

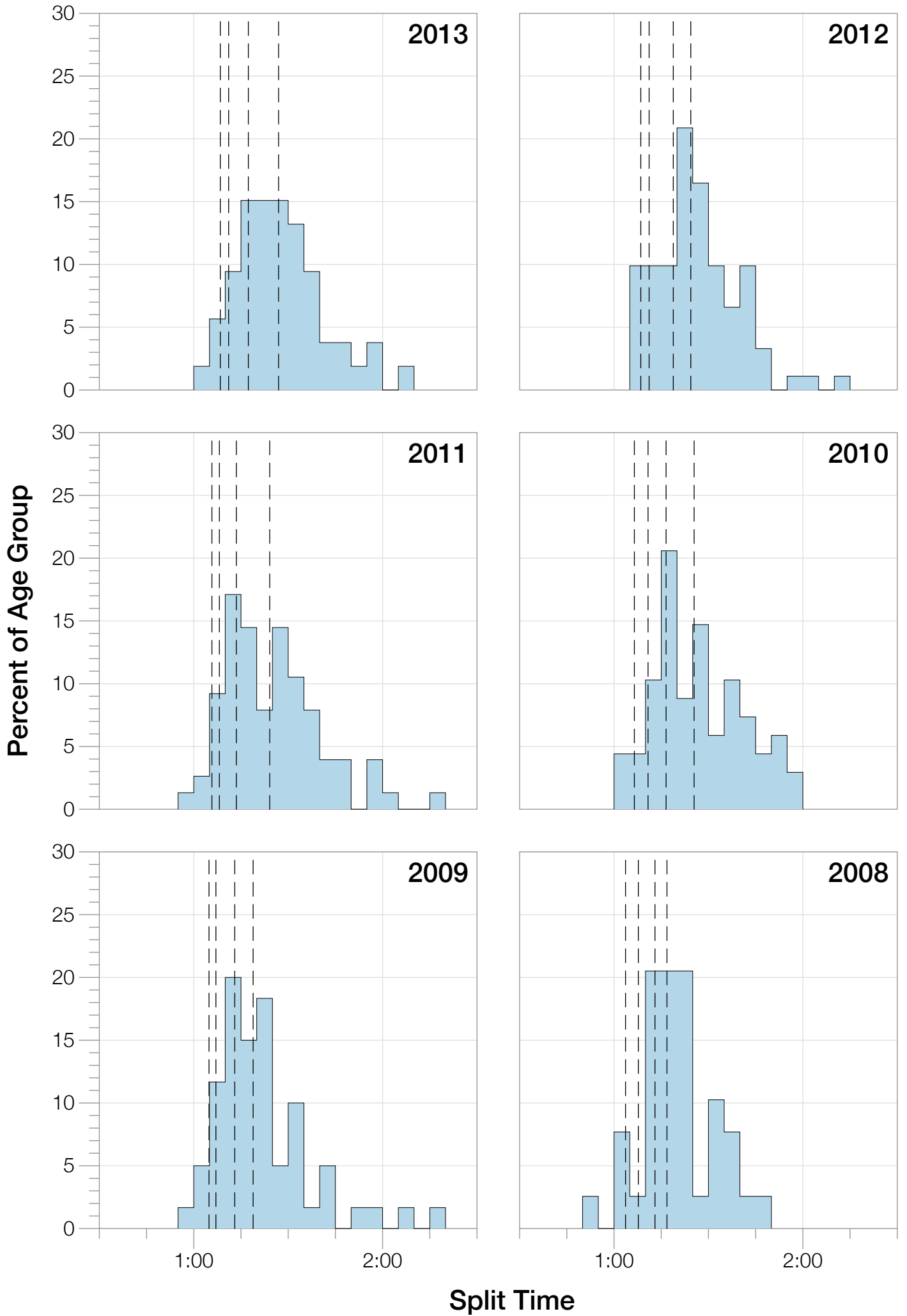
# Ironman Louisville

## M55-59 Stats

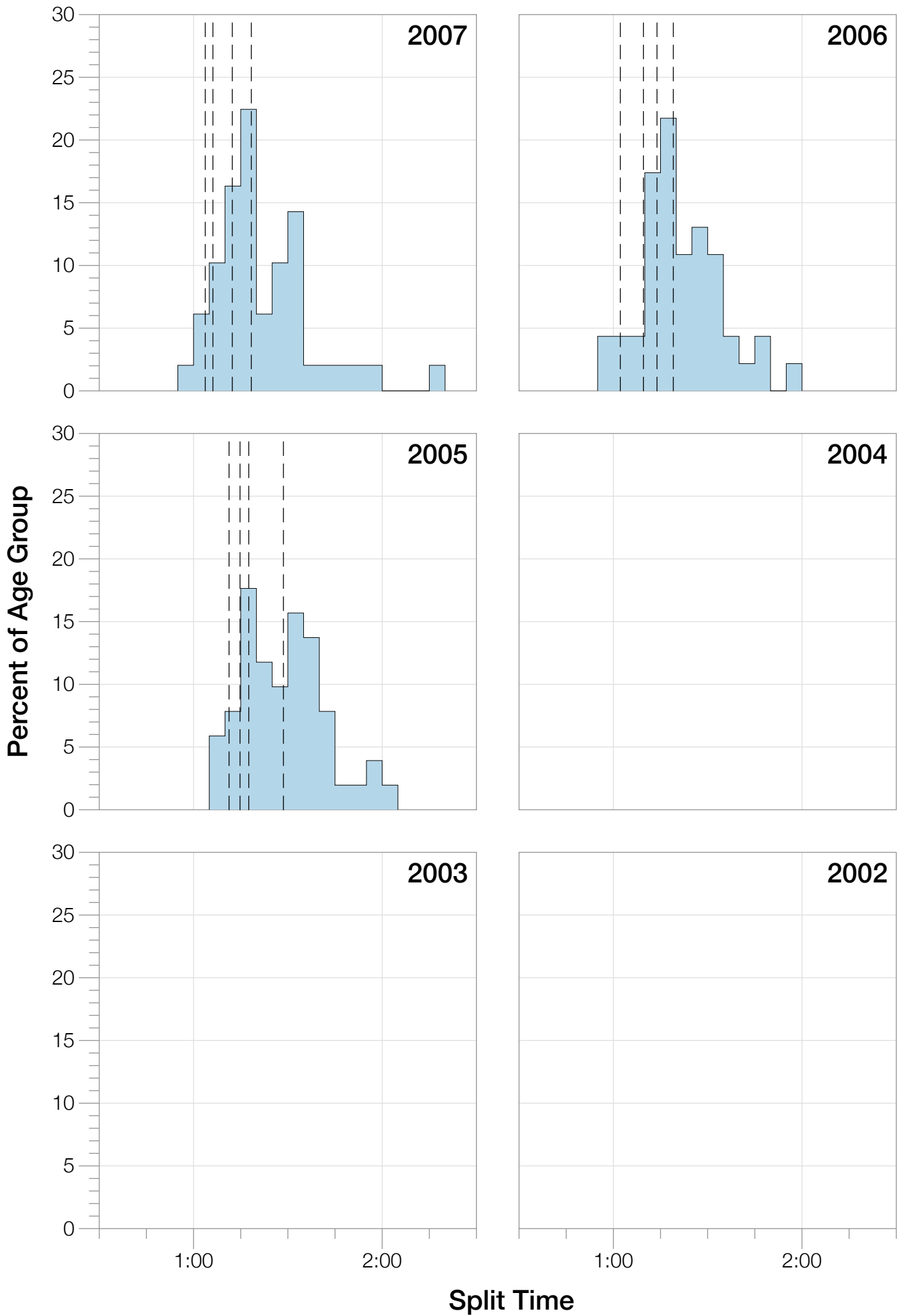
## M55-59 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>M55-59 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>M55-59 Winner's Time</b>
2005	1682	51	8:25:42	9:44:02	11:16:23
2006	1723	46	8:20:56	9:12:53	10:45:11
2007	1861	49	8:21:14	9:36:40	11:08:17
2008	1689	39	8:34:19	9:14:49	10:27:39
2009	2077	60	8:14:16	9:21:06	10:30:18
2010	2397	68	8:13:35	9:09:19	10:09:28
2011	2217	76	8:07:16	8:36:13	10:45:41
2012	2379	91	8:03:13	9:01:41	10:00:49
2013	2521	100	8:02:00	8:52:49	9:52:39
<b>Average</b>	<b>2061</b>	<b>64</b>	<b>8:15:50</b>	<b>9:12:10</b>	<b>10:32:56</b>

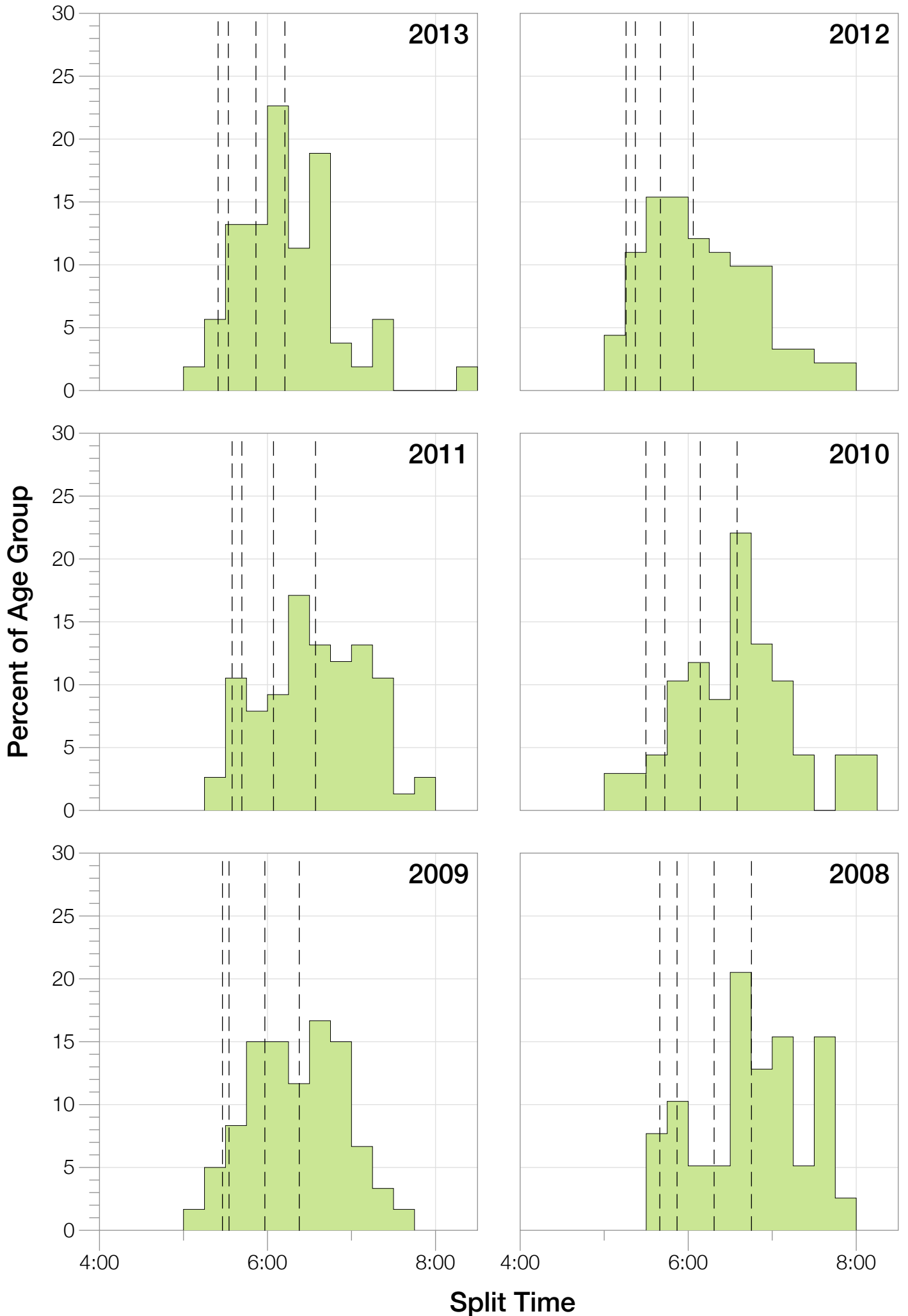
# M55-59 Swim



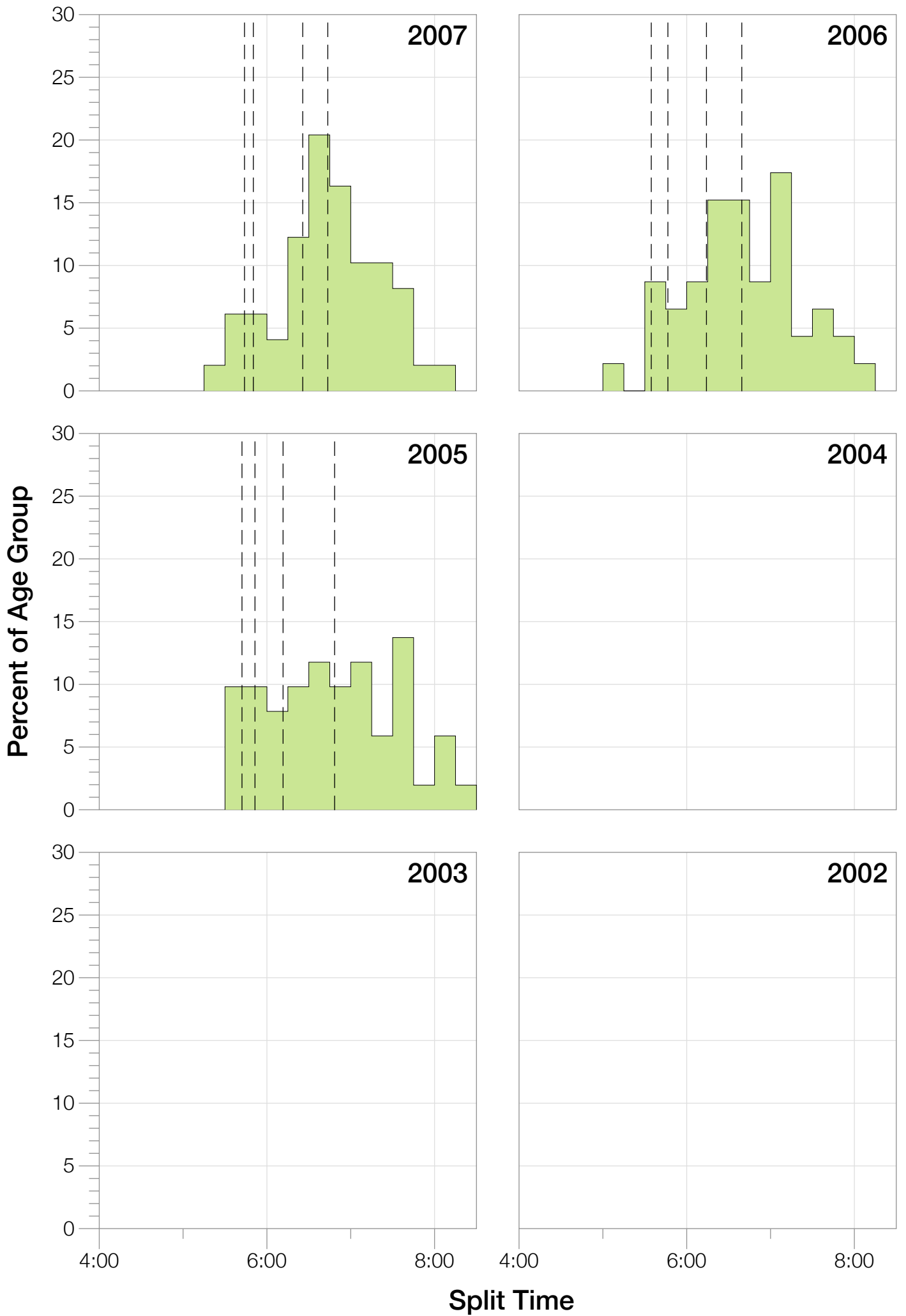
# M55-59 Swim



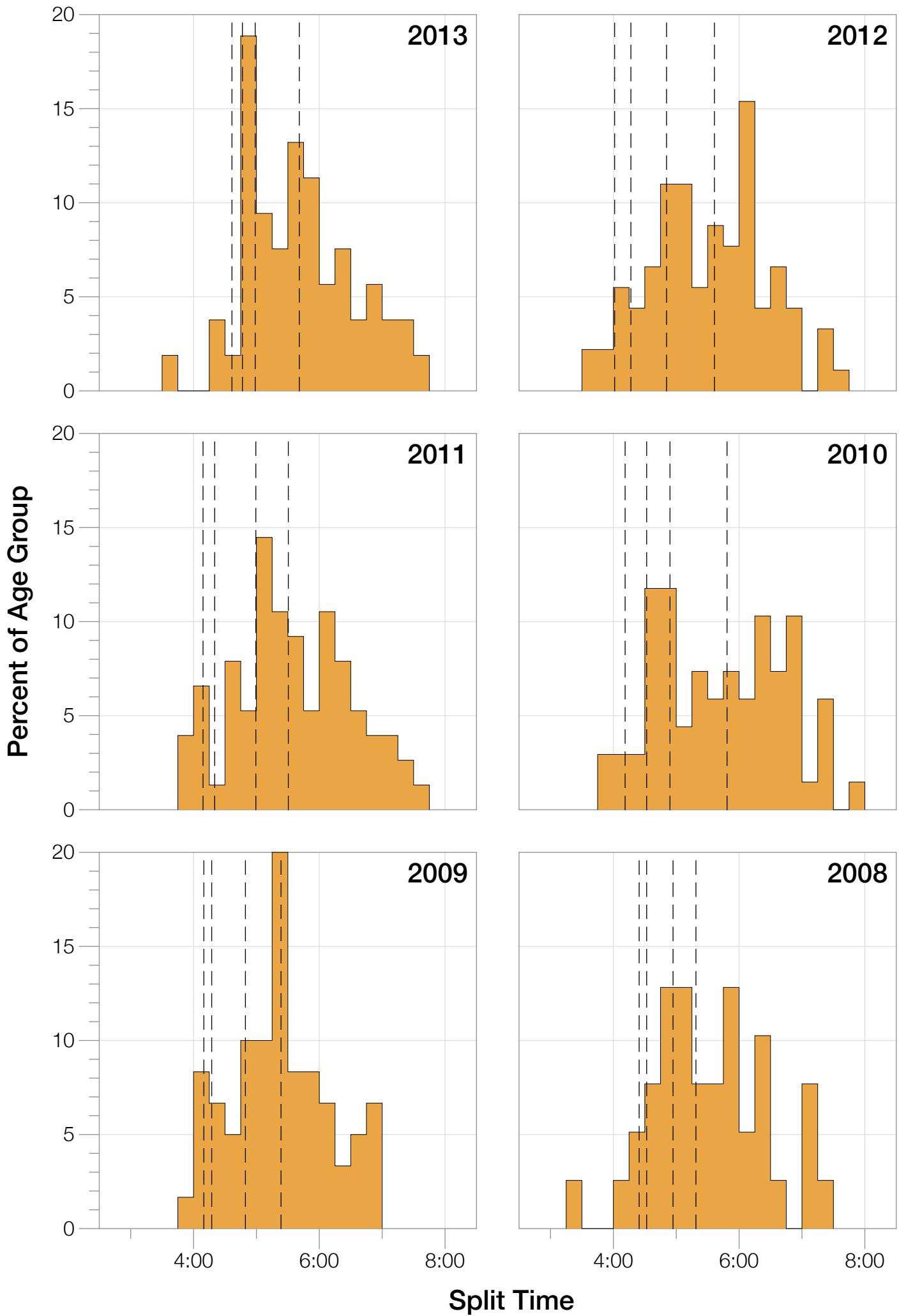
# M55-59 Bike



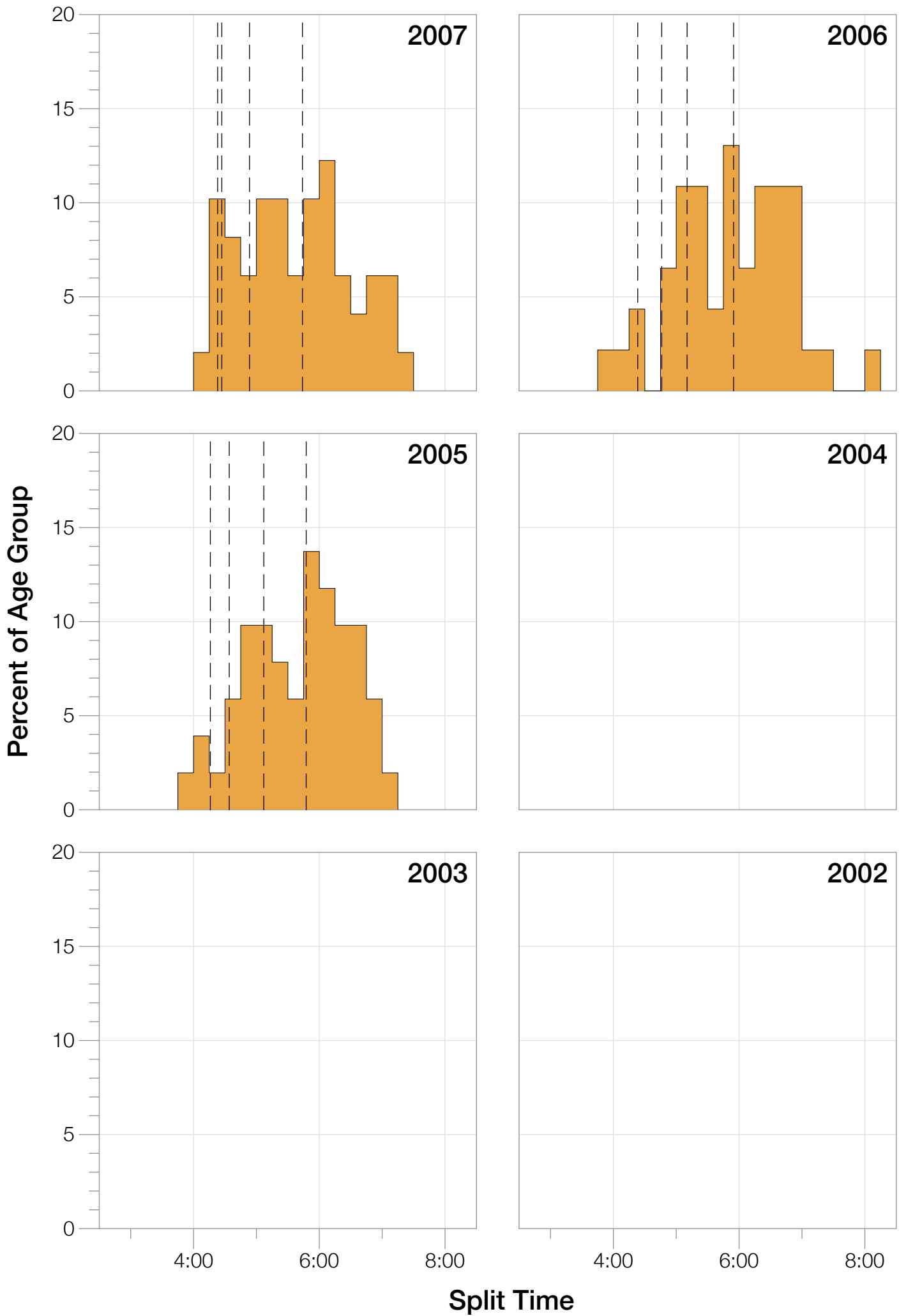
# M55-59 Bike



# M55-59 Run

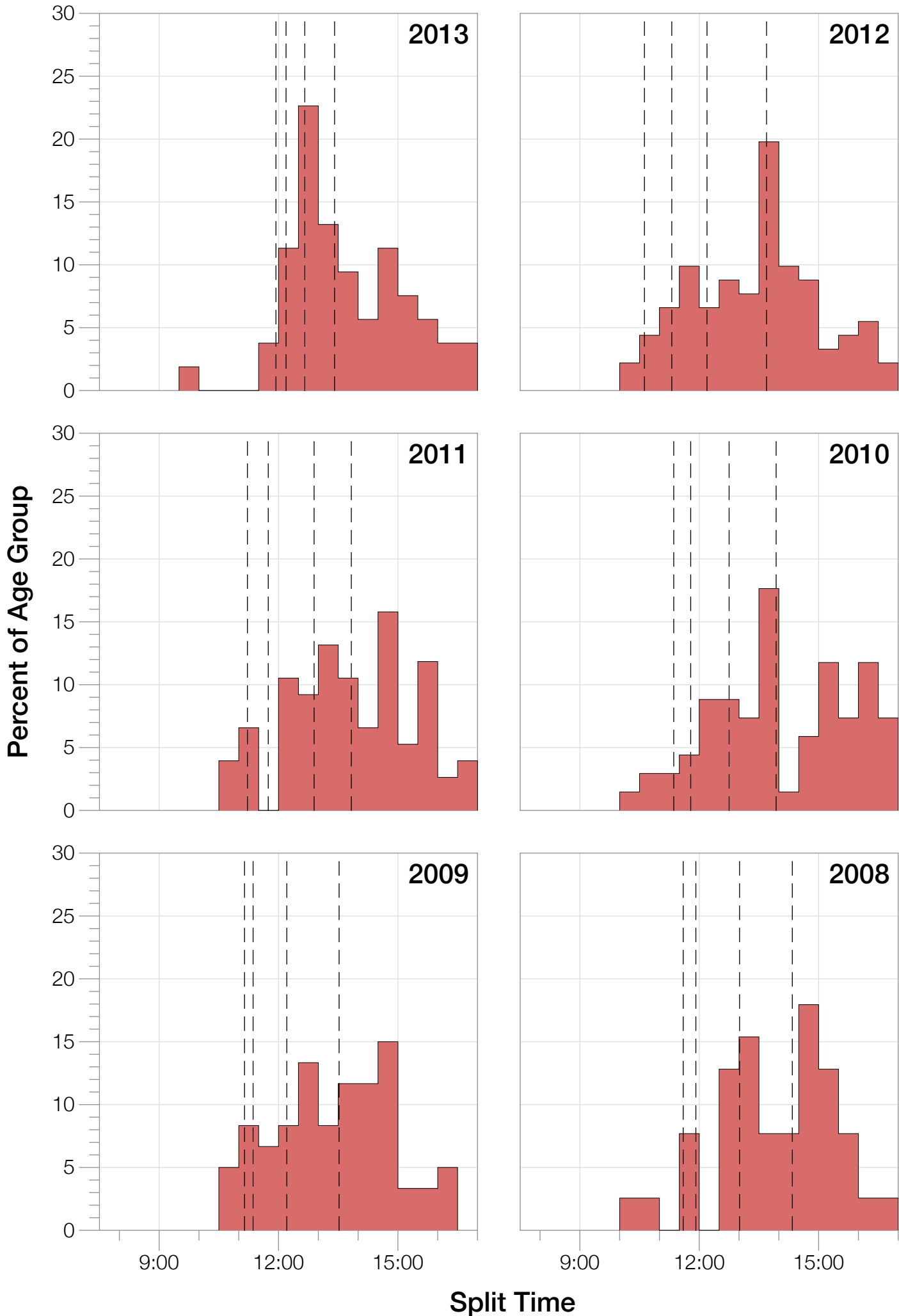


# M55-59 Run



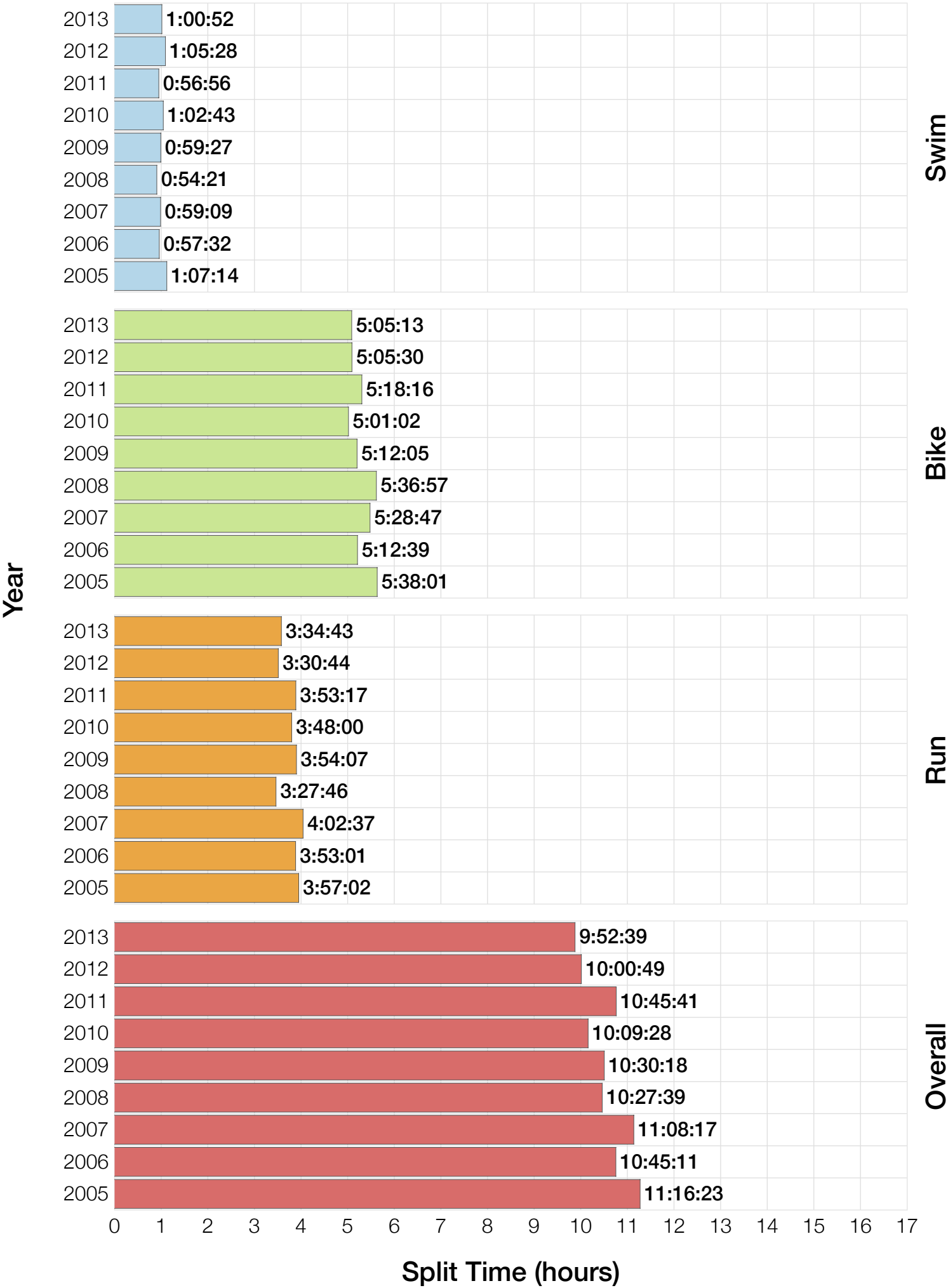


# M55-59 Overall

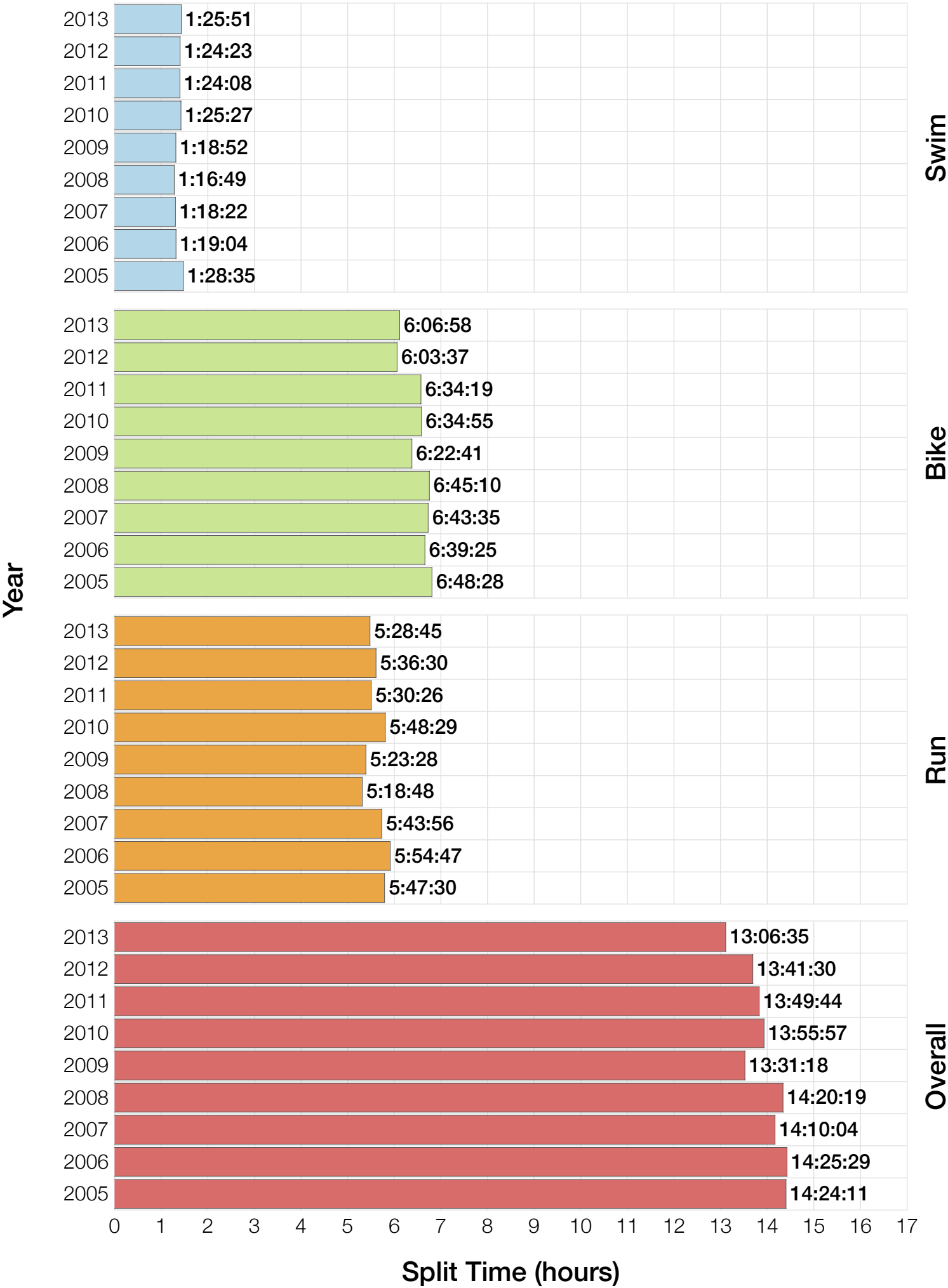




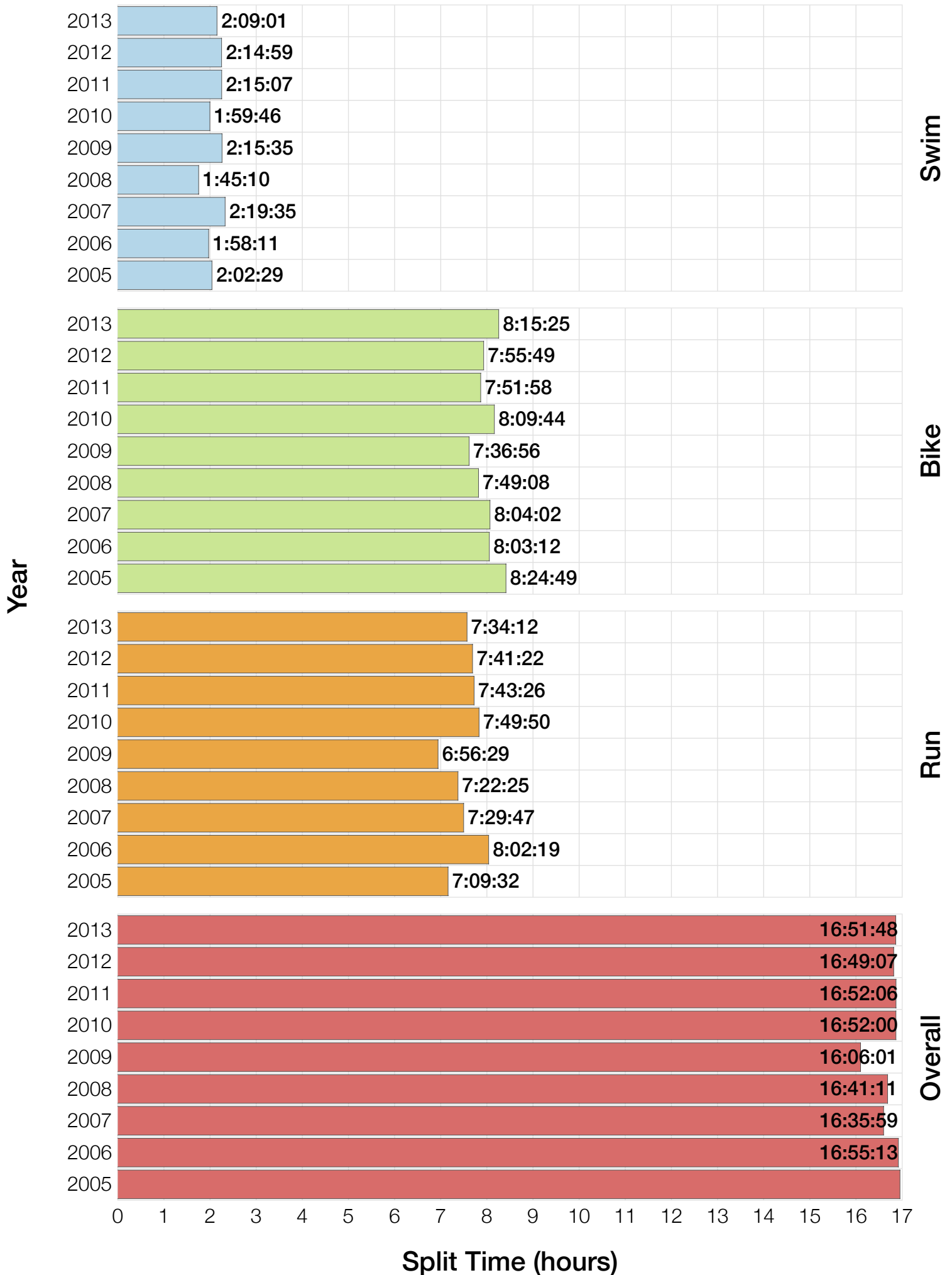
# M55-59 Fastest Splits



# M55-59 Median Splits



# M55-59 Slowest Splits





# M55-59 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:51:33</b>	<b>4:29:34</b>	<b>2:50:36</b>	<b>8:15:50</b>
<b>Average Female Winner</b>	<b>0:56:59</b>	<b>5:01:18</b>	<b>3:09:13</b>	<b>9:12:10</b>
<b>Average 1st Age Grouper</b>	<b>1:09:29</b>	<b>5:21:40</b>	<b>3:52:25</b>	<b>10:32:56</b>
<b>Average 2nd Age Grouper</b>	<b>1:08:53</b>	<b>5:26:11</b>	<b>4:07:20</b>	<b>10:50:55</b>
Average 3rd Age Grouper	1:12:03	5:36:04	4:08:16	11:07:24
Average 4th Age Grouper	1:14:04	5:31:52	4:24:37	11:21:40
Average 5th Age Grouper	1:11:28	5:43:39	4:21:19	11:27:26
Average 6th Age Grouper	1:15:16	5:44:08	4:27:03	11:39:02
Average 7th Age Grouper	1:10:37	5:44:08	4:46:54	11:52:29
Average 8th Age Grouper	1:17:19	5:54:18	4:31:39	11:56:56
Average 9th Age Grouper	1:15:40	5:57:32	4:37:58	12:05:39
Average 10th Age Grouper	1:11:48	5:56:08	4:55:04	12:14:55
<b>Kona Qualifier Average</b>	<b>1:09:11</b>	<b>5:23:55</b>	<b>3:59:52</b>	<b>10:41:55</b>
<b>Top 10 Age Grouper Average</b>	<b>1:12:40</b>	<b>5:41:34</b>	<b>4:25:16</b>	<b>11:30:56</b>

## Arizona 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:54:03</b>	<b>4:20:11</b>	<b>2:43:58</b>	<b>8:02:00</b>
<b>Female Winner</b>	<b>0:53:24</b>	<b>4:51:46</b>	<b>3:02:02</b>	<b>8:52:49</b>
<b>1st Age Grouper</b>	<b>1:05:20</b>	<b>5:05:13</b>	<b>3:34:43</b>	<b>9:52:39</b>
<b>2nd Age Grouper</b>	<b>1:05:21</b>	<b>5:12:22</b>	<b>3:59:31</b>	<b>10:23:35</b>
3rd Age Grouper	1:08:33	5:15:43	4:16:14	10:52:46
4th Age Grouper	1:08:35	5:22:19	4:27:18	11:05:50
5th Age Grouper	1:32:23	5:41:48	3:58:52	11:29:00
6th Age Grouper	1:09:21	5:50:18	4:20:29	11:32:39
7th Age Grouper	1:00:52	5:18:29	5:09:14	11:37:34
8th Age Grouper	1:21:39	5:27:50	4:44:46	11:45:01
9th Age Grouper	1:31:28	5:59:17	3:56:27	11:49:56
10th Age Grouper	1:11:03	5:49:46	4:40:07	11:51:31
<b>Kona Qualifier Average</b>	<b>1:05:20</b>	<b>5:08:47</b>	<b>3:47:07</b>	<b>10:08:07</b>
<b>Top 10 Age Grouper Average</b>	<b>1:13:27</b>	<b>5:30:18</b>	<b>4:18:46</b>	<b>11:14:03</b>

## Arizona 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:19</b>	<b>4:22:45</b>	<b>2:48:06</b>	<b>8:03:13</b>
<b>Female Winner</b>	<b>0:59:11</b>	<b>4:51:34</b>	<b>3:05:54</b>	<b>9:01:41</b>
<b>1st Age Grouper</b>	<b>1:06:14</b>	<b>5:06:09</b>	<b>3:40:17</b>	<b>10:00:49</b>
<b>2nd Age Grouper</b>	<b>1:19:56</b>	<b>5:11:40</b>	<b>3:30:44</b>	<b>10:10:20</b>
3rd Age Grouper	1:15:16	5:15:12	3:54:10	10:31:51
4th Age Grouper	1:09:31	5:11:19	3:57:05	10:33:27
5th Age Grouper	1:08:46	5:18:01	4:01:27	10:36:29
6th Age Grouper	1:08:55	5:05:30	4:14:51	10:38:16
7th Age Grouper	1:23:47	5:27:48	4:00:58	11:03:34
8th Age Grouper	1:07:18	5:37:55	4:09:58	11:04:01
9th Age Grouper	1:11:11	5:31:39	4:10:32	11:05:17
10th Age Grouper	1:09:54	5:38:06	4:21:51	11:18:35
<b>Kona Qualifier Average</b>	<b>1:13:05</b>	<b>5:08:54</b>	<b>3:35:30</b>	<b>10:05:34</b>
<b>Top 10 Age Grouper Average</b>	<b>1:12:04</b>	<b>5:20:19</b>	<b>4:00:11</b>	<b>10:42:15</b>

### Arizona 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:24	4:23:17	2:48:59	8:07:16
Female Winner	0:51:56	4:47:06	2:52:55	8:36:13
1st Age Grouper	1:05:57	5:35:26	3:54:59	10:45:41
2nd Age Grouper	1:16:09	5:18:16	4:07:57	10:52:27
3rd Age Grouper	1:08:30	5:34:19	3:54:52	10:54:28
4th Age Grouper	1:23:27	5:21:39	4:09:30	11:10:35
5th Age Grouper	1:04:23	6:04:54	3:53:17	11:13:57
6th Age Grouper	1:18:58	5:34:00	4:09:25	11:14:17
7th Age Grouper	1:10:40	5:37:27	4:27:08	11:24:41
8th Age Grouper	1:02:38	5:41:08	4:36:32	11:26:48
9th Age Grouper	1:37:57	5:56:17	4:13:11	12:02:09
10th Age Grouper	1:07:46	5:43:37	5:00:39	12:03:10
<b>Kona Qualifier Average</b>	<b>1:11:03</b>	<b>5:26:51</b>	<b>4:01:28</b>	<b>10:49:04</b>
<b>Top 10 Age Grouper Average</b>	<b>1:13:38</b>	<b>5:38:42</b>	<b>4:14:45</b>	<b>11:18:49</b>

### Arizona 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:49	4:22:30	2:55:45	8:13:35
Female Winner	0:58:58	4:56:48	3:10:10	9:09:19
1st Age Grouper	1:02:43	5:01:02	3:57:23	10:09:28
2nd Age Grouper	1:04:44	5:12:20	4:06:15	10:30:19
3rd Age Grouper	1:18:50	5:37:59	3:48:00	10:56:33
4th Age Grouper	1:16:01	5:21:36	4:29:35	11:18:47
5th Age Grouper	1:11:24	5:57:08	4:04:42	11:26:41
6th Age Grouper	1:15:01	5:35:02	4:33:48	11:33:12
7th Age Grouper	1:12:48	5:37:24	4:39:24	11:41:21
8th Age Grouper	1:30:47	5:26:58	4:32:03	11:49:37
9th Age Grouper	1:03:30	5:48:29	5:03:13	12:07:29
10th Age Grouper	1:16:49	5:56:16	4:37:37	12:07:58
<b>Kona Qualifier Average</b>	<b>1:03:43</b>	<b>5:06:41</b>	<b>4:01:49</b>	<b>10:19:53</b>
<b>Top 10 Age Grouper Average</b>	<b>1:13:15</b>	<b>5:33:25</b>	<b>4:23:12</b>	<b>11:22:08</b>

### Arizona 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:37:55	2:46:37	8:14:16
Female Winner	1:06:05	5:02:46	3:07:56	9:21:06
1st Age Grouper	1:13:27	5:12:05	3:54:07	10:30:18
2nd Age Grouper	1:08:21	5:31:22	4:05:12	10:55:29
3rd Age Grouper	1:04:22	5:26:13	4:17:50	10:55:38
4th Age Grouper	1:19:08	5:32:40	4:05:51	11:09:24
5th Age Grouper	1:10:00	5:37:52	4:12:02	11:11:31
6th Age Grouper	1:15:50	5:27:52	4:24:12	11:18:42
7th Age Grouper	1:07:11	5:38:41	4:22:54	11:21:58
8th Age Grouper	1:03:56	5:58:40	4:12:43	11:28:35
9th Age Grouper	1:09:43	6:02:29	4:10:02	11:34:59
10th Age Grouper	1:04:52	5:27:15	5:01:27	11:40:11
<b>Kona Qualifier Average</b>	<b>1:10:54</b>	<b>5:21:43</b>	<b>3:59:39</b>	<b>10:42:53</b>
<b>Top 10 Age Grouper Average</b>	<b>1:09:41</b>	<b>5:35:30</b>	<b>4:16:38</b>	<b>11:12:40</b>



### Arizona 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:58:59	4:41:10	2:50:12	8:34:19
Female Winner	0:59:08	5:02:30	3:07:58	9:14:49
1st Age Grouper	1:11:51	5:38:01	3:27:46	10:27:39
2nd Age Grouper	0:54:21	5:36:57	4:12:35	10:50:57
3rd Age Grouper	1:11:09	5:55:41	4:25:57	11:40:49
4th Age Grouper	1:08:29	5:39:53	4:56:40	11:51:54
5th Age Grouper	1:04:40	5:52:41	4:49:58	11:55:39
6th Age Grouper	1:24:48	6:20:34	4:40:21	12:36:00
7th Age Grouper	1:02:02	5:52:55	5:39:33	12:44:34
8th Age Grouper	1:37:50	6:10:57	4:34:52	12:47:09
9th Age Grouper	1:16:49	6:41:35	4:29:54	12:51:13
10th Age Grouper	1:16:28	6:39:50	4:45:02	12:57:39
<b>Kona Qualifier Average</b>	<b>1:03:06</b>	<b>5:37:29</b>	<b>3:50:10</b>	<b>10:39:18</b>
<b>Top 10 Age Grouper Average</b>	<b>1:12:50</b>	<b>6:02:54</b>	<b>4:36:15</b>	<b>12:04:21</b>

### Arizona 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:08	4:30:21	2:54:39	8:21:14
Female Winner	0:52:13	5:23:28	3:15:48	9:36:40
1st Age Grouper	1:09:00	5:46:08	4:02:37	11:08:17
2nd Age Grouper	1:10:13	5:34:44	4:22:16	11:16:08
3rd Age Grouper	1:06:18	5:28:47	4:43:52	11:25:07
4th Age Grouper	1:02:14	5:52:56	4:38:20	11:45:12
5th Age Grouper	1:09:27	5:43:53	4:50:42	11:51:03
6th Age Grouper	1:05:36	6:08:03	4:24:06	11:51:34
7th Age Grouper	1:04:15	5:44:06	5:05:58	12:01:36
8th Age Grouper	1:27:06	6:06:57	4:15:57	12:01:43
9th Age Grouper	1:03:22	5:51:20	5:01:03	12:05:57
10th Age Grouper	1:24:30	6:29:15	4:37:34	12:43:27
<b>Kona Qualifier Average</b>	<b>1:09:36</b>	<b>5:40:26</b>	<b>4:12:26</b>	<b>11:12:12</b>
<b>Top 10 Age Grouper Average</b>	<b>1:10:12</b>	<b>5:52:36</b>	<b>4:36:14</b>	<b>11:49:00</b>

### Arizona 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:59	4:30:25	2:53:18	8:20:56
Female Winner	0:52:57	4:59:48	3:15:29	9:12:53
1st Age Grouper	1:15:37	5:12:39	4:08:01	10:45:11
2nd Age Grouper	1:13:40	5:34:11	4:21:21	11:20:56
3rd Age Grouper	1:16:30	6:07:04	3:53:01	11:29:28
4th Age Grouper	1:09:17	5:30:10	5:00:19	11:49:40
5th Age Grouper	1:12:59	5:36:00	4:46:55	11:50:39
6th Age Grouper	1:14:32	5:57:59	4:28:59	12:02:08
7th Age Grouper	1:20:44	6:09:08	4:58:03	12:44:27
8th Age Grouper	1:09:50	6:40:55	4:45:23	12:52:39
9th Age Grouper	1:11:16	5:43:20	5:47:00	12:52:44
10th Age Grouper	1:02:09	5:49:44	5:58:37	13:03:46
<b>Kona Qualifier Average</b>	<b>1:14:38</b>	<b>5:23:25</b>	<b>4:14:41</b>	<b>11:03:03</b>
<b>Top 10 Age Grouper Average</b>	<b>1:12:39</b>	<b>5:50:07</b>	<b>4:48:45</b>	<b>12:05:09</b>

## Arizona 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:13	4:37:39	2:53:52	8:25:42
Female Winner	0:59:07	5:15:59	3:24:46	9:44:02
1st Age Grouper	1:15:12	5:38:20	4:11:54	11:16:23
2nd Age Grouper	1:07:14	5:43:47	4:20:11	11:18:08
3rd Age Grouper	1:19:02	5:43:42	4:00:30	11:19:56
4th Age Grouper	1:29:55	5:54:22	3:57:02	11:30:13
5th Age Grouper	1:09:18	5:40:37	4:34:03	11:31:59
6th Age Grouper	1:24:26	5:38:01	4:47:21	12:04:38
7th Age Grouper	1:13:18	6:11:16	4:39:01	12:12:40
8th Age Grouper	1:14:47	5:57:30	4:52:39	12:16:55
9th Age Grouper	1:15:48	6:03:28	4:50:26	12:21:15
10th Age Grouper	1:12:47	5:51:28	5:12:48	12:28:01
<b>Kona Qualifier Average</b>	<b>1:11:13</b>	<b>5:41:03</b>	<b>4:16:02</b>	<b>11:17:15</b>
<b>Top 10 Age Grouper Average</b>	<b>1:16:10</b>	<b>5:50:15</b>	<b>4:32:35</b>	<b>11:50:00</b>