

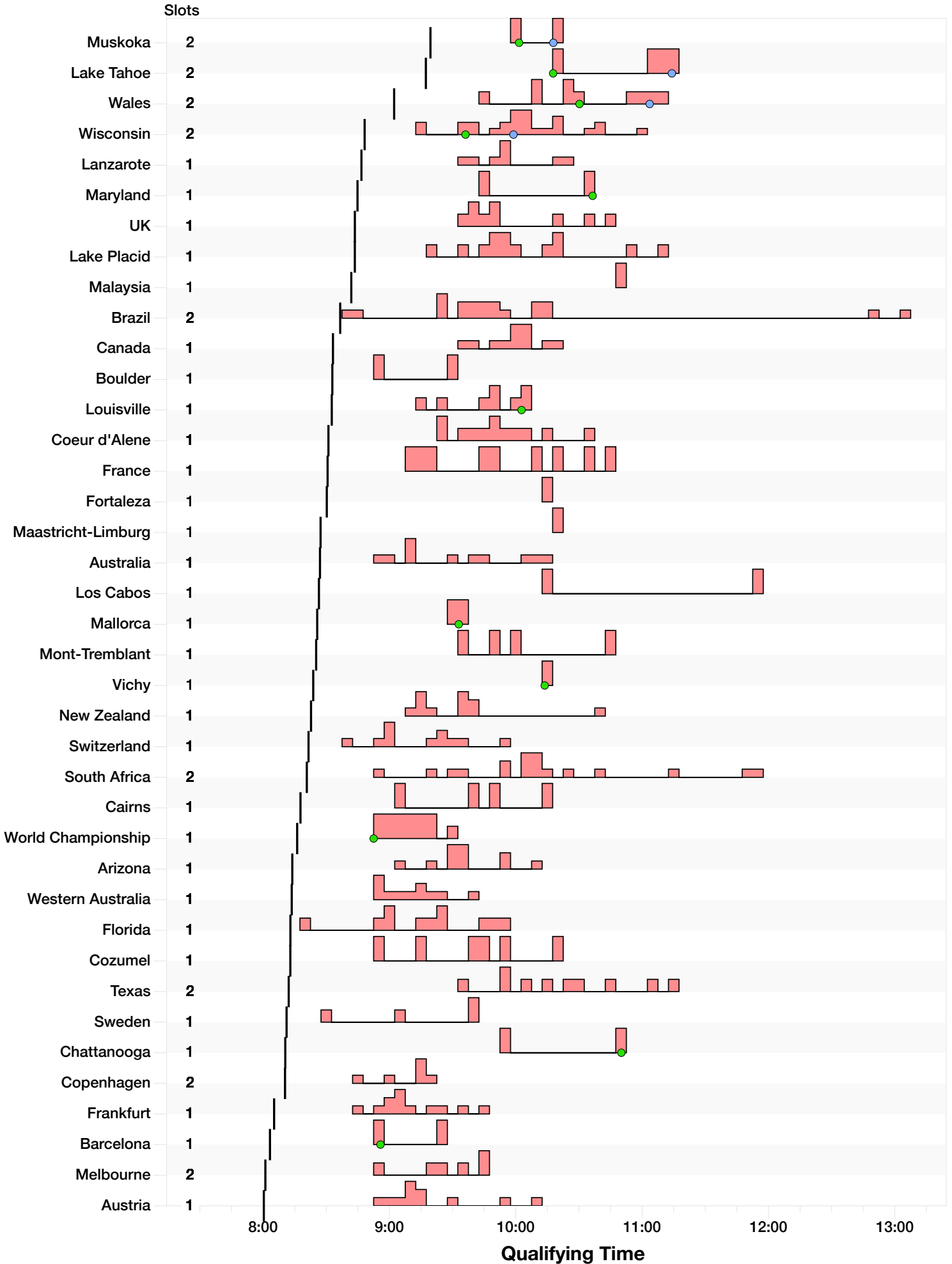
Ironman World Championship

M18-24

2016 Qualification Stats

2016 Qualification Comparison for M18-24

■ Distribution of Past Qualifying Times | Average Race Winning Time
● 2016 Age Group Qualifier ● 2016 Age Group Winner



M18-24 Past Qualifying Times

Ironman Vichy (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2015	8:23:49	10:13:44
Average	8:23:49	10:13:44

Ironman Muskoka (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2015	9:19:28	10:01:35	10:17:49
Average	9:19:28	10:01:35	10:17:49

Ironman Wisconsin (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2003	8:55:26	10:00:19	10:34:07
2004	8:52:33	10:11:32	10:20:13
2005	9:01:34	10:37:51	11:00:23
2006	9:07:24	10:06:48	10:16:17
2007	8:52:49	9:17:13	9:49:55
2008	8:43:29	9:15:12	9:37:30
2009	8:45:19	9:56:29	10:01:02
2010	8:38:32	9:53:19	10:21:17
2011	8:45:18	9:33:20	9:38:23
2012	8:32:51	10:04:39	10:05:58
2013	8:40:15	9:59:38	10:22:27
2014	8:31:20	10:05:39	10:39:20
2015	8:59:59	9:36:07	9:58:54
Average	8:48:13	9:53:42	10:12:45

Ironman Wales (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2011	9:04:20	10:08:19	10:24:14
2012	8:52:43	9:46:01	10:08:44
2013	9:09:10	10:26:34	10:53:30
2014	9:07:28	10:57:37	11:11:08
2015	8:57:33	10:30:15	11:03:34
Average	9:02:14	10:21:45	10:44:14

Ironman Lake Tahoe (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2013	8:55:14	11:05:44	11:11:08
2015	9:39:23	10:17:44	11:14:07
Average	9:17:18	10:41:44	11:12:37

Ironman Mallorca (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2014	8:34:02	9:29:09
2015	8:17:22	9:32:55
Average	8:25:42	9:31:02

Ironman Chattanooga (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2014	8:12:32	9:53:27
2015	8:08:32	10:50:08
Average	8:10:32	10:21:47

Ironman Barcelona (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2014	8:04:13	9:23:59
2015	8:02:20	8:55:45
Average	8:03:16	9:09:52

Ironman World Championship (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2003	8:59:36	9:17:29
2004	8:33:29	9:31:42
2005	8:14:17	9:20:22
2006	8:11:56	9:12:33
2007	8:15:34	9:06:25
2008	8:17:45	9:10:43
2009	8:20:21	9:05:18
2010	8:10:37	8:55:26
2011	8:03:56	9:09:42
2012	8:18:37	9:01:27
2013	8:12:29	9:01:15
2014	8:14:18	9:17:42
2015	8:14:40	8:52:30
Average	8:19:02	9:09:25

Ironman Louisville (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2007	8:38:39	10:06:09
2008	8:33:58	9:49:59
2010	8:29:59	10:01:21
2011	8:27:36	9:24:38
2012	8:42:44	9:51:48
2013	8:21:34	9:17:04
2014	8:24:44	9:42:47
2015	8:48:53	10:02:43
Average	8:33:30	9:47:03

Ironman Maryland (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2014	8:51:19	9:43:03
2015	8:38:21	10:36:30
Average	8:44:50	10:09:46

Ironman Los Cabos (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2013	8:26:48	11:55:38
2014	8:26:15	10:13:22
Average	8:26:31	11:04:30

Ironman Florida (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2005	8:28:26	8:57:28
2006	8:22:44	9:12:56
2007	8:21:29	9:20:28
2008	8:07:59	8:57:37
2009	8:24:29	8:59:12
2010	8:15:59	9:26:19
2011	7:59:42	9:42:57
2012	8:06:17	9:50:55
2013	7:53:12	9:24:35
2014	7:33:47	8:20:22
Average	8:09:24	9:13:16

Ironman Fortaleza (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2014	8:30:15	10:16:56
Average	8:30:15	10:16:56

Ironman Malaysia (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2014	8:41:53	10:51:33
Average	8:41:53	10:51:33

Ironman Arizona (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2005	8:25:42	9:37:00
2006	8:20:56	10:09:59
2007	8:21:14	9:54:48
2008	8:14:16	9:30:22
2009	8:14:16	9:30:22
2010	8:13:35	9:36:05
2011	8:07:16	9:19:51
2012	8:03:13	9:32:17
2013	8:02:00	9:36:17
2014	7:55:48	9:55:39
Average	8:11:49	9:40:16

Ironman Cozumel (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2009	8:18:40	9:47:16
2010	8:12:20	9:40:59
2011	8:23:52	9:54:57
2012	8:15:07	9:16:07
2013	7:55:23	8:53:56
2014	8:12:16	10:19:37
Average	8:12:56	9:38:48

Ironman Western Australia (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2004	8:16:00	9:25:00
2005	8:27:36	9:22:17
2006	8:08:57	9:42:01
2007	8:06:00	8:55:31
2008	8:07:06	8:52:57
2009	8:13:59	9:17:15
2010	8:14:01	9:06:01
2011	8:12:39	9:10:24
2012	8:29:06	8:52:56
2013	8:08:16	9:16:01
2014	8:05:58	9:01:59
Average	8:13:36	9:11:07

Ironman New Zealand (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2003	8:22:04	9:16:06
2004	8:30:29	9:36:23
2005	8:20:14	9:13:48
2007	8:26:33	9:22:14
2008	8:24:49	9:10:12
2009	8:18:04	9:33:29
2010	8:21:52	9:39:54
2011	8:31:07	9:13:54
2013	8:15:35	10:41:00
2014	8:17:33	9:36:28
2015	8:22:13	9:41:10
Average	8:22:46	9:33:08

Ironman Melbourne (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2012	7:57:44	9:26:03	9:33:11
2014	8:01:02	8:55:56	9:17:36
2015	8:04:29	9:46:18	9:46:43
Average	8:01:05	9:22:45	9:32:30

Ironman South Africa (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2007	8:33:04	9:53:41	10:06:32
2008	8:18:23	8:52:46	9:37:20
2009	8:17:32	10:04:09	10:06:28
2010	8:23:28	10:10:31	10:10:55
2011	8:05:36	9:27:56	9:55:24
2012	8:34:45	11:47:46	11:53:54
2013	8:11:24	9:19:44	10:09:53
2014	8:26:07	10:42:25	11:15:51
2015	8:16:35	10:14:22	10:23:06
Average	8:20:46	10:03:42	10:24:22

Ironman Australia (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2005	8:25:44	9:08:06
2006	8:20:42	8:59:23
2007	8:21:49	9:08:50
2008	8:31:33	9:28:36
2009	8:24:53	9:12:01
2010	8:23:54	9:38:45
2011	8:29:28	10:13:28
2012	8:17:38	8:57:10
2013	8:30:23	10:07:28
2014	8:35:18	10:10:31
2015	8:35:53	9:46:59
Average	8:27:01	9:31:56

Ironman Texas (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2011	8:08:20	11:06:48	11:15:28
2012	8:10:44	9:55:15	9:56:26
2013	8:25:06	10:24:30	10:43:24
2014	8:09:37	9:36:07	10:05:35
2015	8:07:03	10:15:36	10:29:10
Average	8:12:10	10:15:39	10:30:00

Ironman Lanzarote (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2008	8:59:37	9:54:47
2009	8:54:03	9:42:04
2010	8:37:42	9:53:18
2011	8:30:34	10:23:04
2012	8:44:39	10:20:15
2013	8:42:40	9:49:55
2014	8:47:39	9:52:48
2015	8:56:49	9:32:46
Average	8:46:42	9:56:07

Ironman Brazil (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2006	8:15:18	9:33:32	9:52:28
2007	8:21:09	9:25:04	9:38:09
2008	8:28:24	10:11:56	10:12:24
2009	8:13:39	10:13:05	10:15:37
2010	8:07:39	9:44:02	9:46:57
2011	12:14:21	12:48:51	13:02:32
2012	8:22:40	9:23:57	9:24:19
2013	8:01:32	9:33:57	9:48:12
2014	8:07:52	9:40:29	9:56:23
2015	7:53:44	8:37:32	8:43:05
Average	8:36:37	9:55:14	10:04:00

Ironman France (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2005	8:49:06	10:08:28
2006	8:33:55	10:18:54
2007	8:38:45	10:36:06
2008	8:34:18	9:17:39
2011	8:28:30	9:52:01
2012	8:21:51	9:45:46
2013	8:08:59	9:11:46
2014	8:33:22	9:12:31
2015	8:27:32	10:43:20
Average	8:30:42	9:54:03

Ironman Cairns (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2013	8:17:43	9:06:21
2014	8:20:15	10:13:11
2015	8:18:01	9:41:30
Average	8:18:39	9:40:20

Ironman Austria (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2005	8:14:37	9:14:09
2006	8:07:59	9:09:48
2007	8:06:39	8:54:53
2008	8:06:11	9:06:14
2009	8:01:38	9:08:05
2010	7:52:05	9:31:33
2011	7:45:58	8:58:37
2012	8:11:31	10:09:10
2013	7:59:51	9:13:42
2014	7:48:43	9:11:11
2015	7:48:45	9:54:53
Average	8:00:21	9:19:17

Ironman Frankfurt (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2003	8:12:29	9:06:40
2005	8:20:50	9:02:22
2006	8:13:39	9:36:20
2007	8:09:15	9:06:50
2008	7:59:55	8:46:24
2009	7:59:15	9:21:03
2010	8:05:15	9:02:31
2011	8:13:50	9:23:34
2012	8:03:31	9:00:10
2013	7:59:58	9:11:36
2014	7:55:14	8:54:08
2015	7:49:48	9:43:30
Average	8:05:14	9:11:15

Ironman UK (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2007	8:35:57	9:51:39
2008	8:53:58	9:51:10
2009	8:45:51	9:36:03
2010	8:40:17	9:40:20
2011	8:24:33	9:39:11
2012	8:55:11	9:47:05
2013	8:45:48	10:32:49
2014	8:44:10	10:42:44
2015	8:46:37	10:20:34
Average	8:43:35	10:00:10

Ironman Lake Placid (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2002	8:39:19	9:48:31
2003	8:46:15	10:53:30
2004	8:23:12	10:18:08
2006	8:38:18	9:56:06
2007	9:16:02	9:46:01
2008	8:43:32	10:00:11
2009	8:36:37	9:49:51
2010	8:39:34	9:20:27
2011	8:25:15	10:15:22
2012	8:25:07	9:55:44
2013	8:43:29	10:18:03
2014	8:38:43	9:34:36
2015	9:31:09	11:08:56
Average	8:43:34	10:05:02

Ironman Switzerland (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2005	8:21:50	9:25:39
2006	8:16:50	9:18:48
2007	8:25:00	9:00:32
2008	8:16:05	9:01:09
2009	8:20:00	8:55:28
2010	8:12:40	8:38:59
2011	8:19:51	9:35:20
2012	8:17:13	9:27:01
2013	8:33:39	9:28:19
2014	8:33:02	9:01:09
2015	8:21:19	9:54:33
Average	8:21:35	9:15:10

Ironman Canada (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2004	8:28:06	10:07:09
2005	8:33:32	10:05:22
2006	8:33:58	9:58:21
2007	8:32:45	10:00:48
2008	8:30:12	10:19:12
2009	8:25:13	10:06:30
2010	8:32:28	9:41:27
2011	8:28:09	9:53:16
2012	8:48:30	9:36:51
2013	8:39:33	10:13:10
2014	8:16:10	10:01:37
2015	8:49:46	9:48:09
Average	8:33:11	9:59:19

Ironman Maastricht-Limburg (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2015	8:27:18	10:17:30
Average	8:27:18	10:17:30

Ironman Boulder (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2014	8:20:26	9:27:38
2015	8:45:20	8:54:04
Average	8:32:53	9:10:51

Ironman Sweden (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2012	8:04:01	8:29:17
2013	8:19:30	9:06:30
2014	8:13:01	9:42:00
2015	8:08:05	9:39:50
Average	8:11:09	9:14:24

Ironman Copenhagen (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2013	8:12:41	8:43:31	9:17:59
2014	8:03:39	8:58:34	9:15:04
2015	8:14:56	9:13:41	9:17:09
Average	8:10:25	8:58:35	9:16:44

Ironman Coeur d'Alene (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2003	8:40:59	9:53:41
2005	8:23:29	9:58:11
2006	9:07:05	9:38:44
2007	8:33:32	9:48:09
2008	8:34:22	9:48:10
2009	8:32:12	9:47:14
2010	8:24:40	9:23:32
2011	8:19:48	10:05:09
2012	8:32:29	10:35:28
2013	8:17:31	9:33:19
2014	8:25:44	10:14:18
2015	8:20:35	9:24:42
Average	8:31:02	9:50:53

Ironman Mont-Tremblant (1 Kona Slots)

Year	Male Winning Time	Age Group Winning Time
2012	8:40:48	9:33:28
2013	8:26:06	9:57:59
2014	8:16:17	9:50:58
2015	8:17:37	10:45:27
Average	8:25:12	10:01:58

M18-24 Average Top 10 and Kona Qualifying Splits

Ironman Vichy

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:54:34	4:31:24	2:52:34	8:23:49
1st Age Grouper	1:04:19	5:06:11	3:55:40	10:13:44
2nd Age Grouper	1:14:40	5:01:36	3:52:07	10:15:52
3rd Age Grouper	0:56:06	5:19:34	3:57:27	10:18:48
4th Age Grouper	0:52:44	5:17:24	4:11:36	10:28:16
5th Age Grouper	1:12:36	5:03:35	4:37:37	11:02:20
6th Age Grouper	1:11:15	5:22:36	4:41:56	11:24:43
7th Age Grouper	1:15:06	5:51:54	4:40:28	11:57:35
8th Age Grouper	1:05:21	5:50:32	4:57:52	12:06:10
9th Age Grouper	1:18:44	6:18:58	4:25:54	12:15:29
10th Age Grouper	1:11:00	6:00:54	5:18:12	12:43:29
Kona Qualifier Average	1:04:19	5:06:11	3:55:40	10:13:44
Top 10 Age Grouper Average	1:08:11	5:31:19	4:27:52	11:16:38

Ironman Muskoka

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:59:23	5:06:21	3:07:48	9:19:28
1st Age Grouper	0:57:44	5:26:42	3:31:11	10:01:35
2nd Age Grouper	0:57:31	5:47:19	3:26:10	10:17:49
3rd Age Grouper	0:54:48	5:24:26	4:03:12	10:29:56
4th Age Grouper	1:13:29	5:55:20	3:11:19	10:32:29
5th Age Grouper	1:00:45	5:44:08	3:46:44	10:40:18
6th Age Grouper	1:04:25	5:33:59	4:15:13	11:05:18
7th Age Grouper	0:59:40	6:24:24	4:04:43	11:41:08
8th Age Grouper	1:08:50	6:10:00	4:09:03	11:43:07
9th Age Grouper	1:15:39	6:04:28	4:08:32	11:45:09
10th Age Grouper	0:54:55	5:36:18	5:28:11	12:13:02
Kona Qualifier Average	0:57:37	5:37:00	3:28:40	10:09:42
Top 10 Age Grouper Average	1:02:46	5:48:42	4:00:25	11:02:59

Ironman Wisconsin

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:46	4:47:32	3:01:25	8:48:13
1st Age Grouper	1:02:35	5:23:43	3:18:33	9:53:42
2nd Age Grouper	1:04:14	5:27:01	3:31:41	10:12:45
3rd Age Grouper	1:05:59	5:31:09	3:34:10	10:20:21
4th Age Grouper	1:01:43	5:31:18	3:47:30	10:29:38
5th Age Grouper	1:00:58	5:37:00	3:53:02	10:41:08
6th Age Grouper	1:05:52	5:13:46	4:25:14	10:48:52
7th Age Grouper	1:08:58	5:41:46	3:58:11	10:58:41
8th Age Grouper	1:05:46	5:48:20	3:58:39	11:03:29
9th Age Grouper	1:04:18	5:42:35	4:09:12	11:08:13
10th Age Grouper	1:09:23	5:50:58	4:00:52	11:13:37
Kona Qualifier Average	1:03:24	5:25:22	3:25:07	10:03:13
Top 10 Age Grouper Average	1:04:58	5:34:46	3:51:43	10:41:02

Ironman Wales

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:20	5:08:59	2:56:04	9:02:14
1st Age Grouper	1:02:07	5:42:04	3:26:07	10:21:45
2nd Age Grouper	1:00:14	5:58:21	3:33:10	10:44:14
3rd Age Grouper	1:10:35	6:01:01	3:38:47	11:04:22
4th Age Grouper	1:04:22	6:16:03	3:41:54	11:14:40
5th Age Grouper	1:06:13	6:24:13	3:41:42	11:25:52
6th Age Grouper	1:05:10	6:18:02	3:54:21	11:32:12
7th Age Grouper	1:04:00	6:13:55	4:02:36	11:35:31
8th Age Grouper	1:03:14	6:29:06	3:53:45	11:40:56
9th Age Grouper	1:07:05	6:26:38	4:00:35	11:51:26
10th Age Grouper	1:07:32	6:31:29	3:55:52	11:55:45
Kona Qualifier Average	1:01:10	5:50:12	3:29:38	10:32:59
Top 10 Age Grouper Average	1:05:03	6:14:05	3:46:53	11:20:40

Ironman Lake Tahoe

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:56:06	5:02:47	3:11:51	9:17:18
1st Age Grouper	0:56:59	5:46:14	3:46:22	10:41:44
2nd Age Grouper	1:02:56	5:51:53	4:01:59	11:12:37
3rd Age Grouper	1:05:02	6:09:07	4:05:10	11:34:18
4th Age Grouper	1:05:14	6:18:23	4:20:56	12:04:14
5th Age Grouper	0:55:08	6:28:06	4:36:36	12:12:10
6th Age Grouper	1:11:56	6:24:21	4:18:38	12:22:07
7th Age Grouper	1:18:39	6:26:07	4:41:49	12:51:45
8th Age Grouper	1:01:53	6:36:41	5:24:50	13:21:46
9th Age Grouper	1:23:57	7:09:43	5:04:01	13:56:20
10th Age Grouper	1:20:23	7:23:23	5:44:06	14:47:44
Kona Qualifier Average	0:59:58	5:49:04	3:54:10	10:57:10
Top 10 Age Grouper Average	1:08:13	6:27:24	4:36:26	12:30:28

Ironman Mallorca

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:41	4:41:48	2:51:33	8:25:42
1st Age Grouper	0:54:20	5:05:48	3:24:42	9:31:02
2nd Age Grouper	0:52:32	5:11:48	3:25:07	9:36:36
3rd Age Grouper	1:01:04	5:15:01	3:23:00	9:47:34
4th Age Grouper	0:54:56	5:14:56	3:43:59	10:01:25
5th Age Grouper	1:02:21	5:16:57	3:35:29	10:03:53
6th Age Grouper	1:04:08	5:30:00	3:30:58	10:16:49
7th Age Grouper	0:53:08	5:25:56	3:59:26	10:25:52
8th Age Grouper	1:02:59	5:27:35	3:50:34	10:31:35
9th Age Grouper	0:53:33	5:24:55	4:11:11	10:37:17
10th Age Grouper	1:05:30	5:33:10	3:56:29	10:44:21
Kona Qualifier Average	0:54:20	5:05:48	3:24:42	9:31:02
Top 10 Age Grouper Average	0:58:27	5:20:37	3:42:05	10:09:38

Ironman Chattanooga

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:42:50	4:33:53	2:49:16	8:10:32
1st Age Grouper	0:55:47	5:25:11	3:50:37	10:21:47
2nd Age Grouper	0:53:45	5:25:33	4:07:38	10:34:56
3rd Age Grouper	0:56:39	5:27:22	4:42:30	11:16:18
4th Age Grouper	0:52:13	6:06:23	4:23:56	11:33:42
5th Age Grouper	0:55:17	6:24:30	4:12:21	11:49:31
6th Age Grouper	0:57:19	6:24:19	4:27:36	12:02:14
7th Age Grouper	0:56:21	6:05:24	4:54:31	12:10:21
8th Age Grouper	1:04:54	6:33:27	4:51:12	12:45:12
9th Age Grouper	1:03:20	6:18:15	5:24:18	12:59:42
10th Age Grouper	1:09:34	6:56:04	4:55:49	13:17:28
Kona Qualifier Average	0:55:47	5:25:11	3:50:37	10:21:47
Top 10 Age Grouper Average	0:58:31	6:06:39	4:35:03	11:53:07

Ironman Barcelona

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:00	4:25:29	2:44:56	8:03:16
1st Age Grouper	1:04:57	4:47:36	3:12:18	9:09:52
2nd Age Grouper	0:57:14	4:50:21	3:19:10	9:10:42
3rd Age Grouper	1:01:16	4:42:02	3:37:15	9:25:06
4th Age Grouper	1:00:44	4:55:33	3:27:28	9:28:16
5th Age Grouper	1:01:57	4:49:32	3:33:22	9:30:23
6th Age Grouper	1:03:25	5:06:09	3:40:48	9:54:16
7th Age Grouper	1:09:30	5:11:52	3:33:54	10:00:09
8th Age Grouper	1:00:06	5:03:53	3:58:13	10:08:26
9th Age Grouper	1:05:51	5:12:58	3:44:07	10:10:11
10th Age Grouper	1:03:29	5:04:16	4:00:59	10:13:27
Kona Qualifier Average	1:04:57	4:47:36	3:12:18	9:09:52
Top 10 Age Grouper Average	1:02:51	4:58:25	3:36:45	9:43:05

Ironman World Championship

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:20	4:31:38	2:50:49	8:19:02
1st Age Grouper	0:59:28	4:55:08	3:09:02	9:09:25
2nd Age Grouper	1:02:57	4:57:15	3:13:12	9:19:49
3rd Age Grouper	1:01:27	4:59:20	3:20:55	9:27:26
4th Age Grouper	1:01:38	5:07:06	3:17:58	9:32:42
5th Age Grouper	1:01:23	5:09:19	3:21:10	9:38:31
6th Age Grouper	1:02:06	5:03:57	3:30:16	9:42:25
7th Age Grouper	1:01:55	5:11:43	3:26:16	9:46:17
8th Age Grouper	1:01:24	5:14:29	3:26:39	9:49:39
9th Age Grouper	1:02:41	5:14:45	3:27:48	9:52:23
10th Age Grouper	1:03:07	5:15:55	3:28:16	9:54:12
Kona Qualifier Average	0:59:28	4:55:08	3:09:02	9:09:25
Top 10 Age Grouper Average	1:01:49	5:06:54	3:22:09	9:37:17

Ironman Louisville

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:21	4:38:36	2:57:00	8:32:37
1st Age Grouper	0:58:02	5:13:04	3:27:34	9:47:03
2nd Age Grouper	0:59:30	5:20:36	3:34:28	10:03:22
3rd Age Grouper	1:04:33	5:16:20	3:45:46	10:15:07
4th Age Grouper	1:09:47	5:20:46	3:47:30	10:27:37
5th Age Grouper	1:05:54	5:26:50	3:53:51	10:36:58
6th Age Grouper	1:02:33	5:27:47	4:10:34	10:49:35
7th Age Grouper	1:11:20	5:35:02	4:05:36	11:03:38
8th Age Grouper	1:03:37	5:34:52	4:19:44	11:09:22
9th Age Grouper	1:06:41	5:46:24	4:11:09	11:16:38
10th Age Grouper	1:08:38	5:50:06	4:11:14	11:22:49
Kona Qualifier Average	0:58:02	5:13:04	3:27:34	9:47:03
Top 10 Age Grouper Average	1:05:03	5:29:11	3:56:44	10:41:13

Ironman Maryland

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:53:10	4:40:10	3:05:37	8:44:50
1st Age Grouper	1:06:50	5:15:58	3:35:03	10:09:46
2nd Age Grouper	0:56:28	5:25:31	3:45:09	10:18:56
3rd Age Grouper	0:55:01	5:30:10	3:50:18	10:22:59
4th Age Grouper	1:02:33	5:35:51	3:47:16	10:36:19
5th Age Grouper	1:09:26	5:30:41	3:52:42	10:42:33
6th Age Grouper	1:08:11	5:25:43	4:13:48	10:59:35
7th Age Grouper	1:02:31	5:44:26	4:20:24	11:27:44
8th Age Grouper	1:02:22	6:10:46	4:23:53	11:56:53
9th Age Grouper	1:04:29	5:56:45	5:14:03	12:29:03
10th Age Grouper	1:13:48	6:03:44	5:03:16	12:37:44
Kona Qualifier Average	1:06:50	5:15:58	3:35:03	10:09:46
Top 10 Age Grouper Average	1:04:10	5:39:57	4:12:35	11:10:09

Ironman Los Cabos

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:33	4:38:43	2:53:22	8:26:31
1st Age Grouper	0:57:42	5:59:25	3:56:54	11:04:30
2nd Age Grouper	1:11:02	5:59:52	4:01:55	11:20:35
3rd Age Grouper	1:05:59	6:00:57	4:30:13	11:47:28
4th Age Grouper	1:05:59	6:33:10	4:22:37	12:14:58
5th Age Grouper	1:13:13	6:19:16	4:56:06	12:40:11
6th Age Grouper	1:17:39	7:04:18	4:29:52	13:01:26
7th Age Grouper	1:20:59	7:23:38	4:19:44	13:25:42
8th Age Grouper	1:19:31	6:44:15	4:47:51	13:15:14
9th Age Grouper	1:01:20	6:54:18	5:34:19	13:45:32
10th Age Grouper	1:07:35	6:40:23	5:50:33	13:47:42
Kona Qualifier Average	0:57:42	5:59:25	3:56:54	11:04:30
Top 10 Age Grouper Average	1:10:12	6:31:46	4:33:22	12:28:07

Ironman Florida

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:51:09	4:27:24	2:54:25	8:12:58
1st Age Grouper	0:55:22	4:58:03	3:16:43	9:17:00
2nd Age Grouper	0:53:47	5:04:31	3:32:33	9:38:01
3rd Age Grouper	0:58:04	5:07:40	3:40:49	9:54:51
4th Age Grouper	0:59:43	5:14:25	3:45:35	10:08:32
5th Age Grouper	0:59:40	5:15:49	3:55:23	10:20:44
6th Age Grouper	0:59:30	5:24:39	3:55:20	10:28:43
7th Age Grouper	1:02:22	5:28:24	4:03:06	10:44:02
8th Age Grouper	1:00:54	5:20:26	4:20:09	10:51:29
9th Age Grouper	1:00:05	5:35:57	4:10:17	10:57:19
10th Age Grouper	1:01:17	5:45:26	4:09:41	11:06:54
Kona Qualifier Average	0:55:22	4:58:03	3:16:43	9:17:00
Top 10 Age Grouper Average	0:59:04	5:19:32	3:52:58	10:20:45

Ironman Fortaleza

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:20	4:32:09	3:02:22	8:30:15
1st Age Grouper	0:57:18	4:54:59	4:21:21	10:16:56
2nd Age Grouper	0:57:21	5:18:50	4:09:09	10:31:25
3rd Age Grouper	1:34:07	5:22:33	4:23:39	11:28:08
4th Age Grouper	1:13:51	6:13:01	3:59:00	11:42:31
5th Age Grouper	1:08:56	6:01:04	4:32:39	11:49:45
6th Age Grouper	1:15:11	6:11:08	4:50:17	12:27:56
7th Age Grouper	1:35:10	6:19:52	5:07:45	13:14:43
8th Age Grouper	0:57:11	6:08:35	6:20:54	13:33:53
9th Age Grouper	1:45:47	6:58:10	7:40:25	16:42:27
Kona Qualifier Average	0:57:18	4:54:59	4:21:21	10:16:56
Top 10 Age Grouper Average	1:16:05	5:56:28	5:02:47	12:25:18

Ironman Malaysia

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:49	4:40:31	3:05:37	8:41:53
1st Age Grouper	1:11:10	5:27:52	3:59:01	10:51:33
2nd Age Grouper	0:56:11	6:13:04	4:20:09	11:44:26
3rd Age Grouper	1:07:13	5:48:39	5:44:51	12:48:22
4th Age Grouper	1:23:12	6:25:26	4:46:36	12:50:37
5th Age Grouper	1:26:08	6:54:24	4:35:23	13:06:40
6th Age Grouper	1:12:30	6:02:32	5:53:22	13:19:35
7th Age Grouper	1:25:23	6:53:20	4:58:06	13:30:33
8th Age Grouper	1:22:09	7:20:46	4:28:37	13:34:55
9th Age Grouper	1:14:35	6:47:32	5:31:41	14:03:56
10th Age Grouper	1:09:29	6:51:49	5:47:07	14:13:10
Kona Qualifier Average	1:11:10	5:27:52	3:59:01	10:51:33
Top 10 Age Grouper Average	1:14:48	6:28:32	5:00:29	13:00:22

Ironman Arizona

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:41	4:29:35	2:49:35	8:13:52
1st Age Grouper	0:58:31	5:09:50	3:25:53	9:40:16
2nd Age Grouper	1:03:04	4:38:36	4:16:46	9:57:35
3rd Age Grouper	1:03:53	5:20:36	3:43:37	10:14:57
4th Age Grouper	1:04:59	5:27:38	3:46:22	10:26:15
5th Age Grouper	1:06:04	5:27:06	4:08:53	10:50:43
6th Age Grouper	1:06:36	5:37:26	4:14:58	11:08:09
7th Age Grouper	1:07:46	5:42:45	4:18:46	11:19:49
8th Age Grouper	1:07:46	5:43:58	4:24:10	11:26:33
9th Age Grouper	1:11:32	5:52:18	4:21:52	11:36:53
10th Age Grouper	1:05:59	6:00:26	4:29:36	11:49:09
Kona Qualifier Average	0:57:28	5:09:06	3:24:45	9:37:09
Top 10 Age Grouper Average	1:05:28	5:30:36	4:07:15	10:51:44

Ironman Cozumel

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:06	4:38:56	2:53:19	8:12:56
1st Age Grouper	0:55:27	5:08:20	3:29:13	9:38:48
2nd Age Grouper	0:51:56	5:25:05	3:33:44	9:57:25
3rd Age Grouper	0:50:53	5:32:03	3:52:16	10:21:12
4th Age Grouper	0:59:52	5:38:07	3:52:32	10:36:50
5th Age Grouper	0:59:51	5:39:55	4:01:29	10:50:29
6th Age Grouper	0:53:17	5:42:35	4:32:30	11:23:29
7th Age Grouper	0:55:22	5:01:02	5:32:24	11:34:39
8th Age Grouper	1:07:52	6:08:23	4:27:39	11:54:46
9th Age Grouper	0:56:42	6:17:04	4:26:53	12:02:17
10th Age Grouper	1:09:43	6:05:37	4:48:37	12:17:16
Kona Qualifier Average	0:55:27	5:08:20	3:29:13	9:38:48
Top 10 Age Grouper Average	0:58:06	5:39:49	4:15:44	11:03:43

Ironman Western Australia

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:56	4:31:17	2:50:16	8:13:36
1st Age Grouper	0:55:36	4:51:13	3:21:15	9:11:07
2nd Age Grouper	0:56:05	4:56:36	3:31:32	9:27:22
3rd Age Grouper	1:01:18	5:07:58	3:31:55	9:45:04
4th Age Grouper	0:57:17	5:11:18	3:49:38	10:01:42
5th Age Grouper	0:59:18	5:21:46	3:59:30	10:24:47
6th Age Grouper	1:03:01	5:31:44	3:55:38	10:34:51
7th Age Grouper	1:00:03	5:30:49	4:11:39	10:46:58
8th Age Grouper	1:00:51	5:34:01	4:17:06	10:56:32
9th Age Grouper	1:05:04	5:33:45	4:21:39	11:05:06
10th Age Grouper	1:06:05	5:35:45	4:30:03	11:16:39
Kona Qualifier Average	0:55:36	4:51:13	3:21:15	9:11:07
Top 10 Age Grouper Average	1:00:28	5:19:30	3:56:59	10:21:01

Ironman New Zealand

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:48:04	4:41:22	2:48:44	8:22:46
1st Age Grouper	0:53:32	5:09:07	3:24:44	9:33:08
2nd Age Grouper	0:58:04	5:16:46	3:27:52	9:49:34
3rd Age Grouper	0:59:09	5:20:18	3:31:44	9:58:52
4th Age Grouper	0:58:32	5:25:58	3:41:13	10:13:02
5th Age Grouper	1:00:58	5:25:02	3:52:10	10:25:34
6th Age Grouper	0:57:29	5:33:26	3:56:27	10:35:53
7th Age Grouper	0:58:20	5:42:34	3:56:46	10:45:28
8th Age Grouper	1:02:06	5:46:13	4:00:57	10:59:43
9th Age Grouper	1:01:54	5:51:16	4:08:44	11:11:09
10th Age Grouper	1:03:14	5:52:30	4:19:29	11:25:36
Kona Qualifier Average	0:53:32	5:09:07	3:24:44	9:33:08
Top 10 Age Grouper Average	0:59:20	5:32:19	3:50:01	10:29:48

Ironman Melbourne

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:48:36	4:25:06	2:43:51	8:01:05
1st Age Grouper	0:57:30	4:54:57	3:24:47	9:22:45
2nd Age Grouper	0:54:57	5:00:16	3:31:01	9:32:30
3rd Age Grouper	0:54:11	5:11:41	3:35:33	9:48:50
4th Age Grouper	1:03:42	5:10:06	3:42:33	10:05:24
5th Age Grouper	0:59:53	5:13:40	3:53:53	10:14:08
6th Age Grouper	1:02:11	5:23:46	3:57:49	10:32:27
7th Age Grouper	1:07:34	5:32:36	4:20:14	11:10:05
8th Age Grouper	1:06:03	5:56:38	4:06:46	11:18:48
9th Age Grouper	1:13:17	5:27:15	4:31:50	11:26:45
10th Age Grouper	1:02:45	5:56:20	4:17:56	11:28:42
Kona Qualifier Average	0:56:14	4:57:36	3:27:54	9:27:37
Top 10 Age Grouper Average	1:02:12	5:22:43	3:56:14	10:30:02

Ironman South Africa

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:51:32	4:33:27	2:51:49	8:20:46
1st Age Grouper	1:02:39	5:18:42	3:35:07	10:03:42
2nd Age Grouper	1:07:46	5:30:00	3:40:03	10:24:22
3rd Age Grouper	1:08:14	5:33:56	3:55:09	10:45:31
4th Age Grouper	1:05:33	5:41:40	4:13:58	11:10:16
5th Age Grouper	1:06:02	5:46:23	4:28:33	11:29:08
6th Age Grouper	1:12:08	5:58:21	4:28:08	11:47:19
7th Age Grouper	1:13:58	6:06:42	4:36:37	12:07:43
8th Age Grouper	1:17:05	6:13:53	4:30:50	12:11:53
9th Age Grouper	1:11:32	6:19:25	4:39:19	12:21:54
10th Age Grouper	1:16:10	6:21:38	4:42:30	12:31:34
Kona Qualifier Average	1:05:12	5:24:21	3:37:35	10:14:02
Top 10 Age Grouper Average	1:10:07	5:53:04	4:17:01	11:29:20

Ironman Australia

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:37	4:43:01	2:54:15	8:27:01
1st Age Grouper	0:53:21	5:10:49	3:24:43	9:31:56
2nd Age Grouper	0:53:30	5:18:19	3:30:53	9:47:00
3rd Age Grouper	0:58:09	5:19:18	3:39:57	10:01:47
4th Age Grouper	0:58:16	5:31:31	3:21:39	10:10:28
5th Age Grouper	0:56:32	5:33:10	3:47:49	10:21:19
6th Age Grouper	0:59:00	5:39:18	3:56:14	10:39:56
7th Age Grouper	0:58:11	5:39:06	4:08:13	10:50:53
8th Age Grouper	0:59:34	5:55:00	4:06:13	11:06:17
9th Age Grouper	1:01:47	6:00:54	4:08:31	11:16:34
10th Age Grouper	1:03:00	5:58:53	4:21:14	11:28:59
Kona Qualifier Average	0:53:21	5:10:49	3:24:43	9:31:56
Top 10 Age Grouper Average	0:58:08	5:36:38	3:50:33	10:31:31

Ironman Texas

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:11	4:25:50	2:49:28	8:12:10
1st Age Grouper	0:59:41	5:14:44	3:52:46	10:15:39
2nd Age Grouper	0:58:56	5:21:54	4:01:43	10:30:00
3rd Age Grouper	1:08:34	5:14:13	4:16:02	10:47:13
4th Age Grouper	1:05:56	5:25:44	4:20:44	11:01:25
5th Age Grouper	1:01:30	5:26:46	4:29:25	11:07:38
6th Age Grouper	1:02:51	5:35:47	4:23:55	11:14:13
7th Age Grouper	1:12:49	5:28:40	4:33:11	11:23:20
8th Age Grouper	1:02:31	5:38:16	4:50:50	11:42:18
9th Age Grouper	1:14:54	5:45:52	4:40:21	11:51:50
10th Age Grouper	1:08:34	5:49:17	4:56:25	12:06:09
Kona Qualifier Average	0:59:18	5:18:19	3:57:14	10:22:49
Top 10 Age Grouper Average	1:05:38	5:30:07	4:26:32	11:11:58

Ironman Lanzarote

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:28	4:57:52	2:53:31	8:46:42
1st Age Grouper	0:56:45	5:30:59	3:20:26	9:56:07
2nd Age Grouper	0:58:50	5:44:36	3:35:39	10:27:17
3rd Age Grouper	0:58:46	5:54:20	3:52:18	10:53:44
4th Age Grouper	1:04:44	6:11:15	3:53:57	11:20:01
5th Age Grouper	1:04:38	6:16:27	4:02:43	11:35:28
6th Age Grouper	1:06:18	6:25:03	4:03:36	11:47:21
7th Age Grouper	1:08:38	6:26:46	4:42:10	12:30:20
8th Age Grouper	1:08:29	6:47:01	4:36:45	12:47:16
9th Age Grouper	1:11:56	6:53:15	4:44:26	13:08:11
10th Age Grouper	1:13:38	6:51:38	5:08:58	13:28:39
Kona Qualifier Average	0:56:45	5:30:59	3:20:26	9:56:07
Top 10 Age Grouper Average	1:05:16	6:18:08	4:12:06	11:47:26

Ironman Brazil

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:05	4:25:58	2:54:46	8:36:37
1st Age Grouper	0:54:38	4:35:58	3:08:45	9:55:14
2nd Age Grouper	0:55:34	4:40:41	3:11:00	10:04:00
3rd Age Grouper	1:01:30	4:43:53	3:54:16	10:18:58
4th Age Grouper	1:00:23	4:44:54	3:20:26	10:26:16
5th Age Grouper	0:58:25	4:14:48	4:38:39	10:33:09
6th Age Grouper	1:01:11	4:55:12	3:35:39	10:52:51
7th Age Grouper	0:56:41	4:55:07	4:25:36	11:06:35
8th Age Grouper	1:02:56	5:05:35	3:49:22	11:20:48
9th Age Grouper	1:10:55	5:21:10	3:48:34	11:43:33
10th Age Grouper	1:07:37	5:18:22	3:59:45	11:51:27
Kona Qualifier Average	0:55:06	4:38:19	3:09:53	9:59:37
Top 10 Age Grouper Average	1:00:59	4:51:34	3:47:12	10:49:17

Ironman France

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:18	4:46:51	2:48:07	8:30:38
1st Age Grouper	0:57:49	5:17:13	3:30:48	9:54:03
2nd Age Grouper	1:01:30	5:27:45	3:31:41	10:11:28
3rd Age Grouper	1:01:51	5:26:23	3:44:21	10:21:45
4th Age Grouper	1:01:38	5:35:21	3:43:21	10:29:50
5th Age Grouper	0:56:34	5:31:53	3:52:29	10:39:12
6th Age Grouper	1:06:21	5:37:42	4:05:49	10:59:31
7th Age Grouper	1:02:56	5:39:14	4:14:36	11:07:43
8th Age Grouper	0:58:23	5:49:59	4:16:06	11:23:41
9th Age Grouper	0:58:34	5:43:19	4:27:05	11:31:14
10th Age Grouper	1:05:36	5:55:46	4:25:27	11:41:04
Kona Qualifier Average	0:57:49	5:17:13	3:30:48	9:54:03
Top 10 Age Grouper Average	1:01:07	5:36:27	3:59:10	10:49:57

Ironman Cairns

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:04	4:30:34	2:53:07	8:17:45
1st Age Grouper	1:00:51	5:10:39	3:23:22	9:42:19
2nd Age Grouper	0:57:53	5:21:10	4:05:44	10:31:52
3rd Age Grouper	1:05:27	5:48:22	4:13:25	11:17:52
4th Age Grouper	1:06:15	5:32:51	4:41:15	11:29:17
5th Age Grouper	1:13:18	5:39:38	5:03:12	12:06:38
6th Age Grouper	1:14:23	6:02:31	5:00:34	12:28:51
7th Age Grouper	1:28:02	6:15:27	5:02:45	12:59:15
8th Age Grouper	1:10:08	6:47:33	4:28:02	12:38:17
9th Age Grouper	1:24:07	6:29:29	5:00:35	13:10:12
10th Age Grouper	1:19:50	6:43:08	6:08:48	14:29:25
Kona Qualifier Average	1:00:51	5:10:39	3:23:22	9:42:19
Top 10 Age Grouper Average	1:10:58	5:51:51	4:37:32	11:51:11

Ironman Austria

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:35	4:22:02	2:46:46	8:00:21
1st Age Grouper	1:00:32	4:53:46	3:19:04	9:19:17
2nd Age Grouper	0:58:49	4:59:34	3:25:29	9:30:48
3rd Age Grouper	1:02:23	5:04:05	3:32:03	9:45:43
4th Age Grouper	1:03:00	5:08:30	3:34:00	9:53:56
5th Age Grouper	1:02:42	5:08:38	3:41:06	10:00:13
6th Age Grouper	1:05:18	5:08:50	3:27:50	10:09:22
7th Age Grouper	1:02:22	5:15:42	3:48:21	10:14:10
8th Age Grouper	1:02:35	5:14:20	3:54:46	10:20:14
9th Age Grouper	1:04:09	5:18:23	3:57:28	10:28:20
10th Age Grouper	1:04:46	5:17:52	4:03:24	10:34:37
Kona Qualifier Average	1:00:32	4:53:46	3:19:04	9:19:17
Top 10 Age Grouper Average	1:02:40	5:08:58	3:40:21	10:01:40

Ironman Frankfurt

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:34	4:23:50	2:50:18	8:05:14
1st Age Grouper	0:57:24	4:54:01	3:15:20	9:11:15
2nd Age Grouper	0:57:22	4:37:41	3:02:05	9:25:25
3rd Age Grouper	0:58:55	4:59:32	3:10:01	9:33:03
4th Age Grouper	0:58:36	4:38:27	3:16:31	9:44:05
5th Age Grouper	1:01:11	4:41:13	4:05:59	9:51:59
6th Age Grouper	1:01:24	5:08:17	3:22:46	9:57:27
7th Age Grouper	1:01:18	5:18:15	3:21:43	10:09:17
8th Age Grouper	1:02:39	5:13:51	3:32:08	10:15:29
9th Age Grouper	1:04:05	5:17:41	3:33:49	10:22:37
10th Age Grouper	1:05:45	5:20:11	3:33:35	10:26:05
Kona Qualifier Average	0:57:24	4:54:01	3:15:20	9:11:15
Top 10 Age Grouper Average	1:00:52	5:00:55	3:25:23	9:53:40

Ironman UK

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:06	4:58:56	2:53:37	8:43:35
1st Age Grouper	0:56:27	5:36:35	3:05:29	10:00:10
2nd Age Grouper	1:00:02	5:41:52	3:31:24	10:20:17
3rd Age Grouper	1:02:28	5:45:01	3:45:53	10:40:54
4th Age Grouper	1:02:01	5:49:19	3:52:15	10:51:59
5th Age Grouper	1:03:14	5:52:41	3:53:32	10:59:08
6th Age Grouper	1:02:54	6:10:07	3:53:56	11:14:55
7th Age Grouper	1:05:28	6:08:00	3:58:19	11:21:32
8th Age Grouper	1:02:33	6:09:08	4:05:40	11:27:06
9th Age Grouper	1:14:37	6:13:03	3:55:51	11:35:14
10th Age Grouper	1:08:05	6:22:35	3:57:12	11:39:26
Kona Qualifier Average	0:56:27	5:36:35	3:05:29	10:00:10
Top 10 Age Grouper Average	1:03:47	5:58:50	3:47:57	11:01:04

Ironman Lake Placid

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:43	4:50:15	2:57:23	8:43:34
1st Age Grouper	0:57:29	5:32:57	3:24:51	10:05:02
2nd Age Grouper	1:02:14	5:36:36	3:37:27	10:27:55
3rd Age Grouper	0:58:56	5:37:27	3:53:35	10:40:35
4th Age Grouper	1:01:44	5:50:07	3:47:18	10:50:46
5th Age Grouper	1:01:36	5:41:17	4:04:09	10:58:32
6th Age Grouper	1:01:07	5:51:21	4:06:34	11:10:50
7th Age Grouper	1:00:19	5:52:31	4:15:00	11:21:22
8th Age Grouper	1:02:05	5:57:31	4:14:11	11:26:21
9th Age Grouper	1:02:58	6:04:57	4:11:38	11:33:22
10th Age Grouper	1:09:14	6:08:33	4:09:33	11:40:08
Kona Qualifier Average	0:57:29	5:32:57	3:24:51	10:05:02
Top 10 Age Grouper Average	1:01:46	5:49:20	3:58:26	11:01:29

Ironman Switzerland

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:53:56	4:32:06	2:53:03	8:21:35
1st Age Grouper	1:01:35	5:00:14	3:09:24	9:15:10
2nd Age Grouper	1:01:56	5:05:19	3:19:09	9:30:32
3rd Age Grouper	1:01:55	5:09:31	3:27:48	9:43:26
4th Age Grouper	1:02:59	5:15:23	3:37:28	10:00:21
5th Age Grouper	1:06:06	5:14:29	3:40:23	10:06:46
6th Age Grouper	1:04:54	5:19:05	3:43:16	10:12:27
7th Age Grouper	1:04:30	5:20:39	3:51:54	10:22:07
8th Age Grouper	1:03:47	5:31:32	3:48:44	10:30:12
9th Age Grouper	1:05:42	5:26:42	3:57:56	10:35:08
10th Age Grouper	1:08:36	5:35:44	3:53:58	10:44:47
Kona Qualifier Average	1:01:35	5:00:14	3:09:24	9:15:10
Top 10 Age Grouper Average	1:04:12	5:17:52	3:39:00	10:06:05

Ironman Canada

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:06	4:41:41	2:55:55	8:33:11
1st Age Grouper	1:01:25	5:19:30	3:32:15	9:59:19
2nd Age Grouper	1:00:36	5:26:40	3:47:56	10:22:10
3rd Age Grouper	1:06:14	5:32:32	3:48:31	10:34:18
4th Age Grouper	1:04:41	5:38:05	3:52:31	10:41:47
5th Age Grouper	1:05:08	5:42:50	4:02:49	10:59:20
6th Age Grouper	1:06:54	5:39:28	4:14:20	11:08:46
7th Age Grouper	1:04:14	5:40:59	4:23:15	11:17:41
8th Age Grouper	1:11:21	5:43:15	4:22:56	11:26:18
9th Age Grouper	1:10:59	5:49:27	4:22:23	11:33:12
10th Age Grouper	1:03:32	5:55:50	4:30:39	11:39:25
Kona Qualifier Average	1:01:25	5:19:30	3:32:15	9:59:19
Top 10 Age Grouper Average	1:05:30	5:38:52	4:05:45	10:58:14

Ironman Maastricht-Limburg

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:46:22	4:43:33	2:51:59	8:27:18
1st Age Grouper	0:54:46	5:19:28	3:55:56	10:17:30
2nd Age Grouper	1:02:43	5:26:22	3:50:17	10:26:21
3rd Age Grouper	1:01:10	5:31:10	4:02:06	10:44:19
4th Age Grouper	1:09:05	5:54:08	3:31:57	10:49:35
5th Age Grouper	1:08:48	5:56:04	3:44:51	10:57:22
6th Age Grouper	0:59:56	5:39:53	4:27:52	11:20:18
7th Age Grouper	1:03:07	6:22:32	4:49:26	12:31:09
8th Age Grouper	1:09:11	6:28:34	4:39:31	12:33:01
9th Age Grouper	1:17:27	6:29:18	4:47:47	12:55:34
10th Age Grouper	1:15:17	7:23:10	5:10:52	14:24:00
Kona Qualifier Average	0:54:46	5:19:28	3:55:56	10:17:30
Top 10 Age Grouper Average	1:06:09	6:03:03	4:18:03	11:41:54

Ironman Boulder

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:55:43	4:27:22	3:03:06	8:32:53
1st Age Grouper	1:01:13	4:43:39	3:18:27	9:10:51
2nd Age Grouper	1:07:52	5:08:07	4:10:47	10:37:43
3rd Age Grouper	1:07:14	5:29:40	4:11:13	10:59:22
4th Age Grouper	1:17:37	5:26:10	4:16:15	11:11:18
5th Age Grouper	1:08:20	5:26:27	4:27:07	11:12:50
6th Age Grouper	1:15:53	5:31:47	4:30:07	11:29:44
7th Age Grouper	1:03:37	5:29:14	4:45:59	11:39:00
8th Age Grouper	1:11:46	5:18:47	5:14:11	11:55:15
9th Age Grouper	1:18:08	5:45:44	4:41:24	11:58:59
10th Age Grouper	1:18:58	5:42:54	4:51:34	12:07:36
Kona Qualifier Average	1:01:13	4:43:39	3:18:27	9:10:51
Top 10 Age Grouper Average	1:11:04	5:24:15	4:26:42	11:14:15

Ironman Sweden

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:39	4:29:16	2:49:12	8:11:09
1st Age Grouper	1:03:37	4:51:15	3:14:59	9:14:24
2nd Age Grouper	1:09:42	5:00:02	3:25:32	9:40:49
3rd Age Grouper	1:08:17	5:01:48	3:33:22	9:48:58
4th Age Grouper	1:04:18	5:09:56	3:44:20	10:05:11
5th Age Grouper	1:13:42	5:12:32	3:44:38	10:18:00
6th Age Grouper	1:04:47	5:18:09	3:53:57	10:24:04
7th Age Grouper	1:05:33	5:16:06	4:00:55	10:30:02
8th Age Grouper	1:12:08	5:19:57	4:05:00	10:45:47
9th Age Grouper	1:11:32	5:41:55	4:02:56	11:04:38
10th Age Grouper	1:11:35	5:42:18	4:07:41	11:13:38
Kona Qualifier Average	1:03:37	4:51:15	3:14:59	9:14:24
Top 10 Age Grouper Average	1:08:31	5:15:24	3:47:20	10:18:33

Ironman Copenhagen

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:48:03	4:25:45	2:52:09	8:10:25
1st Age Grouper	0:58:08	4:43:12	3:11:30	8:58:35
2nd Age Grouper	0:58:16	4:49:48	3:22:24	9:16:44
3rd Age Grouper	0:59:16	4:52:29	3:25:47	9:25:04
4th Age Grouper	1:00:12	4:55:05	3:29:46	9:32:24
5th Age Grouper	1:01:54	5:00:47	3:28:03	9:37:36
6th Age Grouper	1:05:04	3:18:14	3:29:49	9:41:01
7th Age Grouper	1:07:06	4:58:05	3:31:17	9:42:57
8th Age Grouper	1:03:58	4:59:19	3:35:24	9:45:45
9th Age Grouper	1:01:38	5:12:22	3:26:17	9:47:23
10th Age Grouper	1:05:59	5:06:27	3:33:37	9:54:01
Kona Qualifier Average	0:58:12	4:46:30	3:16:57	9:07:39
Top 10 Age Grouper Average	1:02:09	4:47:35	3:27:23	9:34:09

Ironman Coeur d'Alene

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:12	4:43:20	2:53:58	8:31:02
1st Age Grouper	1:01:53	5:13:48	3:29:59	9:50:53
2nd Age Grouper	1:03:38	5:24:19	3:36:44	10:10:15
3rd Age Grouper	1:08:59	5:26:28	3:42:24	10:25:14
4th Age Grouper	1:06:59	5:36:15	3:50:15	10:41:34
5th Age Grouper	1:04:24	5:39:44	4:07:19	10:59:13
6th Age Grouper	1:05:26	5:46:45	4:06:48	11:06:25
7th Age Grouper	1:09:13	5:50:54	4:08:03	11:17:40
8th Age Grouper	1:05:12	5:55:48	4:15:35	11:25:28
9th Age Grouper	1:09:20	5:54:46	4:18:59	11:32:55
10th Age Grouper	1:09:53	6:05:16	4:25:16	11:50:43
Kona Qualifier Average	1:01:53	5:13:48	3:29:59	9:50:53
Top 10 Age Grouper Average	1:06:30	5:41:24	4:00:08	10:56:02

Ironman Mont-Tremblant

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:07	4:30:57	2:59:07	8:25:12
1st Age Grouper	0:56:33	5:20:39	3:37:59	10:01:58
2nd Age Grouper	1:00:50	5:19:53	3:41:06	10:09:02
3rd Age Grouper	1:04:01	5:18:38	3:44:23	10:15:10
4th Age Grouper	1:01:44	5:33:52	3:45:11	10:29:25
5th Age Grouper	1:00:34	5:35:18	3:56:47	10:40:12
6th Age Grouper	1:10:53	5:28:08	4:00:25	10:48:08
7th Age Grouper	1:14:20	5:42:18	3:48:06	10:54:13
8th Age Grouper	1:07:33	5:37:30	4:07:24	11:01:14
9th Age Grouper	1:16:08	5:34:47	4:05:35	11:05:45
10th Age Grouper	1:10:03	5:57:48	3:50:00	11:10:30
Kona Qualifier Average	0:56:33	5:20:39	3:37:59	10:01:58
Top 10 Age Grouper Average	1:06:16	5:32:53	3:51:42	10:39:33