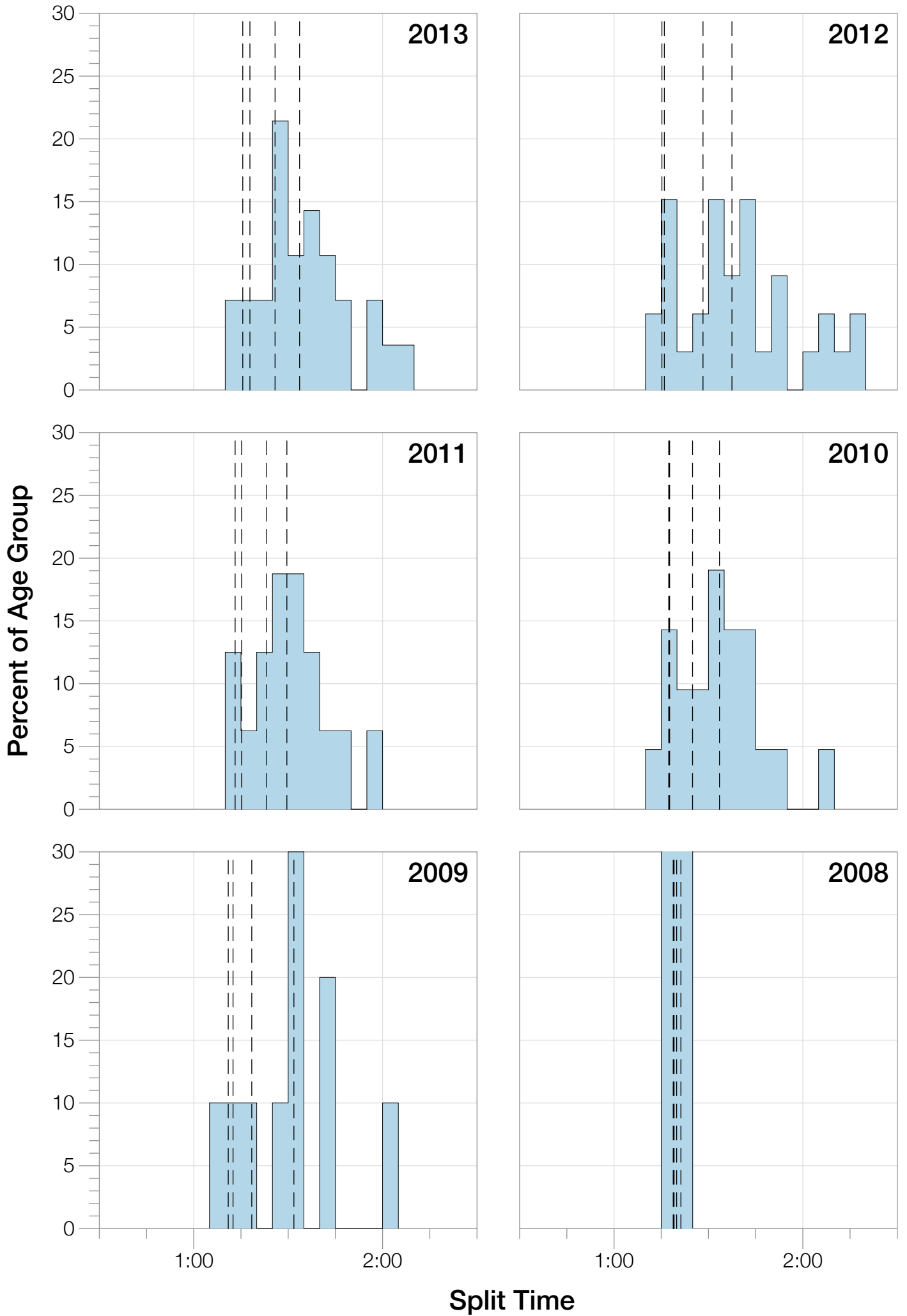


Ironman Arizona F55-59 Stats

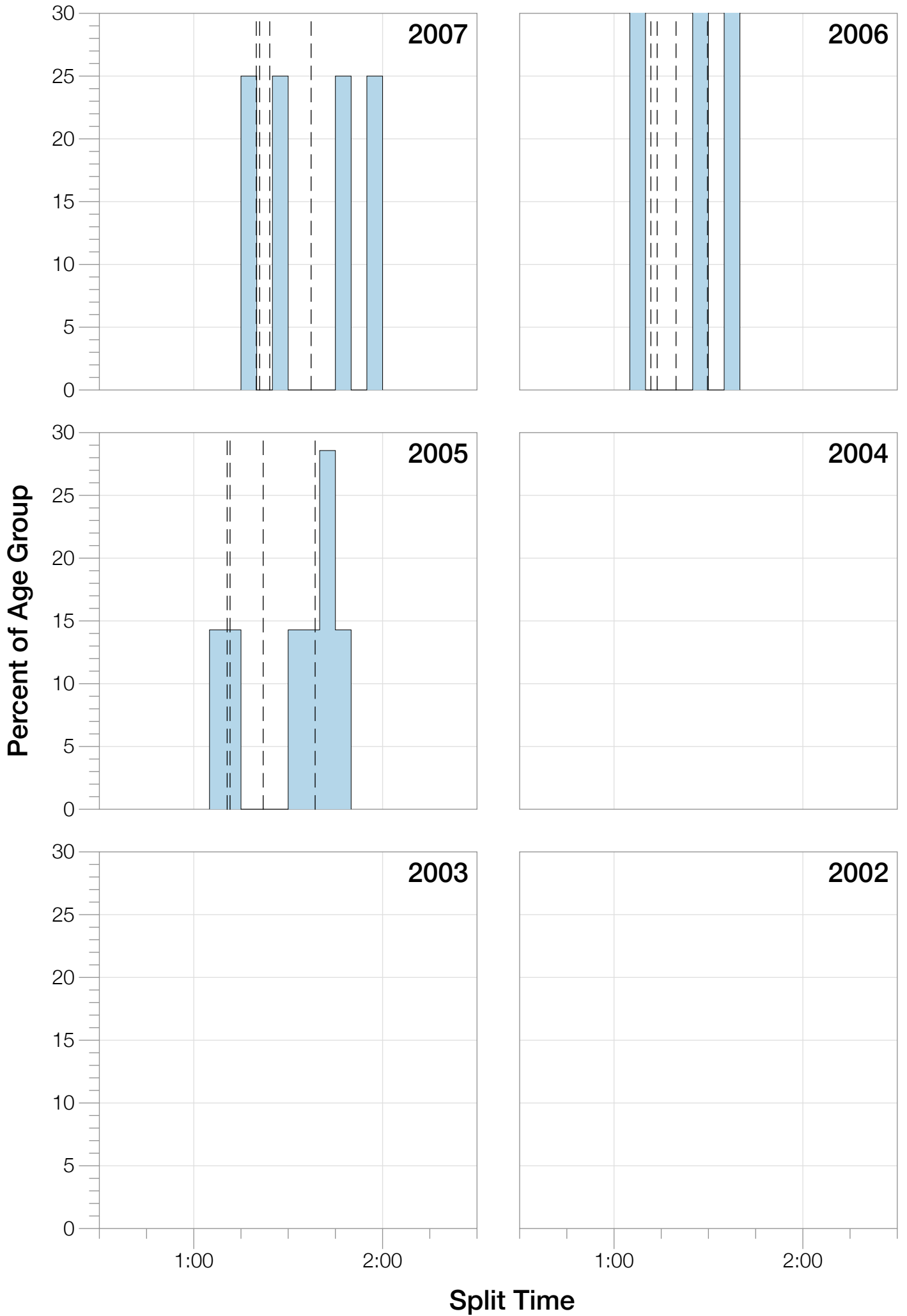
F55-59 Summary Statistics

Year	Finishers	F55-59 Finishers	Male Winner's Time	Female Winner's Time	F55-59 Winner's Time
2005	1682	7	8:25:42	9:44:02	13:17:32
2006	1723	3	8:20:56	9:12:53	14:03:00
2007	1861	4	8:21:14	9:36:40	12:50:34
2008	1689	2	8:34:19	9:14:49	13:15:13
2009	2077	10	8:14:16	9:21:06	12:57:08
2010	2397	21	8:13:35	9:09:19	11:40:42
2011	2217	16	8:07:16	8:36:13	11:16:58
2012	2379	33	8:03:13	9:01:41	11:06:12
2013	2521	28	8:02:00	8:52:49	11:25:52
Average	2061	14	8:15:50	9:12:10	12:25:54

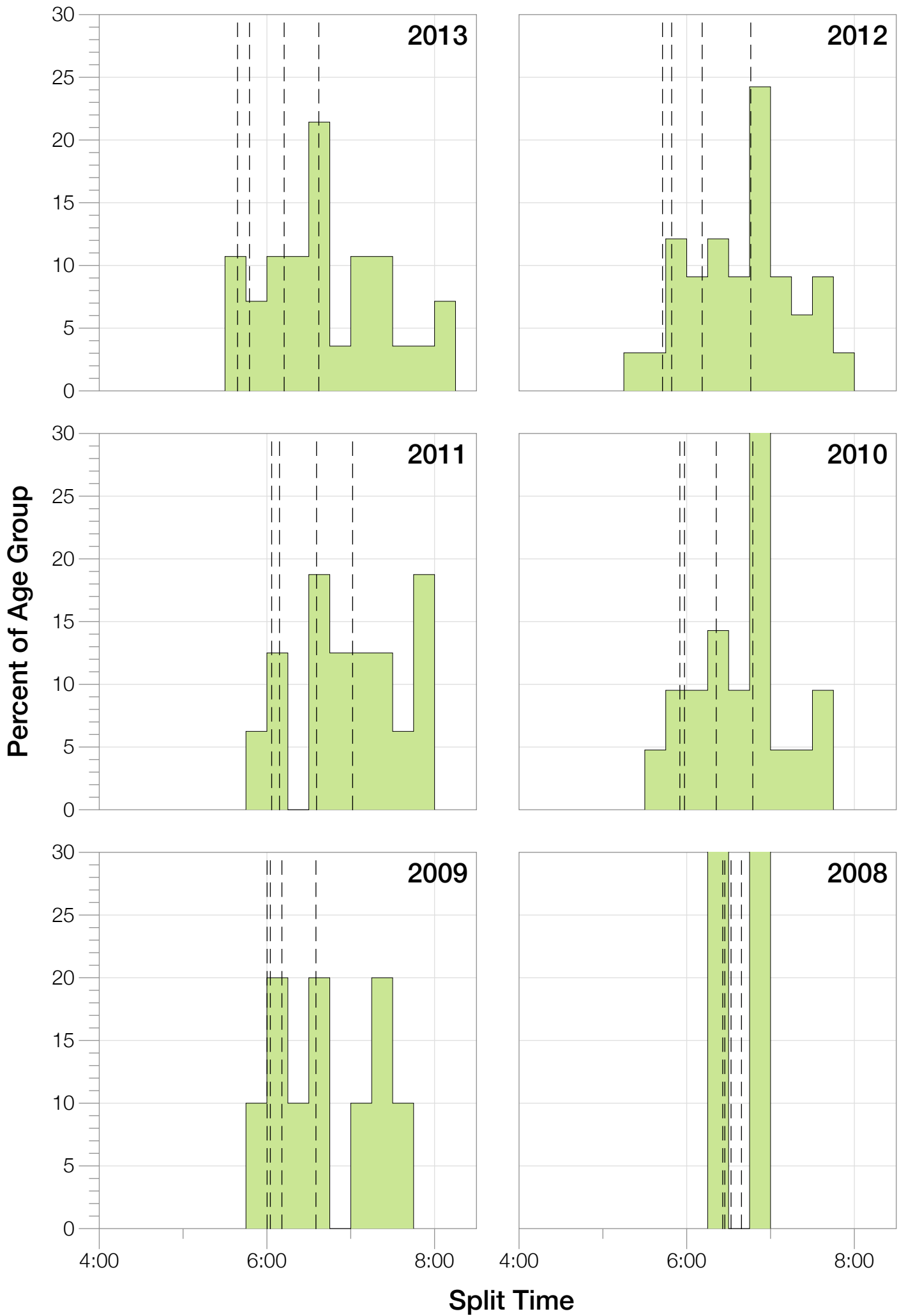
F55-59 Swim



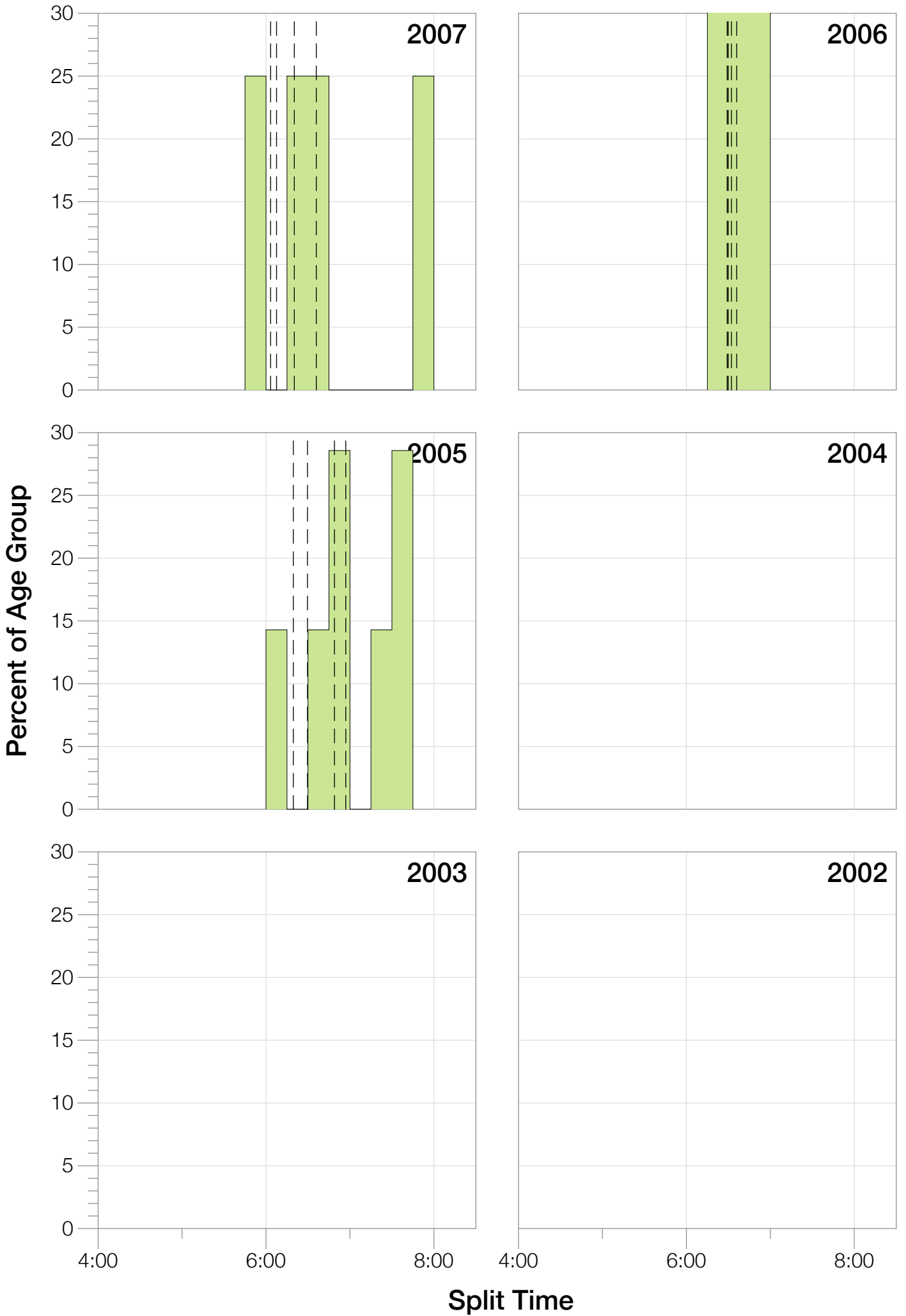
F55-59 Swim



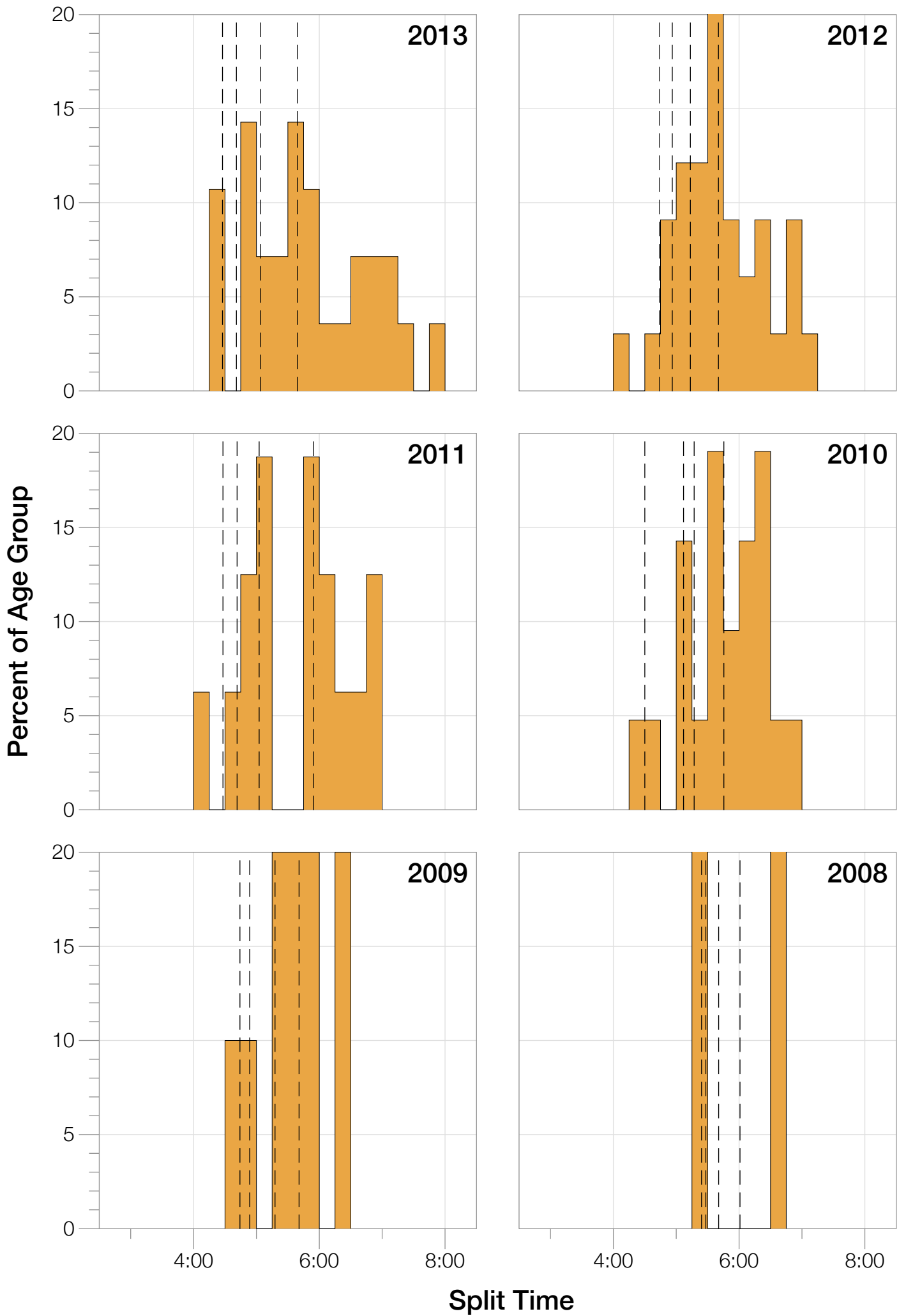
F55-59 Bike



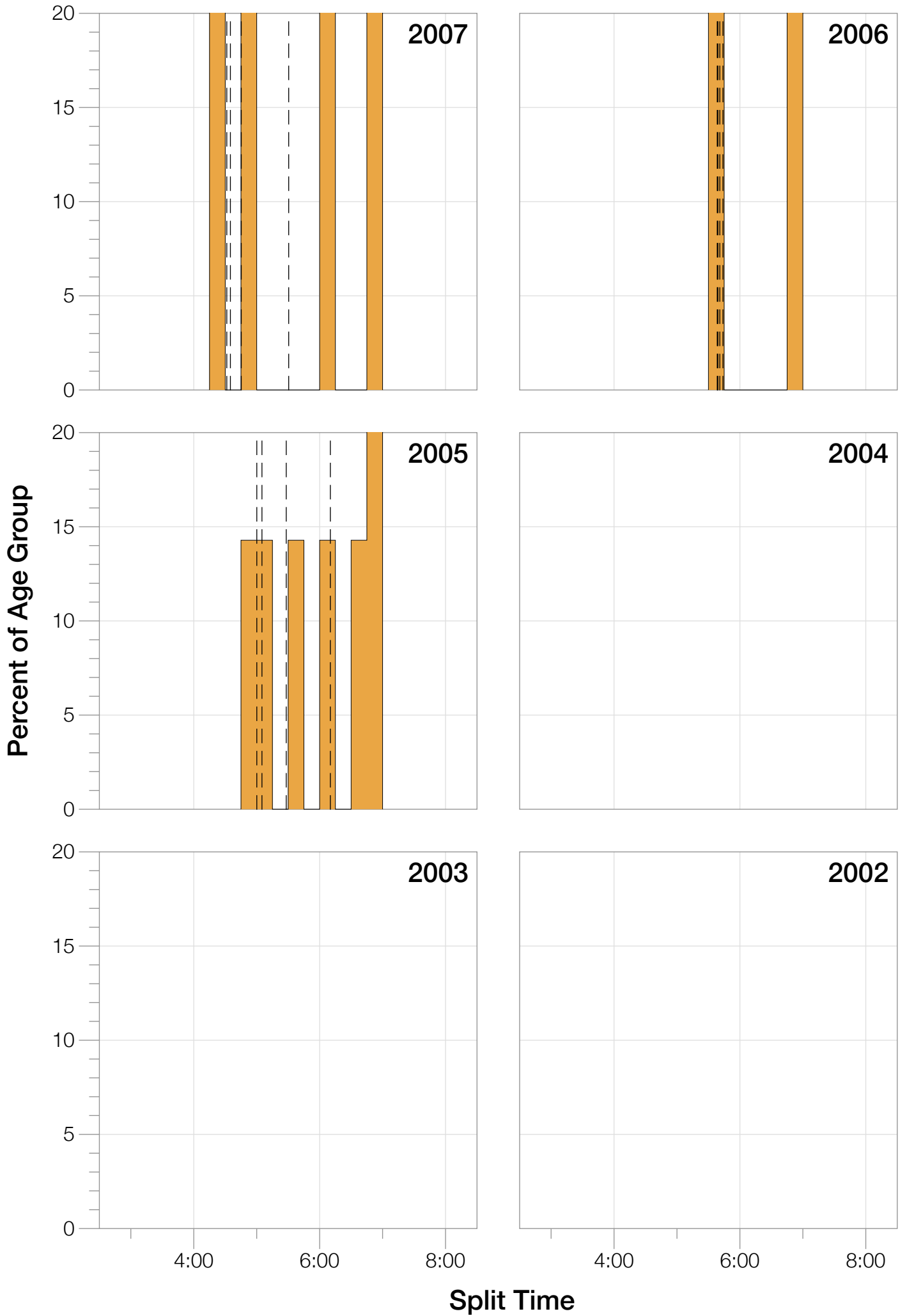
F55-59 Bike



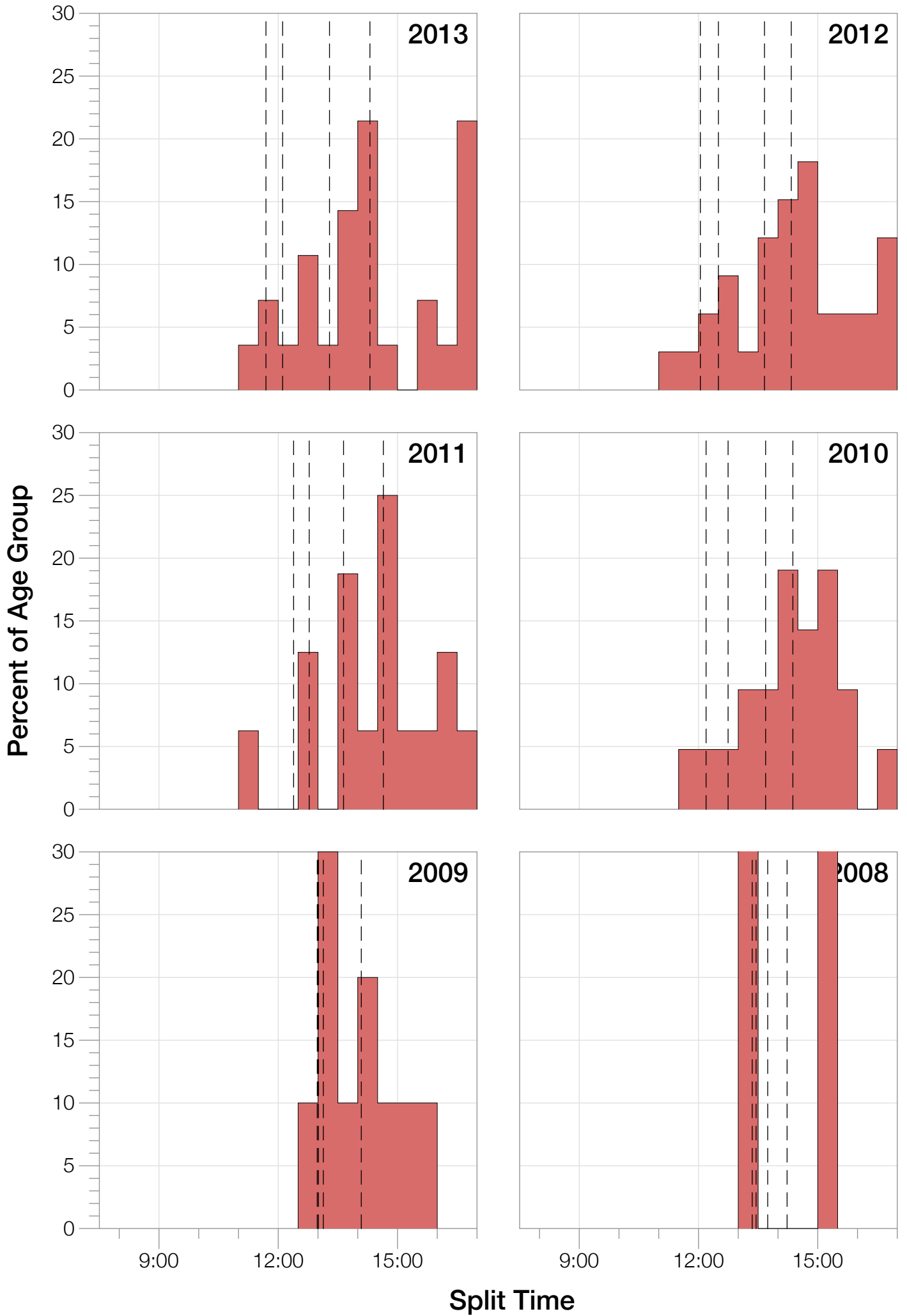
F55-59 Run



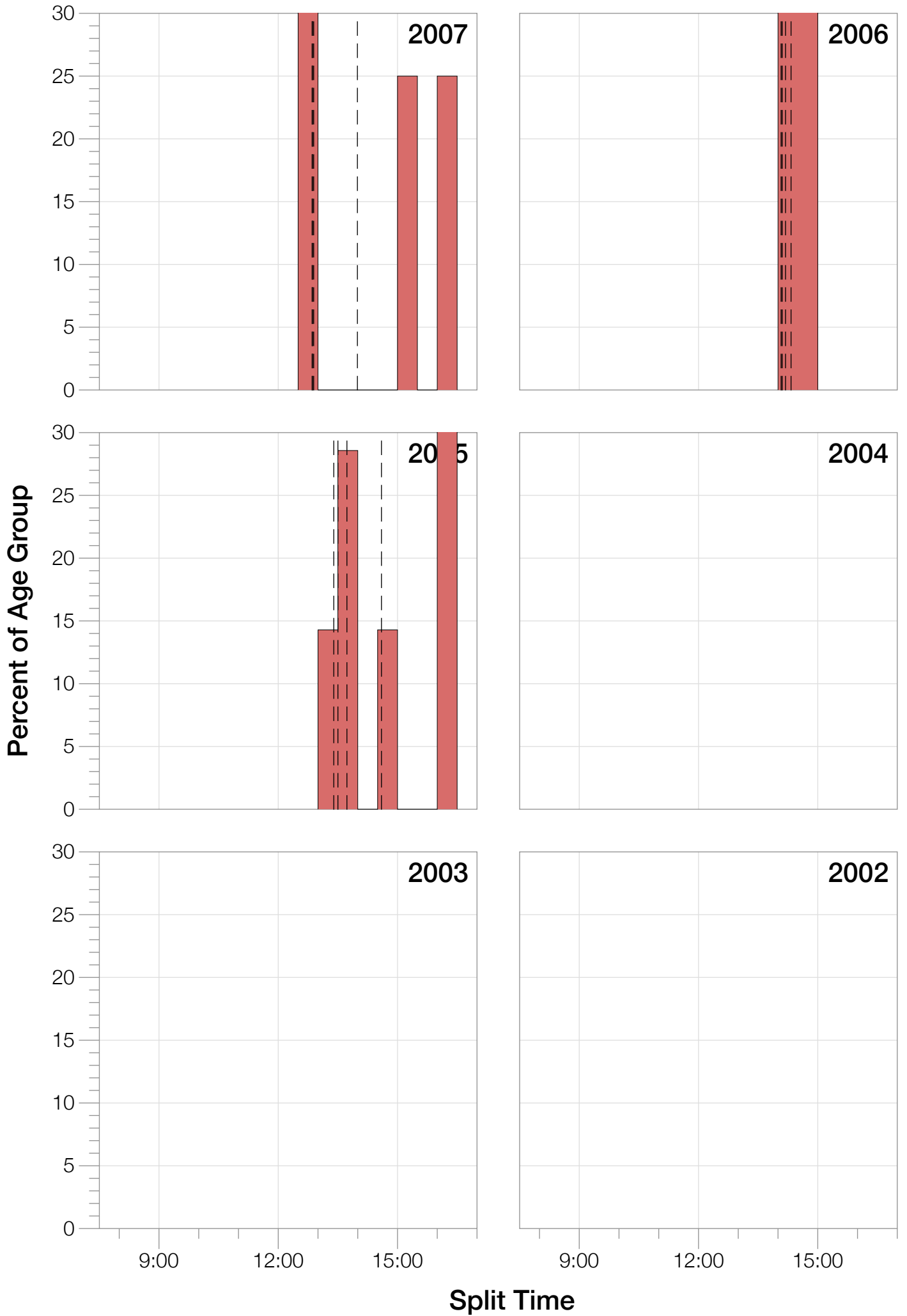
F55-59 Run



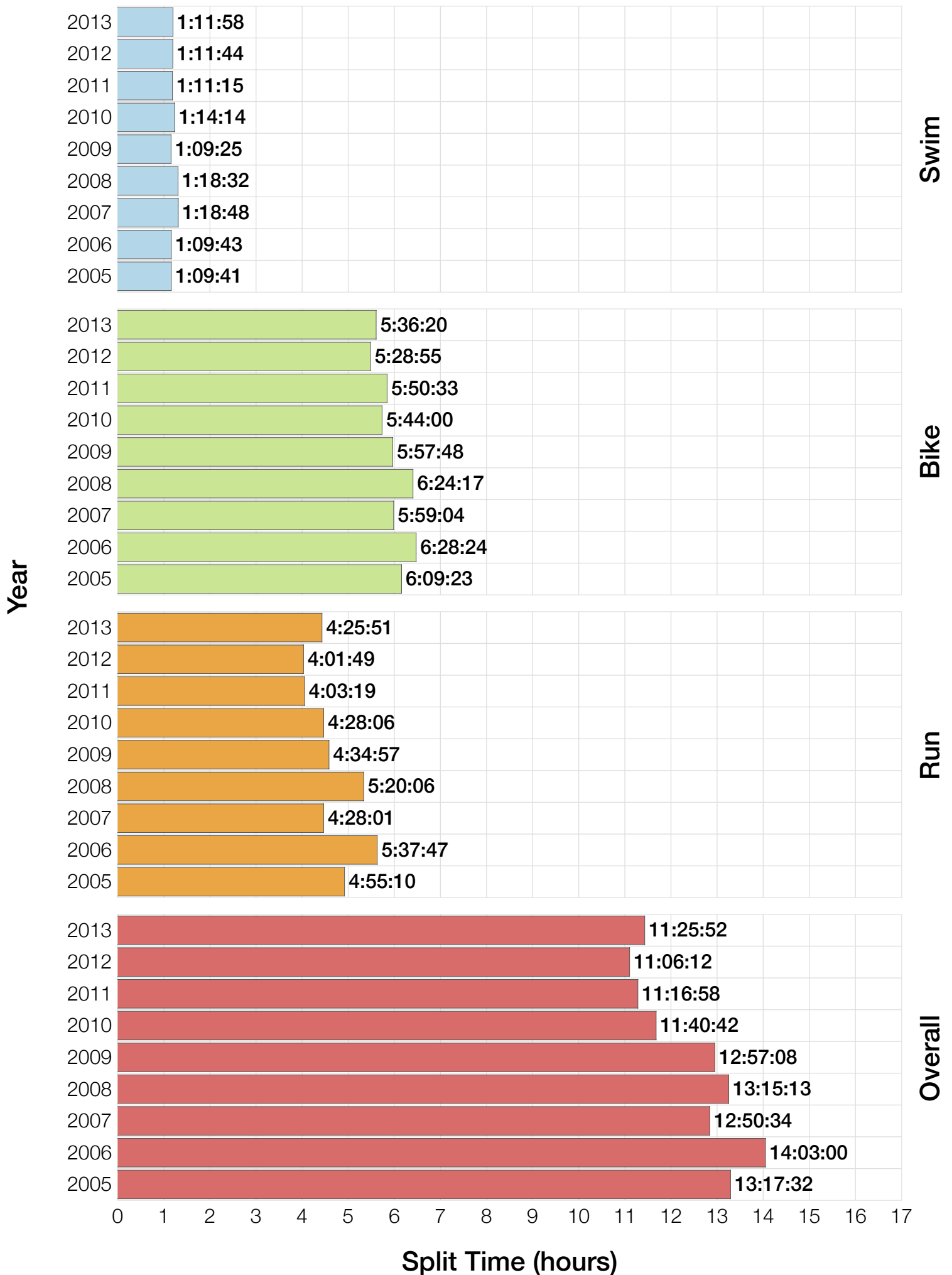
F55-59 Overall



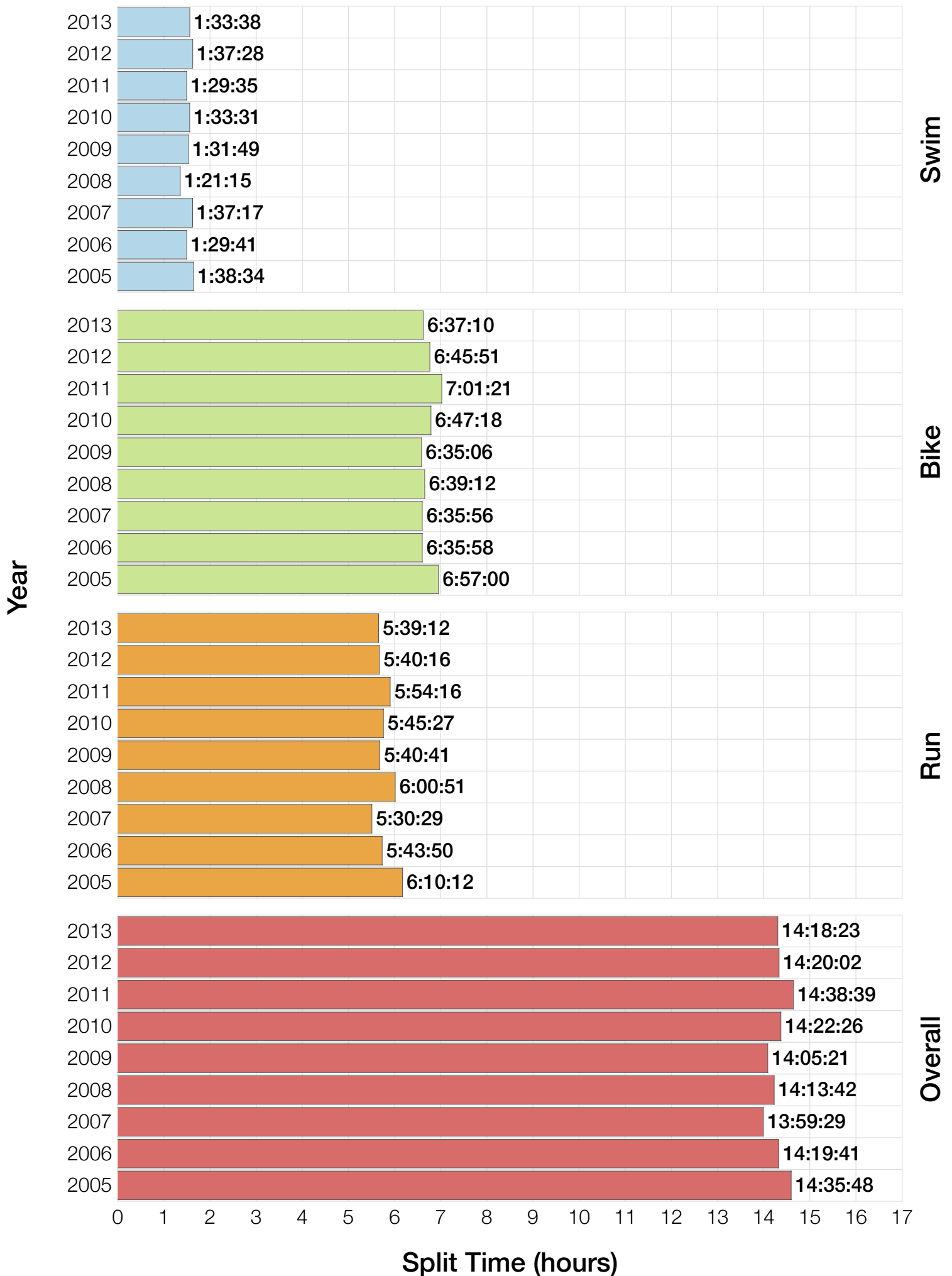
F55-59 Overall



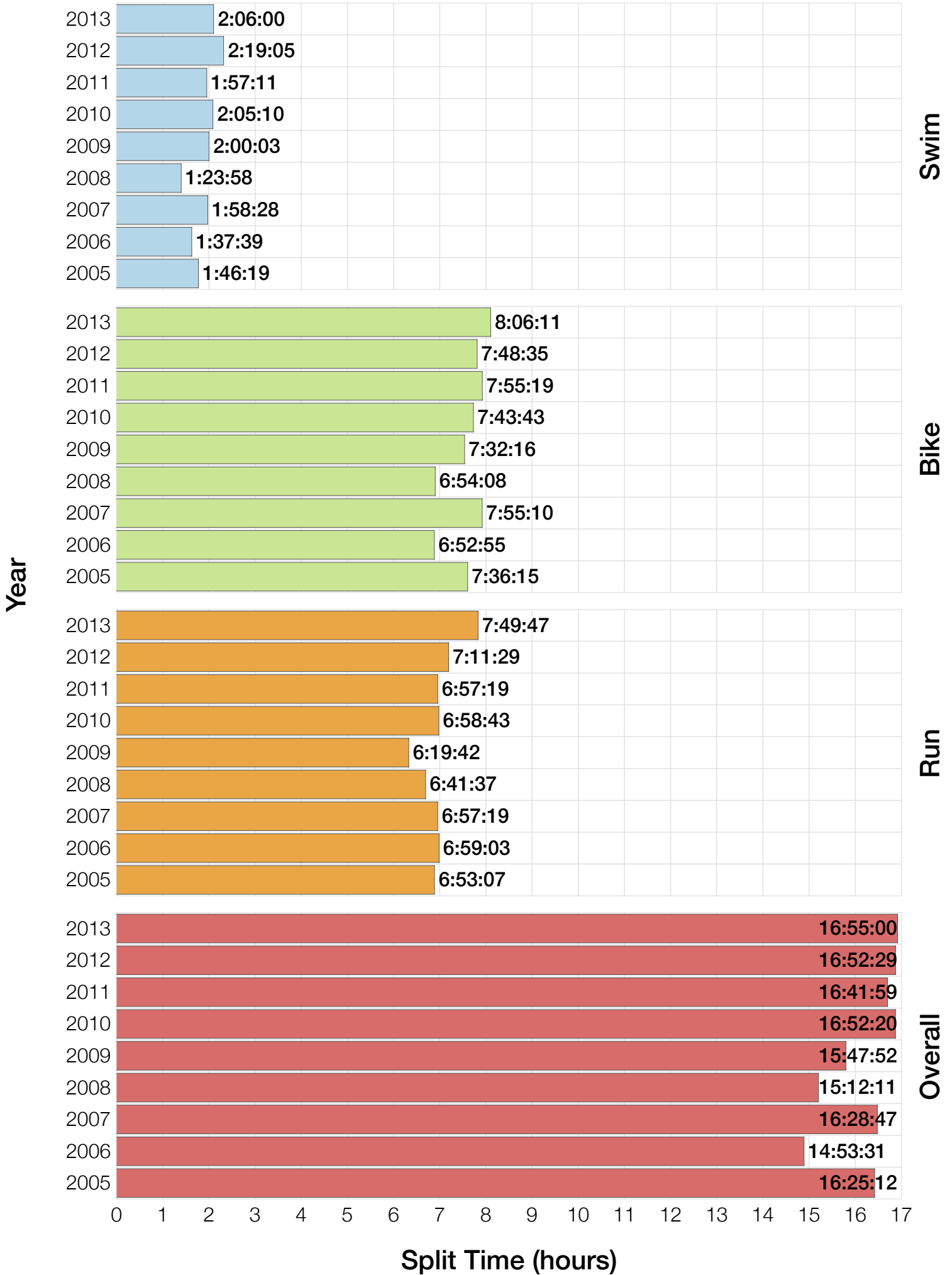
F55-59 Fastest Splits



F55-59 Median Splits

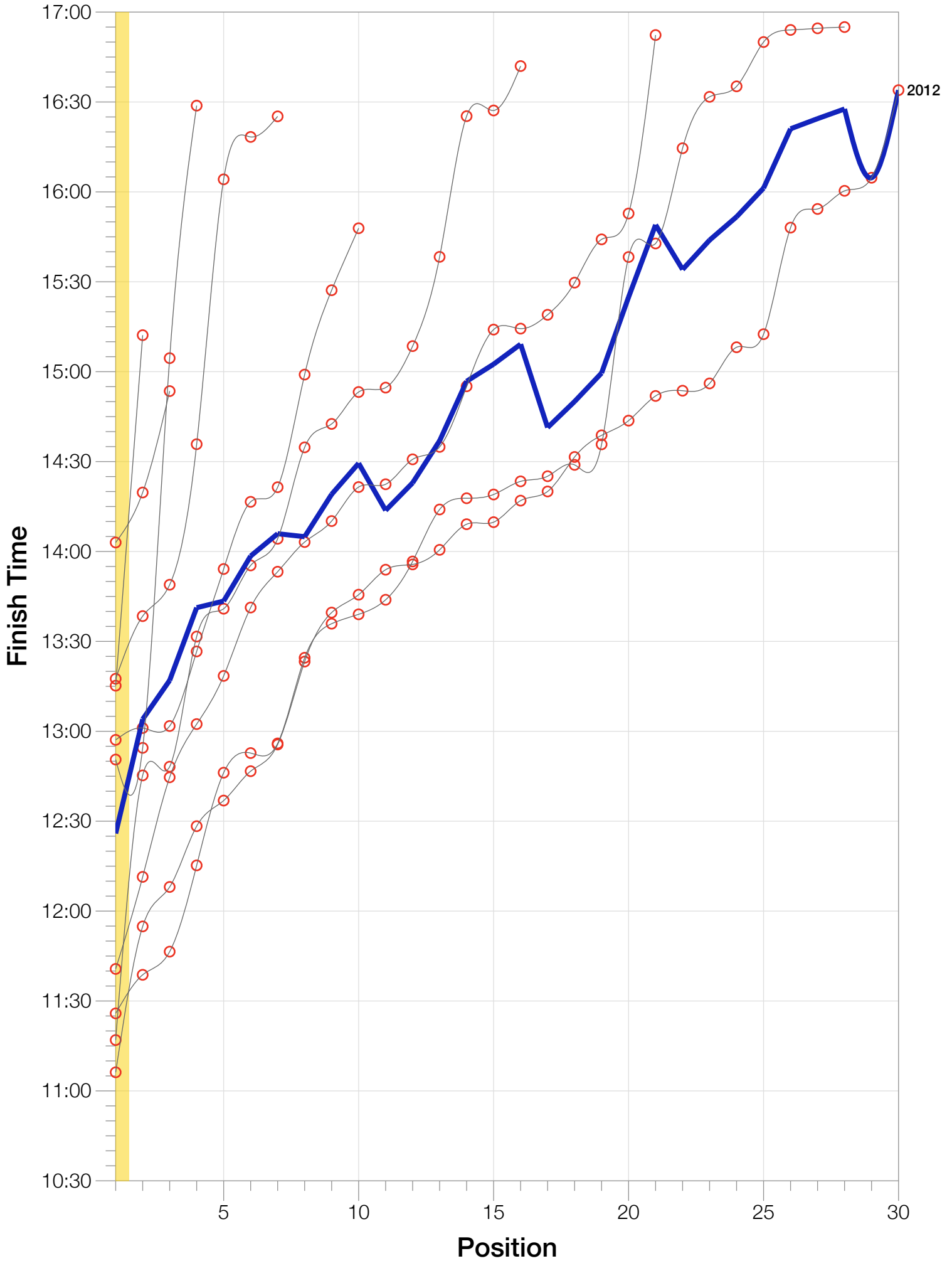


F55-59 Slowest Splits



F55-59 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F55-59 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:33	4:29:34	2:50:36	8:15:50
Average Female Winner	0:56:59	5:01:18	3:09:13	9:12:10
Average 1st Age Grouper	1:19:07	6:06:06	4:47:39	12:25:54
Average 2nd Age Grouper	1:22:04	6:17:30	5:11:56	13:04:01
Average 3rd Age Grouper	1:28:36	6:10:48	5:20:51	13:17:00
Average 4th Age Grouper	1:27:57	6:32:09	5:24:32	13:41:15
Average 5th Age Grouper	1:28:56	6:27:47	5:26:20	13:43:27
Average 6th Age Grouper	1:25:23	6:29:15	5:48:45	13:58:29
Average 7th Age Grouper	1:36:07	6:46:01	5:24:58	14:05:56
Average 8th Age Grouper	1:32:59	6:45:42	5:27:21	14:04:56
Average 9th Age Grouper	1:40:23	6:42:11	5:40:00	14:19:05
Average 10th Age Grouper	1:31:51	6:54:46	5:41:11	14:29:26
Kona Qualifier Average	1:19:07	6:06:06	4:47:39	12:25:54
Top 10 Age Grouper Average	1:28:14	6:28:06	5:22:23	13:35:17

Arizona 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:03	4:20:11	2:43:58	8:02:00
Female Winner	0:53:24	4:51:46	3:02:02	8:52:49
1st Age Grouper	1:11:58	5:36:44	4:27:09	11:25:52
2nd Age Grouper	1:26:56	5:36:20	4:25:51	11:38:44
3rd Age Grouper	1:25:37	5:43:09	4:28:32	11:46:28
4th Age Grouper	1:16:56	5:49:24	4:55:43	12:15:15
5th Age Grouper	1:30:15	6:09:34	4:52:36	12:46:11
6th Age Grouper	1:18:14	6:23:12	4:57:14	12:52:44
7th Age Grouper	1:41:58	6:13:17	4:46:12	12:55:57
8th Age Grouper	1:37:07	6:22:37	5:05:59	13:24:32
9th Age Grouper	1:25:57	6:15:01	5:38:44	13:35:54
10th Age Grouper	1:14:50	6:40:57	5:31:33	13:39:02
Kona Qualifier Average	1:11:58	5:36:44	4:27:09	11:25:52
Top 10 Age Grouper Average	1:24:58	6:05:01	4:54:57	12:38:03

Arizona 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:19	4:22:45	2:48:06	8:03:13
Female Winner	0:59:11	4:51:34	3:05:54	9:01:41
1st Age Grouper	1:14:59	5:37:14	4:01:49	11:06:12
2nd Age Grouper	1:11:44	5:28:55	4:59:59	11:54:53
3rd Age Grouper	1:28:32	5:49:41	4:37:22	12:08:03
4th Age Grouper	1:35:17	5:46:19	4:55:18	12:28:20
5th Age Grouper	1:15:22	5:49:08	5:18:19	12:36:53
6th Age Grouper	1:16:44	6:02:30	5:09:56	12:46:41
7th Age Grouper	1:28:16	5:59:00	5:13:29	12:55:35
8th Age Grouper	1:19:31	6:11:05	5:29:22	13:23:16
9th Age Grouper	2:19:05	6:06:34	5:01:00	13:39:37
10th Age Grouper	1:18:37	6:26:16	5:43:04	13:45:35
Kona Qualifier Average	1:14:59	5:37:14	4:01:49	11:06:12
Top 10 Age Grouper Average	1:26:48	5:55:40	5:02:57	12:40:30

Arizona 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:24	4:23:17	2:48:59	8:07:16
Female Winner	0:51:56	4:47:06	2:52:55	8:36:13
1st Age Grouper	1:13:46	5:50:33	4:03:19	11:16:58
2nd Age Grouper	1:11:15	6:10:18	5:08:05	12:45:17
3rd Age Grouper	1:16:39	6:31:49	4:46:47	12:48:11
4th Age Grouper	1:23:43	7:12:47	4:36:19	13:31:37
5th Age Grouper	1:30:54	6:41:21	4:49:22	13:40:54
6th Age Grouper	1:31:18	6:07:42	5:58:04	13:55:21
7th Age Grouper	1:30:37	6:58:34	5:07:00	14:04:15
8th Age Grouper	1:41:53	7:26:12	5:13:08	14:34:45
9th Age Grouper	1:48:54	6:46:18	5:50:29	14:42:34
10th Age Grouper	1:28:33	7:04:09	6:01:01	14:53:13
Kona Qualifier Average	1:13:46	5:50:33	4:03:19	11:16:58
Top 10 Age Grouper Average	1:27:45	6:40:58	5:09:21	13:37:18

Arizona 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:49	4:22:30	2:55:45	8:13:35
Female Winner	0:58:58	4:56:48	3:10:10	9:09:19
1st Age Grouper	1:14:14	5:44:00	4:28:06	11:40:42
2nd Age Grouper	1:24:57	6:04:11	4:30:01	12:11:25
3rd Age Grouper	1:19:43	5:55:06	5:06:59	12:44:39
4th Age Grouper	1:22:34	6:06:37	5:11:56	13:02:24
5th Age Grouper	1:17:23	5:58:25	5:49:12	13:18:29
6th Age Grouper	1:35:41	6:21:09	5:34:31	13:41:18
7th Age Grouper	1:29:34	6:48:41	5:17:07	13:53:15
8th Age Grouper	1:35:20	6:23:53	5:45:27	14:03:09
9th Age Grouper	1:32:07	6:50:47	5:30:21	14:10:09
10th Age Grouper	1:37:12	6:57:32	5:11:23	14:21:30
Kona Qualifier Average	1:14:14	5:44:00	4:28:06	11:40:42
Top 10 Age Grouper Average	1:26:52	6:19:02	5:14:30	13:18:42

Arizona 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:37:55	2:46:37	8:14:16
Female Winner	1:06:05	5:02:46	3:07:56	9:21:06
1st Age Grouper	1:32:34	6:29:29	4:34:57	12:57:08
2nd Age Grouper	1:12:49	6:02:59	5:38:30	13:01:05
3rd Age Grouper	1:33:43	6:04:29	4:55:38	13:01:46
4th Age Grouper	1:26:01	5:57:48	5:52:24	13:26:39
5th Age Grouper	1:41:10	6:34:39	5:17:01	13:54:09
6th Age Grouper	1:09:25	6:35:33	6:19:42	14:16:34
7th Age Grouper	1:42:40	7:00:19	5:19:54	14:21:27
8th Age Grouper	1:31:04	7:24:43	5:42:53	14:59:02
9th Age Grouper	1:15:54	7:32:16	6:19:28	15:27:11
10th Age Grouper	2:00:03	7:24:56	5:58:55	15:47:52
Kona Qualifier Average	1:32:34	6:29:29	4:34:57	12:57:08
Top 10 Age Grouper Average	1:30:32	6:42:43	5:35:56	14:07:17

Arizona 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:58:59	4:41:10	2:50:12	8:34:19
Female Winner	0:59:08	5:02:30	3:07:58	9:14:49
1st Age Grouper	1:18:32	6:24:17	5:20:06	13:15:13
2nd Age Grouper	1:23:58	6:54:08	6:41:37	15:12:11
Kona Qualifier Average	1:18:32	6:24:17	5:20:06	13:15:13
Top 10 Age Grouper Average	1:21:15	6:39:12	6:00:51	14:13:42

Arizona 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:08	4:30:21	2:54:39	8:21:14
Female Winner	0:52:13	5:23:28	3:15:48	9:36:40
1st Age Grouper	1:18:48	6:27:17	4:51:01	12:50:34
2nd Age Grouper	1:25:55	6:44:36	4:28:01	12:54:28
3rd Age Grouper	1:48:39	5:59:04	6:57:19	15:04:31
4th Age Grouper	1:58:28	7:55:10	6:09:58	16:28:47
Kona Qualifier Average	1:18:48	6:27:17	4:51:01	12:50:34
Top 10 Age Grouper Average	1:37:57	6:46:31	5:36:34	14:19:35

Arizona 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:59	4:30:25	2:53:18	8:20:56
Female Winner	0:52:57	4:59:48	3:15:29	9:12:53
1st Age Grouper	1:37:39	6:35:58	5:37:47	14:03:00
2nd Age Grouper	1:29:41	6:52:55	5:43:50	14:19:41
3rd Age Grouper	1:09:43	6:28:24	6:59:03	14:53:31
Kona Qualifier Average	1:37:39	6:35:58	5:37:47	14:03:00
Top 10 Age Grouper Average	1:25:41	6:39:05	6:06:53	14:25:24

Arizona 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:13	4:37:39	2:53:52	8:25:42
Female Winner	0:59:07	5:15:59	3:24:46	9:44:02
1st Age Grouper	1:09:41	6:09:23	5:44:45	13:17:32
2nd Age Grouper	1:31:21	6:43:09	5:11:33	13:38:26
3rd Age Grouper	1:46:19	6:54:42	4:55:10	13:48:54
4th Age Grouper	1:12:46	6:57:00	6:10:12	14:35:48
5th Age Grouper	1:38:34	7:33:38	6:31:34	16:04:11
6th Age Grouper	1:40:59	7:25:26	6:53:07	16:18:20
7th Age Grouper	1:43:42	7:36:15	6:46:10	16:25:12
Kona Qualifier Average	1:09:41	6:09:23	5:44:45	13:17:32
Top 10 Age Grouper Average	1:31:54	7:02:47	6:01:47	14:52:37