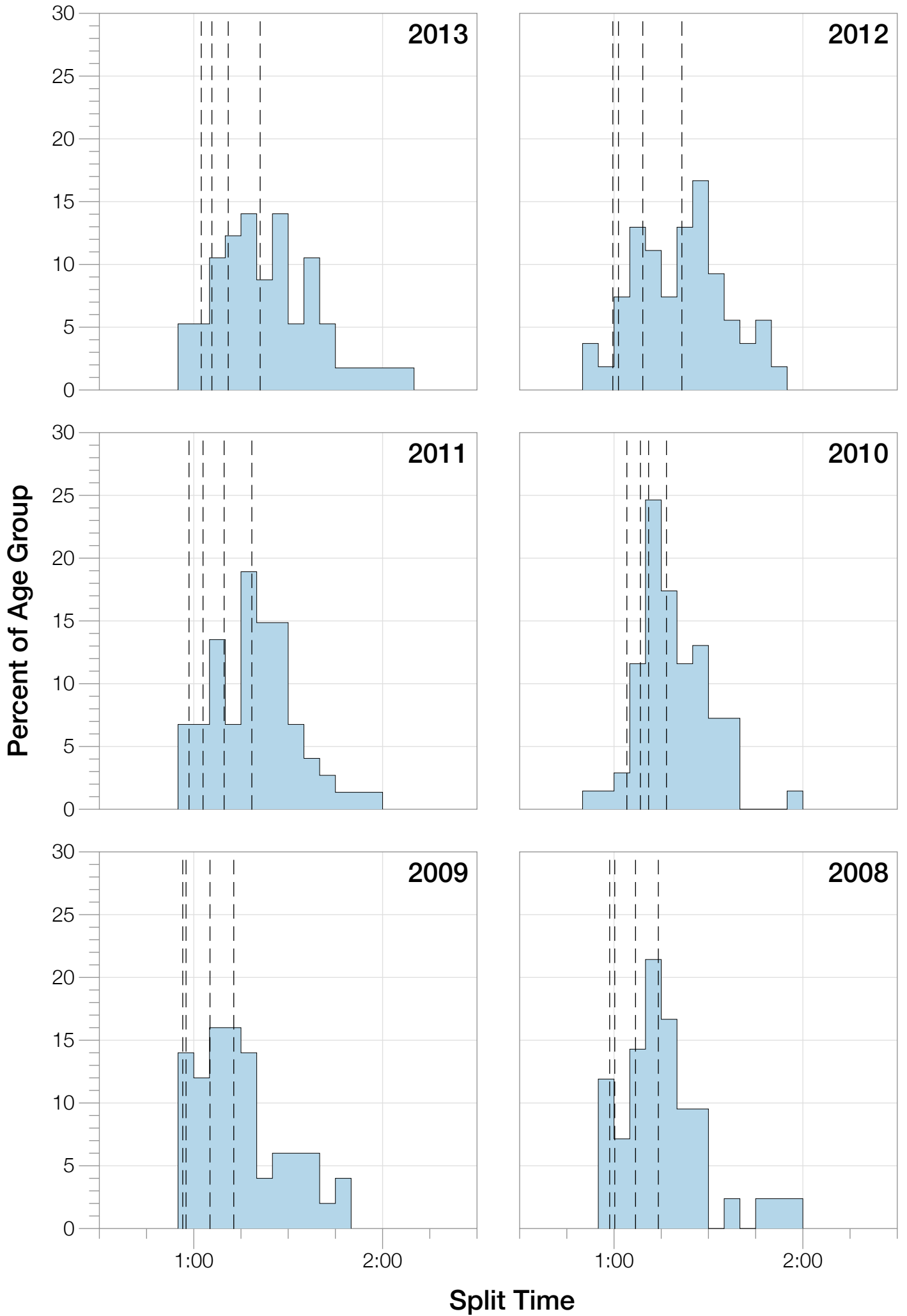


Ironman Arizona F25-29 Stats

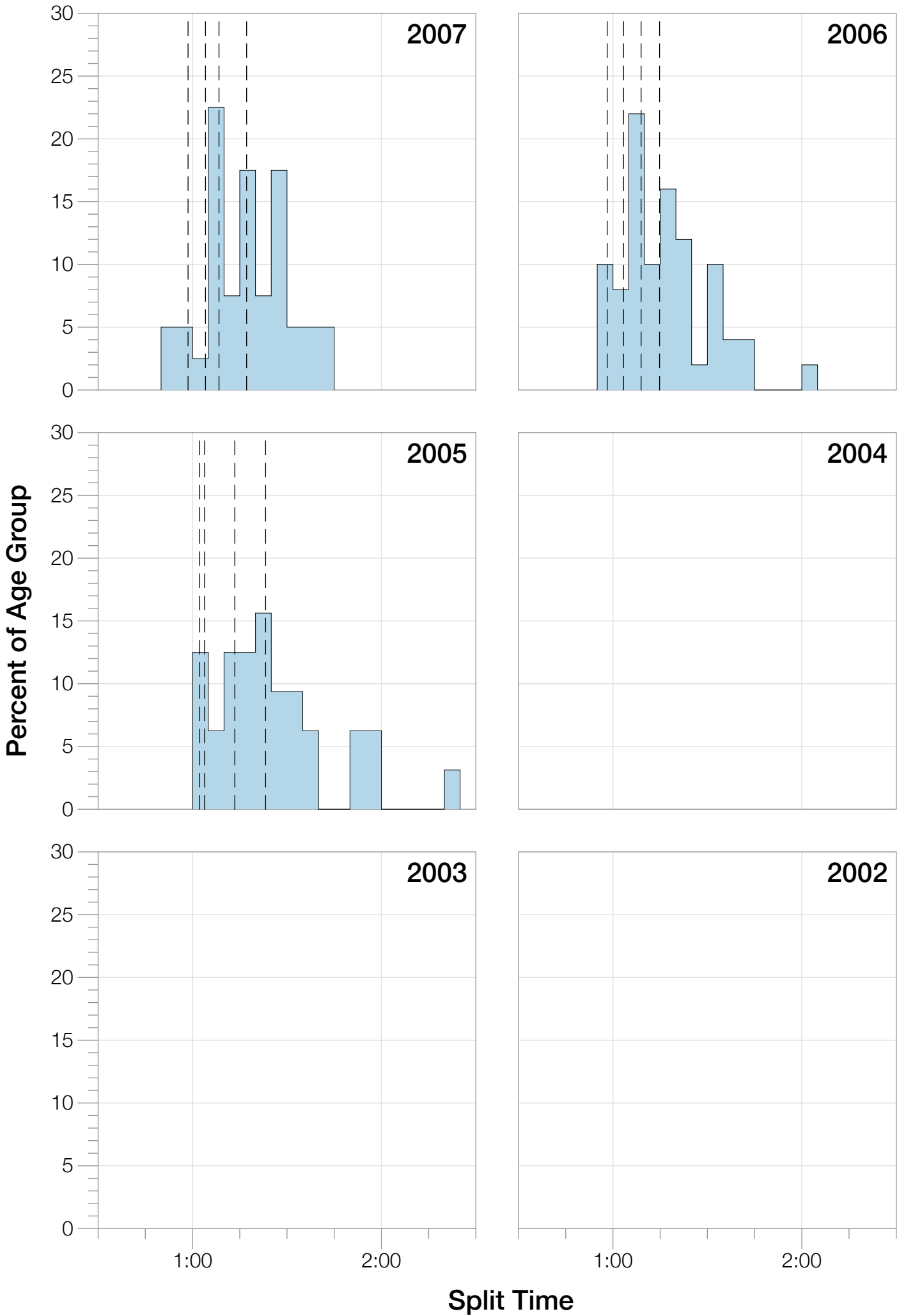
F25-29 Summary Statistics

| Year | Finishers | F25-29 Finishers | Male Winner's Time | Female Winner's Time | F25-29 Winner's Time |
|----------------|------------------|-------------------------|---------------------------|-----------------------------|-----------------------------|
| 2005 | 1682 | 32 | 8:25:42 | 9:44:02 | 10:53:55 |
| 2006 | 1723 | 50 | 8:20:56 | 9:12:53 | 10:16:06 |
| 2007 | 1861 | 40 | 8:21:14 | 9:36:40 | 10:18:54 |
| 2008 | 1689 | 42 | 8:34:19 | 9:14:49 | 10:51:26 |
| 2009 | 2077 | 50 | 8:14:16 | 9:21:06 | 10:05:45 |
| 2010 | 2397 | 69 | 8:13:35 | 9:09:19 | 10:08:07 |
| 2011 | 2217 | 74 | 8:07:16 | 8:36:13 | 10:29:11 |
| 2012 | 2379 | 54 | 8:03:13 | 9:01:41 | 10:07:52 |
| 2013 | 2521 | 57 | 8:02:00 | 8:52:49 | 9:59:08 |
| Average | 2061 | 52 | 8:15:50 | 9:12:10 | 10:21:09 |

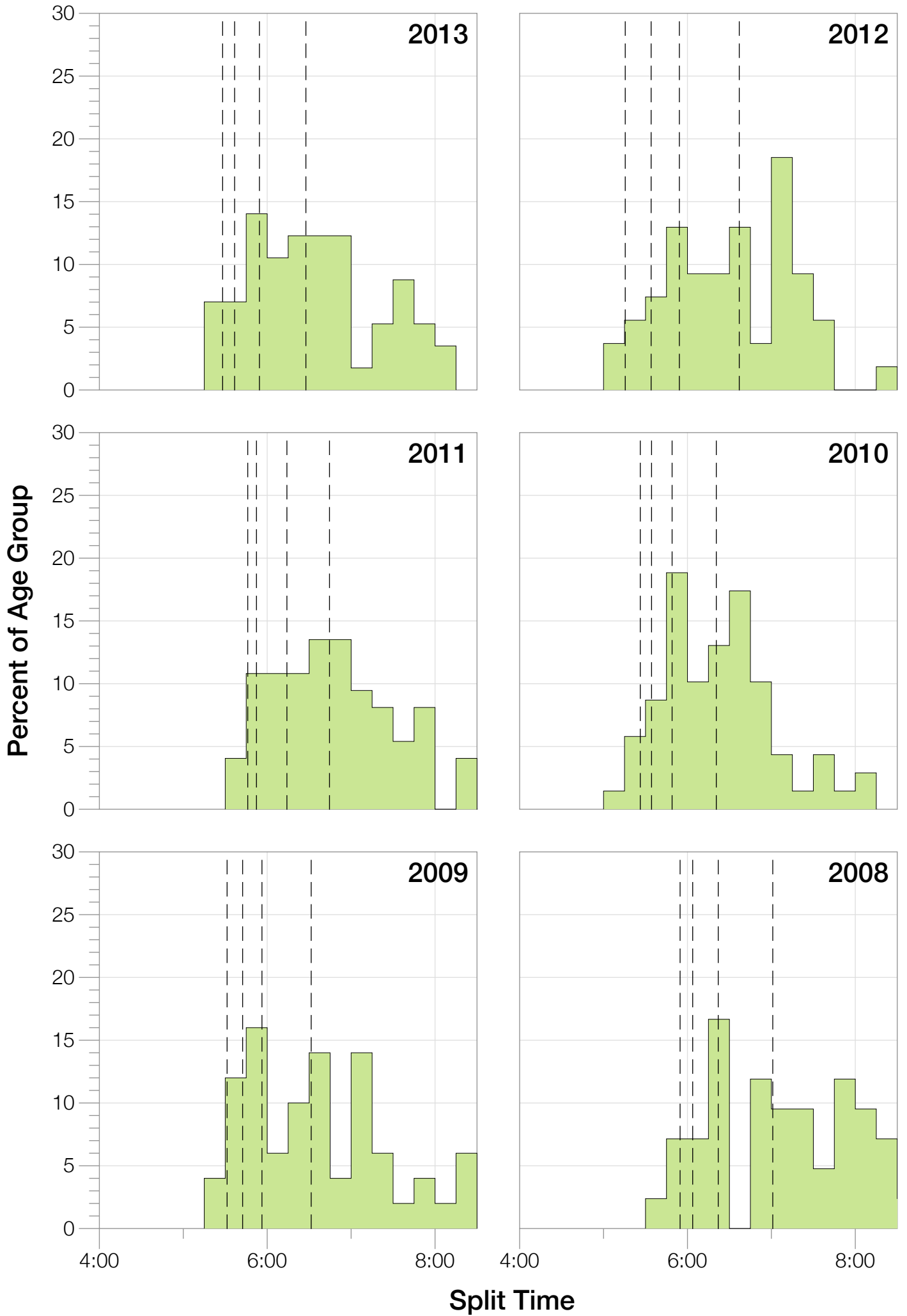
F25-29 Swim



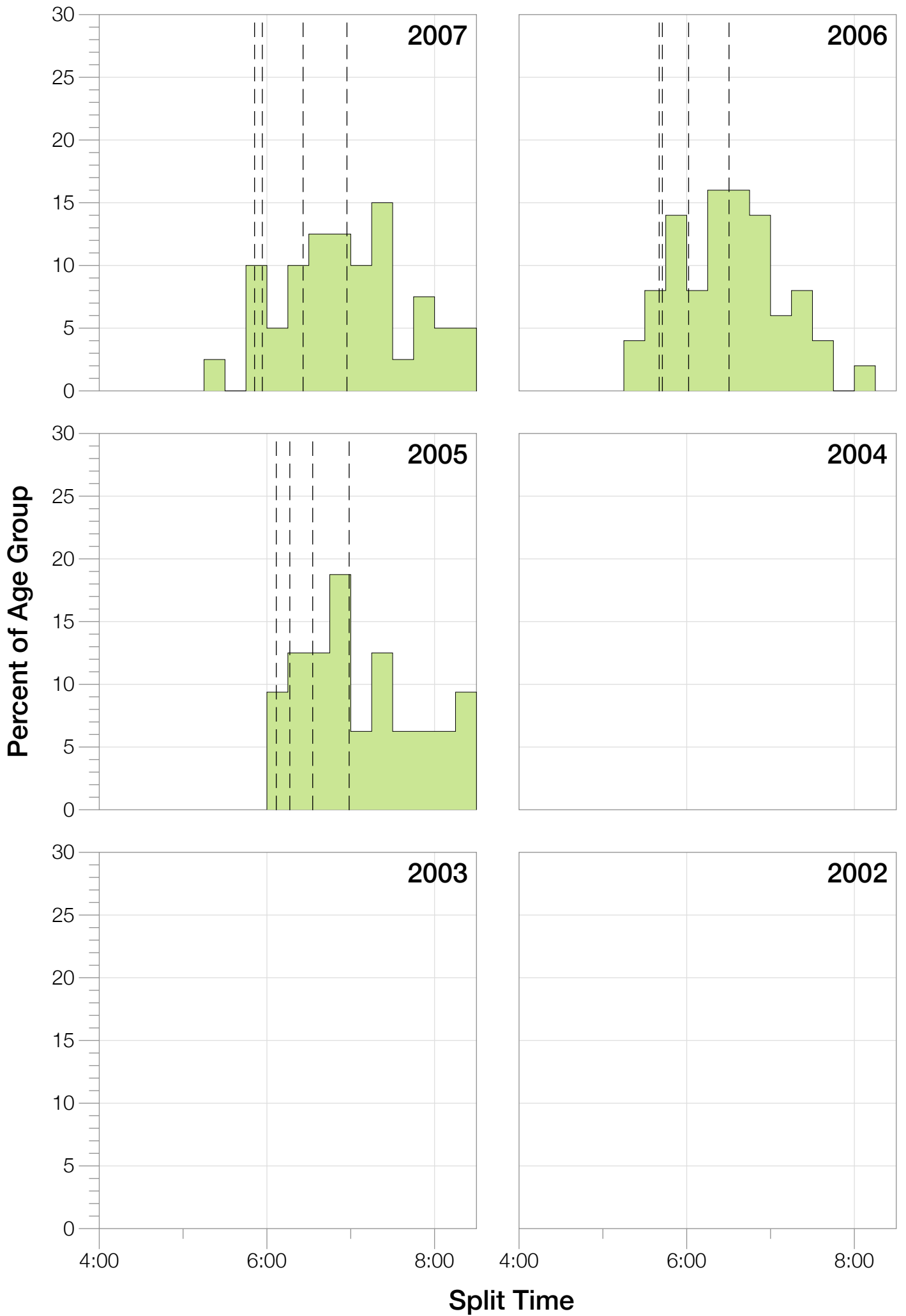
F25-29 Swim



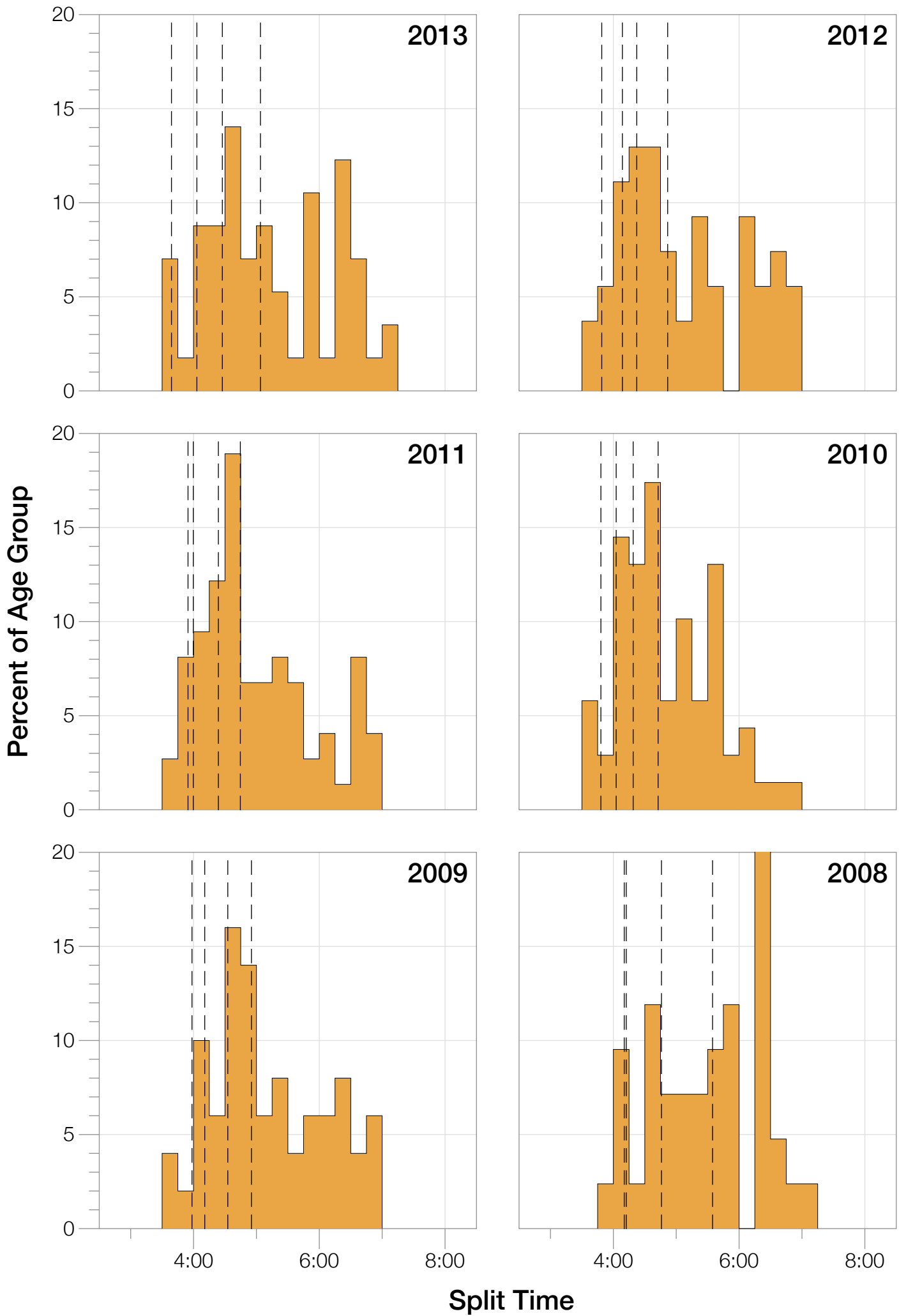
F25-29 Bike



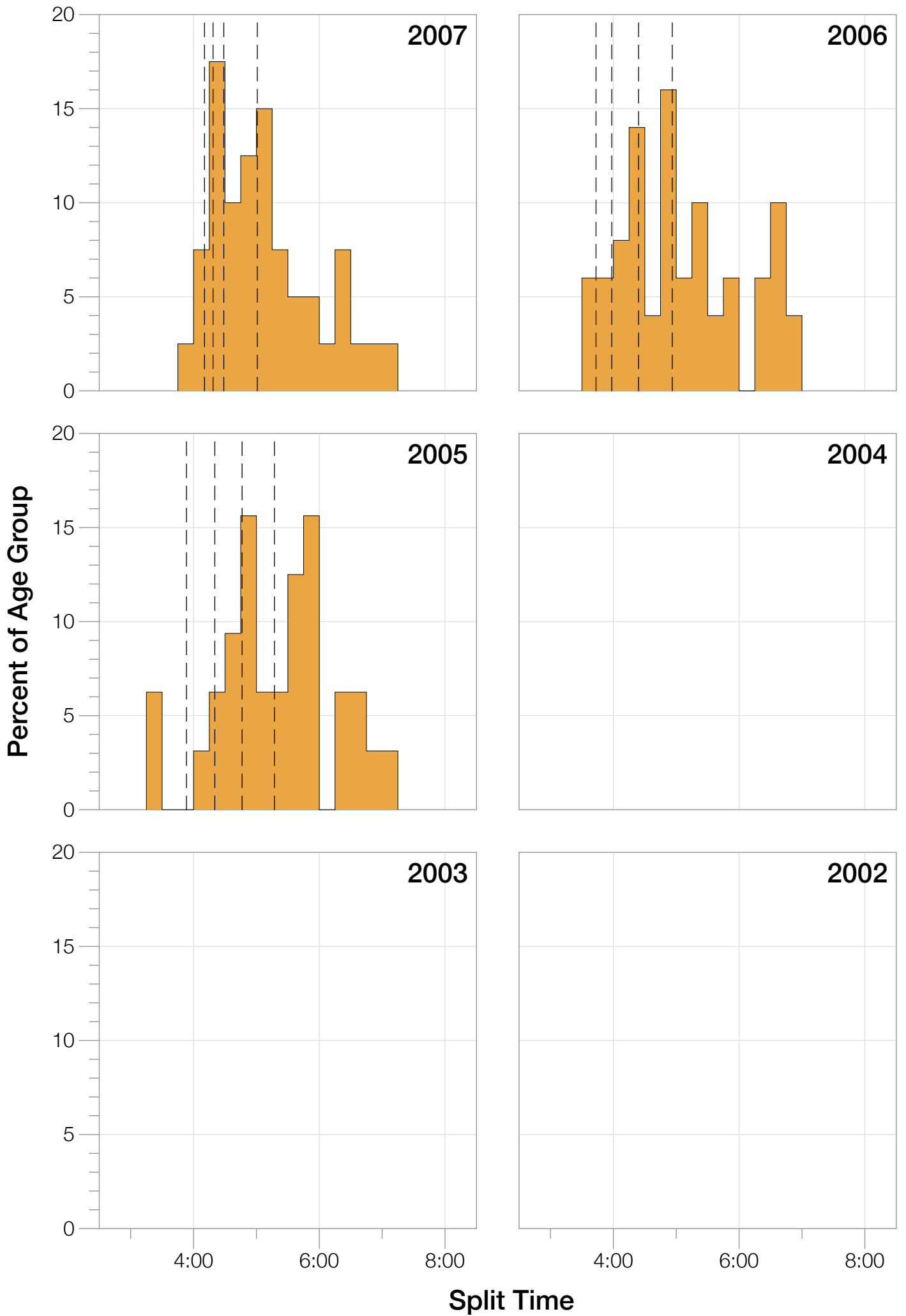
F25-29 Bike



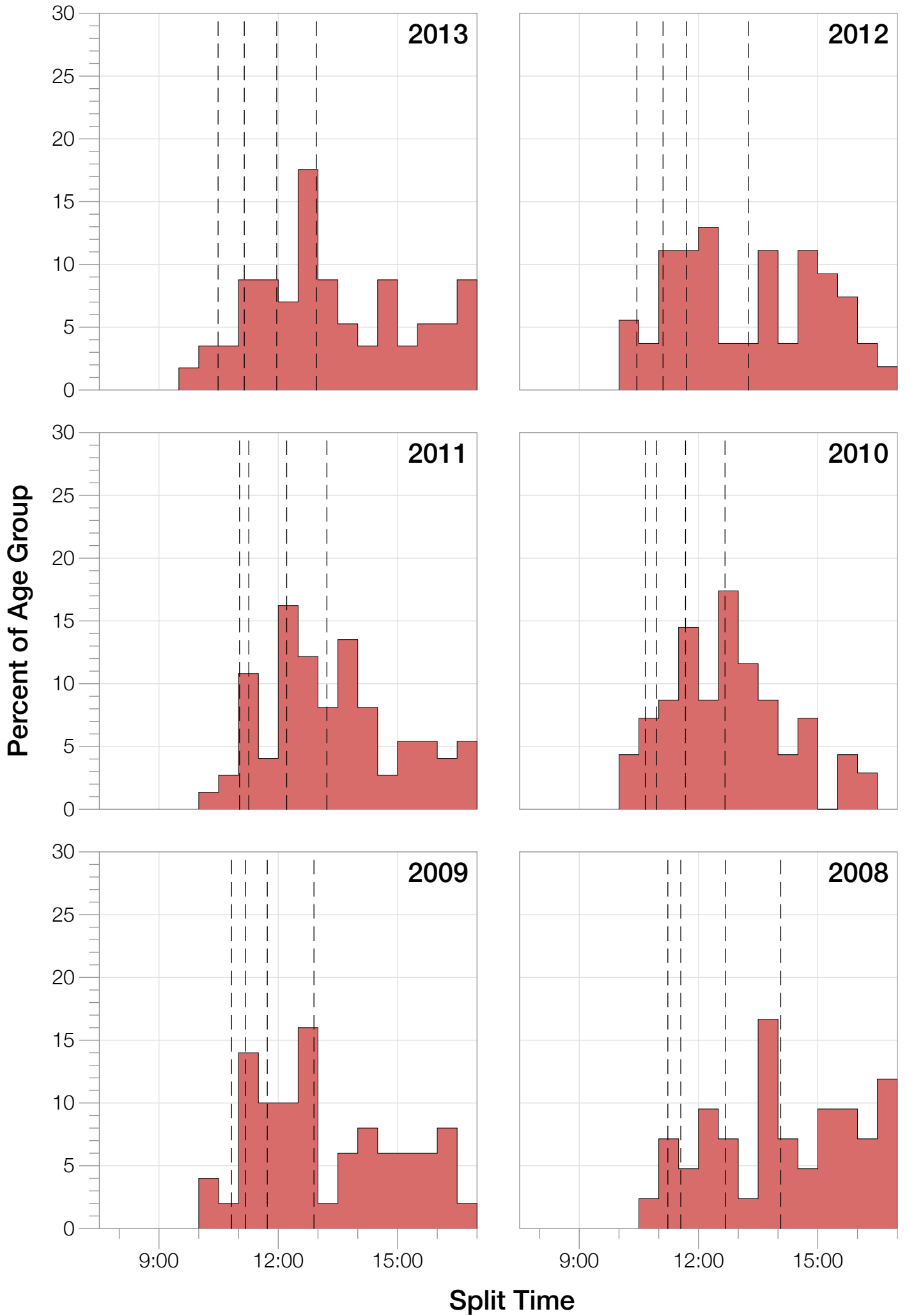
F25-29 Run



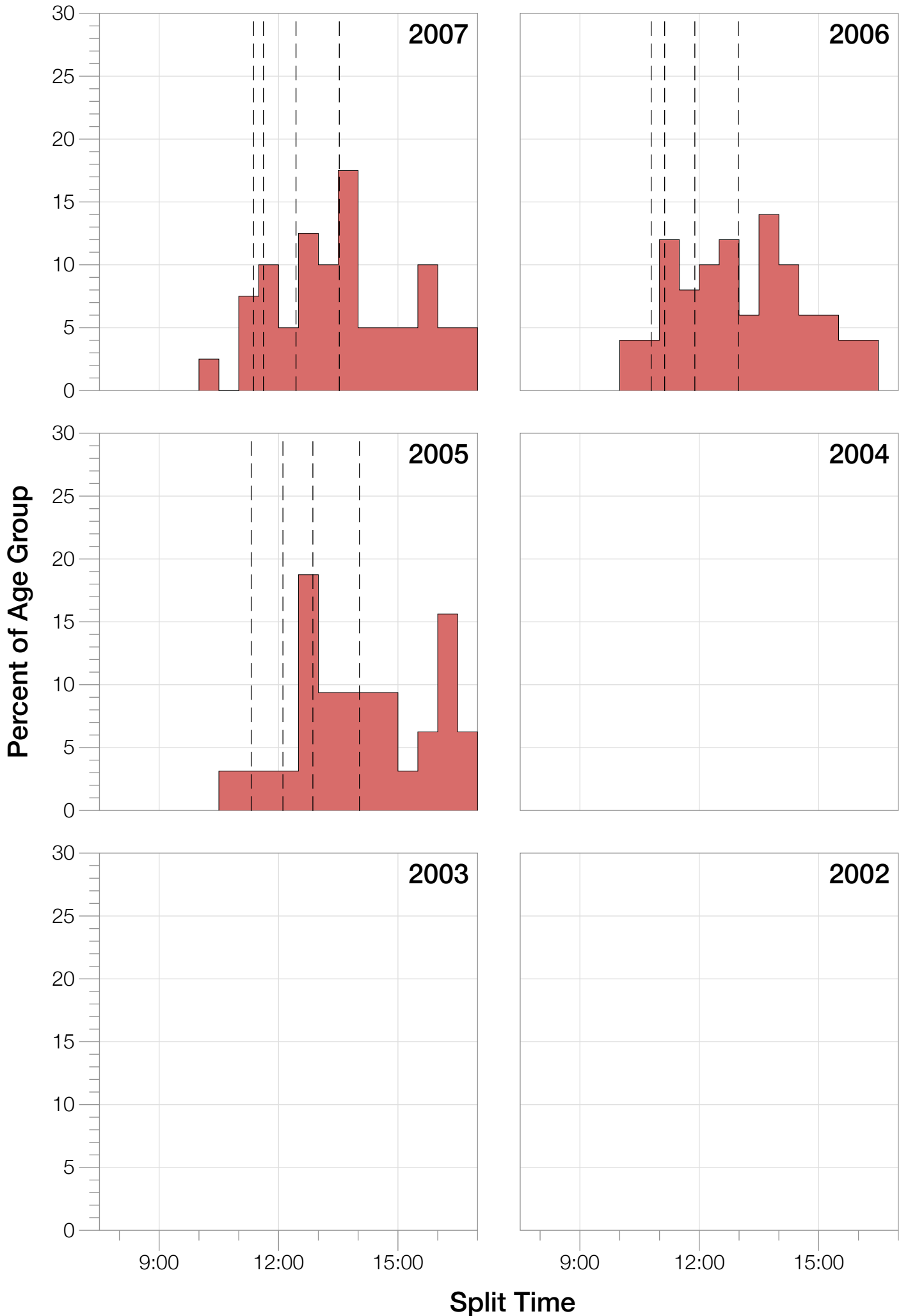
F25-29 Run



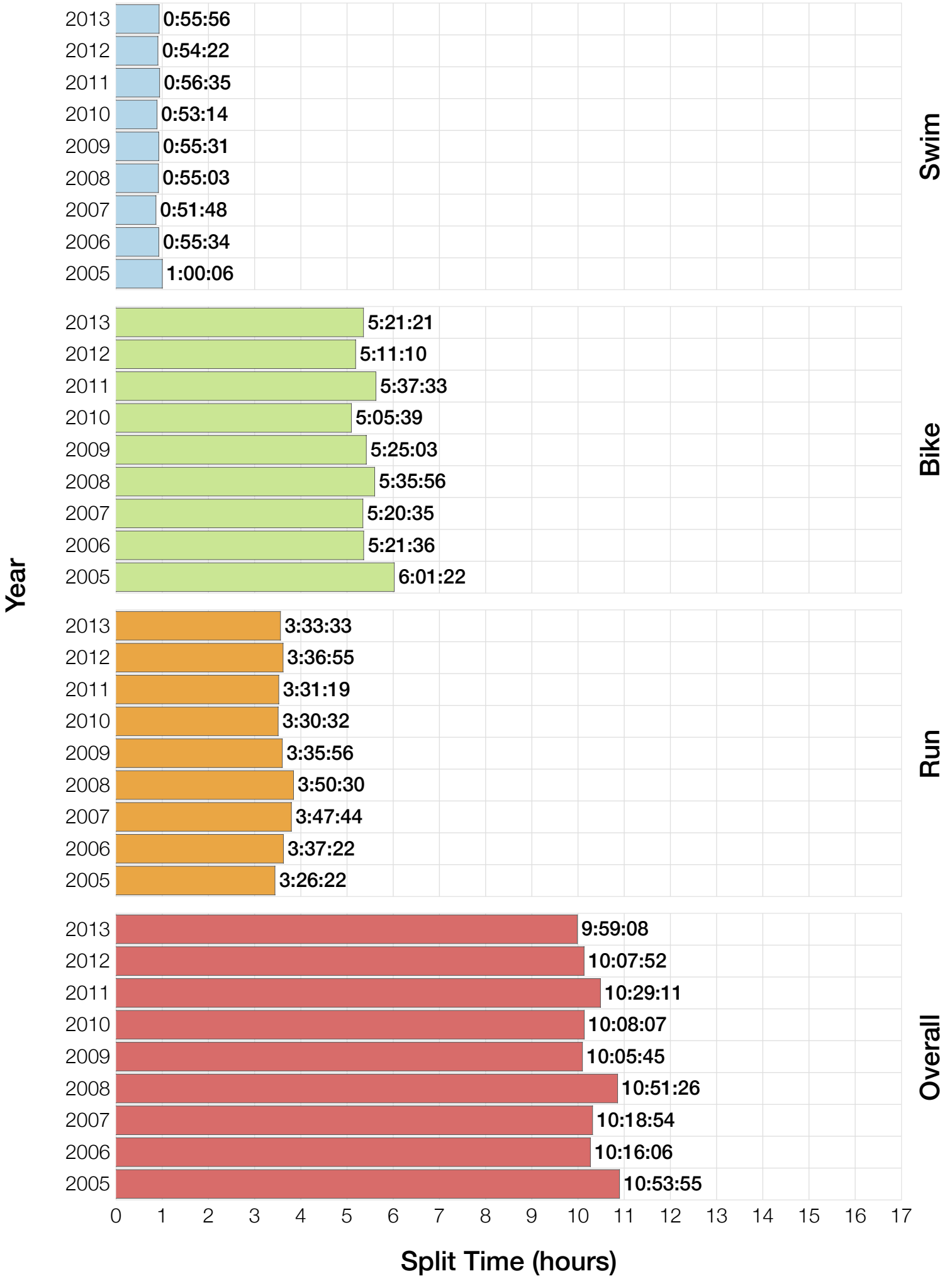
F25-29 Overall



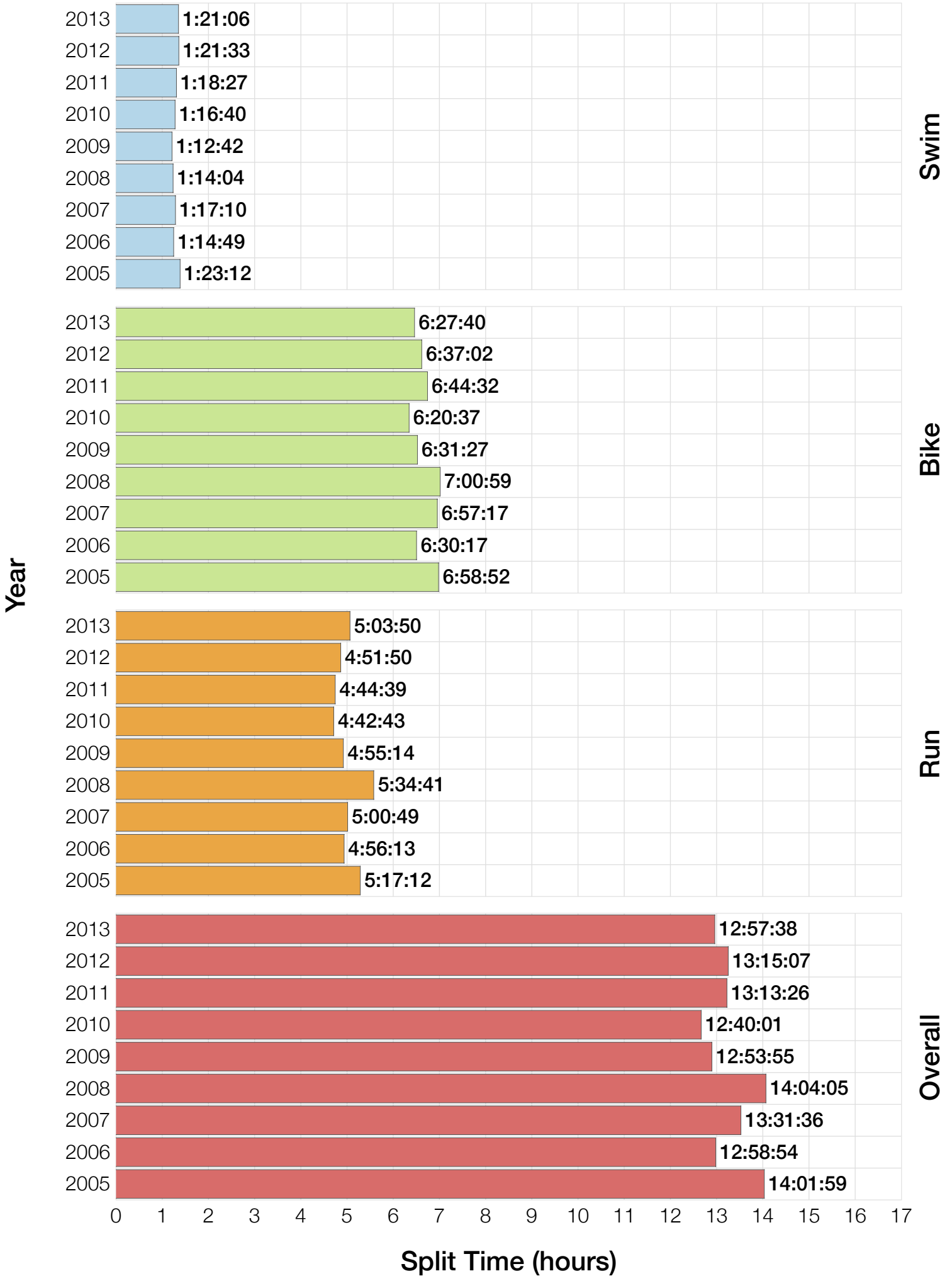
F25-29 Overall



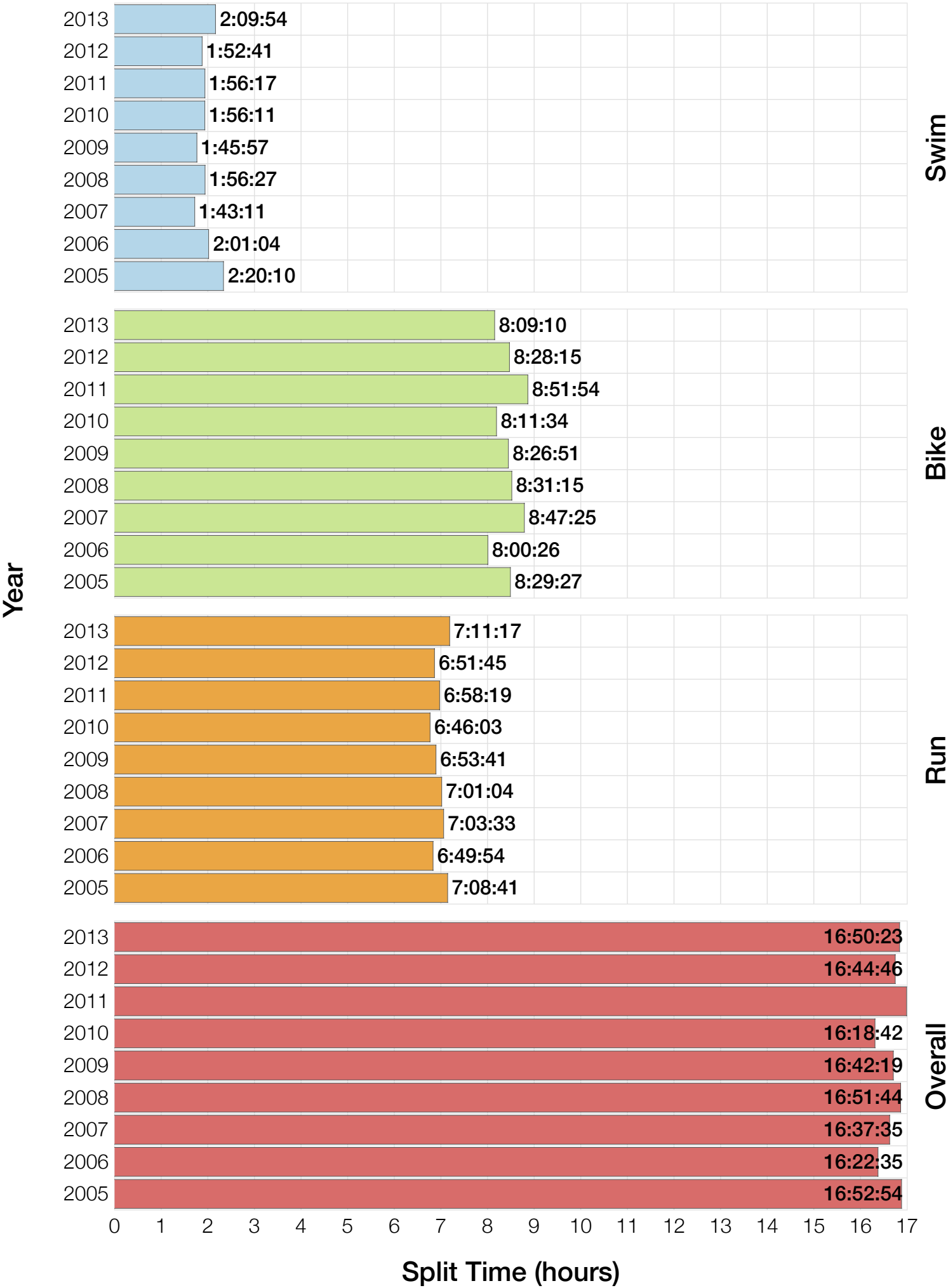
F25-29 Fastest Splits



F25-29 Median Splits

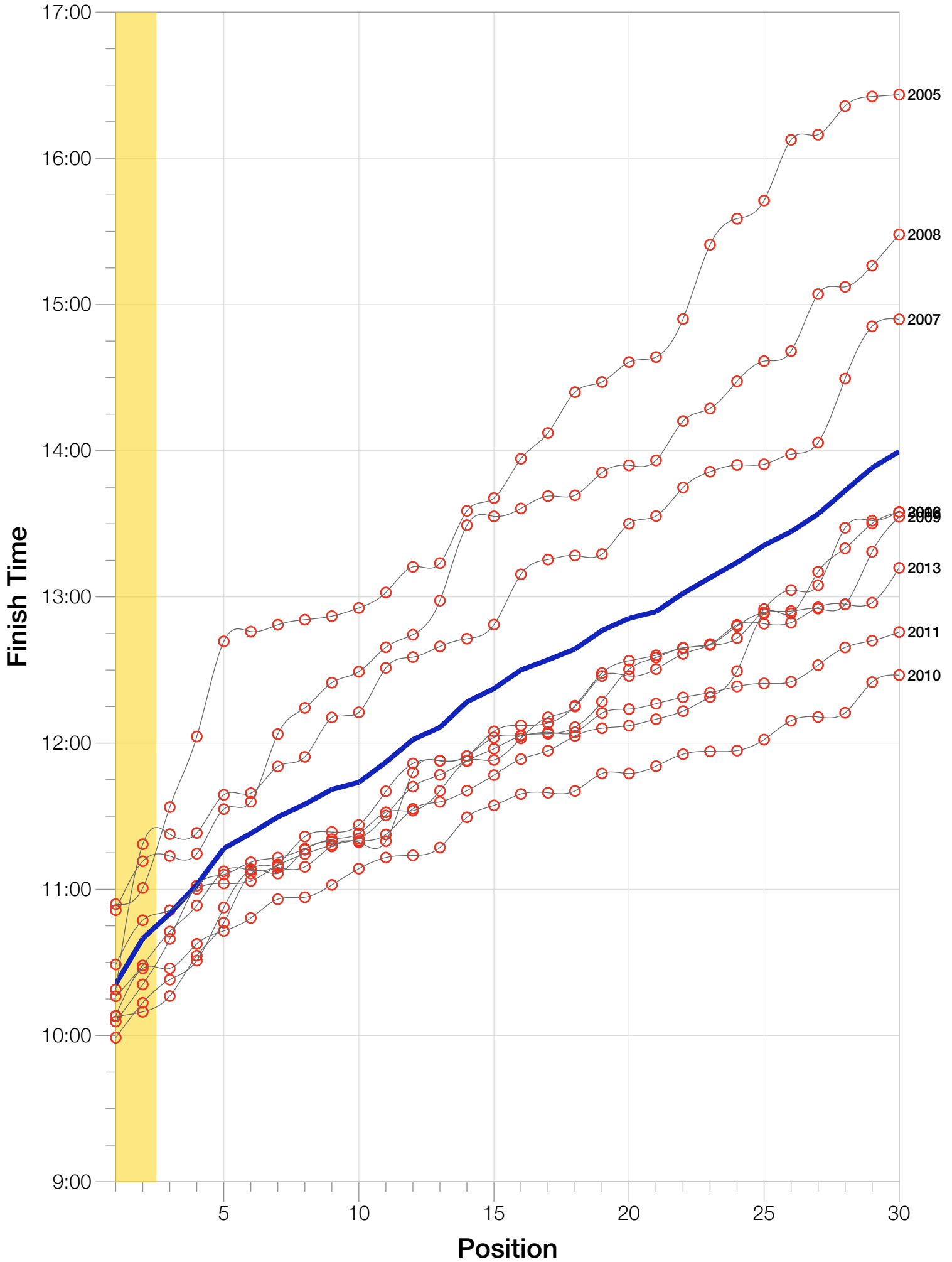


F25-29 Slowest Splits



F25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F25-29 Top 10 and Kona Times and Splits

Summary Statistics

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Average Male Winner | 0:51:33 | 4:29:34 | 2:50:36 | 8:15:50 |
| Average Female Winner | 0:56:59 | 5:01:18 | 3:09:13 | 9:12:10 |
| Average 1st Age Grouper | 1:05:11 | 5:29:25 | 3:39:37 | 10:21:09 |
| Average 2nd Age Grouper | 1:05:26 | 5:41:15 | 3:46:57 | 10:39:48 |
| Average 3rd Age Grouper | 1:04:06 | 5:43:50 | 3:54:33 | 10:50:02 |
| Average 4th Age Grouper | 1:07:17 | 5:46:25 | 4:00:14 | 11:01:50 |
| Average 5th Age Grouper | 1:05:43 | 5:48:40 | 4:14:28 | 11:16:46 |
| Average 6th Age Grouper | 1:07:37 | 5:56:11 | 4:10:20 | 11:22:56 |
| Average 7th Age Grouper | 1:05:49 | 5:59:25 | 4:15:59 | 11:29:40 |
| Average 8th Age Grouper | 1:07:44 | 5:56:07 | 4:21:57 | 11:34:56 |
| Average 9th Age Grouper | 1:09:13 | 6:05:09 | 4:18:21 | 11:40:59 |
| Average 10th Age Grouper | 1:11:47 | 5:59:43 | 4:23:06 | 11:43:55 |
| Kona Qualifier Average | 1:05:19 | 5:35:20 | 3:43:17 | 10:30:29 |
| Top 10 Age Grouper Average | 1:06:59 | 5:50:37 | 4:06:33 | 11:12:12 |

Arizona 2013

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:54:03 | 4:20:11 | 2:43:58 | 8:02:00 |
| Female Winner | 0:53:24 | 4:51:46 | 3:02:02 | 8:52:49 |
| 1st Age Grouper | 0:55:56 | 5:21:25 | 3:35:33 | 9:59:08 |
| 2nd Age Grouper | 1:06:23 | 5:28:22 | 3:34:21 | 10:13:25 |
| 3rd Age Grouper | 0:59:46 | 5:21:21 | 3:56:08 | 10:22:54 |
| 4th Age Grouper | 1:16:24 | 5:33:44 | 3:33:33 | 10:30:46 |
| 5th Age Grouper | 1:04:50 | 6:01:18 | 3:39:47 | 10:52:32 |
| 6th Age Grouper | 0:58:51 | 5:54:27 | 4:06:26 | 11:08:17 |
| 7th Age Grouper | 1:03:02 | 5:52:05 | 4:02:14 | 11:09:00 |
| 8th Age Grouper | 1:21:59 | 5:27:12 | 4:13:02 | 11:09:13 |
| 9th Age Grouper | 1:09:32 | 5:43:15 | 4:16:35 | 11:17:37 |
| 10th Age Grouper | 1:07:58 | 5:51:14 | 4:15:36 | 11:20:47 |
| Kona Qualifier Average | 1:01:09 | 5:24:53 | 3:34:57 | 10:06:16 |
| Top 10 Age Grouper Average | 1:06:28 | 5:39:26 | 3:55:19 | 10:48:21 |

Arizona 2012

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:48:19 | 4:22:45 | 2:48:06 | 8:03:13 |
| Female Winner | 0:59:11 | 4:51:34 | 3:05:54 | 9:01:41 |
| 1st Age Grouper | 1:00:47 | 5:24:55 | 3:36:55 | 10:07:52 |
| 2nd Age Grouper | 1:13:39 | 5:12:40 | 3:37:20 | 10:09:43 |
| 3rd Age Grouper | 1:08:28 | 5:11:10 | 3:50:01 | 10:16:12 |
| 4th Age Grouper | 0:57:29 | 5:38:10 | 3:47:32 | 10:32:47 |
| 5th Age Grouper | 1:01:20 | 5:15:00 | 4:21:49 | 10:46:18 |
| 6th Age Grouper | 1:10:36 | 5:32:14 | 4:14:15 | 11:06:27 |
| 7th Age Grouper | 1:00:46 | 5:41:06 | 4:14:54 | 11:06:29 |
| 8th Age Grouper | 0:54:37 | 6:03:41 | 4:08:19 | 11:16:15 |
| 9th Age Grouper | 1:26:36 | 5:54:10 | 3:49:41 | 11:19:44 |
| 10th Age Grouper | 1:05:58 | 5:52:35 | 4:13:46 | 11:19:54 |
| Kona Qualifier Average | 1:07:13 | 5:18:47 | 3:37:07 | 10:08:47 |
| Top 10 Age Grouper Average | 1:06:01 | 5:34:34 | 3:59:27 | 10:48:10 |

Arizona 2011

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:51:24 | 4:23:17 | 2:48:59 | 8:07:16 |
| Female Winner | 0:51:56 | 4:47:06 | 2:52:55 | 8:36:13 |
| 1st Age Grouper | 1:12:13 | 5:37:33 | 3:31:19 | 10:29:11 |
| 2nd Age Grouper | 0:59:07 | 5:47:31 | 3:54:08 | 10:47:18 |
| 3rd Age Grouper | 1:00:15 | 5:49:48 | 3:52:49 | 10:51:23 |
| 4th Age Grouper | 1:09:37 | 5:42:15 | 4:01:10 | 11:00:07 |
| 5th Age Grouper | 1:06:25 | 5:45:53 | 4:03:12 | 11:02:24 |
| 6th Age Grouper | 1:19:38 | 6:02:29 | 3:33:52 | 11:03:27 |
| 7th Age Grouper | 1:09:05 | 5:46:12 | 4:08:30 | 11:09:47 |
| 8th Age Grouper | 1:06:21 | 5:42:21 | 4:18:28 | 11:14:30 |
| 9th Age Grouper | 1:14:05 | 5:58:13 | 3:56:19 | 11:18:15 |
| 10th Age Grouper | 1:14:13 | 5:59:01 | 3:58:57 | 11:19:18 |
| Kona Qualifier Average | 1:05:40 | 5:42:32 | 3:42:43 | 10:38:14 |
| Top 10 Age Grouper Average | 1:09:05 | 5:49:07 | 3:55:52 | 11:01:34 |

Arizona 2010

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:50:49 | 4:22:30 | 2:55:45 | 8:13:35 |
| Female Winner | 0:58:58 | 4:56:48 | 3:10:10 | 9:09:19 |
| 1st Age Grouper | 1:12:59 | 5:15:17 | 3:30:32 | 10:08:07 |
| 2nd Age Grouper | 0:53:14 | 5:47:54 | 3:39:45 | 10:27:34 |
| 3rd Age Grouper | 0:57:24 | 5:48:29 | 3:34:19 | 10:27:34 |
| 4th Age Grouper | 1:19:41 | 5:27:13 | 3:42:37 | 10:37:37 |
| 5th Age Grouper | 1:06:16 | 5:17:20 | 4:11:52 | 10:42:55 |
| 6th Age Grouper | 1:01:13 | 5:35:37 | 4:03:08 | 10:48:14 |
| 7th Age Grouper | 1:13:00 | 5:38:06 | 3:56:20 | 10:55:56 |
| 8th Age Grouper | 1:08:26 | 5:30:19 | 4:12:03 | 10:56:45 |
| 9th Age Grouper | 1:12:21 | 5:45:14 | 3:56:48 | 11:01:49 |
| 10th Age Grouper | 1:18:18 | 5:33:15 | 4:05:29 | 11:08:28 |
| Kona Qualifier Average | 1:03:06 | 5:31:35 | 3:35:08 | 10:17:50 |
| Top 10 Age Grouper Average | 1:08:17 | 5:33:52 | 3:53:17 | 10:43:29 |

Arizona 2009

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:46:10 | 4:37:55 | 2:46:37 | 8:14:16 |
| Female Winner | 1:06:05 | 5:02:46 | 3:07:56 | 9:21:06 |
| 1st Age Grouper | 0:55:31 | 5:26:10 | 3:36:52 | 10:05:45 |
| 2nd Age Grouper | 1:12:59 | 5:25:03 | 3:35:56 | 10:20:58 |
| 3rd Age Grouper | 0:57:30 | 5:43:15 | 3:50:16 | 10:39:38 |
| 4th Age Grouper | 1:01:42 | 5:31:04 | 4:18:45 | 11:01:30 |
| 5th Age Grouper | 0:56:13 | 5:52:36 | 4:09:18 | 11:06:02 |
| 6th Age Grouper | 1:06:48 | 5:45:21 | 4:10:49 | 11:11:07 |
| 7th Age Grouper | 1:03:34 | 5:44:21 | 4:16:09 | 11:13:01 |
| 8th Age Grouper | 1:07:33 | 5:45:09 | 4:14:22 | 11:16:37 |
| 9th Age Grouper | 0:55:39 | 6:08:25 | 4:08:35 | 11:20:35 |
| 10th Age Grouper | 0:57:56 | 5:35:04 | 4:39:41 | 11:23:01 |
| Kona Qualifier Average | 1:04:15 | 5:25:36 | 3:36:24 | 10:13:21 |
| Top 10 Age Grouper Average | 1:01:32 | 5:41:38 | 4:06:04 | 10:57:49 |

Arizona 2008

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:58:59 | 4:41:10 | 2:50:12 | 8:34:19 |
| Female Winner | 0:59:08 | 5:02:30 | 3:07:58 | 9:14:49 |
| 1st Age Grouper | 0:58:52 | 5:35:56 | 4:10:22 | 10:51:26 |
| 2nd Age Grouper | 0:55:03 | 5:53:53 | 4:15:38 | 11:11:31 |
| 3rd Age Grouper | 1:19:13 | 5:57:54 | 3:50:30 | 11:13:40 |
| 4th Age Grouper | 0:59:54 | 5:54:34 | 4:11:57 | 11:14:36 |
| 5th Age Grouper | 1:11:53 | 6:02:39 | 4:10:41 | 11:32:55 |
| 6th Age Grouper | 1:03:11 | 6:16:42 | 4:06:07 | 11:35:57 |
| 7th Age Grouper | 1:05:29 | 6:19:48 | 4:30:16 | 12:03:41 |
| 8th Age Grouper | 1:06:38 | 6:16:21 | 4:39:54 | 12:14:27 |
| 9th Age Grouper | 1:03:36 | 6:13:59 | 5:01:43 | 12:24:48 |
| 10th Age Grouper | 1:16:19 | 6:23:04 | 4:40:21 | 12:29:18 |
| Kona Qualifier Average | 0:56:57 | 5:44:54 | 4:13:00 | 11:01:28 |
| Top 10 Age Grouper Average | 1:06:00 | 6:05:29 | 4:21:44 | 11:41:13 |

Arizona 2007

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:52:08 | 4:30:21 | 2:54:39 | 8:21:14 |
| Female Winner | 0:52:13 | 5:23:28 | 3:15:48 | 9:36:40 |
| 1st Age Grouper | 1:05:12 | 5:20:35 | 3:47:44 | 10:18:54 |
| 2nd Age Grouper | 1:05:31 | 5:57:00 | 4:10:36 | 11:18:30 |
| 3rd Age Grouper | 0:59:12 | 5:54:12 | 4:20:19 | 11:22:39 |
| 4th Age Grouper | 0:58:46 | 5:51:13 | 4:26:01 | 11:23:08 |
| 5th Age Grouper | 1:15:37 | 5:50:15 | 4:25:55 | 11:38:46 |
| 6th Age Grouper | 1:09:26 | 6:13:32 | 4:07:02 | 11:39:27 |
| 7th Age Grouper | 0:54:50 | 6:34:41 | 4:14:38 | 11:50:25 |
| 8th Age Grouper | 1:09:35 | 6:08:15 | 4:29:36 | 11:54:21 |
| 9th Age Grouper | 1:07:00 | 6:26:26 | 4:25:48 | 12:10:32 |
| 10th Age Grouper | 1:19:05 | 6:17:27 | 4:26:36 | 12:12:38 |
| Kona Qualifier Average | 1:05:21 | 5:38:47 | 3:59:10 | 10:48:42 |
| Top 10 Age Grouper Average | 1:06:25 | 6:03:21 | 4:17:25 | 11:34:56 |

Arizona 2006

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:52:59 | 4:30:25 | 2:53:18 | 8:20:56 |
| Female Winner | 0:52:57 | 4:59:48 | 3:15:29 | 9:12:53 |
| 1st Age Grouper | 1:07:02 | 5:21:36 | 3:40:58 | 10:16:06 |
| 2nd Age Grouper | 1:08:45 | 5:27:51 | 3:47:09 | 10:28:46 |
| 3rd Age Grouper | 1:11:47 | 5:47:00 | 3:37:22 | 10:42:40 |
| 4th Age Grouper | 1:09:39 | 5:49:58 | 3:46:29 | 10:53:23 |
| 5th Age Grouper | 0:55:40 | 5:39:33 | 4:23:17 | 11:07:23 |
| 6th Age Grouper | 1:18:49 | 5:42:40 | 3:59:46 | 11:07:49 |
| 7th Age Grouper | 1:15:07 | 5:45:02 | 4:04:13 | 11:10:15 |
| 8th Age Grouper | 0:59:12 | 5:59:01 | 4:14:25 | 11:21:40 |
| 9th Age Grouper | 0:57:20 | 6:08:23 | 4:10:46 | 11:23:31 |
| 10th Age Grouper | 1:04:49 | 5:53:10 | 4:20:33 | 11:26:22 |
| Kona Qualifier Average | 1:07:53 | 5:24:43 | 3:44:03 | 10:22:26 |
| Top 10 Age Grouper Average | 1:06:49 | 5:45:25 | 4:00:29 | 10:59:47 |

Arizona 2005

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:49:13 | 4:37:39 | 2:53:52 | 8:25:42 |
| Female Winner | 0:59:07 | 5:15:59 | 3:24:46 | 9:44:02 |
| 1st Age Grouper | 1:18:10 | 6:01:24 | 3:26:22 | 10:53:55 |
| 2nd Age Grouper | 1:14:19 | 6:11:04 | 3:27:40 | 11:00:33 |
| 3rd Age Grouper | 1:03:25 | 6:01:22 | 4:19:19 | 11:33:44 |
| 4th Age Grouper | 1:12:24 | 6:29:42 | 4:14:08 | 12:02:42 |
| 5th Age Grouper | 1:13:19 | 6:33:27 | 4:44:26 | 12:41:46 |
| 6th Age Grouper | 1:00:06 | 6:22:38 | 5:11:39 | 12:45:45 |
| 7th Age Grouper | 1:07:34 | 6:33:27 | 4:56:41 | 12:48:34 |
| 8th Age Grouper | 1:15:18 | 6:32:47 | 4:47:29 | 12:50:39 |
| 9th Age Grouper | 1:16:55 | 6:28:19 | 4:59:02 | 12:52:06 |
| 10th Age Grouper | 1:21:31 | 6:32:43 | 4:46:56 | 12:55:29 |
| Kona Qualifier Average | 1:16:14 | 6:06:14 | 3:27:01 | 10:57:14 |
| Top 10 Age Grouper Average | 1:12:18 | 6:22:41 | 4:29:22 | 12:14:31 |