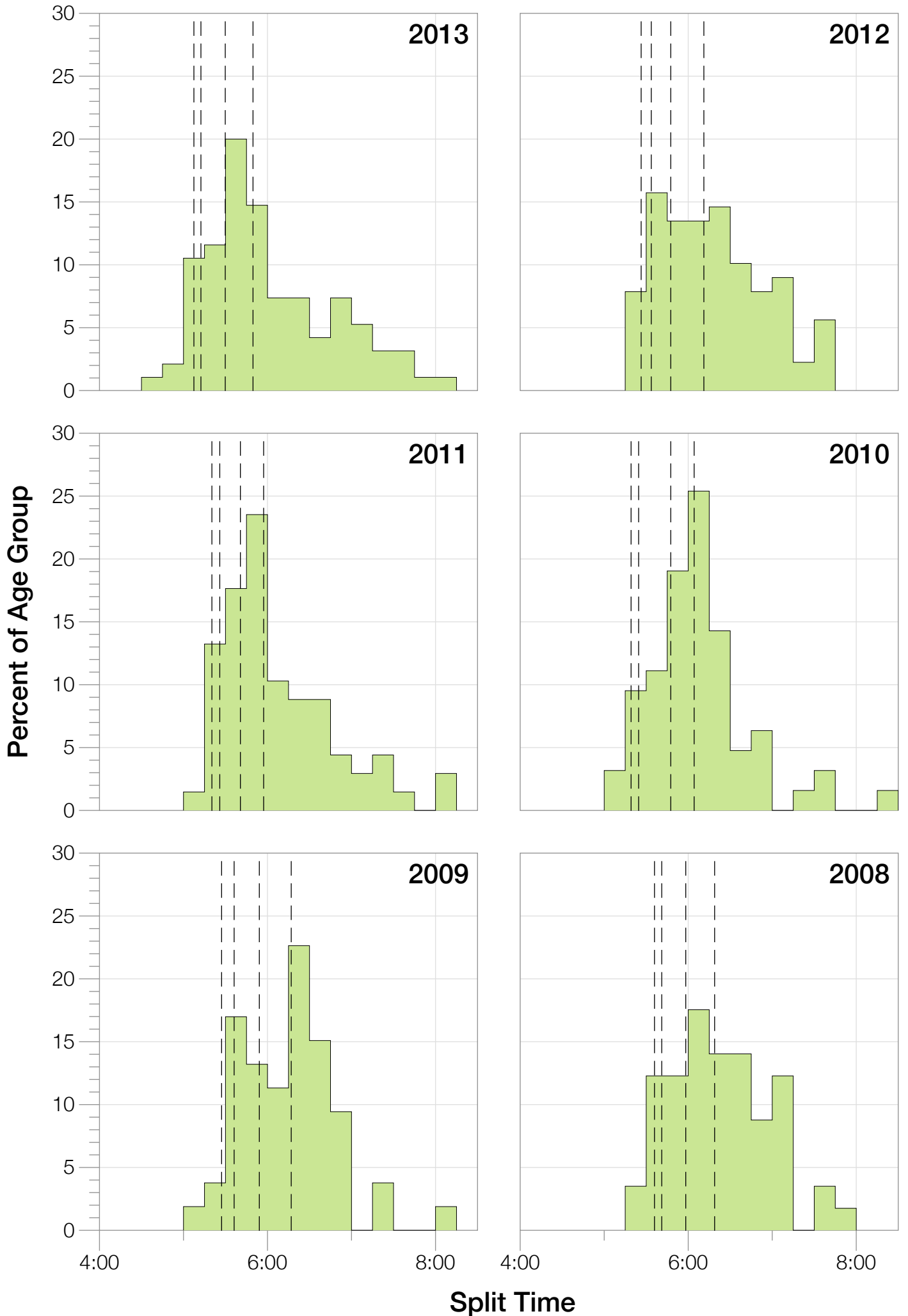
# M55-59 Swim



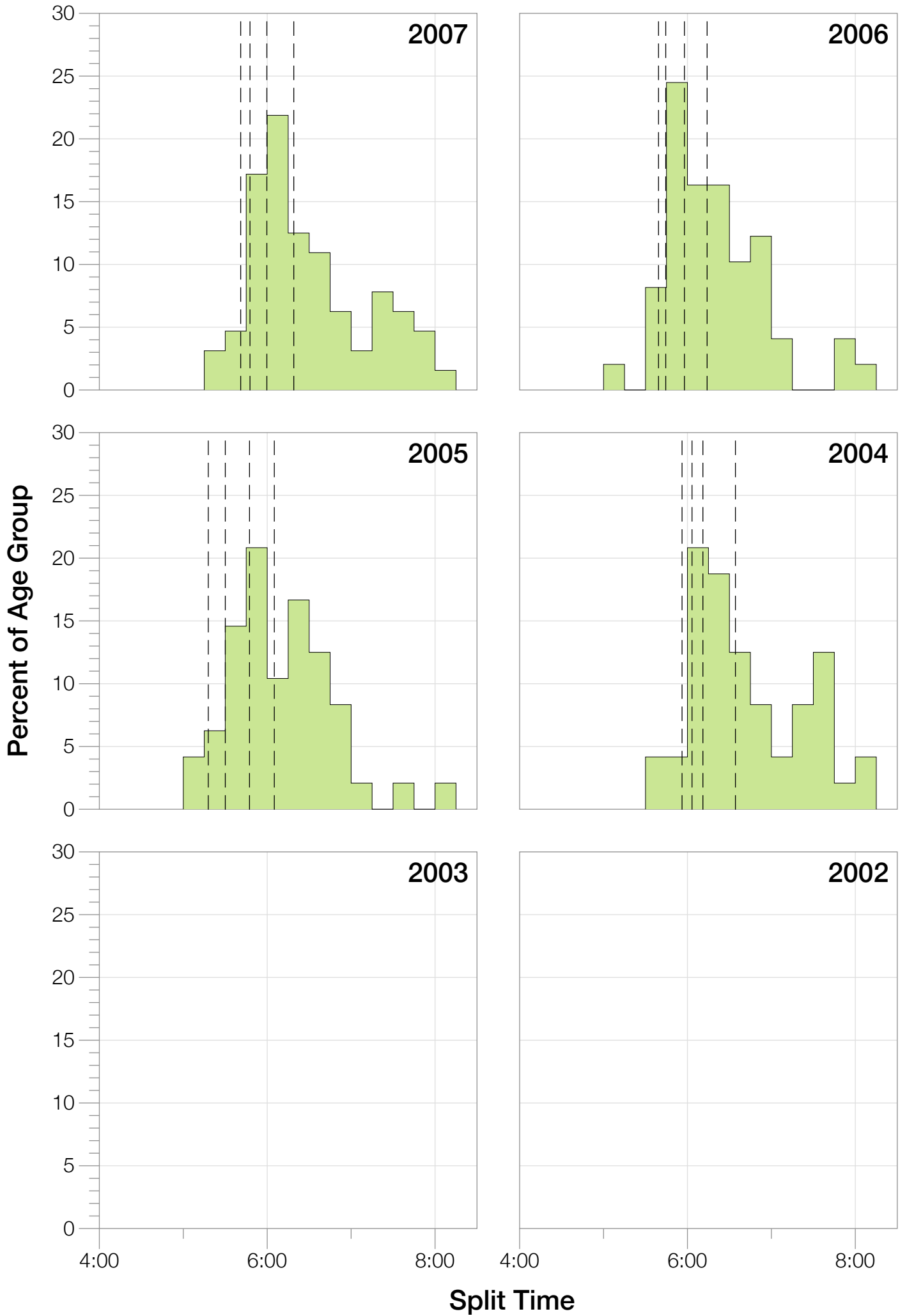
# M55-59 Swim



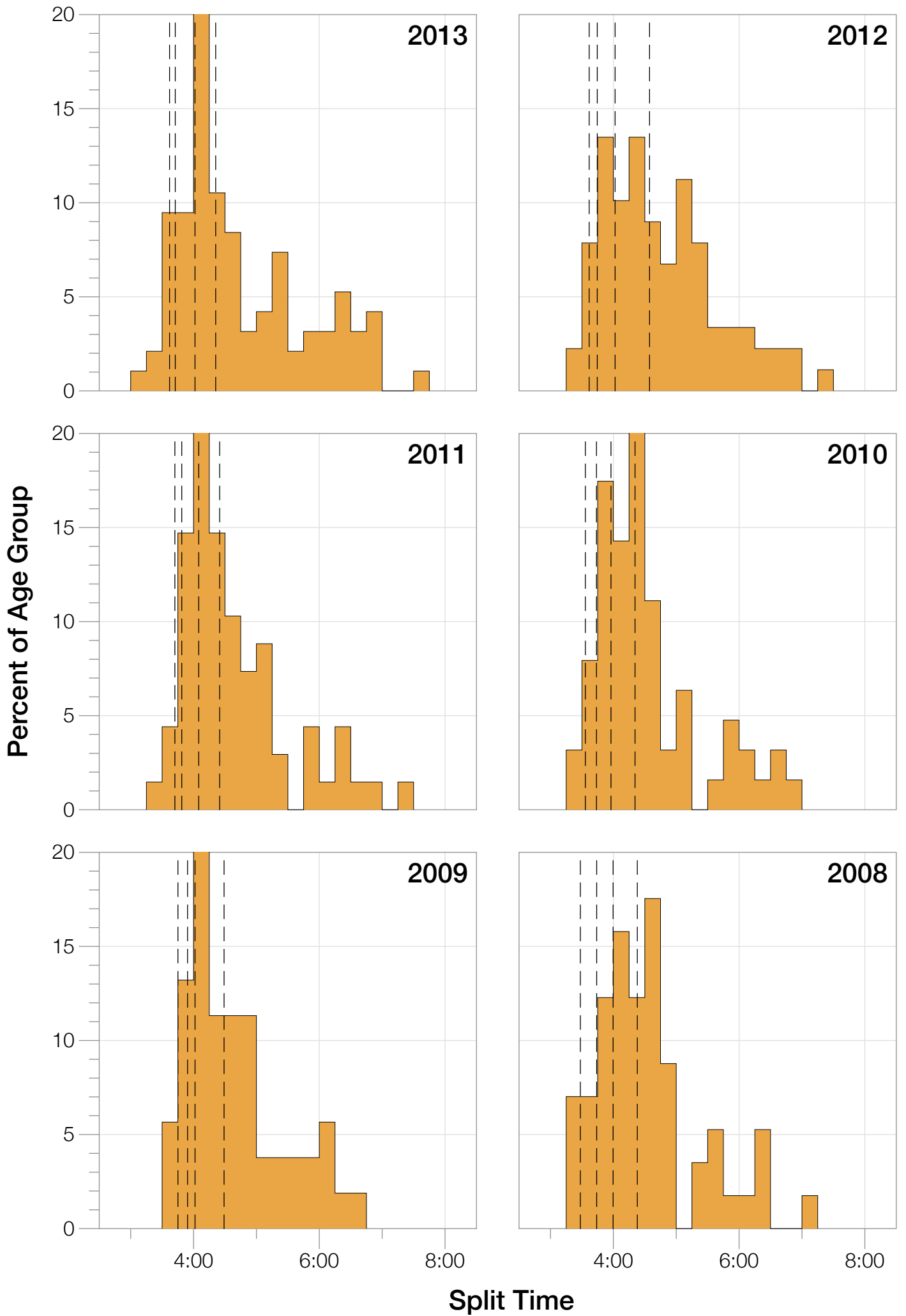
# M55-59 Bike



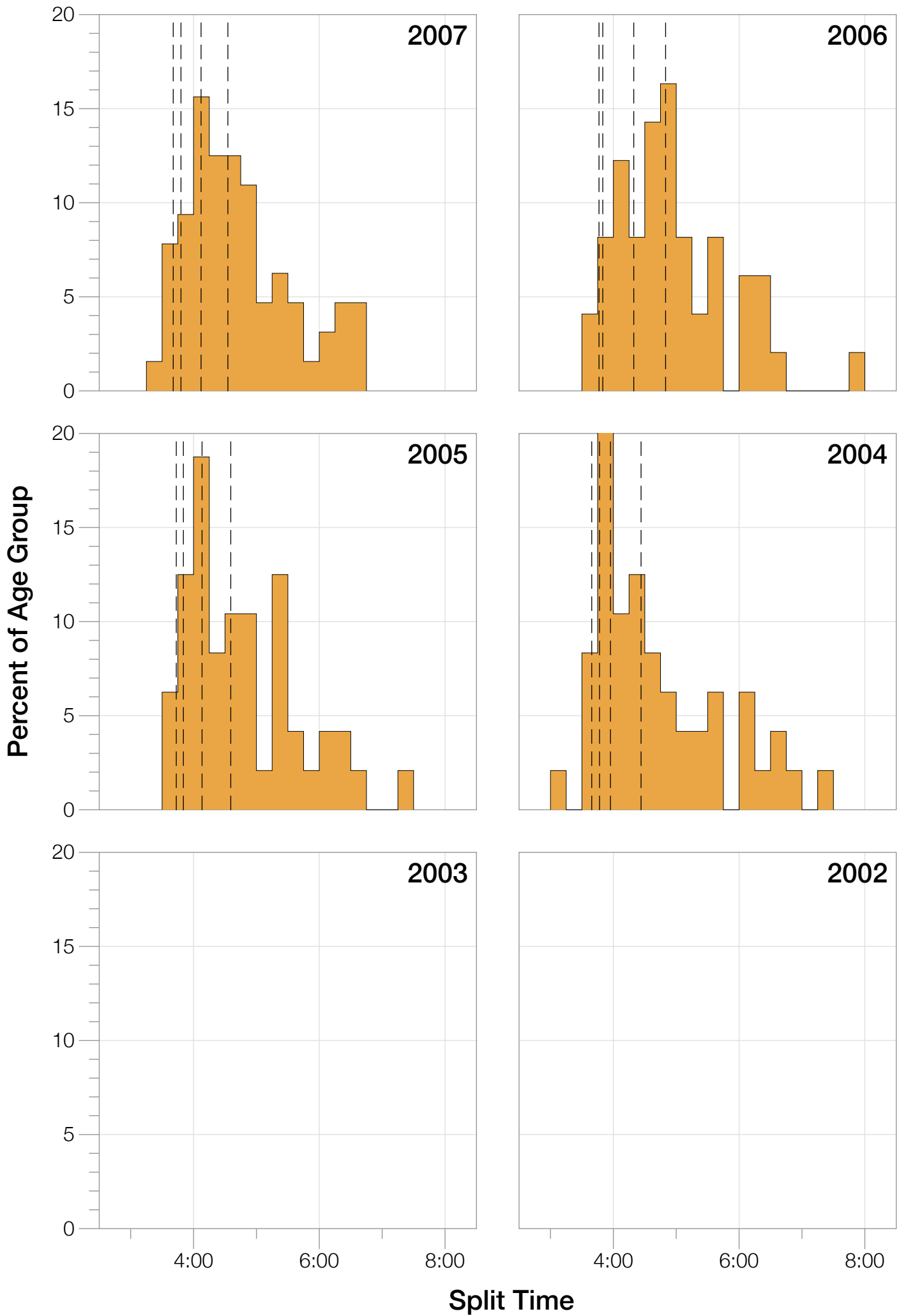
# M55-59 Bike



# M55-59 Run

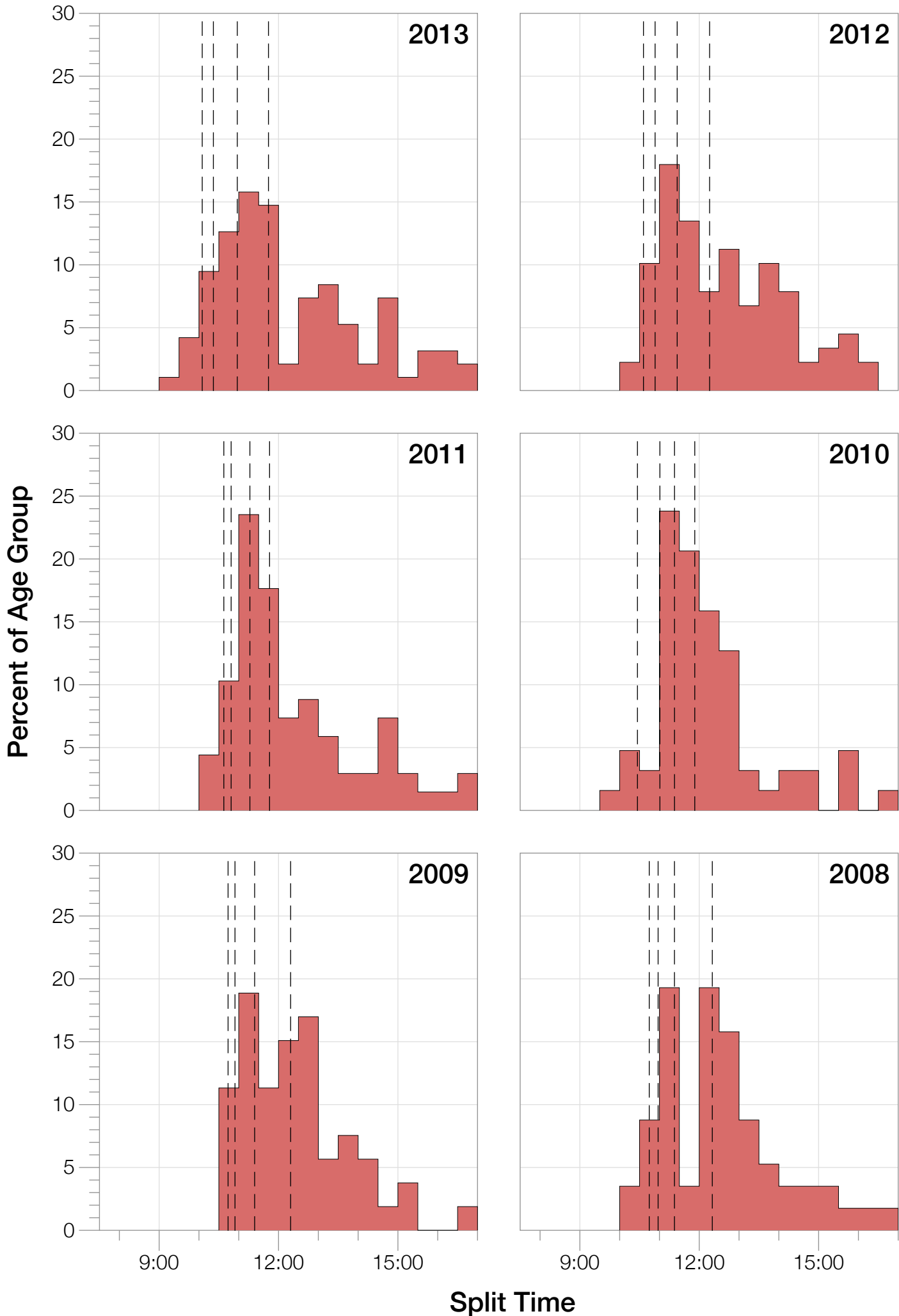


# M55-59 Run

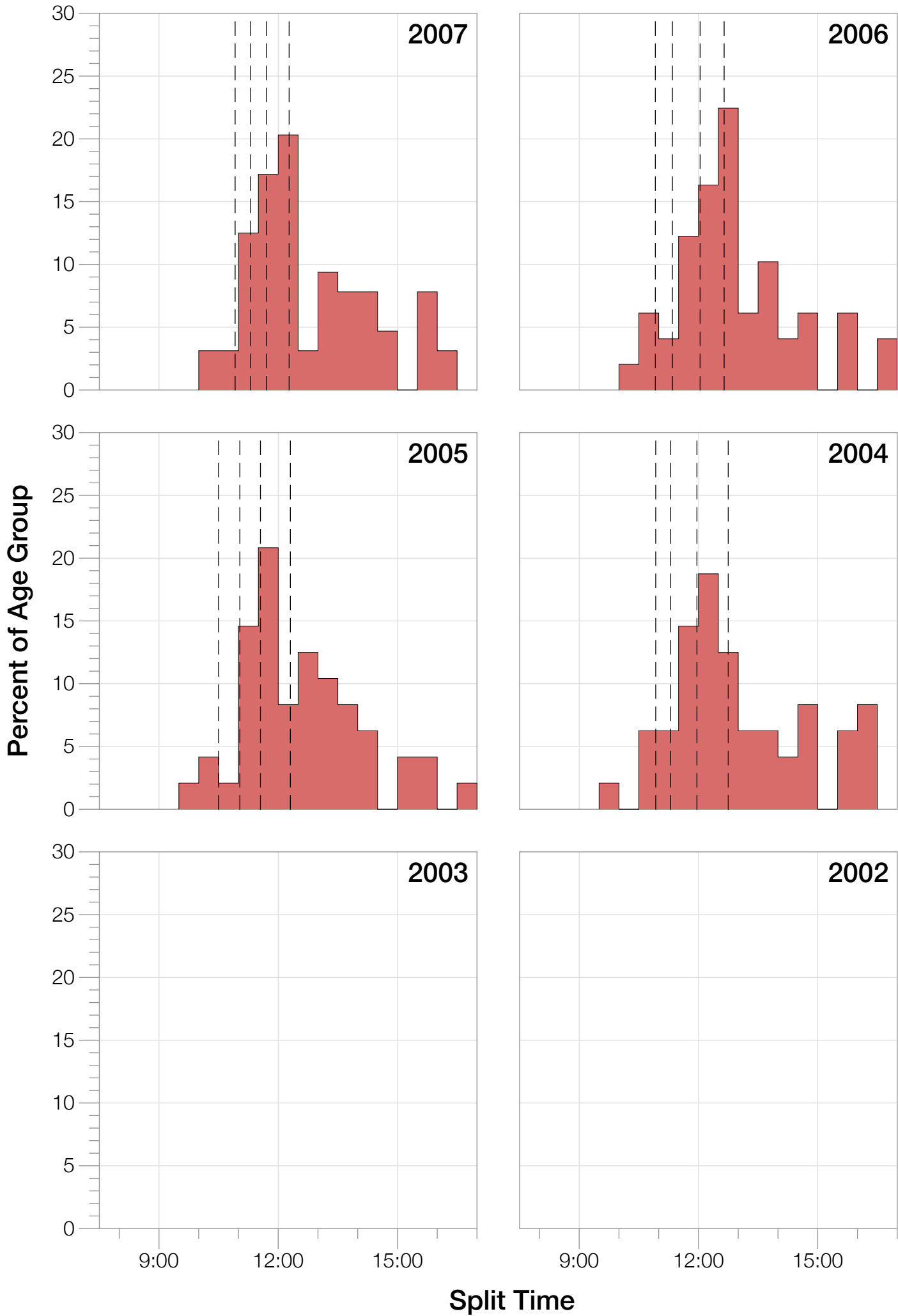




# M55-59 Overall



# M55-59 Overall



# M55-59 Fastest Splits

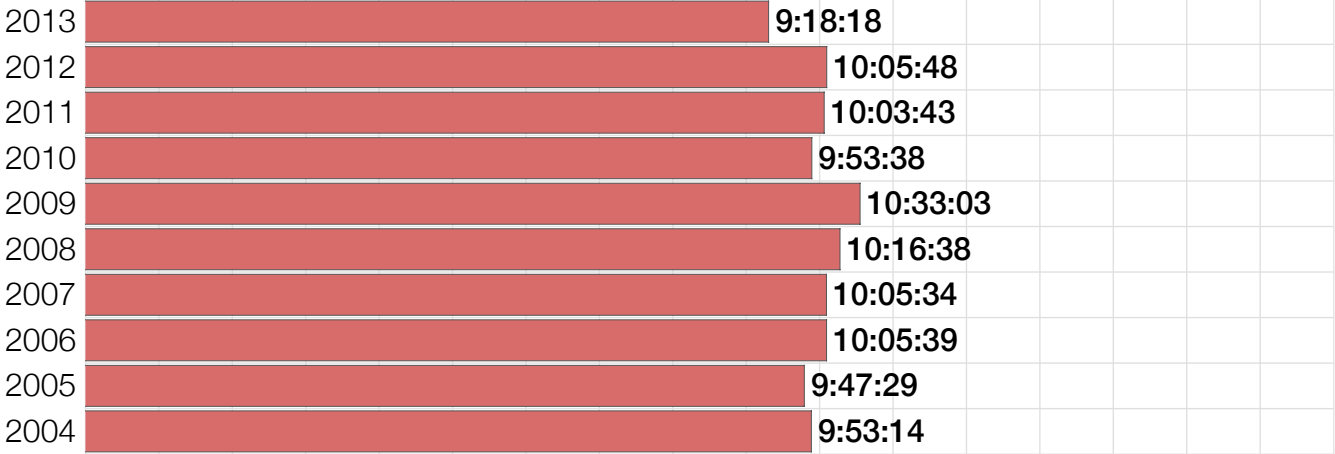
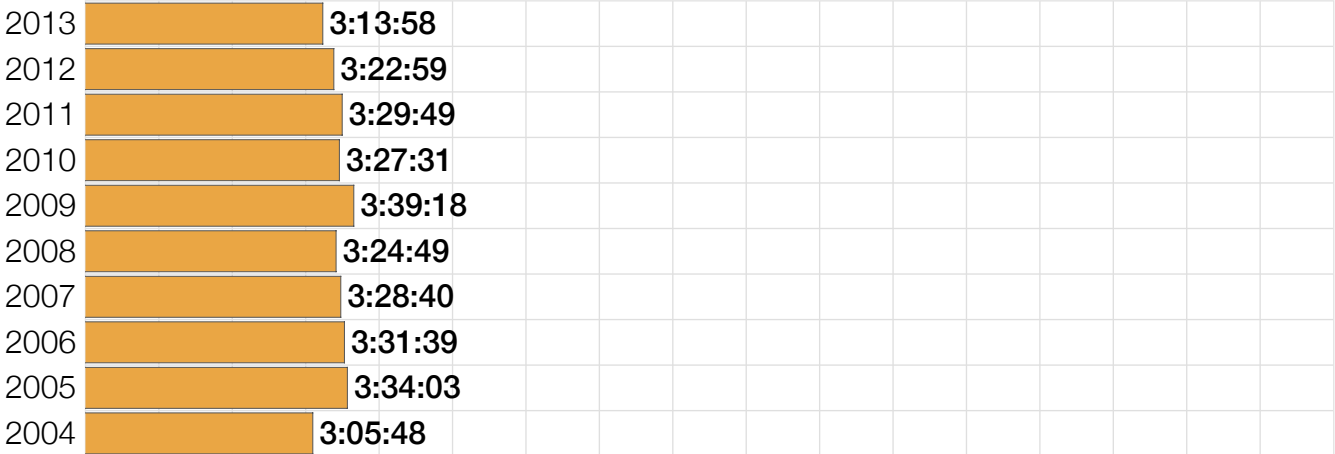
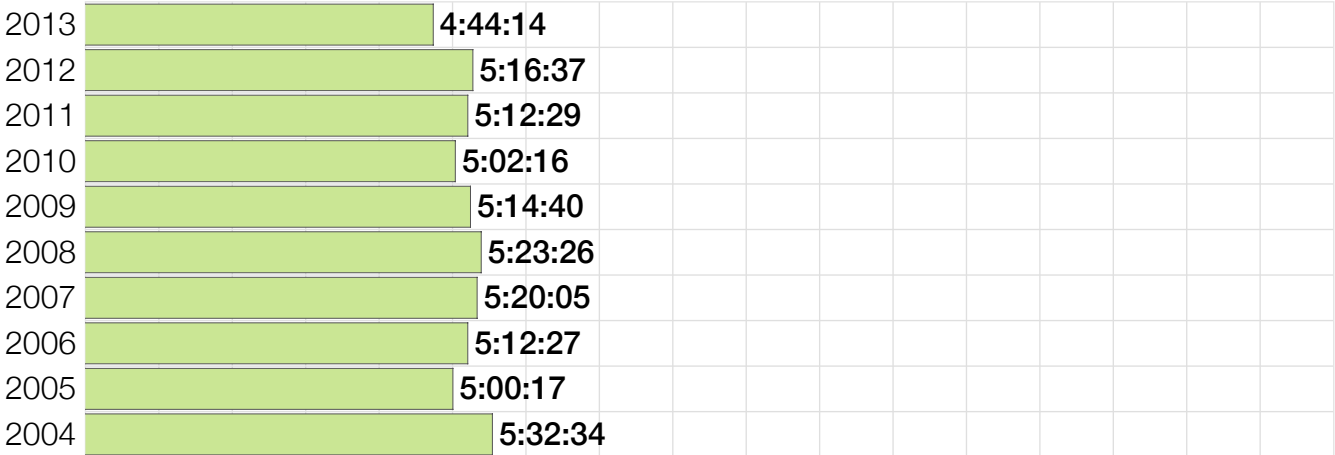
Year

Swim

Bike

Run

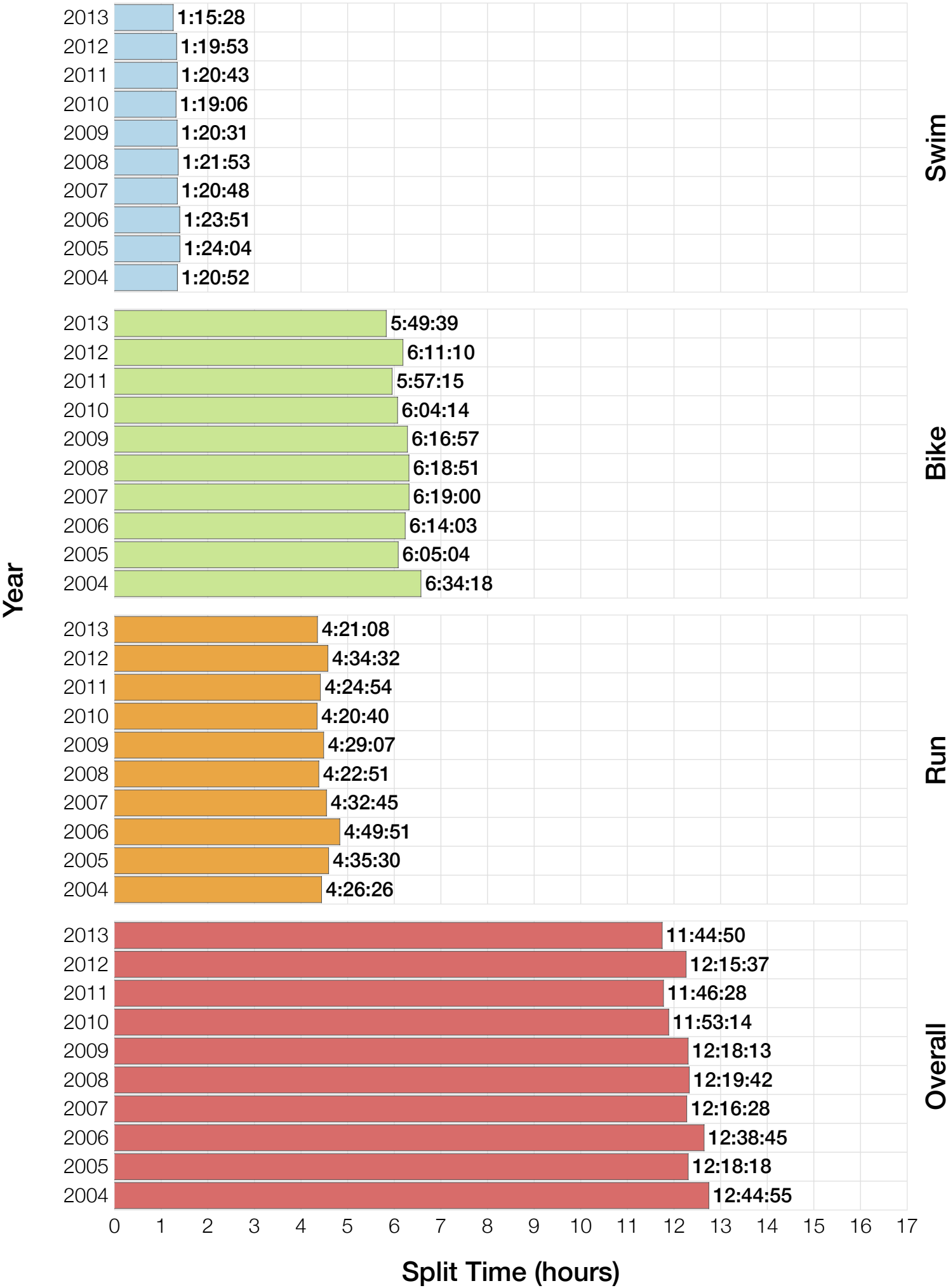
Overall



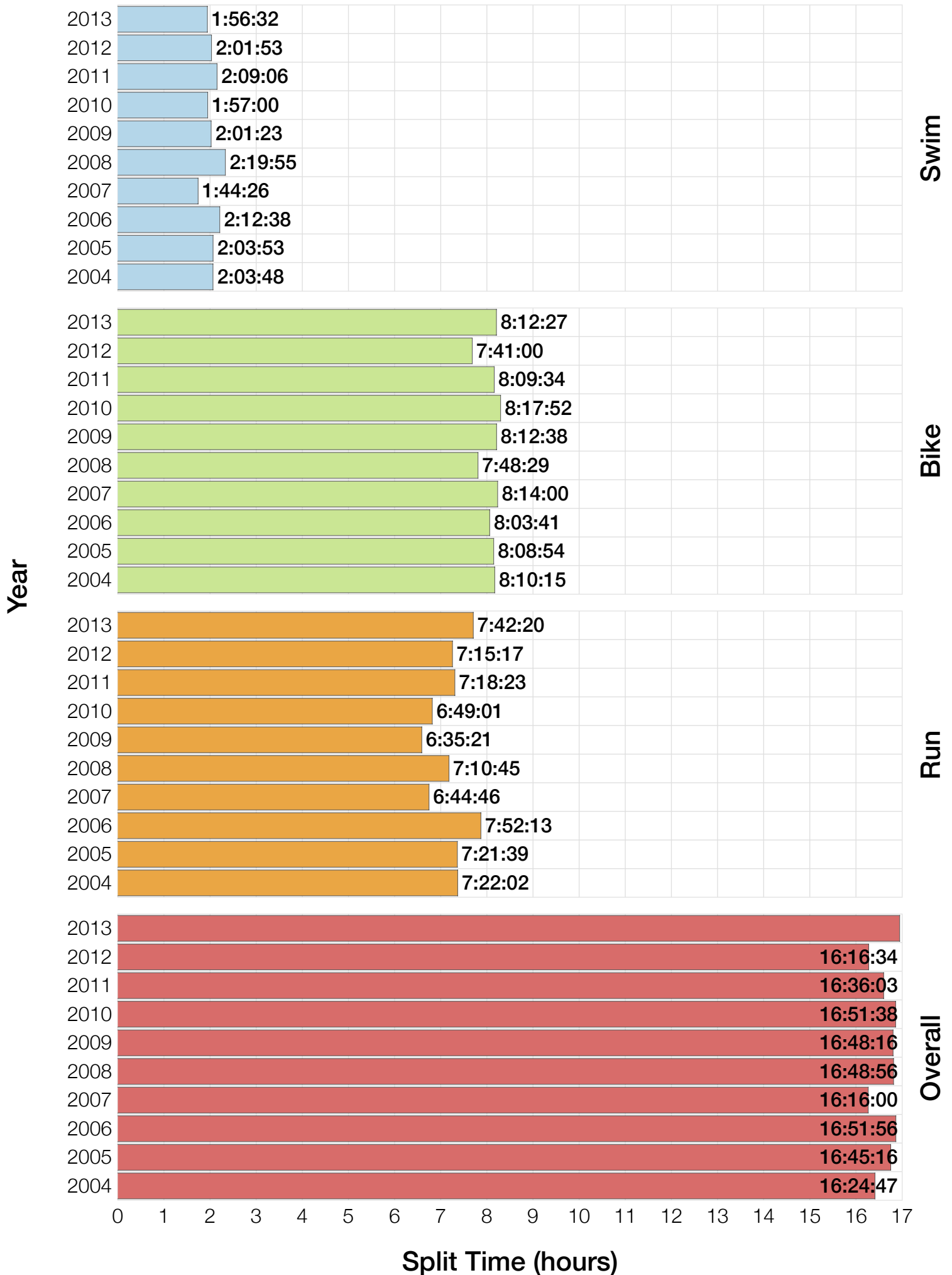
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

Split Time (hours)

# M55-59 Median Splits

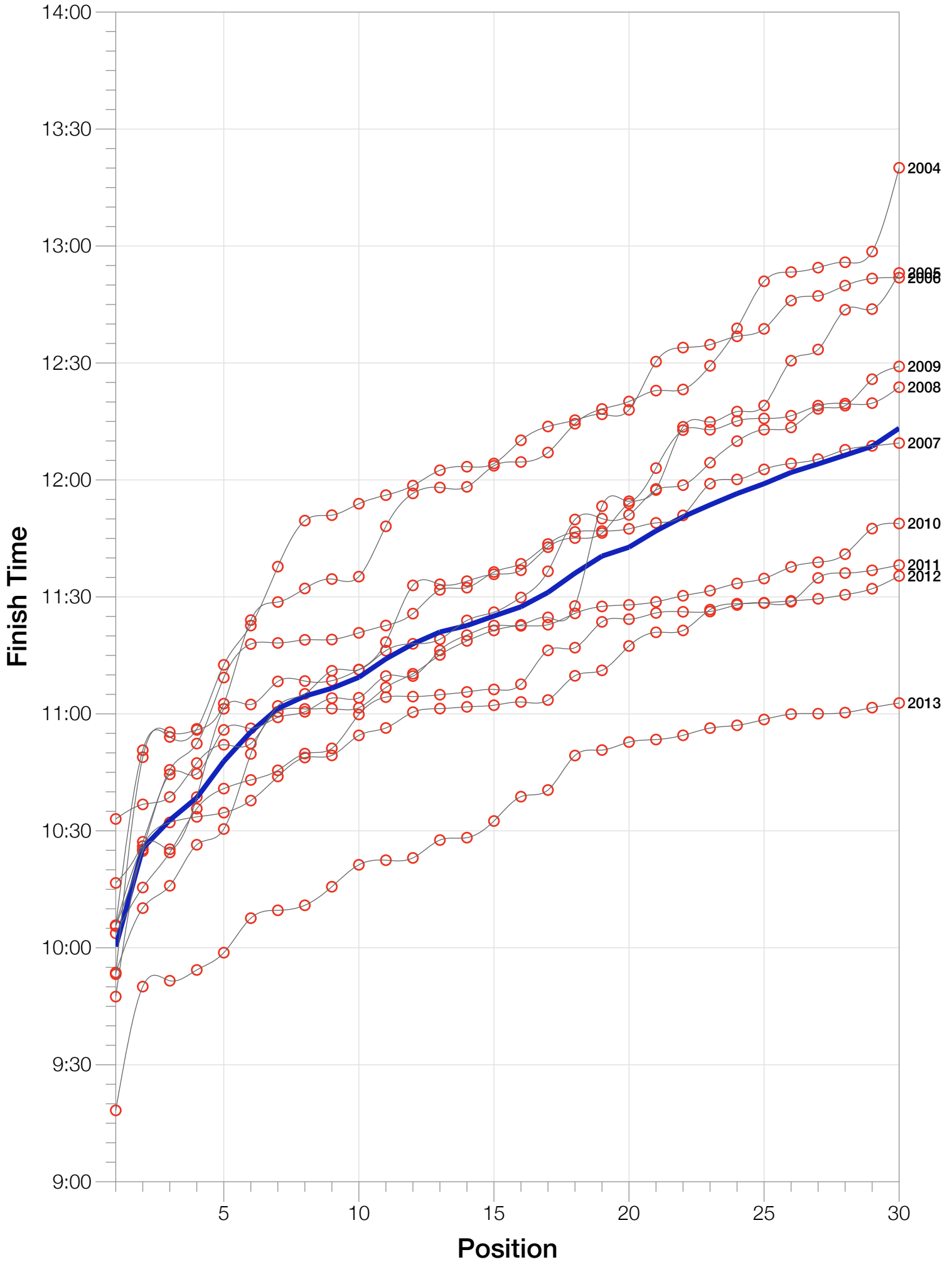


# M55-59 Slowest Splits



# M55-59 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# M55-59 Top 10 and Kona Times and Splits

## Summary Statistics

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time    |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| <b>Average Male Winner</b>        | <b>0:51:53</b> | <b>4:31:05</b> | <b>2:48:58</b> | <b>8:15:54</b>  |
| <b>Average Female Winner</b>      | <b>0:57:56</b> | <b>5:04:51</b> | <b>3:01:12</b> | <b>9:08:54</b>  |
| <b>Average 1st Age Grouper</b>    | <b>1:09:56</b> | <b>5:13:52</b> | <b>3:29:01</b> | <b>10:00:18</b> |
| Average 2nd Age Grouper           | 1:08:24        | 5:26:20        | 3:42:29        | 10:25:32        |
| Average 3rd Age Grouper           | 1:12:30        | 5:31:16        | 3:41:17        | 10:32:45        |
| Average 4th Age Grouper           | 1:14:20        | 5:28:36        | 3:47:39        | 10:38:30        |
| Average 5th Age Grouper           | 1:13:35        | 5:35:06        | 3:49:28        | 10:47:50        |
| Average 6th Age Grouper           | 1:08:15        | 5:40:15        | 3:57:26        | 10:55:23        |
| Average 7th Age Grouper           | 1:17:46        | 5:46:30        | 3:47:55        | 11:01:22        |
| Average 8th Age Grouper           | 1:15:14        | 5:46:59        | 3:54:08        | 11:04:33        |
| Average 9th Age Grouper           | 1:14:13        | 5:45:59        | 3:55:56        | 11:06:34        |
| Average 10th Age Grouper          | 1:18:33        | 5:50:53        | 3:51:09        | 11:09:23        |
| <b>Kona Qualifier Average</b>     | <b>1:09:56</b> | <b>5:13:52</b> | <b>3:29:01</b> | <b>10:00:18</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:13:17</b> | <b>5:36:34</b> | <b>3:47:39</b> | <b>10:46:13</b> |

## World Championship 2013

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| <b>Male Winner</b>                | <b>0:51:02</b> | <b>4:25:35</b> | <b>2:51:18</b> | <b>8:12:29</b> |
| <b>Female Winner</b>              | <b>0:58:50</b> | <b>4:58:20</b> | <b>2:50:38</b> | <b>8:52:14</b> |
| <b>1st Age Grouper</b>            | <b>1:13:15</b> | <b>4:44:14</b> | <b>3:13:58</b> | <b>9:18:18</b> |
| 2nd Age Grouper                   | 1:08:20        | 4:59:36        | 3:36:11        | 9:50:03        |
| 3rd Age Grouper                   | 1:08:47        | 5:07:28        | 3:25:55        | 9:51:33        |
| 4th Age Grouper                   | 1:12:02        | 5:07:24        | 3:28:03        | 9:54:19        |
| 5th Age Grouper                   | 1:07:25        | 5:04:18        | 3:39:49        | 9:58:45        |
| 6th Age Grouper                   | 1:13:20        | 5:16:01        | 3:30:00        | 10:07:36       |
| 7th Age Grouper                   | 1:04:15        | 5:10:06        | 3:42:17        | 10:09:37       |
| 8th Age Grouper                   | 1:09:12        | 5:14:23        | 3:40:43        | 10:10:54       |
| 9th Age Grouper                   | 0:58:34        | 4:55:14        | 4:08:21        | 10:15:40       |
| 10th Age Grouper                  | 1:03:07        | 5:27:26        | 3:42:57        | 10:21:17       |
| <b>Kona Qualifier Average</b>     | <b>1:13:15</b> | <b>4:44:14</b> | <b>3:13:58</b> | <b>9:18:18</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:07:49</b> | <b>5:06:37</b> | <b>3:36:49</b> | <b>9:59:48</b> |

## World Championship 2012

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time    |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| <b>Male Winner</b>                | <b>0:51:28</b> | <b>4:35:15</b> | <b>2:48:05</b> | <b>8:18:37</b>  |
| <b>Female Winner</b>              | <b>0:56:03</b> | <b>5:12:06</b> | <b>3:03:13</b> | <b>9:15:54</b>  |
| <b>1st Age Grouper</b>            | <b>1:11:25</b> | <b>5:19:41</b> | <b>3:25:58</b> | <b>10:05:48</b> |
| 2nd Age Grouper                   | 1:04:04        | 5:16:37        | 3:58:20        | 10:26:05        |
| 3rd Age Grouper                   | 1:11:40        | 5:23:22        | 3:46:21        | 10:32:09        |
| 4th Age Grouper                   | 1:13:04        | 5:38:10        | 3:34:54        | 10:33:35        |
| 5th Age Grouper                   | 1:18:31        | 5:30:53        | 3:37:03        | 10:34:40        |
| 6th Age Grouper                   | 1:07:56        | 5:26:58        | 3:54:31        | 10:37:46        |
| 7th Age Grouper                   | 1:21:11        | 5:29:59        | 3:43:11        | 10:43:57        |
| 8th Age Grouper                   | 1:14:19        | 5:37:57        | 3:47:24        | 10:48:48        |
| 9th Age Grouper                   | 1:08:37        | 5:41:02        | 3:49:12        | 10:49:21        |
| 10th Age Grouper                  | 1:12:30        | 5:51:07        | 3:39:00        | 10:54:29        |
| <b>Kona Qualifier Average</b>     | <b>1:11:25</b> | <b>5:19:41</b> | <b>3:25:58</b> | <b>10:05:48</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:12:19</b> | <b>5:31:34</b> | <b>3:43:35</b> | <b>10:36:39</b> |

### World Championship 2011

| Position                   | Swim Time | Bike Time | Run Time | Overall Time |
|----------------------------|-----------|-----------|----------|--------------|
| Male Winner                | 0:51:56   | 4:24:05   | 2:44:02  | 8:03:56      |
| Female Winner              | 1:01:03   | 4:56:53   | 2:52:41  | 8:55:08      |
| 1st Age Grouper            | 1:07:00   | 5:19:36   | 3:29:49  | 10:03:43     |
| 2nd Age Grouper            | 1:02:00   | 5:19:39   | 3:45:11  | 10:15:28     |
| 3rd Age Grouper            | 1:04:47   | 5:12:29   | 3:59:51  | 10:24:26     |
| 4th Age Grouper            | 0:59:58   | 5:38:35   | 3:50:19  | 10:35:42     |
| 5th Age Grouper            | 1:13:22   | 5:17:23   | 4:01:27  | 10:40:50     |
| 6th Age Grouper            | 1:01:11   | 5:24:58   | 4:05:03  | 10:43:03     |
| 7th Age Grouper            | 1:15:05   | 5:32:52   | 3:46:36  | 10:45:31     |
| 8th Age Grouper            | 1:17:41   | 5:26:19   | 3:58:23  | 10:49:49     |
| 9th Age Grouper            | 1:06:29   | 5:55:40   | 3:38:12  | 10:51:09     |
| 10th Age Grouper           | 1:19:07   | 5:31:01   | 4:00:57  | 10:59:51     |
| Kona Qualifier Average     | 1:07:00   | 5:19:36   | 3:29:49  | 10:03:43     |
| Top 10 Age Grouper Average | 1:08:40   | 5:27:51   | 3:51:34  | 10:36:57     |

### World Championship 2010

| Position                   | Swim Time | Bike Time | Run Time | Overall Time |
|----------------------------|-----------|-----------|----------|--------------|
| Male Winner                | 0:51:36   | 4:31:50   | 2:43:31  | 8:10:37      |
| Female Winner              | 0:55:53   | 5:04:59   | 2:53:32  | 8:58:36      |
| 1st Age Grouper            | 1:13:09   | 5:02:16   | 3:31:24  | 9:53:38      |
| 2nd Age Grouper            | 1:13:33   | 5:21:44   | 3:27:31  | 10:10:11     |
| 3rd Age Grouper            | 1:07:55   | 5:30:36   | 3:29:13  | 10:15:55     |
| 4th Age Grouper            | 1:13:30   | 5:10:10   | 3:53:51  | 10:26:26     |
| 5th Age Grouper            | 1:13:54   | 5:19:22   | 3:45:01  | 10:30:28     |
| 6th Age Grouper            | 1:04:29   | 5:19:10   | 4:13:45  | 10:49:44     |
| 7th Age Grouper            | 1:22:37   | 5:47:09   | 3:43:36  | 11:00:32     |
| 8th Age Grouper            | 1:26:06   | 5:47:55   | 3:40:33  | 11:01:16     |
| 9th Age Grouper            | 1:04:45   | 5:39:17   | 4:09:10  | 11:01:21     |
| 10th Age Grouper           | 1:14:13   | 6:04:14   | 3:32:48  | 11:01:35     |
| Kona Qualifier Average     | 1:13:09   | 5:02:16   | 3:31:24  | 9:53:38      |
| Top 10 Age Grouper Average | 1:13:25   | 5:30:11   | 3:44:41  | 10:37:06     |

### World Championship 2009

| Position                   | Swim Time | Bike Time | Run Time | Overall Time |
|----------------------------|-----------|-----------|----------|--------------|
| Male Winner                | 0:50:57   | 4:37:33   | 2:48:05  | 8:20:21      |
| Female Winner              | 0:54:31   | 4:52:06   | 3:03:05  | 8:54:02      |
| 1st Age Grouper            | 1:05:51   | 5:19:23   | 4:00:11  | 10:33:03     |
| 2nd Age Grouper            | 1:13:53   | 5:31:12   | 3:44:07  | 10:36:47     |
| 3rd Age Grouper            | 1:13:25   | 5:22:30   | 3:54:49  | 10:38:41     |
| 4th Age Grouper            | 1:17:44   | 5:36:20   | 3:44:09  | 10:47:23     |
| 5th Age Grouper            | 0:59:35   | 5:36:08   | 4:02:03  | 10:52:05     |
| 6th Age Grouper            | 1:12:00   | 5:30:22   | 4:01:25  | 10:52:24     |
| 7th Age Grouper            | 1:18:14   | 5:41:20   | 3:55:26  | 11:02:02     |
| 8th Age Grouper            | 1:02:40   | 5:54:13   | 4:00:50  | 11:05:08     |
| 9th Age Grouper            | 1:22:38   | 5:40:22   | 3:59:10  | 11:11:03     |
| 10th Age Grouper           | 1:14:51   | 5:59:30   | 3:48:20  | 11:11:20     |
| Kona Qualifier Average     | 1:05:51   | 5:19:23   | 4:00:11  | 10:33:03     |
| Top 10 Age Grouper Average | 1:12:05   | 5:37:08   | 3:55:03  | 10:52:59     |



### World Championship 2008

| Position                   | Swim Time | Bike Time | Run Time | Overall Time |
|----------------------------|-----------|-----------|----------|--------------|
| Male Winner                | 0:51:43   | 4:37:19   | 2:45:00  | 8:17:45      |
| Female Winner              | 0:56:20   | 5:08:15   | 2:57:44  | 9:06:23      |
| 1st Age Grouper            | 1:13:00   | 5:28:09   | 3:28:45  | 10:16:38     |
| 2nd Age Grouper            | 1:15:09   | 5:41:14   | 3:24:49  | 10:27:11     |
| 3rd Age Grouper            | 0:55:25   | 5:52:37   | 3:50:19  | 10:44:30     |
| 4th Age Grouper            | 1:17:02   | 5:23:26   | 3:55:21  | 10:44:38     |
| 5th Age Grouper            | 1:19:54   | 5:43:47   | 3:43:01  | 10:55:53     |
| 6th Age Grouper            | 1:06:54   | 5:40:53   | 4:02:56  | 10:56:17     |
| 7th Age Grouper            | 1:17:25   | 6:08:05   | 3:25:25  | 10:59:06     |
| 8th Age Grouper            | 1:09:46   | 5:54:12   | 3:44:53  | 11:00:32     |
| 9th Age Grouper            | 1:05:57   | 5:58:14   | 3:49:16  | 11:04:03     |
| 10th Age Grouper           | 1:27:45   | 6:01:46   | 3:27:28  | 11:04:08     |
| Kona Qualifier Average     | 1:13:00   | 5:28:09   | 3:28:45  | 10:16:38     |
| Top 10 Age Grouper Average | 1:12:49   | 5:47:14   | 3:41:13  | 10:49:17     |

### World Championship 2007

| Position                   | Swim Time | Bike Time | Run Time | Overall Time |
|----------------------------|-----------|-----------|----------|--------------|
| Male Winner                | 0:51:48   | 4:37:31   | 2:42:02  | 8:15:34      |
| Female Winner              | 0:58:09   | 5:06:15   | 2:59:57  | 9:08:45      |
| 1st Age Grouper            | 1:08:09   | 5:20:05   | 3:28:40  | 10:05:34     |
| 2nd Age Grouper            | 0:59:02   | 5:32:23   | 3:44:06  | 10:25:14     |
| 3rd Age Grouper            | 1:19:14   | 5:47:00   | 3:32:58  | 10:45:38     |
| 4th Age Grouper            | 1:01:06   | 5:29:33   | 4:12:04  | 10:52:23     |
| 5th Age Grouper            | 1:16:00   | 5:40:47   | 4:00:44  | 11:09:19     |
| 6th Age Grouper            | 1:01:13   | 6:20:37   | 3:47:20  | 11:17:55     |
| 7th Age Grouper            | 1:14:33   | 5:57:53   | 3:58:15  | 11:18:11     |
| 8th Age Grouper            | 1:06:57   | 5:52:40   | 4:13:55  | 11:18:59     |
| 9th Age Grouper            | 1:20:47   | 6:00:22   | 3:49:31  | 11:19:04     |
| 10th Age Grouper           | 1:28:03   | 5:53:38   | 3:50:53  | 11:20:47     |
| Kona Qualifier Average     | 1:08:09   | 5:20:05   | 3:28:40  | 10:05:34     |
| Top 10 Age Grouper Average | 1:11:30   | 5:47:29   | 3:51:50  | 10:59:18     |

### World Championship 2006

| Position                   | Swim Time | Bike Time | Run Time | Overall Time |
|----------------------------|-----------|-----------|----------|--------------|
| Male Winner                | 0:54:05   | 4:18:23   | 2:55:02  | 8:11:56      |
| Female Winner              | 0:54:29   | 5:06:09   | 3:13:08  | 9:18:31      |
| 1st Age Grouper            | 1:12:09   | 5:12:27   | 3:31:39  | 10:05:39     |
| 2nd Age Grouper            | 1:16:42   | 5:32:46   | 3:46:20  | 10:50:41     |
| 3rd Age Grouper            | 1:32:14   | 5:38:49   | 3:36:06  | 10:54:05     |
| 4th Age Grouper            | 1:19:22   | 5:40:01   | 3:50:08  | 10:56:09     |
| 5th Age Grouper            | 1:18:05   | 5:58:30   | 3:46:17  | 11:12:34     |
| 6th Age Grouper            | 1:14:35   | 5:47:47   | 4:08:21  | 11:22:39     |
| 7th Age Grouper            | 1:21:58   | 5:57:50   | 4:06:28  | 11:37:46     |
| 8th Age Grouper            | 1:41:52   | 5:54:40   | 4:03:50  | 11:49:34     |
| 9th Age Grouper            | 1:24:04   | 6:10:01   | 4:00:57  | 11:50:58     |
| 10th Age Grouper           | 1:20:59   | 5:57:48   | 4:27:54  | 11:53:54     |
| Kona Qualifier Average     | 1:12:09   | 5:12:27   | 3:31:39  | 10:05:39     |
| Top 10 Age Grouper Average | 1:22:12   | 5:47:03   | 3:55:48  | 11:15:23     |

### World Championship 2005

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time    |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner                       | 0:49:54        | 4:25:22        | 2:54:51        | 8:14:17         |
| Female Winner                     | 1:02:30        | 4:51:58        | 3:06:24        | 9:09:30         |
| 1st Age Grouper                   | 1:07:09        | 5:00:17        | 3:34:03        | 9:47:29         |
| 2nd Age Grouper                   | 1:03:18        | 5:13:18        | 4:00:24        | 10:24:48        |
| 3rd Age Grouper                   | 1:15:16        | 5:17:03        | 3:46:53        | 10:25:17        |
| 4th Age Grouper                   | 1:25:57        | 5:19:22        | 3:45:45        | 10:38:39        |
| 5th Age Grouper                   | 1:26:47        | 5:33:44        | 3:51:44        | 11:01:18        |
| 6th Age Grouper                   | 1:03:27        | 5:48:50        | 3:59:02        | 11:02:24        |
| 7th Age Grouper                   | 1:23:38        | 5:55:35        | 3:42:19        | 11:08:19        |
| 8th Age Grouper                   | 1:09:28        | 5:51:41        | 4:01:49        | 11:08:25        |
| 9th Age Grouper                   | 1:20:48        | 5:41:25        | 3:57:32        | 11:08:31        |
| 10th Age Grouper                  | 1:18:00        | 5:33:47        | 4:10:36        | 11:11:21        |
| <b>Kona Qualifier Average</b>     | <b>1:07:09</b> | <b>5:00:17</b> | <b>3:34:03</b> | <b>9:47:29</b>  |
| <b>Top 10 Age Grouper Average</b> | <b>1:15:22</b> | <b>5:31:30</b> | <b>3:53:00</b> | <b>10:47:39</b> |

### World Championship 2004

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time    |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner                       | 0:54:27        | 4:37:58        | 2:57:52        | 8:33:29         |
| Female Winner                     | 1:01:36        | 5:31:37        | 3:11:45        | 9:50:04         |
| 1st Age Grouper                   | 1:08:19        | 5:32:34        | 3:05:48        | 9:53:14         |
| 2nd Age Grouper                   | 1:08:07        | 5:54:56        | 3:37:57        | 10:48:53        |
| 3rd Age Grouper                   | 1:16:18        | 6:00:49        | 3:30:27        | 10:55:18        |
| 4th Age Grouper                   | 1:23:43        | 5:43:00        | 3:41:58        | 10:55:53        |
| 5th Age Grouper                   | 1:02:21        | 6:06:10        | 3:47:39        | 11:02:37        |
| 6th Age Grouper                   | 1:17:30        | 6:06:55        | 3:52:04        | 11:24:03        |
| 7th Age Grouper                   | 1:18:48        | 6:04:17        | 3:55:45        | 11:28:41        |
| 8th Age Grouper                   | 1:14:22        | 6:15:59        | 3:49:08        | 11:32:10        |
| 9th Age Grouper                   | 1:29:31        | 5:58:20        | 3:58:00        | 11:34:35        |
| 10th Age Grouper                  | 1:27:00        | 6:08:35        | 3:50:45        | 11:35:12        |
| <b>Kona Qualifier Average</b>     | <b>1:08:19</b> | <b>5:32:34</b> | <b>3:05:48</b> | <b>9:53:14</b>  |
| <b>Top 10 Age Grouper Average</b> | <b>1:16:35</b> | <b>5:59:09</b> | <b>3:42:57</b> | <b>11:07:03</b> |