

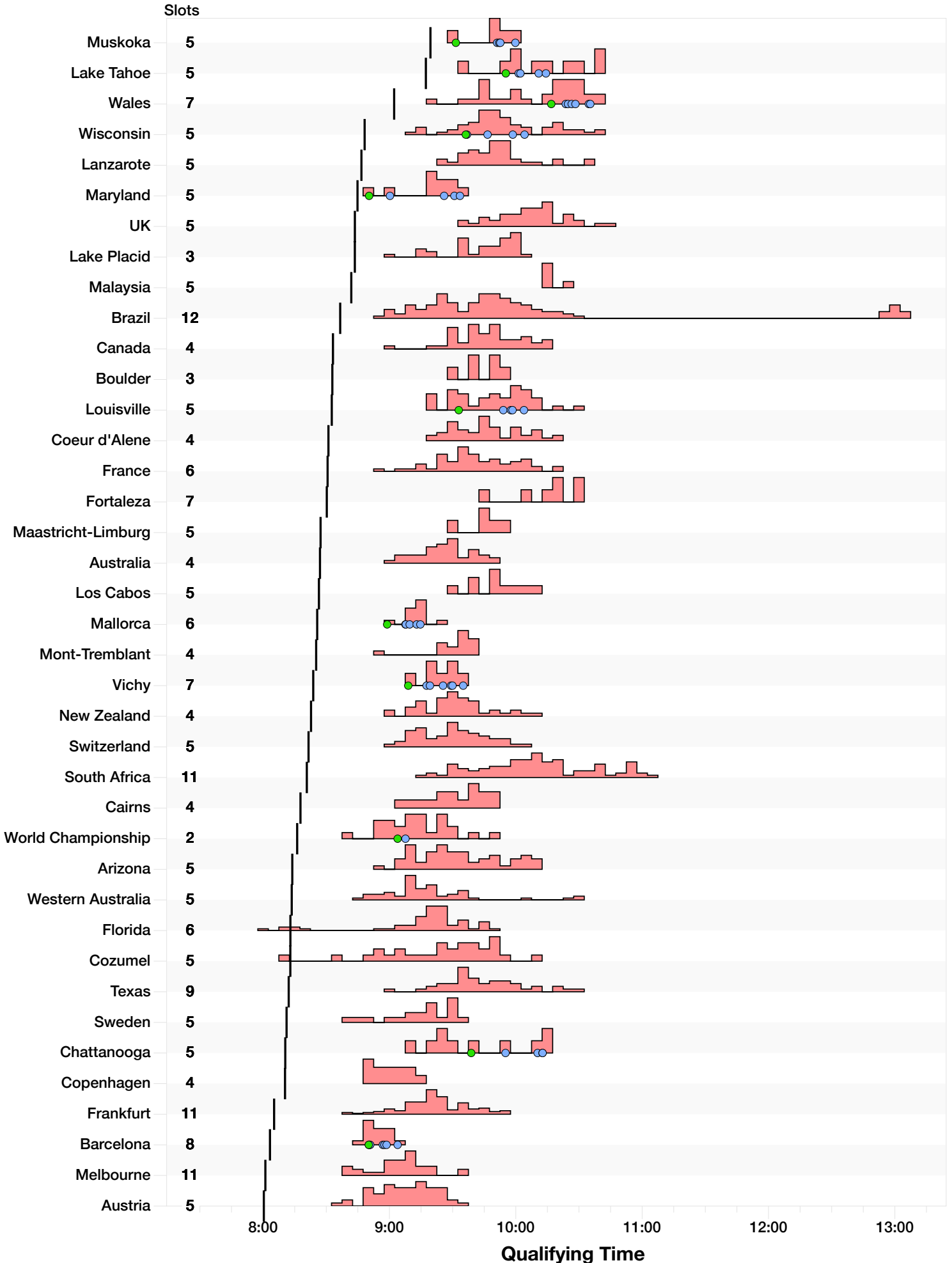
# Ironman World Championship

M40-44

2016 Qualification Stats

# 2016 Qualification Comparison for M40-44

■ Distribution of Past Qualifying Times     |     Average Race Winning Time  
● 2016 Age Group Qualifier                     ●     2016 Age Group Winner



## M40-44 Past Qualifying Times

### Ironman Vichy (7 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	7th Place Age Group Time
2015	8:23:49	9:08:55	9:35:01
Average	8:23:49	9:08:55	9:35:01

### Ironman Muskoka (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2015	9:19:28	9:31:32	9:59:48
Average	9:19:28	9:31:32	9:59:48

### Ironman Wisconsin (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2003	8:55:26	9:51:32	10:37:54
2004	8:52:33	9:51:35	10:20:04
2005	9:01:34	9:51:19	10:38:02
2006	9:07:24	9:48:35	10:26:09
2007	8:52:49	9:40:51	10:01:27
2008	8:43:29	9:40:52	9:56:01
2009	8:45:19	9:31:54	9:57:27
2010	8:38:32	9:13:25	9:44:50
2011	8:45:18	9:12:44	10:07:21
2012	8:32:51	9:08:18	9:52:17
2013	8:40:15	9:14:45	10:23:22
2014	8:31:20	9:42:04	9:53:26
2015	8:59:59	9:36:15	10:04:10
Average	8:48:13	9:34:09	10:09:25

### Ironman Wales (7 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	7th Place Age Group Time
2011	9:04:20	9:45:06	10:27:54
2012	8:52:43	9:18:45	9:49:46
2013	9:09:10	10:01:04	10:31:08
2014	9:07:28	9:53:53	10:42:16
2015	8:57:33	10:16:51	10:35:23
Average	9:02:14	9:51:07	10:25:17

### Ironman Lake Tahoe (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2013	8:55:14	9:36:27	10:38:37
2015	9:39:23	9:55:15	10:14:19
Average	9:17:18	9:45:51	10:26:28

### Ironman Mallorca (6 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	6th Place Age Group Time
2014	8:34:02	9:09:03	9:23:30
2015	8:17:22	8:58:55	9:14:41
Average	8:25:42	9:03:59	9:19:05

### Ironman Chattanooga (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2014	8:12:32	9:08:18	9:27:59
2015	8:08:32	9:38:50	10:12:43
<b>Average</b>	<b>8:10:32</b>	<b>9:23:34</b>	<b>9:50:21</b>

### Ironman Barcelona (8 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	8th Place Age Group Time
2014	8:04:13	8:45:21	8:59:03
2015	8:02:20	8:50:10	9:03:53
<b>Average</b>	<b>8:03:16</b>	<b>8:47:45</b>	<b>9:01:28</b>

### Ironman World Championship (2 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	2nd Place Age Group Time
2003	8:59:36	9:23:00	9:32:06
2004	8:33:29	9:37:39	9:50:35
2005	8:14:17	9:02:25	9:03:51
2006	8:11:56	8:58:55	9:18:41
2007	8:15:34	9:12:35	9:30:08
2008	8:17:45	9:14:37	9:23:06
2009	8:20:21	9:22:33	9:26:31
2010	8:10:37	9:07:50	9:13:17
2011	8:03:56	8:53:26	8:54:55
2012	8:18:37	8:54:17	9:14:32
2013	8:12:29	8:41:22	9:00:41
2014	8:14:18	9:09:51	9:11:16
2015	8:14:40	9:03:53	9:07:37
<b>Average</b>	<b>8:19:02</b>	<b>9:07:52</b>	<b>9:17:28</b>

### Ironman Louisville (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2007	8:38:39	9:18:33	10:11:22
2008	8:33:58	10:01:29	10:28:55
2010	8:29:59	9:32:51	10:08:26
2011	8:27:36	9:29:05	9:51:54
2012	8:42:44	9:21:45	10:02:39
2013	8:21:34	9:19:34	9:42:48
2014	8:24:44	9:20:15	9:52:38
2015	8:48:53	9:32:55	10:03:53
<b>Average</b>	<b>8:33:30</b>	<b>9:29:33</b>	<b>10:02:49</b>

### Ironman Maryland (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2014	8:51:19	9:18:00	9:29:25
2015	8:38:21	8:50:21	9:33:29
<b>Average</b>	<b>8:44:50</b>	<b>9:04:10</b>	<b>9:31:27</b>

**Ironman Los Cabos (5 Kona Slots)**

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2013	8:26:48	9:30:45	10:11:26
2014	8:26:15	9:41:36	9:52:49
<b>Average</b>	<b>8:26:31</b>	<b>9:36:10</b>	<b>10:02:07</b>

**Ironman Florida (6 Kona Slots)**

Year	Male Winning Time	Age Group Winning Time	6th Place Age Group Time
2004	8:31:07	9:24:30	9:37:00
2005	8:28:26	9:13:02	9:49:16
2006	8:22:44	9:21:29	9:37:49
2007	8:21:29	9:10:36	9:23:03
2008	8:07:59	9:00:42	9:21:49
2009	8:24:29	9:05:40	9:36:14
2010	8:15:59	9:18:02	9:24:56
2011	7:59:42	9:24:36	9:47:17
2012	8:06:17	9:13:01	9:21:43
2013	7:53:12	8:57:28	9:15:22
2014	7:33:47	7:58:41	8:18:12
<b>Average</b>	<b>8:11:22</b>	<b>9:06:09</b>	<b>9:24:47</b>

**Ironman Fortaleza (7 Kona Slots)**

Year	Male Winning Time	Age Group Winning Time	7th Place Age Group Time
2014	8:30:15	9:47:24	10:30:01
<b>Average</b>	<b>8:30:15</b>	<b>9:47:24</b>	<b>10:30:01</b>

**Ironman Malaysia (5 Kona Slots)**

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2014	8:41:53	10:14:55	10:22:48
<b>Average</b>	<b>8:41:53</b>	<b>10:14:55</b>	<b>10:22:48</b>

**Ironman Arizona (5 Kona Slots)**

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2005	8:25:42	9:43:29	10:09:44
2006	8:20:56	9:39:07	10:07:06
2007	8:21:14	9:48:09	10:05:06
2008	8:14:16	9:11:38	9:29:11
2009	8:14:16	9:11:38	9:29:11
2010	8:13:35	9:10:33	9:28:08
2011	8:07:16	9:06:21	9:46:23
2012	8:03:13	9:09:39	9:32:34
2013	8:02:00	8:54:51	9:18:58
2014	7:55:48	9:10:56	9:36:42
<b>Average</b>	<b>8:11:49</b>	<b>9:18:38</b>	<b>9:42:18</b>

### Ironman Cozumel (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2009	8:18:40	9:43:41	10:11:51
2010	8:12:20	8:12:20	9:26:29
2011	8:23:52	9:20:16	9:39:59
2012	8:15:07	9:14:22	9:44:18
2013	7:55:23	8:51:31	9:04:58
2014	8:12:16	9:31:33	9:52:08
<b>Average</b>	<b>8:12:56</b>	<b>9:08:57</b>	<b>9:39:57</b>

### Ironman Western Australia (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2004	8:16:00	9:11:18	9:39:48
2005	8:27:36	9:28:30	10:32:13
2006	8:08:57	8:55:57	9:10:47
2007	8:06:00	8:48:23	9:11:32
2008	8:07:06	8:43:12	9:20:52
2009	8:13:59	8:52:25	9:36:05
2010	8:14:01	8:57:47	9:20:57
2011	8:12:39	9:19:48	9:34:01
2012	8:29:06	9:04:39	9:33:14
2013	8:08:16	8:48:45	9:11:30
2014	8:05:58	9:09:25	9:22:16
<b>Average</b>	<b>8:13:36</b>	<b>9:01:49</b>	<b>9:30:17</b>

### Ironman New Zealand (4 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	4th Place Age Group Time
2003	8:22:04	8:59:50	9:56:56
2004	8:30:29	9:14:02	10:07:51
2005	8:20:14	9:12:02	10:00:36
2007	8:26:33	9:11:45	9:40:51
2008	8:24:49	9:23:05	9:32:05
2009	8:18:04	9:24:16	9:38:19
2010	8:21:52	9:23:49	9:43:30
2011	8:31:07	9:10:41	9:37:04
2013	8:15:35	9:13:10	9:37:36
2014	8:17:33	9:00:59	9:48:12
2015	8:22:13	9:12:59	9:33:18
<b>Average</b>	<b>8:22:46</b>	<b>9:13:19</b>	<b>9:45:07</b>

### Ironman Melbourne (11 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	11th Place Age Group Time
2012	7:57:44	8:58:06	9:15:47
2014	8:01:02	8:37:48	9:10:11
2015	8:04:29	8:39:04	9:33:46
<b>Average</b>	<b>8:01:05</b>	<b>8:44:59</b>	<b>9:19:54</b>

### Ironman South Africa (11 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	11th Place Age Group Time
2007	8:33:04	10:05:31	11:03:18
2008	8:18:23	9:40:18	10:21:05
2009	8:17:32	9:45:17	10:37:05
2010	8:23:28	9:29:37	10:20:53
2011	8:05:36	9:30:44	10:13:56
2012	8:34:45	9:37:21	10:59:50
2013	8:11:24	9:18:26	9:57:32
2014	8:26:07	9:29:28	10:55:06
2015	8:16:35	9:13:13	10:14:28
<b>Average</b>	<b>8:20:46</b>	<b>9:34:26</b>	<b>10:31:28</b>

### Ironman Australia (4 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	4th Place Age Group Time
2005	8:25:44	9:03:27	9:31:07
2006	8:20:42	9:43:31	9:50:18
2007	8:21:49	9:31:50	9:41:59
2008	8:31:33	9:06:50	9:44:18
2009	8:24:53	9:06:23	9:35:32
2010	8:23:54	9:12:51	9:20:15
2011	8:29:28	9:27:08	9:40:23
2012	8:17:38	9:11:05	9:29:07
2013	8:30:23	9:09:24	9:29:18
2014	8:35:18	9:00:30	9:36:30
2015	8:35:53	9:09:27	9:28:37
<b>Average</b>	<b>8:27:01</b>	<b>9:14:46</b>	<b>9:35:13</b>

### Ironman Texas (9 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	9th Place Age Group Time
2011	8:08:20	9:33:08	10:20:43
2012	8:10:44	9:02:11	9:52:31
2013	8:25:06	9:36:27	10:29:45
2014	8:09:37	9:17:57	9:38:23
2015	8:07:03	9:25:21	9:57:35
<b>Average</b>	<b>8:12:10</b>	<b>9:23:00</b>	<b>10:03:47</b>

### Ironman Lanzarote (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2008	8:59:37	9:37:43	10:03:07
2009	8:54:03	9:35:16	10:01:46
2010	8:37:42	9:26:13	9:43:11
2011	8:30:34	9:34:07	9:55:50
2012	8:44:39	9:51:14	9:57:26
2013	8:42:40	9:37:35	9:49:21
2014	8:47:39	9:26:54	9:49:44
2015	8:56:49	10:11:53	10:36:05
<b>Average</b>	<b>8:46:42</b>	<b>9:40:06</b>	<b>9:59:33</b>

### Ironman Brazil (12 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	12th Place Age Group Time
2006	8:15:18	9:26:22	10:15:38
2007	8:21:09	9:07:42	10:05:24
2008	8:28:24	9:40:14	10:30:45
2009	8:13:39	9:22:12	10:10:38
2010	8:07:39	9:15:48	9:56:43
2011	12:14:21	12:55:12	13:06:01
2012	8:22:40	9:17:11	10:11:12
2013	8:01:32	8:59:51	9:46:25
2014	8:07:52	9:01:00	9:27:51
2015	7:53:44	8:55:33	9:25:19
<b>Average</b>	<b>8:36:37</b>	<b>9:36:06</b>	<b>10:17:35</b>

### Ironman France (6 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	6th Place Age Group Time
2005	8:49:06	9:38:17	10:19:29
2006	8:33:55	9:53:39	10:18:17
2007	8:38:45	9:33:26	10:07:51
2008	8:34:18	9:38:03	10:04:48
2009	8:30:06	9:23:53	9:41:44
2011	8:28:30	9:24:08	9:52:02
2012	8:21:51	8:54:31	9:36:03
2013	8:08:59	9:13:51	9:34:15
2014	8:33:22	9:04:48	9:32:39
2015	8:27:32	9:32:44	9:45:53
<b>Average</b>	<b>8:30:38</b>	<b>9:25:44</b>	<b>9:53:18</b>

### Ironman Cairns (4 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	4th Place Age Group Time
2012	8:15:04	9:32:35	9:44:24
2013	8:17:43	9:16:13	9:47:36
2014	8:20:15	9:05:24	9:27:18
2015	8:18:01	9:25:31	9:49:40
<b>Average</b>	<b>8:17:45</b>	<b>9:19:55</b>	<b>9:42:14</b>

### Ironman Austria (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2005	8:14:37	9:04:08	9:31:55
2006	8:07:59	9:08:05	9:34:06
2007	8:06:39	8:58:26	9:25:50
2008	8:06:11	9:05:53	9:22:03
2009	8:01:38	9:11:12	9:21:50
2010	7:52:05	8:47:38	9:16:35
2011	7:45:58	8:34:21	8:48:28
2012	8:11:31	8:53:23	9:22:52
2013	7:59:51	8:48:07	9:00:08
2014	7:48:43	8:47:41	9:04:08
2015	7:48:45	8:57:55	9:13:54
<b>Average</b>	<b>8:00:21</b>	<b>8:56:04</b>	<b>9:16:31</b>



### Ironman Frankfurt (11 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	11th Place Age Group Time
2003	8:12:29	9:18:29	9:56:18
2005	8:20:50	9:10:41	9:43:56
2006	8:13:39	9:22:08	9:44:11
2007	8:09:15	8:59:08	9:21:44
2008	7:59:55	8:44:15	9:26:56
2009	7:59:15	8:38:21	9:21:24
2010	8:05:15	8:55:19	9:36:29
2011	8:13:50	9:15:43	9:27:27
2012	8:03:31	8:57:51	9:27:08
2013	7:59:58	8:56:34	9:26:09
2014	7:55:14	8:49:03	9:18:13
2015	7:49:48	9:19:55	9:44:49
<b>Average</b>	<b>8:05:14</b>	<b>9:02:17</b>	<b>9:32:53</b>

### Ironman UK (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2007	8:35:57	9:34:54	10:00:34
2008	8:53:58	9:45:46	10:28:23
2009	8:45:51	9:50:45	10:24:13
2010	8:40:17	9:45:17	10:47:06
2011	8:24:33	9:36:15	10:05:27
2012	8:55:11	9:57:41	10:25:34
2013	8:45:48	9:59:55	10:16:48
2014	8:44:10	9:49:03	10:16:23
2015	8:46:37	9:53:05	10:17:07
<b>Average</b>	<b>8:43:35</b>	<b>9:48:04</b>	<b>10:20:10</b>

### Ironman Lake Placid (3 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	3rd Place Age Group Time
2002	8:39:19	9:35:37	9:56:53
2003	8:46:15	9:48:28	10:02:47
2004	8:23:12	9:16:10	9:51:49
2006	8:38:18	9:58:23	10:02:19
2007	9:16:02	9:21:43	9:57:43
2008	8:43:32	9:53:14	9:58:35
2009	8:36:37	9:18:58	9:50:18
2010	8:39:34	9:34:42	9:43:42
2011	8:25:15	9:49:44	9:57:15
2012	8:25:07	9:45:38	10:01:27
2013	8:43:29	9:33:47	9:42:07
2014	8:38:43	9:01:07	9:14:23
2015	9:31:09	9:46:48	10:02:24
<b>Average</b>	<b>8:43:34</b>	<b>9:35:43</b>	<b>9:52:26</b>

### Ironman Switzerland (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2005	8:21:50	9:40:18	10:04:08
2006	8:16:50	9:14:53	9:31:41
2007	8:25:00	9:22:34	9:43:27
2008	8:16:05	9:27:48	9:40:06
2009	8:20:00	9:01:55	9:13:23
2010	8:12:40	9:02:40	9:12:51
2011	8:19:51	9:15:21	9:29:58
2012	8:17:13	9:11:45	9:29:59
2013	8:33:39	9:44:56	9:55:47
2014	8:33:02	9:16:17	9:31:19
2015	8:21:19	9:32:53	9:49:24
<b>Average</b>	<b>8:21:35</b>	<b>9:21:01</b>	<b>9:36:33</b>

### Ironman Canada (4 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	4th Place Age Group Time
2004	8:28:06	9:41:25	10:05:10
2005	8:33:32	9:52:09	10:07:13
2006	8:33:58	9:38:59	9:48:07
2007	8:32:45	9:28:48	9:59:31
2008	8:30:12	9:40:33	9:51:11
2009	8:25:13	9:29:04	9:56:07
2010	8:32:28	9:29:48	9:40:52
2011	8:28:09	8:58:34	9:49:31
2012	8:48:30	9:19:04	9:30:39
2013	8:39:33	9:31:49	9:40:35
2014	8:16:10	9:28:23	10:14:18
2015	8:49:46	10:06:08	10:15:19
<b>Average</b>	<b>8:33:11</b>	<b>9:33:43</b>	<b>9:54:52</b>

### Ironman Maastricht-Limburg (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2015	8:27:18	9:28:53	9:54:22
<b>Average</b>	<b>8:27:18</b>	<b>9:28:53</b>	<b>9:54:22</b>

### Ironman Boulder (3 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	3rd Place Age Group Time
2014	8:20:26	9:29:08	9:53:04
2015	8:45:20	9:38:57	9:51:56
<b>Average</b>	<b>8:32:53</b>	<b>9:34:02</b>	<b>9:52:30</b>

### Ironman Sweden (5 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	5th Place Age Group Time
2012	8:04:01	8:42:13	9:03:12
2013	8:19:30	9:09:13	9:30:07
2014	8:13:01	9:10:58	9:33:06
2015	8:08:05	9:15:35	9:32:27
<b>Average</b>	<b>8:11:09</b>	<b>9:04:29</b>	<b>9:24:43</b>

### Ironman Copenhagen (4 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	4th Place Age Group Time
2013	8:12:41	8:49:58	9:05:30
2014	8:03:39	8:47:49	9:14:45
2015	8:14:56	8:49:43	9:12:22
<b>Average</b>	<b>8:10:25</b>	<b>8:49:10</b>	<b>9:10:52</b>

### Ironman Coeur d'Alene (4 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	4th Place Age Group Time
2003	8:40:59	10:08:03	10:22:18
2005	8:23:29	9:28:52	9:49:06
2006	9:07:05	9:25:34	10:08:56
2007	8:33:32	9:30:43	9:57:48
2008	8:34:22	9:21:19	9:50:00
2009	8:32:12	9:37:22	9:46:47
2010	8:24:40	9:37:11	9:50:39
2011	8:19:48	9:25:11	9:36:14
2012	8:32:29	9:20:03	9:45:34
2013	8:17:31	9:29:53	9:44:11
2014	8:25:44	9:26:28	10:02:21
2015	8:20:35	10:05:19	10:08:00
<b>Average</b>	<b>8:31:02</b>	<b>9:34:39</b>	<b>9:55:09</b>

### Ironman Mont-Tremblant (4 Kona Slots)

Year	Male Winning Time	Age Group Winning Time	4th Place Age Group Time
2012	8:40:48	9:35:36	9:41:43
2013	8:26:06	9:23:54	9:35:50
2014	8:16:17	9:22:45	9:38:28
2015	8:17:37	8:54:31	9:32:44
<b>Average</b>	<b>8:25:12</b>	<b>9:19:11</b>	<b>9:37:11</b>

## M40-44 Average Top 10 and Kona Qualifying Splits

### Ironman Vichy

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:54:34	4:31:24	2:52:34	8:23:49
1st Age Grouper	0:54:59	4:51:27	3:16:39	9:08:55
2nd Age Grouper	1:02:19	4:53:55	3:13:03	9:17:38
3rd Age Grouper	1:04:47	4:56:52	3:11:32	9:19:14
4th Age Grouper	1:07:40	4:58:58	3:11:10	9:25:27
5th Age Grouper	0:59:27	4:54:32	3:28:03	9:29:15
6th Age Grouper	1:06:22	4:56:46	3:19:54	9:29:56
7th Age Grouper	1:00:39	5:00:02	3:27:53	9:35:01
8th Age Grouper	1:06:16	5:08:40	3:17:17	9:38:13
9th Age Grouper	1:02:09	4:55:50	3:32:55	9:38:30
10th Age Grouper	1:04:32	5:02:01	3:23:55	9:38:45
<b>Kona Qualifier Average</b>	<b>1:02:19</b>	<b>4:56:04</b>	<b>3:18:19</b>	<b>9:23:38</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:55</b>	<b>4:57:54</b>	<b>3:20:14</b>	<b>9:28:05</b>

### Ironman Muskoka

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:59:23	5:06:21	3:07:48	9:19:28
1st Age Grouper	1:09:55	5:02:28	3:10:01	9:31:32
2nd Age Grouper	0:59:46	5:06:53	3:36:53	9:51:08
3rd Age Grouper	0:59:45	5:15:12	3:29:31	9:52:08
4th Age Grouper	0:59:56	5:17:20	3:28:04	9:52:39
5th Age Grouper	0:55:13	5:24:45	3:33:13	9:59:48
6th Age Grouper	1:01:23	5:16:50	3:36:02	10:03:05
7th Age Grouper	0:56:30	5:27:10	3:48:49	10:24:37
8th Age Grouper	1:03:21	5:44:48	3:30:30	10:26:40
9th Age Grouper	1:02:24	5:14:39	4:04:52	10:31:13
10th Age Grouper	1:10:36	5:26:17	3:50:29	10:34:47
<b>Kona Qualifier Average</b>	<b>1:00:55</b>	<b>5:13:19</b>	<b>3:27:32</b>	<b>9:49:27</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:52</b>	<b>5:19:38</b>	<b>3:36:50</b>	<b>10:06:45</b>

### Ironman Wisconsin

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:46	4:47:32	3:01:25	8:48:13
1st Age Grouper	1:01:22	5:07:52	3:15:58	9:34:09
2nd Age Grouper	1:03:02	5:15:46	3:21:05	9:48:39
3rd Age Grouper	1:04:56	5:19:07	3:22:41	9:55:41
4th Age Grouper	1:04:30	5:21:21	3:28:42	10:03:59
5th Age Grouper	1:06:02	5:24:36	3:29:39	10:09:25
6th Age Grouper	1:06:39	5:23:52	3:32:59	10:12:38
7th Age Grouper	1:06:02	5:26:53	3:33:43	10:16:56
8th Age Grouper	1:05:14	5:29:14	3:35:34	10:19:45
9th Age Grouper	1:05:22	5:24:31	3:43:30	10:23:35
10th Age Grouper	1:02:41	5:02:30	3:48:15	10:26:27
<b>Kona Qualifier Average</b>	<b>1:03:58</b>	<b>5:17:44</b>	<b>3:23:37</b>	<b>9:54:23</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:35</b>	<b>5:19:34</b>	<b>3:31:13</b>	<b>10:07:07</b>

### Ironman Wales

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:20	5:08:59	2:56:04	9:02:14
1st Age Grouper	0:58:14	5:28:02	3:13:39	9:51:07
2nd Age Grouper	1:00:37	5:29:41	3:17:16	9:58:32
3rd Age Grouper	1:00:47	5:43:31	3:13:20	10:08:28
4th Age Grouper	0:58:10	5:44:39	3:19:34	10:14:35
5th Age Grouper	1:04:44	5:56:41	2:37:47	10:17:23
6th Age Grouper	1:02:28	5:47:22	3:21:05	10:23:01
7th Age Grouper	1:04:15	5:42:55	3:26:40	10:25:17
8th Age Grouper	1:05:44	5:50:03	3:17:58	10:26:17
9th Age Grouper	1:01:47	5:44:38	3:31:05	10:28:59
10th Age Grouper	1:00:57	5:49:37	3:26:38	10:30:53
<b>Kona Qualifier Average</b>	<b>1:01:19</b>	<b>5:41:50</b>	<b>3:12:46</b>	<b>10:11:12</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:46</b>	<b>5:43:43</b>	<b>3:16:30</b>	<b>10:16:27</b>

### Ironman Lake Tahoe

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:56:06	5:02:47	3:11:51	9:17:18
1st Age Grouper	0:55:04	5:17:21	3:26:19	9:45:51
2nd Age Grouper	1:01:05	5:29:38	3:34:51	10:14:17
3rd Age Grouper	1:02:25	5:32:02	3:32:44	10:15:06
4th Age Grouper	1:04:55	5:34:08	3:33:44	10:24:38
5th Age Grouper	1:01:53	5:33:44	3:39:36	10:26:28
6th Age Grouper	0:57:05	5:40:35	3:38:46	10:28:01
7th Age Grouper	1:10:03	5:29:28	3:45:04	10:34:00
8th Age Grouper	1:04:27	5:39:18	3:41:39	10:36:31
9th Age Grouper	0:56:25	5:43:05	3:50:41	10:39:47
10th Age Grouper	1:05:29	5:40:49	3:45:09	10:42:18
<b>Kona Qualifier Average</b>	<b>1:01:04</b>	<b>5:29:22</b>	<b>3:33:27</b>	<b>10:13:16</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:53</b>	<b>5:34:01</b>	<b>3:38:51</b>	<b>10:24:41</b>

### Ironman Mallorca

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:41	4:41:48	2:51:33	8:25:42
1st Age Grouper	0:53:21	4:57:41	3:07:11	9:03:59
2nd Age Grouper	0:57:37	5:03:49	3:04:08	9:10:20
3rd Age Grouper	0:55:04	5:01:22	3:08:48	9:11:02
4th Age Grouper	0:54:54	4:59:15	3:12:09	9:12:10
5th Age Grouper	0:59:19	5:04:56	3:03:46	9:14:36
6th Age Grouper	0:54:21	4:58:59	3:19:30	9:19:05
7th Age Grouper	1:00:12	5:00:53	3:12:44	9:20:31
8th Age Grouper	1:00:14	5:07:07	3:03:30	9:21:44
9th Age Grouper	0:59:01	5:03:01	3:18:14	9:26:58
10th Age Grouper	0:56:41	5:03:17	3:22:08	9:29:09
<b>Kona Qualifier Average</b>	<b>0:55:46</b>	<b>5:01:00</b>	<b>3:09:15</b>	<b>9:11:52</b>
<b>Top 10 Age Grouper Average</b>	<b>0:57:04</b>	<b>5:02:02</b>	<b>3:11:13</b>	<b>9:16:57</b>

### Ironman Chattanooga

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:42:50	4:33:53	2:49:16	8:10:32
1st Age Grouper	0:52:56	5:06:16	3:17:17	9:23:34
2nd Age Grouper	1:01:44	5:09:27	3:17:26	9:36:27
3rd Age Grouper	0:50:46	5:18:48	3:30:58	9:46:52
4th Age Grouper	0:54:16	5:08:35	3:39:41	9:48:34
5th Age Grouper	0:55:00	5:13:56	3:31:24	9:50:21
6th Age Grouper	0:56:51	5:13:02	3:33:49	9:53:29
7th Age Grouper	0:49:54	5:15:49	3:44:40	9:59:05
8th Age Grouper	0:57:19	5:21:50	3:36:12	10:05:25
9th Age Grouper	0:53:02	5:17:44	3:46:13	10:07:13
10th Age Grouper	0:49:55	5:13:58	3:52:59	10:07:56
<b>Kona Qualifier Average</b>	<b>0:54:56</b>	<b>5:11:24</b>	<b>3:27:21</b>	<b>9:41:09</b>
<b>Top 10 Age Grouper Average</b>	<b>0:54:10</b>	<b>5:13:56</b>	<b>3:35:04</b>	<b>9:51:53</b>

### Ironman Barcelona

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:00	4:25:29	2:44:56	8:03:16
1st Age Grouper	0:57:02	4:38:59	3:08:07	8:47:45
2nd Age Grouper	0:57:11	4:37:31	3:10:56	8:49:29
3rd Age Grouper	0:55:28	4:36:12	3:15:02	8:50:34
4th Age Grouper	0:56:03	4:43:10	3:09:48	8:52:52
5th Age Grouper	0:58:15	4:41:43	3:12:21	8:56:43
6th Age Grouper	0:56:20	4:37:21	3:18:52	8:57:19
7th Age Grouper	0:58:13	4:41:49	3:14:15	8:58:17
8th Age Grouper	1:01:19	4:38:19	3:18:06	9:01:28
9th Age Grouper	1:03:42	4:39:01	3:14:59	9:02:11
10th Age Grouper	0:58:28	4:42:18	3:17:09	9:03:05
<b>Kona Qualifier Average</b>	<b>0:57:29</b>	<b>4:39:23</b>	<b>3:13:26</b>	<b>8:54:18</b>
<b>Top 10 Age Grouper Average</b>	<b>0:58:12</b>	<b>4:39:38</b>	<b>3:13:57</b>	<b>8:55:58</b>

### Ironman World Championship

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:20	4:31:38	2:50:49	8:19:02
1st Age Grouper	1:00:32	4:55:28	3:06:27	9:07:52
2nd Age Grouper	1:02:53	5:00:10	3:08:46	9:17:28
3rd Age Grouper	1:02:22	5:00:01	3:11:45	9:20:33
4th Age Grouper	1:01:16	5:00:49	3:15:42	9:24:46
5th Age Grouper	1:02:12	5:02:49	3:16:17	9:27:38
6th Age Grouper	1:04:49	5:04:31	3:13:45	9:30:08
7th Age Grouper	1:02:49	5:03:43	3:18:23	9:31:44
8th Age Grouper	1:02:51	5:08:08	3:16:17	9:33:38
9th Age Grouper	1:04:23	5:06:59	3:17:31	9:35:18
10th Age Grouper	1:03:30	5:03:20	3:23:49	9:36:49
<b>Kona Qualifier Average</b>	<b>1:01:42</b>	<b>4:57:49</b>	<b>3:07:36</b>	<b>9:12:40</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:46</b>	<b>5:02:36</b>	<b>3:14:52</b>	<b>9:26:35</b>

### Ironman Louisville

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:21	4:38:36	2:57:00	8:32:37
1st Age Grouper	0:50:36	4:25:52	4:06:23	9:29:33
2nd Age Grouper	1:01:45	5:04:13	3:31:58	9:45:15
3rd Age Grouper	0:59:42	5:06:37	3:35:31	9:50:33
4th Age Grouper	1:05:02	5:05:17	3:38:45	9:57:04
5th Age Grouper	1:07:16	5:14:23	3:31:29	10:02:49
6th Age Grouper	0:59:47	5:16:38	3:41:54	10:07:01
7th Age Grouper	1:01:09	5:18:08	3:41:01	10:09:36
8th Age Grouper	1:07:07	5:14:07	3:43:50	10:14:16
9th Age Grouper	1:04:42	5:16:16	3:47:28	10:16:58
10th Age Grouper	1:03:27	5:18:26	3:47:17	10:18:01
<b>Kona Qualifier Average</b>	<b>1:00:52</b>	<b>4:59:16</b>	<b>3:40:49</b>	<b>9:49:03</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:03</b>	<b>5:08:00</b>	<b>3:42:34</b>	<b>10:01:07</b>

### Ironman Maryland

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:53:10	4:40:10	3:05:37	8:44:50
1st Age Grouper	0:54:18	4:44:36	3:18:57	9:04:10
2nd Age Grouper	0:56:59	4:48:57	3:16:14	9:09:18
3rd Age Grouper	0:54:33	4:52:47	3:26:50	9:23:25
4th Age Grouper	1:02:22	4:47:16	3:29:48	9:27:14
5th Age Grouper	0:57:29	5:01:45	3:24:43	9:31:27
6th Age Grouper	0:55:30	5:07:24	3:28:19	9:37:30
7th Age Grouper	1:03:00	5:00:16	3:28:19	9:40:14
8th Age Grouper	1:01:01	5:06:56	3:29:16	9:45:48
9th Age Grouper	1:05:02	5:10:25	3:24:32	9:49:24
10th Age Grouper	0:56:32	4:57:41	3:49:19	9:54:07
<b>Kona Qualifier Average</b>	<b>0:57:08</b>	<b>4:51:04</b>	<b>3:23:18</b>	<b>9:19:06</b>
<b>Top 10 Age Grouper Average</b>	<b>0:58:40</b>	<b>4:57:48</b>	<b>3:27:37</b>	<b>9:32:15</b>

### Ironman Los Cabos

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:33	4:38:43	2:53:22	8:26:31
1st Age Grouper	0:58:37	5:12:13	3:18:35	9:36:10
2nd Age Grouper	1:06:56	5:15:14	3:18:29	9:46:13
3rd Age Grouper	1:02:50	5:23:41	3:20:16	9:54:10
4th Age Grouper	1:01:24	5:23:40	3:26:01	9:57:11
5th Age Grouper	1:01:48	5:23:45	3:29:42	10:02:07
6th Age Grouper	1:02:34	5:21:44	3:34:14	10:06:42
7th Age Grouper	1:02:50	5:22:51	3:38:17	10:09:49
8th Age Grouper	1:00:52	5:29:25	3:40:11	10:16:56
9th Age Grouper	1:03:06	5:33:30	3:36:13	10:22:32
10th Age Grouper	1:03:07	5:33:53	3:36:52	10:23:41
<b>Kona Qualifier Average</b>	<b>1:02:19</b>	<b>5:19:42</b>	<b>3:22:36</b>	<b>9:51:10</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:24</b>	<b>5:23:59</b>	<b>3:29:53</b>	<b>10:03:33</b>

### Ironman Florida

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:51:09	4:27:24	2:54:25	8:12:58
1st Age Grouper	0:55:30	4:50:44	3:12:37	9:06:09
2nd Age Grouper	0:56:11	4:54:12	3:14:44	9:12:10
3rd Age Grouper	0:54:44	4:53:36	3:20:56	9:16:31
4th Age Grouper	0:56:45	4:55:34	3:19:35	9:19:14
5th Age Grouper	0:55:55	4:58:27	3:20:03	9:21:58
6th Age Grouper	0:55:56	4:53:36	3:27:20	9:24:47
7th Age Grouper	0:55:25	4:56:20	3:26:59	9:26:18
8th Age Grouper	0:54:50	4:57:39	3:28:19	9:28:48
9th Age Grouper	0:59:16	4:55:45	3:29:07	9:30:54
10th Age Grouper	0:58:43	5:00:48	3:26:17	9:33:07
<b>Kona Qualifier Average</b>	<b>0:55:50</b>	<b>4:54:21</b>	<b>3:19:13</b>	<b>9:16:48</b>
<b>Top 10 Age Grouper Average</b>	<b>0:56:20</b>	<b>4:55:40</b>	<b>3:22:36</b>	<b>9:22:00</b>

### Ironman Fortaleza

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:20	4:32:09	3:02:22	8:30:15
1st Age Grouper	0:57:17	5:03:37	3:41:00	9:47:24
2nd Age Grouper	1:07:04	5:16:52	3:34:13	10:07:26
3rd Age Grouper	1:02:36	5:17:03	3:49:51	10:15:43
4th Age Grouper	1:18:47	4:55:37	3:54:39	10:20:30
5th Age Grouper	1:07:20	5:16:52	3:50:09	10:22:27
6th Age Grouper	1:08:44	5:15:08	3:56:42	10:27:38
7th Age Grouper	1:23:06	5:06:04	3:53:24	10:30:01
8th Age Grouper	1:13:00	5:18:39	3:52:49	10:31:42
9th Age Grouper	1:09:10	5:19:44	3:58:35	10:34:34
10th Age Grouper	1:09:46	5:33:29	3:45:43	10:35:54
<b>Kona Qualifier Average</b>	<b>1:09:16</b>	<b>5:10:10</b>	<b>3:48:34</b>	<b>10:15:52</b>
<b>Top 10 Age Grouper Average</b>	<b>1:09:41</b>	<b>5:14:18</b>	<b>3:49:42</b>	<b>10:21:19</b>

### Ironman Malaysia

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:49	4:40:31	3:05:37	8:41:53
1st Age Grouper	1:00:52	5:14:28	3:51:28	10:14:55
2nd Age Grouper	1:08:21	5:06:57	3:50:42	10:15:56
3rd Age Grouper	1:20:09	5:20:19	3:27:04	10:15:58
4th Age Grouper	1:07:12	5:32:23	3:28:12	10:15:59
5th Age Grouper	1:04:48	5:14:23	3:57:11	10:22:48
6th Age Grouper	1:03:46	5:18:15	3:54:31	10:26:50
7th Age Grouper	1:01:26	5:30:08	3:51:08	10:30:14
8th Age Grouper	0:55:40	5:28:47	4:13:00	10:45:36
9th Age Grouper	0:58:46	5:18:30	4:18:20	10:46:53
10th Age Grouper	1:04:54	5:53:07	3:44:07	10:49:02
<b>Kona Qualifier Average</b>	<b>1:08:16</b>	<b>5:17:42</b>	<b>3:42:55</b>	<b>10:17:07</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:35</b>	<b>5:23:43</b>	<b>3:51:34</b>	<b>10:28:25</b>



### Ironman Arizona

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:41	4:29:35	2:49:35	8:13:52
1st Age Grouper	0:59:27	4:56:22	3:18:23	9:20:39
2nd Age Grouper	1:00:57	4:58:05	3:22:32	9:27:47
3rd Age Grouper	1:01:23	5:03:23	3:20:50	9:32:14
4th Age Grouper	1:04:14	5:05:35	3:20:50	9:38:15
5th Age Grouper	0:59:11	5:05:30	3:30:29	9:42:18
6th Age Grouper	1:02:02	5:08:22	3:31:23	9:47:45
7th Age Grouper	1:05:16	5:08:38	3:32:03	9:53:09
8th Age Grouper	1:02:37	5:10:22	3:32:04	9:52:17
9th Age Grouper	1:08:03	5:08:18	3:32:33	9:55:42
10th Age Grouper	1:03:05	5:10:33	3:37:08	9:57:40
<b>Kona Qualifier Average</b>	<b>1:01:05</b>	<b>5:02:40</b>	<b>3:22:43</b>	<b>9:33:14</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:39</b>	<b>5:06:22</b>	<b>3:28:05</b>	<b>9:43:57</b>

### Ironman Cozumel

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:06	4:38:56	2:53:19	8:12:56
1st Age Grouper	0:52:03	5:08:44	2:47:50	9:08:57
2nd Age Grouper	1:01:16	4:14:49	3:48:31	9:17:30
3rd Age Grouper	0:55:37	5:02:56	3:20:07	9:24:25
4th Age Grouper	0:51:58	5:08:01	3:26:13	9:31:59
5th Age Grouper	0:55:42	5:12:21	5:32:39	9:39:57
6th Age Grouper	0:55:03	5:10:34	3:30:43	9:43:24
7th Age Grouper	0:49:43	5:16:04	3:35:24	9:46:39
8th Age Grouper	0:53:25	5:12:43	4:28:15	9:49:53
9th Age Grouper	0:58:09	5:07:36	3:38:48	9:51:01
10th Age Grouper	0:49:41	5:12:31	3:37:42	9:53:58
<b>Kona Qualifier Average</b>	<b>0:55:19</b>	<b>4:57:22</b>	<b>3:47:04</b>	<b>9:24:33</b>
<b>Top 10 Age Grouper Average</b>	<b>0:54:16</b>	<b>5:04:38</b>	<b>3:46:37</b>	<b>9:36:46</b>

### Ironman Western Australia

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:56	4:31:17	2:50:16	8:13:36
1st Age Grouper	0:58:28	4:51:19	3:08:36	9:01:49
2nd Age Grouper	0:57:33	4:26:48	3:02:05	9:13:49
3rd Age Grouper	0:59:38	4:57:53	3:19:57	9:21:02
4th Age Grouper	0:59:59	4:54:59	3:27:50	9:26:20
5th Age Grouper	0:57:09	4:51:43	3:38:22	9:30:17
6th Age Grouper	0:58:53	5:02:19	3:32:02	9:37:20
7th Age Grouper	1:03:01	5:04:13	3:31:28	9:42:55
8th Age Grouper	0:59:36	5:04:27	3:39:03	9:46:41
9th Age Grouper	1:02:32	5:02:08	3:39:41	9:47:59
10th Age Grouper	1:01:04	4:57:15	3:48:35	9:50:44
<b>Kona Qualifier Average</b>	<b>0:58:33</b>	<b>4:48:33</b>	<b>3:19:22</b>	<b>9:18:39</b>
<b>Top 10 Age Grouper Average</b>	<b>0:59:47</b>	<b>4:55:18</b>	<b>3:28:46</b>	<b>9:31:54</b>

### Ironman New Zealand

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:48:04	4:41:22	2:48:44	8:22:46
1st Age Grouper	0:55:03	4:58:35	3:13:53	9:13:19
2nd Age Grouper	0:54:41	5:06:15	3:20:23	9:27:49
3rd Age Grouper	0:57:24	5:06:08	3:26:33	9:37:25
4th Age Grouper	0:58:28	5:10:44	3:29:14	9:45:07
5th Age Grouper	0:57:24	5:13:39	3:32:28	9:50:35
6th Age Grouper	0:59:29	5:12:19	3:33:21	9:52:55
7th Age Grouper	1:00:20	5:15:10	3:32:33	9:55:47
8th Age Grouper	1:00:22	5:19:22	3:31:13	9:58:41
9th Age Grouper	1:00:33	5:21:36	3:31:36	10:01:31
10th Age Grouper	1:00:31	5:18:00	3:37:27	10:03:23
Kona Qualifier Average	0:56:24	5:05:26	3:22:31	9:30:55
Top 10 Age Grouper Average	0:58:25	5:12:11	3:28:52	9:46:39

### Ironman Melbourne

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:48:36	4:25:06	2:43:51	8:01:05
1st Age Grouper	0:51:14	4:47:27	3:01:52	8:44:59
2nd Age Grouper	0:51:37	4:51:20	2:59:44	8:47:40
3rd Age Grouper	0:57:40	4:42:19	3:11:56	8:56:59
4th Age Grouper	0:59:04	4:45:31	3:07:49	8:58:27
5th Age Grouper	0:55:11	4:46:40	3:15:43	9:02:36
6th Age Grouper	1:00:00	4:48:32	3:11:33	9:06:50
7th Age Grouper	0:59:24	4:46:39	3:18:27	9:09:56
8th Age Grouper	1:01:20	4:49:29	3:15:14	9:11:52
9th Age Grouper	1:01:56	4:47:40	3:18:35	9:14:53
10th Age Grouper	1:00:36	4:48:44	3:23:46	9:19:09
11th Age Grouper	0:56:50	4:52:48	3:24:43	9:19:54
Kona Qualifier Average	0:57:43	4:47:55	3:13:35	9:04:50

### Ironman South Africa

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:51:32	4:33:27	2:51:49	8:20:46
1st Age Grouper	1:03:33	5:02:44	3:21:54	9:34:26
2nd Age Grouper	1:00:47	5:13:19	3:27:47	9:47:54
3rd Age Grouper	1:02:57	5:13:49	3:30:34	9:53:57
4th Age Grouper	1:05:34	5:14:04	3:36:21	10:02:31
5th Age Grouper	1:06:04	5:21:55	3:33:16	10:07:58
6th Age Grouper	1:07:42	5:18:15	3:38:52	10:12:00
7th Age Grouper	1:07:08	5:20:08	3:42:38	10:17:43
8th Age Grouper	1:07:15	5:22:53	3:43:48	10:21:18
9th Age Grouper	1:07:13	5:24:02	3:46:44	10:25:46
10th Age Grouper	1:07:15	5:25:40	3:48:53	10:28:54
11th Age Grouper	1:06:15	5:23:53	3:54:05	10:31:28
Kona Qualifier Average	1:05:37	5:18:15	3:38:37	10:09:27

### Ironman Australia

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:37	4:43:01	2:54:15	8:27:01
1st Age Grouper	0:54:47	5:05:30	3:11:51	9:14:46
2nd Age Grouper	0:56:37	5:06:43	3:18:23	9:25:12
3rd Age Grouper	0:55:02	5:10:36	3:22:48	9:31:46
4th Age Grouper	0:55:45	5:12:21	3:23:38	9:35:13
5th Age Grouper	0:56:19	5:11:09	3:29:06	9:39:40
6th Age Grouper	0:56:06	5:13:23	3:30:38	9:43:30
7th Age Grouper	0:58:39	5:14:04	3:30:51	9:46:58
8th Age Grouper	0:57:43	5:11:56	3:36:17	9:49:33
9th Age Grouper	0:59:17	4:49:19	4:05:10	9:51:49
10th Age Grouper	0:59:35	5:16:46	3:34:15	9:54:17
<b>Kona Qualifier Average</b>	<b>0:55:33</b>	<b>5:08:48</b>	<b>3:19:10</b>	<b>9:26:44</b>
<b>Top 10 Age Grouper Average</b>	<b>0:56:59</b>	<b>5:09:11</b>	<b>3:30:18</b>	<b>9:39:16</b>

### Ironman Texas

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:11	4:25:50	2:49:28	8:12:10
1st Age Grouper	1:01:43	4:56:27	3:19:06	9:23:00
2nd Age Grouper	1:04:44	4:54:04	3:22:28	9:28:24
3rd Age Grouper	1:04:00	5:01:55	3:22:39	9:36:09
4th Age Grouper	1:07:59	4:56:27	3:27:57	9:39:21
5th Age Grouper	1:06:32	5:00:17	3:30:37	9:44:46
6th Age Grouper	1:08:53	4:57:33	3:35:54	9:49:44
7th Age Grouper	1:08:39	4:54:55	3:42:45	9:54:12
8th Age Grouper	1:05:59	5:04:57	3:41:43	10:00:18
9th Age Grouper	1:05:11	5:12:39	3:38:26	10:03:47
10th Age Grouper	1:07:39	5:04:00	3:48:07	10:07:28
<b>Kona Qualifier Average</b>	<b>1:05:58</b>	<b>4:59:55</b>	<b>3:31:17</b>	<b>9:44:25</b>
<b>Top 10 Age Grouper Average</b>	<b>1:06:08</b>	<b>5:00:19</b>	<b>3:32:58</b>	<b>9:46:43</b>

### Ironman Lanzarote

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:28	4:57:52	2:53:31	8:46:42
1st Age Grouper	0:56:53	5:21:22	3:14:02	9:40:06
2nd Age Grouper	0:58:03	5:24:38	3:17:00	9:47:39
3rd Age Grouper	0:59:41	5:28:51	3:14:47	9:51:17
4th Age Grouper	0:59:22	5:29:03	3:19:22	9:56:38
5th Age Grouper	0:59:10	5:27:51	3:23:53	9:59:33
6th Age Grouper	0:59:33	5:35:17	3:20:30	10:03:53
7th Age Grouper	0:58:34	5:40:19	3:18:39	10:06:28
8th Age Grouper	0:59:57	5:35:23	3:24:15	10:08:01
9th Age Grouper	0:58:59	5:38:40	3:25:39	10:12:02
10th Age Grouper	1:02:49	5:38:48	3:24:08	10:15:23
<b>Kona Qualifier Average</b>	<b>0:58:38</b>	<b>5:26:21</b>	<b>3:17:49</b>	<b>9:51:03</b>
<b>Top 10 Age Grouper Average</b>	<b>0:59:18</b>	<b>5:32:01</b>	<b>3:20:13</b>	<b>10:00:06</b>

### Ironman Brazil

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:05	4:25:58	2:54:46	8:36:37
1st Age Grouper	0:58:15	4:27:18	2:54:16	9:36:06
2nd Age Grouper	0:56:46	4:29:19	3:01:13	9:43:48
3rd Age Grouper	0:58:54	4:32:58	3:01:13	9:49:26
4th Age Grouper	0:52:28	4:07:43	2:44:38	9:55:59
5th Age Grouper	0:56:52	4:36:03	3:02:42	9:58:35
6th Age Grouper	1:01:35	4:34:49	3:09:41	10:02:23
7th Age Grouper	1:02:17	4:37:47	3:48:49	10:05:45
8th Age Grouper	1:06:27	4:37:12	3:06:54	10:07:49
9th Age Grouper	1:00:47	4:37:13	3:15:24	10:10:34
10th Age Grouper	1:03:08	3:35:00	3:36:19	10:13:07
11th Age Grouper	1:02:31	4:09:31	2:55:35	10:14:20
12th Age Grouper	1:02:29	4:39:11	3:16:56	10:17:35
Kona Qualifier Average	1:00:12	4:25:20	3:09:28	10:01:17

### Ironman France

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:18	4:46:51	2:48:07	8:30:38
1st Age Grouper	1:01:05	5:09:52	3:06:57	9:25:44
2nd Age Grouper	0:57:56	5:13:46	3:14:44	9:34:13
3rd Age Grouper	0:58:39	5:17:51	3:16:45	9:41:05
4th Age Grouper	0:59:59	5:16:04	3:19:47	9:43:51
5th Age Grouper	1:02:48	5:19:10	3:16:16	9:47:38
6th Age Grouper	1:01:56	5:19:06	3:22:53	9:53:18
7th Age Grouper	1:00:56	5:20:26	3:24:28	9:54:53
8th Age Grouper	1:00:44	5:23:50	3:23:46	9:58:03
9th Age Grouper	1:01:41	5:22:30	3:28:10	10:01:09
10th Age Grouper	1:02:38	5:24:00	3:28:00	10:03:14
Kona Qualifier Average	1:00:24	5:15:58	3:16:13	9:40:58
Top 10 Age Grouper Average	1:00:50	5:18:39	3:20:10	9:48:19

### Ironman Cairns

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:04	4:30:34	2:53:07	8:17:45
1st Age Grouper	0:58:05	4:53:39	3:22:29	9:19:55
2nd Age Grouper	0:58:18	4:56:36	3:23:58	9:27:03
3rd Age Grouper	1:05:10	5:03:52	3:21:26	9:36:35
4th Age Grouper	1:01:02	5:08:32	3:25:27	9:42:14
5th Age Grouper	1:04:02	4:58:05	3:35:40	9:43:56
6th Age Grouper	1:03:48	4:59:46	3:36:36	9:46:23
7th Age Grouper	0:57:39	5:08:02	3:37:13	9:48:55
8th Age Grouper	0:59:55	5:11:58	3:35:28	9:55:16
9th Age Grouper	1:00:59	5:20:15	3:32:34	10:02:06
10th Age Grouper	1:06:05	5:11:51	3:37:51	10:05:11
Kona Qualifier Average	1:00:39	5:00:39	3:23:20	9:31:27
Top 10 Age Grouper Average	1:01:30	5:05:15	3:30:52	9:44:45

### Ironman Austria

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:35	4:22:02	2:46:46	8:00:21
1st Age Grouper	0:58:33	4:45:25	3:06:21	8:56:04
2nd Age Grouper	0:59:30	4:50:03	3:06:22	9:02:13
3rd Age Grouper	0:57:45	4:23:31	3:13:35	9:08:35
4th Age Grouper	0:58:23	4:53:19	3:15:30	9:13:35
5th Age Grouper	0:59:08	4:56:14	3:13:55	9:16:31
6th Age Grouper	1:00:09	4:53:49	3:17:23	9:18:15
7th Age Grouper	1:01:02	4:56:25	3:15:38	9:20:29
8th Age Grouper	1:05:08	4:52:35	3:18:23	9:22:58
9th Age Grouper	1:03:27	4:55:52	3:19:12	9:25:19
10th Age Grouper	1:02:52	4:55:57	3:22:04	9:27:36
<b>Kona Qualifier Average</b>	<b>0:58:40</b>	<b>4:45:42</b>	<b>3:11:09</b>	<b>9:07:24</b>
<b>Top 10 Age Grouper Average</b>	<b>1:00:36</b>	<b>4:50:19</b>	<b>3:14:50</b>	<b>9:15:09</b>

### Ironman Frankfurt

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:34	4:23:50	2:50:18	8:05:14
1st Age Grouper	0:59:08	4:50:56	2:50:55	9:02:17
2nd Age Grouper	0:58:18	4:54:11	2:51:25	9:09:18
3rd Age Grouper	1:00:34	4:52:35	3:16:05	9:14:00
4th Age Grouper	1:00:05	4:57:20	2:59:14	9:18:11
5th Age Grouper	0:59:40	4:58:36	3:02:32	9:22:48
6th Age Grouper	0:59:29	4:56:53	3:42:41	9:24:39
7th Age Grouper	1:00:44	4:32:40	4:00:07	9:27:04
8th Age Grouper	0:59:42	5:02:59	3:02:18	9:28:28
9th Age Grouper	1:01:32	5:03:44	2:47:34	9:30:03
10th Age Grouper	1:01:39	5:01:48	3:04:10	9:31:13
11th Age Grouper	1:03:52	4:58:46	3:22:16	9:32:53
<b>Kona Qualifier Average</b>	<b>1:00:26</b>	<b>4:55:30</b>	<b>3:10:51</b>	<b>9:21:54</b>

### Ironman UK

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:47:06	4:58:56	2:53:37	8:43:35
1st Age Grouper	1:01:04	5:27:14	3:13:31	9:48:04
2nd Age Grouper	0:59:43	5:32:02	3:21:50	10:00:40
3rd Age Grouper	1:03:29	5:30:52	3:28:32	10:09:45
4th Age Grouper	1:03:33	5:42:44	3:23:19	10:16:23
5th Age Grouper	1:04:55	5:47:51	3:19:53	10:20:10
6th Age Grouper	1:02:58	5:46:56	3:25:33	10:22:48
7th Age Grouper	1:05:49	5:40:01	3:31:48	10:25:08
8th Age Grouper	1:05:45	5:47:00	3:27:33	10:28:15
9th Age Grouper	1:03:42	5:01:33	4:24:26	10:30:40
10th Age Grouper	1:04:27	5:45:22	3:35:38	10:33:54
<b>Kona Qualifier Average</b>	<b>1:02:33</b>	<b>5:36:09</b>	<b>3:21:25</b>	<b>10:07:00</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:33</b>	<b>5:36:09</b>	<b>3:31:12</b>	<b>10:17:35</b>

### Ironman Lake Placid

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:50:43	4:50:15	2:57:23	8:43:34
1st Age Grouper	0:56:48	5:12:18	3:17:22	9:35:43
2nd Age Grouper	0:57:56	5:17:44	3:20:32	9:46:05
3rd Age Grouper	1:00:10	5:18:56	3:23:48	9:52:26
4th Age Grouper	0:58:28	5:25:31	3:20:55	9:55:37
5th Age Grouper	0:58:33	5:22:37	3:27:55	9:58:43
6th Age Grouper	0:56:26	5:29:31	3:25:39	10:01:44
7th Age Grouper	0:56:14	5:29:43	3:27:27	10:03:25
8th Age Grouper	0:59:41	5:27:20	3:27:56	10:05:39
9th Age Grouper	0:57:39	5:26:41	3:33:55	10:08:23
10th Age Grouper	0:57:16	5:29:47	3:34:00	10:11:26
Kona Qualifier Average	0:58:18	5:16:19	3:20:34	9:44:44
Top 10 Age Grouper Average	0:57:55	5:24:01	3:25:57	9:57:55

### Ironman Switzerland

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:53:56	4:32:06	2:53:03	8:21:35
1st Age Grouper	1:04:05	4:59:08	3:13:01	9:21:01
2nd Age Grouper	1:00:34	4:38:00	3:16:54	9:25:28
3rd Age Grouper	1:05:28	5:02:47	3:17:01	9:29:51
4th Age Grouper	1:03:33	5:02:38	3:22:22	9:32:57
5th Age Grouper	1:04:37	5:04:27	3:23:09	9:36:33
6th Age Grouper	1:02:37	5:06:51	3:24:50	9:38:59
7th Age Grouper	1:06:18	5:07:38	3:22:40	9:41:27
8th Age Grouper	1:06:02	5:11:19	3:22:24	9:44:14
9th Age Grouper	1:03:08	5:10:59	3:26:37	9:45:15
10th Age Grouper	1:05:30	5:10:58	3:26:25	9:48:16
Kona Qualifier Average	1:03:39	4:57:24	3:18:29	9:29:10
Top 10 Age Grouper Average	1:04:11	5:03:28	3:21:32	9:36:24

### Ironman Canada

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:52:06	4:41:41	2:55:55	8:33:11
1st Age Grouper	1:02:26	5:20:42	3:02:31	9:33:43
2nd Age Grouper	1:00:55	5:16:40	3:22:25	9:45:43
3rd Age Grouper	1:01:25	5:16:49	3:27:13	9:51:52
4th Age Grouper	1:04:45	5:21:00	3:21:59	9:54:52
5th Age Grouper	1:04:32	5:15:52	3:30:46	9:57:04
6th Age Grouper	1:02:26	5:20:24	3:31:25	10:00:27
7th Age Grouper	1:02:14	5:20:19	3:33:57	10:03:13
8th Age Grouper	1:04:13	5:21:09	3:33:24	10:05:32
9th Age Grouper	1:04:05	5:22:18	3:33:35	10:07:05
10th Age Grouper	1:05:14	5:18:10	3:39:22	10:09:43
Kona Qualifier Average	1:02:23	5:18:48	3:18:32	9:46:32
Top 10 Age Grouper Average	1:03:13	5:19:20	3:27:40	9:56:55

### Ironman Maastricht-Limburg

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:46:22	4:43:33	2:51:59	8:27:18
1st Age Grouper	0:56:53	5:11:31	3:12:04	9:28:53
2nd Age Grouper	0:56:46	4:56:37	3:43:19	9:45:12
3rd Age Grouper	1:01:58	5:12:03	3:24:49	9:47:02
4th Age Grouper	0:57:10	5:22:21	3:25:11	9:51:22
5th Age Grouper	0:57:35	5:31:36	3:17:23	9:54:22
6th Age Grouper	1:01:00	5:20:36	3:26:36	9:57:06
7th Age Grouper	0:58:45	5:15:53	3:43:18	10:05:09
8th Age Grouper	1:00:56	5:21:05	3:34:55	10:05:38
9th Age Grouper	1:12:39	5:18:18	3:22:14	10:07:53
10th Age Grouper	1:02:58	5:25:52	3:38:55	10:18:16
<b>Kona Qualifier Average</b>	<b>0:58:04</b>	<b>5:14:49</b>	<b>3:24:33</b>	<b>9:45:22</b>
<b>Top 10 Age Grouper Average</b>	<b>1:00:40</b>	<b>5:17:35</b>	<b>3:28:52</b>	<b>9:56:05</b>

### Ironman Boulder

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:55:43	4:27:22	3:03:06	8:32:53
1st Age Grouper	1:06:51	4:52:25	3:25:17	9:34:02
2nd Age Grouper	1:07:40	4:53:37	3:32:45	9:43:34
3rd Age Grouper	1:18:22	4:53:29	3:30:16	9:52:30
4th Age Grouper	1:12:27	4:50:45	3:43:10	9:54:24
5th Age Grouper	1:09:15	5:00:55	3:36:39	9:57:00
6th Age Grouper	1:13:36	4:41:29	3:55:45	10:01:49
7th Age Grouper	1:05:57	4:58:30	3:50:19	10:04:28
8th Age Grouper	1:09:20	5:09:43	3:41:20	10:09:58
9th Age Grouper	1:04:31	5:17:27	3:43:57	10:16:19
10th Age Grouper	1:11:50	5:05:38	3:51:52	10:19:11
<b>Kona Qualifier Average</b>	<b>1:10:57</b>	<b>4:53:10</b>	<b>3:29:26</b>	<b>9:43:22</b>
<b>Top 10 Age Grouper Average</b>	<b>1:09:59</b>	<b>4:58:24</b>	<b>3:41:08</b>	<b>9:59:19</b>

### Ironman Sweden

Position	Average Swim	Average Bike	Average Run	Average Overall
Male Winner	0:49:39	4:29:16	2:49:12	8:11:09
1st Age Grouper	1:01:12	4:49:29	3:08:51	9:04:29
2nd Age Grouper	1:01:59	4:51:04	3:12:01	9:09:46
3rd Age Grouper	1:00:07	4:51:59	3:17:55	9:15:00
4th Age Grouper	1:03:29	4:56:12	3:17:33	9:22:26
5th Age Grouper	1:05:55	4:58:38	3:14:59	9:24:43
6th Age Grouper	1:05:27	5:01:12	3:17:23	9:28:47
7th Age Grouper	0:58:32	5:01:12	3:25:32	9:31:07
8th Age Grouper	1:05:29	4:59:53	3:23:03	9:33:47
9th Age Grouper	1:03:51	4:53:09	3:33:22	9:36:15
10th Age Grouper	1:06:14	4:57:29	3:29:28	9:39:50
<b>Kona Qualifier Average</b>	<b>1:02:32</b>	<b>4:53:28</b>	<b>3:14:16</b>	<b>9:15:17</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:13</b>	<b>4:56:02</b>	<b>3:20:00</b>	<b>9:24:37</b>

### Ironman Copenhagen

Position	Average Swim	Average Bike	Average Run	Average Overall
<b>Male Winner</b>	<b>0:48:03</b>	<b>4:25:45</b>	<b>2:52:09</b>	<b>8:10:25</b>
<b>1st Age Grouper</b>	<b>0:53:35</b>	<b>4:42:23</b>	<b>3:06:56</b>	<b>8:49:10</b>
<b>2nd Age Grouper</b>	<b>0:58:51</b>	<b>4:35:06</b>	<b>3:17:00</b>	<b>8:56:29</b>
<b>3rd Age Grouper</b>	<b>1:01:03</b>	<b>4:43:04</b>	<b>3:13:01</b>	<b>9:04:21</b>
<b>4th Age Grouper</b>	<b>1:01:47</b>	<b>4:43:05</b>	<b>3:19:22</b>	<b>9:10:52</b>
5th Age Grouper	0:59:20	4:52:31	3:16:22	9:13:31
6th Age Grouper	1:06:58	4:51:18	3:11:11	9:16:08
7th Age Grouper	1:01:42	4:50:03	3:18:44	9:17:16
8th Age Grouper	0:57:43	4:50:13	3:25:53	9:19:18
9th Age Grouper	0:56:04	4:55:07	3:22:26	9:20:26
10th Age Grouper	1:01:40	4:50:19	3:22:52	9:22:00
<b>Kona Qualifier Average</b>	<b>0:58:49</b>	<b>4:40:55</b>	<b>3:14:05</b>	<b>9:00:13</b>
<b>Top 10 Age Grouper Average</b>	<b>0:59:52</b>	<b>4:47:19</b>	<b>3:17:23</b>	<b>9:10:57</b>

### Ironman Coeur d'Alene

Position	Average Swim	Average Bike	Average Run	Average Overall
<b>Male Winner</b>	<b>0:50:12</b>	<b>4:43:20</b>	<b>2:53:58</b>	<b>8:31:02</b>
<b>1st Age Grouper</b>	<b>0:59:23</b>	<b>5:09:58</b>	<b>3:20:08</b>	<b>9:34:39</b>
<b>2nd Age Grouper</b>	<b>1:02:25</b>	<b>5:15:39</b>	<b>3:20:27</b>	<b>9:44:35</b>
<b>3rd Age Grouper</b>	<b>1:02:45</b>	<b>5:20:29</b>	<b>3:23:22</b>	<b>9:52:19</b>
<b>4th Age Grouper</b>	<b>1:03:13</b>	<b>5:18:30</b>	<b>3:27:20</b>	<b>9:55:09</b>
5th Age Grouper	1:03:16	5:15:35	3:33:11	9:58:23
6th Age Grouper	1:03:47	5:20:08	3:31:18	10:01:29
7th Age Grouper	1:02:44	5:21:47	3:32:31	10:03:18
8th Age Grouper	1:04:28	5:23:15	3:33:31	10:08:18
9th Age Grouper	1:05:52	5:17:59	3:40:22	10:10:51
10th Age Grouper	1:06:02	5:21:03	3:39:28	10:13:16
<b>Kona Qualifier Average</b>	<b>1:01:56</b>	<b>5:16:09</b>	<b>3:22:49</b>	<b>9:46:40</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:24</b>	<b>5:18:26</b>	<b>3:30:10</b>	<b>9:58:14</b>

### Ironman Mont-Tremblant

Position	Average Swim	Average Bike	Average Run	Average Overall
<b>Male Winner</b>	<b>0:50:07</b>	<b>4:30:57</b>	<b>2:59:07</b>	<b>8:25:12</b>
<b>1st Age Grouper</b>	<b>1:00:24</b>	<b>5:01:25</b>	<b>3:10:14</b>	<b>9:19:11</b>
<b>2nd Age Grouper</b>	<b>0:59:02</b>	<b>5:08:18</b>	<b>3:17:29</b>	<b>9:32:00</b>
<b>3rd Age Grouper</b>	<b>1:00:58</b>	<b>5:09:48</b>	<b>3:18:06</b>	<b>9:35:48</b>
<b>4th Age Grouper</b>	<b>1:00:10</b>	<b>5:12:15</b>	<b>3:16:47</b>	<b>9:37:11</b>
5th Age Grouper	0:58:40	5:03:42	3:31:30	9:40:54
6th Age Grouper	1:02:10	5:06:08	3:27:42	9:43:02
7th Age Grouper	1:01:15	5:17:57	3:20:41	9:46:46
8th Age Grouper	1:04:15	5:15:27	3:21:44	9:50:11
9th Age Grouper	1:03:03	5:08:12	3:33:29	9:52:21
10th Age Grouper	1:05:40	5:13:21	3:27:31	9:54:30
<b>Kona Qualifier Average</b>	<b>1:00:08</b>	<b>5:07:56</b>	<b>3:15:39</b>	<b>9:31:03</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:34</b>	<b>5:09:39</b>	<b>3:22:31</b>	<b>9:41:11</b>