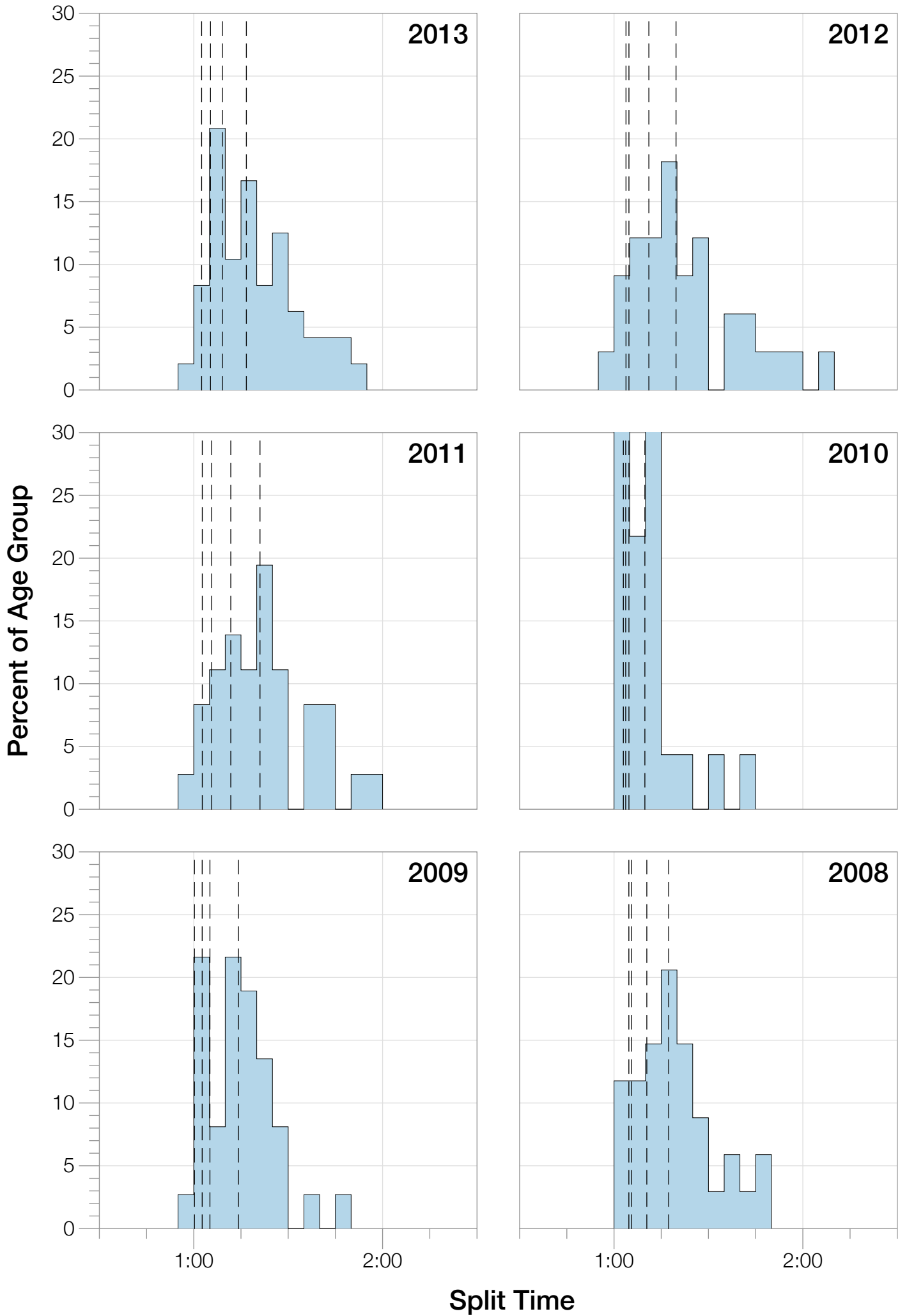


Ironman Western Australia F40-44 Stats

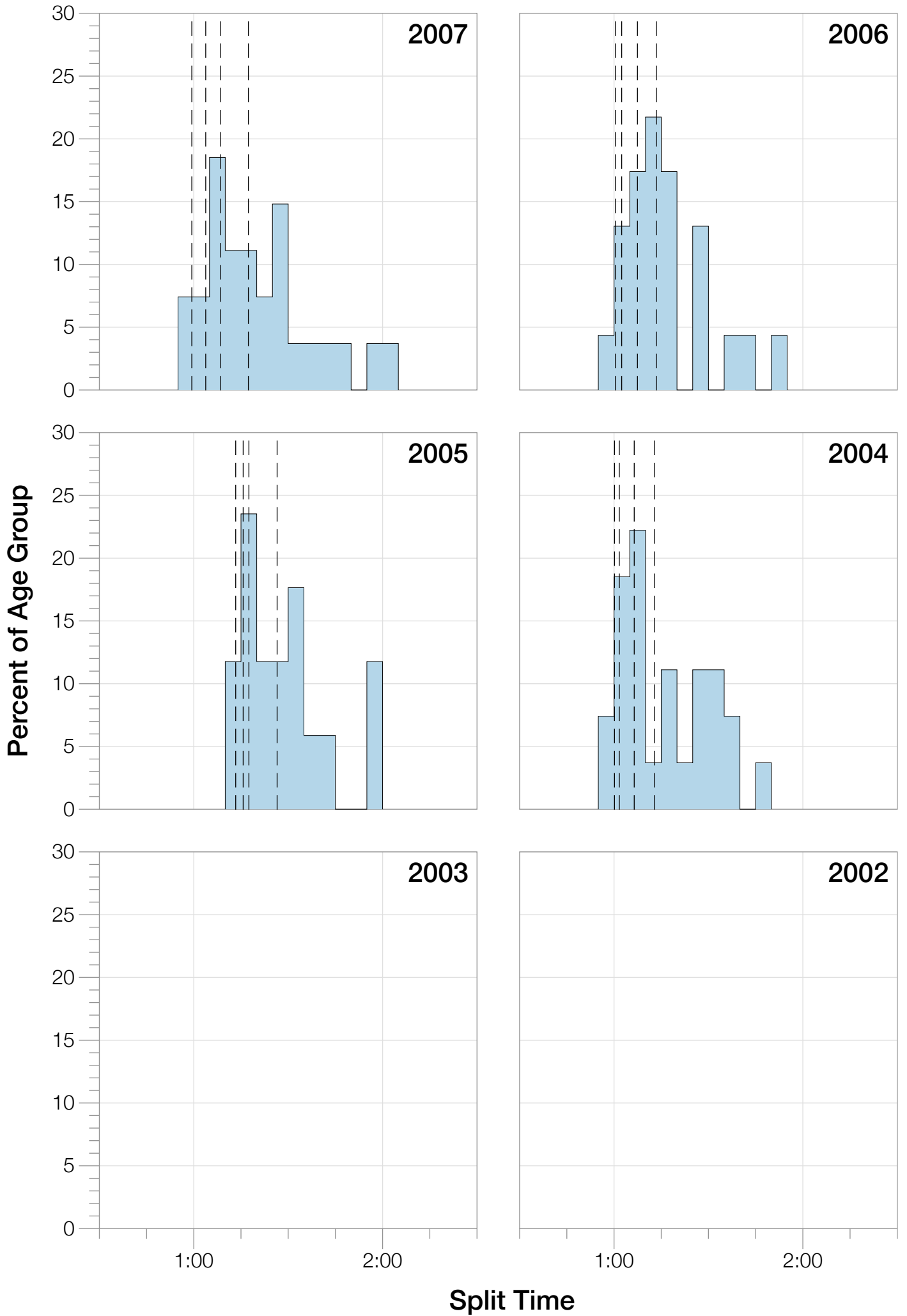
F40-44 Summary Statistics

Year	Finishers	F40-44 Finishers	Male Winner's Time	Female Winner's Time	F40-44 Winner's Time
2004	779	27	8:16:00	9:03:37	10:42:38
2005	588	17	8:27:36	9:31:32	11:18:32
2006	768	24	8:08:57	9:10:01	10:31:15
2007	901	27	8:06:00	9:00:55	10:11:25
2008	1029	34	8:07:06	8:59:24	10:15:54
2009	1124	37	8:13:59	9:16:52	9:50:10
2010	998	23	8:14:01	9:19:44	9:51:05
2011	1180	36	8:12:39	9:25:38	10:10:08
2012	1240	33	8:29:06	9:13:00	10:10:11
2013	1330	48	8:08:16	8:59:44	9:36:54
Average	994	31	8:14:22	9:12:02	10:15:49

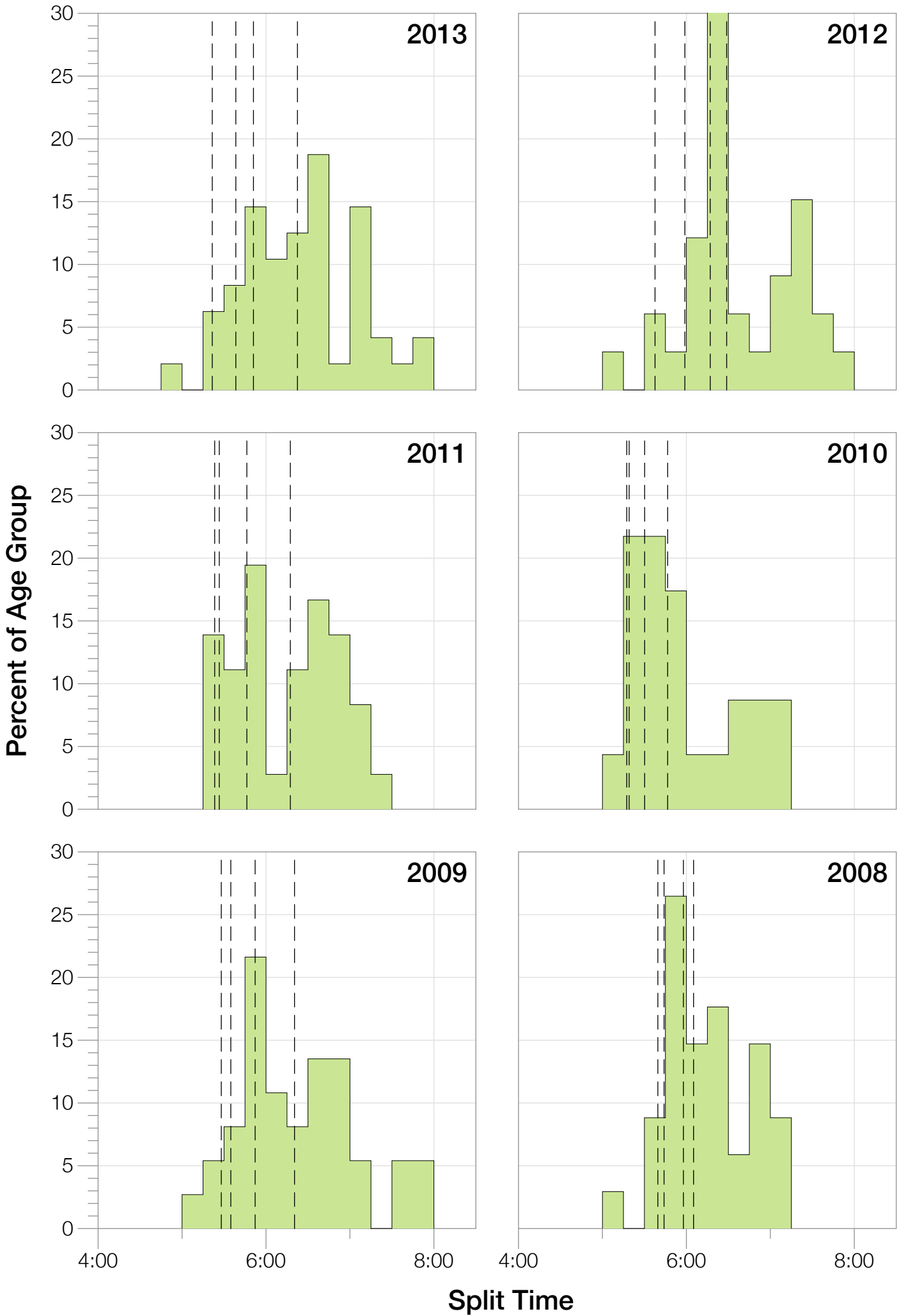
F40-44 Swim



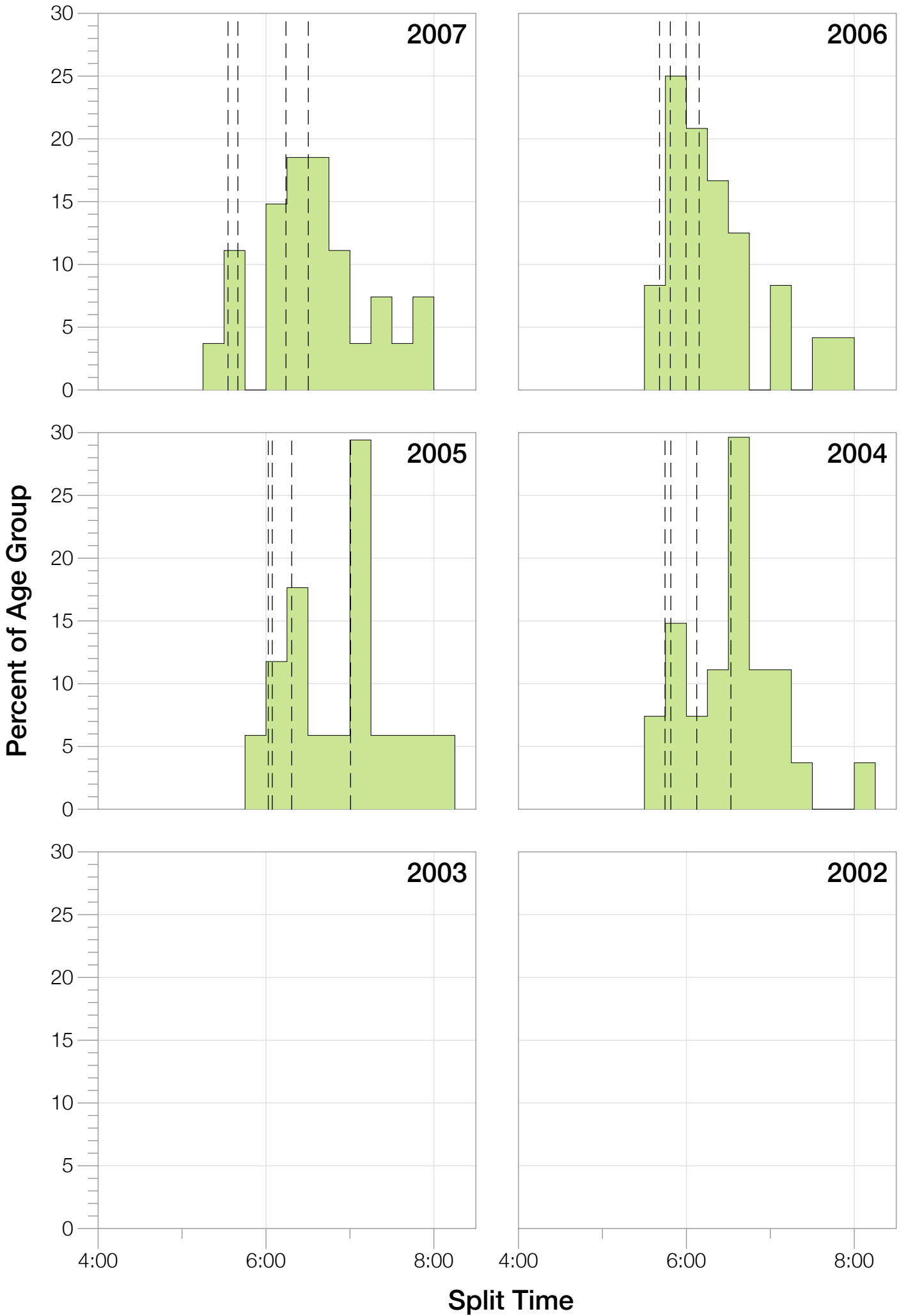
F40-44 Swim



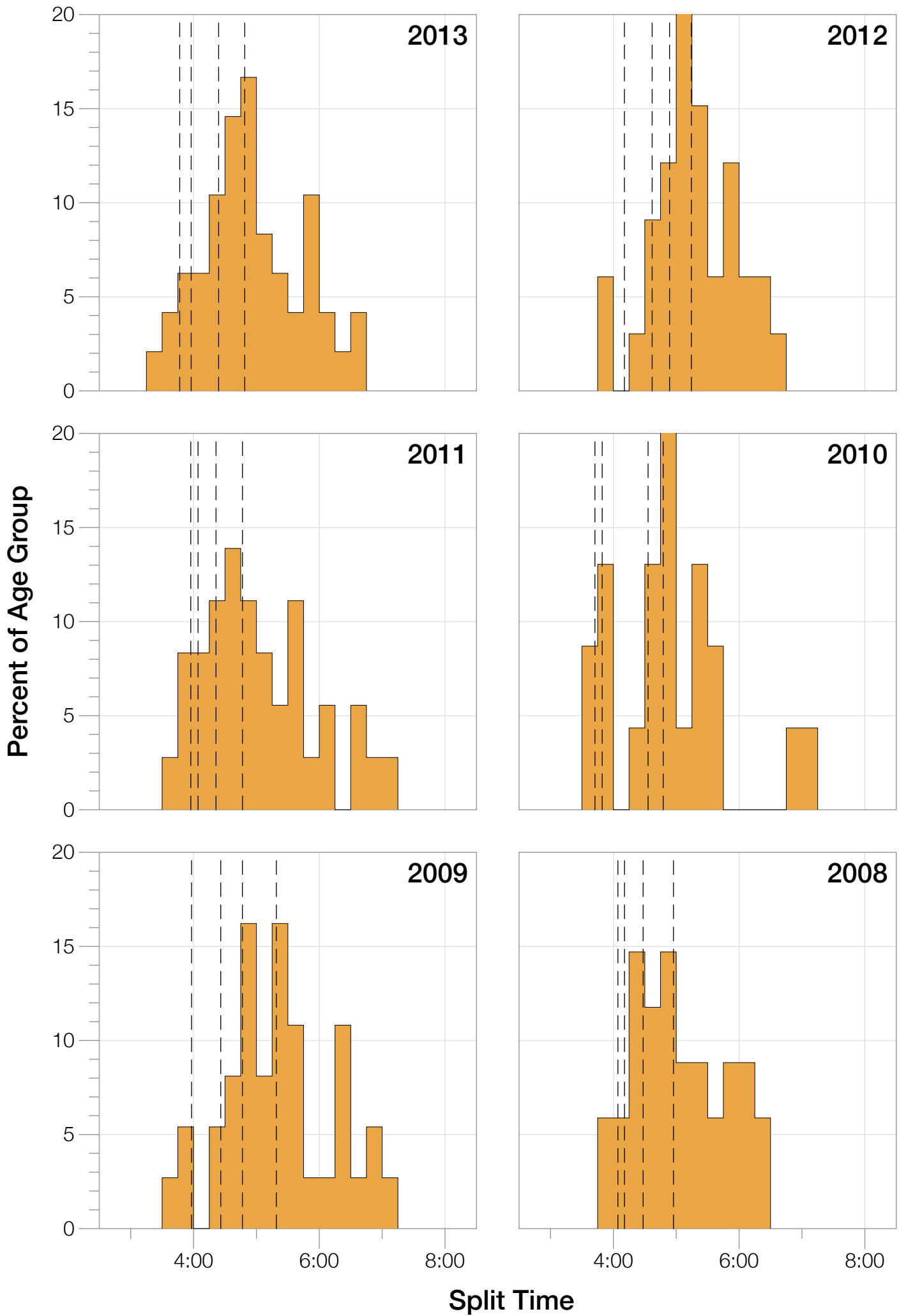
F40-44 Bike



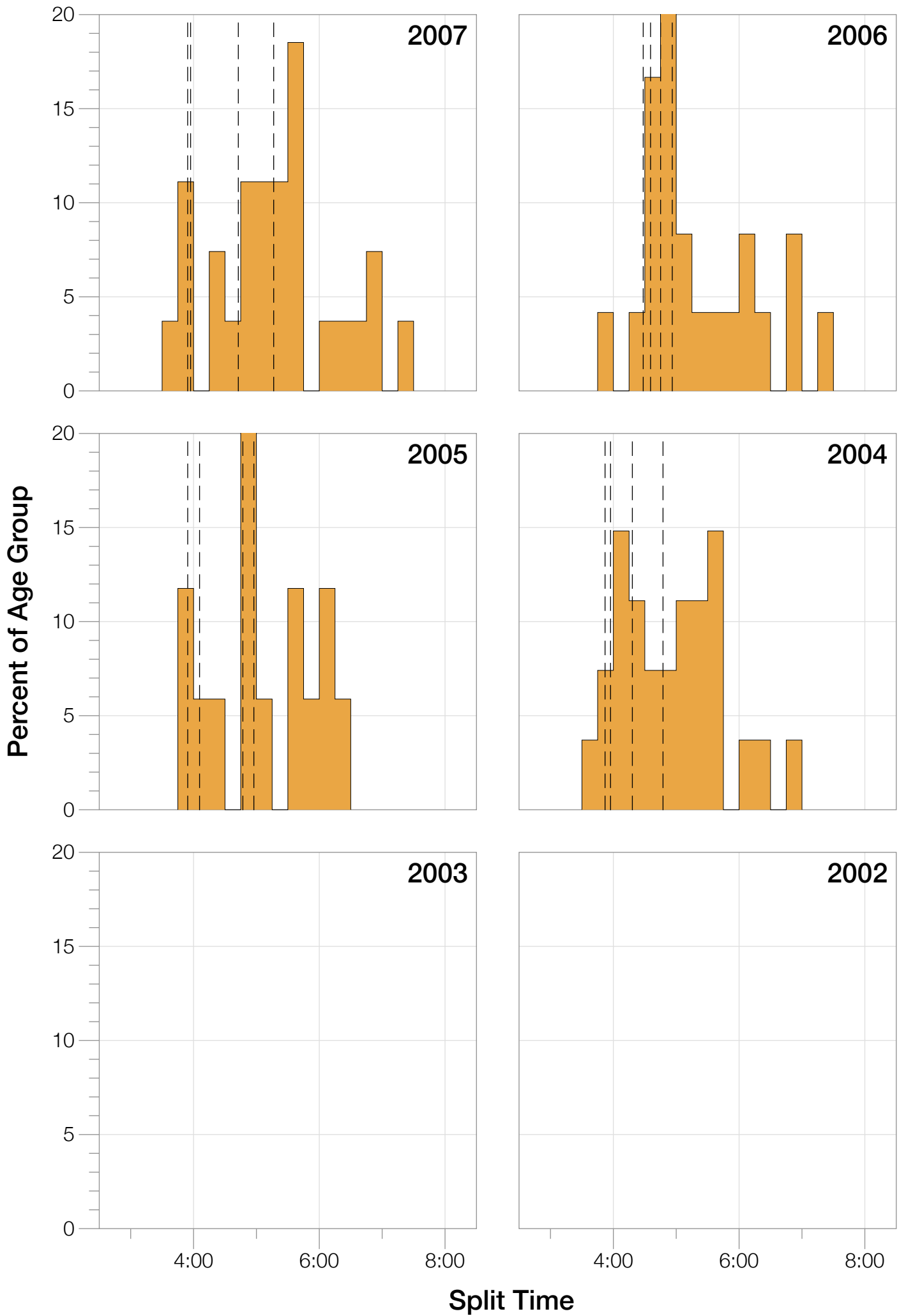
F40-44 Bike



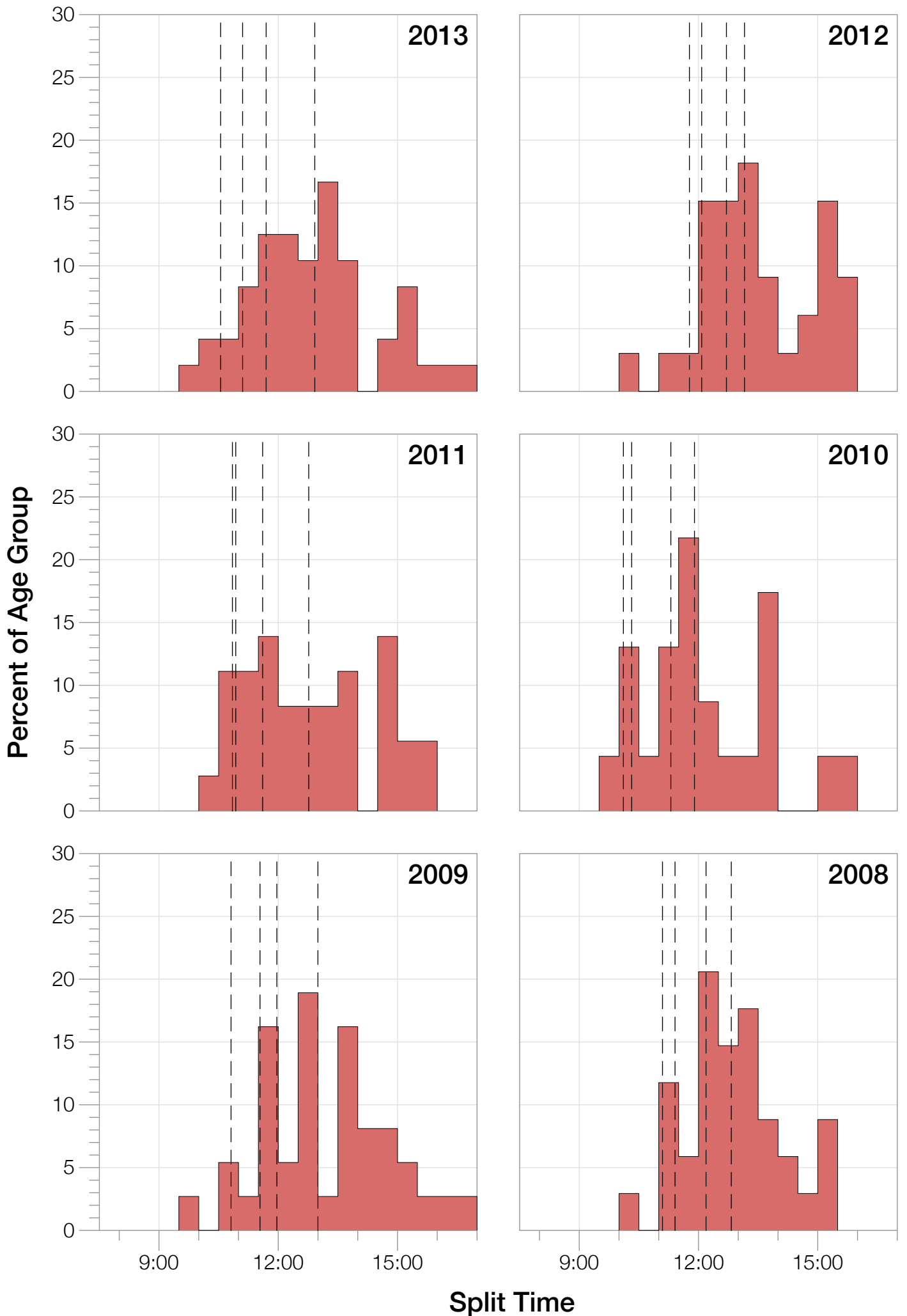
F40-44 Run



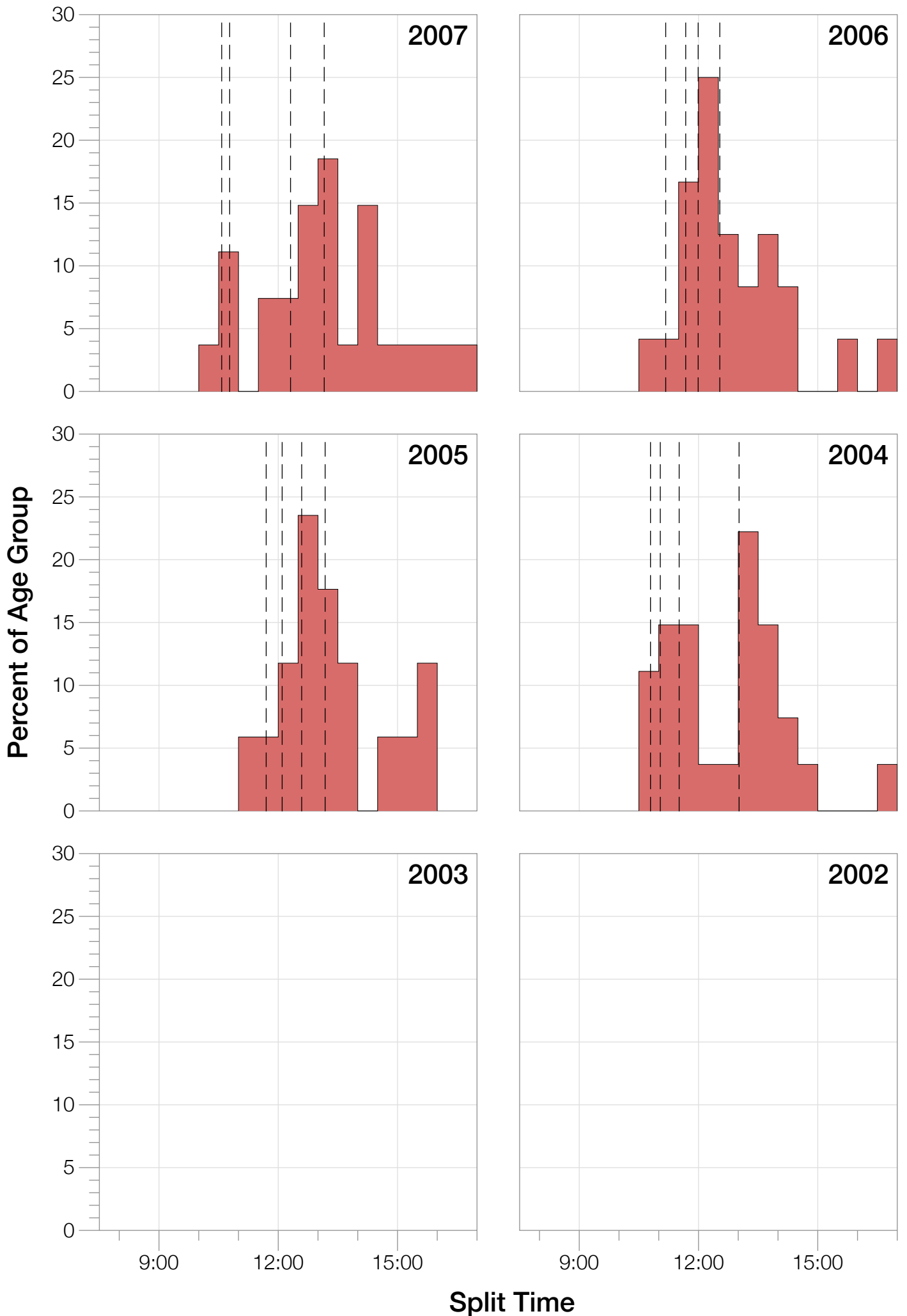
F40-44 Run



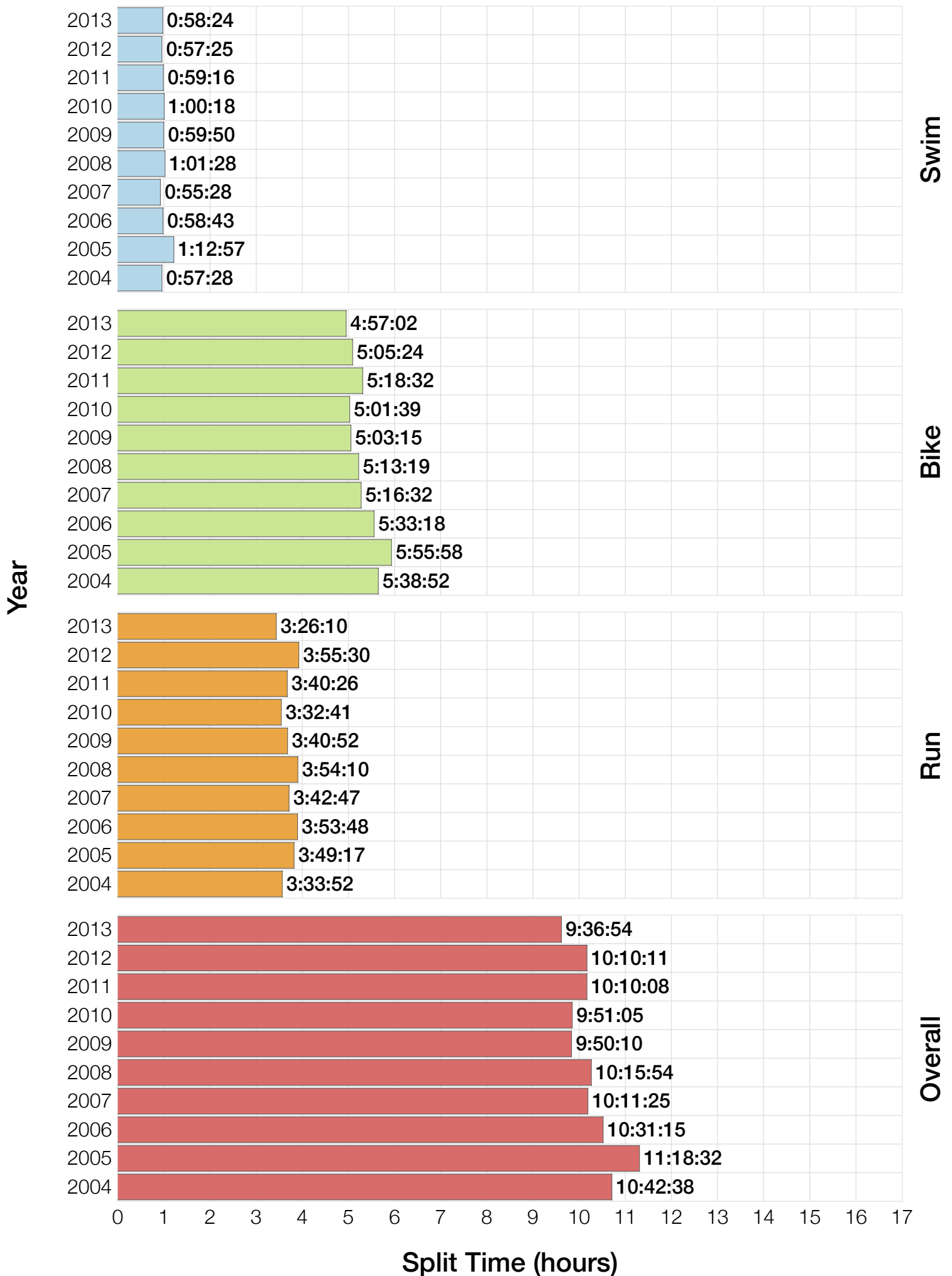
F40-44 Overall



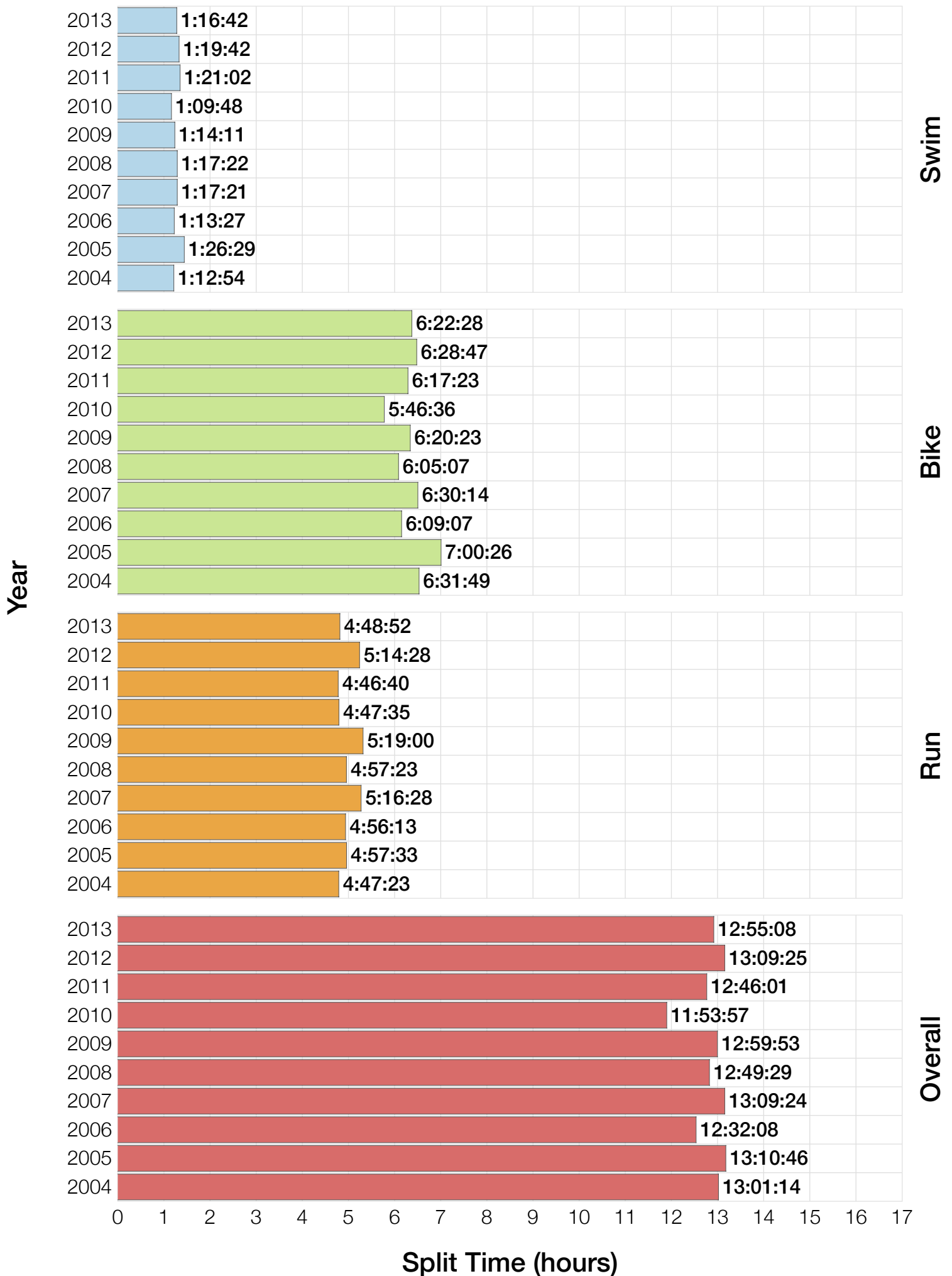
F40-44 Overall



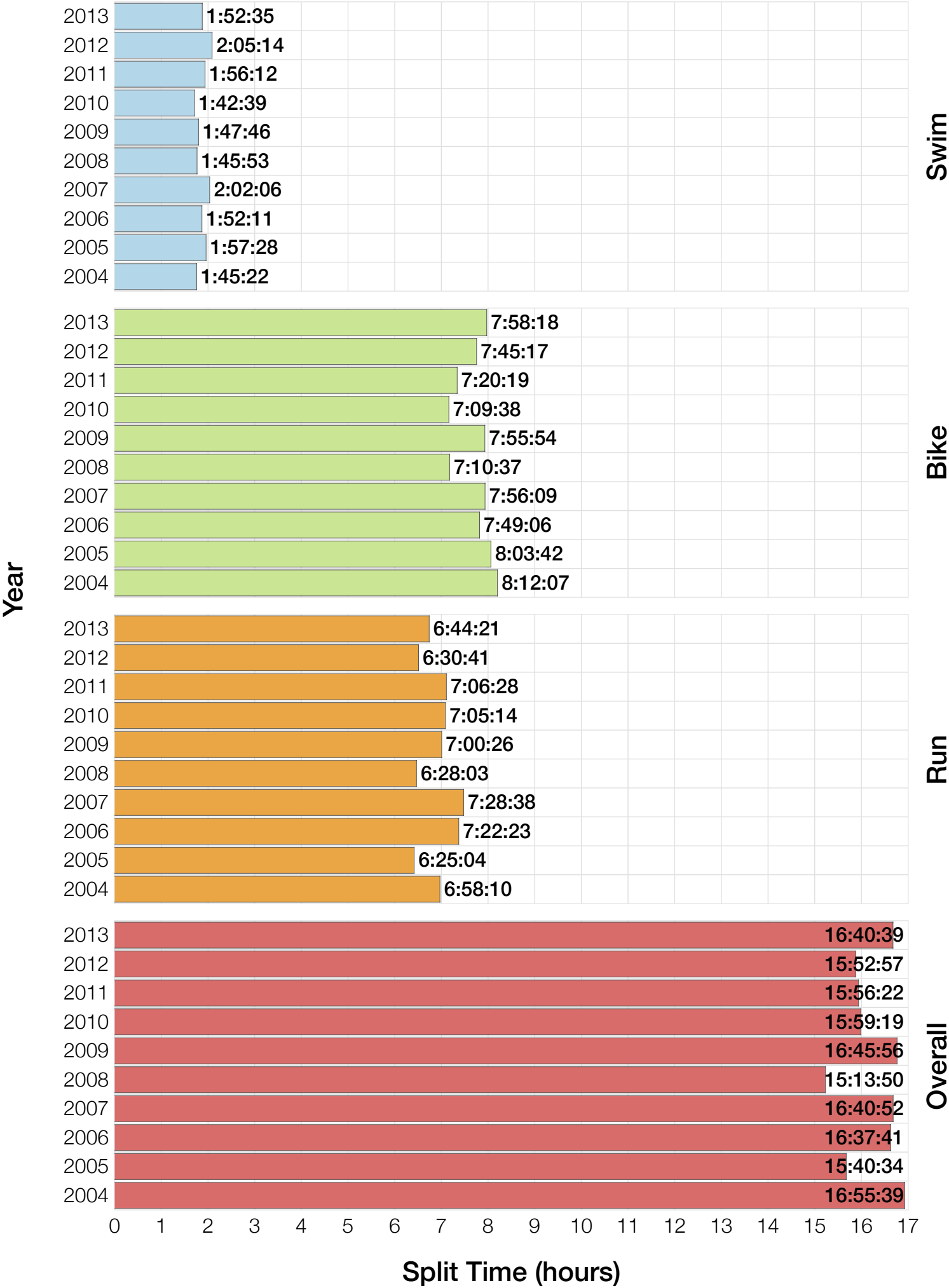
F40-44 Fastest Splits



F40-44 Median Splits

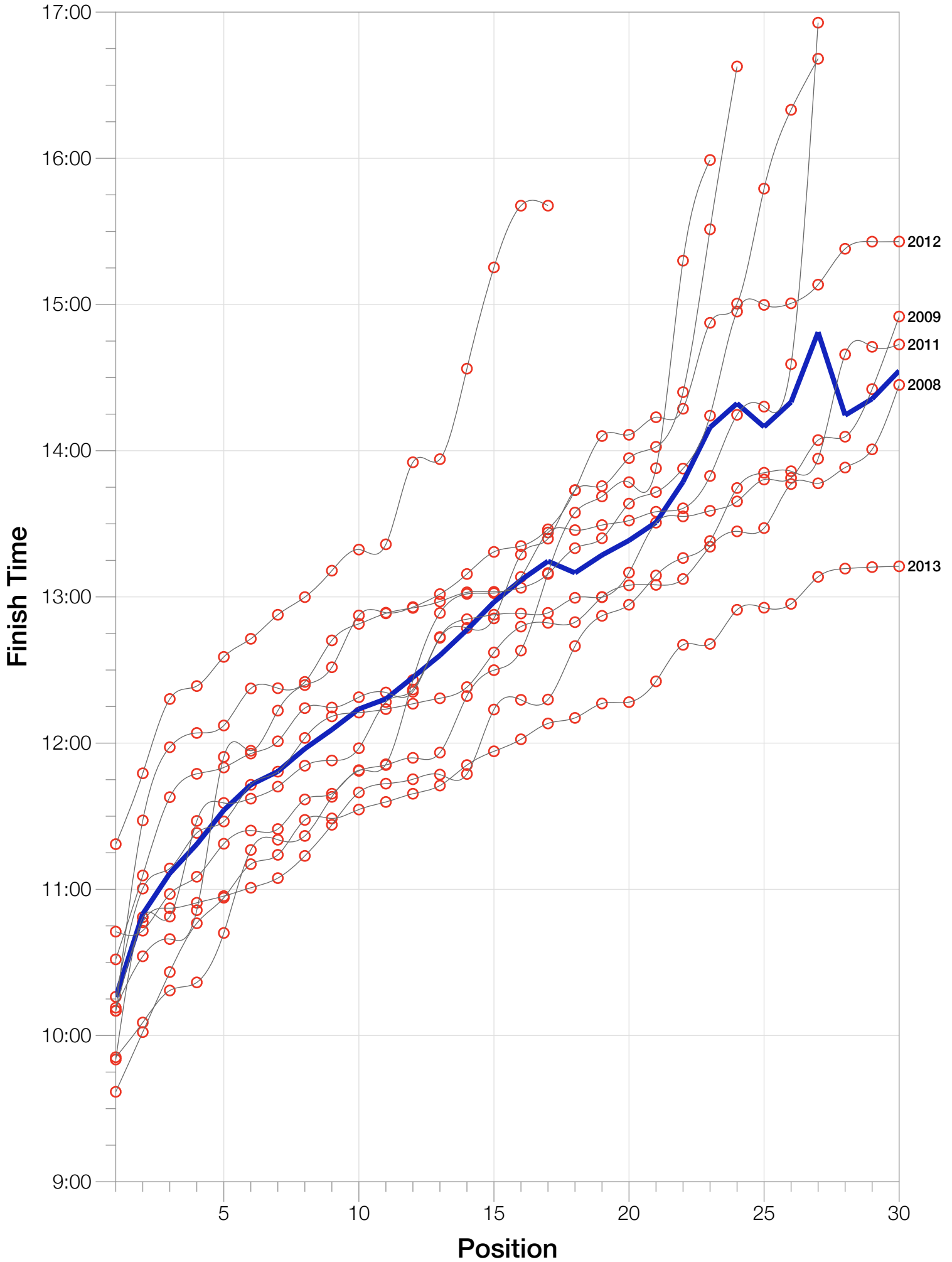


F40-44 Slowest Splits



F40-44 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F40-44 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:50:17	4:31:44	2:50:22	8:14:22
Average Female Winner	0:55:43	4:59:46	3:14:15	9:12:02
Average 1st Age Grouper	1:04:23	5:21:29	3:47:01	10:15:49
Average 2nd Age Grouper	1:07:46	5:41:18	3:56:47	10:49:54
Average 3rd Age Grouper	1:06:14	5:41:16	4:14:27	11:06:35
Average 4th Age Grouper	1:12:01	5:47:52	4:13:49	11:18:30
Average 5th Age Grouper	1:12:34	5:59:45	4:15:02	11:32:28
Average 6th Age Grouper	1:08:00	5:48:30	4:41:08	11:42:54
Average 7th Age Grouper	1:10:49	6:01:52	4:30:21	11:48:21
Average 8th Age Grouper	1:09:21	6:01:41	4:40:55	11:57:42
Average 9th Age Grouper	1:10:25	5:58:35	4:51:19	12:05:31
Average 10th Age Grouper	1:11:07	6:07:39	4:49:17	12:14:00
Kona Qualifier Average	1:06:04	5:31:24	3:51:54	10:32:52
Top 10 Age Grouper Average	1:09:16	5:51:00	4:24:00	11:29:10

Western Australia 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:03	4:29:17	2:48:18	8:08:16
Female Winner	0:57:11	4:58:21	3:00:37	8:59:44
1st Age Grouper	1:02:18	4:57:02	3:33:19	9:36:54
2nd Age Grouper	1:07:40	5:20:47	3:26:10	10:01:25
3rd Age Grouper	1:00:27	5:35:04	3:43:46	10:26:02
4th Age Grouper	1:04:24	5:40:13	3:55:19	10:46:04
5th Age Grouper	0:58:24	5:47:49	4:05:57	10:56:33
6th Age Grouper	1:10:14	5:23:05	4:29:38	11:10:19
7th Age Grouper	1:17:01	5:48:29	3:58:45	11:14:09
8th Age Grouper	1:11:01	5:49:34	4:18:08	11:28:29
9th Age Grouper	1:05:42	6:00:09	4:15:30	11:29:06
10th Age Grouper	1:09:00	5:39:52	4:37:14	11:32:45
Kona Qualifier Average	1:04:59	5:08:54	3:29:44	9:49:09
Top 10 Age Grouper Average	1:06:37	5:36:12	4:02:22	10:52:10

Western Australia 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:51	4:38:38	2:54:42	8:29:06
Female Winner	1:02:13	5:00:11	3:06:10	9:13:00
1st Age Grouper	1:04:35	5:05:24	3:55:30	10:10:11
2nd Age Grouper	1:03:27	5:36:49	4:40:27	11:28:16
3rd Age Grouper	1:05:21	6:03:36	4:37:24	11:58:19
4th Age Grouper	1:28:34	6:28:04	3:55:49	12:04:10
5th Age Grouper	1:12:23	6:21:25	4:20:23	12:07:14
6th Age Grouper	1:11:04	5:38:05	5:23:29	12:22:26
7th Age Grouper	1:06:06	6:00:38	5:06:14	12:22:32
8th Age Grouper	1:08:31	5:58:28	5:07:51	12:25:07
9th Age Grouper	0:57:25	6:03:41	5:32:40	12:42:09
10th Age Grouper	1:04:02	6:24:23	5:12:53	12:48:56
Kona Qualifier Average	1:04:01	5:21:06	4:17:58	10:49:13
Top 10 Age Grouper Average	1:08:08	5:58:03	4:47:16	12:02:56

Western Australia 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:43	4:30:17	2:48:42	8:12:39
Female Winner	0:58:16	5:00:37	3:22:22	9:25:38
1st Age Grouper	1:04:32	5:18:52	3:40:26	10:10:08
2nd Age Grouper	1:17:14	5:24:48	3:57:46	10:46:28
3rd Age Grouper	1:03:04	5:27:44	4:13:44	10:52:15
4th Age Grouper	1:07:57	5:18:32	4:21:12	10:54:28
5th Age Grouper	1:15:56	5:35:37	3:59:13	10:57:13
6th Age Grouper	1:07:10	5:25:29	4:20:20	11:00:38
7th Age Grouper	1:06:50	5:37:14	4:13:19	11:04:36
8th Age Grouper	0:59:16	5:33:21	4:32:45	11:13:43
9th Age Grouper	1:22:46	5:57:27	3:56:03	11:26:29
10th Age Grouper	1:27:20	5:53:25	4:09:22	11:39:46
Kona Qualifier Average	1:10:53	5:21:50	3:49:06	10:28:18
Top 10 Age Grouper Average	1:11:12	5:33:14	4:08:25	11:00:34

Western Australia 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:05	4:28:52	2:52:53	8:14:01
Female Winner	1:01:43	4:53:53	3:20:42	9:19:44
1st Age Grouper	1:03:38	5:01:39	3:41:42	9:51:05
2nd Age Grouper	1:00:18	5:26:56	3:32:41	10:05:20
3rd Age Grouper	1:04:02	5:18:05	3:51:28	10:18:28
4th Age Grouper	1:04:41	5:17:18	3:54:35	10:21:48
5th Age Grouper	1:05:27	5:41:21	3:48:49	10:42:05
6th Age Grouper	1:02:53	5:29:15	4:37:43	11:16:09
7th Age Grouper	1:04:47	5:39:41	4:28:34	11:20:21
8th Age Grouper	1:04:29	5:23:04	4:46:40	11:21:55
9th Age Grouper	1:07:20	5:38:56	4:43:41	11:37:57
10th Age Grouper	1:10:22	5:31:04	4:55:00	11:48:37
Kona Qualifier Average	1:01:58	5:14:17	3:37:11	9:58:12
Top 10 Age Grouper Average	1:04:47	5:26:43	4:14:05	10:52:22

Western Australia 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:33	4:35:06	2:47:48	8:13:59
Female Winner	0:50:10	5:00:30	3:22:17	9:16:52
1st Age Grouper	1:00:08	5:03:15	3:40:52	9:50:10
2nd Age Grouper	1:15:24	5:28:30	3:56:55	10:48:31
3rd Age Grouper	1:18:32	5:26:10	3:58:24	10:48:48
4th Age Grouper	1:05:08	5:38:53	4:36:27	11:28:04
5th Age Grouper	1:07:31	5:54:46	4:21:15	11:35:26
6th Age Grouper	1:01:59	5:30:57	4:56:06	11:37:12
7th Age Grouper	1:03:59	5:52:29	4:37:21	11:42:09
8th Age Grouper	1:07:34	5:37:27	4:58:15	11:50:44
9th Age Grouper	1:04:15	5:51:34	4:46:37	11:52:52
10th Age Grouper	0:59:50	5:46:28	5:06:50	11:57:54
Kona Qualifier Average	1:07:46	5:15:52	3:48:53	10:19:20
Top 10 Age Grouper Average	1:06:26	5:37:02	4:29:54	11:21:11

Western Australia 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:25:28	2:48:51	8:07:06
Female Winner	0:50:30	4:56:42	3:09:06	8:59:24
1st Age Grouper	1:04:36	5:13:19	3:54:10	10:15:54
2nd Age Grouper	1:09:34	5:36:31	4:07:53	11:00:18
3rd Age Grouper	1:01:28	5:42:19	4:15:39	11:08:33
4th Age Grouper	1:04:46	5:59:35	4:08:29	11:23:09
5th Age Grouper	1:29:09	5:52:07	3:57:47	11:27:51
6th Age Grouper	1:04:56	6:04:58	4:19:44	11:42:53
7th Age Grouper	1:19:16	5:51:58	4:26:20	11:48:17
8th Age Grouper	1:08:45	5:48:00	4:51:35	12:02:07
9th Age Grouper	1:07:09	5:50:19	5:06:24	12:10:58
10th Age Grouper	1:07:30	5:58:45	4:47:53	12:12:32
Kona Qualifier Average	1:07:05	5:24:55	4:01:01	10:38:06
Top 10 Age Grouper Average	1:09:42	5:47:47	4:23:35	11:31:15

Western Australia 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:32	4:29:03	2:48:25	8:06:00
Female Winner	0:54:16	5:01:34	3:05:05	9:00:55
1st Age Grouper	0:57:38	5:31:00	3:42:47	10:11:25
2nd Age Grouper	0:55:28	5:41:44	3:55:19	10:32:31
3rd Age Grouper	1:04:02	5:37:07	3:58:26	10:39:35
4th Age Grouper	1:40:56	5:16:32	3:53:58	10:51:26
5th Age Grouper	1:17:21	6:14:32	4:22:28	11:54:21
6th Age Grouper	1:06:35	6:28:32	4:21:45	11:56:52
7th Age Grouper	1:11:11	6:31:52	4:30:17	12:13:20
8th Age Grouper	1:15:56	6:10:55	4:56:58	12:23:49
9th Age Grouper	1:09:21	6:21:04	5:00:43	12:31:08
10th Age Grouper	1:03:27	6:30:14	5:18:42	12:52:23
Kona Qualifier Average	0:56:33	5:36:22	3:49:03	10:21:58
Top 10 Age Grouper Average	1:10:11	6:02:21	4:24:08	11:36:41

Western Australia 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:29:52	2:49:00	8:08:57
Female Winner	0:53:31	4:50:49	3:25:41	9:10:01
1st Age Grouper	1:04:09	5:33:18	3:53:48	10:31:15
2nd Age Grouper	0:58:43	5:39:27	4:27:31	11:05:41
3rd Age Grouper	1:06:05	5:48:39	4:43:05	11:37:49
4th Age Grouper	1:13:27	5:59:58	4:33:59	11:47:24
5th Age Grouper	1:07:41	5:48:27	4:53:52	11:50:00
6th Age Grouper	1:07:27	6:09:13	4:39:03	11:55:43
7th Age Grouper	1:02:00	6:07:03	4:51:41	12:00:44
8th Age Grouper	1:16:38	6:17:58	4:39:46	12:14:22
9th Age Grouper	1:28:57	5:59:54	4:45:45	12:14:36
10th Age Grouper	1:11:08	6:01:36	5:06:06	12:18:50
Kona Qualifier Average	1:01:26	5:36:22	4:10:39	10:48:28
Top 10 Age Grouper Average	1:09:37	5:56:33	4:39:27	11:45:38

Western Australia 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:57:11	4:30:41	2:59:44	8:27:36
Female Winner	0:58:40	5:14:32	3:18:20	9:31:32
1st Age Grouper	1:17:24	6:05:26	3:55:42	11:18:32
2nd Age Grouper	1:20:14	6:38:05	3:49:17	11:47:36
3rd Age Grouper	1:17:31	6:03:02	4:57:33	12:18:06
4th Age Grouper	1:12:57	6:20:23	4:50:05	12:23:25
5th Age Grouper	1:28:45	6:18:23	4:48:15	12:35:23
6th Age Grouper	1:26:29	6:16:39	4:59:40	12:42:48
7th Age Grouper	1:24:09	7:04:58	4:23:33	12:52:40
8th Age Grouper	1:17:13	7:30:16	4:12:26	12:59:55
9th Age Grouper	1:13:25	5:55:58	6:01:23	13:10:46
10th Age Grouper	1:30:05	7:02:18	4:47:03	13:19:26
Kona Qualifier Average	1:18:49	6:21:45	3:52:29	11:33:04
Top 10 Age Grouper Average	1:20:49	6:31:32	4:40:29	12:32:51

Western Australia 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:40:11	2:45:23	8:16:00
Female Winner	0:50:48	5:00:35	3:12:12	9:03:37
1st Age Grouper	1:04:59	5:45:41	3:51:56	10:42:38
2nd Age Grouper	1:09:38	5:59:30	3:33:52	10:43:02
3rd Age Grouper	1:01:54	5:50:59	4:05:10	10:58:04
4th Age Grouper	0:57:28	5:59:20	4:08:21	11:05:10
5th Age Grouper	1:03:12	6:23:05	3:52:23	11:18:42
6th Age Grouper	1:01:20	5:38:52	4:43:55	11:24:07
7th Age Grouper	1:12:54	5:44:18	4:27:31	11:24:44
8th Age Grouper	1:04:08	6:07:52	4:24:52	11:36:53
9th Age Grouper	1:07:51	6:06:54	4:24:28	11:39:14
10th Age Grouper	1:08:34	6:28:30	4:11:48	11:48:54
Kona Qualifier Average	1:07:18	5:52:35	3:42:54	10:42:50
Top 10 Age Grouper Average	1:05:11	6:00:30	4:10:25	11:16:08