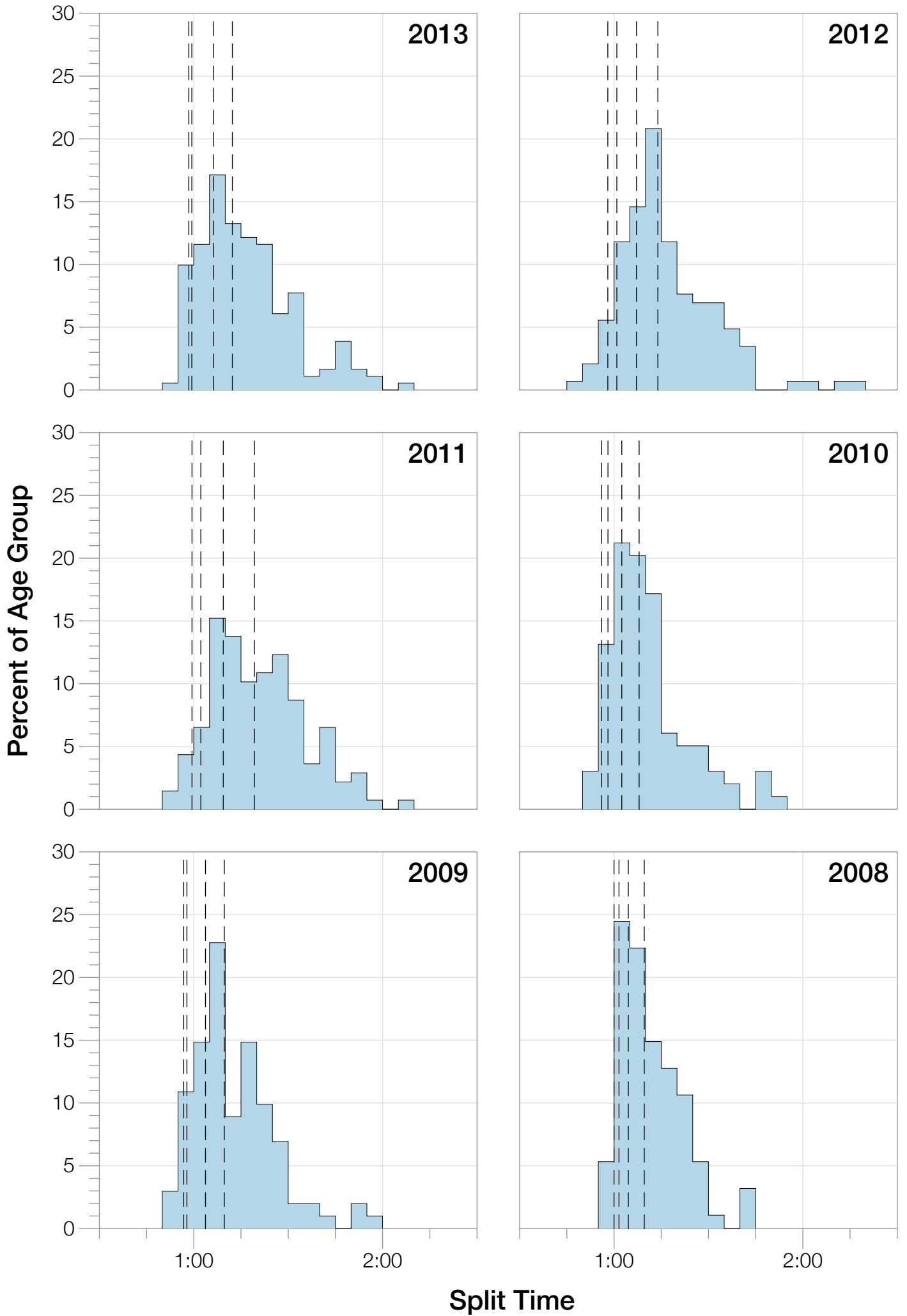


Ironman Western Australia M45-49 Stats

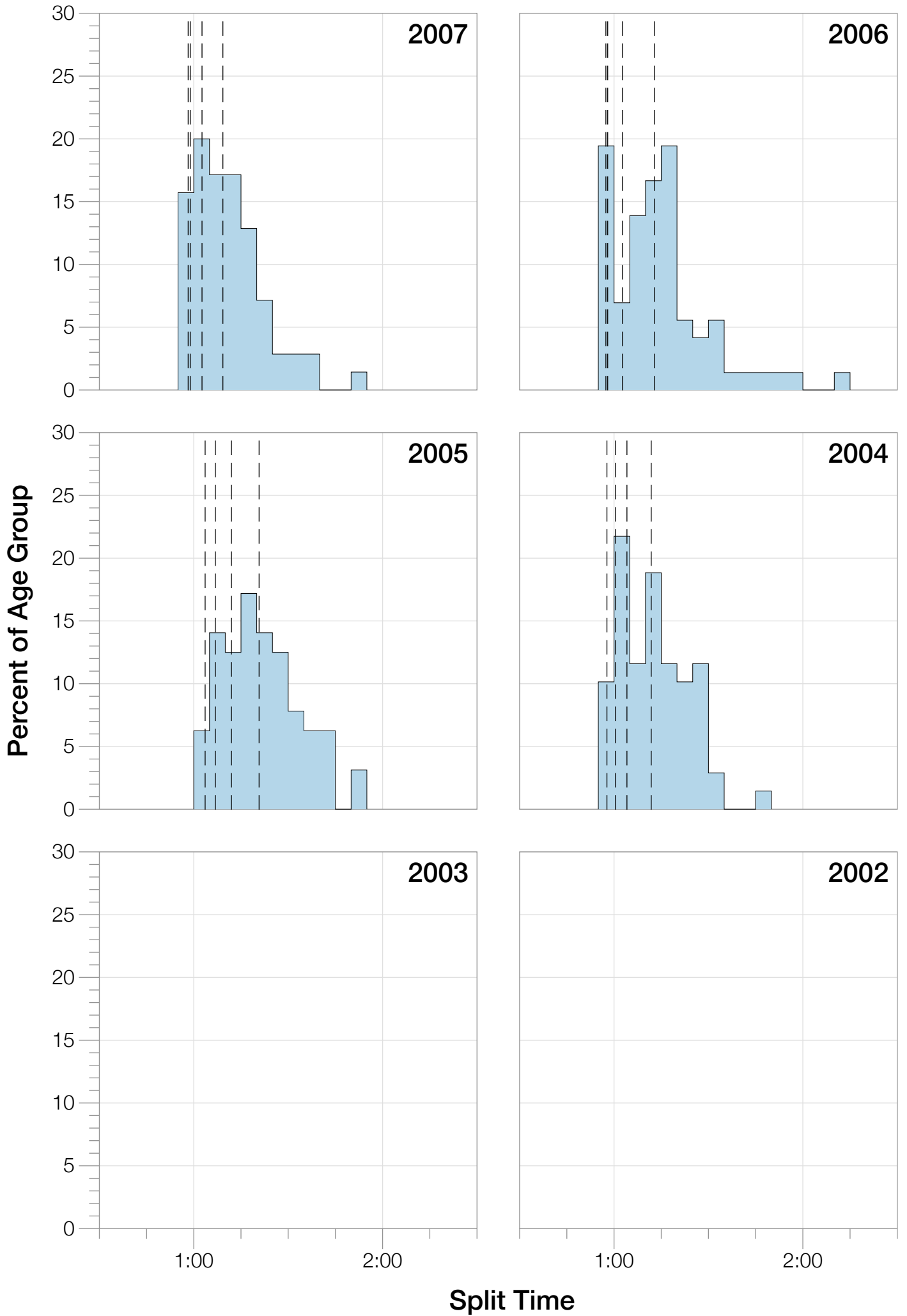
M45-49 Summary Statistics

Year	Finishers	M45-49 Finishers	Male Winner's Time	Female Winner's Time	M45-49 Winner's Time
2004	779	69	8:16:00	9:03:37	10:00:33
2005	588	64	8:27:36	9:31:32	9:34:43
2006	768	74	8:08:57	9:10:01	9:08:43
2007	901	70	8:06:00	9:00:55	8:55:10
2008	1029	94	8:07:06	8:59:24	9:07:08
2009	1124	102	8:13:59	9:16:52	9:16:29
2010	998	99	8:14:01	9:19:44	9:04:02
2011	1180	138	8:12:39	9:25:38	9:14:10
2012	1240	144	8:29:06	9:13:00	9:33:50
2013	1330	181	8:08:16	8:59:44	9:22:13
Average	994	104	8:14:22	9:12:02	9:19:42

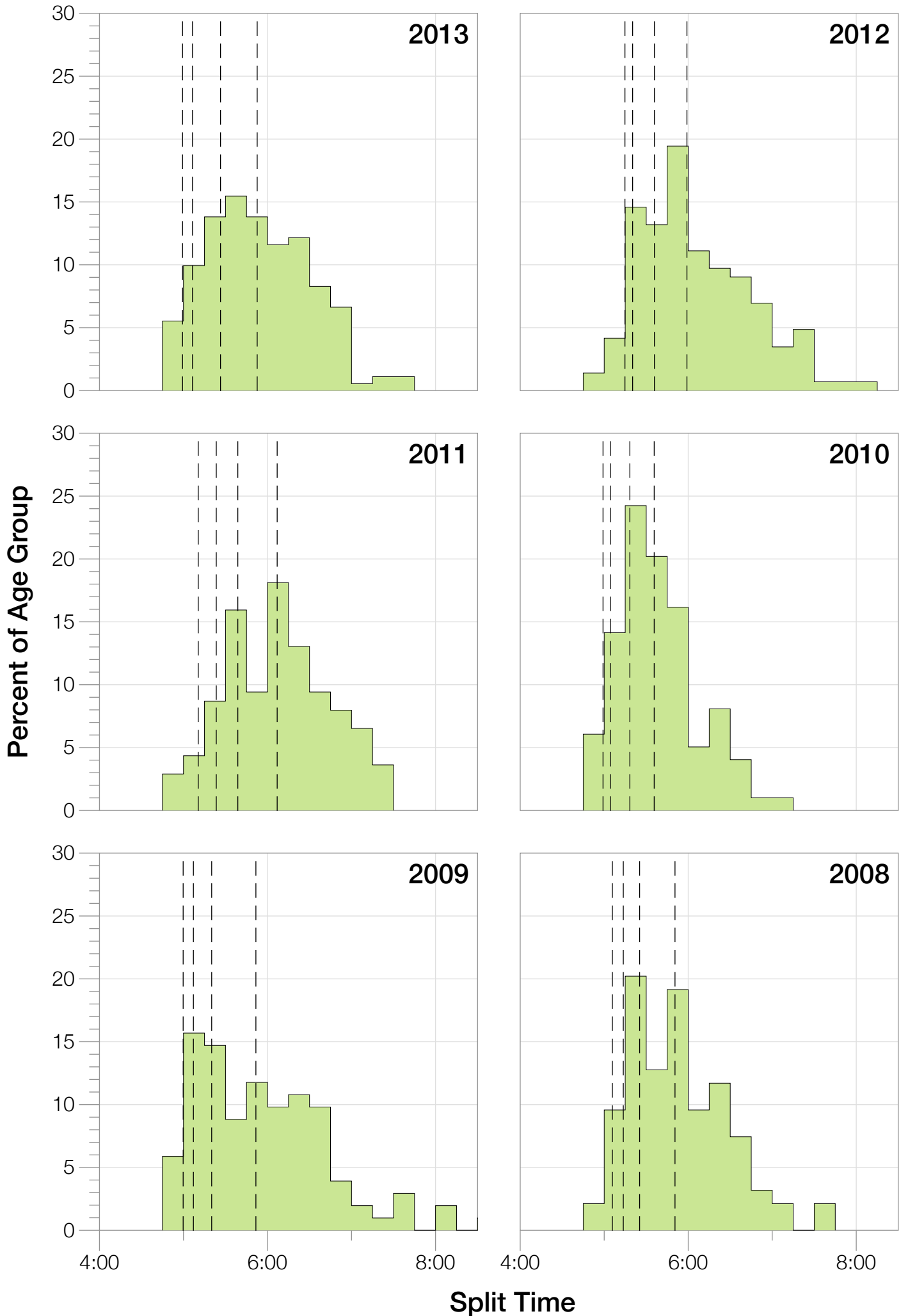
M45-49 Swim



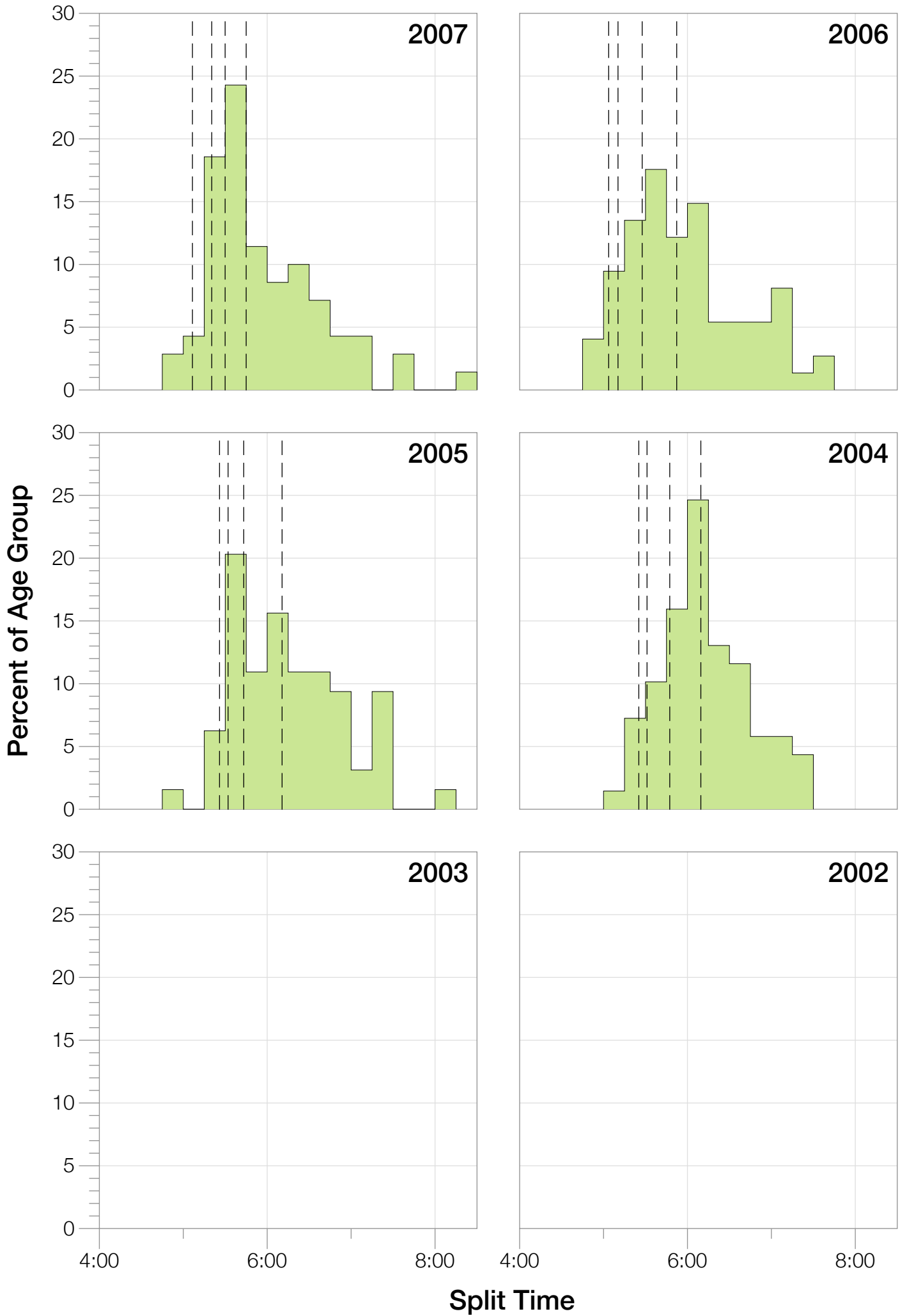
M45-49 Swim



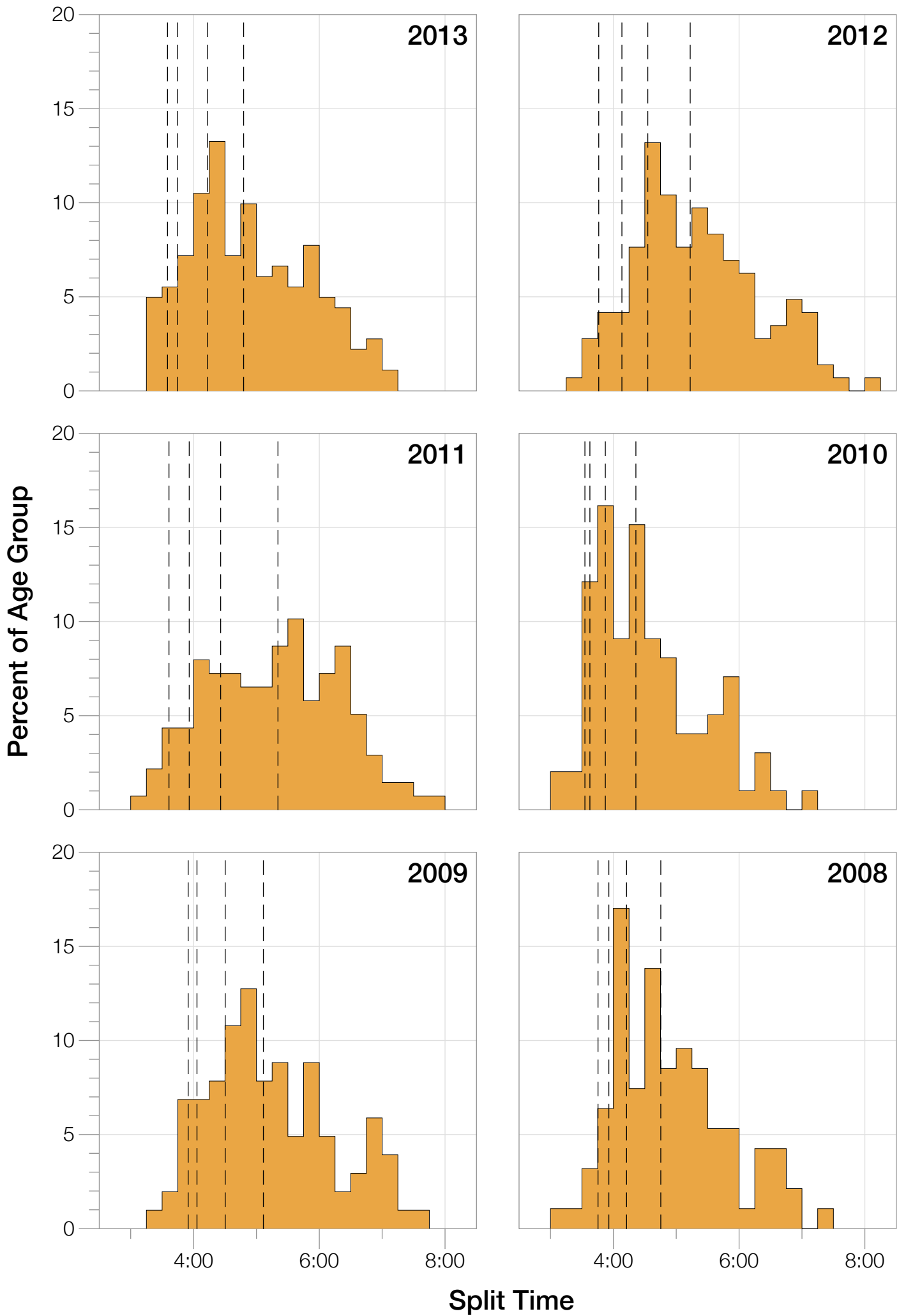
M45-49 Bike



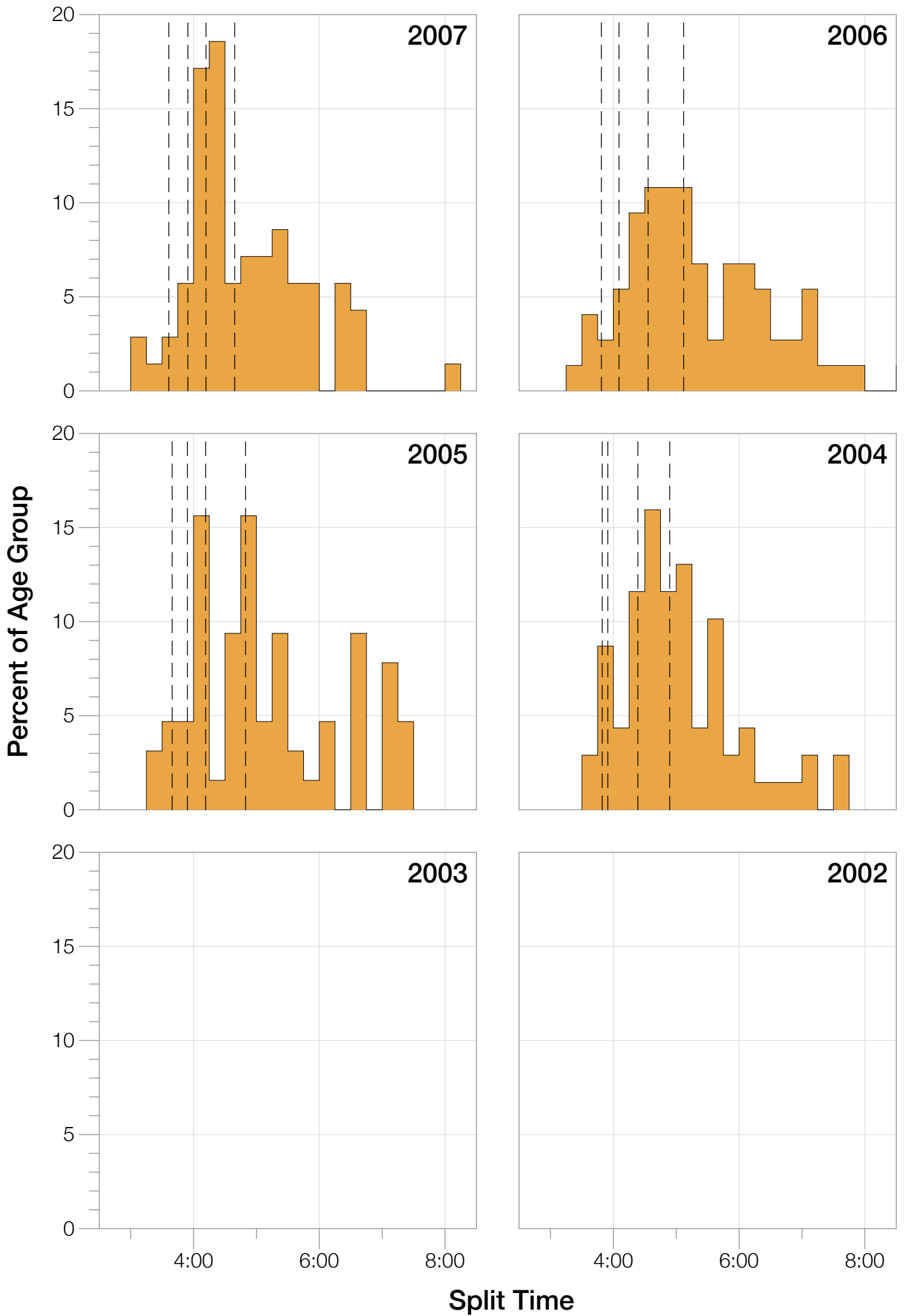
M45-49 Bike



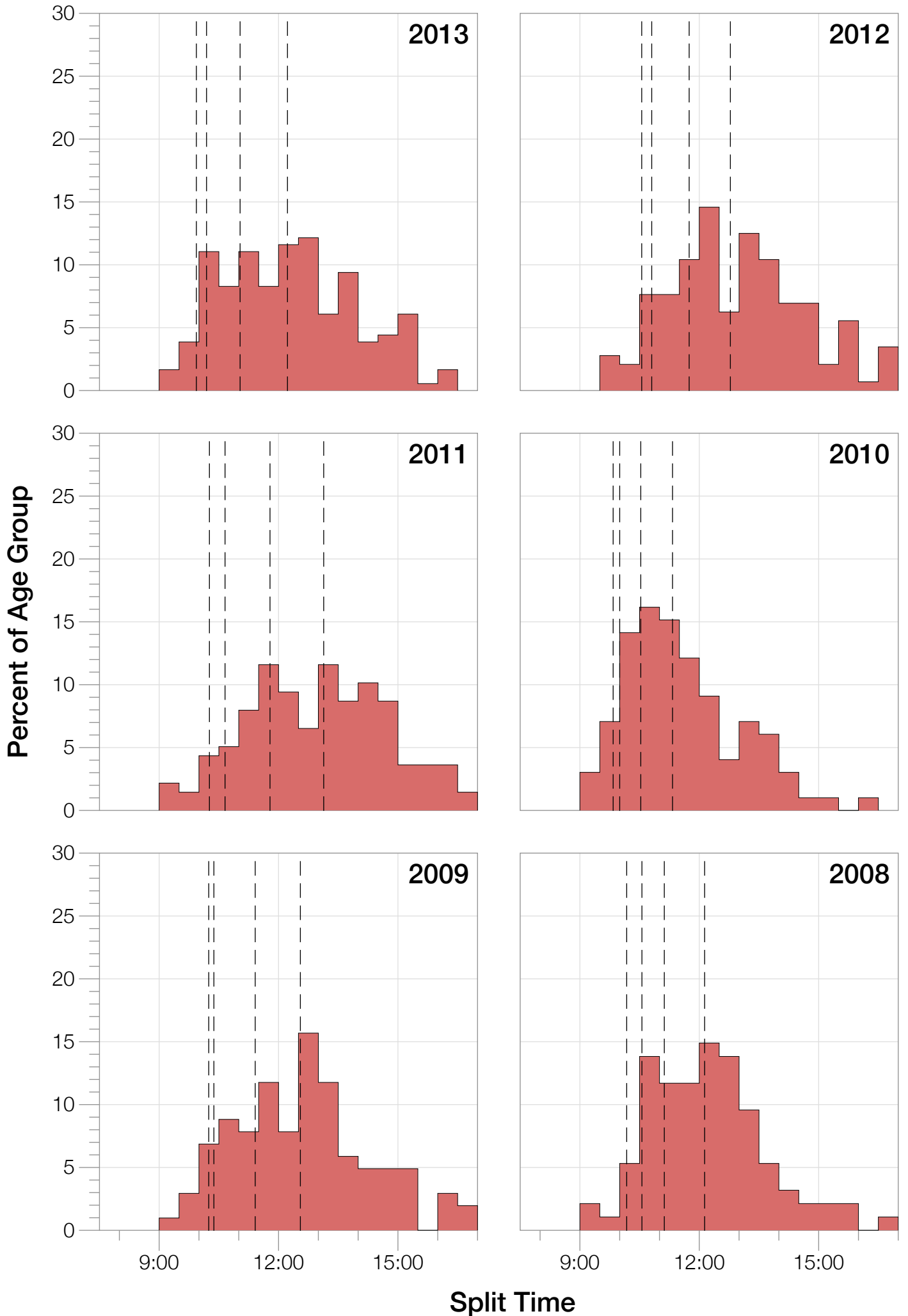
M45-49 Run



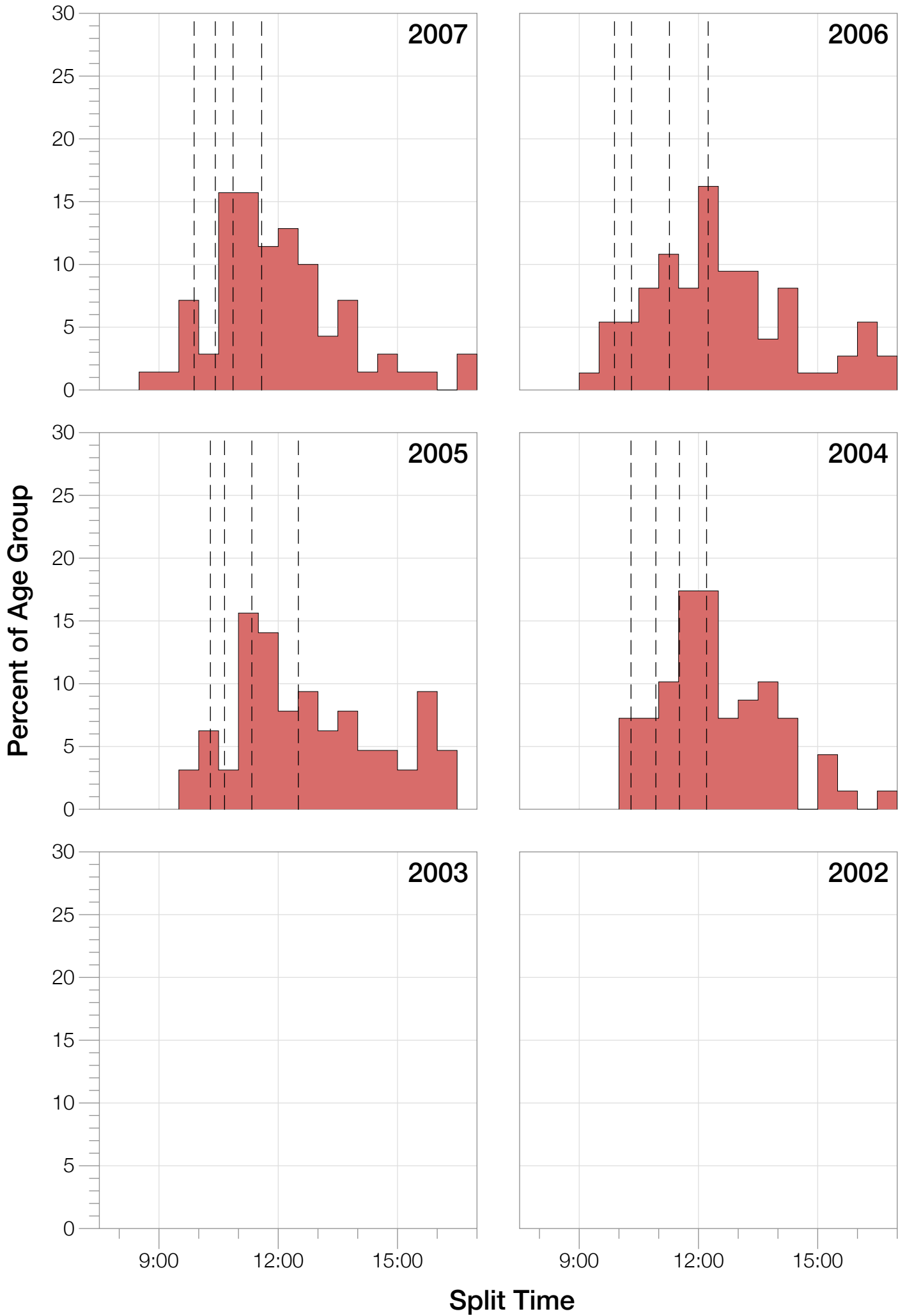
M45-49 Run



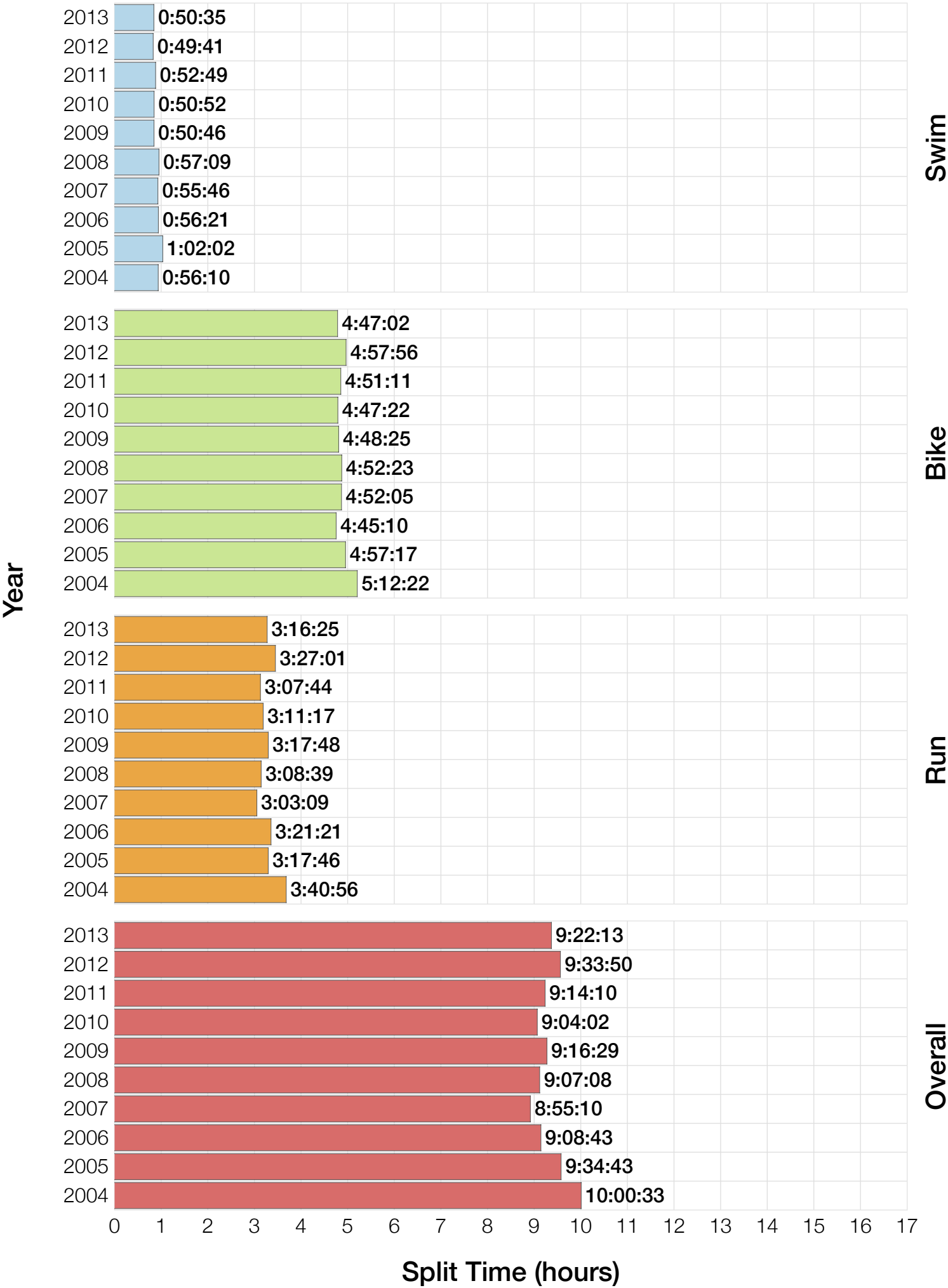
M45-49 Overall



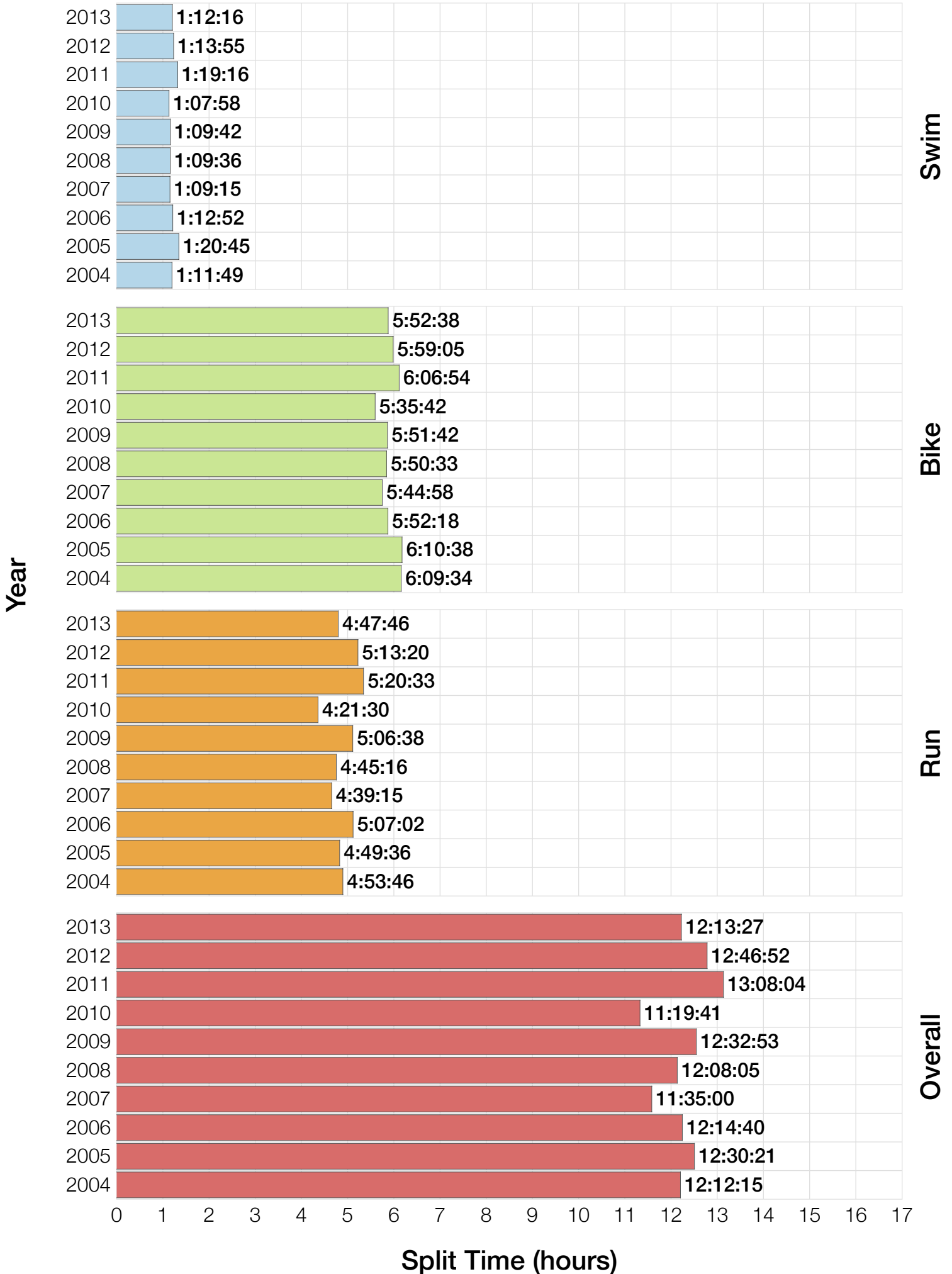
M45-49 Overall



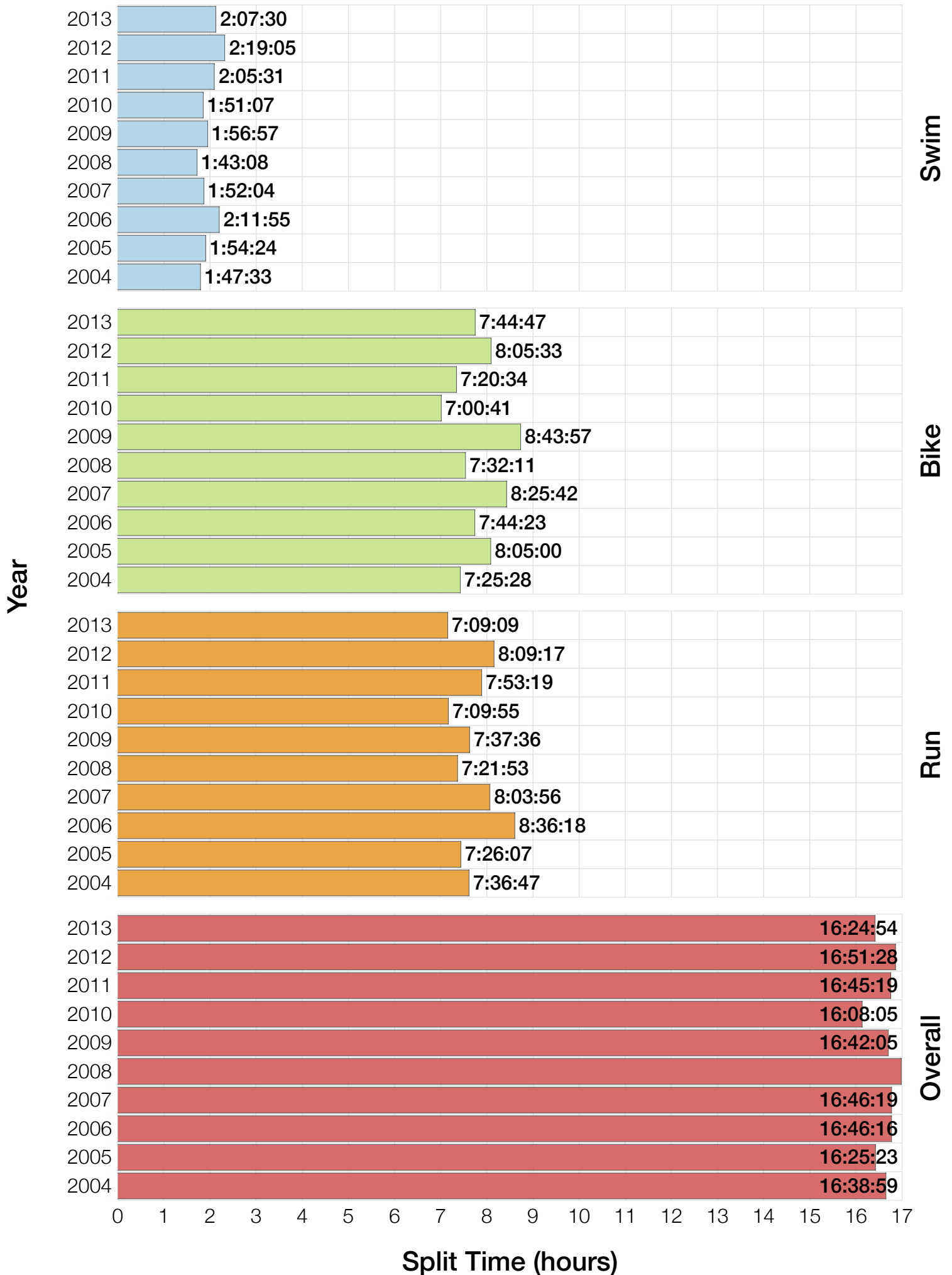
M45-49 Fastest Splits



M45-49 Median Splits

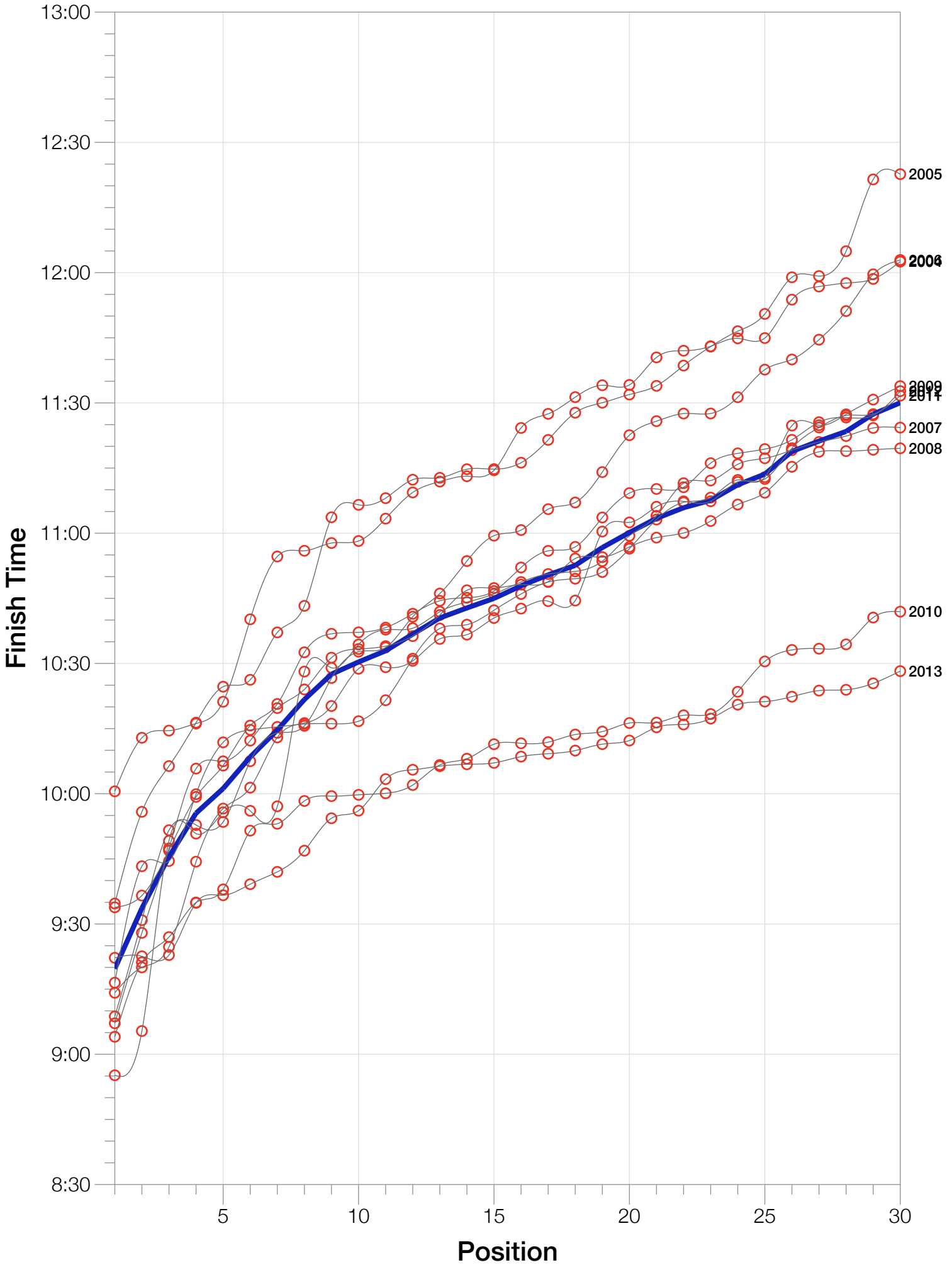


M45-49 Slowest Splits



M45-49 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M45-49 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:50:17	4:31:44	2:50:22	8:14:22
Average Female Winner	0:55:43	4:59:46	3:14:15	9:12:02
Average 1st Age Grouper	1:00:45	4:56:24	3:19:24	9:19:42
Average 2nd Age Grouper	1:01:04	5:02:43	3:26:14	9:33:38
Average 3rd Age Grouper	1:00:09	5:04:01	3:37:27	9:45:30
Average 4th Age Grouper	1:01:45	5:07:43	3:42:16	9:55:31
Average 5th Age Grouper	1:02:24	5:14:50	3:40:03	10:01:12
Average 6th Age Grouper	1:01:48	5:16:39	3:45:46	10:08:28
Average 7th Age Grouper	1:02:42	5:11:43	3:56:27	10:14:40
Average 8th Age Grouper	1:06:48	5:16:21	3:54:08	10:21:42
Average 9th Age Grouper	1:08:38	5:17:31	3:57:19	10:27:32
Average 10th Age Grouper	1:06:46	5:23:45	3:55:11	10:30:21
Kona Qualifier Average	1:00:39	5:01:03	3:27:41	9:32:57
Top 10 Age Grouper Average	1:03:17	5:11:10	3:43:25	10:01:49

Western Australia 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:03	4:29:17	2:48:18	8:08:16
Female Winner	0:57:11	4:58:21	3:00:37	8:59:44
1st Age Grouper	1:02:19	4:51:03	3:23:37	9:22:13
2nd Age Grouper	1:03:07	4:50:30	3:23:25	9:22:34
3rd Age Grouper	1:00:43	4:52:31	3:21:08	9:22:51
4th Age Grouper	0:59:23	5:05:35	3:21:43	9:34:52
5th Age Grouper	0:57:59	4:56:21	3:35:08	9:36:37
6th Age Grouper	1:02:58	5:12:56	3:16:25	9:39:10
7th Age Grouper	1:04:28	5:11:24	3:20:34	9:42:00
8th Age Grouper	1:02:11	4:59:19	3:39:46	9:46:53
9th Age Grouper	1:02:04	5:05:00	3:41:02	9:54:21
10th Age Grouper	1:07:31	5:18:58	3:22:30	9:56:06
Kona Qualifier Average	1:02:03	4:51:21	3:22:43	9:22:32
Top 10 Age Grouper Average	1:02:16	5:02:21	3:26:31	9:37:45

Western Australia 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:51	4:38:38	2:54:42	8:29:06
Female Winner	1:02:13	5:00:11	3:06:10	9:13:00
1st Age Grouper	0:53:08	5:03:33	3:31:04	9:33:50
2nd Age Grouper	0:56:02	4:57:56	3:35:16	9:36:33
3rd Age Grouper	1:03:34	5:07:34	3:27:01	9:46:56
4th Age Grouper	1:08:35	4:58:51	3:44:51	9:59:16
5th Age Grouper	0:59:33	5:14:43	3:45:08	10:06:29
6th Age Grouper	0:49:41	5:31:53	3:45:22	10:15:42
7th Age Grouper	0:59:27	5:04:56	4:08:49	10:20:40
8th Age Grouper	1:09:18	5:20:08	3:57:29	10:32:34
9th Age Grouper	1:07:14	5:20:39	4:01:47	10:36:50
10th Age Grouper	1:13:35	5:35:25	3:38:33	10:37:10
Kona Qualifier Average	0:57:34	5:03:01	3:31:07	9:39:06
Top 10 Age Grouper Average	1:02:00	5:13:33	3:45:32	10:08:36

Western Australia 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:43	4:30:17	2:48:42	8:12:39
Female Winner	0:58:16	5:00:37	3:22:22	9:25:38
1st Age Grouper	1:02:14	4:57:11	3:07:44	9:14:10
2nd Age Grouper	1:05:32	4:52:50	3:16:52	9:20:00
3rd Age Grouper	0:59:28	4:51:11	3:28:11	9:24:44
4th Age Grouper	0:53:39	5:08:01	3:36:57	9:44:21
5th Age Grouper	1:06:09	5:10:59	3:31:51	9:56:35
6th Age Grouper	1:05:05	5:16:15	3:33:18	10:01:24
7th Age Grouper	1:10:37	5:24:19	3:29:22	10:12:58
8th Age Grouper	1:01:03	4:55:15	4:09:08	10:16:16
9th Age Grouper	1:09:58	5:04:37	3:59:23	10:20:12
10th Age Grouper	1:08:45	5:14:09	3:56:08	10:28:47
Kona Qualifier Average	1:02:24	4:53:44	3:17:35	9:19:38
Top 10 Age Grouper Average	1:04:15	5:05:28	3:36:53	9:53:56

Western Australia 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:05	4:28:52	2:52:53	8:14:01
Female Winner	1:01:43	4:53:53	3:20:42	9:19:44
1st Age Grouper	0:58:09	4:47:22	3:13:18	9:04:02
2nd Age Grouper	0:59:09	5:01:28	3:15:25	9:21:10
3rd Age Grouper	0:53:00	4:54:49	3:34:30	9:26:59
4th Age Grouper	0:54:36	5:00:44	3:34:23	9:34:57
5th Age Grouper	1:05:44	5:14:23	3:11:17	9:37:58
6th Age Grouper	1:13:08	5:04:29	3:28:53	9:51:30
7th Age Grouper	0:59:22	4:58:30	3:48:46	9:53:05
8th Age Grouper	1:05:46	4:59:10	3:48:17	9:58:20
9th Age Grouper	1:06:53	5:02:54	3:45:00	9:59:27
10th Age Grouper	1:03:14	5:14:56	3:37:11	9:59:45
Kona Qualifier Average	0:56:46	4:54:33	3:21:04	9:17:23
Top 10 Age Grouper Average	1:01:54	5:01:52	3:31:42	9:40:43

Western Australia 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:33	4:35:06	2:47:48	8:13:59
Female Winner	0:50:10	5:00:30	3:22:17	9:16:52
1st Age Grouper	1:01:26	4:53:36	3:17:48	9:16:29
2nd Age Grouper	0:56:56	5:04:09	3:35:12	9:43:18
3rd Age Grouper	1:01:05	4:56:57	3:42:07	9:44:30
4th Age Grouper	1:03:43	4:51:54	3:57:11	9:59:54
5th Age Grouper	1:08:21	5:08:47	3:49:54	10:11:50
6th Age Grouper	0:54:45	5:08:33	4:05:05	10:14:43
7th Age Grouper	0:57:02	5:10:59	4:03:22	10:15:23
8th Age Grouper	1:07:00	5:09:31	3:50:47	10:16:03
9th Age Grouper	1:08:54	5:07:00	3:54:52	10:16:08
10th Age Grouper	0:56:15	4:59:32	4:14:16	10:16:42
Kona Qualifier Average	0:59:49	4:58:14	3:31:42	9:34:45
Top 10 Age Grouper Average	1:01:32	5:03:05	3:51:03	10:01:30

Western Australia 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:25:28	2:48:51	8:07:06
Female Winner	0:50:30	4:56:42	3:09:06	8:59:24
1st Age Grouper	1:01:57	4:52:23	3:08:39	9:07:08
2nd Age Grouper	0:59:00	5:04:27	3:18:07	9:27:57
3rd Age Grouper	0:59:55	5:01:54	3:39:06	9:47:24
4th Age Grouper	1:00:37	4:59:10	4:01:36	10:05:47
5th Age Grouper	1:01:38	5:08:20	3:51:56	10:07:28
6th Age Grouper	1:09:39	5:06:33	3:47:25	10:12:14
7th Age Grouper	1:01:53	5:01:27	4:10:48	10:19:43
8th Age Grouper	1:14:22	5:21:20	3:40:10	10:24:01
9th Age Grouper	1:08:54	5:25:15	3:46:26	10:31:20
10th Age Grouper	1:10:17	5:18:52	3:55:26	10:33:20
Kona Qualifier Average	1:00:17	4:59:34	3:21:57	9:27:29
Top 10 Age Grouper Average	1:04:49	5:07:58	3:43:57	10:03:38

Western Australia 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:32	4:29:03	2:48:25	8:06:00
Female Winner	0:54:16	5:01:34	3:05:05	9:00:55
1st Age Grouper	0:58:53	4:53:08	3:03:09	8:55:10
2nd Age Grouper	0:59:56	4:52:05	3:13:20	9:05:21
3rd Age Grouper	0:58:04	5:05:44	3:45:21	9:49:09
4th Age Grouper	1:04:07	5:06:54	3:39:48	9:50:49
5th Age Grouper	1:07:51	5:21:05	3:26:48	9:55:44
6th Age Grouper	1:02:34	5:19:52	3:33:38	9:56:04
7th Age Grouper	0:55:47	5:06:16	3:55:03	9:57:06
8th Age Grouper	1:00:28	5:29:42	3:57:58	10:28:08
9th Age Grouper	1:00:45	5:17:01	4:11:14	10:29:00
10th Age Grouper	1:07:43	5:20:27	4:06:12	10:34:22
Kona Qualifier Average	0:58:57	4:56:59	3:20:36	9:16:33
Top 10 Age Grouper Average	1:01:36	5:11:13	3:41:15	9:54:05

Western Australia 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:29:52	2:49:00	8:08:57
Female Winner	0:53:31	4:50:49	3:25:41	9:10:01
1st Age Grouper	1:02:12	4:45:10	3:21:21	9:08:43
2nd Age Grouper	0:59:10	4:54:43	3:37:00	9:30:53
3rd Age Grouper	0:57:24	4:51:03	4:03:09	9:51:36
4th Age Grouper	0:58:30	5:16:46	3:37:32	9:52:48
5th Age Grouper	0:57:17	5:11:41	3:44:32	9:53:30
6th Age Grouper	0:59:20	5:02:56	4:05:13	10:07:29
7th Age Grouper	0:57:58	5:05:08	4:10:55	10:14:01
8th Age Grouper	0:56:21	5:23:30	3:55:47	10:15:38
9th Age Grouper	1:08:18	5:27:36	3:50:45	10:26:39
10th Age Grouper	0:57:50	5:14:27	4:20:26	10:32:43
Kona Qualifier Average	0:59:35	4:50:18	3:40:30	9:30:24
Top 10 Age Grouper Average	0:59:26	5:07:18	3:52:40	9:59:24

Western Australia 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:57:11	4:30:41	2:59:44	8:27:36
Female Winner	0:58:40	5:14:32	3:18:20	9:31:32
1st Age Grouper	1:10:58	4:57:17	3:26:28	9:34:43
2nd Age Grouper	1:07:14	5:30:50	3:17:46	9:55:50
3rd Age Grouper	1:08:42	5:25:34	3:32:06	10:06:22
4th Age Grouper	1:11:59	5:25:28	3:38:55	10:16:22
5th Age Grouper	1:02:02	5:30:50	3:51:47	10:24:39
6th Age Grouper	1:03:16	5:34:51	3:48:07	10:26:14
7th Age Grouper	1:16:22	5:21:12	3:59:35	10:37:09
8th Age Grouper	1:06:51	5:53:15	3:43:10	10:43:16
9th Age Grouper	1:22:38	5:38:02	4:03:00	11:03:40
10th Age Grouper	1:09:41	5:50:51	4:06:00	11:06:32
Kona Qualifier Average	1:08:58	5:17:53	3:25:26	9:52:18
Top 10 Age Grouper Average	1:09:58	5:30:49	3:44:41	10:25:28

Western Australia 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:40:11	2:45:23	8:16:00
Female Winner	0:50:48	5:00:35	3:12:12	9:03:37
1st Age Grouper	0:56:15	5:23:21	3:40:56	10:00:33
2nd Age Grouper	1:04:37	5:18:13	3:50:02	10:12:53
3rd Age Grouper	0:59:40	5:33:00	3:41:51	10:14:32
4th Age Grouper	1:02:26	5:23:55	3:49:47	10:16:10
5th Age Grouper	0:57:34	5:31:19	3:52:16	10:21:11
6th Age Grouper	0:57:35	5:28:19	4:14:14	10:40:10
7th Age Grouper	1:04:09	5:33:07	4:17:21	10:54:38
8th Age Grouper	1:24:46	5:12:22	4:18:48	10:55:57
9th Age Grouper	1:10:47	5:27:09	4:19:48	10:57:44
10th Age Grouper	1:12:55	5:49:58	3:55:17	10:58:12
Kona Qualifier Average	1:00:10	5:24:51	3:44:16	10:09:19
Top 10 Age Grouper Average	1:05:04	5:28:04	4:00:02	10:33:12