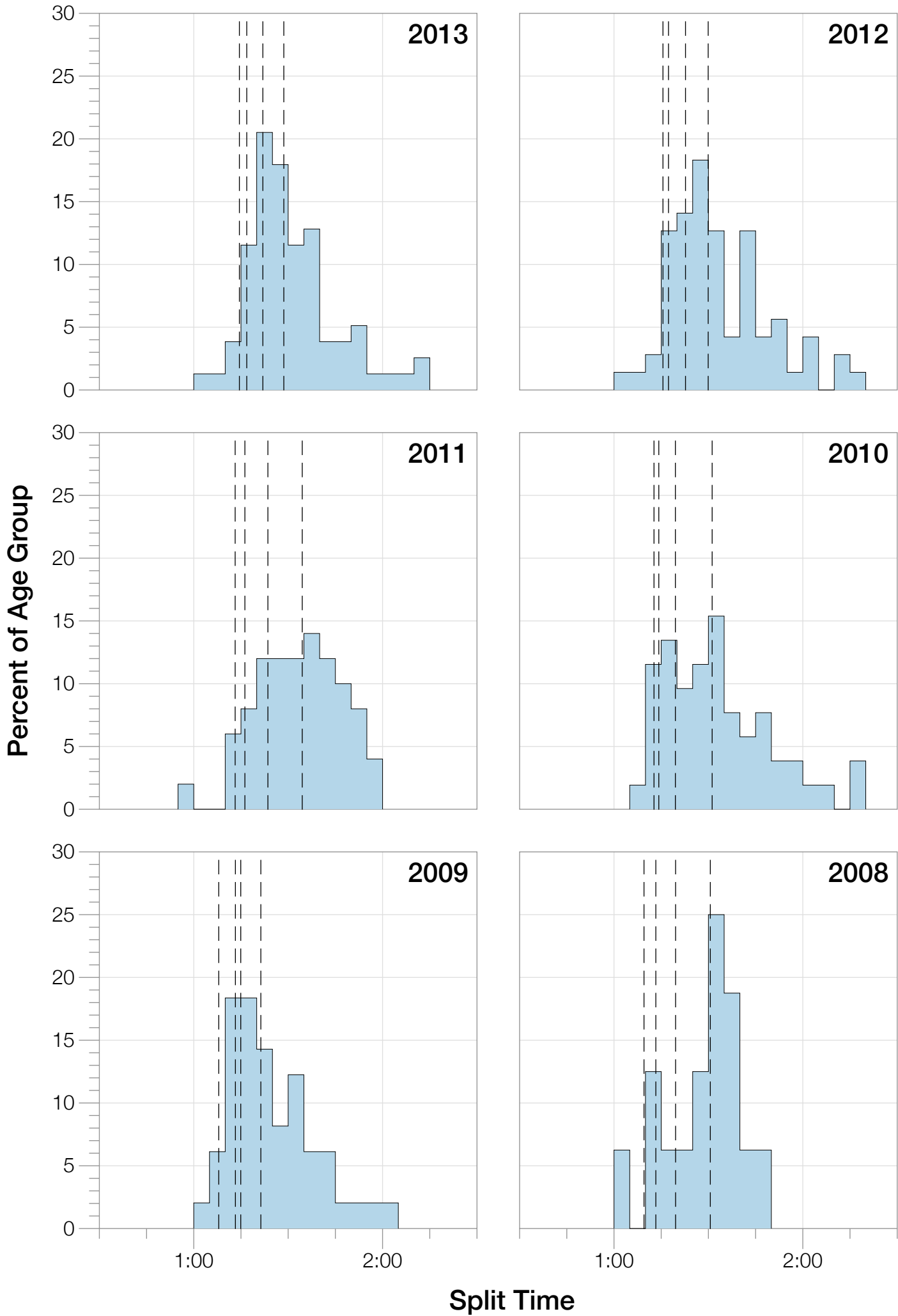


# Ironman Arizona F50-54 Stats

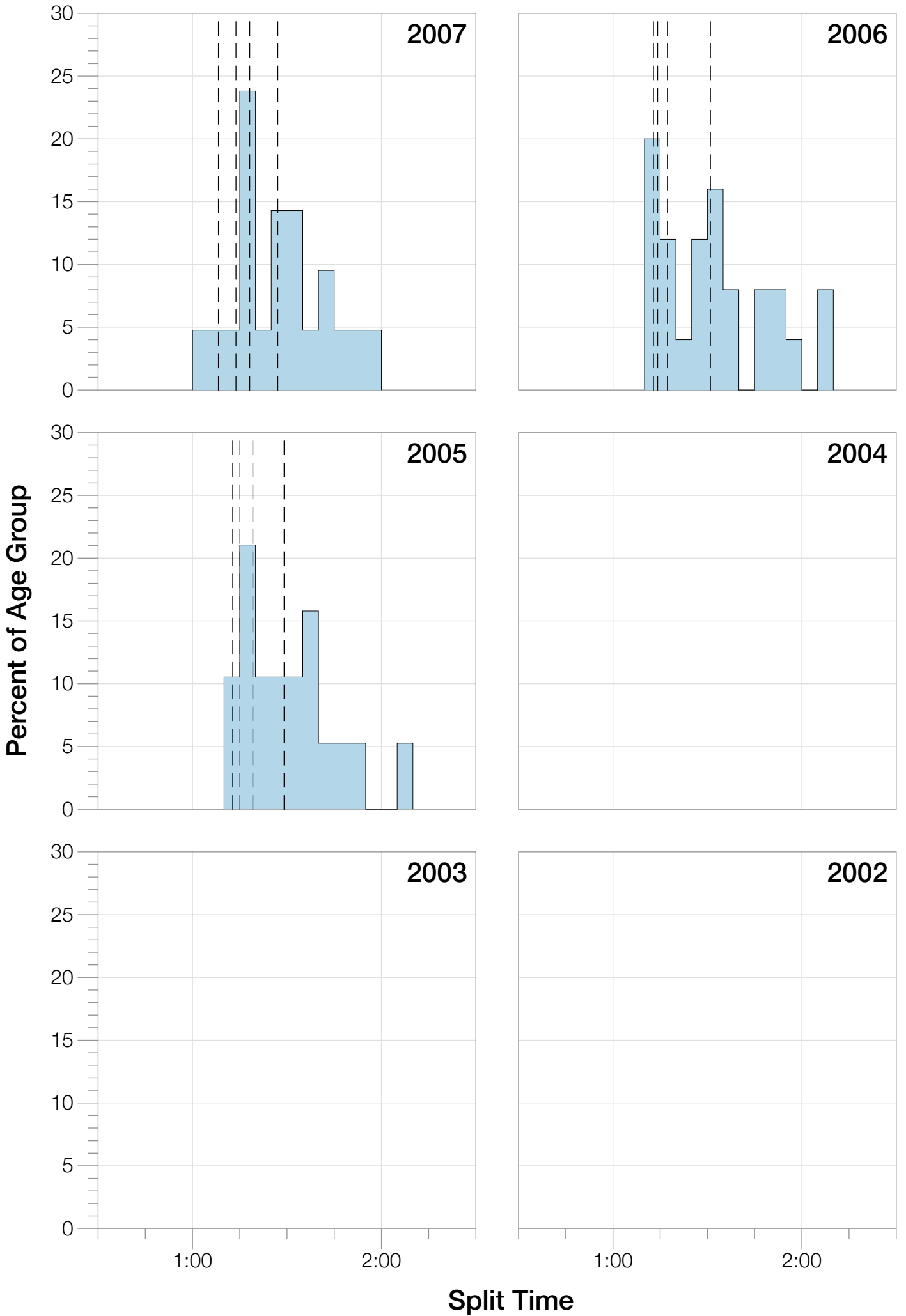
## F50-54 Summary Statistics

Year	Finishers	F50-54 Finishers	Male Winner's Time	Female Winner's Time	F50-54 Winner's Time
2005	1682	20	8:25:42	9:44:02	12:18:52
2006	1723	25	8:20:56	9:12:53	11:55:33
2007	1861	21	8:21:14	9:36:40	11:57:37
2008	1689	16	8:34:19	9:14:49	12:13:02
2009	2077	49	8:14:16	9:21:06	11:20:00
2010	2397	52	8:13:35	9:09:19	11:26:21
2011	2217	50	8:07:16	8:36:13	11:45:23
2012	2379	73	8:03:13	9:01:41	10:48:29
2013	2521	78	8:02:00	8:52:49	10:32:58
<b>Average</b>	<b>2061</b>	<b>43</b>	<b>8:15:50</b>	<b>9:12:10</b>	<b>11:35:21</b>

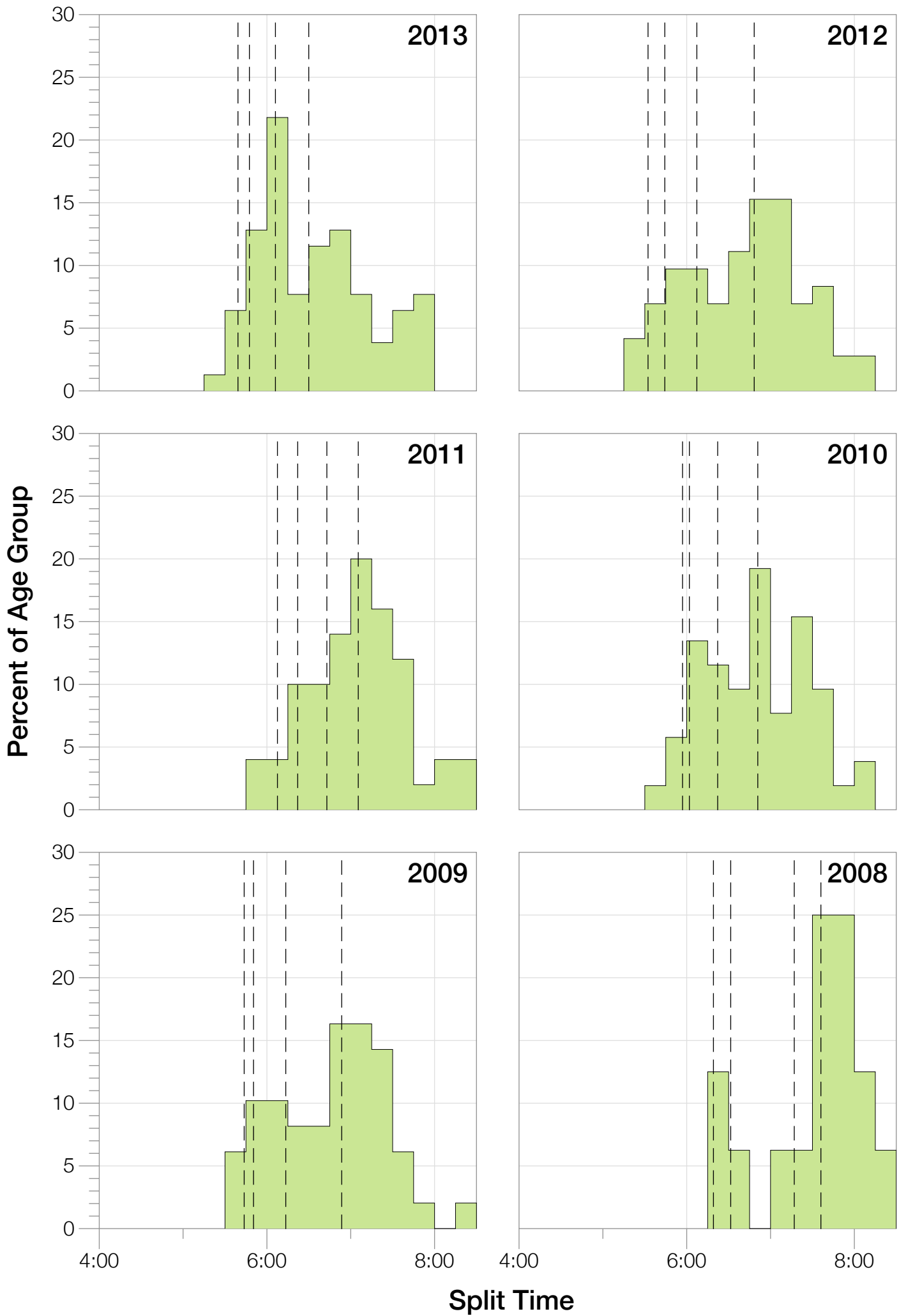
# F50-54 Swim



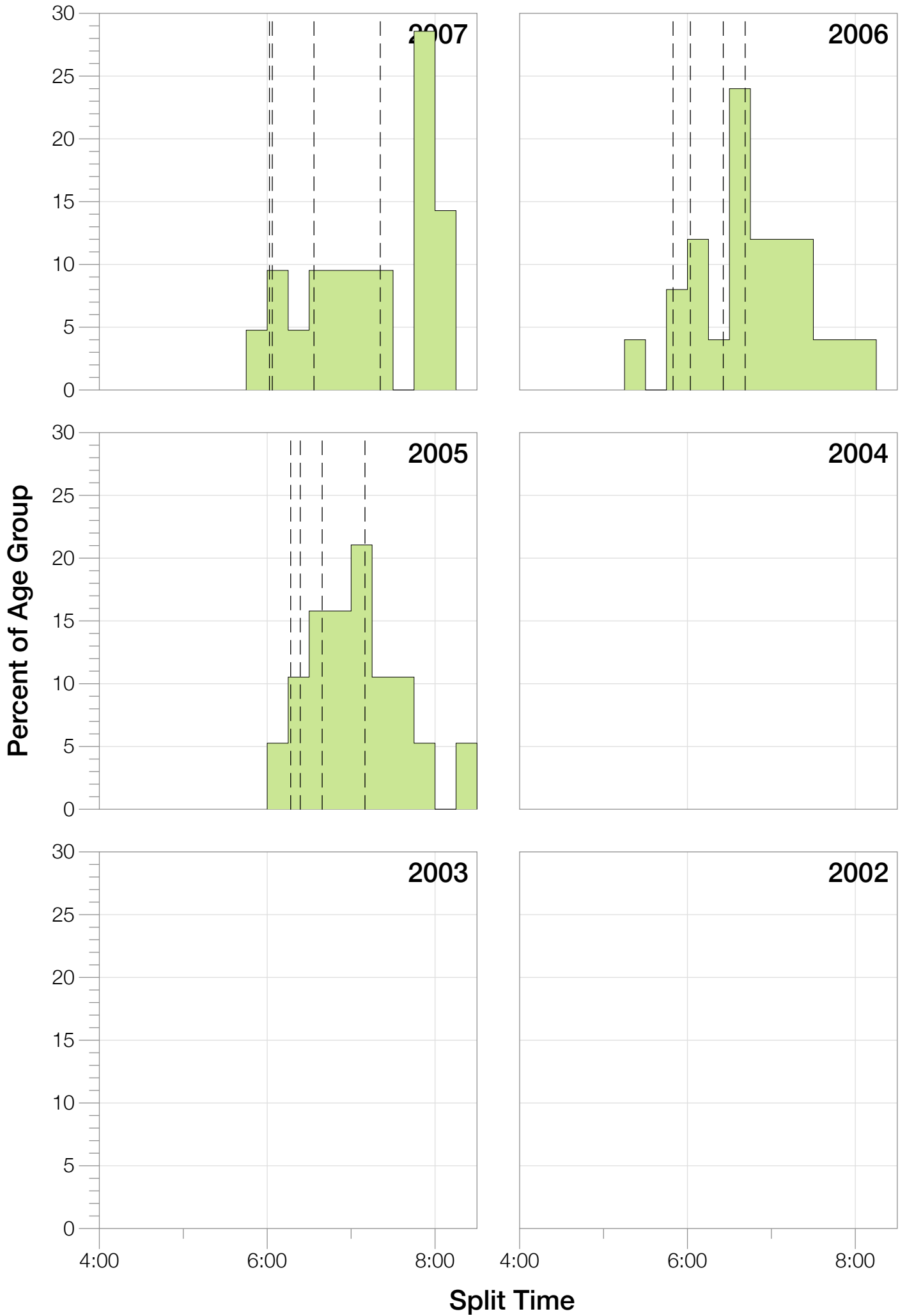
# F50-54 Swim



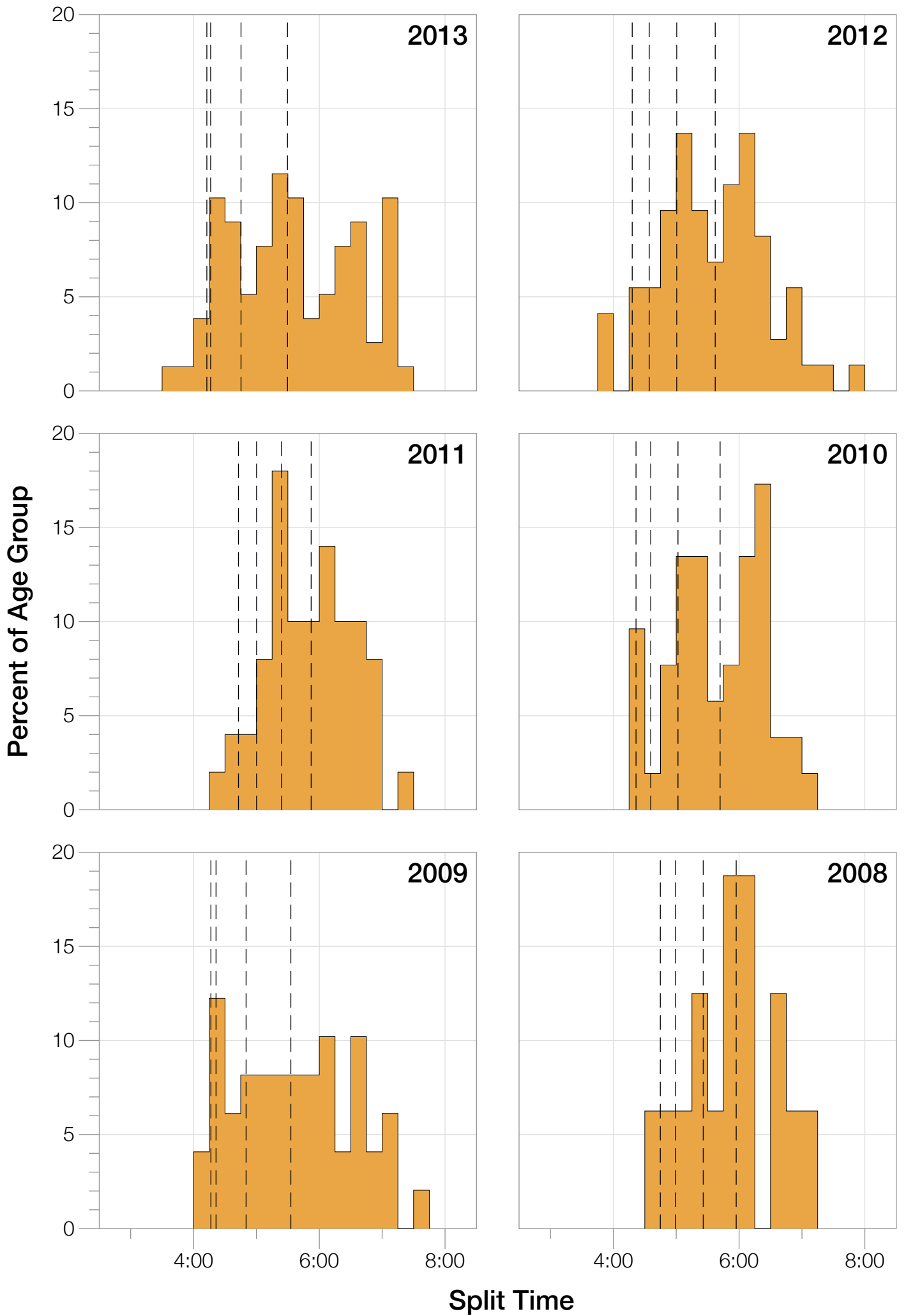
# F50-54 Bike



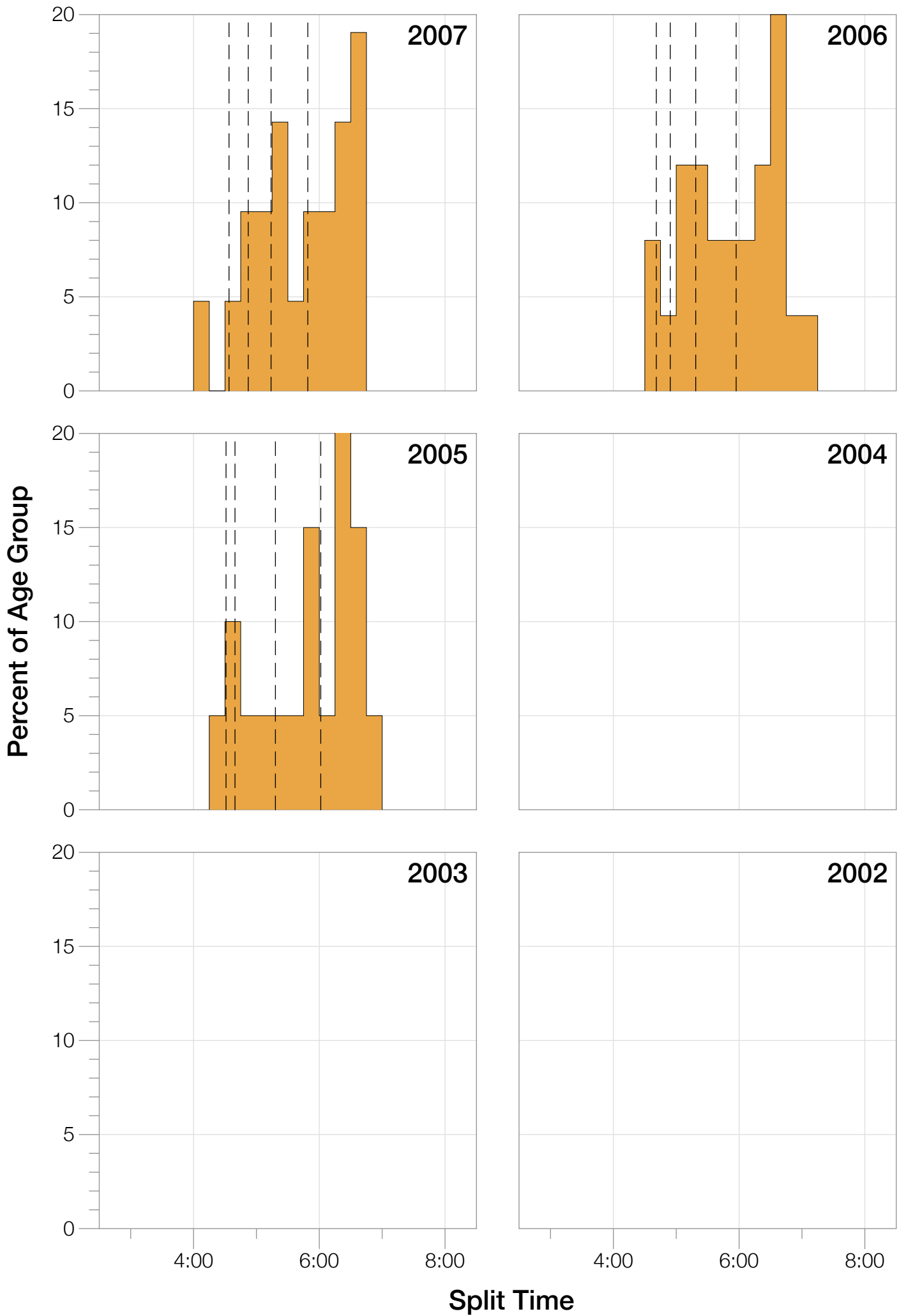
# F50-54 Bike



# F50-54 Run

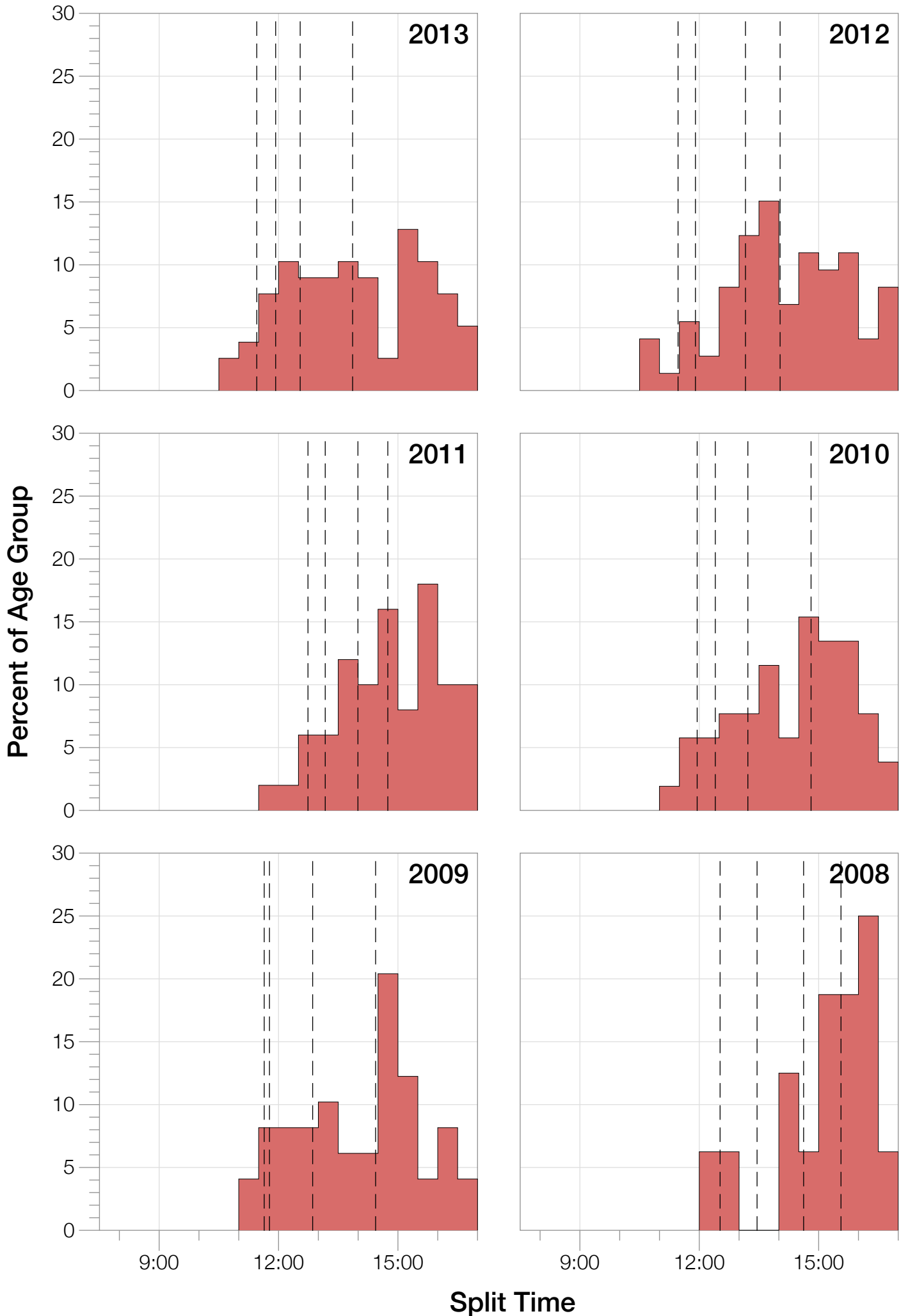


# F50-54 Run

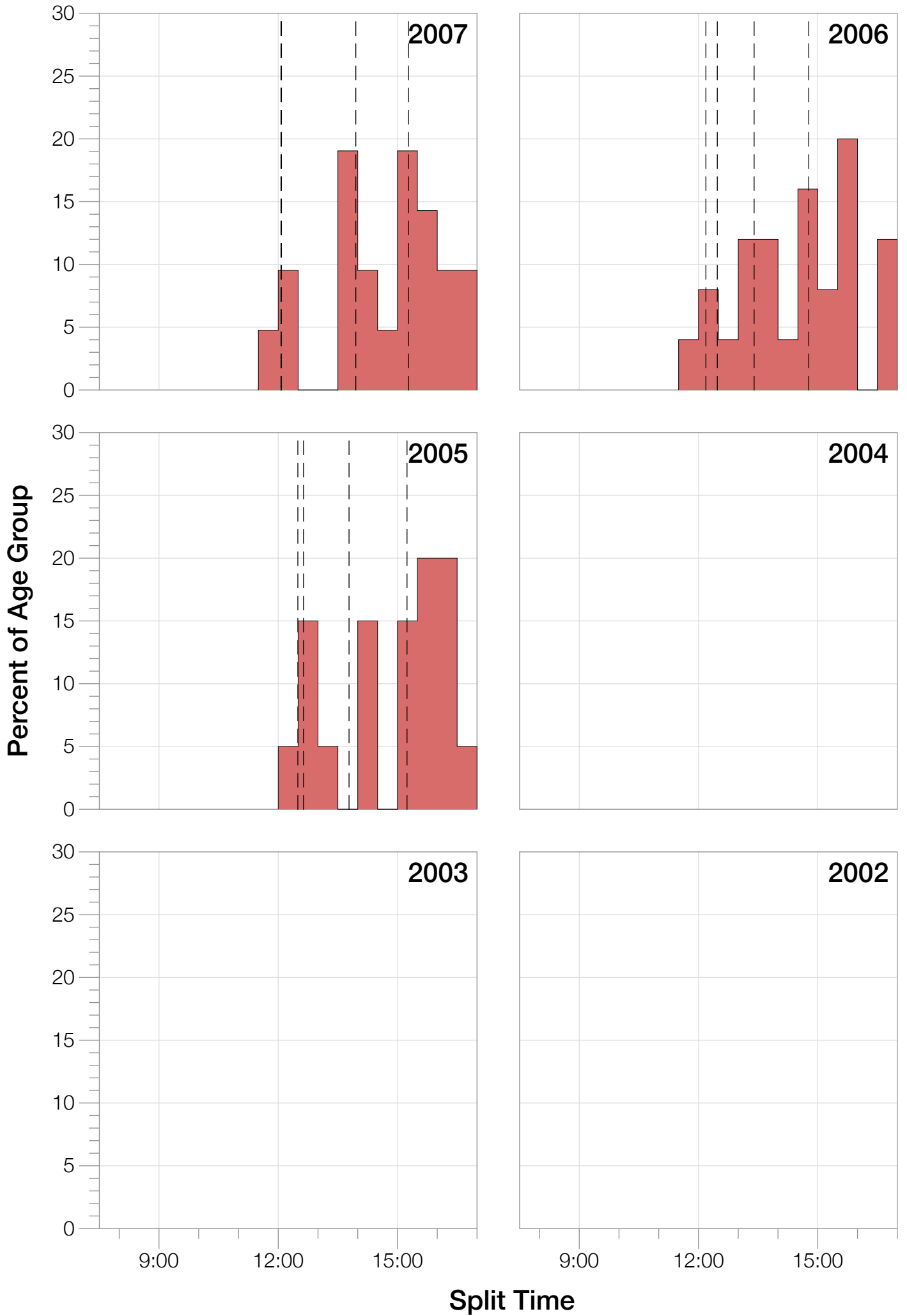




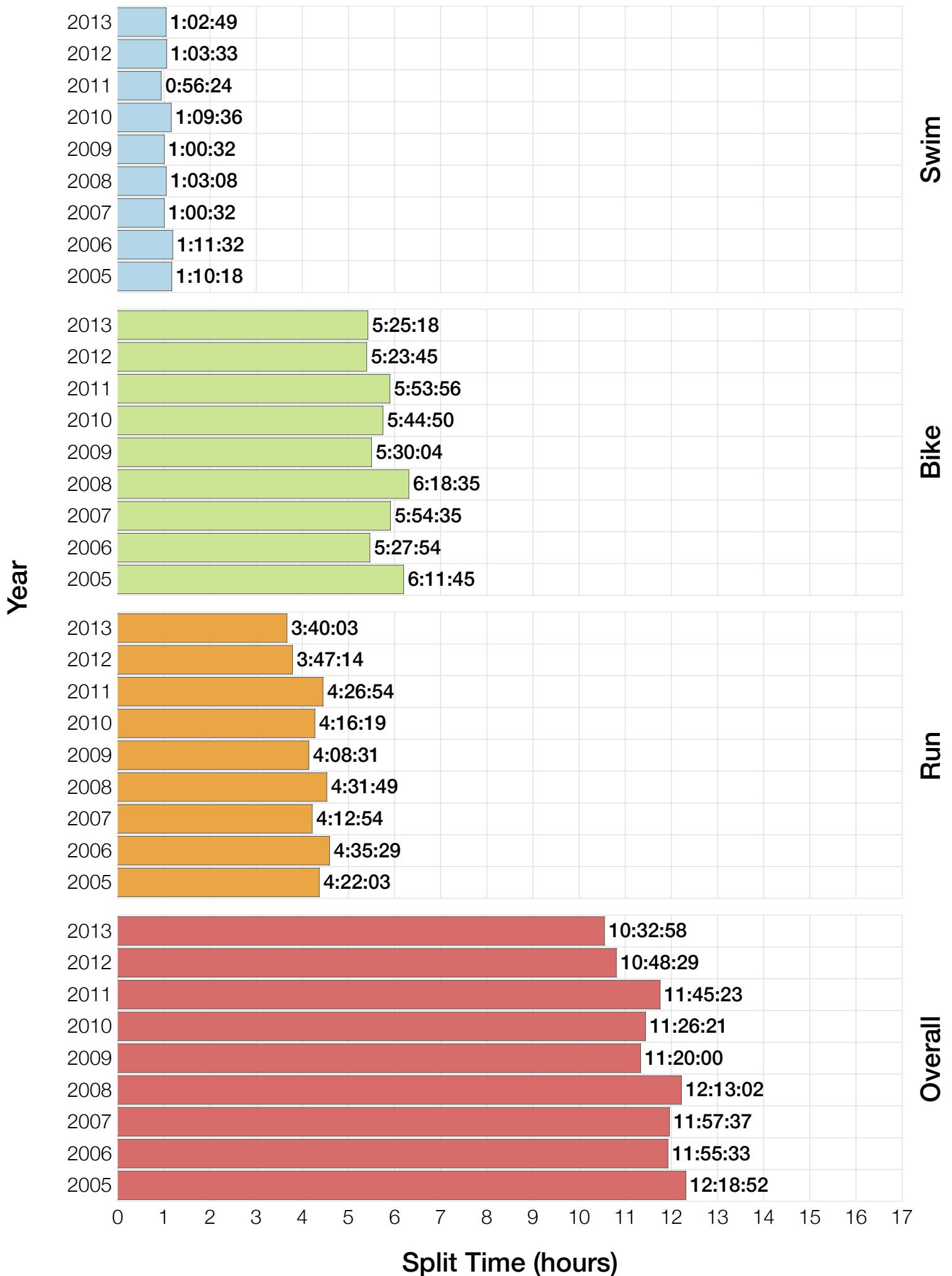
# F50-54 Overall



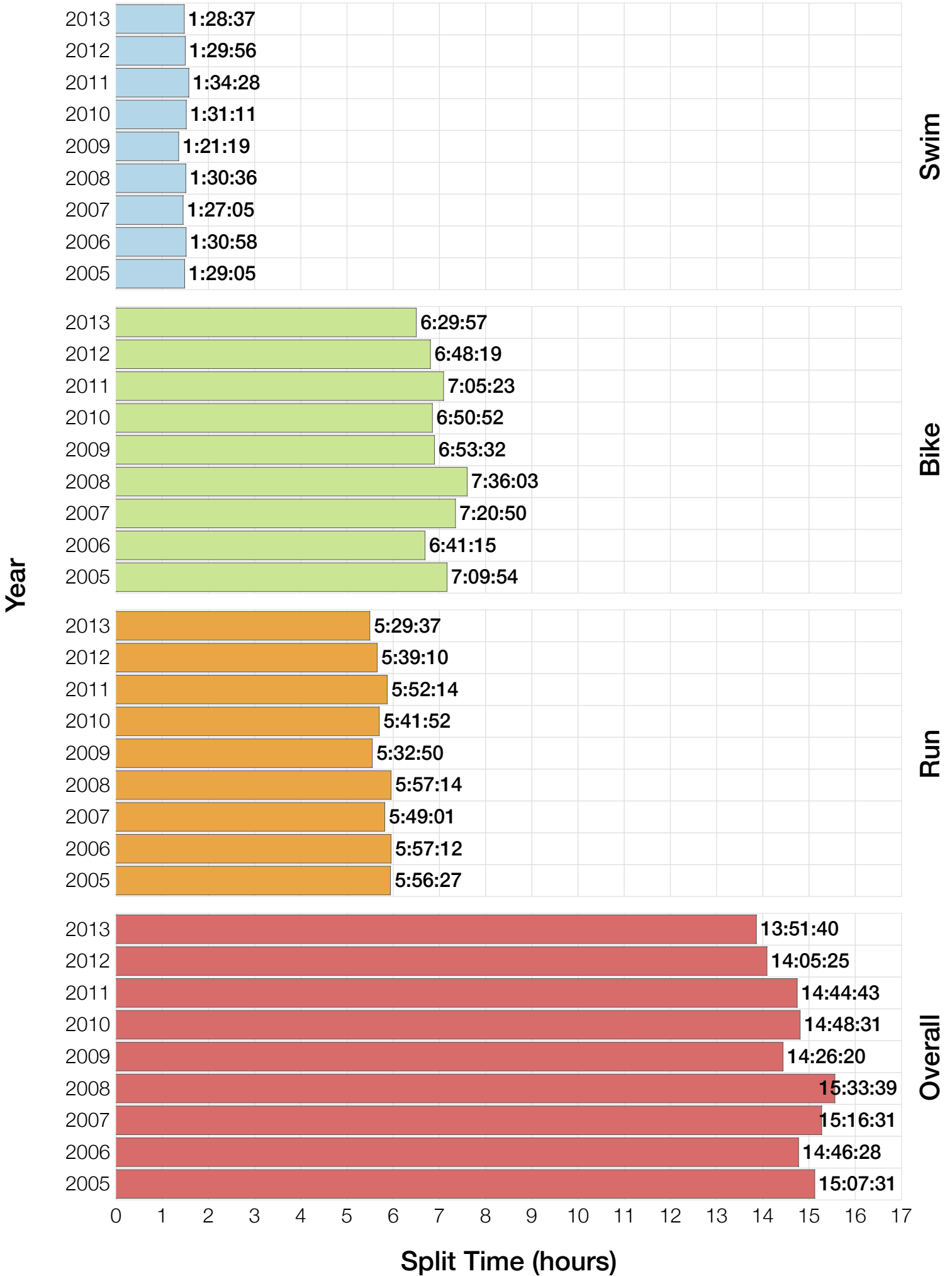
# F50-54 Overall



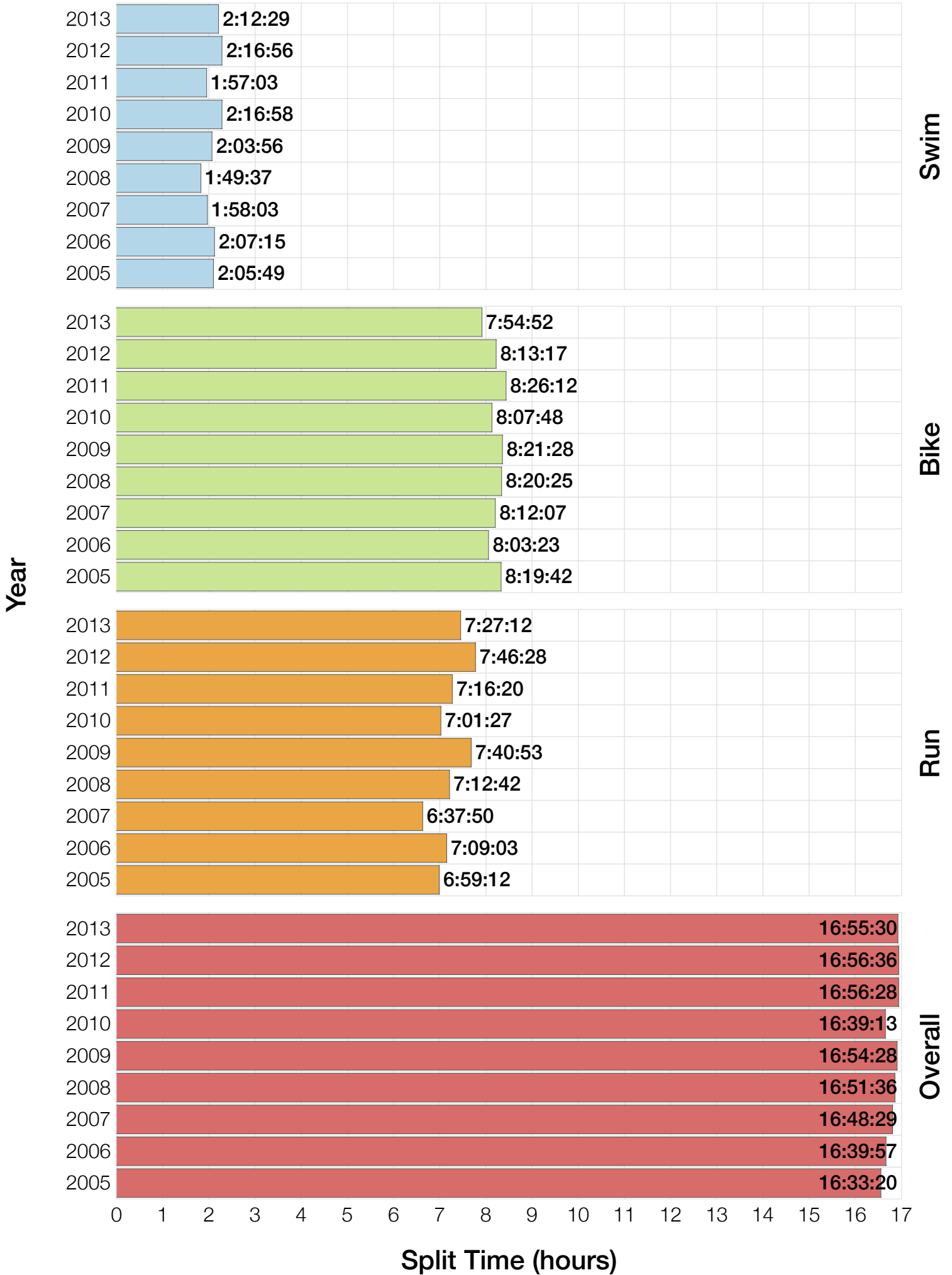
# F50-54 Fastest Splits



# F50-54 Median Splits

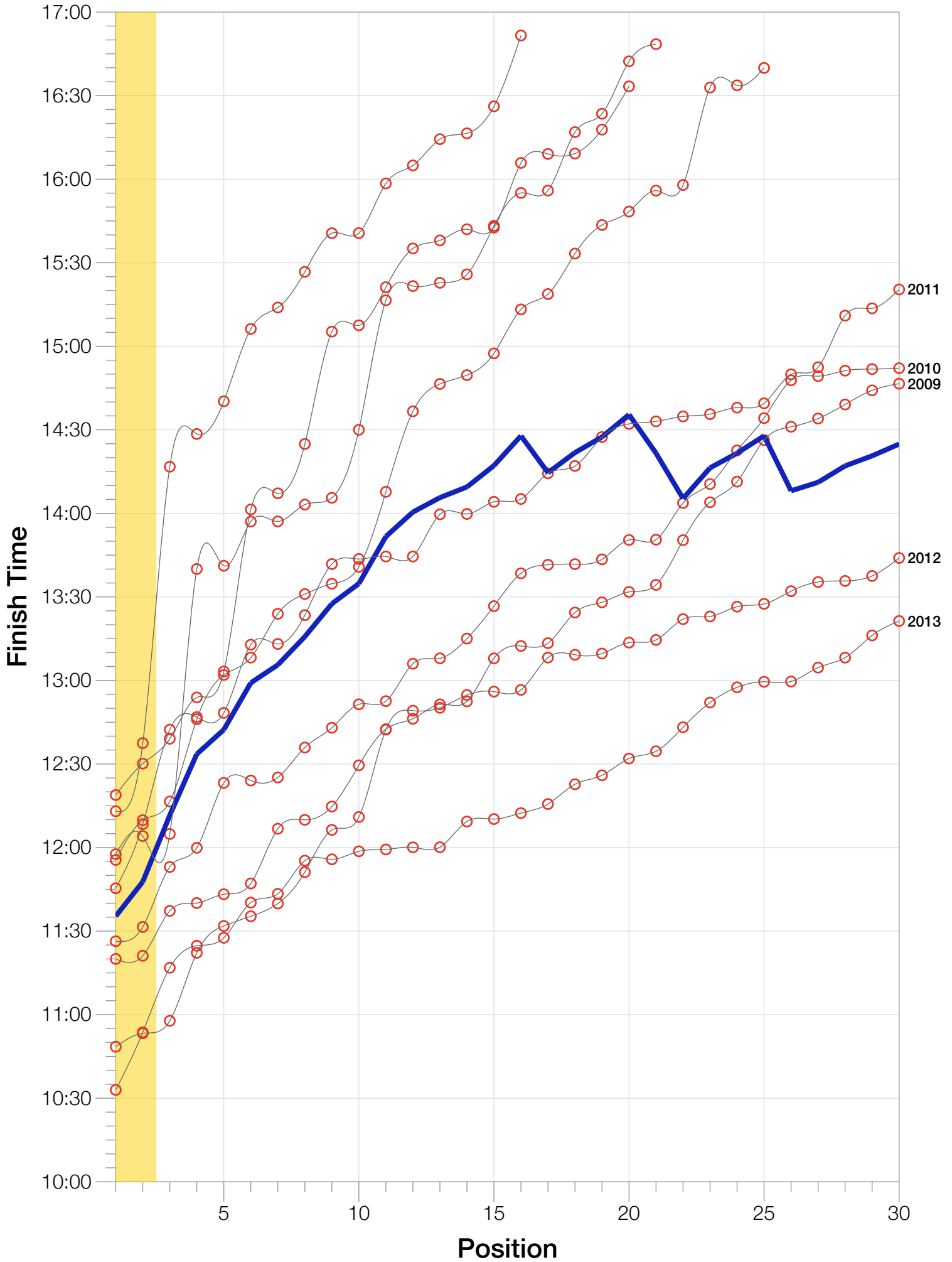


# F50-54 Slowest Splits



# F50-54 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# F50-54 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:51:33</b>	<b>4:29:34</b>	<b>2:50:36</b>	<b>8:15:50</b>
<b>Average Female Winner</b>	<b>0:56:59</b>	<b>5:01:18</b>	<b>3:09:13</b>	<b>9:12:10</b>
<b>Average 1st Age Grouper</b>	<b>1:13:40</b>	<b>5:52:31</b>	<b>4:17:59</b>	<b>11:35:21</b>
<b>Average 2nd Age Grouper</b>	<b>1:14:55</b>	<b>5:54:17</b>	<b>4:27:38</b>	<b>11:47:43</b>
Average 3rd Age Grouper	1:15:27	6:03:37	4:39:12	12:11:36
Average 4th Age Grouper	1:20:00	6:17:02	4:44:55	12:33:34
Average 5th Age Grouper	1:17:39	6:06:23	5:05:17	12:42:19
Average 6th Age Grouper	1:24:37	6:22:51	4:57:22	12:59:09
Average 7th Age Grouper	1:33:46	6:27:33	4:50:10	13:05:36
Average 8th Age Grouper	1:19:31	6:21:25	5:21:02	13:15:44
Average 9th Age Grouper	1:21:15	6:38:11	5:13:42	13:27:32
Average 10th Age Grouper	1:26:12	6:38:58	5:12:48	13:34:47
<b>Kona Qualifier Average</b>	<b>1:14:17</b>	<b>5:53:24</b>	<b>4:22:48</b>	<b>11:41:32</b>
<b>Top 10 Age Grouper Average</b>	<b>1:20:42</b>	<b>6:16:17</b>	<b>4:53:00</b>	<b>12:43:20</b>

## Arizona 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:54:03</b>	<b>4:20:11</b>	<b>2:43:58</b>	<b>8:02:00</b>
<b>Female Winner</b>	<b>0:53:24</b>	<b>4:51:46</b>	<b>3:02:02</b>	<b>8:52:49</b>
<b>1st Age Grouper</b>	<b>1:14:20</b>	<b>5:25:18</b>	<b>3:40:03</b>	<b>10:32:58</b>
<b>2nd Age Grouper</b>	<b>1:14:32</b>	<b>5:36:58</b>	<b>3:52:01</b>	<b>10:53:39</b>
3rd Age Grouper	1:19:58	5:30:13	4:12:46	11:16:51
4th Age Grouper	1:05:53	5:52:05	4:15:39	11:24:44
5th Age Grouper	1:17:01	5:47:28	4:12:11	11:27:36
6th Age Grouper	1:30:58	5:35:51	4:15:34	11:40:14
7th Age Grouper	1:21:33	5:39:42	4:29:54	11:43:23
8th Age Grouper	1:16:51	5:51:04	4:38:22	11:55:18
9th Age Grouper	1:20:00	5:54:44	4:31:49	11:55:46
10th Age Grouper	1:29:43	5:58:57	4:15:51	11:58:39
<b>Kona Qualifier Average</b>	<b>1:14:26</b>	<b>5:31:08</b>	<b>3:46:02</b>	<b>10:43:18</b>
<b>Top 10 Age Grouper Average</b>	<b>1:19:04</b>	<b>5:43:14</b>	<b>4:14:25</b>	<b>11:28:54</b>

## Arizona 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:19</b>	<b>4:22:45</b>	<b>2:48:06</b>	<b>8:03:13</b>
<b>Female Winner</b>	<b>0:59:11</b>	<b>4:51:34</b>	<b>3:05:54</b>	<b>9:01:41</b>
<b>1st Age Grouper</b>	<b>1:26:34</b>	<b>5:23:45</b>	<b>3:47:14</b>	<b>10:48:29</b>
<b>2nd Age Grouper</b>	<b>1:03:33</b>	<b>5:27:10</b>	<b>4:15:31</b>	<b>10:53:19</b>
3rd Age Grouper	1:22:32	5:30:31	3:57:28	10:57:47
4th Age Grouper	1:06:22	5:43:43	4:22:36	11:22:12
5th Age Grouper	1:24:40	5:49:09	3:59:10	11:31:51
6th Age Grouper	1:21:08	5:44:04	4:20:54	11:35:19
7th Age Grouper	1:21:07	5:33:48	4:33:39	11:39:54
8th Age Grouper	1:10:52	5:29:37	5:02:59	11:51:11
9th Age Grouper	1:16:50	5:50:05	4:45:13	12:06:20
10th Age Grouper	1:19:08	5:49:53	4:50:03	12:10:58
<b>Kona Qualifier Average</b>	<b>1:15:03</b>	<b>5:25:27</b>	<b>4:01:22</b>	<b>10:50:54</b>
<b>Top 10 Age Grouper Average</b>	<b>1:17:16</b>	<b>5:38:10</b>	<b>4:23:28</b>	<b>11:29:44</b>

### Arizona 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:24	4:23:17	2:48:59	8:07:16
Female Winner	0:51:56	4:47:06	2:52:55	8:36:13
1st Age Grouper	0:56:24	6:02:57	4:33:38	11:45:23
2nd Age Grouper	1:18:48	6:13:10	4:26:54	12:08:24
3rd Age Grouper	1:29:02	5:58:26	5:03:04	12:42:21
4th Age Grouper	1:23:13	6:32:50	4:35:26	12:46:51
5th Age Grouper	1:12:24	5:53:56	5:28:23	12:48:21
6th Age Grouper	1:21:56	6:33:49	5:00:57	13:12:50
7th Age Grouper	1:16:18	6:33:54	5:09:45	13:13:06
8th Age Grouper	1:44:46	6:23:20	4:53:05	13:23:27
9th Age Grouper	1:15:47	6:49:51	5:15:33	13:41:48
10th Age Grouper	1:35:18	6:59:22	4:51:56	13:43:37
<b>Kona Qualifier Average</b>	<b>1:07:36</b>	<b>6:08:03</b>	<b>4:30:16</b>	<b>11:56:53</b>
<b>Top 10 Age Grouper Average</b>	<b>1:21:23</b>	<b>6:24:09</b>	<b>4:55:52</b>	<b>12:56:36</b>

### Arizona 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:49	4:22:30	2:55:45	8:13:35
Female Winner	0:58:58	4:56:48	3:10:10	9:09:19
1st Age Grouper	1:09:36	5:49:01	4:17:34	11:26:21
2nd Age Grouper	1:12:14	5:44:50	4:25:19	11:31:29
3rd Age Grouper	1:23:03	5:59:26	4:21:24	11:53:02
4th Age Grouper	1:22:30	6:08:17	4:16:19	11:59:54
5th Age Grouper	1:26:18	5:54:05	4:53:03	12:23:13
6th Age Grouper	1:16:48	6:01:27	4:52:28	12:24:04
7th Age Grouper	1:18:48	6:20:17	4:34:37	12:25:10
8th Age Grouper	1:13:28	6:00:20	5:10:57	12:35:55
9th Age Grouper	1:16:57	6:14:13	5:00:40	12:43:01
10th Age Grouper	1:19:23	6:17:31	5:01:39	12:51:26
<b>Kona Qualifier Average</b>	<b>1:10:55</b>	<b>5:46:55</b>	<b>4:21:26</b>	<b>11:28:55</b>
<b>Top 10 Age Grouper Average</b>	<b>1:17:54</b>	<b>6:02:56</b>	<b>4:41:24</b>	<b>12:13:21</b>

### Arizona 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:37:55	2:46:37	8:14:16
Female Winner	1:06:05	5:02:46	3:07:56	9:21:06
1st Age Grouper	1:17:35	5:42:09	4:12:02	11:20:00
2nd Age Grouper	1:13:16	5:34:32	4:22:30	11:21:09
3rd Age Grouper	1:05:03	6:02:18	4:17:16	11:37:15
4th Age Grouper	1:24:22	5:50:36	4:16:07	11:40:04
5th Age Grouper	1:00:32	5:56:58	4:34:59	11:43:14
6th Age Grouper	1:14:52	5:30:04	4:48:41	11:47:06
7th Age Grouper	1:28:00	6:02:20	4:22:33	12:06:45
8th Age Grouper	1:17:29	5:46:06	4:53:35	12:09:57
9th Age Grouper	1:09:44	6:16:45	4:34:06	12:14:44
10th Age Grouper	1:15:36	6:15:57	4:36:59	12:29:32
<b>Kona Qualifier Average</b>	<b>1:15:25</b>	<b>5:38:20</b>	<b>4:17:16</b>	<b>11:20:34</b>
<b>Top 10 Age Grouper Average</b>	<b>1:14:38</b>	<b>5:53:46</b>	<b>4:29:52</b>	<b>11:50:58</b>



### Arizona 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:58:59	4:41:10	2:50:12	8:34:19
Female Winner	0:59:08	5:02:30	3:07:58	9:14:49
1st Age Grouper	1:11:40	6:19:19	4:31:49	12:13:02
2nd Age Grouper	1:16:12	6:18:35	4:49:09	12:37:30
3rd Age Grouper	1:03:08	6:43:40	5:58:05	14:16:45
4th Age Grouper	1:20:42	7:30:29	5:24:43	14:28:30
5th Age Grouper	1:35:15	7:18:44	5:26:05	14:40:15
6th Age Grouper	1:41:26	7:57:58	5:09:07	15:06:14
7th Age Grouper	1:49:37	7:33:28	5:33:04	15:13:55
8th Age Grouper	1:29:46	7:32:54	6:05:52	15:26:43
9th Age Grouper	1:38:42	7:50:30	5:53:58	15:40:36
10th Age Grouper	1:34:48	7:49:22	5:56:23	15:40:39
<b>Kona Qualifier Average</b>	<b>1:13:56</b>	<b>6:18:57</b>	<b>4:40:29</b>	<b>12:25:16</b>
<b>Top 10 Age Grouper Average</b>	<b>1:28:07</b>	<b>7:17:29</b>	<b>5:28:49</b>	<b>14:32:24</b>

### Arizona 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:08	4:30:21	2:54:39	8:21:14
Female Winner	0:52:13	5:23:28	3:15:48	9:36:40
1st Age Grouper	1:18:40	6:17:06	4:12:54	11:57:37
2nd Age Grouper	1:13:48	6:01:37	4:33:50	12:04:07
3rd Age Grouper	1:00:32	6:03:38	4:52:11	12:04:52
4th Age Grouper	1:23:07	6:33:27	5:34:31	13:40:01
5th Age Grouper	1:18:10	5:54:35	6:13:34	13:41:11
6th Age Grouper	1:27:00	7:05:23	5:12:18	13:57:04
7th Age Grouper	1:49:00	6:57:53	4:56:48	13:57:06
8th Age Grouper	1:08:13	6:33:11	6:11:08	14:03:09
9th Age Grouper	1:27:05	6:57:24	5:26:34	14:05:35
10th Age Grouper	1:43:41	7:20:50	5:13:58	14:30:00
<b>Kona Qualifier Average</b>	<b>1:16:14</b>	<b>6:09:21</b>	<b>4:23:22</b>	<b>12:00:52</b>
<b>Top 10 Age Grouper Average</b>	<b>1:22:55</b>	<b>6:34:30</b>	<b>5:14:46</b>	<b>13:24:04</b>

### Arizona 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:59	4:30:25	2:53:18	8:20:56
Female Winner	0:52:57	4:59:48	3:15:29	9:12:53
1st Age Grouper	1:12:39	5:27:54	5:04:41	11:55:33
2nd Age Grouper	1:23:17	5:59:58	4:35:29	12:09:49
3rd Age Grouper	1:14:57	6:08:25	4:39:11	12:16:33
4th Age Grouper	1:27:23	5:47:09	5:18:36	12:46:04
5th Age Grouper	1:11:32	6:05:15	5:36:57	13:01:58
6th Age Grouper	1:15:18	6:14:31	5:23:14	13:08:12
7th Age Grouper	1:48:29	6:33:10	4:48:15	13:23:56
8th Age Grouper	1:17:18	6:37:51	5:20:08	13:31:01
9th Age Grouper	1:35:54	6:40:15	5:04:15	13:34:44
10th Age Grouper	1:18:14	6:25:36	5:34:04	13:40:48
<b>Kona Qualifier Average</b>	<b>1:17:58</b>	<b>5:43:56</b>	<b>4:50:05</b>	<b>12:02:41</b>
<b>Top 10 Age Grouper Average</b>	<b>1:22:30</b>	<b>6:12:00</b>	<b>5:08:29</b>	<b>12:56:51</b>

## Arizona 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:13	4:37:39	2:53:52	8:25:42
Female Winner	0:59:07	5:15:59	3:24:46	9:44:02
1st Age Grouper	1:15:34	6:25:12	4:22:03	12:18:52
2nd Age Grouper	1:18:41	6:11:45	4:47:59	12:30:09
3rd Age Grouper	1:20:55	6:36:00	4:31:28	12:39:04
4th Age Grouper	1:26:31	6:34:45	4:40:26	12:53:54
5th Age Grouper	1:13:02	6:17:21	5:23:11	13:03:14
6th Age Grouper	1:32:07	6:42:37	5:33:05	14:01:24
7th Age Grouper	1:51:09	6:53:29	5:02:58	14:07:12
8th Age Grouper	1:16:58	6:58:24	5:53:12	14:24:55
9th Age Grouper	1:10:18	7:09:54	6:31:17	15:05:16
10th Age Grouper	1:20:01	6:53:21	6:34:24	15:07:31
<b>Kona Qualifier Average</b>	<b>1:17:07</b>	<b>6:18:28</b>	<b>4:35:01</b>	<b>12:24:30</b>
<b>Top 10 Age Grouper Average</b>	<b>1:22:31</b>	<b>6:40:16</b>	<b>5:20:00</b>	<b>13:37:09</b>