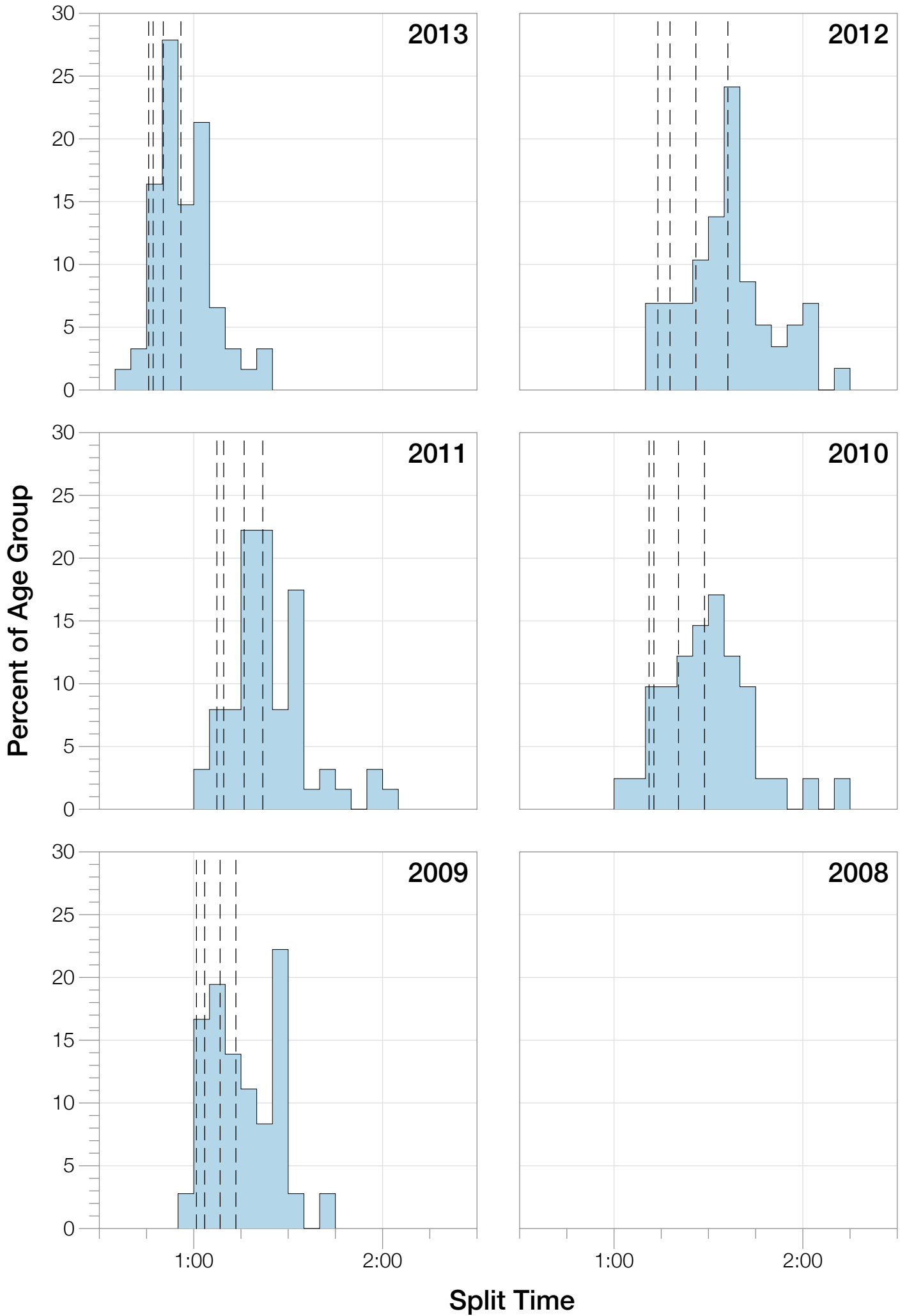


Ironman Cozumel F45-49 Stats

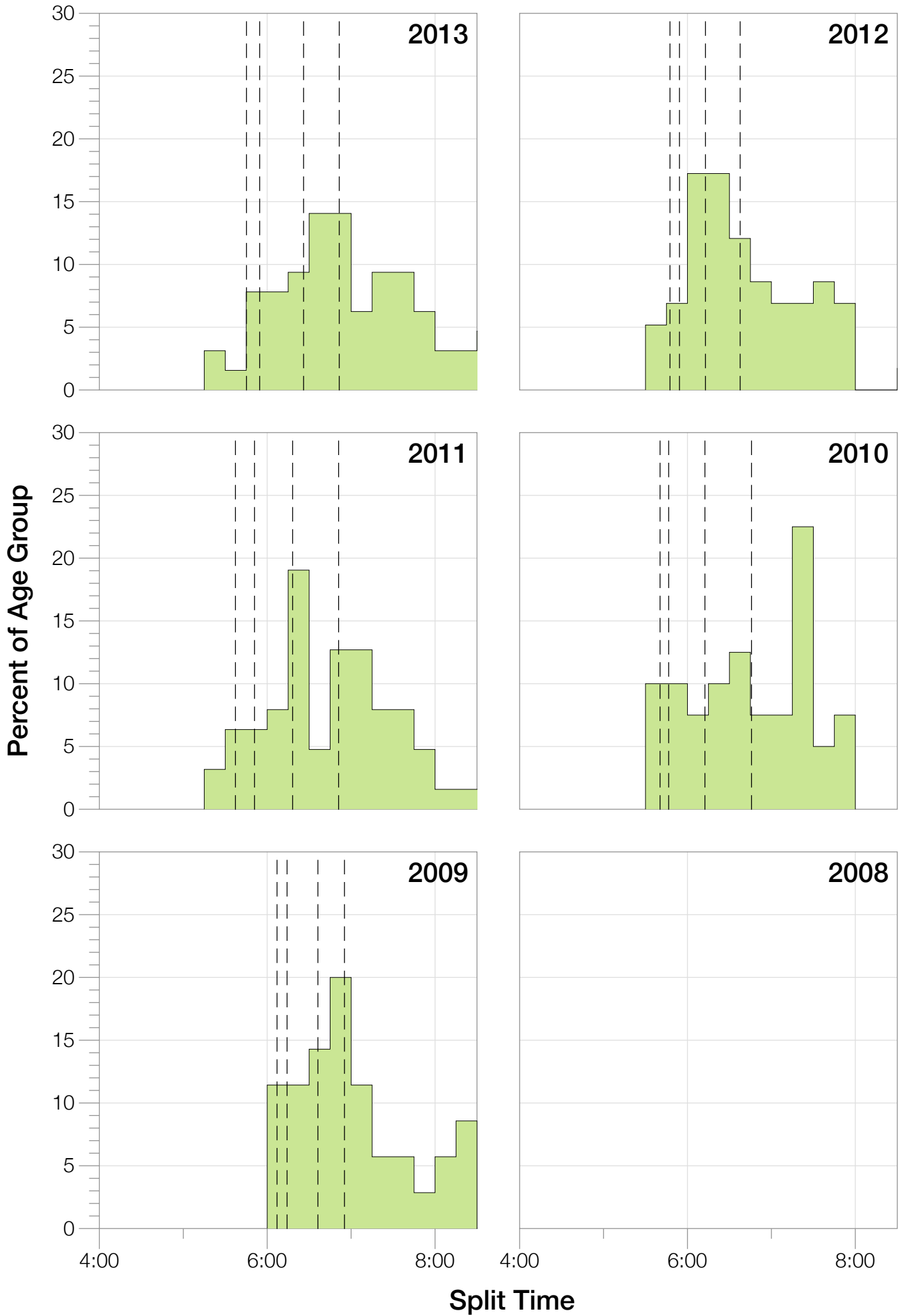
F45-49 Summary Statistics

Year	Finishers	F45-49 Finishers	Male Winner's Time	Female Winner's Time	F45-49 Winner's Time
2009	1319	36	8:18:40	9:06:58	11:45:19
2010	1636	41	8:12:20	9:07:08	10:52:53
2011	1753	63	8:23:52	9:14:08	10:38:34
2012	1787	59	8:15:07	9:15:38	10:59:16
2013	1851	65	7:55:23	8:52:28	10:15:40
Average	1669	53	8:13:04	9:07:16	10:54:20

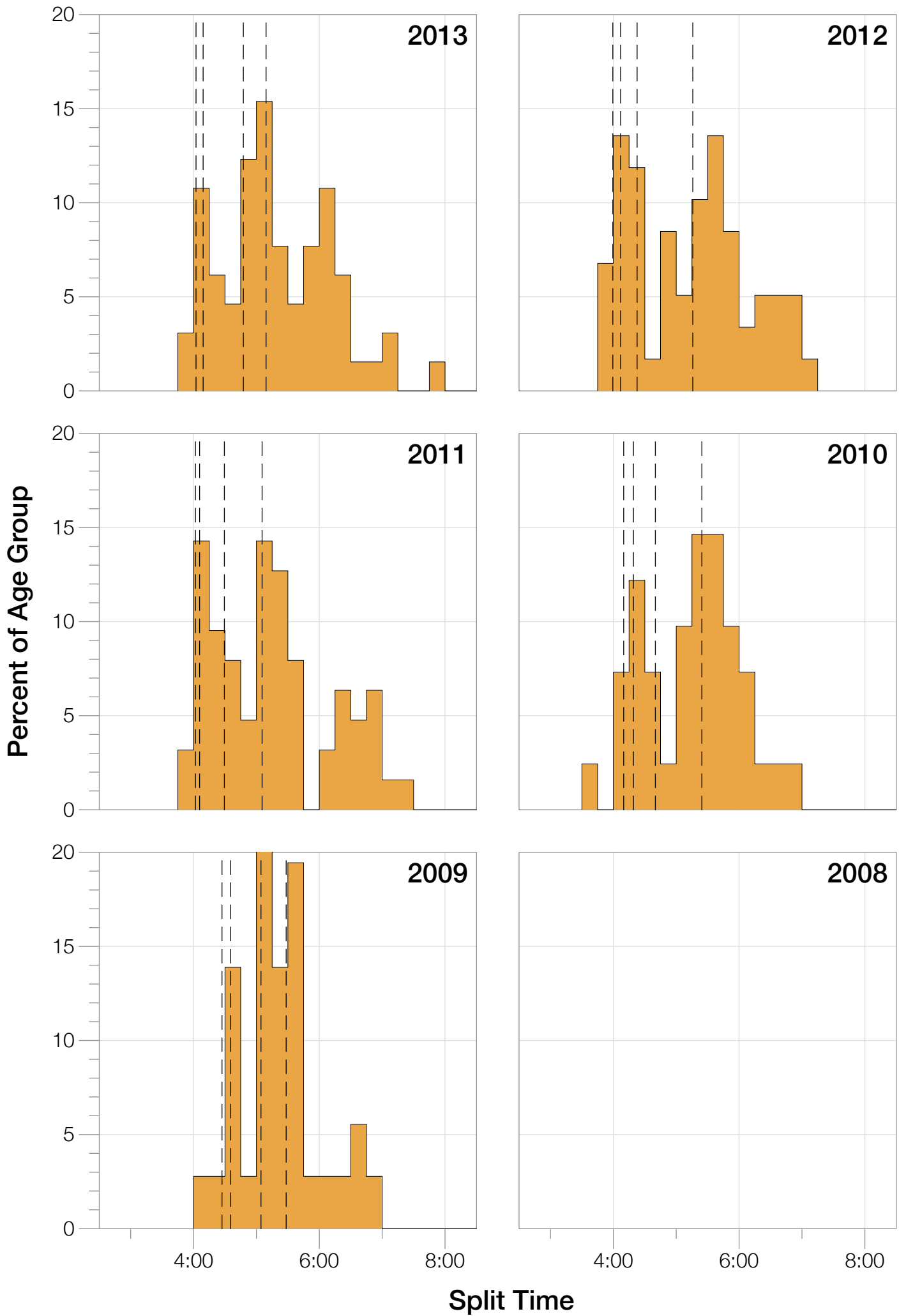
F45-49 Swim



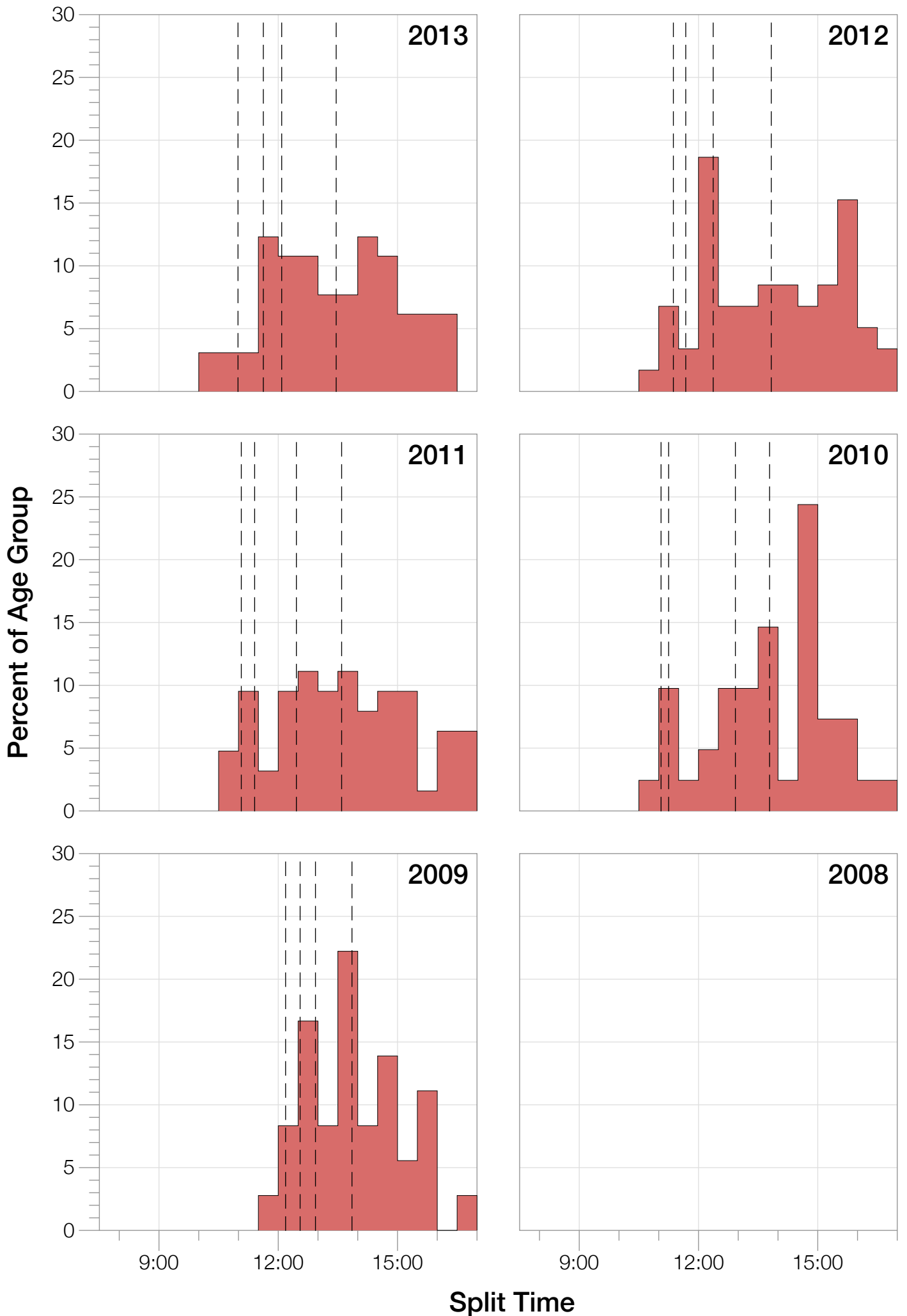
F45-49 Bike



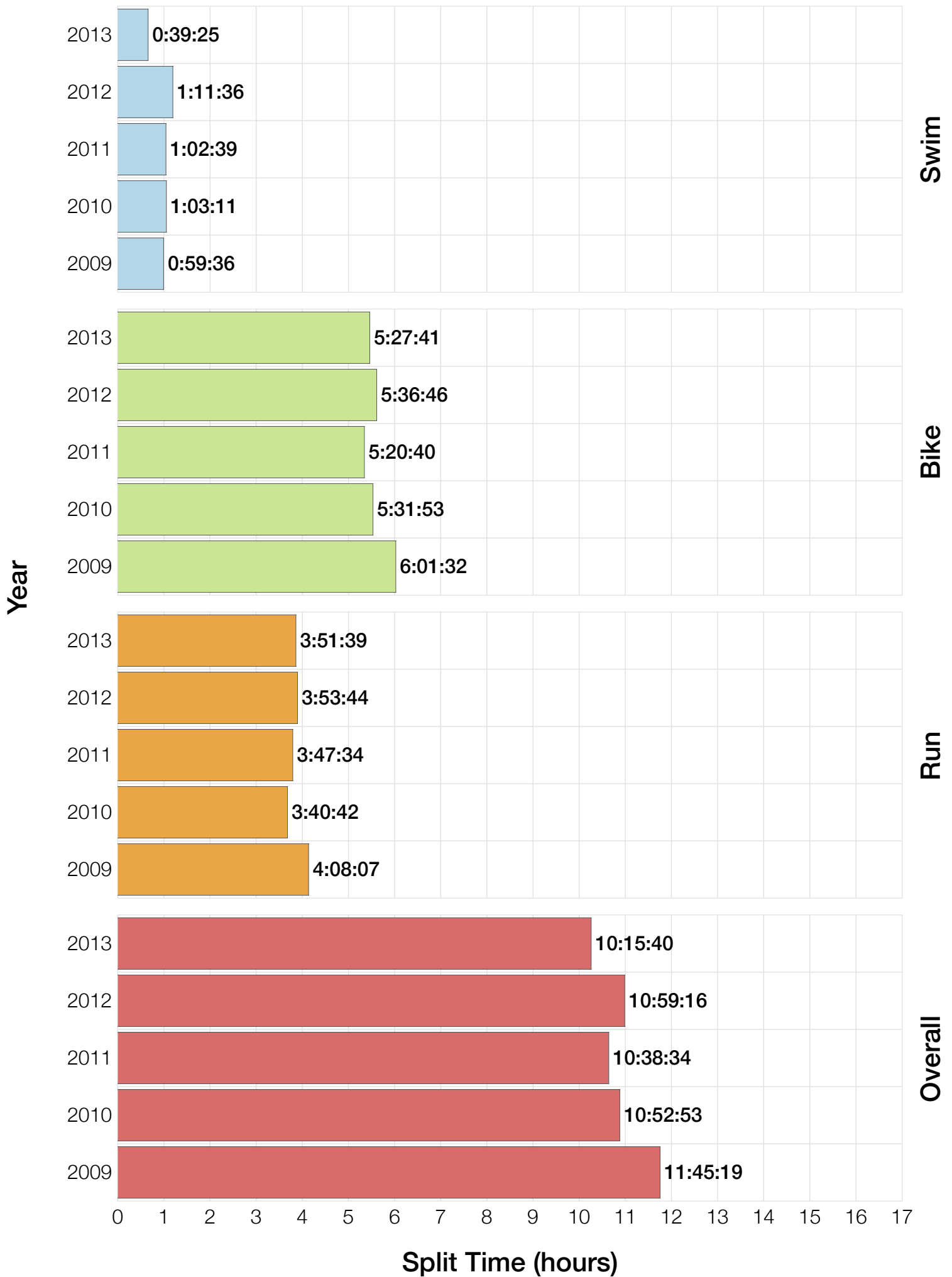
F45-49 Run



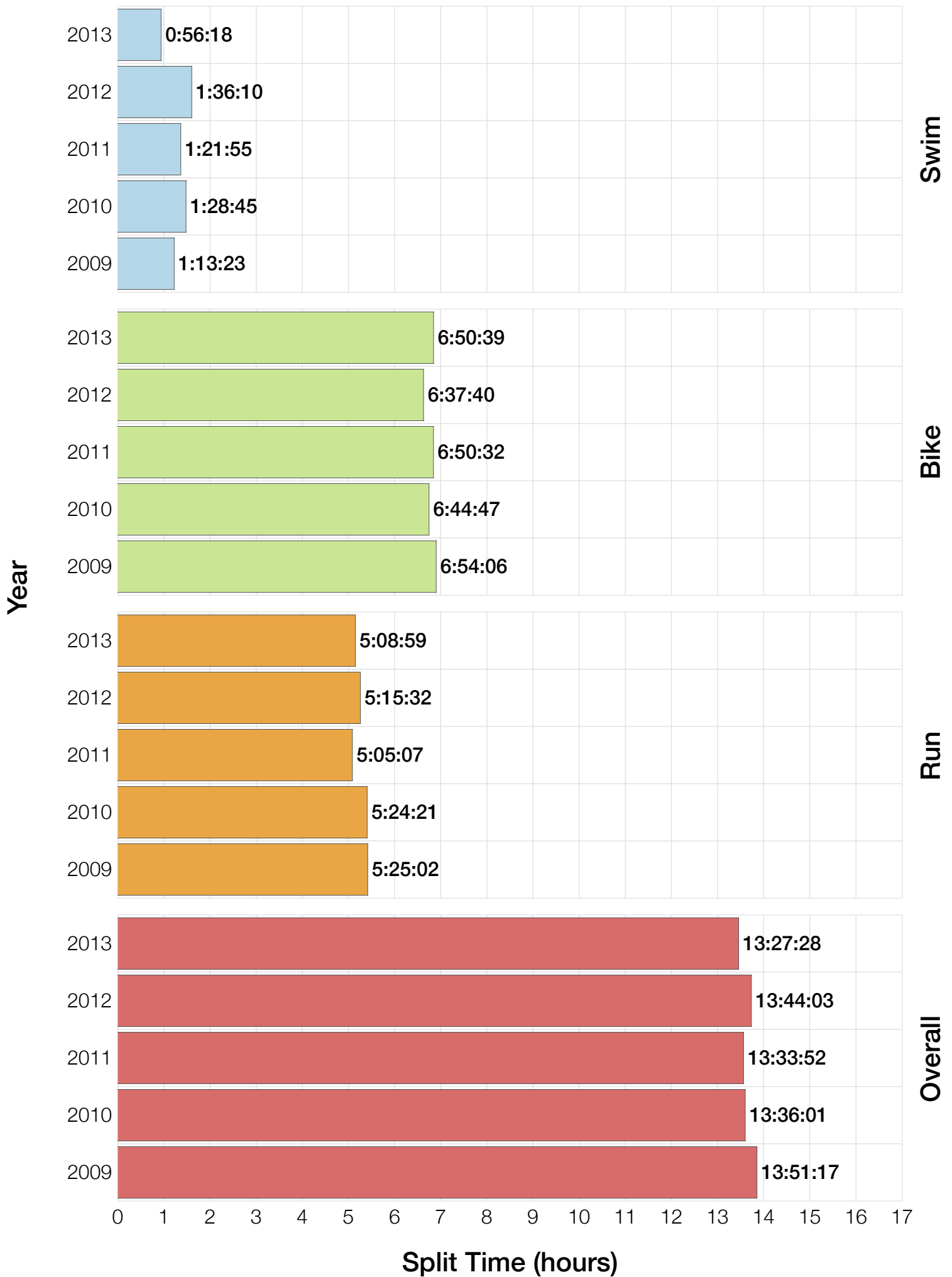
F45-49 Overall



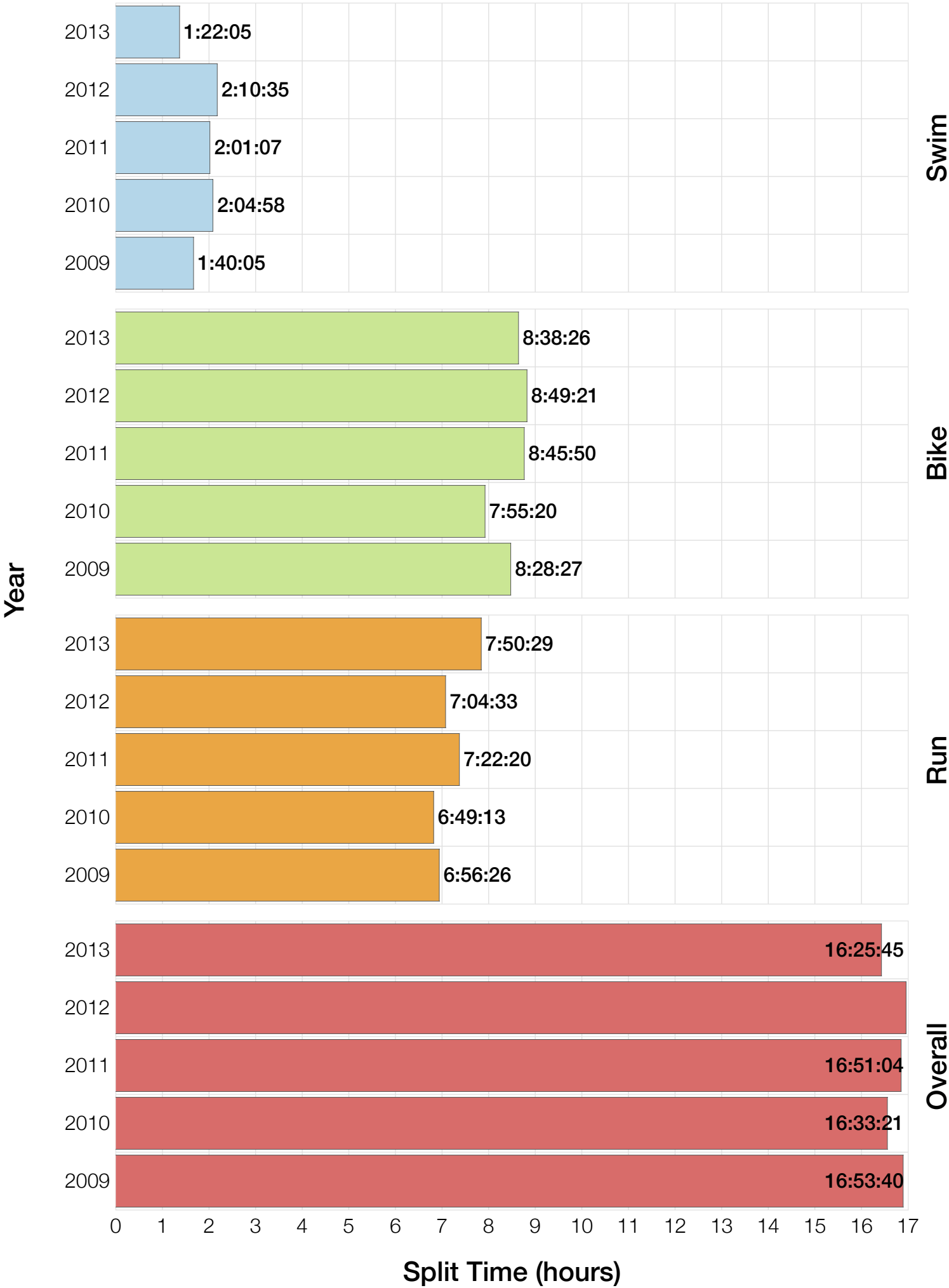
F45-49 Fastest Splits



F45-49 Median Splits

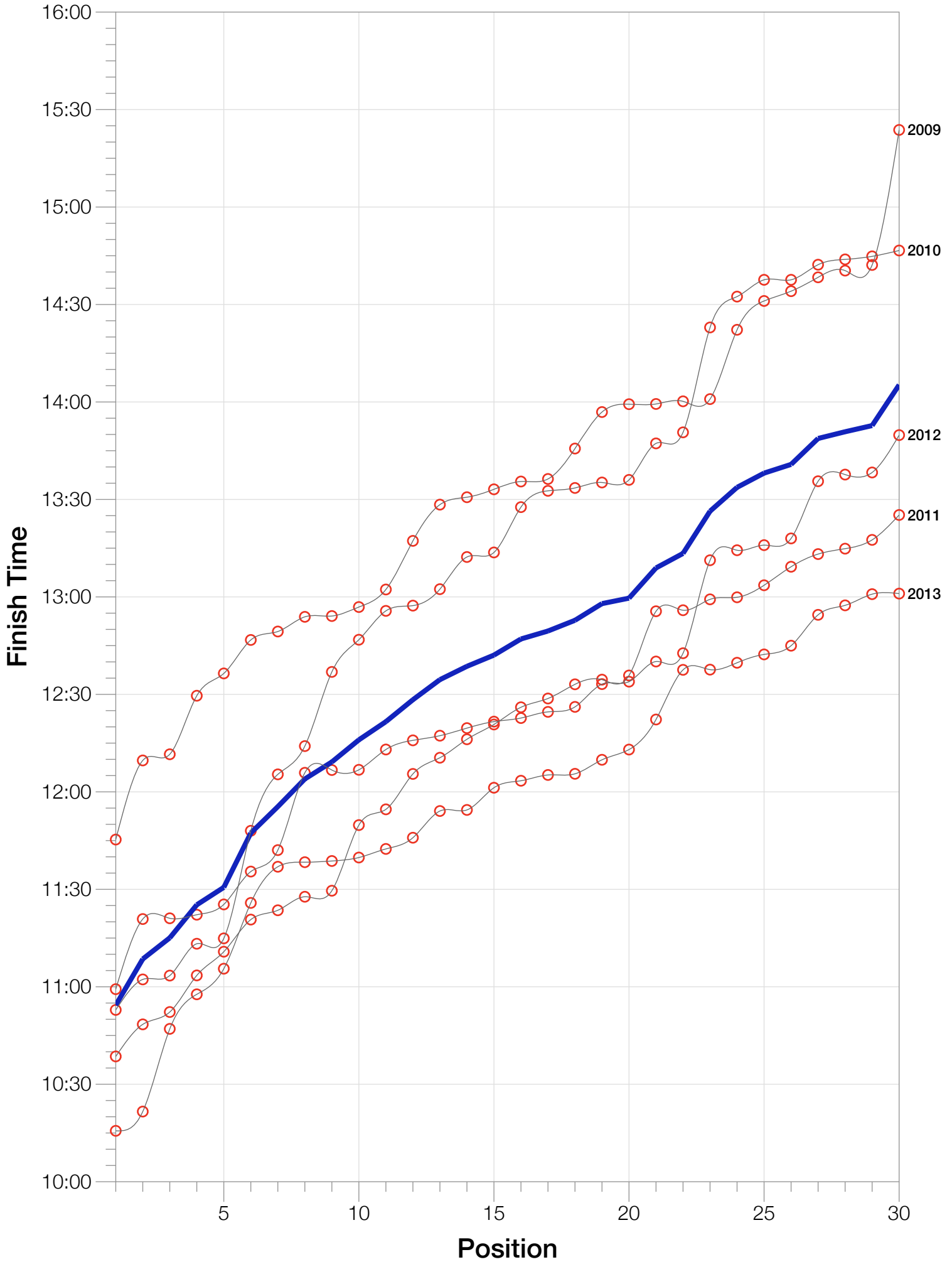


F45-49 Slowest Splits



F45-49 Top 30 Finishing Splits

■ Estimated Kona Slot
 — Average Finishing Time
 ○ Finishing Time



F45-49 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:50	4:42:16	2:52:49	8:13:04
Average Female Winner	0:49:43	4:58:01	3:13:04	9:07:16
Average 1st Age Grouper	1:02:12	5:39:26	4:05:02	10:54:20
Average 2nd Age Grouper	1:13:46	5:42:30	4:09:19	11:08:33
Average 3rd Age Grouper	1:10:36	5:45:24	4:15:53	11:15:04
Average 4th Age Grouper	1:13:13	5:48:37	4:13:25	11:25:14
Average 5th Age Grouper	1:11:46	5:58:01	4:12:04	11:30:36
Average 6th Age Grouper	1:10:57	6:03:51	4:23:03	11:47:20
Average 7th Age Grouper	1:10:47	6:07:36	4:28:11	11:55:27
Average 8th Age Grouper	1:18:01	6:09:21	4:27:12	12:03:58
Average 9th Age Grouper	1:19:03	6:15:11	4:23:39	12:09:12
Average 10th Age Grouper	1:10:32	6:05:07	4:36:04	12:16:00
Kona Qualifier Average	1:07:20	5:40:58	4:07:10	11:01:27
Top 10 Age Grouper Average	1:12:05	5:57:21	4:19:03	11:38:34

Cozumel 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:36:54	4:22:20	2:51:34	7:55:23
Female Winner	0:36:59	5:03:41	3:07:10	8:52:28
1st Age Grouper	0:39:25	5:27:41	4:02:09	10:15:40
2nd Age Grouper		5:29:38	3:55:08	10:21:36
3rd Age Grouper		5:45:10	4:09:52	10:47:03
4th Age Grouper	0:48:56	5:40:03	4:19:30	10:57:41
5th Age Grouper	0:47:05	6:08:02	4:00:00	11:05:34
6th Age Grouper	0:59:16	6:23:24	3:51:39	11:25:49
7th Age Grouper	0:54:25	5:53:49	4:38:59	11:36:57
8th Age Grouper	0:46:15	5:51:01	4:51:49	11:38:21
9th Age Grouper	0:52:26	6:26:52	4:08:40	11:38:43
10th Age Grouper	0:51:47	6:01:56	4:35:10	11:39:47
Kona Qualifier Average	0:39:25	5:28:39	3:58:38	10:18:38
Top 10 Age Grouper Average	0:49:56	5:54:45	4:15:17	11:08:43

Cozumel 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:27	4:37:16	2:44:05	8:15:07
Female Winner	0:54:36	5:05:26	3:11:17	9:15:38
1st Age Grouper	1:21:20	5:36:46	3:53:44	10:59:16
2nd Age Grouper	1:14:09	5:40:52	4:18:05	11:20:51
3rd Age Grouper	1:11:36	5:54:44	4:09:01	11:21:05
4th Age Grouper	1:23:48	5:48:27	3:59:52	11:22:11
5th Age Grouper	1:39:58	5:42:08	3:56:09	11:25:21
6th Age Grouper	1:11:57	6:02:24	4:13:20	11:35:28
7th Age Grouper	1:18:08	6:07:19	4:08:48	11:42:04
8th Age Grouper	1:39:48	6:13:02	4:02:35	12:05:52
9th Age Grouper	1:38:57	6:06:03	4:06:55	12:06:43
10th Age Grouper	1:28:18	6:13:49	4:06:53	12:06:47
Kona Qualifier Average	1:17:44	5:38:49	4:05:54	11:10:03
Top 10 Age Grouper Average	1:24:47	5:56:33	4:05:32	11:36:33

Cozumel 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:47	4:19:17	3:01:41	8:23:52
Female Winner	0:48:57	4:45:20	3:25:10	9:14:08
1st Age Grouper	1:06:02	5:24:46	4:01:46	10:38:34
2nd Age Grouper	1:08:10	5:39:44	3:53:30	10:48:26
3rd Age Grouper	1:17:52	5:20:40	4:06:43	10:52:14
4th Age Grouper	1:14:37	5:34:16	4:05:24	11:03:30
5th Age Grouper	1:07:20	5:39:40	4:14:42	11:10:48
6th Age Grouper	1:18:41	5:51:16	4:02:14	11:20:41
7th Age Grouper	1:15:19	5:37:02	4:23:11	11:23:33
8th Age Grouper	1:20:25	5:57:57	4:00:49	11:27:43
9th Age Grouper	1:02:39	5:50:52	4:29:23	11:29:34
10th Age Grouper	1:16:55	6:17:44	4:05:32	11:49:46
Kona Qualifier Average	1:07:06	5:32:15	3:57:38	10:43:30
Top 10 Age Grouper Average	1:12:48	5:43:23	4:08:19	11:12:28

Cozumel 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	1:01:26	5:38:01		8:12:20
Female Winner	0:56:59	4:51:56	3:13:39	9:07:08
1st Age Grouper	1:03:11	5:31:53	4:10:04	10:52:53
2nd Age Grouper	1:11:08	5:40:45	4:02:36	11:02:16
3rd Age Grouper	1:12:50	5:33:35	4:09:52	11:03:27
4th Age Grouper	1:27:37	5:55:49	3:40:42	11:13:15
5th Age Grouper	1:07:19	5:42:41	4:19:09	11:14:54
6th Age Grouper	1:21:39	5:54:06	4:19:30	11:48:01
7th Age Grouper	1:16:29	6:03:14	4:36:43	12:05:23
8th Age Grouper	1:32:58	5:51:59	4:41:22	12:14:05
9th Age Grouper	1:34:46	6:23:14	4:25:23	12:36:55
10th Age Grouper	1:11:10	5:47:00	5:36:42	12:46:49
Kona Qualifier Average	1:07:09	5:36:19	4:06:20	10:57:34
Top 10 Age Grouper Average	1:17:54	5:50:25	4:24:12	11:41:47

Cozumel 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:38	4:34:27	2:53:56	8:18:40
Female Winner	0:51:06	5:03:44	3:08:04	9:06:58
1st Age Grouper	1:01:05	6:16:08	4:17:27	11:45:19
2nd Age Grouper	1:21:37	6:01:32	4:37:18	12:09:40
3rd Age Grouper	1:00:09	6:12:55	4:43:59	12:11:34
4th Age Grouper	1:11:07	6:04:33	5:01:41	12:29:35
5th Age Grouper	1:17:08	6:37:37	4:30:22	12:36:27
6th Age Grouper	1:03:16	6:08:06	5:28:33	12:46:45
7th Age Grouper	1:09:35	6:56:39	4:33:15	12:49:21
8th Age Grouper	1:10:40	6:52:48	4:39:28	12:53:52
9th Age Grouper	1:26:30	6:28:55	4:47:56	12:54:07
10th Age Grouper	1:04:33			12:56:53
Kona Qualifier Average	1:11:21	6:08:50	4:27:22	11:57:29
Top 10 Age Grouper Average	1:10:34	6:24:21	4:44:26	12:33:21