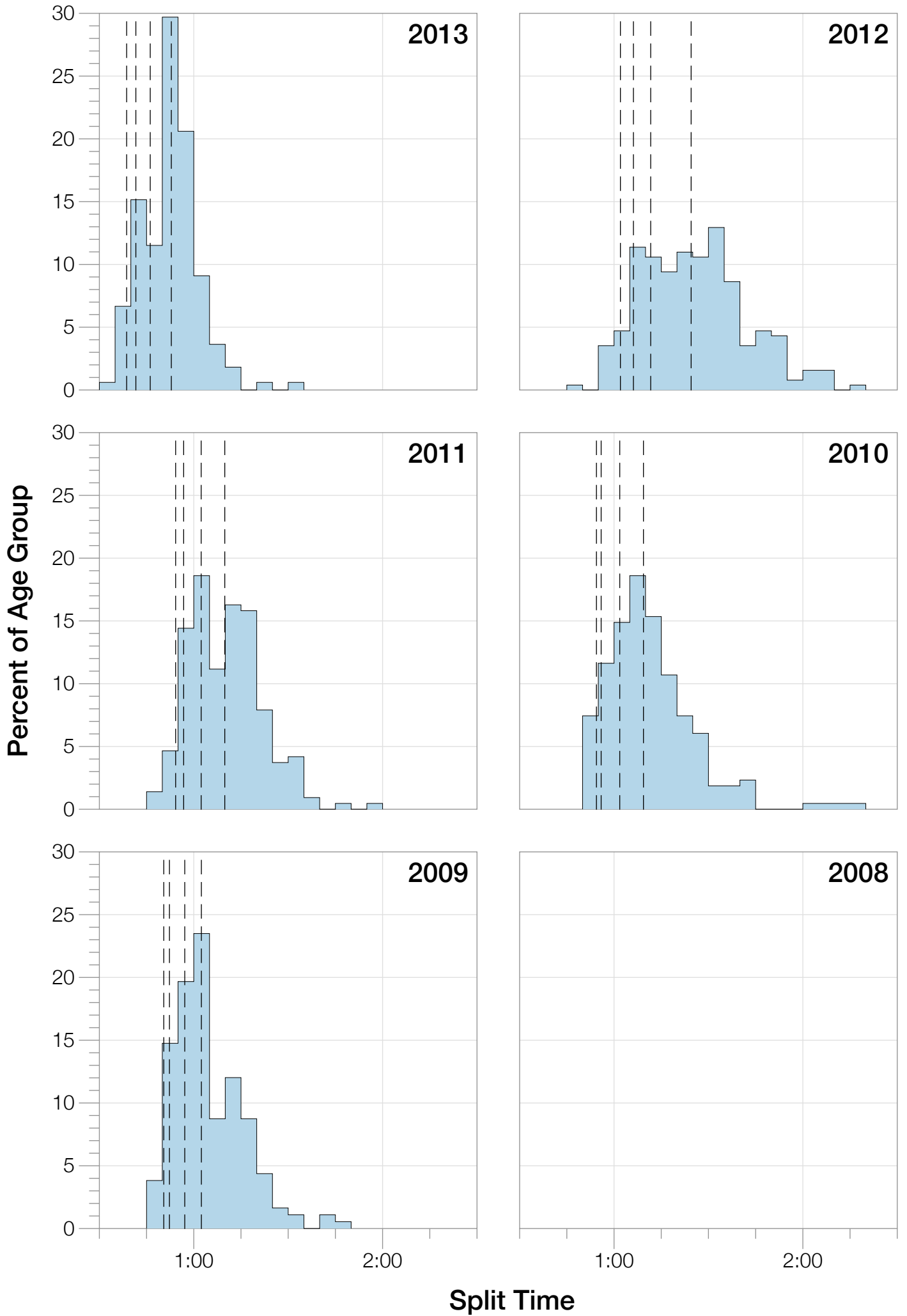


Ironman Cozumel M30-34 Stats

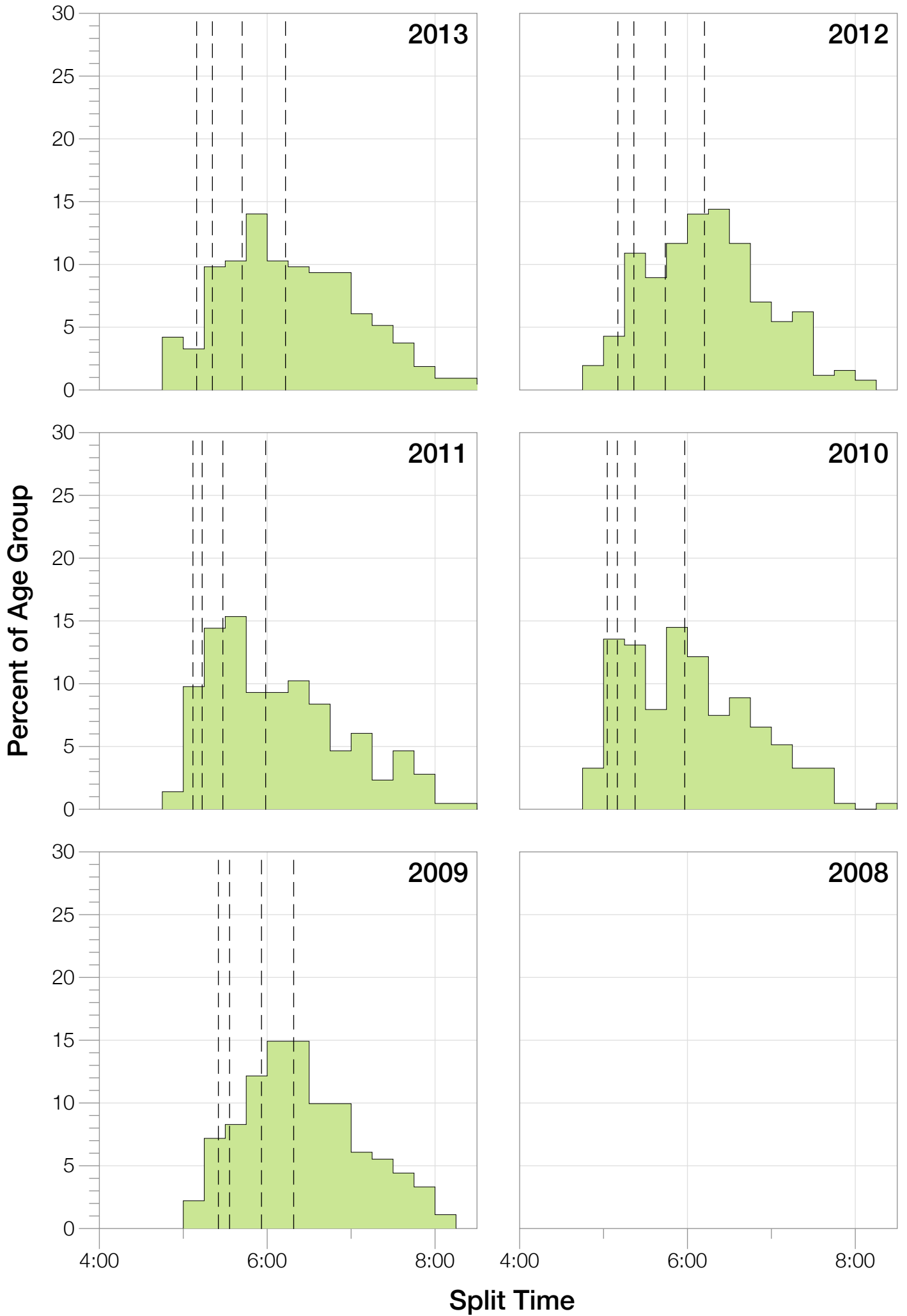
M30-34 Summary Statistics

Year	Finishers	M30-34 Finishers	Male Winner's Time	Female Winner's Time	M30-34 Winner's Time
2009	1319	183	8:18:40	9:06:58	9:02:34
2010	1636	216	8:12:20	9:07:08	8:12:24
2011	1753	216	8:23:52	9:14:08	8:56:38
2012	1787	259	8:15:07	9:15:38	9:01:46
2013	1851	216	7:55:23	8:52:28	8:44:08
Average	1669	218	8:13:04	9:07:16	8:47:30

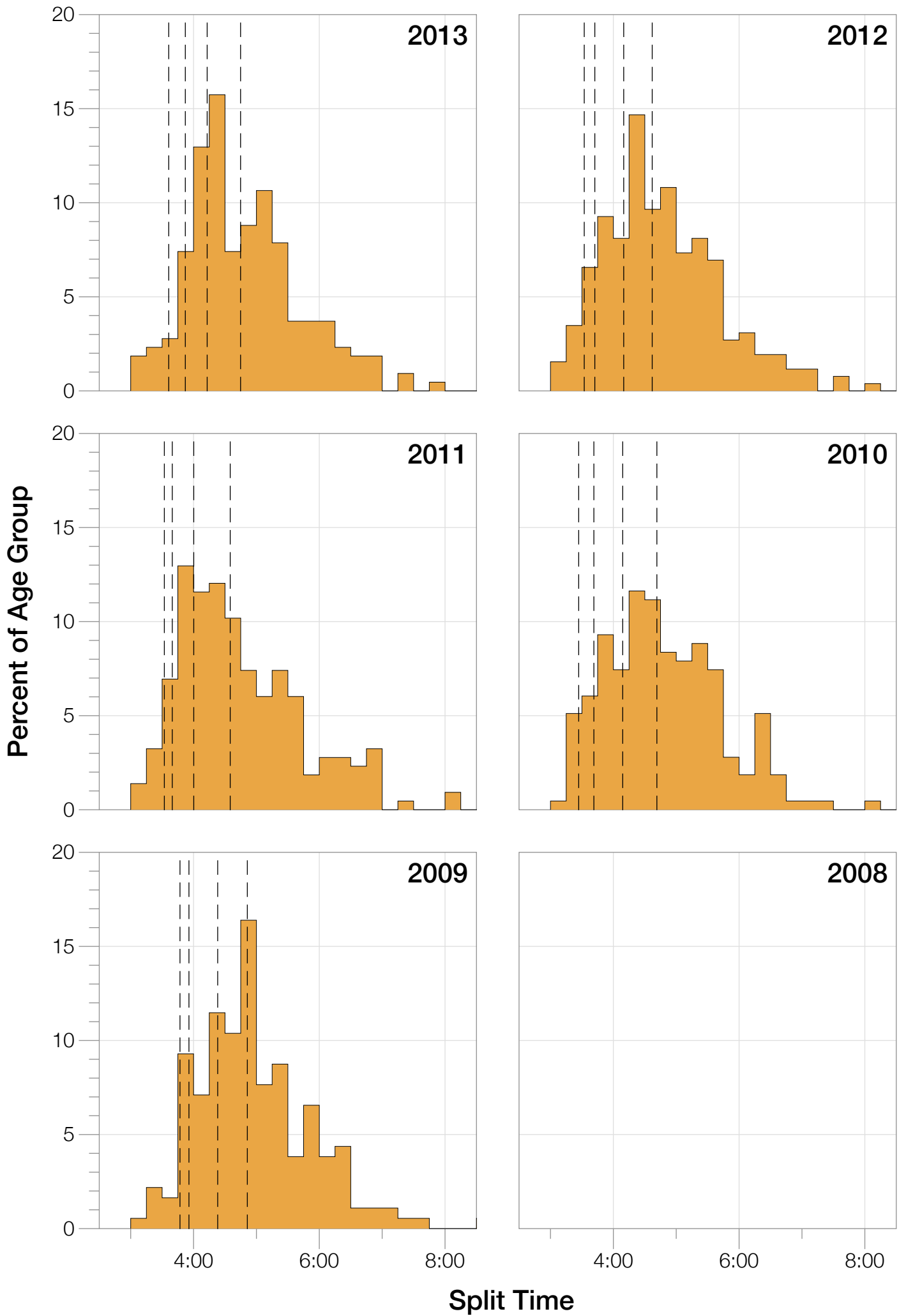
M30-34 Swim



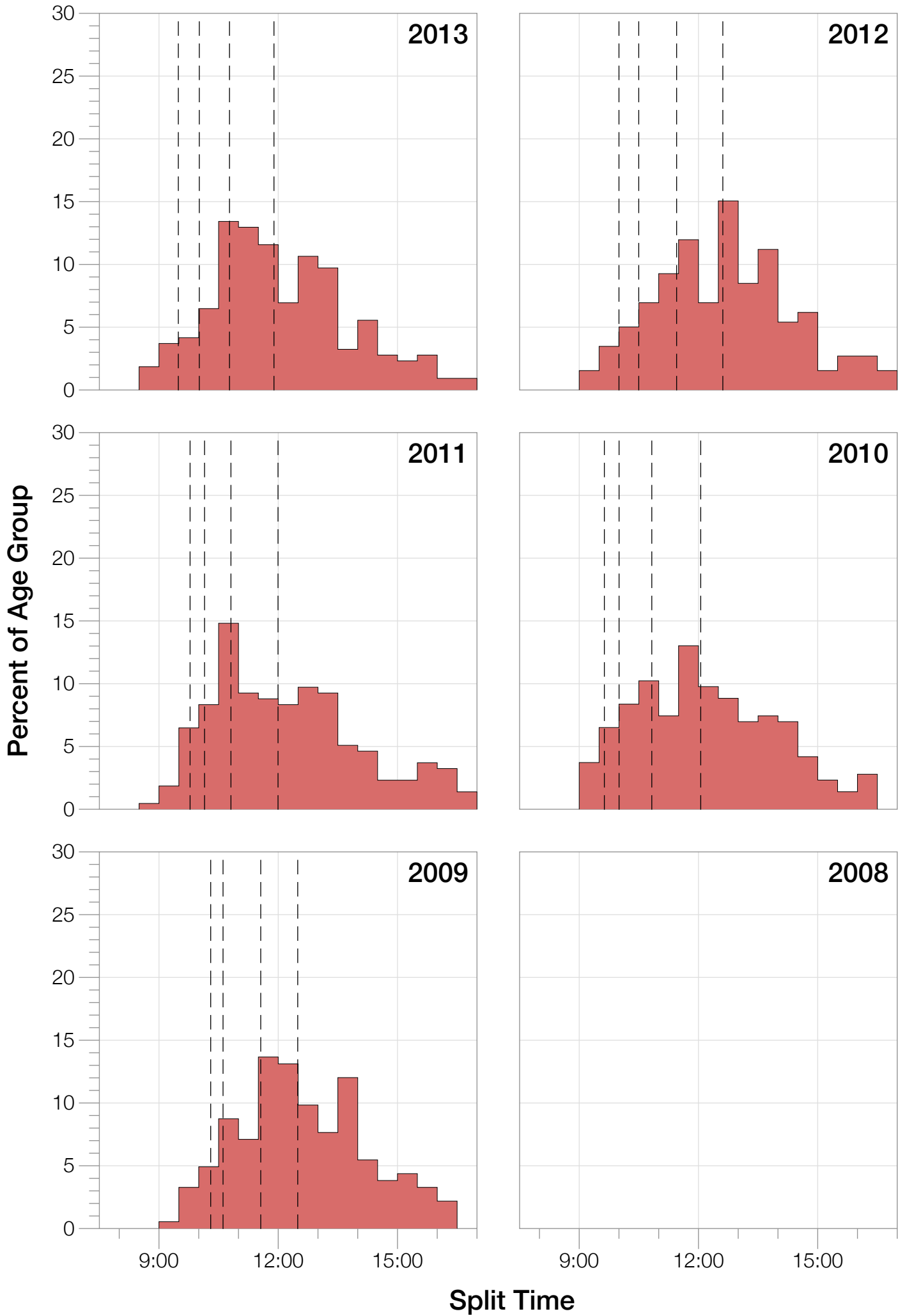
M30-34 Bike



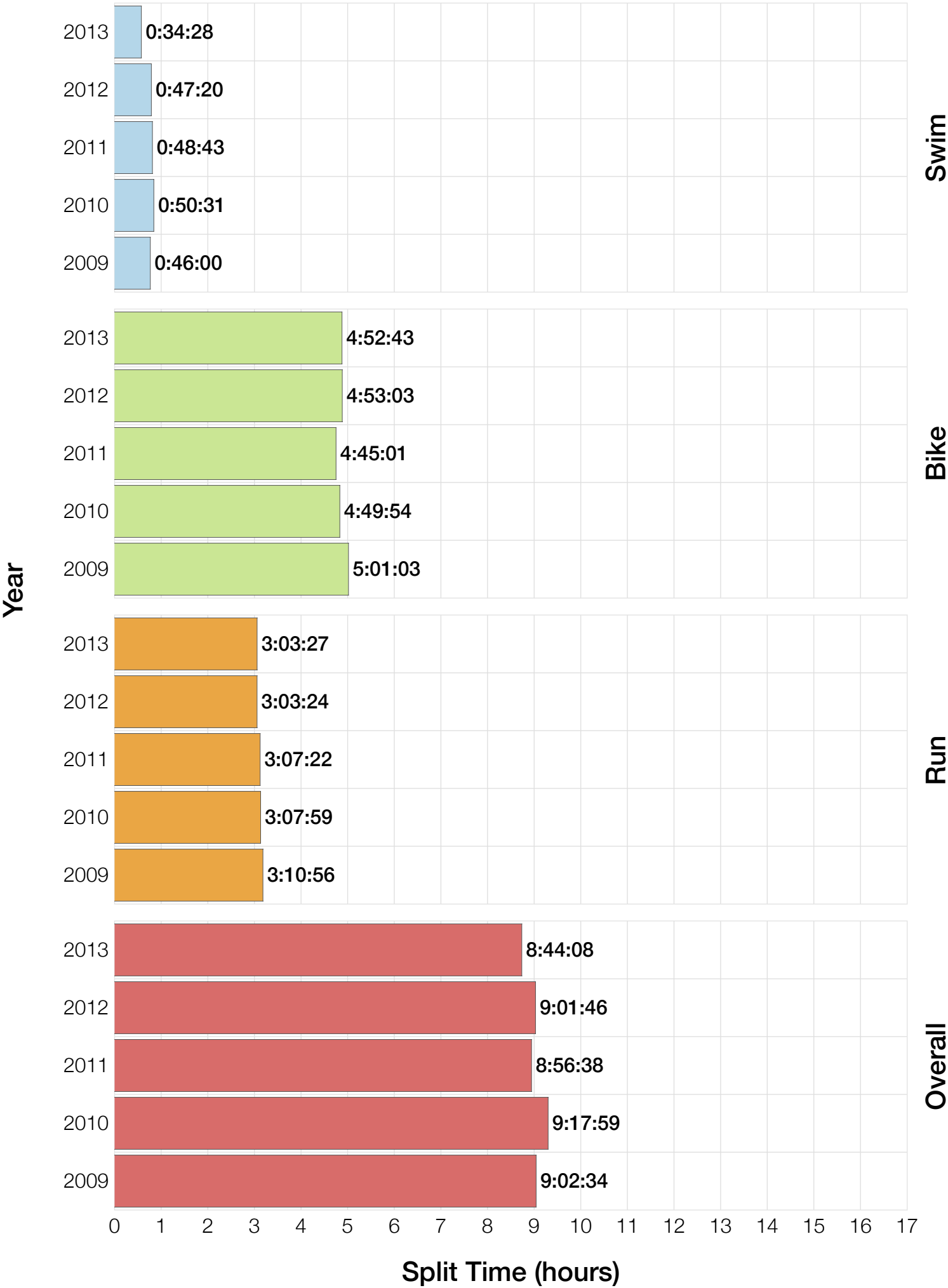
M30-34 Run



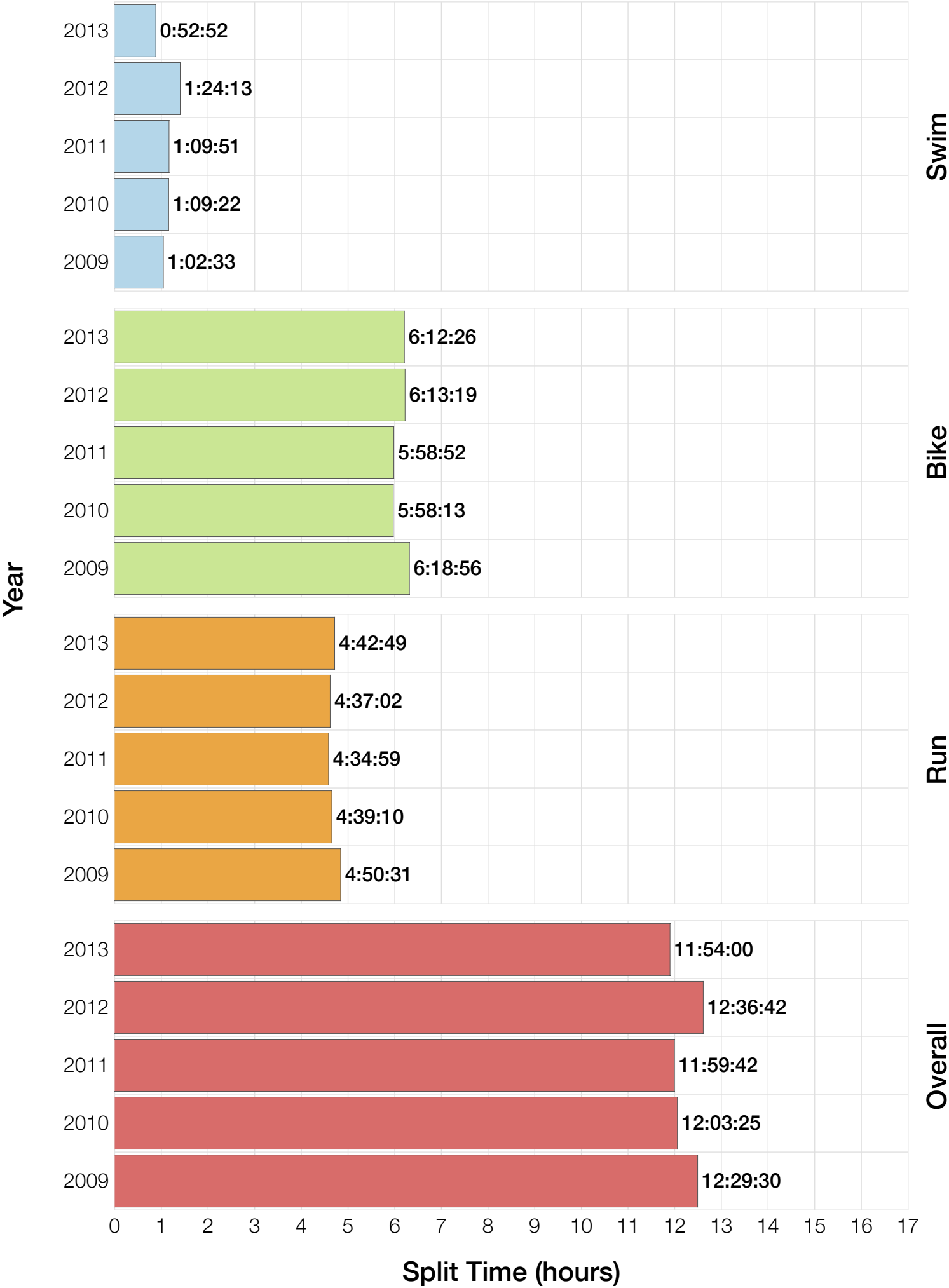
M30-34 Overall



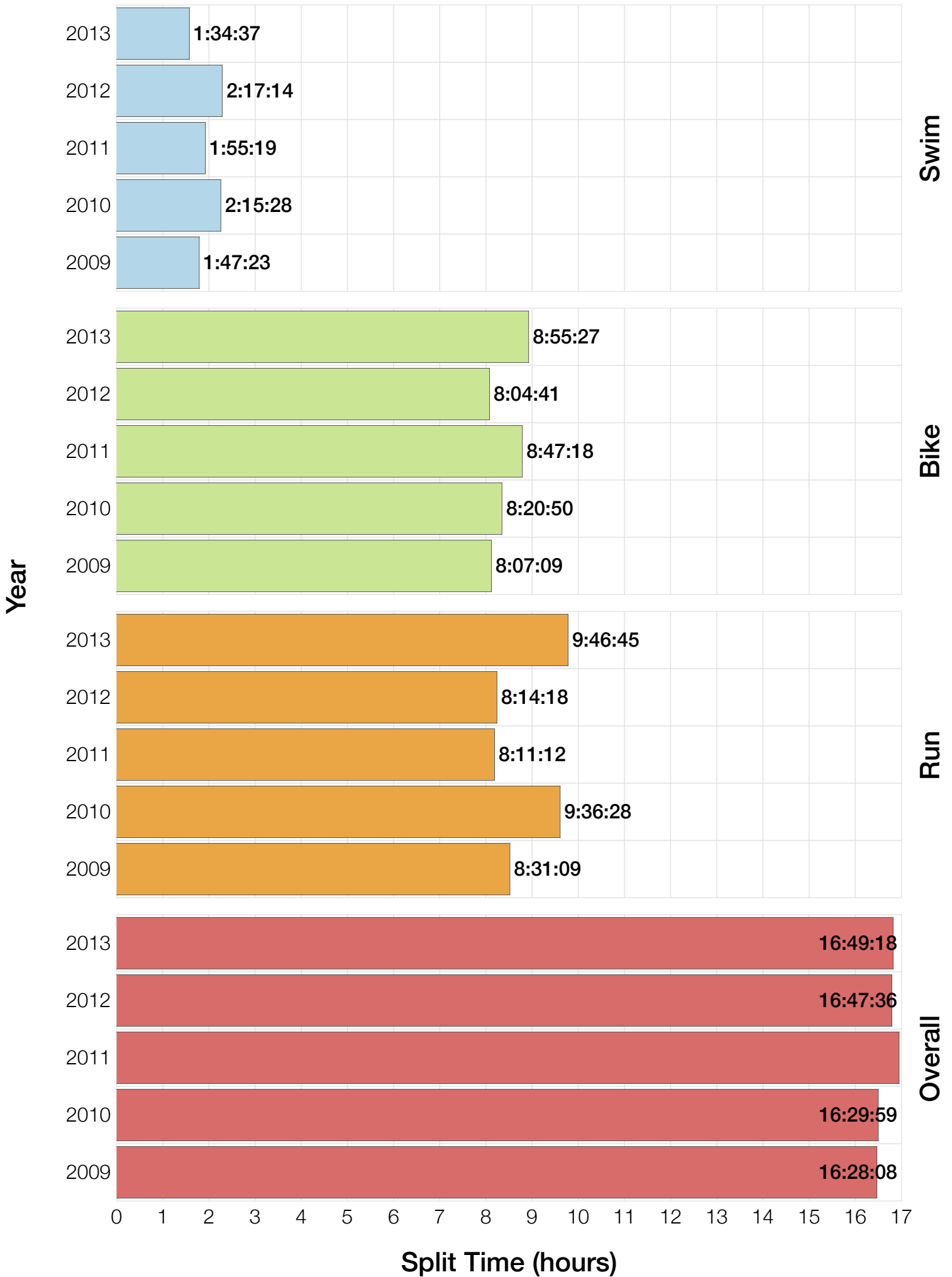
M30-34 Fastest Splits



M30-34 Median Splits

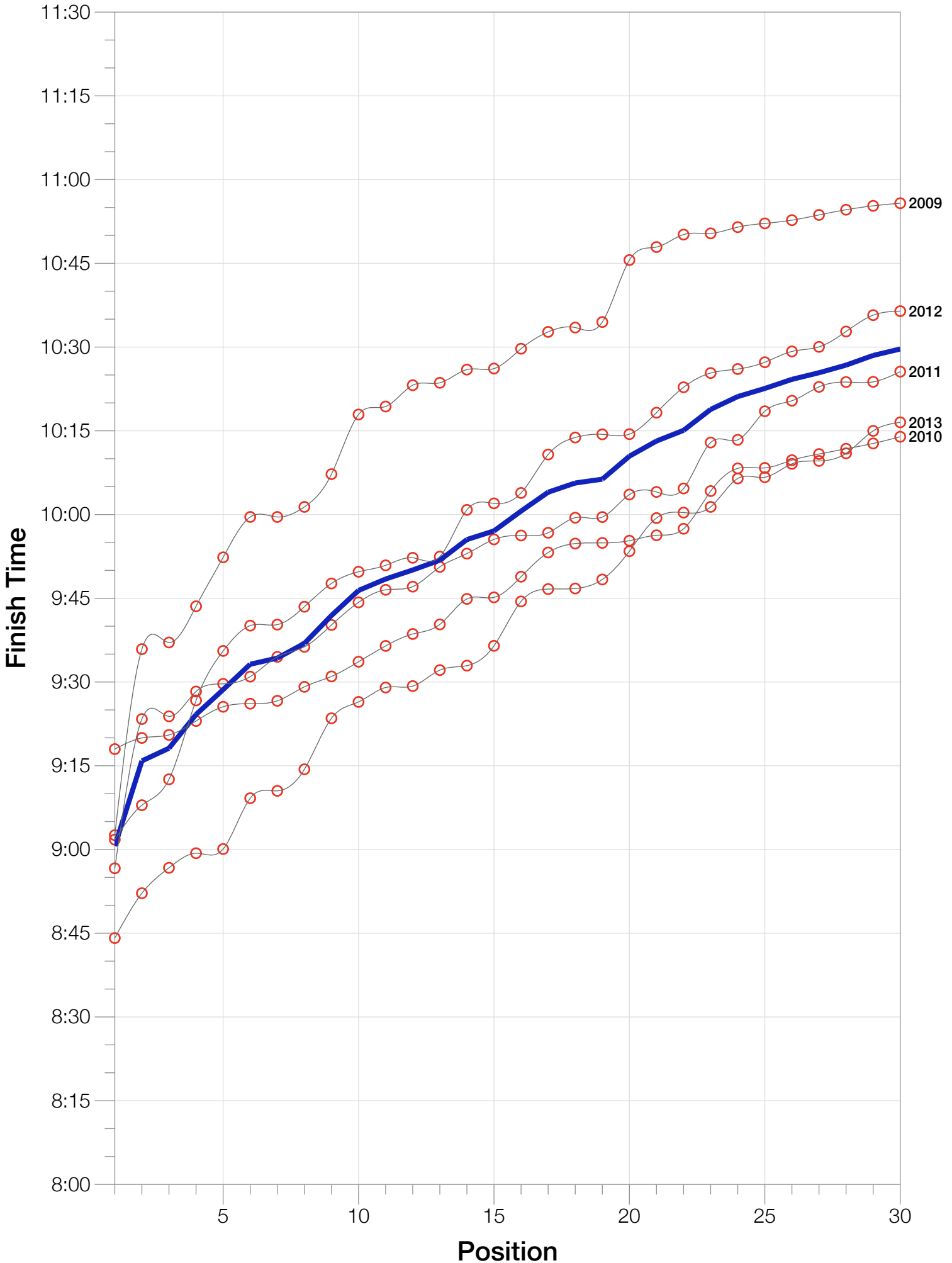


M30-34 Slowest Splits



M30-34 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M30-34 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:50	4:42:16	2:52:49	8:13:04
Average Female Winner	0:49:43	4:58:01	3:13:04	9:07:16
Average 1st Age Grouper	0:54:01	5:11:05	3:07:15	8:47:30
Average 2nd Age Grouper	0:55:16	4:58:03	3:15:36	9:15:28
Average 3rd Age Grouper	0:50:03	5:05:33	3:16:59	9:18:02
Average 4th Age Grouper	0:53:59	5:03:02	3:15:48	9:23:41
Average 5th Age Grouper	0:53:29	5:06:41	3:21:27	9:28:08
Average 6th Age Grouper	0:55:40	5:01:20	3:30:12	9:33:04
Average 7th Age Grouper	0:52:01	5:03:15	3:33:05	9:34:11
Average 8th Age Grouper	0:53:04	5:34:08	3:24:49	9:36:25
Average 9th Age Grouper	0:53:49	5:05:28	3:36:23	9:41:32
Average 10th Age Grouper	0:55:35	5:08:28	3:37:05	9:45:52
Kona Qualifier Average	0:53:03	5:04:54	3:13:42	9:07:00
Top 10 Age Grouper Average	0:53:42	5:07:48	3:24:22	9:26:23

Cozumel 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:36:54	4:22:20	2:51:34	7:55:23
Female Winner	0:36:59	5:03:41	3:07:10	8:52:28
1st Age Grouper		5:35:31	3:07:19	8:44:08
2nd Age Grouper	0:38:46	4:54:50	3:12:04	8:52:10
3rd Age Grouper	0:36:52	5:05:02	3:09:33	8:56:43
4th Age Grouper	0:41:07	5:09:29	3:03:27	8:59:20
5th Age Grouper	0:37:25	4:54:32	3:20:51	9:00:05
6th Age Grouper	0:41:52	4:52:43	3:28:28	9:09:11
7th Age Grouper	0:36:48	4:57:23	3:30:59	9:10:30
8th Age Grouper	0:43:52	5:47:40		9:14:22
9th Age Grouper	0:34:28	4:55:29	3:47:58	9:23:30
10th Age Grouper	0:39:00	4:57:58	3:45:13	9:26:26
Kona Qualifier Average	0:37:49	5:11:47	3:09:38	8:51:00
Top 10 Age Grouper Average	0:38:54	5:07:03	3:22:52	9:05:38

Cozumel 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:27	4:37:16	2:44:05	8:15:07
Female Winner	0:54:36	5:05:26	3:11:17	9:15:38
1st Age Grouper	0:58:38	4:55:48	3:03:24	9:01:46
2nd Age Grouper	0:57:57	4:54:45	3:10:24	9:07:56
3rd Age Grouper	0:56:33	5:00:41	3:11:17	9:12:34
4th Age Grouper	1:02:04	5:02:36	3:18:17	9:26:42
5th Age Grouper	1:10:43	5:05:14	3:14:10	9:35:34
6th Age Grouper	1:07:05	5:08:24	3:18:56	9:40:06
7th Age Grouper	0:58:09	4:53:03	3:42:04	9:40:17
8th Age Grouper		6:15:05	3:26:40	9:43:29
9th Age Grouper	1:06:14	4:57:42	3:38:03	9:47:39
10th Age Grouper	1:03:32	5:12:52	3:28:29	9:49:45
Kona Qualifier Average	0:57:42	4:57:04	3:08:21	9:07:25
Top 10 Age Grouper Average	1:02:19	5:08:37	3:21:10	9:30:34

Cozumel 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:47	4:19:17	3:01:41	8:23:52
Female Winner	0:48:57	4:45:20	3:25:10	9:14:08
1st Age Grouper	0:49:04	4:45:01	3:07:22	8:56:38
2nd Age Grouper	0:58:37	4:54:33	3:22:57	9:23:22
3rd Age Grouper	0:54:40	5:00:25	3:23:11	9:23:51
4th Age Grouper	1:04:15	5:00:15	3:17:21	9:28:18
5th Age Grouper	0:54:25	5:14:37	3:14:23	9:29:40
6th Age Grouper	0:55:19	5:02:46	3:26:29	9:30:58
7th Age Grouper	0:56:06	5:12:05	3:20:19	9:34:30
8th Age Grouper	0:55:43	5:05:27	3:30:50	9:36:18
9th Age Grouper	1:01:42	5:20:21	3:12:17	9:40:13
10th Age Grouper	0:52:57	5:03:39	3:43:15	9:44:16
Kona Qualifier Average	0:54:07	4:53:19	3:17:50	9:14:37
Top 10 Age Grouper Average	0:56:16	5:03:54	3:21:50	9:28:48

Cozumel 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	1:01:26	5:38:01		8:12:20
Female Winner	0:56:59	4:51:56	3:13:39	9:07:08
1st Age Grouper	1:02:22	5:38:06		8:12:24
2nd Age Grouper	0:58:49	5:03:30	3:07:59	9:17:59
3rd Age Grouper	0:54:34	5:02:46	3:16:32	9:19:59
4th Age Grouper	0:50:49	4:59:48	3:24:09	9:20:31
5th Age Grouper	0:54:29	4:49:54	3:32:05	9:23:01
6th Age Grouper	0:59:16	4:59:50	3:21:22	9:25:34
7th Age Grouper	0:55:49	5:04:45	3:21:22	9:26:07
8th Age Grouper	0:57:15	5:06:34	3:17:34	9:26:38
9th Age Grouper	0:52:29	4:55:26	3:34:05	9:29:08
10th Age Grouper	0:59:28	5:02:46	3:24:43	9:31:00
Kona Qualifier Average	0:58:35	5:14:47	3:12:15	8:56:47
Top 10 Age Grouper Average	0:56:32	5:04:20	3:22:12	9:17:14

Cozumel 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:38	4:34:27	2:53:56	8:18:40
Female Winner	0:51:06	5:03:44	3:08:04	9:06:58
1st Age Grouper	0:46:00	5:01:03	3:10:56	9:02:34
2nd Age Grouper	1:02:12	5:02:41	3:24:36	9:35:53
3rd Age Grouper	0:47:40	5:18:53	3:24:22	9:37:05
4th Age Grouper	0:51:40			9:43:34
5th Age Grouper	0:50:27	5:29:12	3:25:47	9:52:20
6th Age Grouper	0:54:48	5:02:57	3:55:46	9:59:34
7th Age Grouper	0:53:15	5:09:01	3:50:43	9:59:34
8th Age Grouper	0:55:28	5:35:57	3:24:14	10:01:22
9th Age Grouper	0:54:13	5:18:22	3:49:33	10:07:14
10th Age Grouper	1:02:59	5:25:05	3:43:46	10:17:55
Kona Qualifier Average	0:51:57	5:07:32	3:19:58	9:25:10
Top 10 Age Grouper Average	0:53:52	5:15:54	3:34:24	9:49:42