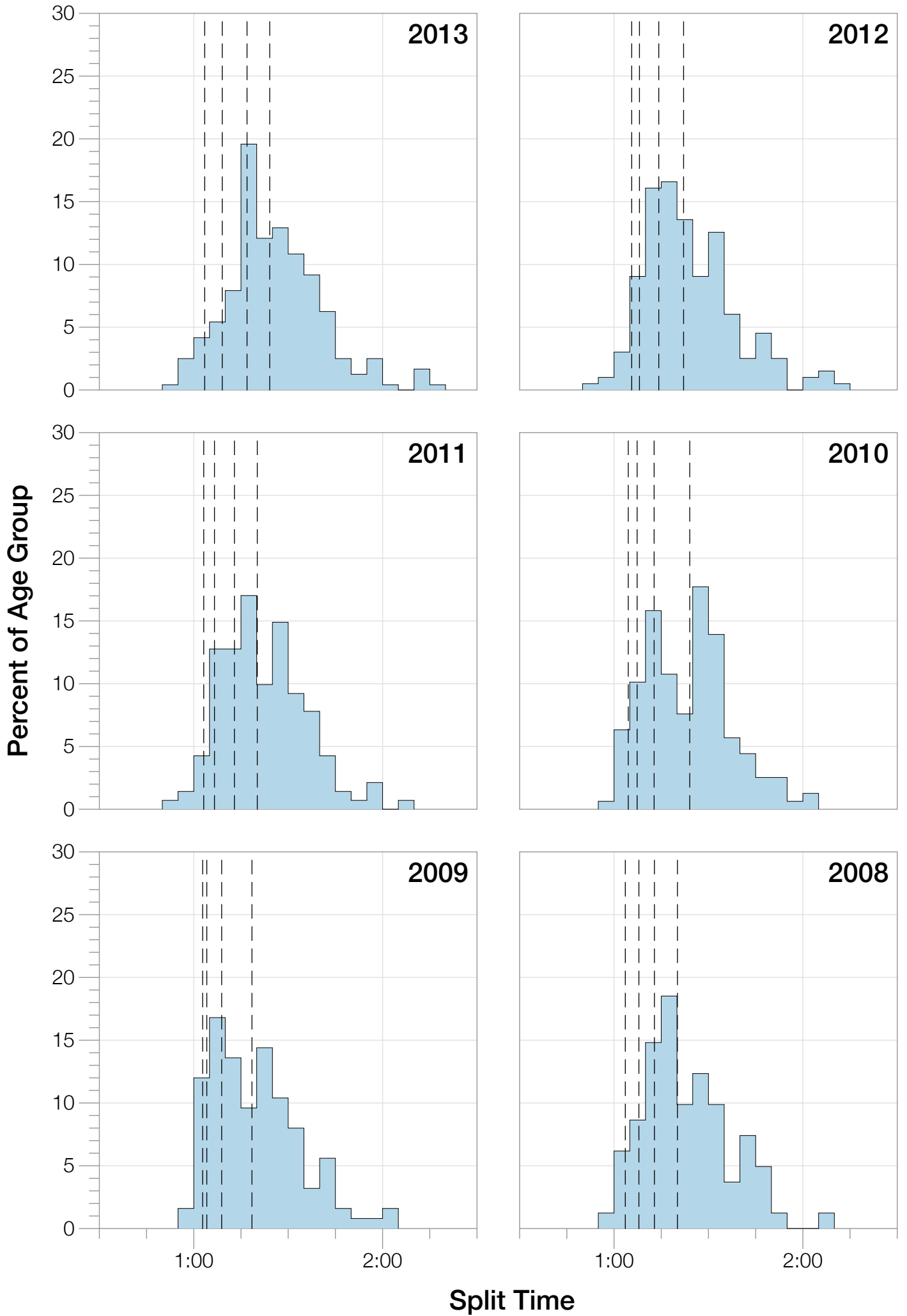


Ironman Arizona M50-54 Stats

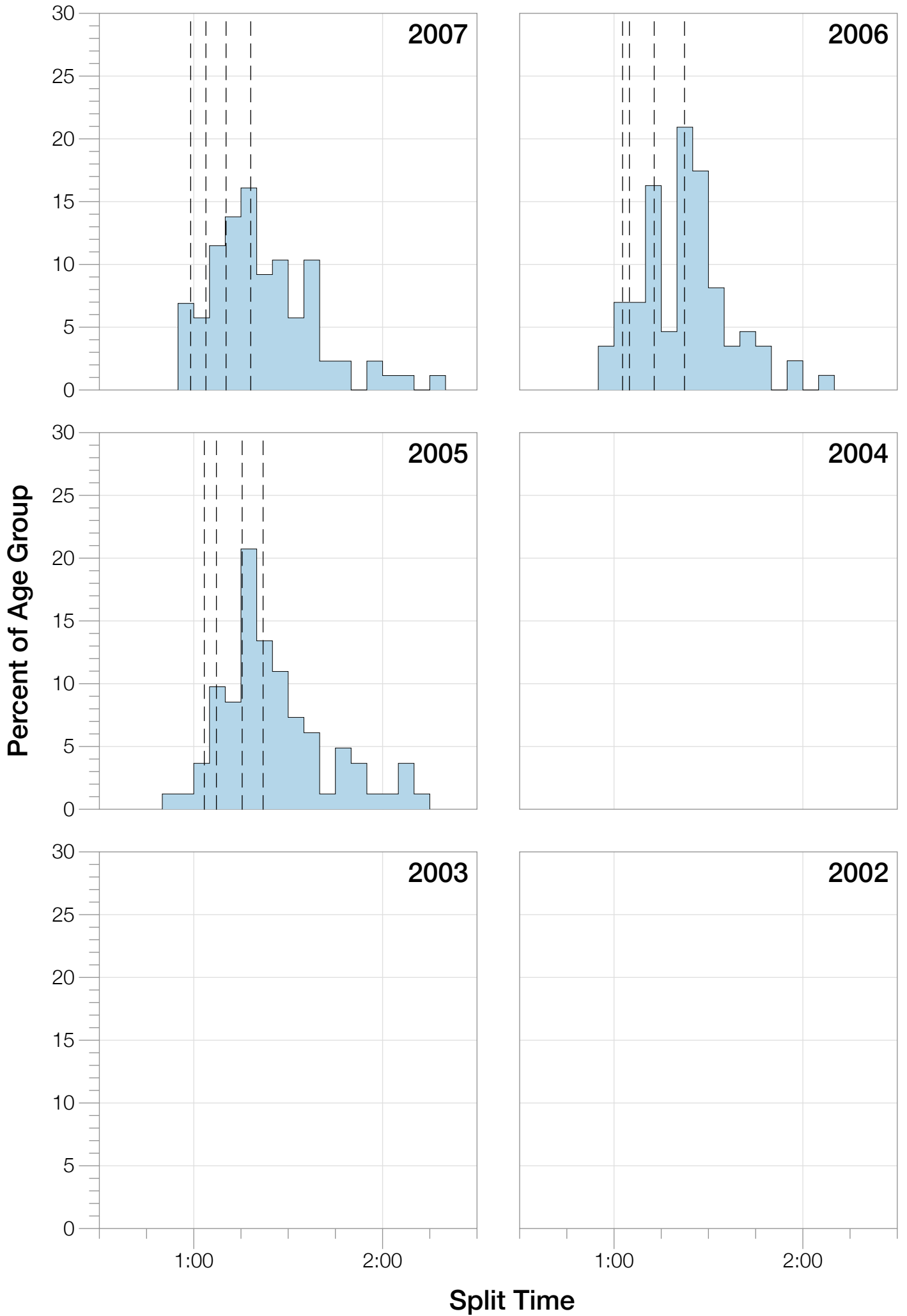
M50-54 Summary Statistics

Year	Finishers	M50-54 Finishers	Male Winner's Time	Female Winner's Time	M50-54 Winner's Time
2005	1682	82	8:25:42	9:44:02	10:46:53
2006	1723	86	8:20:56	9:12:53	10:33:36
2007	1861	87	8:21:14	9:36:40	10:11:54
2008	1689	81	8:34:19	9:14:49	10:14:40
2009	2077	125	8:14:16	9:21:06	9:21:03
2010	2397	158	8:13:35	9:09:19	9:39:56
2011	2217	141	8:07:16	8:36:13	9:47:36
2012	2379	199	8:03:13	9:01:41	9:49:39
2013	2521	241	8:02:00	8:52:49	9:20:58
Average	2061	133	8:15:50	9:12:10	9:58:28

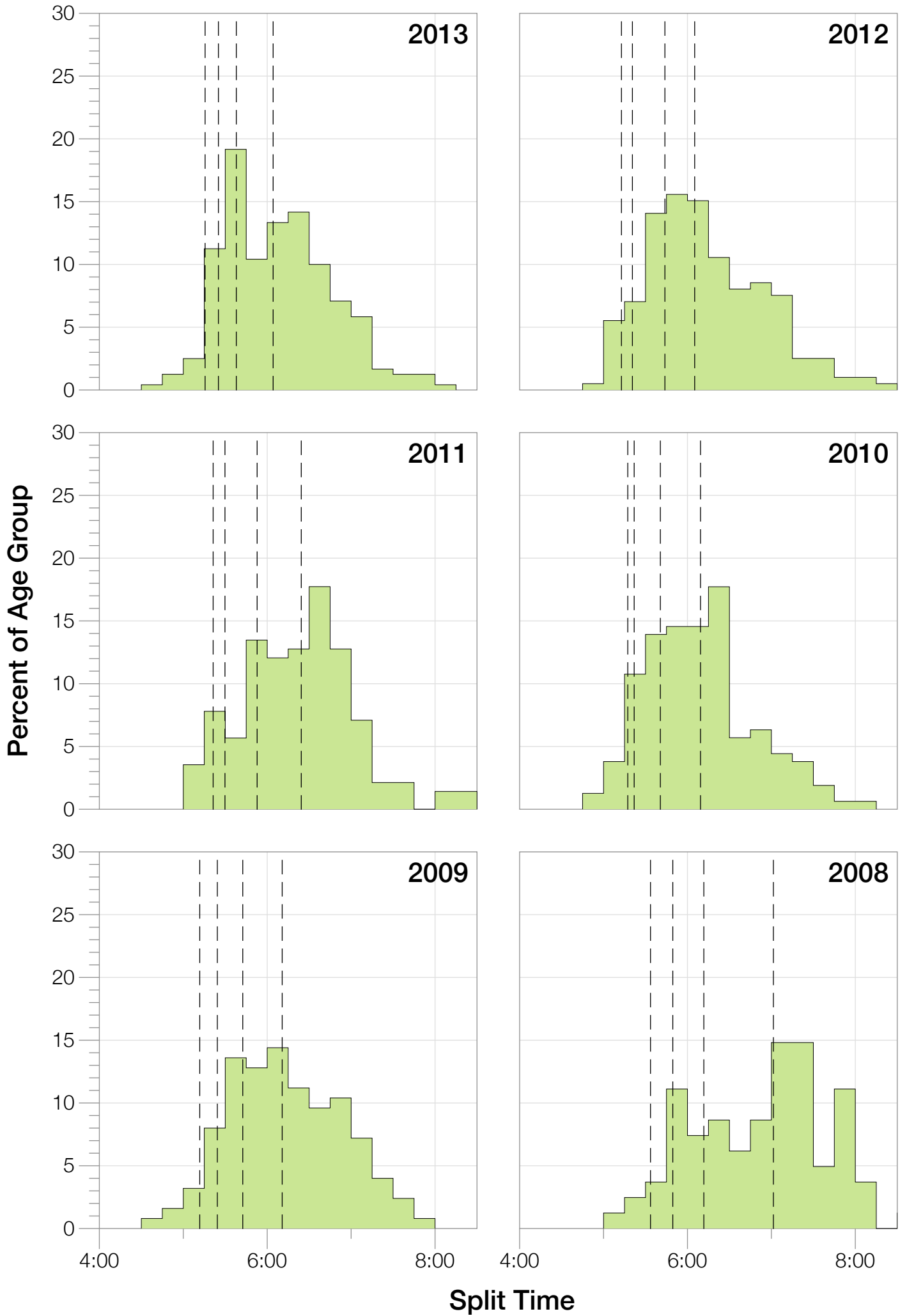
M50-54 Swim



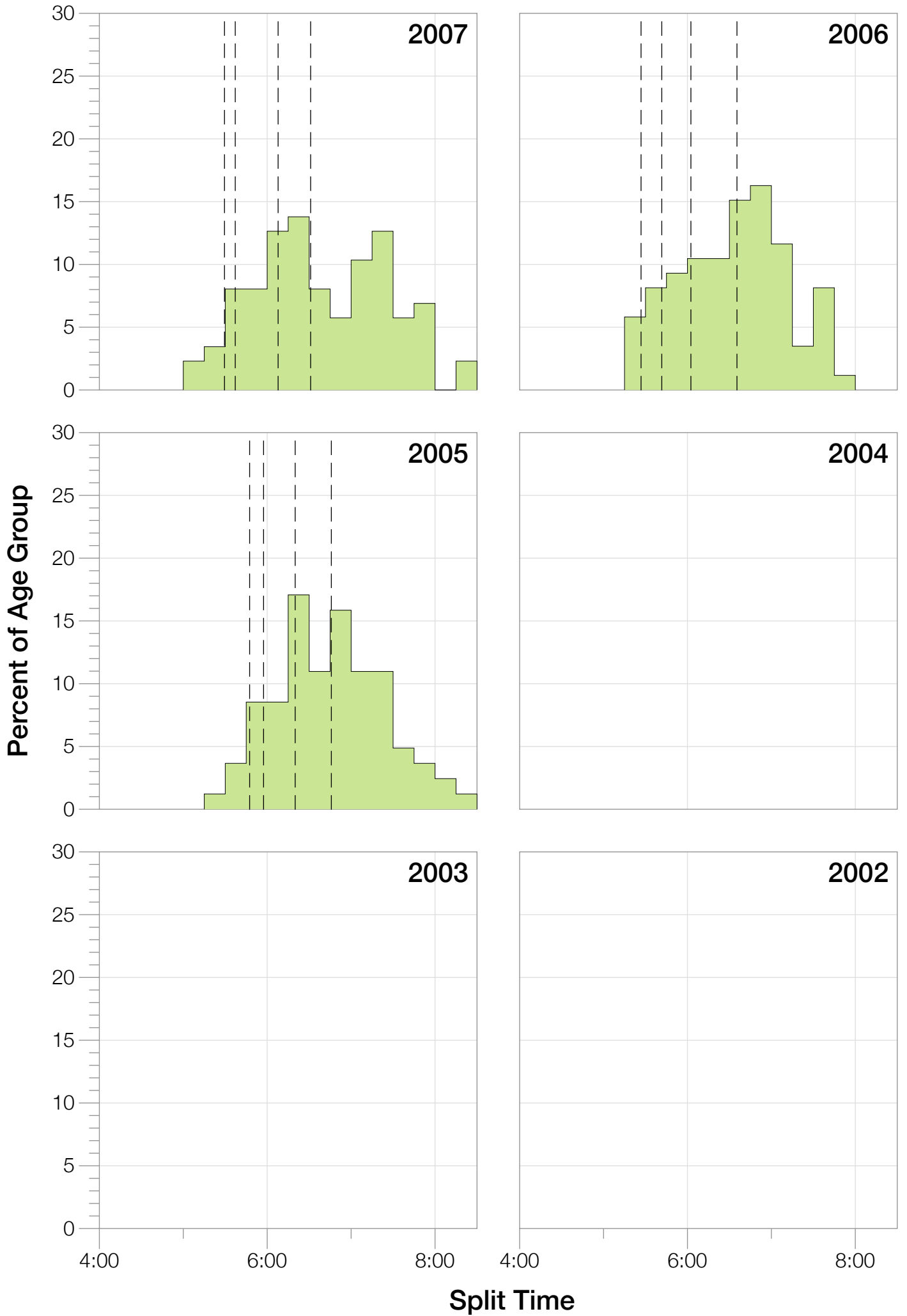
M50-54 Swim



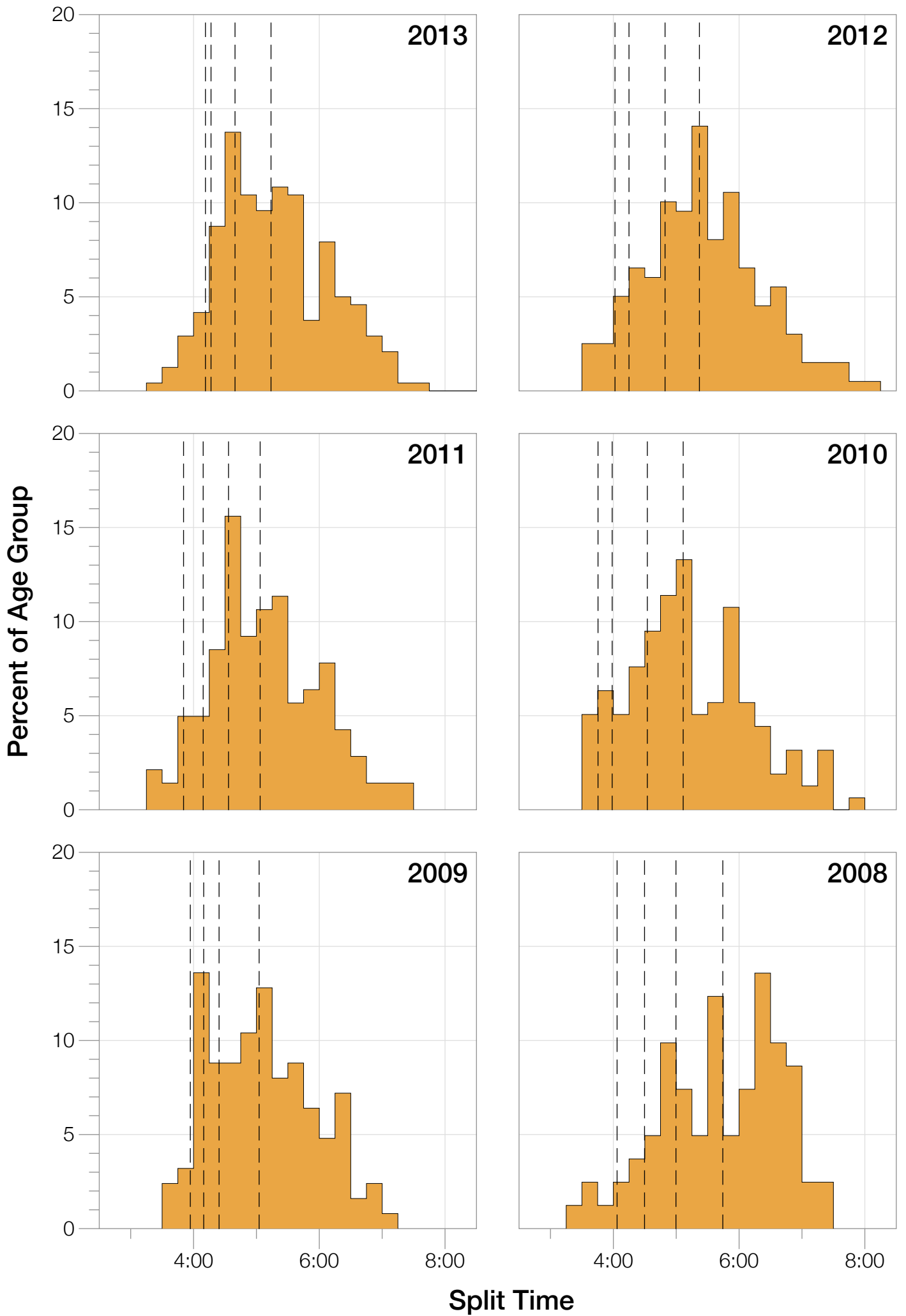
M50-54 Bike



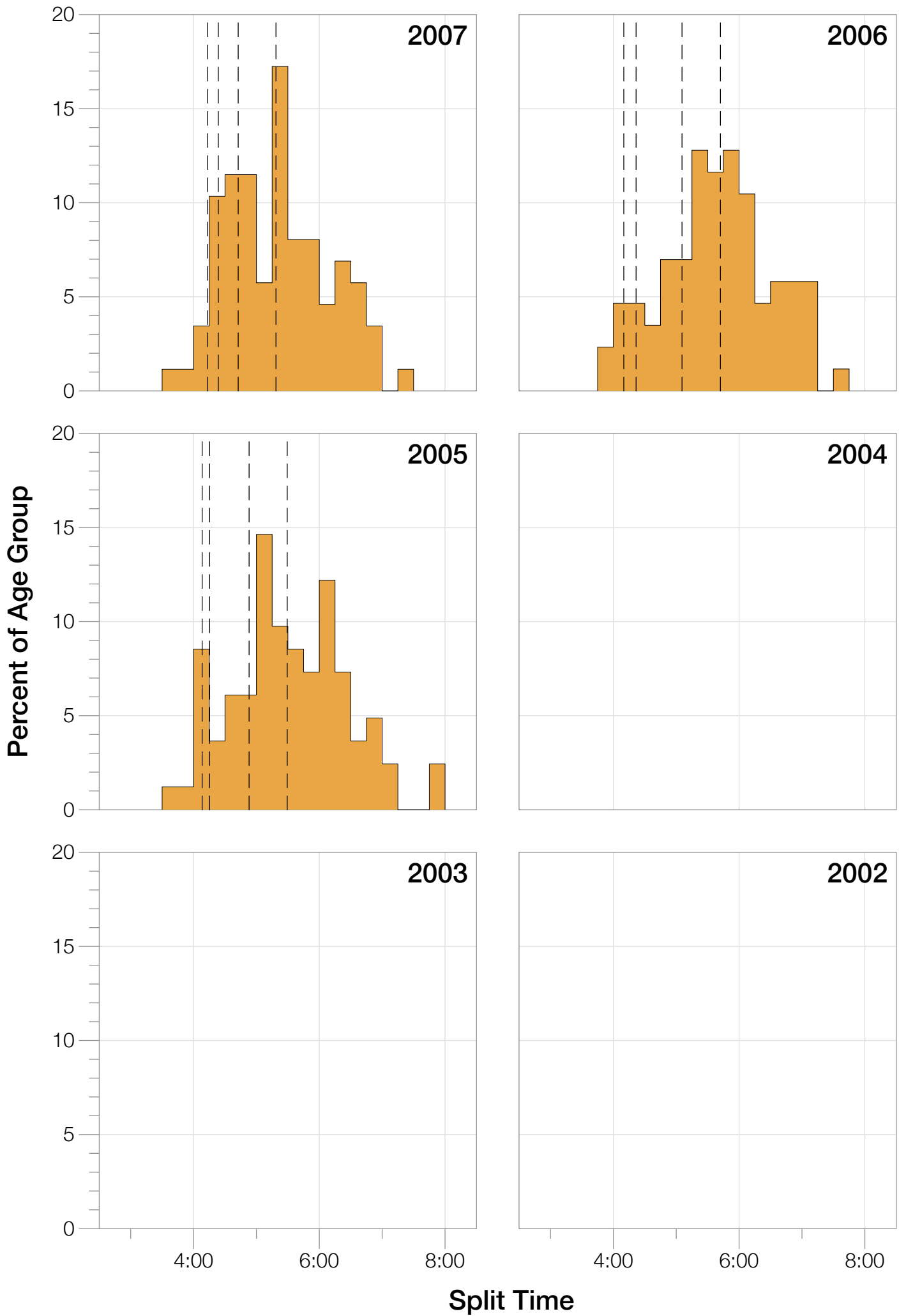
M50-54 Bike



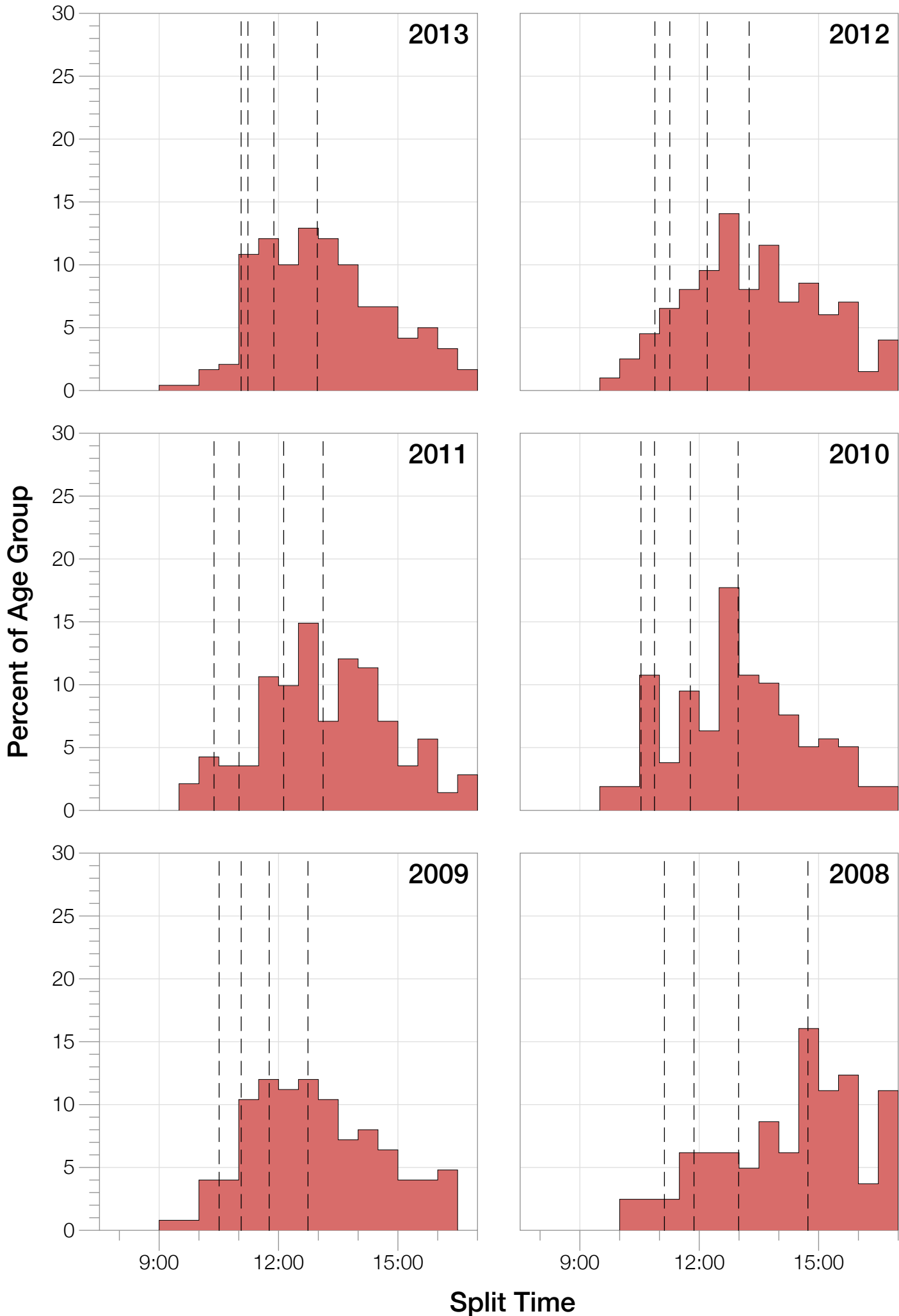
M50-54 Run



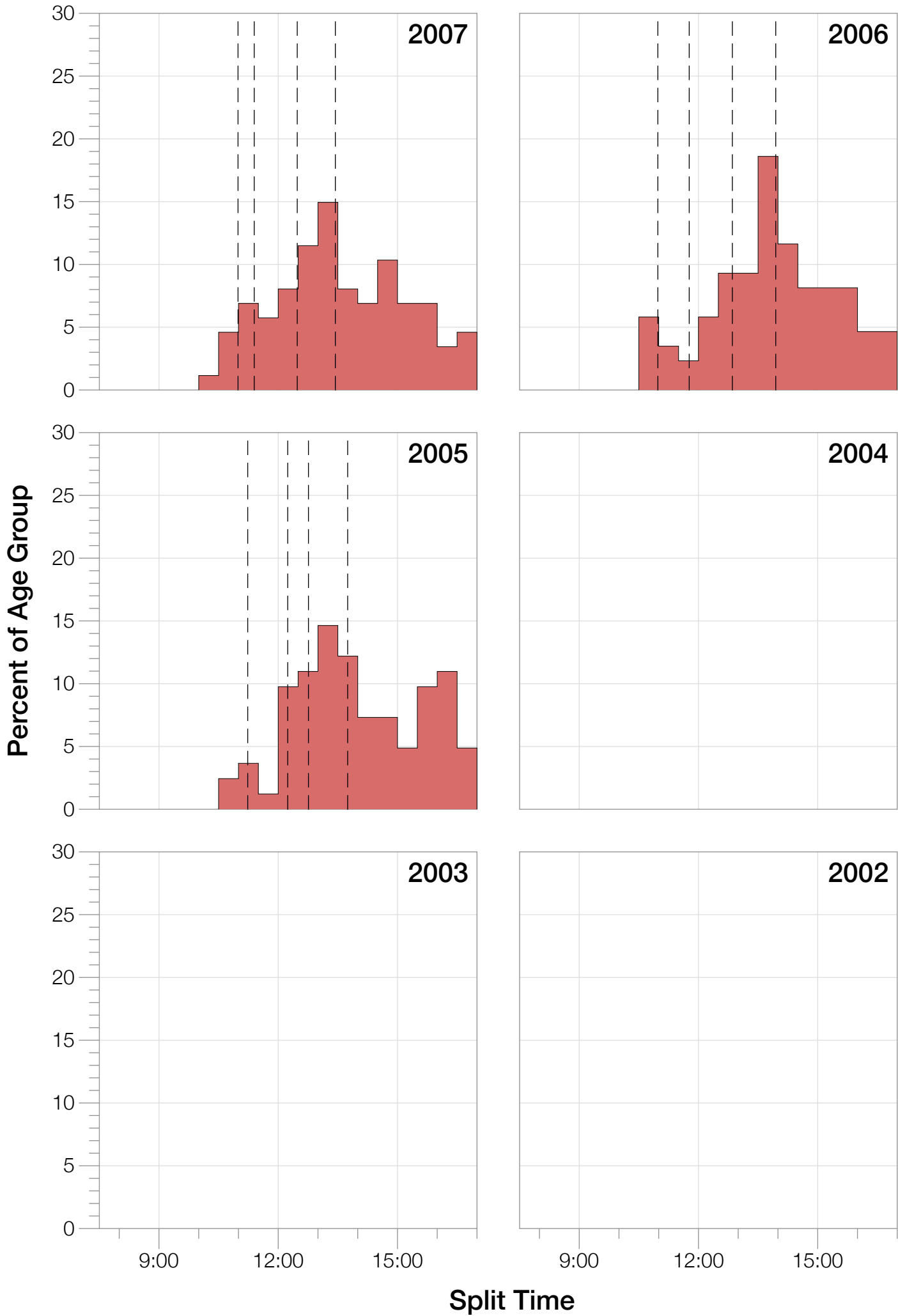
M50-54 Run



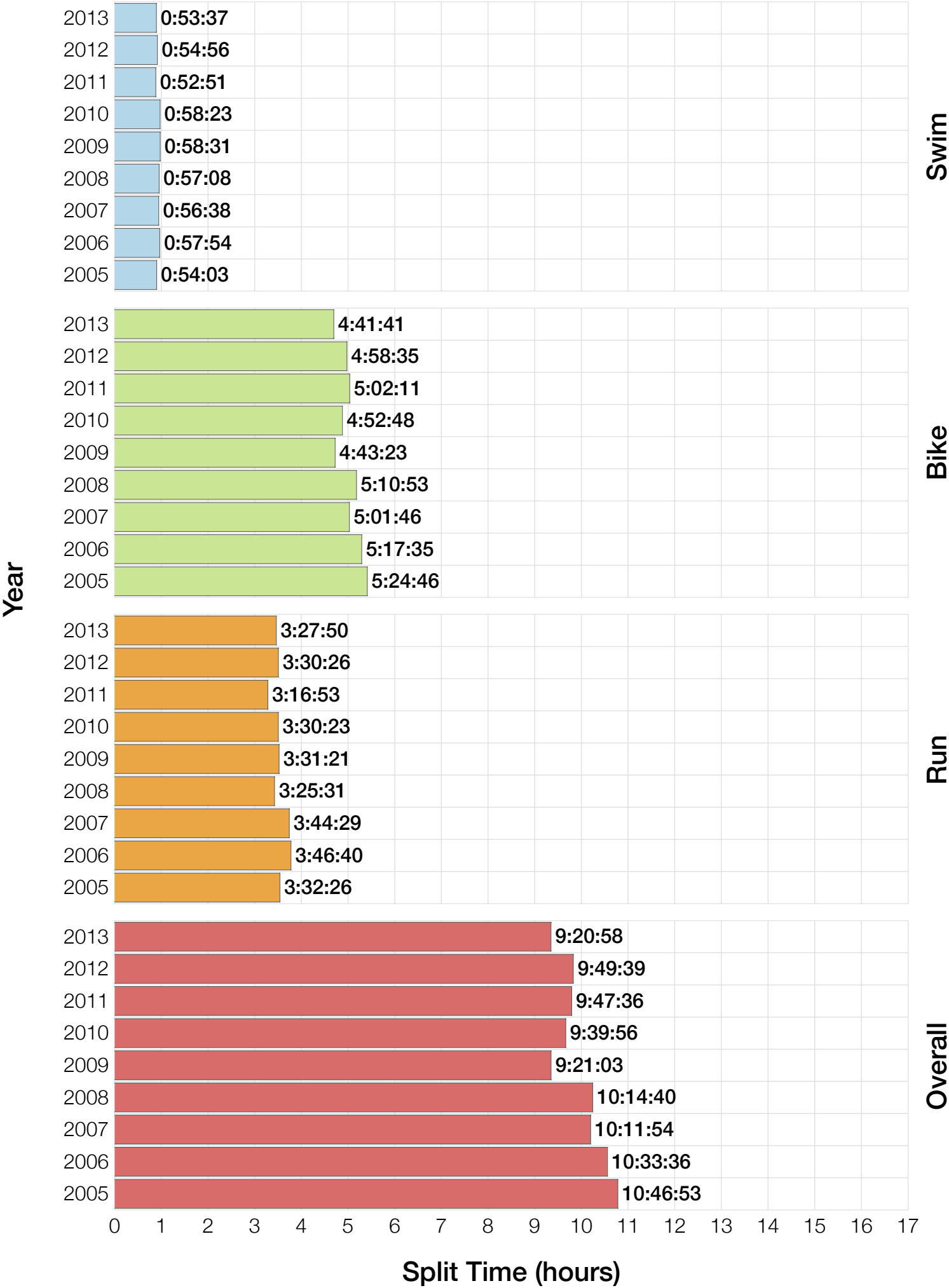
M50-54 Overall



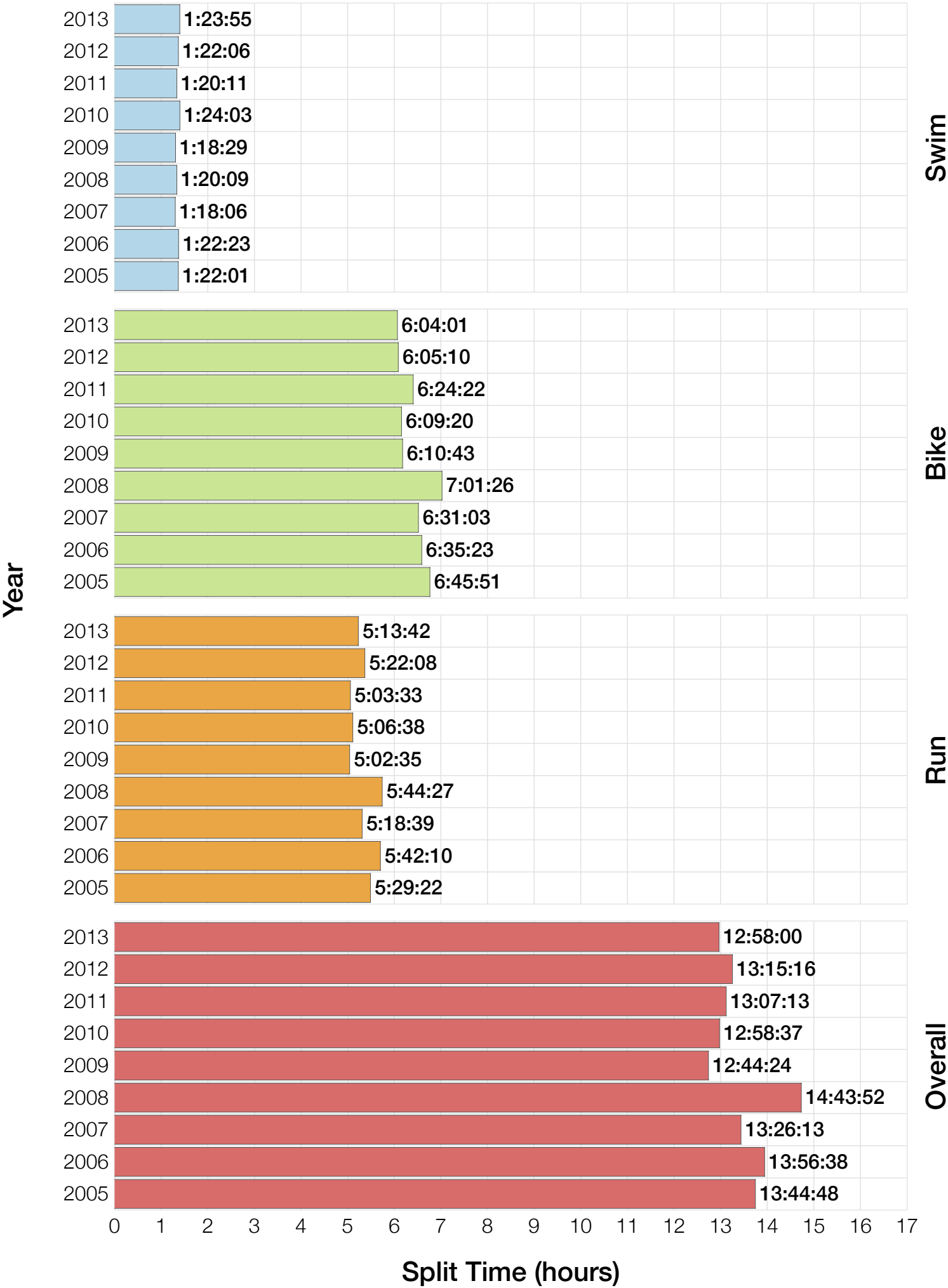
M50-54 Overall



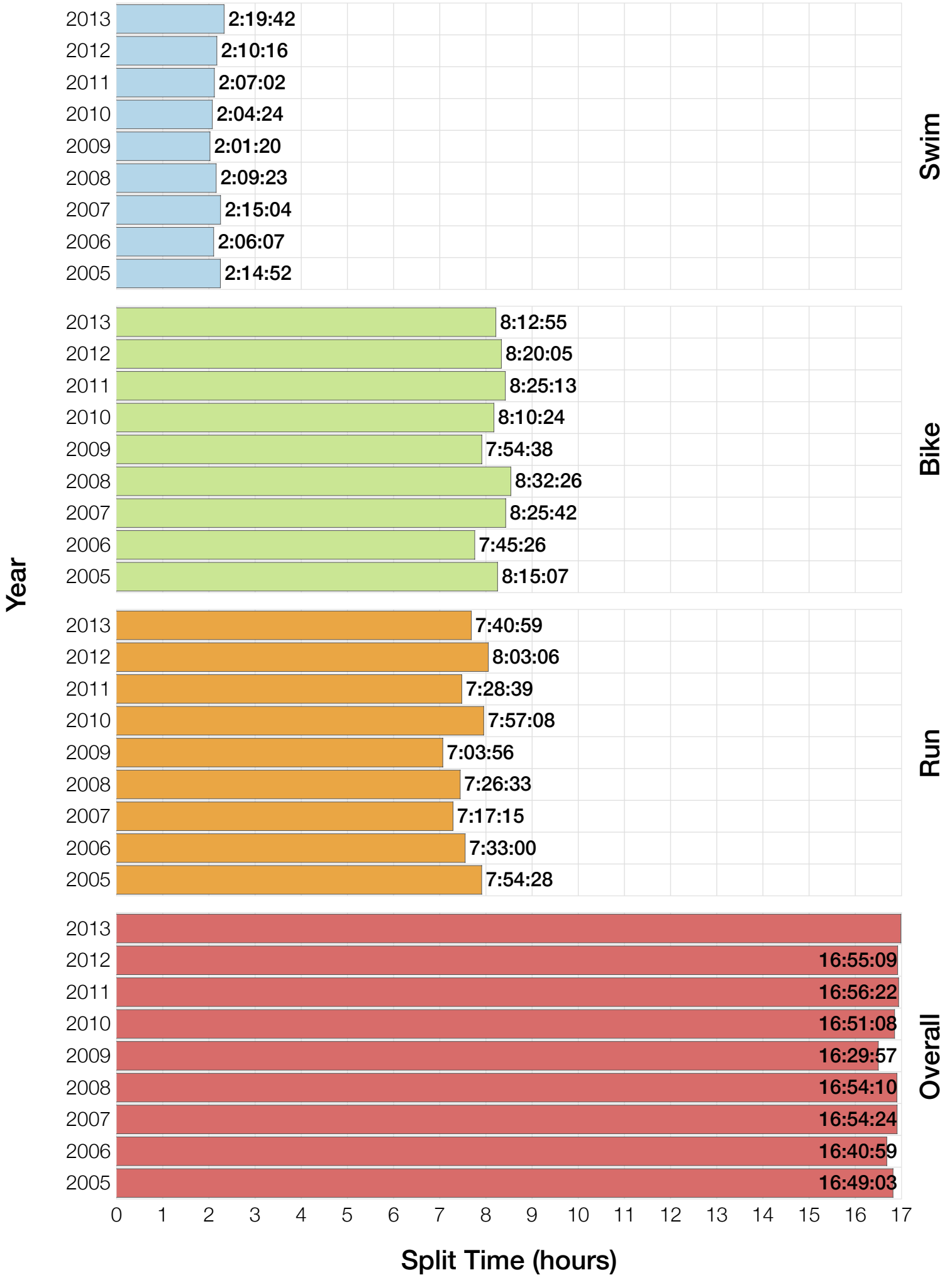
M50-54 Fastest Splits



M50-54 Median Splits

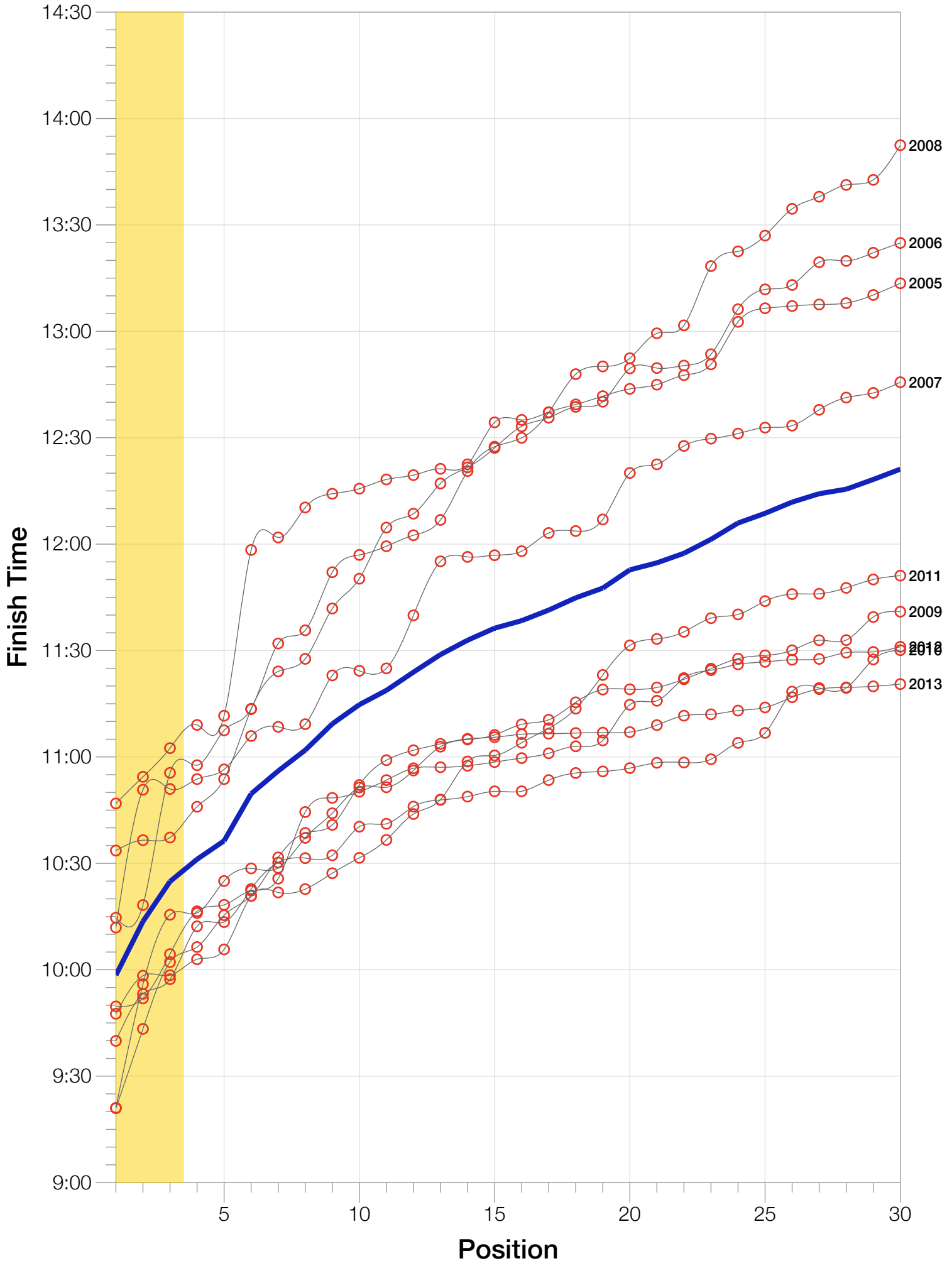


M50-54 Slowest Splits



M50-54 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M50-54 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:33	4:29:34	2:50:36	8:15:50
Average Female Winner	0:56:59	5:01:18	3:09:13	9:12:10
Average 1st Age Grouper	1:02:46	5:11:17	3:37:17	9:58:28
Average 2nd Age Grouper	1:05:34	5:15:35	3:43:49	10:13:37
Average 3rd Age Grouper	1:06:52	5:11:31	3:56:55	10:24:53
Average 4th Age Grouper	1:04:44	5:22:24	3:55:15	10:31:09
Average 5th Age Grouper	1:09:40	5:27:08	3:49:51	10:36:21
Average 6th Age Grouper	1:11:42	5:24:01	4:04:34	10:49:37
Average 7th Age Grouper	1:04:38	5:27:47	4:14:54	10:56:03
Average 8th Age Grouper	1:05:00	5:32:09	4:14:32	11:01:55
Average 9th Age Grouper	1:09:12	5:32:49	4:16:30	11:09:20
Average 10th Age Grouper	1:07:10	5:32:40	4:25:11	11:14:44
Kona Qualifier Average	1:05:04	5:12:48	3:46:00	10:12:19
Top 10 Age Grouper Average	1:06:44	5:23:44	4:01:53	10:41:37

Arizona 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:03	4:20:11	2:43:58	8:02:00
Female Winner	0:53:24	4:51:46	3:02:02	8:52:49
1st Age Grouper	0:55:09	4:52:49	3:27:50	9:20:58
2nd Age Grouper	1:00:32	4:59:44	3:36:26	9:43:20
3rd Age Grouper	0:59:59	4:41:41	4:13:25	10:02:09
4th Age Grouper	1:00:29	5:07:14	3:51:32	10:06:24
5th Age Grouper	1:15:18	5:08:21	3:43:38	10:15:22
6th Age Grouper	1:15:12	5:15:06	3:42:05	10:20:50
7th Age Grouper	0:53:37	5:15:38	4:16:41	10:31:40
8th Age Grouper	1:04:43	5:11:54	4:15:10	10:38:34
9th Age Grouper	1:12:41	5:02:49	4:16:27	10:40:50
10th Age Grouper	0:59:53	5:15:13	4:27:24	10:52:05
Kona Qualifier Average	0:58:33	4:51:24	3:45:53	9:42:09
Top 10 Age Grouper Average	1:03:45	5:05:02	3:59:03	10:15:13

Arizona 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:19	4:22:45	2:48:06	8:03:13
Female Winner	0:59:11	4:51:34	3:05:54	9:01:41
1st Age Grouper	1:05:28	5:05:28	3:30:26	9:49:39
2nd Age Grouper	1:12:02	4:58:35	3:34:18	9:51:56
3rd Age Grouper	1:14:47	5:04:27	3:35:42	10:04:24
4th Age Grouper	1:13:03	5:14:48	3:38:18	10:16:29
5th Age Grouper	1:14:15	5:11:11	3:43:49	10:18:18
6th Age Grouper	1:06:31	5:03:10	4:02:59	10:22:18
7th Age Grouper	1:09:53	5:15:05	3:49:13	10:25:42
8th Age Grouper	1:01:21	5:20:57	4:12:03	10:44:28
9th Age Grouper	1:04:03	5:39:13	3:50:41	10:48:27
10th Age Grouper	1:15:48	5:12:51	4:13:09	10:50:12
Kona Qualifier Average	1:10:45	5:02:50	3:33:28	9:55:19
Top 10 Age Grouper Average	1:09:43	5:12:34	3:49:03	10:21:11

Arizona 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:24	4:23:17	2:48:59	8:07:16
Female Winner	0:51:56	4:47:06	2:52:55	8:36:13
1st Age Grouper	1:05:16	5:11:56	3:23:53	9:47:36
2nd Age Grouper	1:06:15	5:15:16	3:28:28	9:58:19
3rd Age Grouper	1:01:39	5:29:48	3:16:53	9:58:27
4th Age Grouper	0:58:16	5:24:28	3:31:40	10:02:57
5th Age Grouper	0:52:51	5:21:21	3:46:43	10:05:44
6th Age Grouper	1:08:41	5:04:50	3:57:47	10:20:48
7th Age Grouper	1:10:10	5:14:09	3:46:31	10:21:48
8th Age Grouper	1:08:16	5:27:28	3:35:38	10:22:44
9th Age Grouper	0:57:42	5:25:40	3:56:36	10:27:13
10th Age Grouper	1:01:23	5:33:36	3:50:28	10:31:33
Kona Qualifier Average	1:04:23	5:19:00	3:23:04	9:54:47
Top 10 Age Grouper Average	1:03:02	5:20:51	3:39:27	10:11:42

Arizona 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:49	4:22:30	2:55:45	8:13:35
Female Winner	0:58:58	4:56:48	3:10:10	9:09:19
1st Age Grouper	1:04:54	4:57:17	3:30:23	9:39:56
2nd Age Grouper	1:01:18	5:06:19	3:38:25	9:53:12
3rd Age Grouper	1:11:47	4:52:48	3:44:43	9:57:20
4th Age Grouper	1:07:36	5:01:20	3:53:43	10:12:15
5th Age Grouper	1:04:44	5:19:22	3:41:13	10:13:26
6th Age Grouper	1:11:17	5:18:59	3:45:28	10:22:46
7th Age Grouper	0:58:23	5:18:00	4:04:52	10:30:13
8th Age Grouper	1:11:24	5:26:23	3:42:03	10:31:28
9th Age Grouper	1:19:42	5:22:42	3:40:31	10:32:16
10th Age Grouper	1:07:12	5:11:53	4:13:07	10:40:20
Kona Qualifier Average	1:05:59	4:58:48	3:37:50	9:50:09
Top 10 Age Grouper Average	1:07:49	5:11:30	3:47:26	10:15:19

Arizona 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:37:55	2:46:37	8:14:16
Female Winner	1:06:05	5:02:46	3:07:56	9:21:06
1st Age Grouper	1:00:30	4:43:23	3:31:21	9:21:03
2nd Age Grouper	1:05:52	5:06:19	3:37:10	9:55:56
3rd Age Grouper	0:58:31	4:59:06	4:12:14	10:15:30
4th Age Grouper	1:03:00	5:24:47	3:39:43	10:16:00
5th Age Grouper	1:03:03	5:01:13	4:13:53	10:25:01
6th Age Grouper	1:08:46	4:54:10	4:17:47	10:28:34
7th Age Grouper	1:06:14	5:22:26	3:50:58	10:28:44
8th Age Grouper	1:04:09	5:08:33	4:14:51	10:37:11
9th Age Grouper	1:04:33	5:43:33	3:49:30	10:44:07
10th Age Grouper	1:06:07	5:39:07	3:52:10	10:51:23
Kona Qualifier Average	1:01:37	4:56:16	3:46:55	9:50:49
Top 10 Age Grouper Average	1:04:04	5:12:15	3:55:57	10:20:20

Arizona 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:58:59	4:41:10	2:50:12	8:34:19
Female Winner	0:59:08	5:02:30	3:07:58	9:14:49
1st Age Grouper	1:00:44	5:33:35	3:33:16	10:14:40
2nd Age Grouper	1:09:41	5:32:33	3:25:31	10:18:15
3rd Age Grouper	1:12:50	5:28:11	3:58:27	10:55:31
4th Age Grouper	0:57:08	5:49:40	4:03:33	10:57:40
5th Age Grouper	1:07:19	6:05:33	3:37:54	11:07:30
6th Age Grouper	1:04:03	5:45:20	4:16:28	11:13:34
7th Age Grouper	1:10:22	5:36:32	4:36:34	11:31:59
8th Age Grouper	1:03:35	5:26:10	4:56:19	11:35:42
9th Age Grouper	1:13:49	5:53:59	4:31:51	11:52:05
10th Age Grouper	1:03:27	5:10:53	5:35:29	11:56:57
Kona Qualifier Average	1:07:45	5:31:26	3:39:04	10:29:28
Top 10 Age Grouper Average	1:06:17	5:38:14	4:15:32	11:10:23

Arizona 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:08	4:30:21	2:54:39	8:21:14
Female Winner	0:52:13	5:23:28	3:15:48	9:36:40
1st Age Grouper	0:58:48	5:21:43	3:44:29	10:11:54
2nd Age Grouper	1:04:29	5:37:35	4:01:48	10:50:45
3rd Age Grouper	0:58:47	5:14:32	4:25:40	10:50:58
4th Age Grouper	1:07:03	5:01:46	4:36:14	10:53:45
5th Age Grouper	1:23:53	5:31:57	3:52:07	10:56:29
6th Age Grouper	1:03:00	5:36:30	4:15:28	11:05:54
7th Age Grouper	1:00:20	5:36:25	4:23:43	11:08:29
8th Age Grouper	0:59:31	5:37:23	4:23:24	11:09:14
9th Age Grouper	1:16:48	5:17:09	4:37:23	11:22:59
10th Age Grouper	0:56:38	6:09:51	4:10:07	11:24:17
Kona Qualifier Average	1:00:41	5:24:36	4:03:59	10:37:52
Top 10 Age Grouper Average	1:04:55	5:30:29	4:15:02	10:59:28

Arizona 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:59	4:30:25	2:53:18	8:20:56
Female Winner	0:52:57	4:59:48	3:15:29	9:12:53
1st Age Grouper	1:20:10	5:17:35	3:46:40	10:33:36
2nd Age Grouper	1:04:11	5:19:15	4:05:34	10:36:32
3rd Age Grouper	1:12:57	5:18:41	3:57:10	10:37:17
4th Age Grouper	0:59:19	5:30:10	4:08:21	10:45:58
5th Age Grouper	1:04:00	5:24:10	4:16:59	10:53:45
6th Age Grouper	1:21:02	5:34:36	4:08:20	11:13:28
7th Age Grouper	1:12:39	5:41:06	4:23:00	11:24:06
8th Age Grouper	1:05:17	5:46:08	4:19:47	11:27:39
9th Age Grouper	1:13:49	5:42:51	4:35:08	11:41:51
10th Age Grouper	1:22:51	5:56:23	4:14:49	11:50:15
Kona Qualifier Average	1:12:26	5:18:30	3:56:28	10:35:48
Top 10 Age Grouper Average	1:11:37	5:33:05	4:11:34	11:06:26

Arizona 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:13	4:37:39	2:53:52	8:25:42
Female Winner	0:59:07	5:15:59	3:24:46	9:44:02
1st Age Grouper	0:54:03	5:37:53	4:07:20	10:46:53
2nd Age Grouper	1:05:47	5:24:46	4:06:46	10:54:24
3rd Age Grouper	1:10:32	5:34:31	4:08:07	11:02:29
4th Age Grouper	1:16:42	5:47:26	3:54:17	11:09:01
5th Age Grouper	1:21:43	6:01:06	3:32:26	11:11:37
6th Age Grouper	1:26:47	6:03:29	4:14:44	11:58:21
7th Age Grouper	1:00:09	5:50:43	5:02:39	12:01:53
8th Age Grouper	1:06:44	6:24:29	4:31:41	12:10:20
9th Age Grouper	0:59:49	5:47:31	5:10:25	12:14:12
10th Age Grouper	1:11:16	5:44:16	5:09:56	12:15:38
Kona Qualifier Average	1:03:27	5:32:23	4:07:24	10:54:35
Top 10 Age Grouper Average	1:09:21	5:49:37	4:23:50	11:34:28