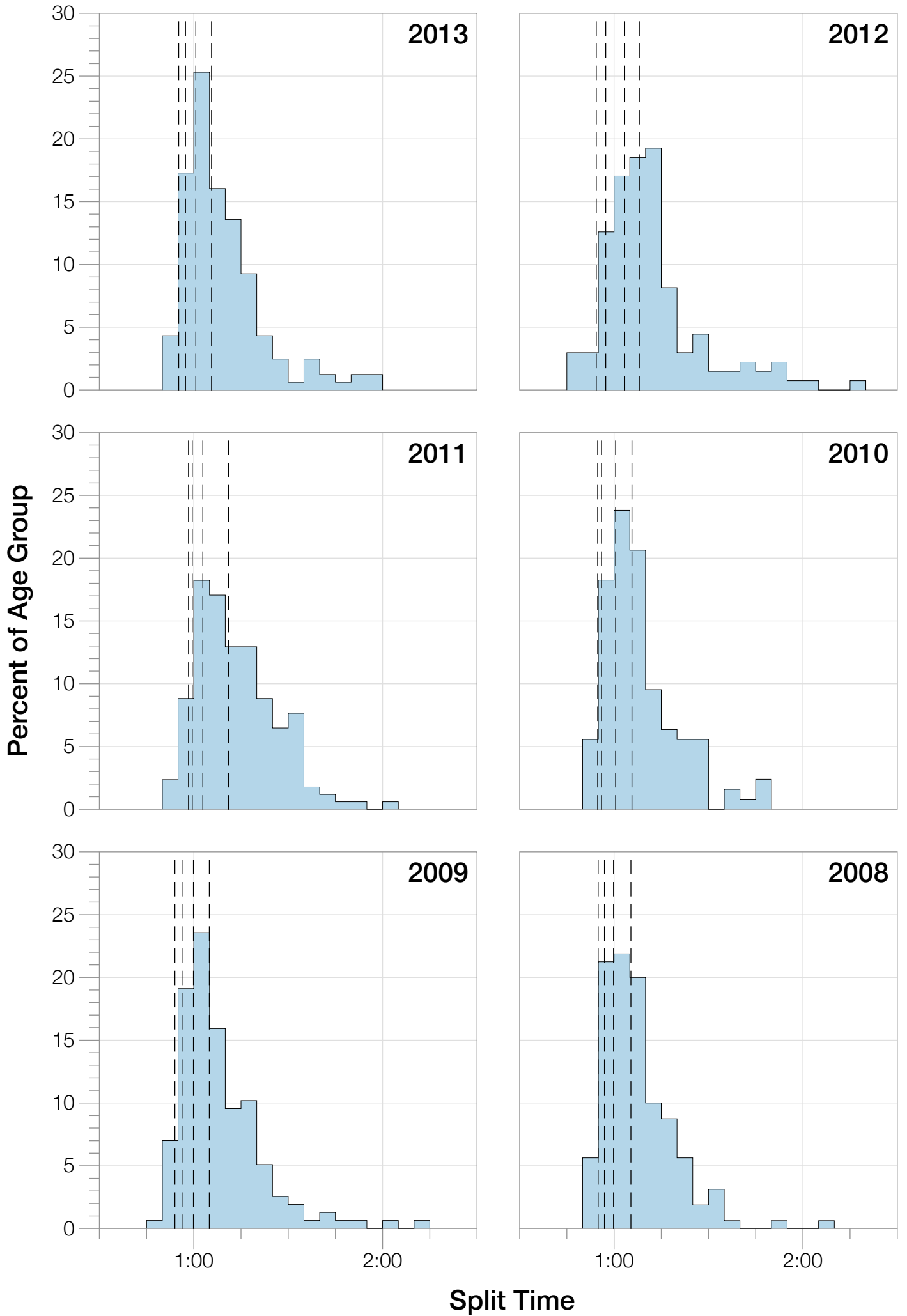


Ironman Western Australia M30-34 Stats

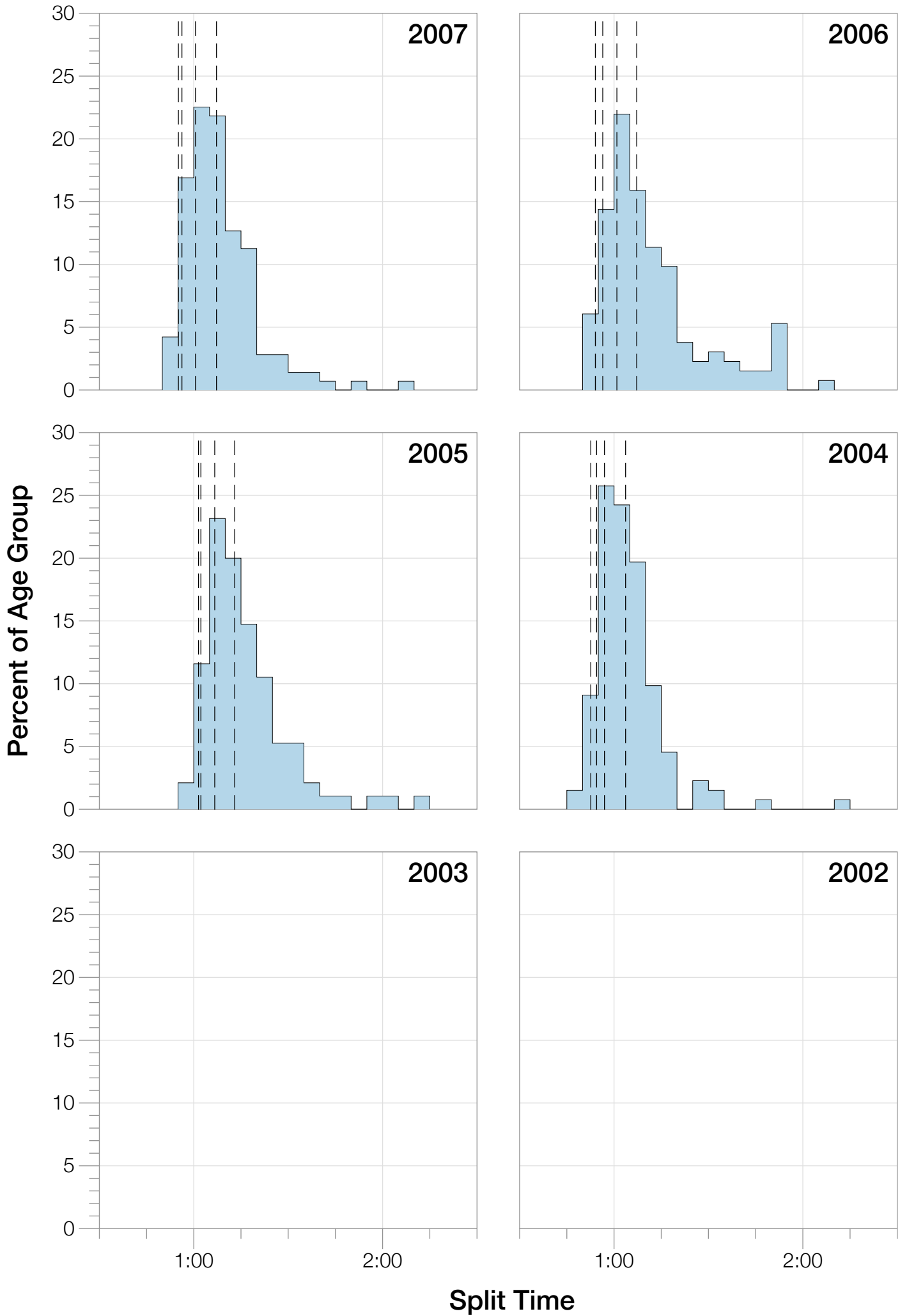
M30-34 Summary Statistics

Year	Finishers	M30-34 Finishers	Male Winner's Time	Female Winner's Time	M30-34 Winner's Time
2004	779	132	8:16:00	9:03:37	9:01:11
2005	588	95	8:27:36	9:31:32	9:31:33
2006	768	133	8:08:57	9:10:01	9:12:55
2007	901	142	8:06:00	9:00:55	8:40:23
2008	1029	160	8:07:06	8:59:24	8:58:25
2009	1124	157	8:13:59	9:16:52	9:10:28
2010	998	126	8:14:01	9:19:44	8:55:47
2011	1180	170	8:12:39	9:25:38	9:09:57
2012	1240	135	8:29:06	9:13:00	8:48:29
2013	1330	162	8:08:16	8:59:44	8:50:52
Average	994	141	8:14:22	9:12:02	9:02:00

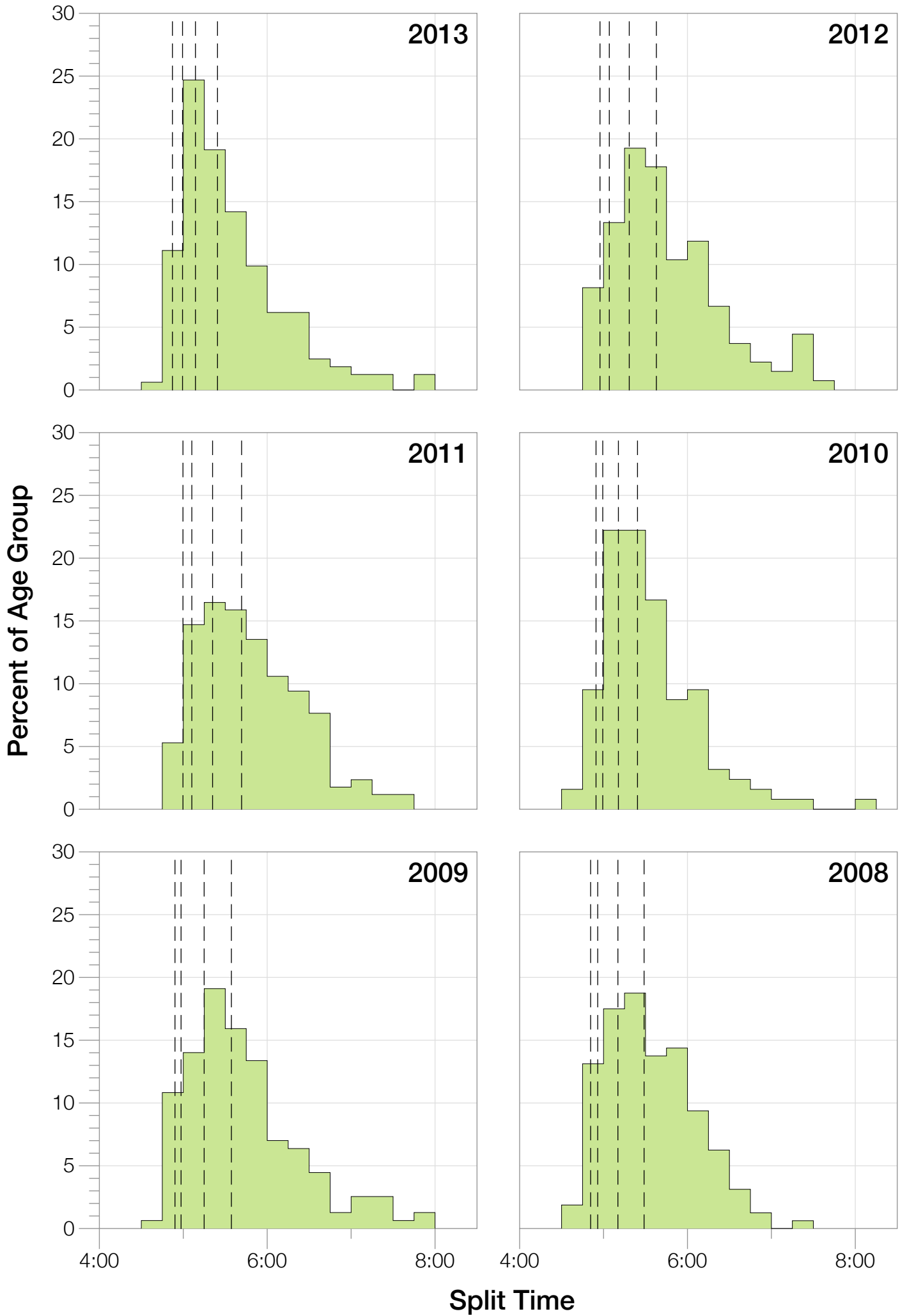
M30-34 Swim



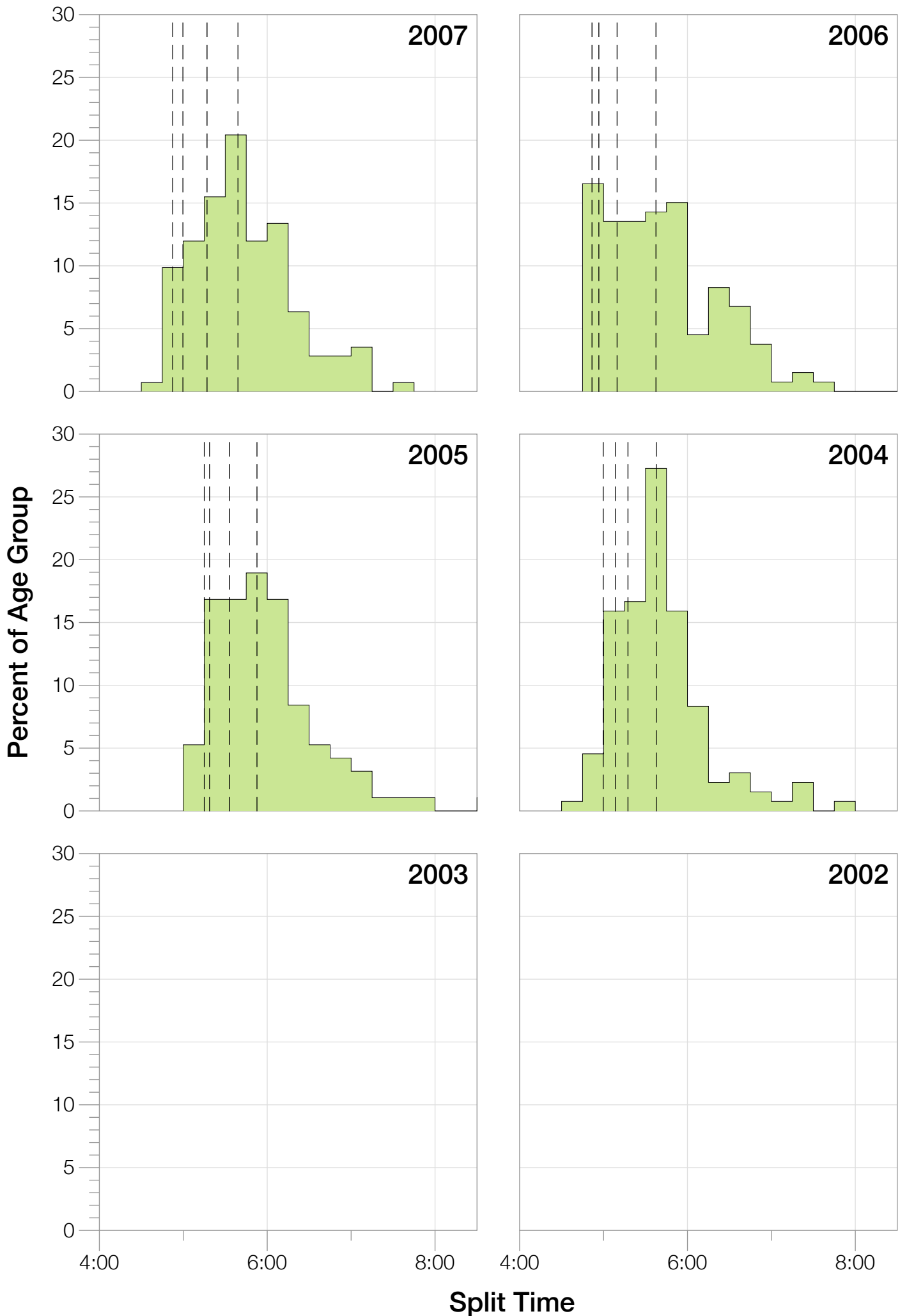
M30-34 Swim



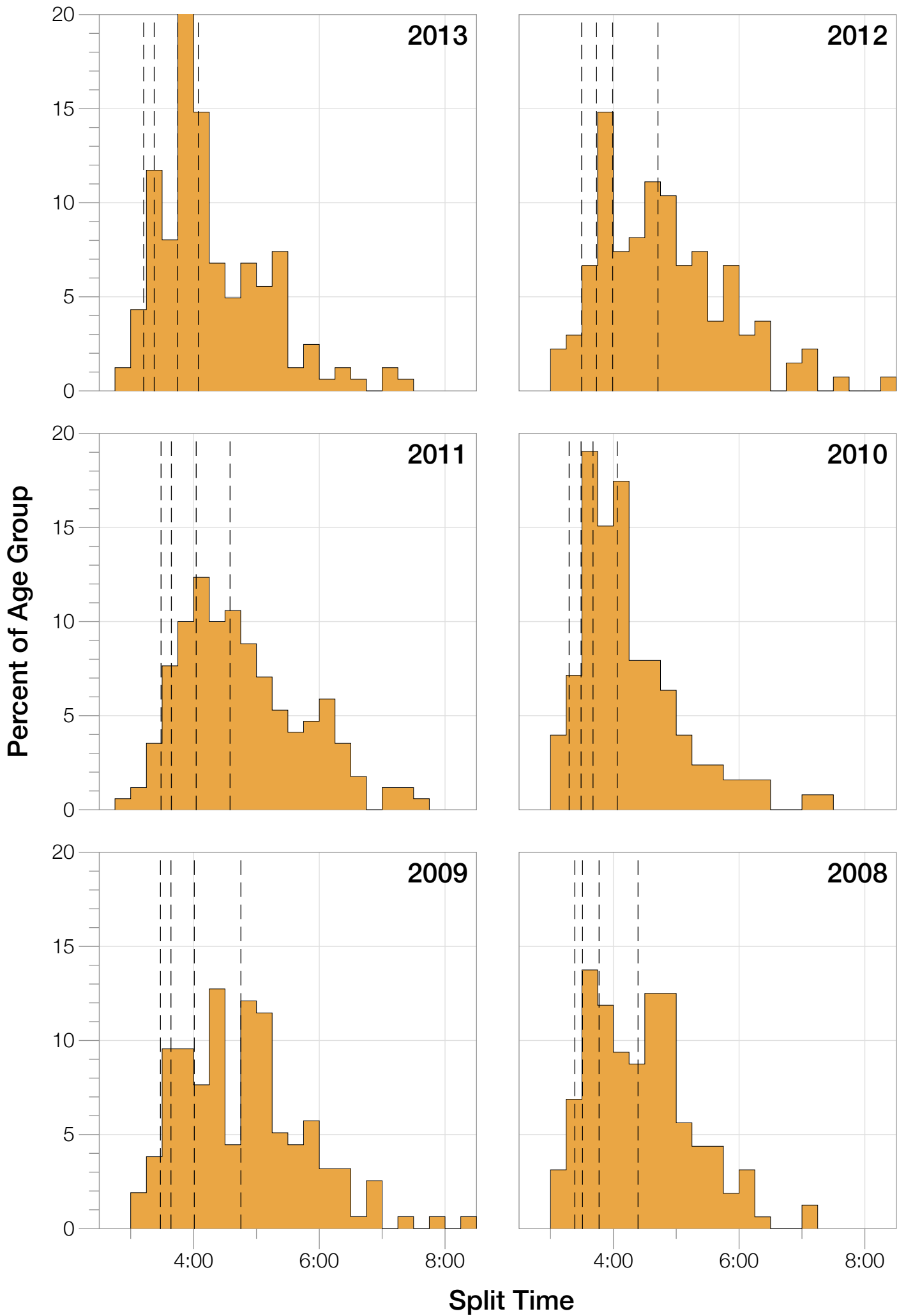
M30-34 Bike



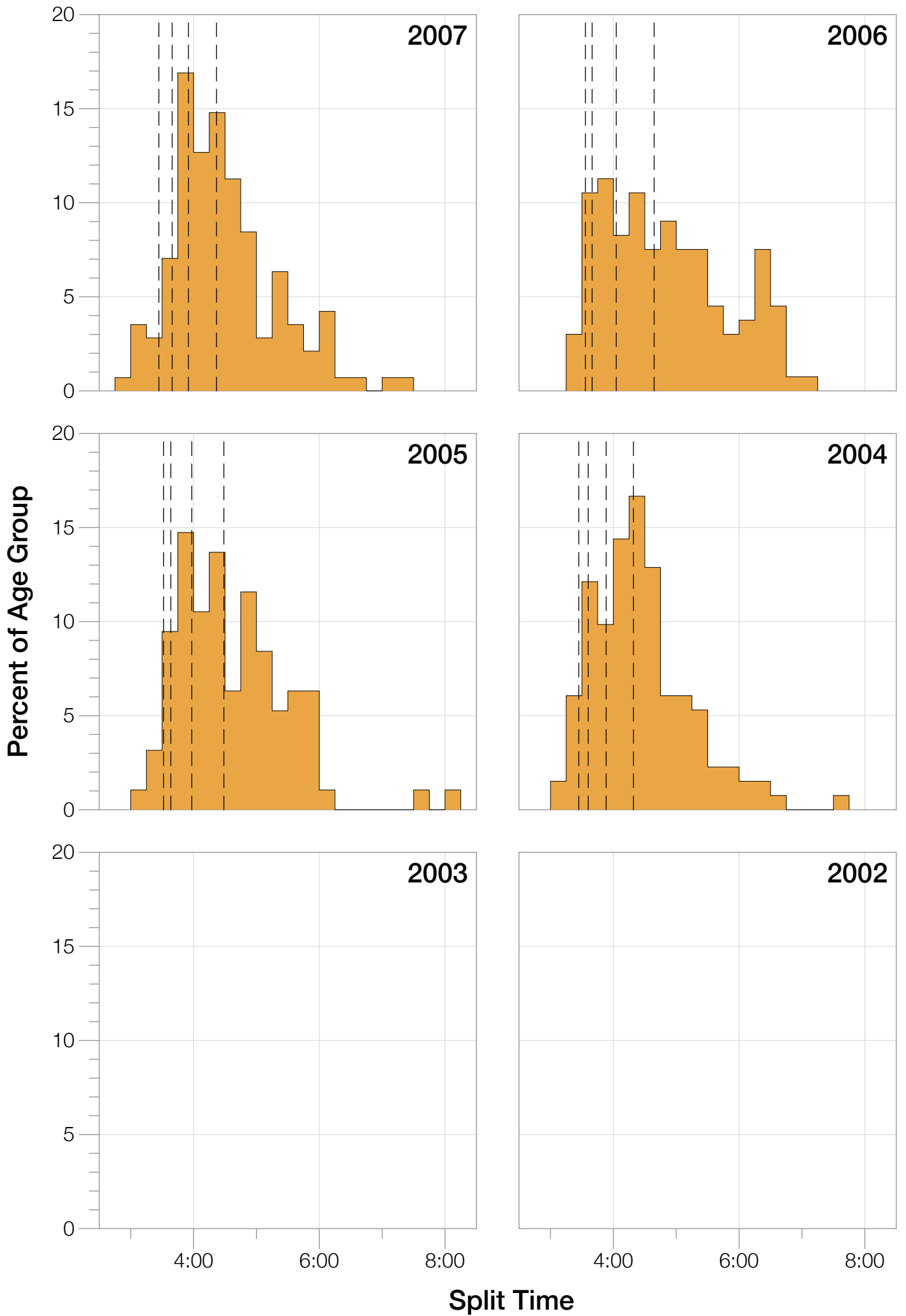
M30-34 Bike



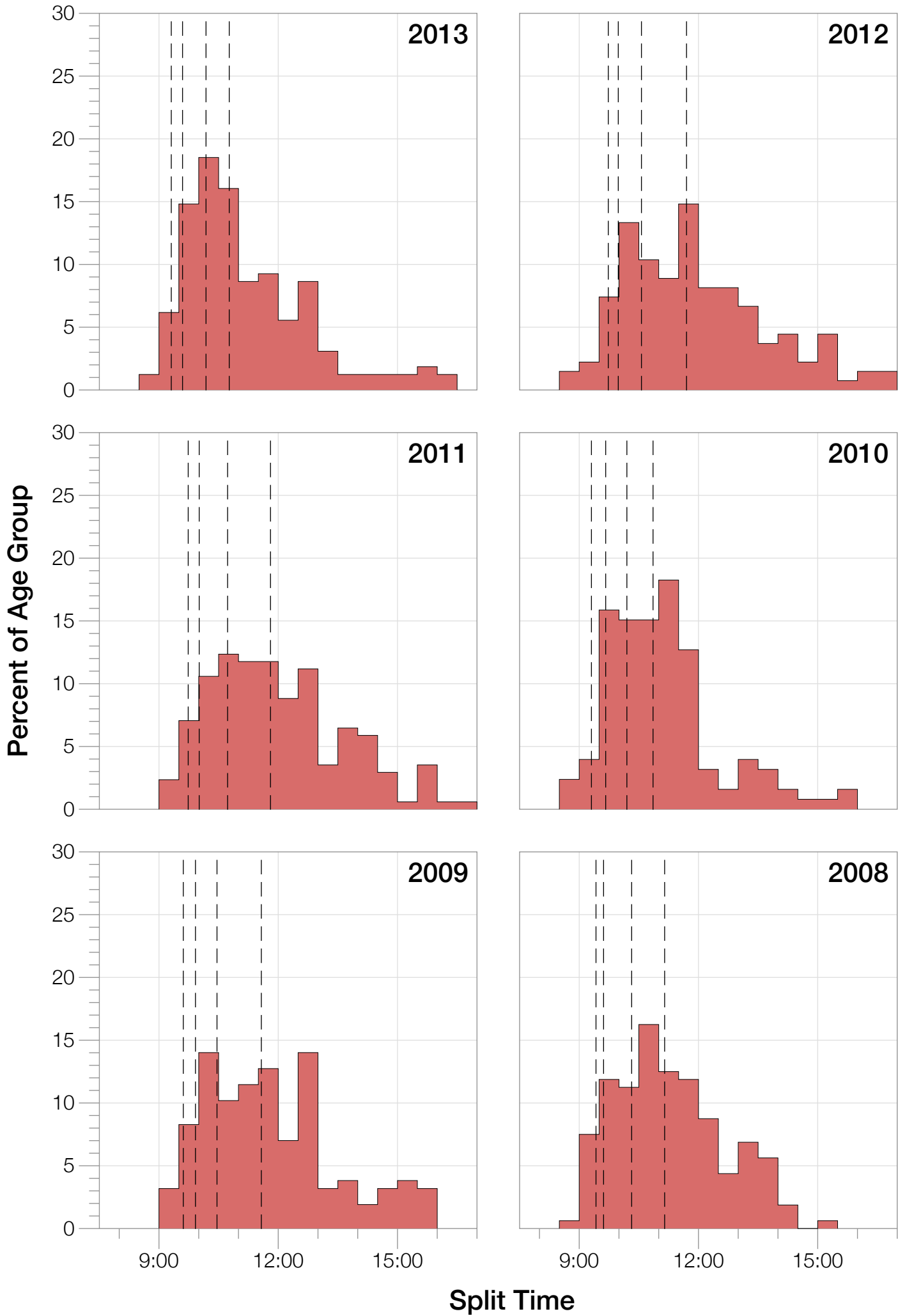
M30-34 Run



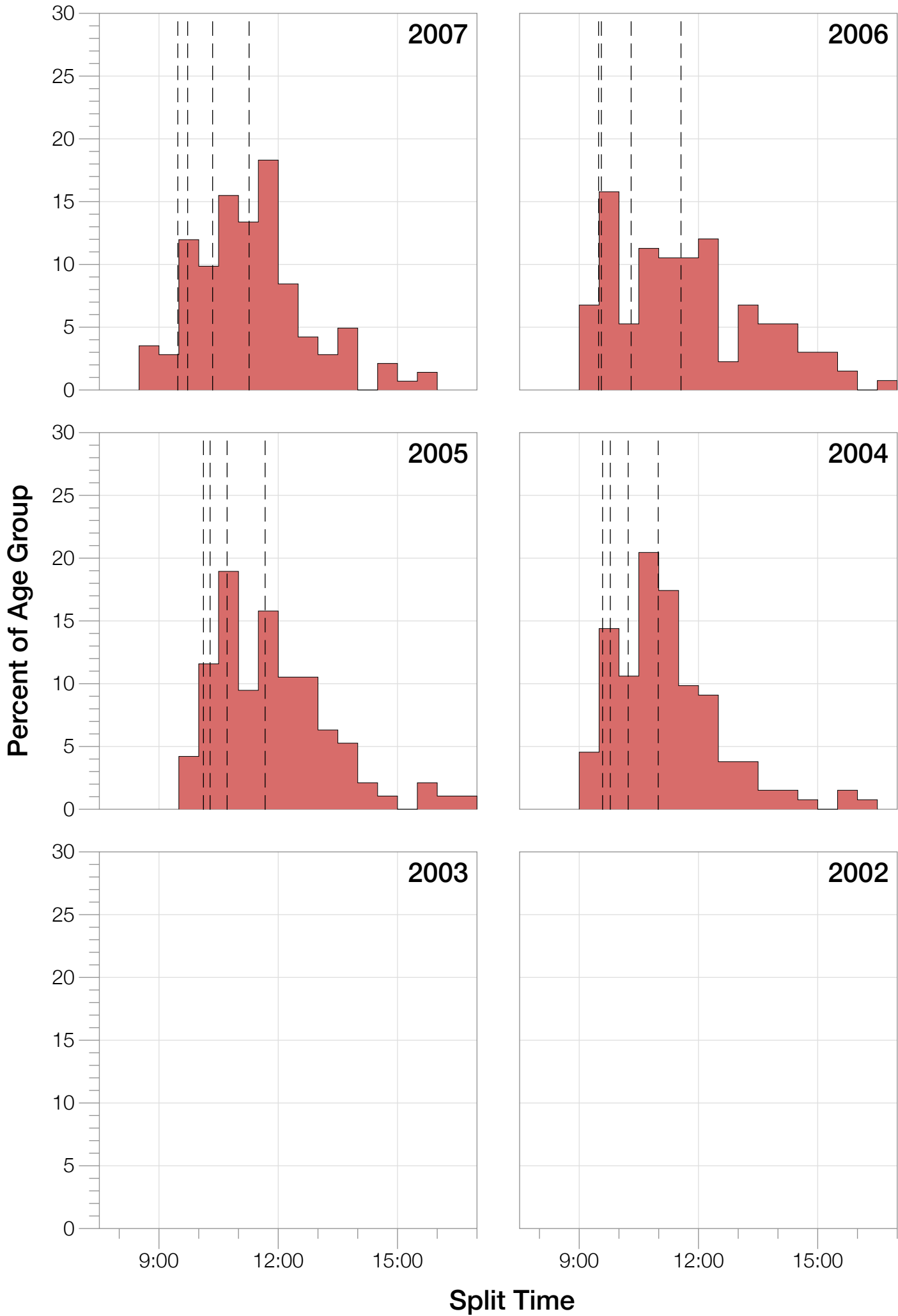
M30-34 Run



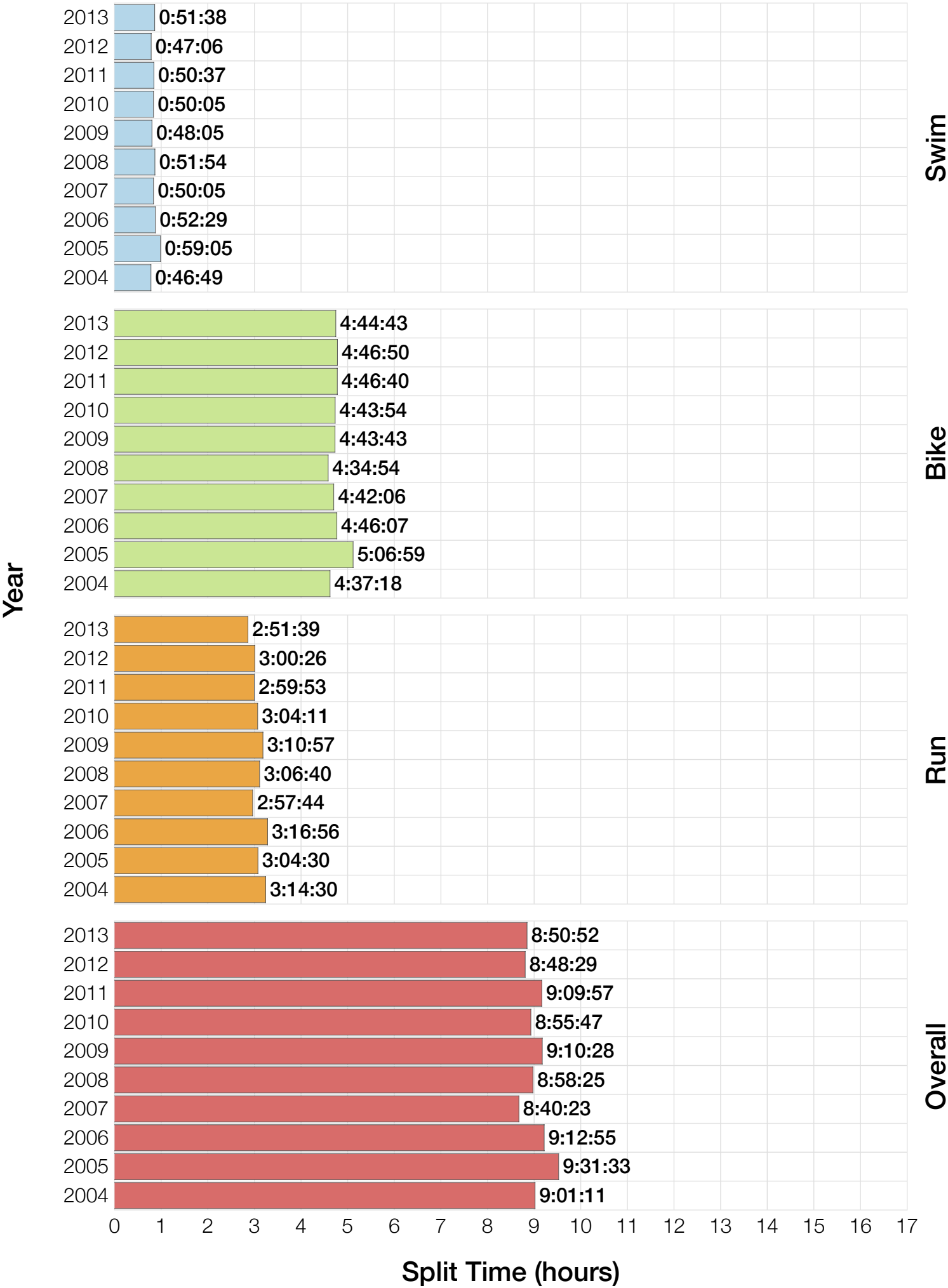
M30-34 Overall



M30-34 Overall



M30-34 Fastest Splits



M30-34 Median Splits

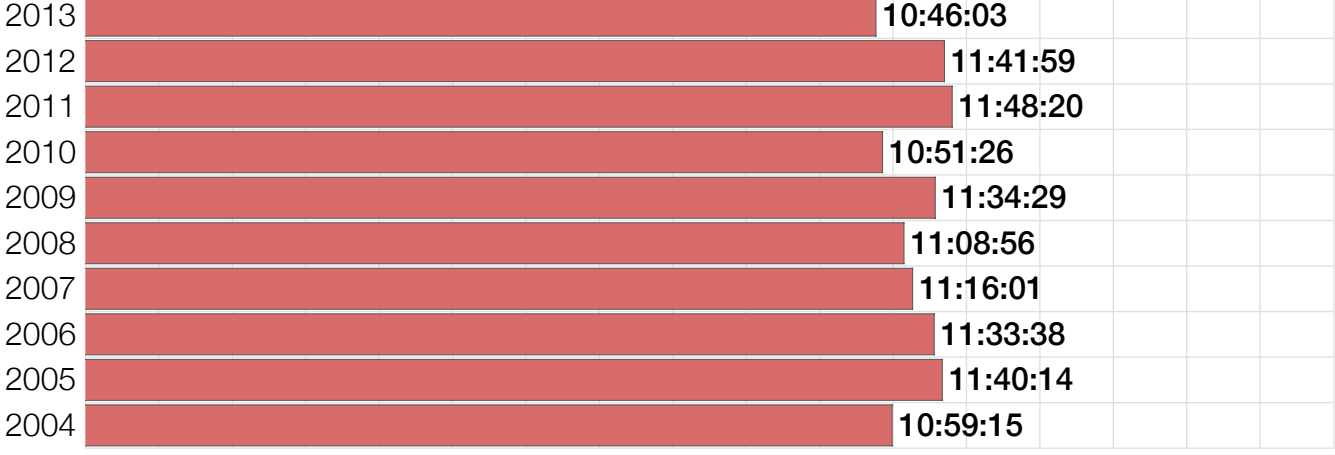
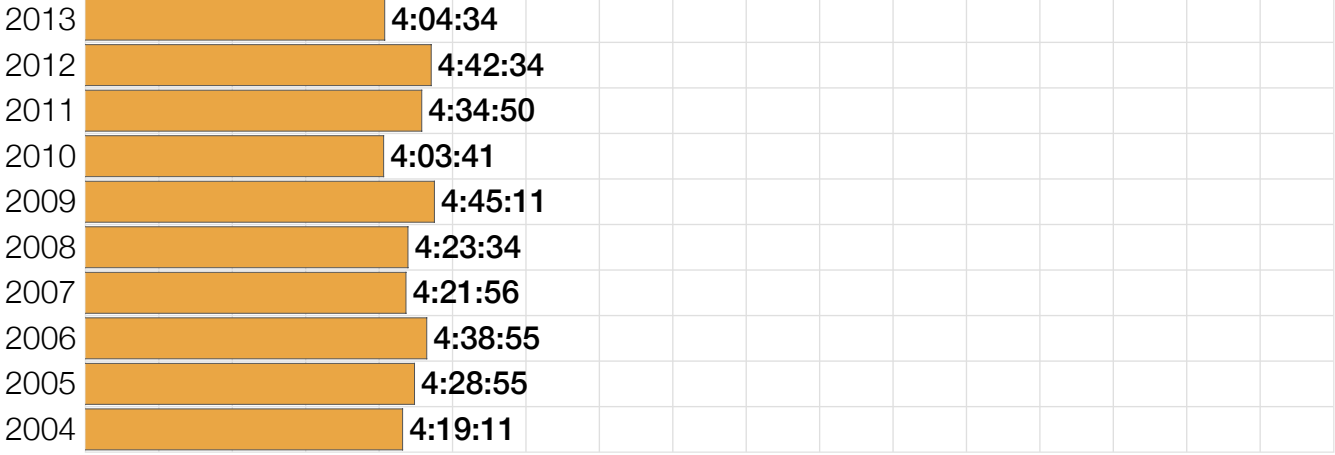
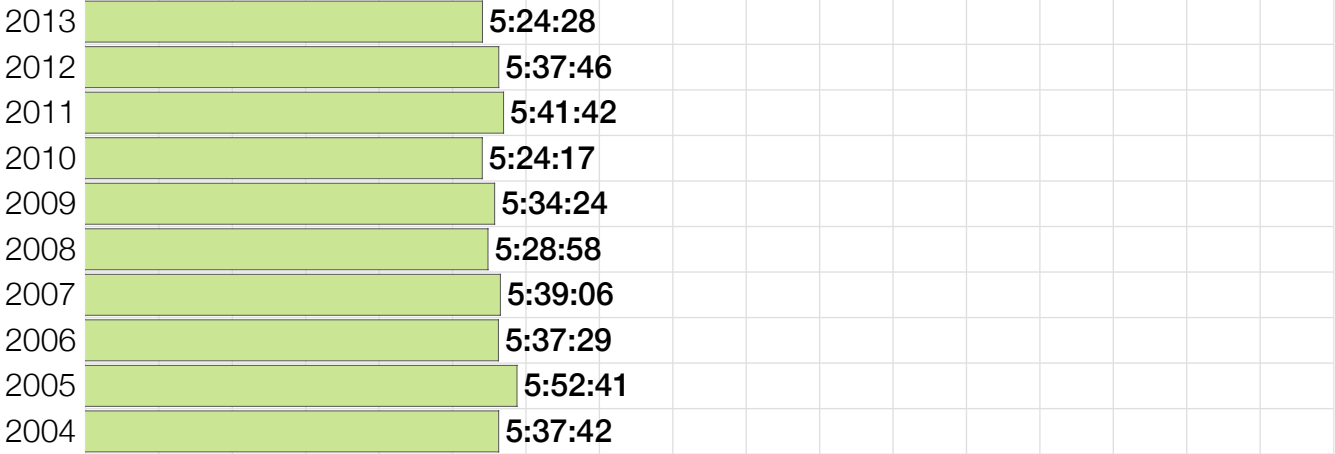
Year

Swim

Bike

Run

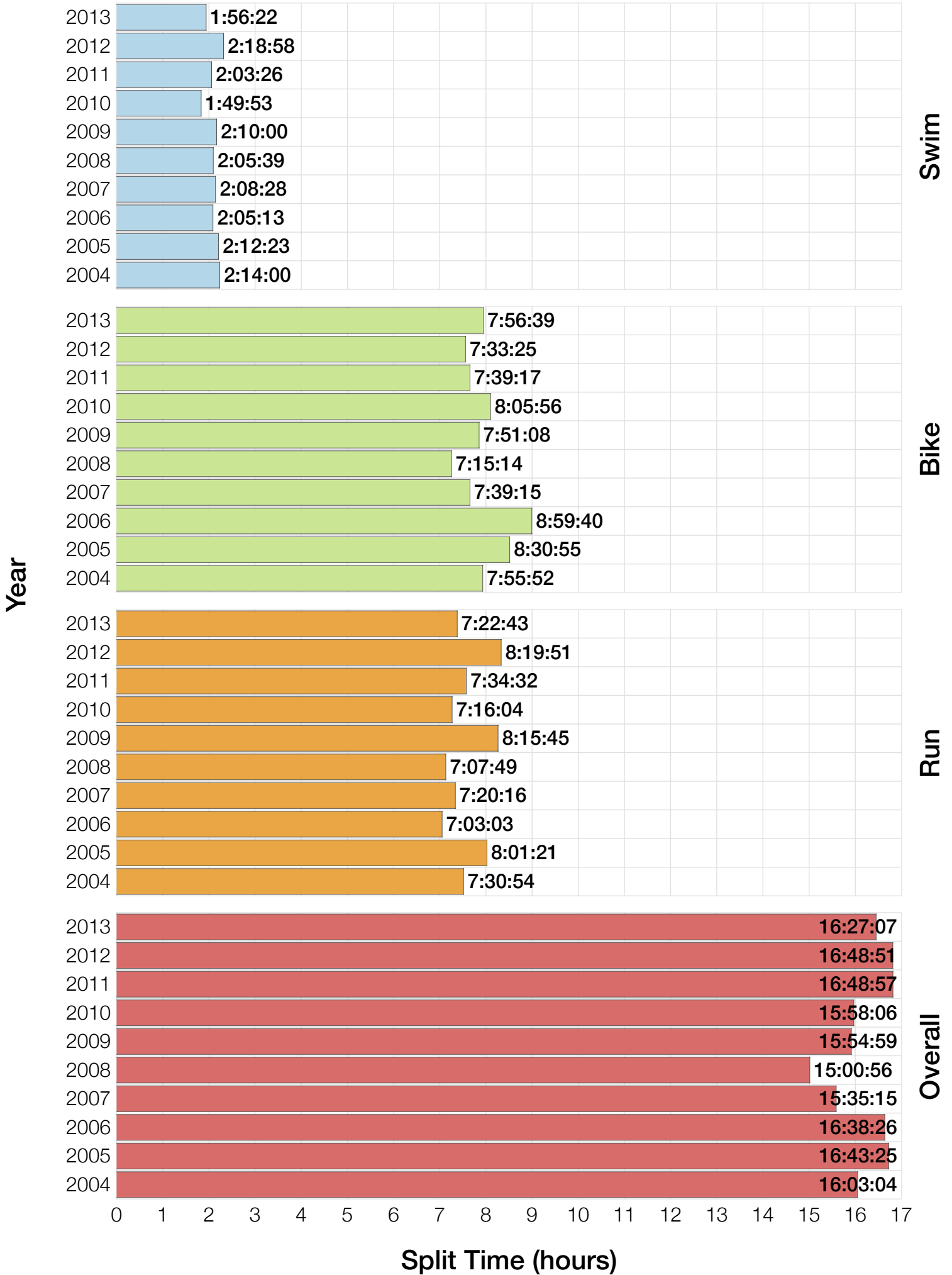
Overall



0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

Split Time (hours)

M30-34 Slowest Splits



M30-34 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:50:17	4:31:44	2:50:22	8:14:22
Average Female Winner	0:55:43	4:59:46	3:14:15	9:12:02
Average 1st Age Grouper	0:57:32	4:53:51	3:07:41	9:02:00
Average 2nd Age Grouper	0:58:18	4:53:14	3:13:38	9:08:12
Average 3rd Age Grouper	0:57:09	4:56:17	3:18:27	9:14:27
Average 4th Age Grouper	0:57:46	4:52:11	3:25:17	9:18:05
Average 5th Age Grouper	0:59:13	4:56:19	3:23:56	9:22:28
Average 6th Age Grouper	0:57:33	5:01:10	3:24:47	9:26:40
Average 7th Age Grouper	1:00:46	5:01:54	3:25:51	9:31:33
Average 8th Age Grouper	1:00:03	5:00:24	3:31:42	9:35:31
Average 9th Age Grouper	0:57:45	5:01:33	3:34:43	9:37:37
Average 10th Age Grouper	0:58:55	5:01:49	3:35:32	9:39:59
Kona Qualifier Average	0:57:40	4:54:27	3:13:15	9:08:13
Top 10 Age Grouper Average	0:58:30	4:57:52	3:24:09	9:23:39

Western Australia 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:03	4:29:17	2:48:18	8:08:16
Female Winner	0:57:11	4:58:21	3:00:37	8:59:44
1st Age Grouper	1:02:05	4:52:16	2:51:39	8:50:52
2nd Age Grouper	1:04:28	4:44:43	3:03:12	8:57:31
3rd Age Grouper	0:52:29	4:54:32	3:11:34	9:02:28
4th Age Grouper	0:51:55	4:47:08	3:22:25	9:06:10
5th Age Grouper	1:00:25	4:59:34	3:04:47	9:11:07
6th Age Grouper	1:02:28	4:50:15	3:12:17	9:11:22
7th Age Grouper	1:02:26	4:56:33	3:12:04	9:15:28
8th Age Grouper	0:59:21	4:52:14	3:20:49	9:17:18
9th Age Grouper	0:53:59	4:45:07	3:34:46	9:18:17
10th Age Grouper	0:57:34	4:55:50	3:22:54	9:23:53
Kona Qualifier Average	0:59:40	4:50:30	3:02:08	8:56:57
Top 10 Age Grouper Average	0:58:43	4:51:49	3:13:38	9:09:26

Western Australia 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:51	4:38:38	2:54:42	8:29:06
Female Winner	1:02:13	5:00:11	3:06:10	9:13:00
1st Age Grouper	0:49:37	4:46:50	3:07:43	8:48:29
2nd Age Grouper	0:59:24	4:50:52	3:00:26	8:55:50
3rd Age Grouper	1:04:41	4:51:34	3:05:16	9:06:18
4th Age Grouper	0:54:35	4:53:00	3:25:19	9:17:46
5th Age Grouper	0:58:26	4:53:41	3:23:06	9:19:44
6th Age Grouper	0:47:06	5:10:56	3:30:25	9:33:14
7th Age Grouper	1:02:31	4:58:49	3:30:47	9:39:40
8th Age Grouper	0:53:48	4:59:07	3:45:20	9:45:41
9th Age Grouper	0:49:40	4:59:51	3:53:01	9:48:38
10th Age Grouper	0:57:08	4:54:58	3:54:51	9:51:38
Kona Qualifier Average	0:57:54	4:49:45	3:04:28	8:56:52
Top 10 Age Grouper Average	0:55:41	4:55:57	3:27:37	9:24:41

Western Australia 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:43	4:30:17	2:48:42	8:12:39
Female Winner	0:58:16	5:00:37	3:22:22	9:25:38
1st Age Grouper	1:05:41	4:58:00	2:59:53	9:09:57
2nd Age Grouper	0:58:26	4:58:24	3:11:19	9:14:59
3rd Age Grouper	0:52:10	5:17:21	3:07:24	9:22:29
4th Age Grouper	0:56:17	4:46:40	3:34:25	9:22:49
5th Age Grouper	1:03:37	5:00:10	3:22:58	9:32:17
6th Age Grouper	1:06:22	4:52:26	3:25:59	9:32:24
7th Age Grouper	0:55:06	5:06:35	3:28:05	9:33:48
8th Age Grouper	1:01:17	4:49:15	3:44:37	9:41:17
9th Age Grouper	0:58:35	4:58:17	3:37:28	9:42:42
10th Age Grouper	0:58:37	5:06:12	3:33:33	9:45:50
Kona Qualifier Average	0:58:45	5:04:35	3:06:12	9:15:48
Top 10 Age Grouper Average	0:59:36	4:59:20	3:24:34	9:29:51

Western Australia 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:05	4:28:52	2:52:53	8:14:01
Female Winner	1:01:43	4:53:53	3:20:42	9:19:44
1st Age Grouper	0:51:04	4:50:46	3:09:40	8:55:47
2nd Age Grouper	0:54:33	4:57:10	3:04:11	8:59:43
3rd Age Grouper	0:55:57	4:43:54	3:15:48	8:59:49
4th Age Grouper	0:56:31	4:46:13	3:20:16	9:06:52
5th Age Grouper	1:01:32	4:43:55	3:18:04	9:07:49
6th Age Grouper	0:51:20	4:56:51	3:17:44	9:10:09
7th Age Grouper	0:57:36	4:59:15	3:14:49	9:15:36
8th Age Grouper	0:56:00	4:57:56	3:28:54	9:27:00
9th Age Grouper	0:57:51	5:04:32	3:26:25	9:36:36
10th Age Grouper	0:57:23	5:00:21	3:32:27	9:38:21
Kona Qualifier Average	0:53:51	4:50:36	3:09:53	8:58:26
Top 10 Age Grouper Average	0:55:58	4:54:05	3:18:49	9:13:46

Western Australia 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:33	4:35:06	2:47:48	8:13:59
Female Winner	0:50:10	5:00:30	3:22:17	9:16:52
1st Age Grouper	0:51:36	4:57:43	3:15:57	9:10:28
2nd Age Grouper	1:00:32	4:52:12	3:21:02	9:19:18
3rd Age Grouper	0:58:11	5:06:35	3:13:56	9:22:00
4th Age Grouper	0:56:18	4:59:43	3:22:04	9:22:07
5th Age Grouper	0:57:03	4:43:43	3:38:13	9:23:03
6th Age Grouper	0:54:02	4:47:57	3:47:21	9:32:58
7th Age Grouper	0:59:53	4:56:10	3:32:07	9:33:17
8th Age Grouper	1:00:51	4:55:27	3:32:01	9:35:27
9th Age Grouper	0:58:40	5:04:39	3:29:03	9:37:01
10th Age Grouper	0:57:11	4:45:55	3:50:48	9:38:17
Kona Qualifier Average	0:56:46	4:58:50	3:16:58	9:17:15
Top 10 Age Grouper Average	0:57:25	4:55:00	3:30:15	9:27:23

Western Australia 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:25:28	2:48:51	8:07:06
Female Winner	0:50:30	4:56:42	3:09:06	8:59:24
1st Age Grouper	0:56:26	4:46:43	3:11:15	8:58:25
2nd Age Grouper	0:53:28	4:49:38	3:21:42	9:08:37
3rd Age Grouper	0:54:52	4:34:54	3:36:12	9:09:53
4th Age Grouper	0:58:23	4:48:07	3:20:28	9:12:18
5th Age Grouper	0:51:54	4:50:49	3:28:35	9:16:18
6th Age Grouper	0:58:18	4:58:49	3:14:52	9:16:56
7th Age Grouper	0:58:24	4:54:22	3:22:18	9:20:22
8th Age Grouper	1:01:20	5:05:36	3:12:08	9:22:53
9th Age Grouper	0:58:31	4:58:55	3:23:31	9:25:27
10th Age Grouper	0:56:43	5:12:10	3:12:24	9:25:53
Kona Qualifier Average	0:54:55	4:43:45	3:23:03	9:05:38
Top 10 Age Grouper Average	0:56:49	4:54:00	3:20:20	9:15:42

Western Australia 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:32	4:29:03	2:48:25	8:06:00
Female Winner	0:54:16	5:01:34	3:05:05	9:00:55
1st Age Grouper	1:00:33	4:42:06	2:57:44	8:40:23
2nd Age Grouper	0:50:05	4:48:20	3:03:14	8:41:39
3rd Age Grouper	0:56:11	4:49:35	3:07:33	8:53:19
4th Age Grouper	1:05:47	4:45:29	3:05:18	8:56:34
5th Age Grouper	0:56:45	4:46:00	3:15:09	8:57:54
6th Age Grouper	0:59:59	4:57:46	3:04:59	9:02:44
7th Age Grouper	0:58:47	5:19:07	3:04:05	9:21:59
8th Age Grouper	1:02:38	4:58:56	3:26:48	9:28:22
9th Age Grouper	1:00:01	4:59:41	3:29:29	9:29:11
10th Age Grouper	0:57:53	4:47:43	3:45:02	9:30:38
Kona Qualifier Average	0:55:36	4:46:40	3:02:50	8:45:07
Top 10 Age Grouper Average	0:58:51	4:53:28	3:13:56	9:06:16

Western Australia 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:29:52	2:49:00	8:08:57
Female Winner	0:53:31	4:50:49	3:25:41	9:10:01
1st Age Grouper	0:58:31	4:50:23	3:24:01	9:12:55
2nd Age Grouper	0:59:52	4:48:11	3:31:17	9:19:20
3rd Age Grouper	1:08:12	4:52:40	3:24:56	9:25:48
4th Age Grouper	0:53:40	4:52:46	3:39:40	9:26:06
5th Age Grouper	0:58:43	5:06:21	3:21:22	9:26:26
6th Age Grouper	0:55:23	4:58:26	3:34:10	9:27:59
7th Age Grouper	0:58:09	4:47:33	3:43:31	9:29:13
8th Age Grouper	0:53:37	4:55:41	3:40:01	9:29:19
9th Age Grouper	0:58:24	4:54:39	3:36:22	9:29:25
10th Age Grouper	1:00:59	5:12:20	3:16:56	9:30:15
Kona Qualifier Average	1:02:11	4:50:24	3:26:44	9:19:21
Top 10 Age Grouper Average	0:58:33	4:55:54	3:31:13	9:25:40

Western Australia 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:57:11	4:30:41	2:59:44	8:27:36
Female Winner	0:58:40	5:14:32	3:18:20	9:31:32
1st Age Grouper	1:07:07	5:19:56	3:04:30	9:31:33
2nd Age Grouper	1:01:28	5:14:18	3:25:00	9:40:46
3rd Age Grouper	1:02:03	5:18:11	3:20:56	9:41:10
4th Age Grouper	1:06:38	5:06:59	3:29:44	9:43:21
5th Age Grouper	1:07:07	5:10:26	3:43:43	10:01:16
6th Age Grouper	1:10:31	5:27:04	3:32:03	10:09:38
7th Age Grouper	1:17:54	5:15:30	3:37:47	10:11:11
8th Age Grouper	1:11:56	5:21:34	3:39:03	10:12:33
9th Age Grouper	1:05:45	5:31:57	3:35:03	10:12:45
10th Age Grouper	1:06:22	5:21:30	3:49:13	10:17:05
Kona Qualifier Average	1:03:32	5:17:28	3:16:48	9:37:49
Top 10 Age Grouper Average	1:07:41	5:18:44	3:31:42	9:58:07

Western Australia 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:40:11	2:45:23	8:16:00
Female Winner	0:50:48	5:00:35	3:12:12	9:03:37
1st Age Grouper	0:52:45	4:53:56	3:14:30	9:01:11
2nd Age Grouper	1:00:46	4:48:34	3:14:58	9:04:19
3rd Age Grouper	0:46:49	4:53:39	3:40:55	9:21:24
4th Age Grouper	0:57:45	4:55:51	3:33:15	9:26:52
5th Age Grouper	0:56:45	5:08:33	3:23:29	9:28:48
6th Age Grouper	0:50:01	5:11:17	3:28:00	9:29:19
7th Age Grouper	0:56:58	5:05:07	3:32:58	9:35:04
8th Age Grouper	0:59:45	5:08:20	3:27:21	9:35:27
9th Age Grouper	0:56:12	4:57:53	3:42:06	9:36:12
10th Age Grouper	0:59:28	5:01:18	3:37:18	9:38:06
Kona Qualifier Average	0:53:26	4:52:03	3:23:27	9:08:58
Top 10 Age Grouper Average	0:55:43	5:00:26	3:29:29	9:25:40