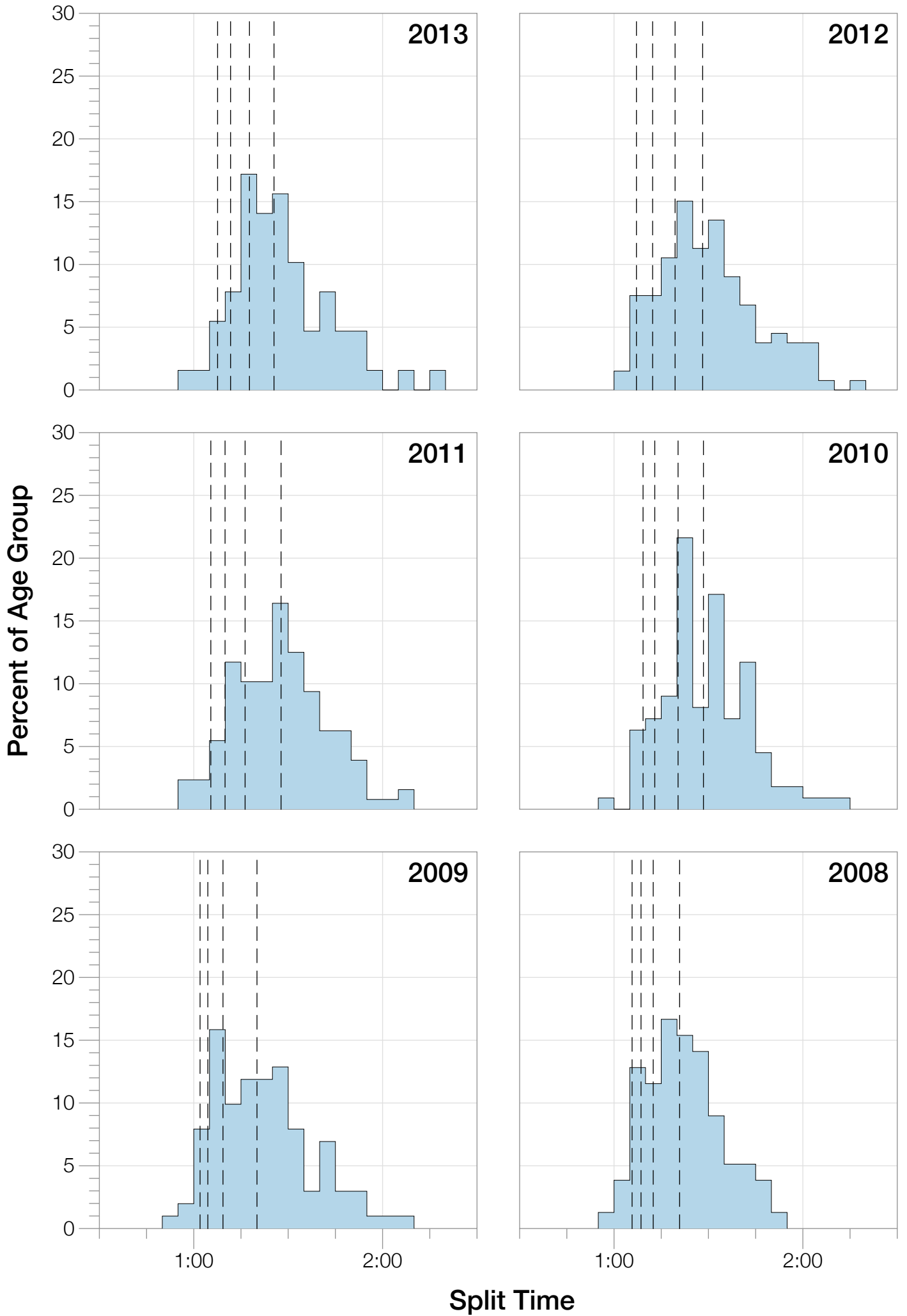


Ironman Arizona F40-44 Stats

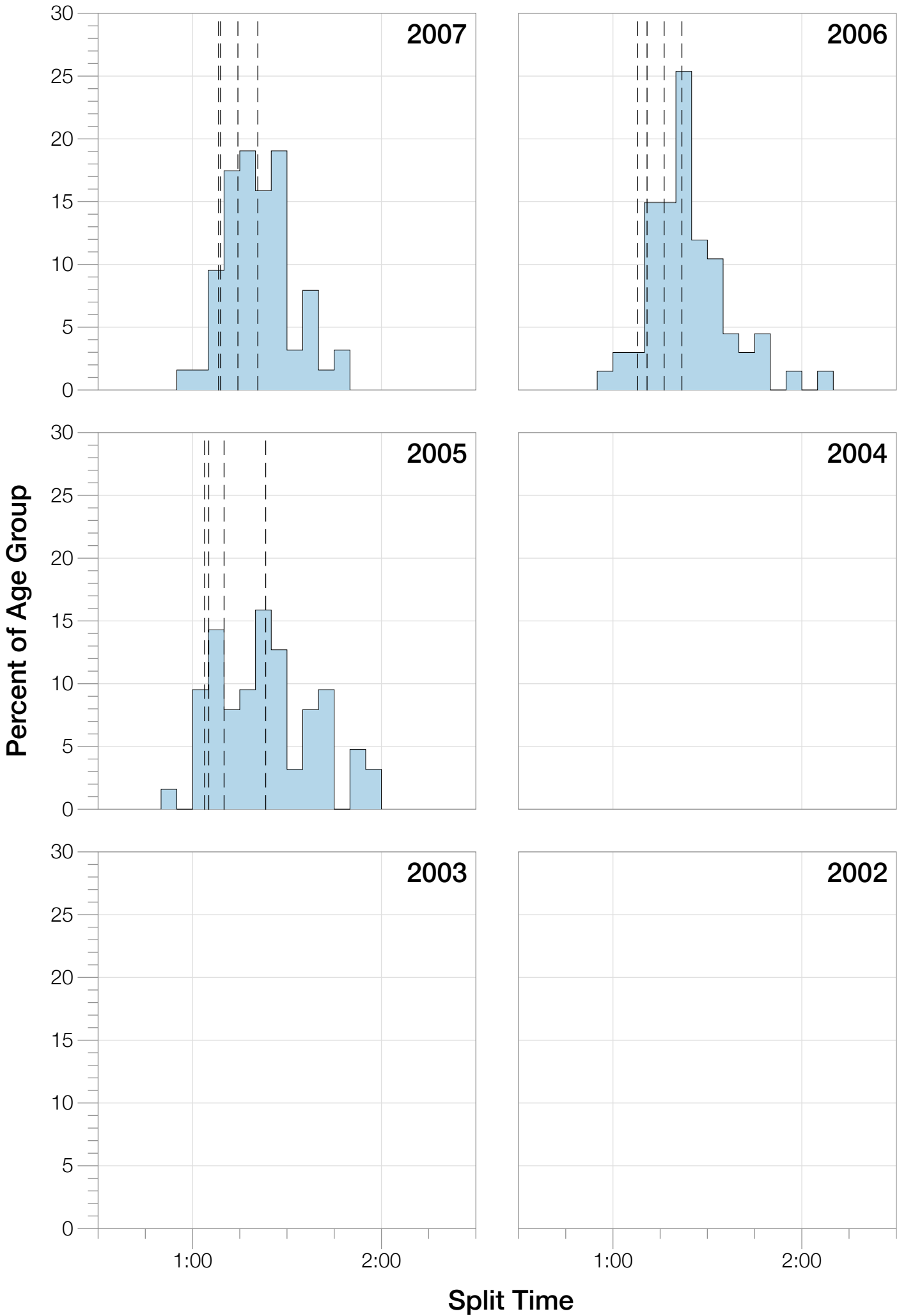
F40-44 Summary Statistics

Year	Finishers	F40-44 Finishers	Male Winner's Time	Female Winner's Time	F40-44 Winner's Time
2005	1682	63	8:25:42	9:44:02	11:06:03
2006	1723	67	8:20:56	9:12:53	10:43:25
2007	1861	63	8:21:14	9:36:40	11:08:47
2008	1689	78	8:34:19	9:14:49	11:03:42
2009	2077	101	8:14:16	9:21:06	10:10:01
2010	2397	111	8:13:35	9:09:19	10:30:23
2011	2217	128	8:07:16	8:36:13	10:12:04
2012	2379	135	8:03:13	9:01:41	10:09:09
2013	2521	128	8:02:00	8:52:49	10:02:19
Average	2061	97	8:15:50	9:12:10	10:33:59

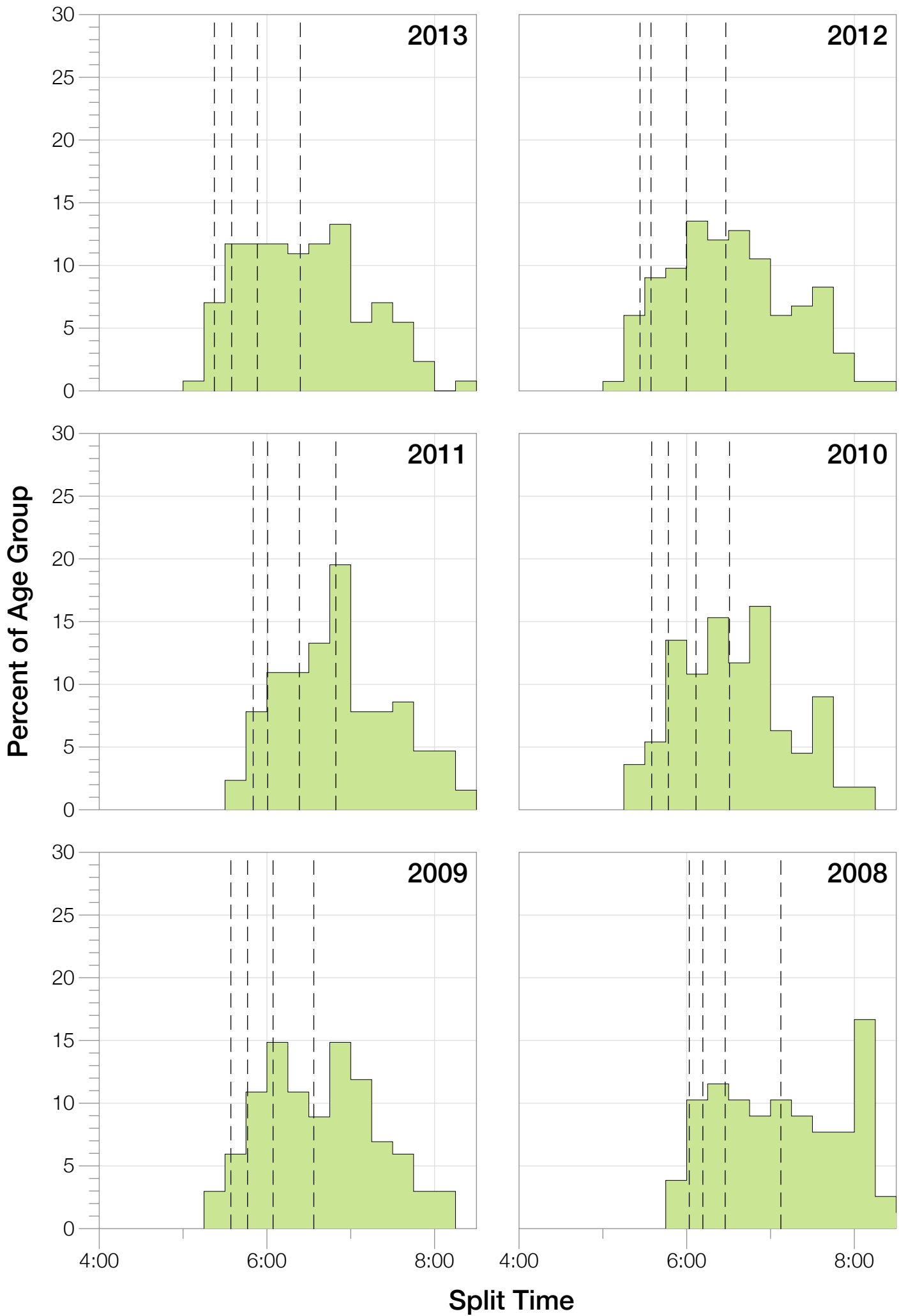
F40-44 Swim



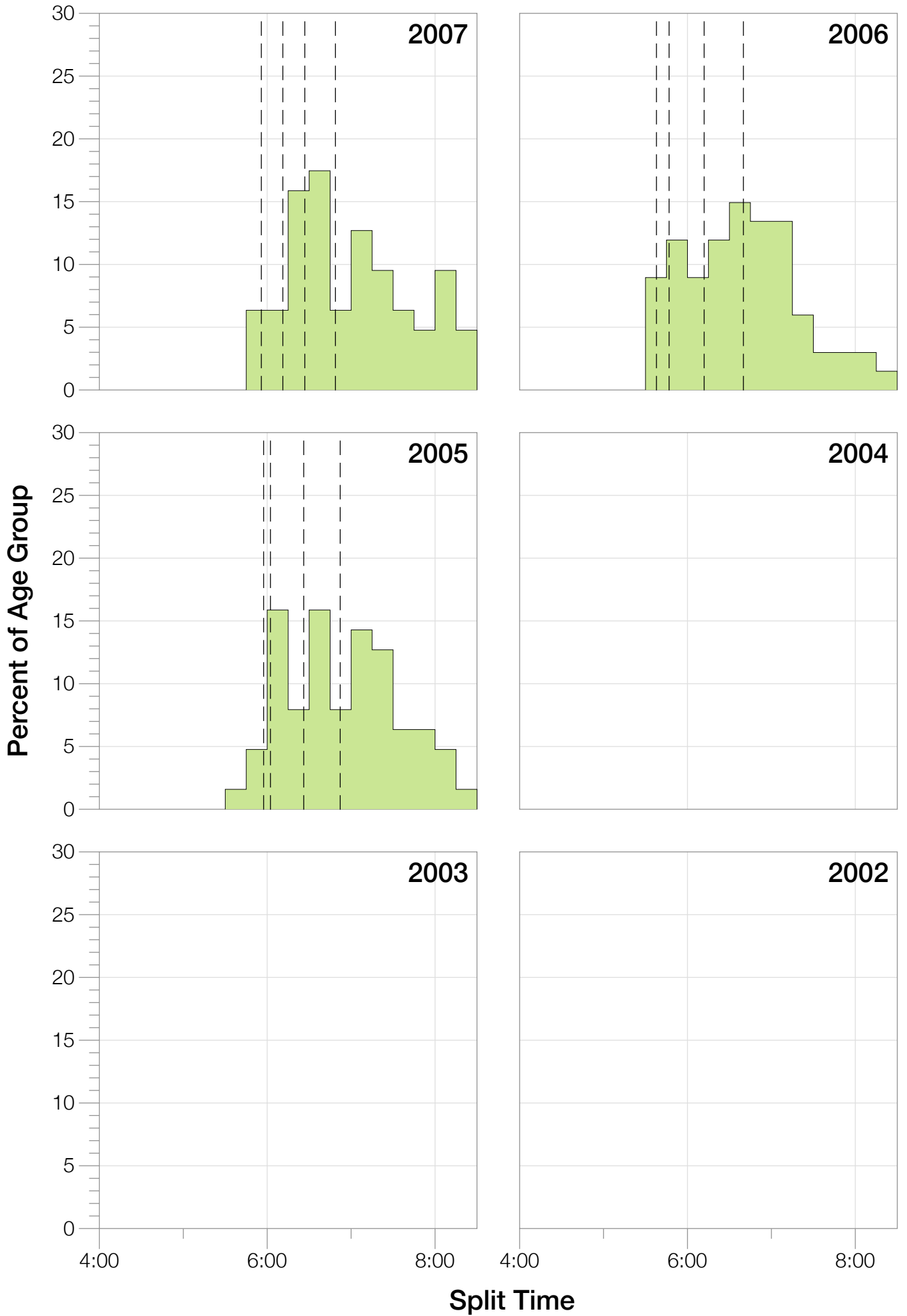
F40-44 Swim



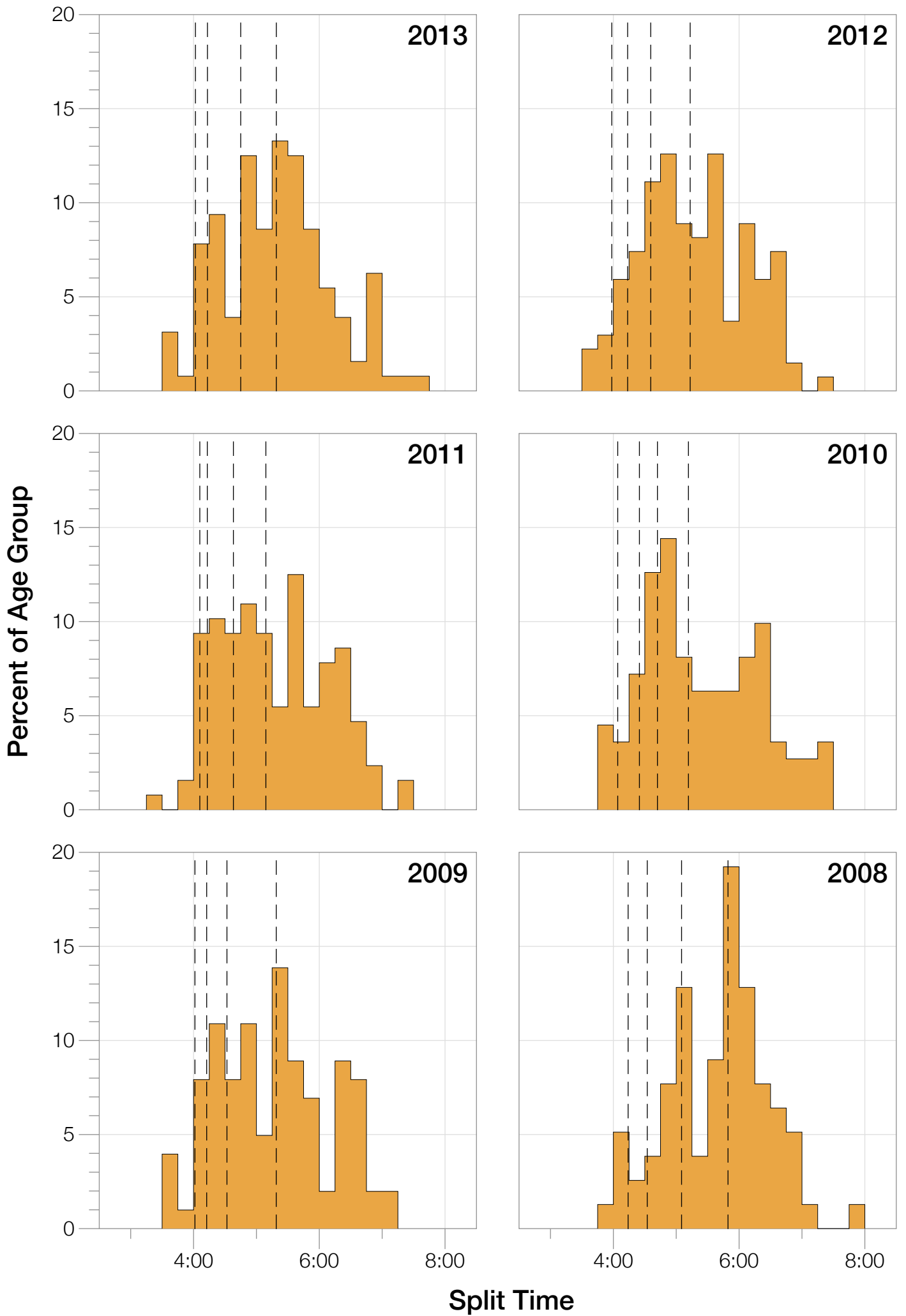
F40-44 Bike



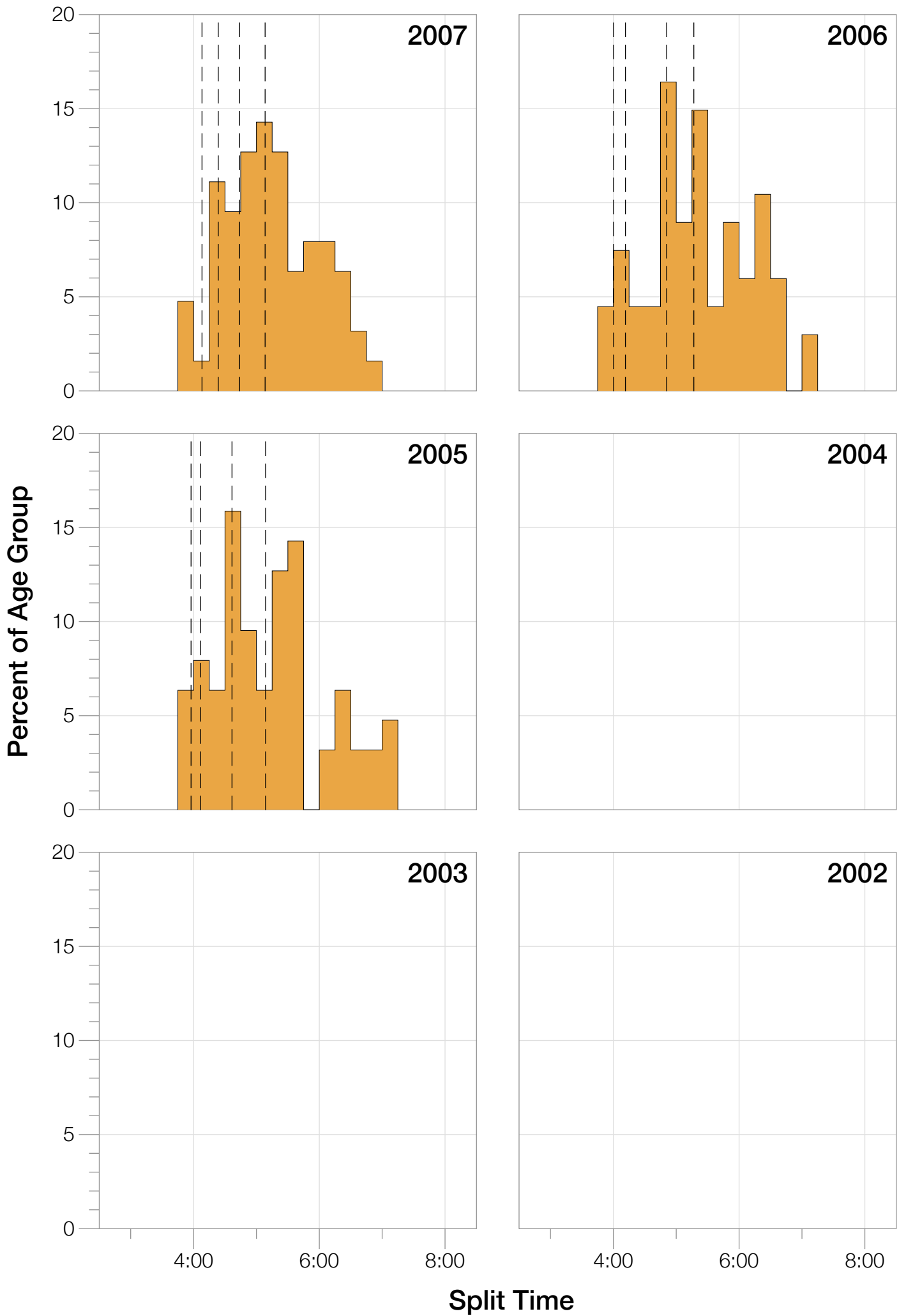
F40-44 Bike



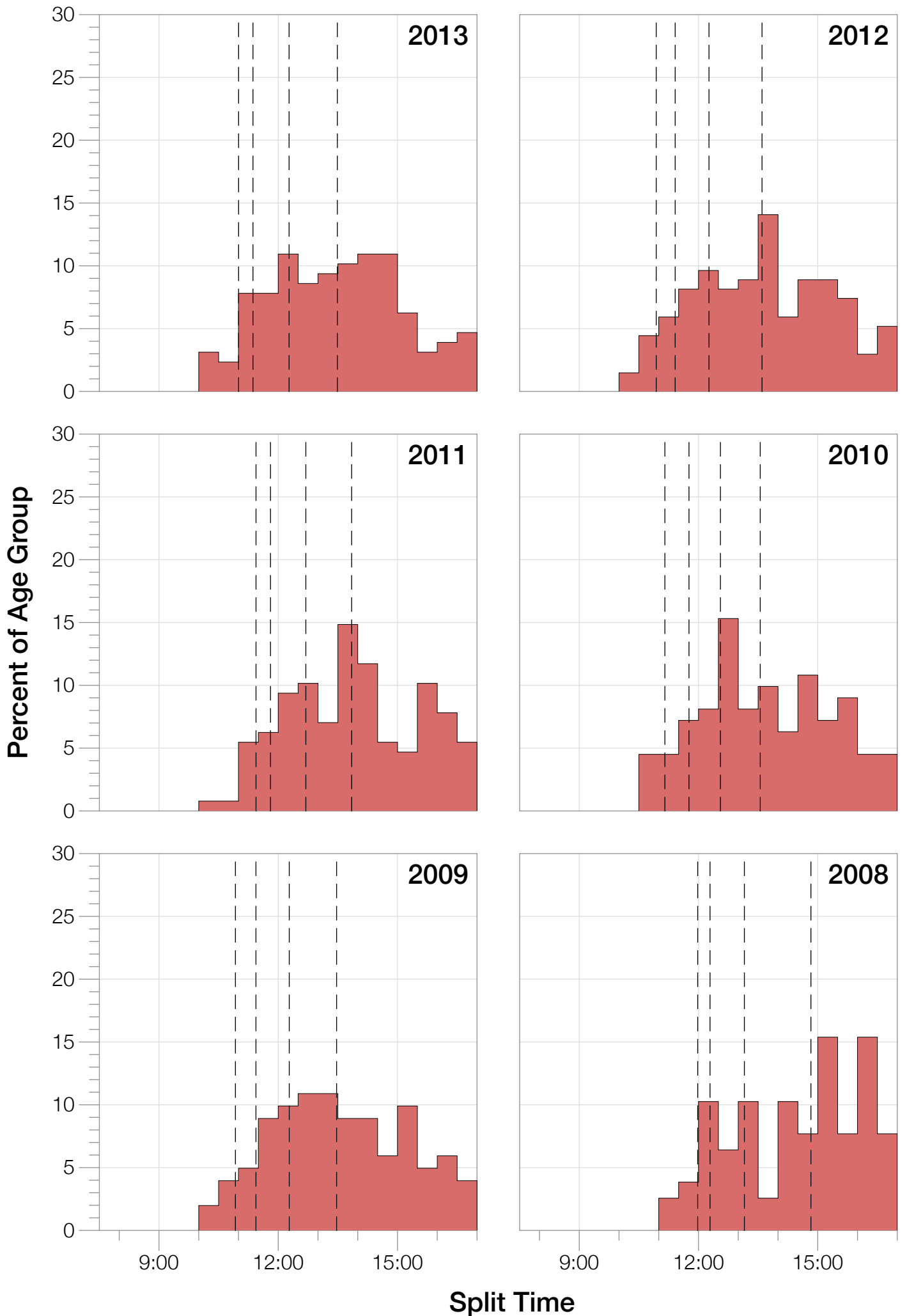
F40-44 Run



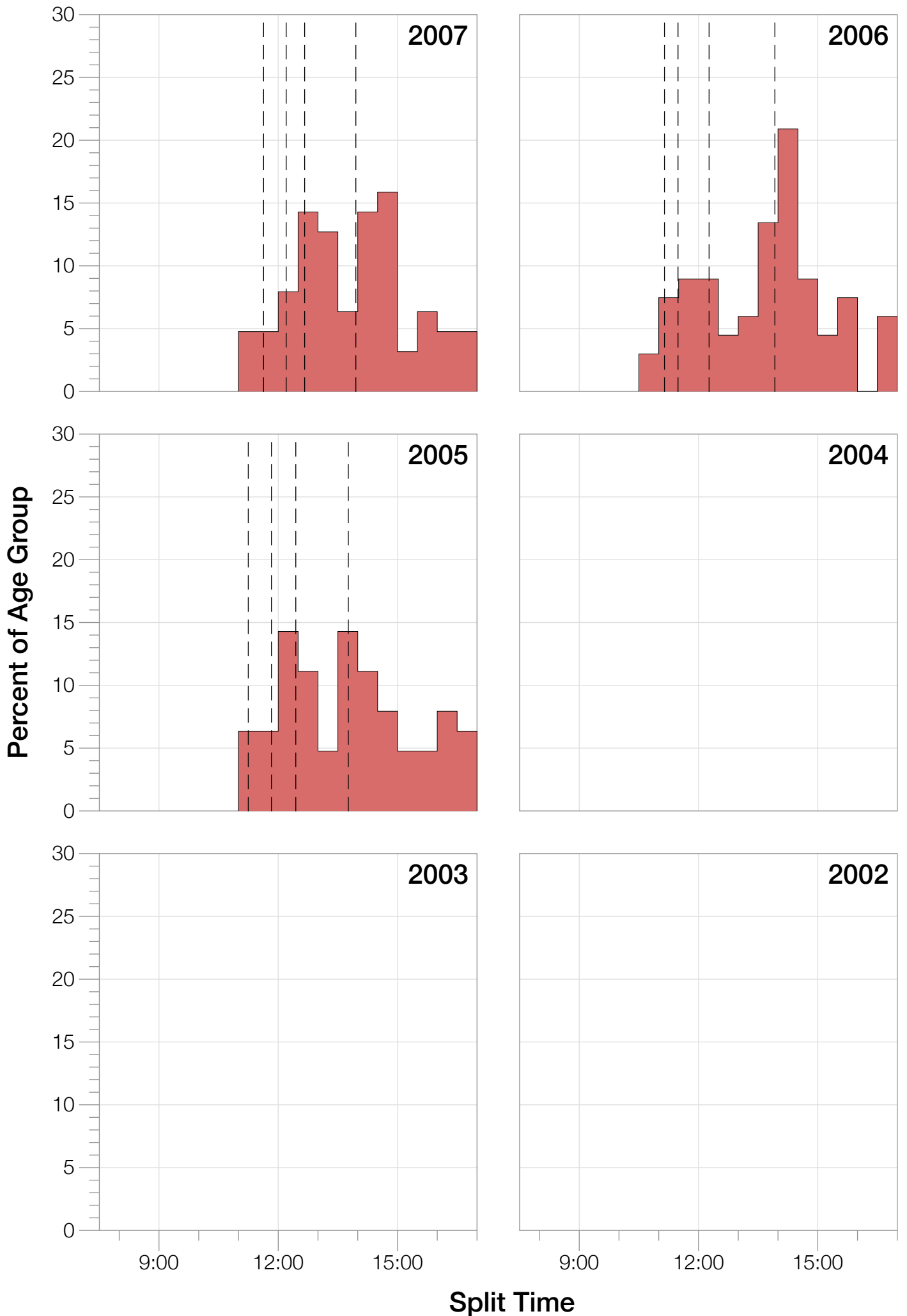
F40-44 Run



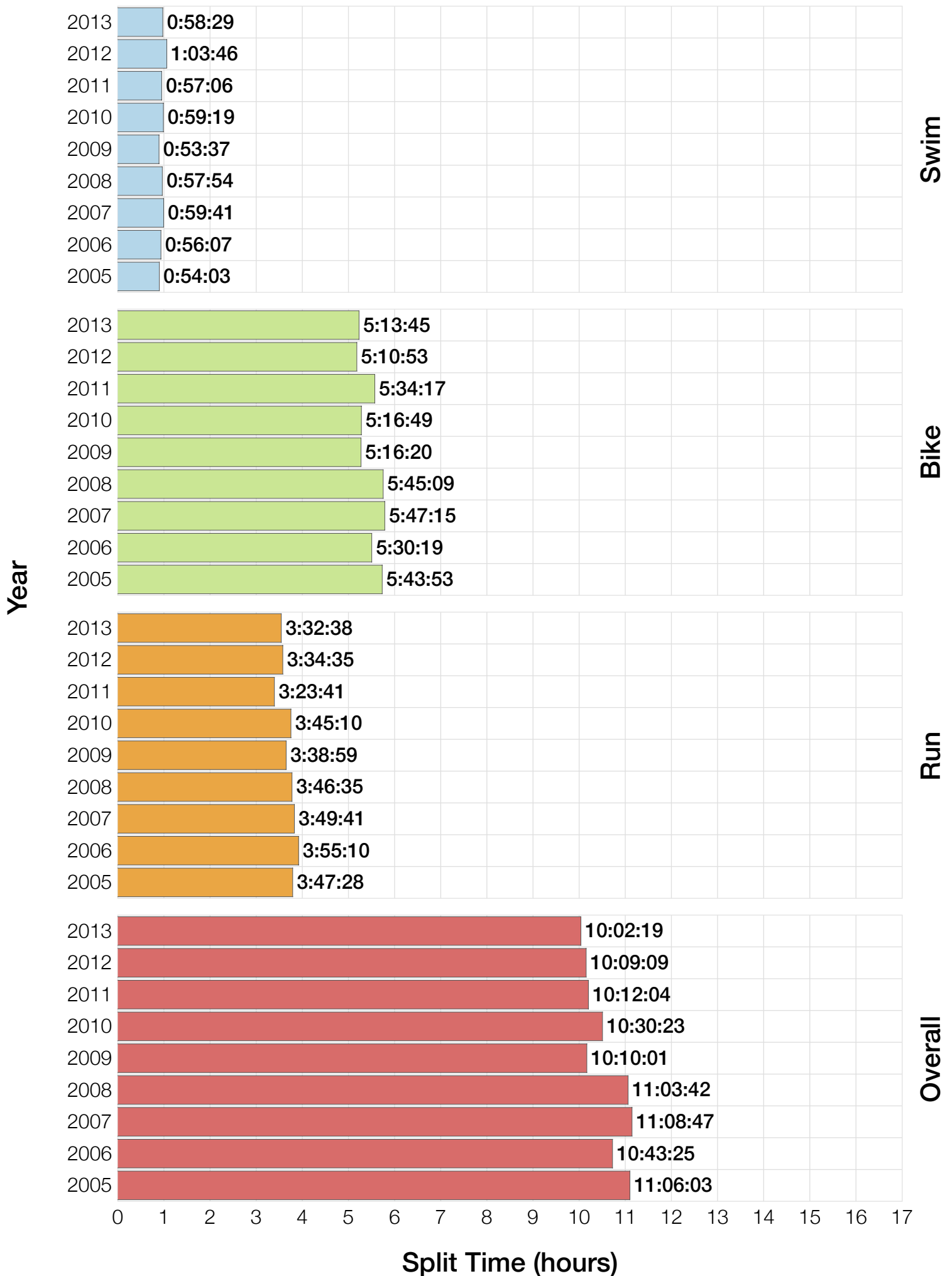
F40-44 Overall



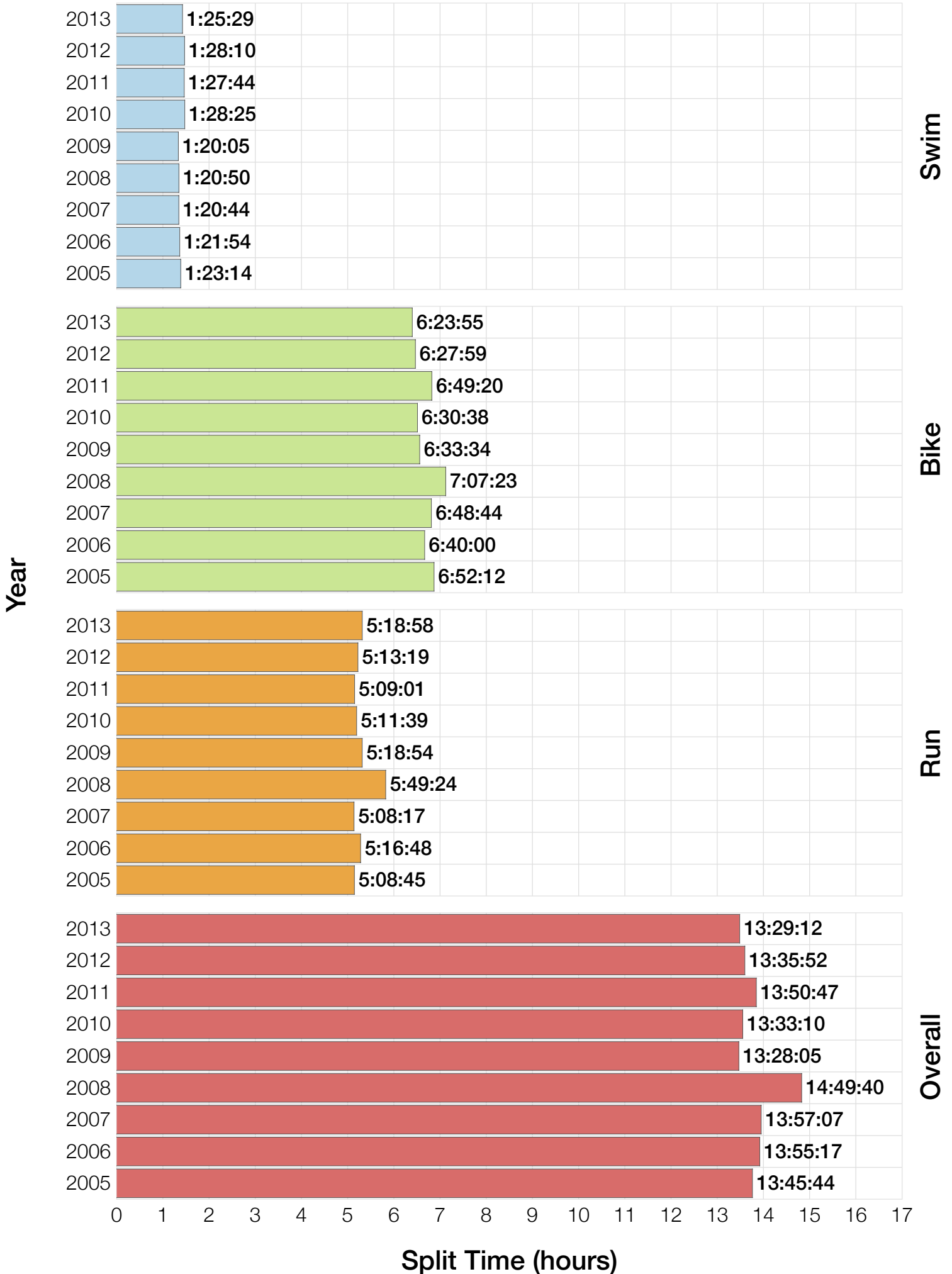
F40-44 Overall



F40-44 Fastest Splits



F40-44 Median Splits

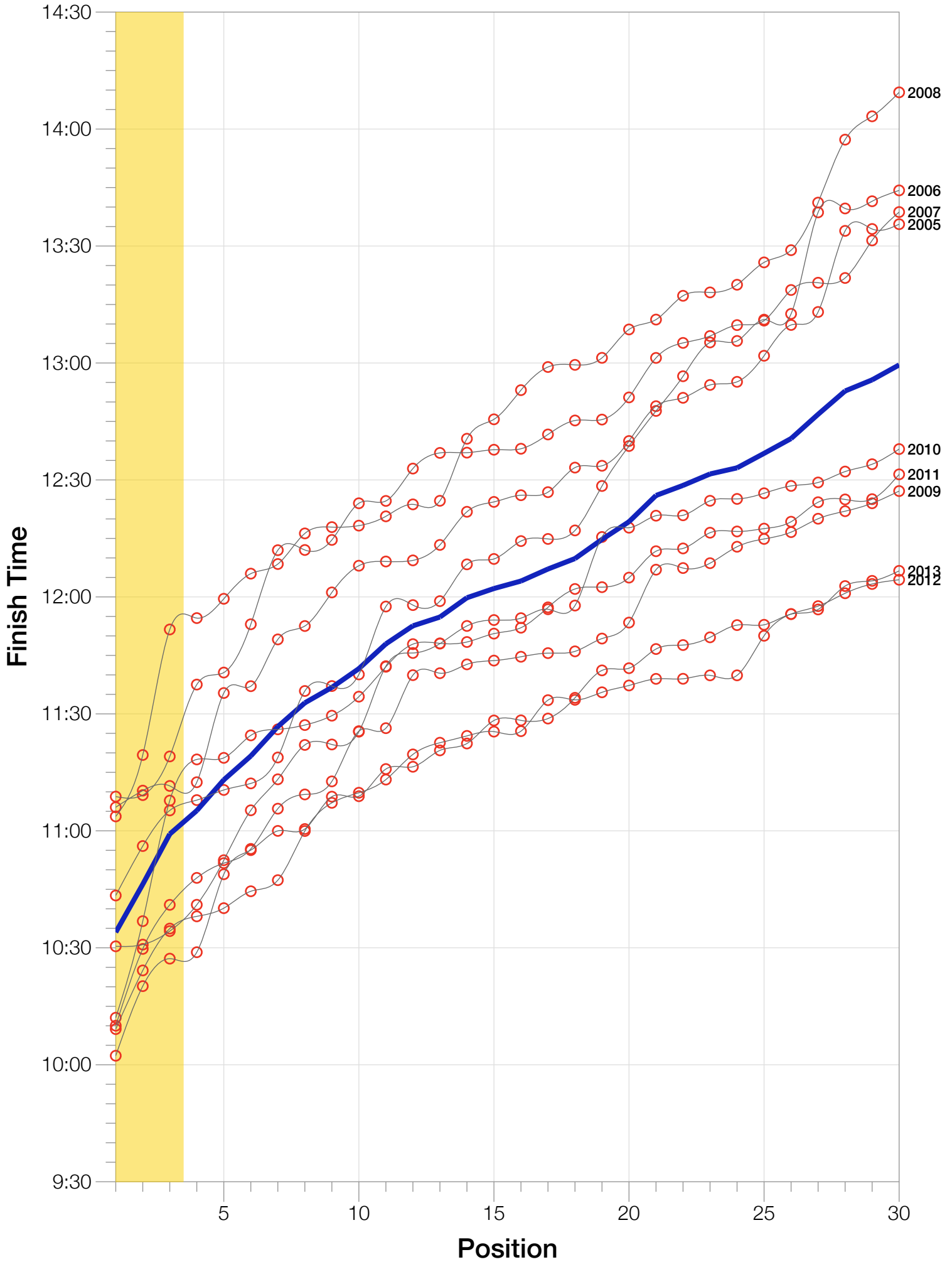


F40-44 Slowest Splits



F40-44 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F40-44 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:33	4:29:34	2:50:36	8:15:50
Average Female Winner	0:56:59	5:01:18	3:09:13	9:12:10
Average 1st Age Grouper	1:09:26	5:32:45	3:44:25	10:33:59
Average 2nd Age Grouper	1:09:32	5:35:08	3:54:03	10:46:18
Average 3rd Age Grouper	1:07:47	5:44:30	3:58:37	10:59:11
Average 4th Age Grouper	1:09:11	5:48:07	4:02:12	11:05:11
Average 5th Age Grouper	1:12:53	5:47:06	4:03:49	11:13:05
Average 6th Age Grouper	1:12:20	5:47:27	4:10:08	11:19:12
Average 7th Age Grouper	1:13:59	5:51:45	4:10:59	11:26:44
Average 8th Age Grouper	1:12:25	5:50:26	4:19:59	11:32:50
Average 9th Age Grouper	1:09:26	5:53:33	4:23:39	11:36:47
Average 10th Age Grouper	1:15:01	5:56:21	4:20:18	11:41:36
Kona Qualifier Average	1:08:55	5:37:28	3:52:21	10:46:29
Top 10 Age Grouper Average	1:11:13	5:46:42	4:06:49	11:13:29

Arizona 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:03	4:20:11	2:43:58	8:02:00
Female Winner	0:53:24	4:51:46	3:02:02	8:52:49
1st Age Grouper	1:09:46	5:15:03	3:32:38	10:02:19
2nd Age Grouper	1:07:02	5:16:03	3:51:38	10:20:10
3rd Age Grouper	1:19:07	5:18:13	3:40:20	10:27:13
4th Age Grouper	1:19:45	5:18:12	3:42:27	10:28:52
5th Age Grouper	1:16:14	5:22:08	4:01:34	10:48:52
6th Age Grouper	1:09:58	5:49:32	3:44:16	10:55:03
7th Age Grouper	1:15:28	5:22:53	4:14:15	10:59:59
8th Age Grouper	1:21:53	5:21:10	4:07:34	11:00:28
9th Age Grouper	1:08:34	5:35:25	4:17:01	11:08:46
10th Age Grouper	1:19:16	5:26:12	4:16:27	11:08:53
Kona Qualifier Average	1:11:58	5:16:26	3:41:32	10:16:34
Top 10 Age Grouper Average	1:14:42	5:24:29	3:56:49	10:44:03

Arizona 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:19	4:22:45	2:48:06	8:03:13
Female Winner	0:59:11	4:51:34	3:05:54	9:01:41
1st Age Grouper	1:04:38	5:19:13	3:38:40	10:09:09
2nd Age Grouper	1:15:48	5:10:53	3:49:37	10:24:12
3rd Age Grouper	1:17:23	5:15:41	3:54:21	10:34:56
4th Age Grouper			4:02:16	10:38:04
5th Age Grouper	1:06:02	5:24:47	4:00:17	10:40:10
6th Age Grouper	1:21:45	5:36:36	3:38:30	10:44:30
7th Age Grouper	1:03:46	5:21:07	4:14:57	10:47:21
8th Age Grouper	1:13:38	5:59:44	3:34:35	10:59:57
9th Age Grouper	1:19:39	5:43:19	3:53:53	11:07:11
10th Age Grouper	1:12:48	5:30:31	4:17:15	11:09:46
Kona Qualifier Average	1:12:36	5:15:15	3:47:32	10:22:45
Top 10 Age Grouper Average	1:12:49	5:29:05	3:54:26	10:43:31

Arizona 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:24	4:23:17	2:48:59	8:07:16
Female Winner	0:51:56	4:47:06	2:52:55	8:36:13
1st Age Grouper	1:05:38	5:37:39	3:23:41	10:12:04
2nd Age Grouper	1:07:16	5:36:46	3:45:43	10:36:50
3rd Age Grouper	0:57:17	5:51:38	4:10:21	11:07:46
4th Age Grouper	1:15:28	5:49:05	4:05:26	11:18:19
5th Age Grouper	1:05:18	5:57:38	4:06:57	11:18:43
6th Age Grouper	1:12:07	6:00:51	4:00:50	11:24:29
7th Age Grouper	1:14:31	5:59:55	3:58:55	11:26:02
8th Age Grouper	1:18:37	5:34:17	4:26:29	11:27:08
9th Age Grouper	1:08:02	5:53:02	4:13:29	11:29:32
10th Age Grouper	1:16:36	6:08:04	4:00:39	11:34:25
Kona Qualifier Average	1:03:23	5:42:01	3:46:35	10:38:53
Top 10 Age Grouper Average	1:10:05	5:50:53	4:01:15	11:11:31

Arizona 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:49	4:22:30	2:55:45	8:13:35
Female Winner	0:58:58	4:56:48	3:10:10	9:09:19
1st Age Grouper	1:07:15	5:22:55	3:53:06	10:30:23
2nd Age Grouper	1:05:39	5:30:51	3:45:10	10:30:49
3rd Age Grouper	1:09:02	5:20:48	3:57:22	10:34:17
4th Age Grouper	1:18:34	5:16:49	3:54:27	10:41:02
5th Age Grouper	1:12:11	5:32:04	4:00:38	10:52:28
6th Age Grouper	1:05:28	5:45:47	4:07:58	11:05:16
7th Age Grouper	1:21:45	5:46:51	3:57:02	11:13:13
8th Age Grouper	1:20:42	5:37:50	4:13:48	11:22:02
9th Age Grouper	1:07:46	5:41:47	4:24:52	11:22:09
10th Age Grouper	1:17:15	5:48:02	4:07:42	11:25:26
Kona Qualifier Average	1:07:18	5:24:51	3:51:52	10:31:49
Top 10 Age Grouper Average	1:12:33	5:34:22	4:02:12	10:57:42

Arizona 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:37:55	2:46:37	8:14:16
Female Winner	1:06:05	5:02:46	3:07:56	9:21:06
1st Age Grouper	0:59:59	5:16:20	3:42:45	10:10:01
2nd Age Grouper	1:10:04	5:34:12	3:38:59	10:29:43
3rd Age Grouper	1:05:06	5:43:49	3:44:07	10:41:01
4th Age Grouper	1:08:21	5:22:07	4:08:45	10:47:56
5th Age Grouper	1:15:57	5:46:09	3:40:55	10:51:43
6th Age Grouper	1:03:43	5:29:24	4:14:42	10:55:22
7th Age Grouper	1:10:28	5:54:20	3:54:38	11:05:41
8th Age Grouper	1:02:30	5:35:00	4:23:48	11:09:20
9th Age Grouper	1:02:00	5:33:33	4:25:40	11:12:41
10th Age Grouper	1:10:42	5:58:04	4:03:35	11:25:34
Kona Qualifier Average	1:05:03	5:31:27	3:41:57	10:26:55
Top 10 Age Grouper Average	1:06:53	5:37:17	3:59:47	10:52:54

Arizona 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:58:59	4:41:10	2:50:12	8:34:19
Female Winner	0:59:08	5:02:30	3:07:58	9:14:49
1st Age Grouper	1:22:18	5:45:09	3:46:35	11:03:42
2nd Age Grouper	1:04:01	5:57:30	4:10:44	11:19:27
3rd Age Grouper	1:08:15	6:12:29	4:23:15	11:51:39
4th Age Grouper	1:03:26	6:25:46	4:14:41	11:54:34
5th Age Grouper	1:25:15	6:02:22	4:22:13	11:59:31
6th Age Grouper	1:11:57	5:52:19	4:51:59	12:05:58
7th Age Grouper	1:20:43	6:26:40	4:06:24	12:08:26
8th Age Grouper	1:10:37	6:21:13	4:33:04	12:16:17
9th Age Grouper	1:06:08	6:09:23	4:51:01	12:17:54
10th Age Grouper	1:16:31	6:01:55	4:49:41	12:18:17
Kona Qualifier Average	1:11:31	5:58:22	4:06:51	11:24:56
Top 10 Age Grouper Average	1:12:55	6:07:28	4:24:57	11:55:34

Arizona 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:08	4:30:21	2:54:39	8:21:14
Female Winner	0:52:13	5:23:28	3:15:48	9:36:40
1st Age Grouper	1:14:20	5:47:15	3:59:43	11:08:47
2nd Age Grouper	1:14:29	5:55:02	3:49:41	11:09:10
3rd Age Grouper	1:13:01	5:49:12	4:07:12	11:19:05
4th Age Grouper	1:09:35	6:02:29	4:15:50	11:37:31
5th Age Grouper	1:19:06	6:18:06	3:56:33	11:40:36
6th Age Grouper	1:24:23	5:54:55	4:24:20	11:52:59
7th Age Grouper	1:11:02	6:27:15	4:24:39	12:11:59
8th Age Grouper	1:14:29	6:18:33	4:27:27	12:12:02
9th Age Grouper	1:08:40	6:10:41	4:44:01	12:14:37
10th Age Grouper	1:13:28	6:35:41	4:23:22	12:24:01
Kona Qualifier Average	1:13:56	5:50:29	3:58:52	11:12:20
Top 10 Age Grouper Average	1:14:15	6:07:54	4:15:16	11:47:04

Arizona 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:59	4:30:25	2:53:18	8:20:56
Female Winner	0:52:57	4:59:48	3:15:29	9:12:53
1st Age Grouper	1:11:37	5:30:19	3:55:10	10:43:25
2nd Age Grouper	1:10:52	5:31:04	4:07:08	10:56:06
3rd Age Grouper	0:56:07	5:59:53	4:00:22	11:05:14
4th Age Grouper	1:04:21	6:00:51	3:55:46	11:07:53
5th Age Grouper	1:07:31	5:40:00	4:16:38	11:10:29
6th Age Grouper	1:18:40	5:42:56	4:00:12	11:12:10
7th Age Grouper	1:20:53	5:34:21	4:10:48	11:18:49
8th Age Grouper	1:02:27	5:49:05	4:34:12	11:35:52
9th Age Grouper	1:19:58	6:13:22	3:55:48	11:37:08
10th Age Grouper	1:10:48	5:52:57	4:29:36	11:40:07
Kona Qualifier Average	1:06:12	5:40:25	4:00:53	10:54:55
Top 10 Age Grouper Average	1:10:19	5:47:28	4:08:34	11:14:43

Arizona 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:13	4:37:39	2:53:52	8:25:42
Female Winner	0:59:07	5:15:59	3:24:46	9:44:02
1st Age Grouper	1:09:24	6:00:58	3:47:28	11:06:03
2nd Age Grouper	1:10:38	5:43:53	4:07:50	11:10:19
3rd Age Grouper	1:04:52	6:08:54	3:50:17	11:11:31
4th Age Grouper	0:54:03	6:09:38	4:00:12	11:12:28
5th Age Grouper	1:08:30	6:00:42	4:08:41	11:35:21
6th Age Grouper	1:03:00	5:54:49	4:28:25	11:37:06
7th Age Grouper	1:07:18	5:52:29	4:37:17	11:49:06
8th Age Grouper	1:06:54	5:57:06	4:38:54	11:52:32
9th Age Grouper	1:04:15	6:01:30	4:47:13	12:01:09
10th Age Grouper	1:17:46	6:05:45	4:34:28	12:08:00
Kona Qualifier Average	1:08:18	5:57:55	3:55:11	11:09:17
Top 10 Age Grouper Average	1:06:40	5:59:34	4:18:04	11:34:21