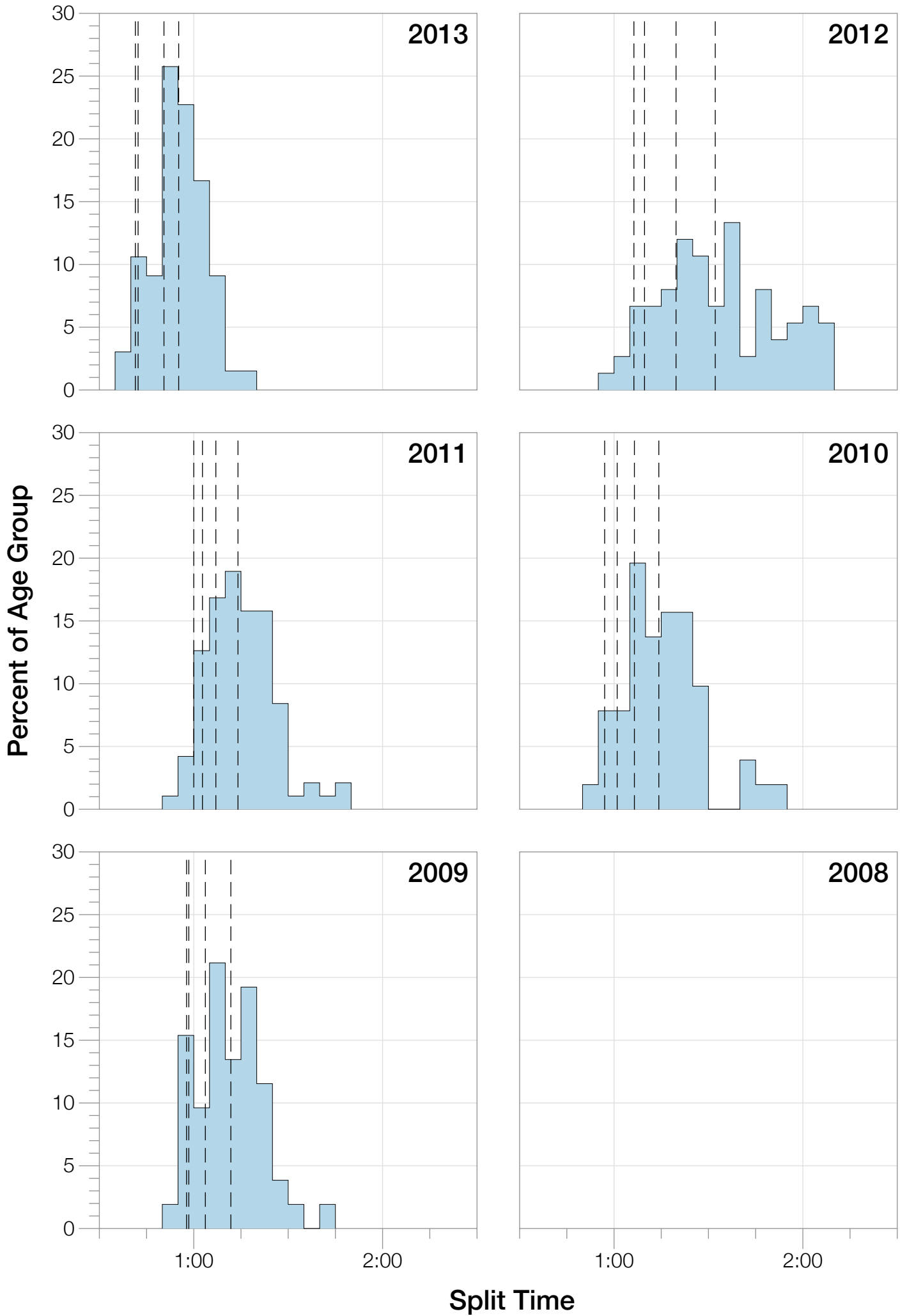


# Ironman Cozumel F30-34 Stats

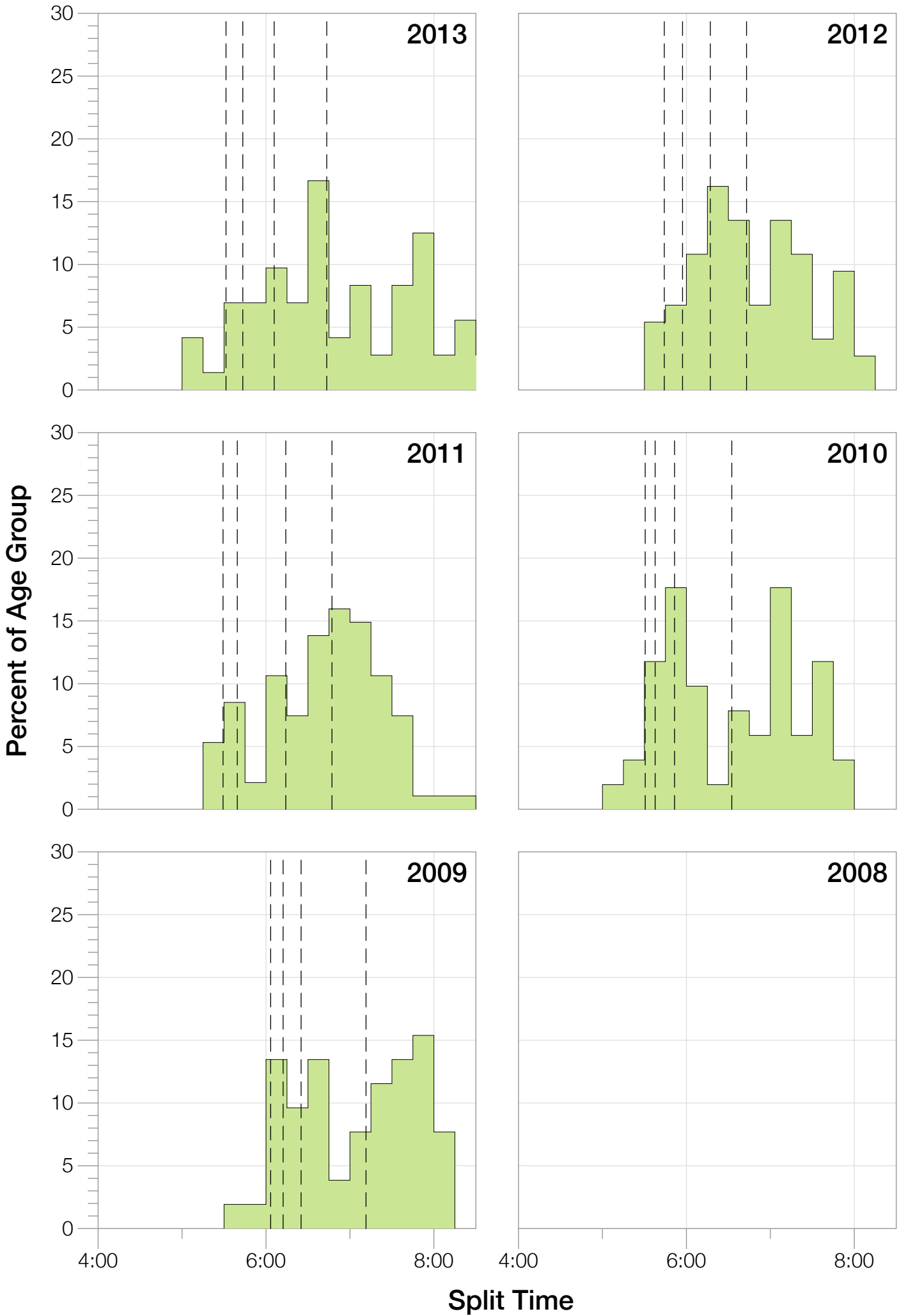
## F30-34 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>F30-34 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>F30-34 Winner's Time</b>
2009	1319	52	8:18:40	9:06:58	10:22:06
2010	1636	51	8:12:20	9:07:08	10:03:59
2011	1753	96	8:23:52	9:14:08	9:57:59
2012	1787	75	8:15:07	9:15:38	10:21:28
2013	1851	72	7:55:23	8:52:28	9:35:01
<b>Average</b>	<b>1669</b>	<b>69</b>	<b>8:13:04</b>	<b>9:07:16</b>	<b>10:04:06</b>

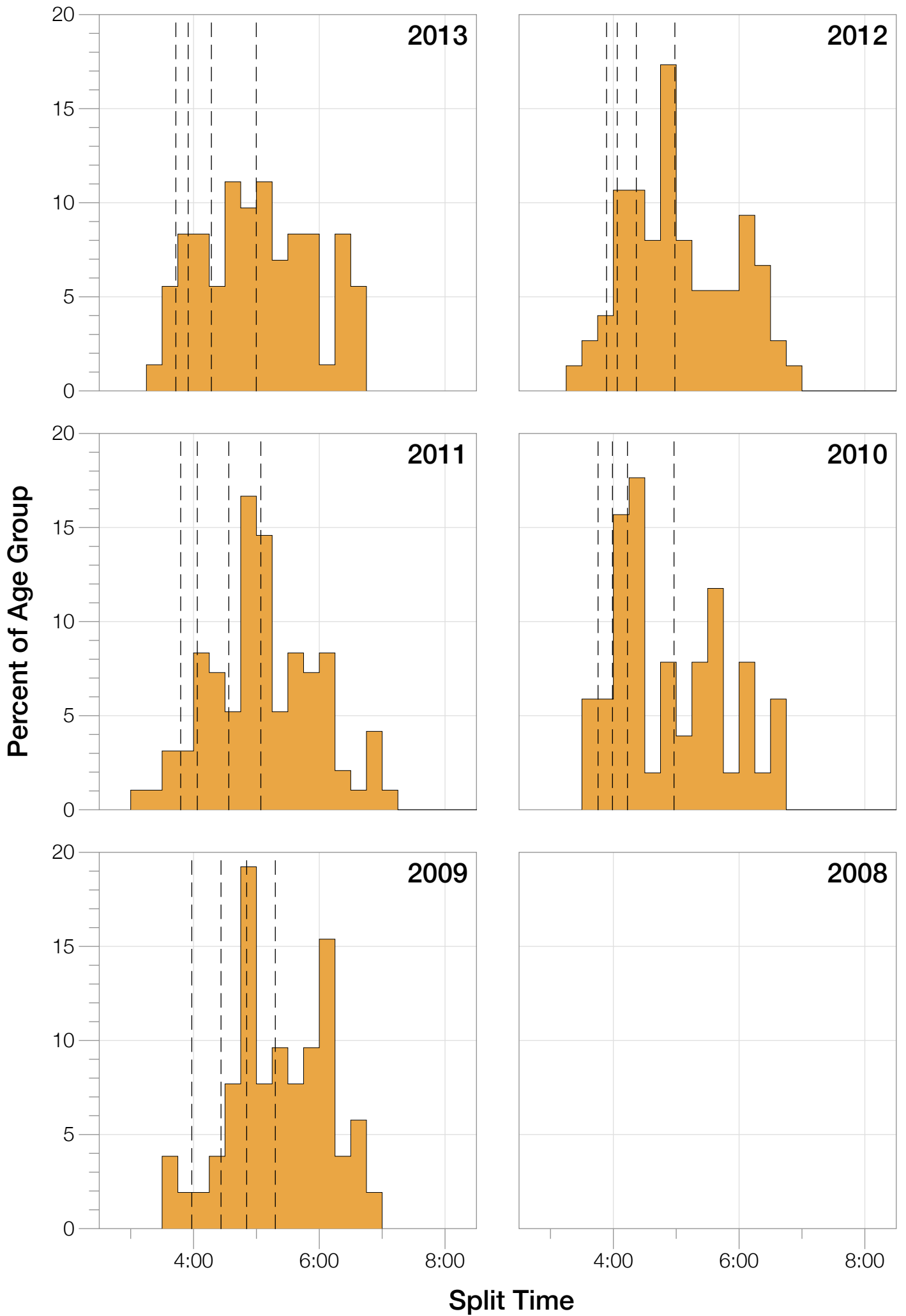
# F30-34 Swim



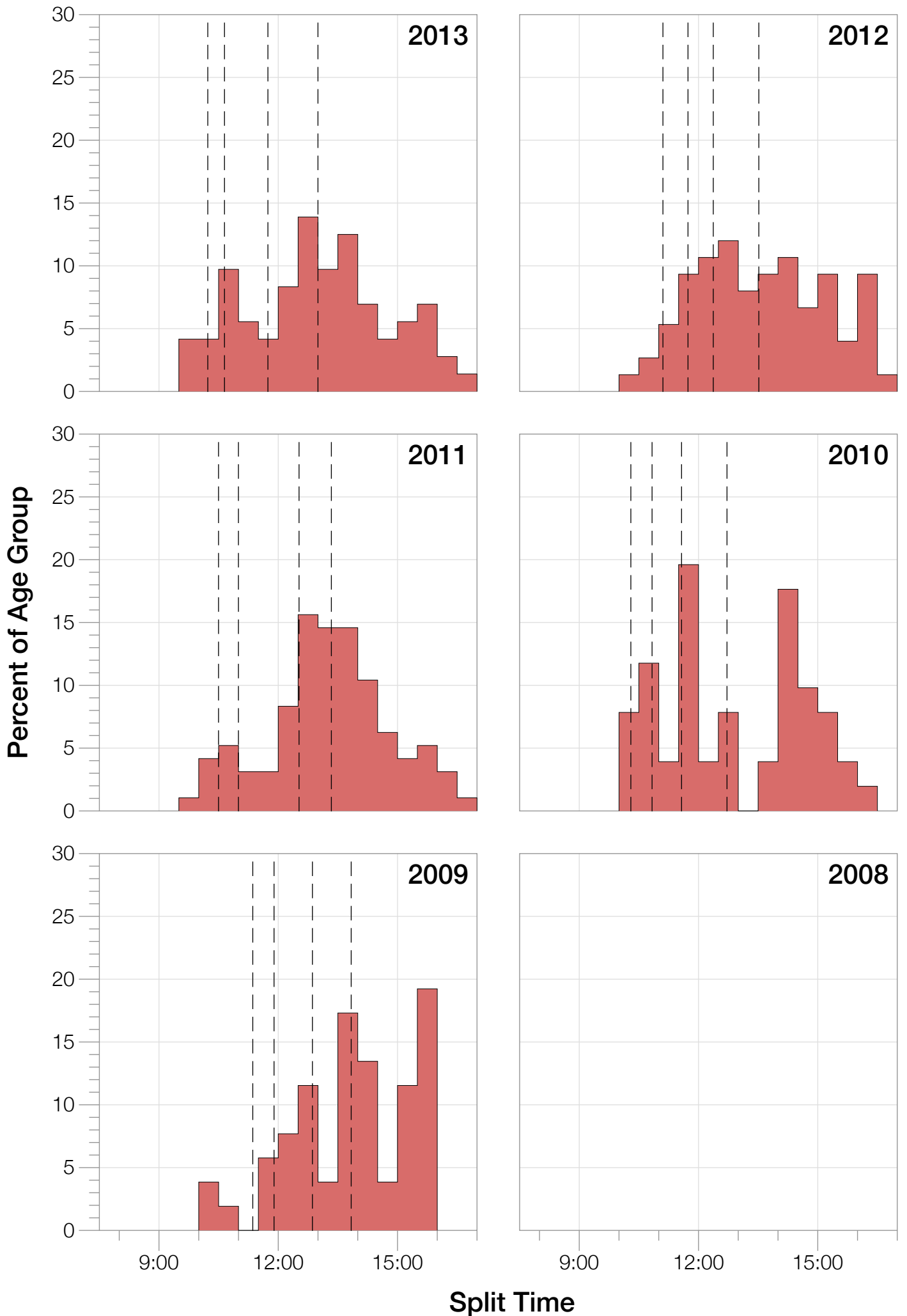
# F30-34 Bike



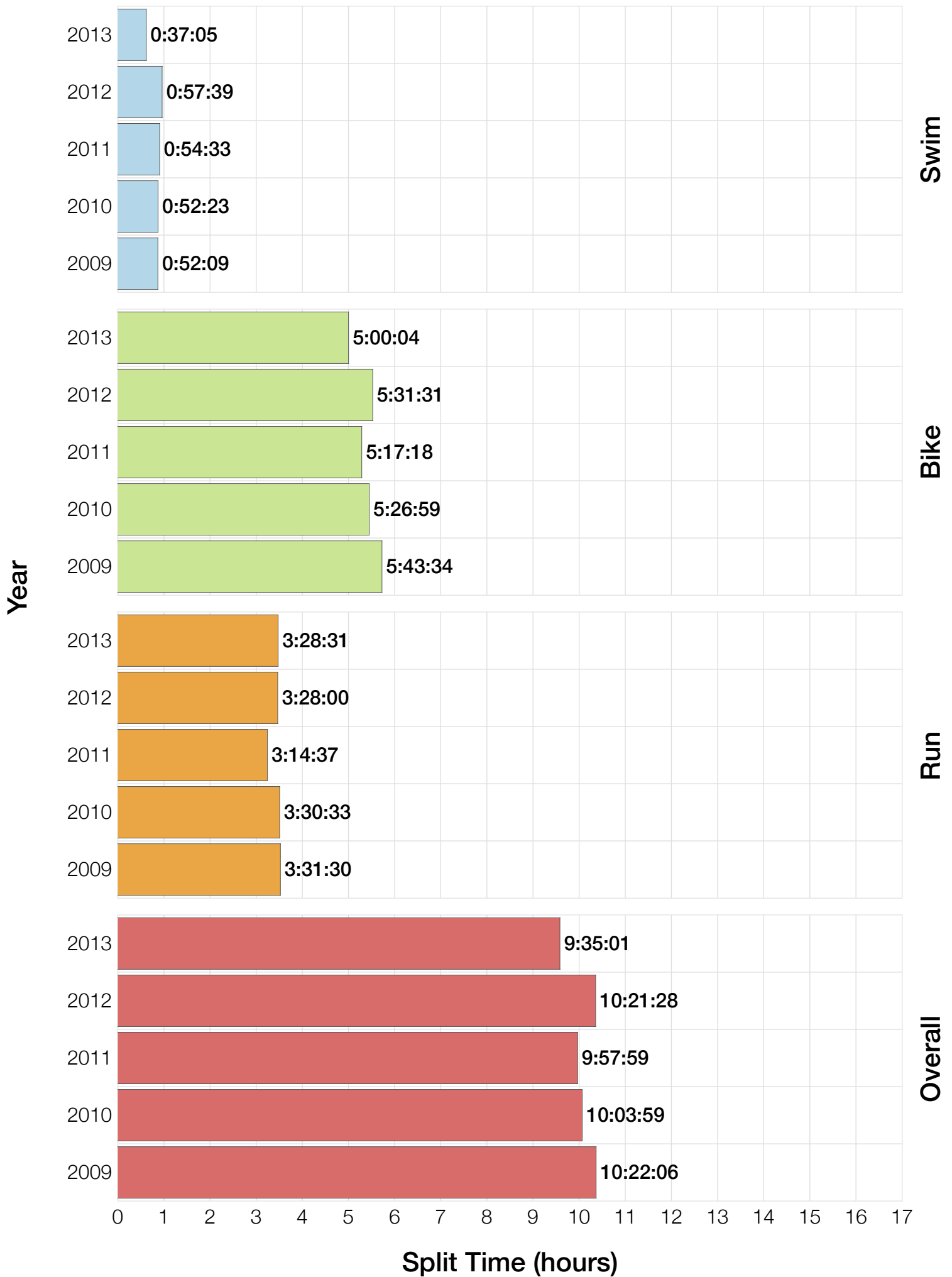
# F30-34 Run



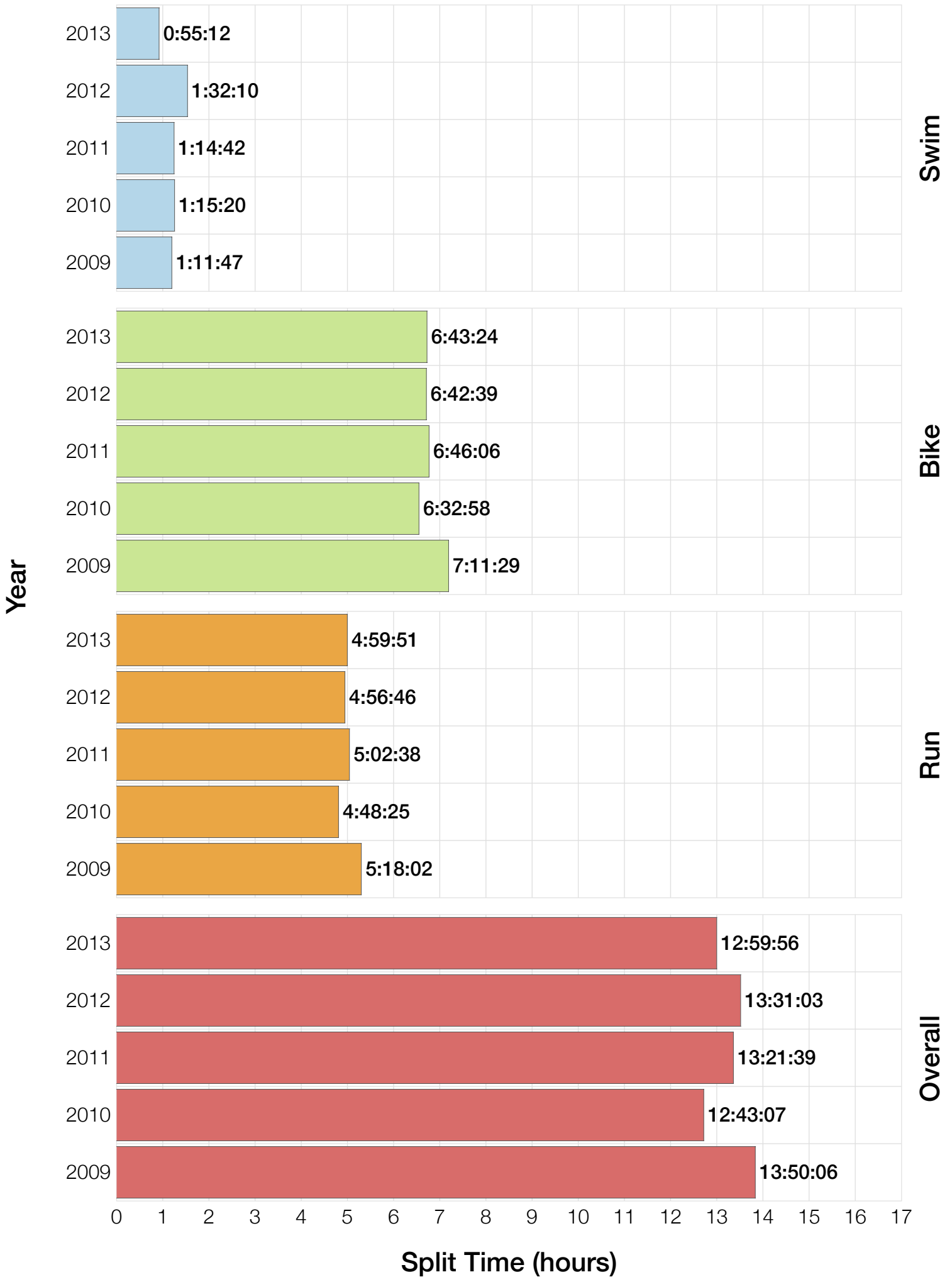
# F30-34 Overall



# F30-34 Fastest Splits

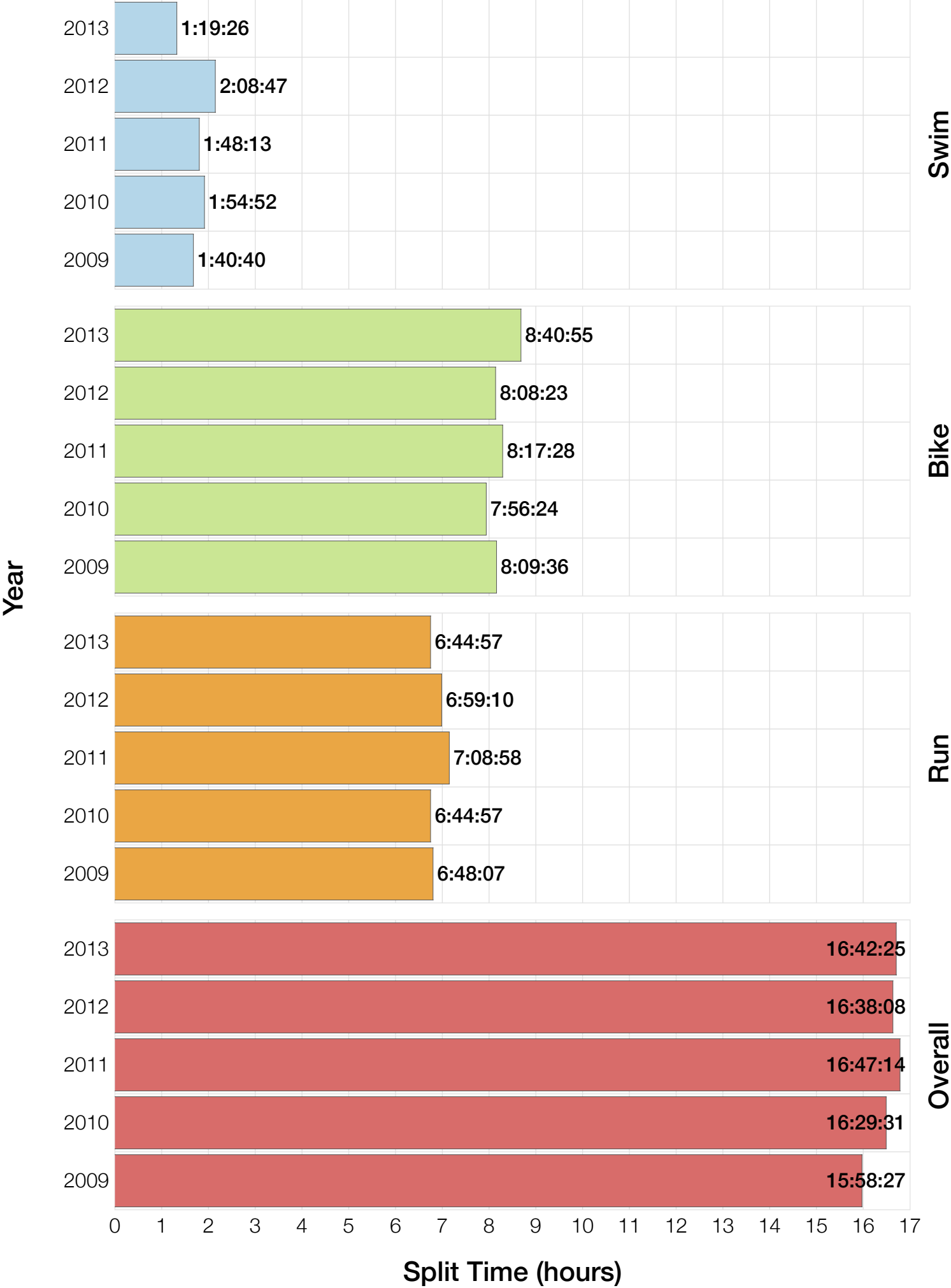


# F30-34 Median Splits



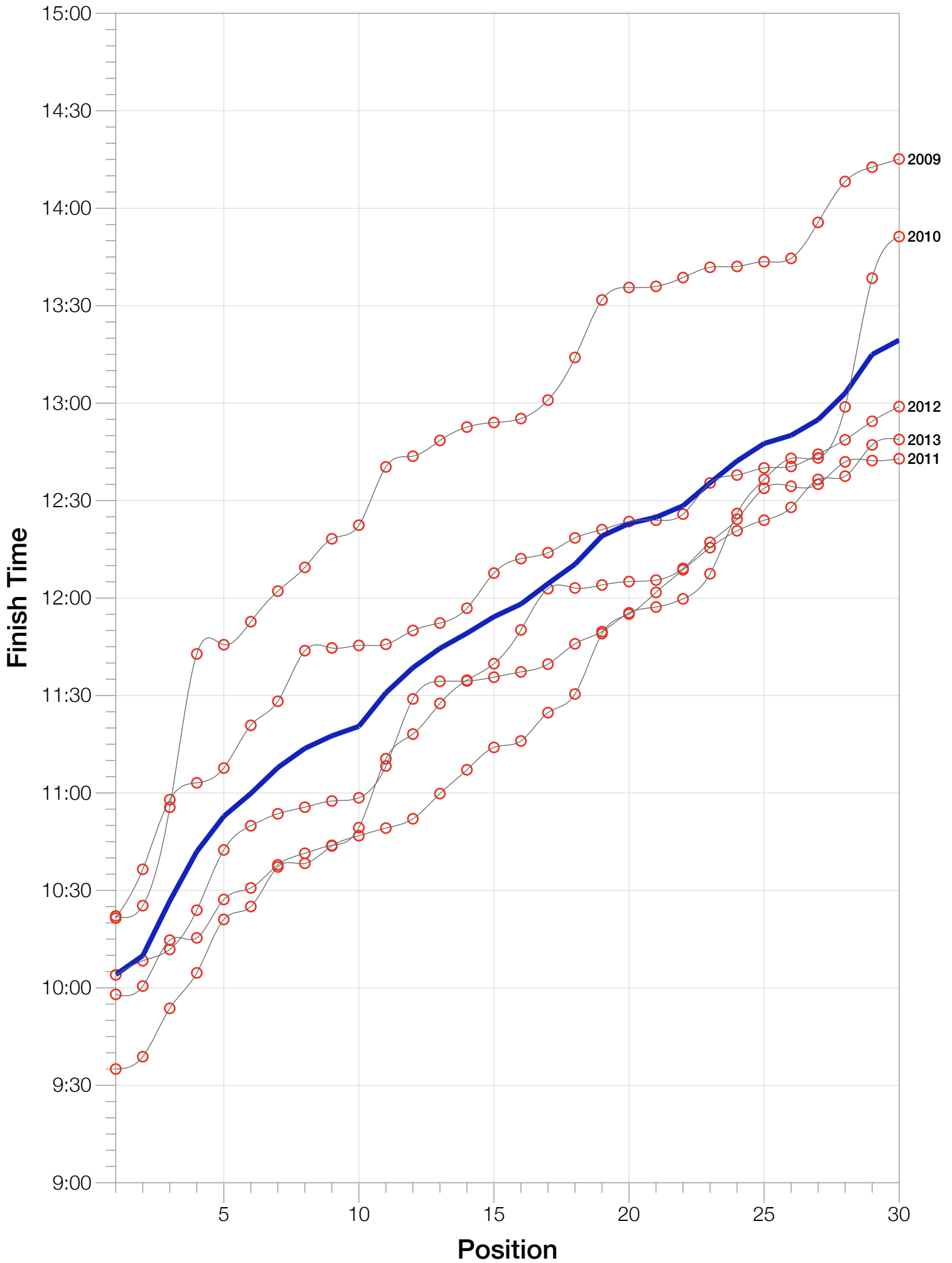


# F30-34 Slowest Splits



# F30-34 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# F30-34 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:48:50</b>	<b>4:42:16</b>	<b>2:52:49</b>	<b>8:13:04</b>
<b>Average Female Winner</b>	<b>0:49:43</b>	<b>4:58:01</b>	<b>3:13:04</b>	<b>9:07:16</b>
<b>Average 1st Age Grouper</b>	<b>1:01:18</b>	<b>5:27:59</b>	<b>3:29:15</b>	<b>10:04:06</b>
<b>Average 2nd Age Grouper</b>	<b>0:59:59</b>	<b>5:28:33</b>	<b>3:33:15</b>	<b>10:09:54</b>
Average 3rd Age Grouper	1:01:07	5:37:09	3:44:19	10:26:44
Average 4th Age Grouper	1:01:15	5:42:22	3:51:17	10:41:57
Average 5th Age Grouper	0:56:41	5:45:34	4:01:08	10:52:48
Average 6th Age Grouper	1:02:33	6:01:01	4:06:38	10:59:50
Average 7th Age Grouper	1:08:28	5:57:23	3:58:50	11:07:48
Average 8th Age Grouper	1:01:15	5:49:52	4:14:49	11:13:43
Average 9th Age Grouper	1:04:46	5:47:08	4:16:50	11:17:35
Average 10th Age Grouper	1:11:45	5:51:56	4:14:04	11:20:30
<b>Kona Qualifier Average</b>	<b>1:00:38</b>	<b>5:28:16</b>	<b>3:31:02</b>	<b>10:07:00</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:38</b>	<b>5:44:54</b>	<b>3:57:32</b>	<b>10:49:29</b>

## Cozumel 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:36:54</b>	<b>4:22:20</b>	<b>2:51:34</b>	<b>7:55:23</b>
<b>Female Winner</b>	<b>0:36:59</b>	<b>5:03:41</b>	<b>3:07:10</b>	<b>8:52:28</b>
<b>1st Age Grouper</b>	<b>0:48:22</b>	<b>5:00:04</b>	<b>3:41:06</b>	<b>9:35:01</b>
<b>2nd Age Grouper</b>	<b>0:42:37</b>	<b>5:12:23</b>	<b>3:37:50</b>	<b>9:38:49</b>
3rd Age Grouper		5:14:48	3:44:45	9:53:41
4th Age Grouper	0:53:51	5:35:48	3:28:31	10:04:36
5th Age Grouper	0:41:34	5:26:03	4:04:54	10:21:03
6th Age Grouper	0:37:05	5:46:52	3:54:45	10:25:02
7th Age Grouper		5:55:22	3:53:20	10:37:13
8th Age Grouper	0:52:11	5:43:17	3:56:40	10:38:20
9th Age Grouper	0:51:31	5:43:32	3:59:54	10:43:41
10th Age Grouper		5:53:12	4:02:44	10:46:50
<b>Kona Qualifier Average</b>	<b>0:45:29</b>	<b>5:06:13</b>	<b>3:39:28</b>	<b>9:36:55</b>
<b>Top 10 Age Grouper Average</b>	<b>0:46:44</b>	<b>5:33:08</b>	<b>3:50:26</b>	<b>10:16:25</b>

## Cozumel 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:50:27</b>	<b>4:37:16</b>	<b>2:44:05</b>	<b>8:15:07</b>
<b>Female Winner</b>	<b>0:54:36</b>	<b>5:05:26</b>	<b>3:11:17</b>	<b>9:15:38</b>
<b>1st Age Grouper</b>	<b>1:10:27</b>	<b>5:38:02</b>	<b>3:28:00</b>	<b>10:21:28</b>
<b>2nd Age Grouper</b>	<b>1:14:08</b>	<b>5:38:24</b>	<b>3:36:27</b>	<b>10:36:30</b>
3rd Age Grouper	1:10:56	5:55:06	3:44:37	10:57:56
4th Age Grouper	1:02:03	5:41:07	4:15:05	11:03:07
5th Age Grouper	0:57:39	5:47:26	4:15:29	11:07:40
6th Age Grouper	1:24:42	7:20:09	3:58:41	11:20:49
7th Age Grouper	1:15:50	6:02:14	4:01:26	11:28:13
8th Age Grouper	1:09:21	6:11:22	4:13:43	11:43:48
9th Age Grouper	1:23:51	5:59:06	4:09:20	11:44:38
10th Age Grouper	1:24:34	5:45:52	4:23:45	11:45:25
<b>Kona Qualifier Average</b>	<b>1:12:17</b>	<b>5:38:13</b>	<b>3:32:13</b>	<b>10:28:59</b>
<b>Top 10 Age Grouper Average</b>	<b>1:13:21</b>	<b>5:59:52</b>	<b>4:00:39</b>	<b>11:12:57</b>

### Cozumel 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:47	4:19:17	3:01:41	8:23:52
Female Winner	0:48:57	4:45:20	3:25:10	9:14:08
1st Age Grouper	1:06:11	5:30:29	3:14:37	9:57:59
2nd Age Grouper	0:58:22	5:30:39	3:27:16	10:00:33
3rd Age Grouper	1:02:39	5:26:49	3:38:18	10:14:41
4th Age Grouper	1:02:37	5:27:05	3:37:46	10:15:23
5th Age Grouper	1:06:42	5:34:02	3:35:40	10:27:12
6th Age Grouper	1:05:11	5:17:18	4:02:00	10:30:45
7th Age Grouper	1:00:40	5:38:53	3:50:51	10:37:52
8th Age Grouper	1:06:05	5:24:05	4:05:10	10:41:25
9th Age Grouper	1:08:05	5:19:01	4:11:24	10:43:52
10th Age Grouper	1:08:35	5:38:56	3:53:54	10:49:19
<b>Kona Qualifier Average</b>	<b>1:02:16</b>	<b>5:30:34</b>	<b>3:20:56</b>	<b>9:59:16</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:30</b>	<b>5:28:43</b>	<b>3:45:41</b>	<b>10:25:54</b>

### Cozumel 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	1:01:26	5:38:01		8:12:20
Female Winner	0:56:59	4:51:56	3:13:39	9:07:08
1st Age Grouper	0:59:37	5:27:49	3:30:33	10:03:59
2nd Age Grouper	1:05:37	5:13:33		10:08:21
3rd Age Grouper	0:52:23	5:26:59	3:47:22	10:11:50
4th Age Grouper	1:09:38	5:33:18	3:32:48	10:23:54
5th Age Grouper	0:56:04	5:37:39	4:01:46	10:42:27
6th Age Grouper	1:06:30	5:36:25	4:01:04	10:49:54
7th Age Grouper	1:07:55	5:55:34	3:43:24	10:53:35
8th Age Grouper	1:01:29	5:42:31	4:03:29	10:55:37
9th Age Grouper	0:56:09	5:42:05	4:13:19	10:57:31
10th Age Grouper	1:06:27	5:45:50	3:59:10	10:58:30
<b>Kona Qualifier Average</b>	<b>1:02:37</b>	<b>5:20:41</b>	<b>3:30:33</b>	<b>10:06:10</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:10</b>	<b>5:36:10</b>	<b>3:52:32</b>	<b>10:36:33</b>

### Cozumel 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:38	4:34:27	2:53:56	8:18:40
Female Winner	0:51:06	5:03:44	3:08:04	9:06:58
1st Age Grouper	1:01:55	5:43:34	3:32:00	10:22:06
2nd Age Grouper	0:59:12	5:47:50	3:31:30	10:25:18
3rd Age Grouper	0:58:30	6:02:03	3:46:35	10:55:36
4th Age Grouper	0:58:07	6:14:36	4:22:16	11:42:48
5th Age Grouper	1:01:28	6:22:41	4:07:54	11:45:38
6th Age Grouper	0:59:18	6:04:23	4:36:44	11:52:43
7th Age Grouper	1:09:27	6:14:54	4:25:09	12:02:08
8th Age Grouper	0:57:13	6:08:09	4:55:05	12:09:26
9th Age Grouper	1:04:16	6:11:58	4:50:15	12:18:14
10th Age Grouper	1:07:26	6:15:53	4:50:50	12:22:26
<b>Kona Qualifier Average</b>	<b>1:00:33</b>	<b>5:45:42</b>	<b>3:31:45</b>	<b>10:23:42</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:41</b>	<b>6:06:36</b>	<b>4:17:49</b>	<b>11:35:38</b>